



**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

## CROSS NA WRZOSACH - OKONEK - 5KM

Herkules  
2015-09-27  
Okonek  
5 km

B4SPORT



Klasyfikacja: M-4

| Msc | Zawodnik                    | Numer      | Klub | Kategoria | Mkat | Osoby niepełnosprawne | Czas netto 5km     | Czas brutto 5km    | Różn              | Tempo min/km | Tempo km/h   |
|-----|-----------------------------|------------|------|-----------|------|-----------------------|--------------------|--------------------|-------------------|--------------|--------------|
| 1   | <b>LIPIŃSKI Rafał</b>       | <b>540</b> |      | M-4       | 1    |                       | <b>00:22:12.00</b> | <b>00:22:15.25</b> |                   | 4:26         | 13.5 (100%)  |
| 2   | <b>KASPEROWICZ Zdzisław</b> | <b>531</b> |      | M-4       | 2    |                       | <b>00:25:05.20</b> | <b>00:25:07.50</b> | +00:02:52 (11.4%) | 5:01         | 12 (88.9%)   |
| 3   | <b>NITA Wiesław</b>         | <b>529</b> |      | M-4       | 3    |                       | <b>00:27:29.60</b> | <b>00:27:33.10</b> | +00:05:17 (19.2%) | 5:30         | 10.9 (80.7%) |
| 4   | <b>GAWROŃSKI Grzegorz</b>   | <b>114</b> |      | M-4       | 4    |                       | <b>00:29:54.05</b> | <b>00:29:59.05</b> | +00:07:43 (25.8%) | 5:58         | 10 (74.1%)   |
| 5   | <b>DRZAZGA Zbigniew</b>     | <b>600</b> |      | M-4       | 5    |                       | <b>00:30:11.40</b> | <b>00:30:16.95</b> | +00:08:01 (26.5%) | 6:02         | 9.9 (73.3%)  |
| 6   | <b>BARCZAK Rafał</b>        | <b>516</b> |      | M-4       | 6    |                       | <b>00:30:59.60</b> | <b>00:31:02.75</b> | +00:08:47 (28.3%) | 6:11         | 9.7 (71.9%)  |

Znaleziono 6 wynik(ów)