

DYCHA NA JELENI SKOK 2019

B4SPORT

Wydarzenie: V FESTIWAL BIEGU RZEŹNIKA
Organizator: Fundacja Bieg Rzeźnika
Data: 2019-06-22
Miejsce: Cisna
Dystans: 10.8 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M20

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Kara/ bonifikata	Czas netto 11km	Czas brutto 11km	Różn	Tempo min/km	Tempo km/h
1	DOMISZEWSKI Ignacy	4965		M20	1	00:01:00	00:50:00.25	00:50:01.90		4:27	13.5 (100%)
2	SZWAJA Mateusz	5376		M20	2		00:51:39.65	00:51:42.05	+00:01:40 (3.2%)	4:41	12.8 (94.8%)
3	ZYGMUNT Tomasz	5372		M20	3	00:01:00	00:56:17.70	00:56:21.85	+00:06:19 (11.2%)	5:01	11.9 (88.1%)
4	GÓRYŃSKI Rafał	5454		M20	4		00:56:43.60	00:56:46.45	+00:06:44 (11.9%)	5:09	11.6 (85.9%)
5	JÓŹWIAK Tomasz	5417		M20	5		00:58:41.65	00:58:49.35	+00:08:47 (14.9%)	5:20	11.2 (83.0%)
6	FRĄCKOWIAK Przemysław	5440		M20	6	00:01:00	01:00:55.70	01:01:07.50	+00:11:05 (18.1%)	5:26	11 (81.5%)
7	RONDUDA Oskar	5428		M20	7	00:01:00	01:05:16.30	01:05:33.30	+00:15:31 (23.7%)	5:50	10.3 (76.3%)
8	DERYŁO Mateusz	5056		M20	8	00:00:30	01:06:06.10	01:06:08.50	+00:16:06 (24.4%)	5:57	10.1 (74.8%)
9	ŚWIERCZYŃSKI Norbert	5331	RACEFIGHTER GOSIR DĘBE WLK.	M20	9	00:01:00	01:06:31.30	01:06:33.20	+00:16:31 (24.8%)	5:57	10.1 (74.8%)
10	RONDUDA Jakub	5421		M20	10	00:00:30	01:08:01.60	01:08:16.85	+00:18:14 (26.7%)	6:08	9.8 (72.6%)
11	BAKA Mateusz	5412		M20	11		01:09:15.90	01:09:41.25	+00:19:39 (28.2%)	6:17	9.5 (70.4%)
12	MOLSA Konrad	5203		M20	12		01:09:16.45	01:09:42.15	+00:19:40 (28.2%)	6:17	9.5 (70.4%)
13	KUS Krzysztof	5168		M20	13		01:10:21.45	01:10:33.60	+00:20:31 (29.1%)	6:23	9.4 (69.6%)
14	ZAMĘTA Jakub	5360		M20	14		01:13:09.20	01:13:17.60	+00:23:15 (31.7%)	6:39	9 (66.7%)
15	HEJNAR Dominik	5386		M20	15		01:13:58.75	01:14:26.65	+00:24:24 (32.8%)	6:43	8.9 (65.9%)
16	BARADZIN Aliaksandr	5009		M20	16		01:14:53.05	01:15:02.15	+00:25:00 (33.3%)	6:48	8.8 (65.2%)
17	GÓRA Bartosz	5083		M20	17		01:15:31.75	01:15:58.10	+00:25:56 (34.1%)	6:52	8.7 (64.4%)
18	KRAWCZYK Kamil	5453	BIEGUSIEM.PL	M20	18	00:01:00	01:16:54.65	01:17:03.10	+00:27:01 (35.1%)	6:54	8.7 (64.4%)
19	JAGODZIŃSKI Hubert	5101	DZIK KOMANDO	M20	19		01:18:04.50	01:18:09.20	+00:28:07 (36.0%)	7:05	8.5 (63.0%)
20	CZARTORYJSKI Jakub	5048		M20	20		01:20:17.35	01:20:35.80	+00:30:33 (37.9%)	7:17	8.2 (60.7%)
21	KUBASIEWICZ Wojciech	5164		M20	21		01:21:03.80	01:21:14.20	+00:31:12 (38.4%)	7:22	8.1 (60.0%)
22	SZAFRAŃSKI Tomasz	5317	WKURW_TEAM	M20	22	00:00:30	01:20:46.60	01:21:23.70	+00:31:21 (38.5%)	7:17	8.2 (60.7%)
23	ZUKOWSKI Lukasz	5370	SUUNTO RUN TEAM	M20	23	00:00:30	01:21:28.40	01:21:44.50	+00:31:42 (38.8%)	7:21	8.2 (60.7%)
24	JANAS Szymon	5104	3PBOT / 35BLP SANOK	M20	24		01:21:58.05	01:22:06.25	+00:32:04 (39.1%)	7:27	8.1 (60.0%)
25	ANDRASZ Paweł	5005	KMP ŁÓDŹ	M20	25	00:00:30	01:24:08.20	01:24:17.55	+00:34:15 (40.6%)	7:36	7.9 (58.5%)
26	CICHOCKI Bartłomiej	5044		M20	26		01:24:32.40	01:24:48.95	+00:34:47 (41.0%)	7:41	7.8 (57.8%)
27	PAWŁOWSKI Krzysztof	5415		M20	27	00:00:30	01:27:33.80	01:27:58.60	+00:37:56 (43.1%)	7:54	7.6 (56.3%)
28	DARŁAK Marek	5419		M20	28		01:27:28.55	01:28:02.15	+00:38:00 (43.2%)	7:57	7.5 (55.6%)
29	POWIERŻA Adrian	5252	KOTEŁ TEAM	M20	29	00:00:30	01:28:00.50	01:28:23.55	+00:38:21 (43.4%)	7:57	7.5 (55.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Kara/ bonifikata	Czas netto 11km	Czas brutto 11km	Różn	Tempo min/km	Tempo km/h
30	PAWŁOWSKI Jacek	5232		M20	30	00:00:30	01:28:16.90	01:28:41.65	+00:38:39 (43.6%)	7:58	7.5 (55.6%)
31	GIRASEK Peter	4959		M20	31		01:30:03.30	01:30:38.65	+00:40:36 (44.8%)	8:11	7.3 (54.1%)
32	ZAJĄC Łukasz	5390		M20	32	00:00:30	01:31:08.50	01:31:15.05	+00:41:13 (45.2%)	8:14	7.3 (54.1%)
33	BOJANOWSKI Alex	5064	TEAMDKMS	M20	33		01:36:42.95	01:37:00.40	+00:46:58 (48.4%)	8:47	6.8 (50.4%)
34	ŻOŁNA Jakub	5375	FULFILL DREAMS TEAM PSZCZYNA	M20	34		01:40:24.40	01:40:53.35	+00:50:51 (50.4%)	9:07	6.6 (48.9%)
35	TATARSKI Rafał	5334		M20	35		01:41:52.20	01:42:10.85	+00:52:08 (51.0%)	9:15	6.5 (48.1%)
36	SZELA Kamil	5320		M20	36	00:00:30	01:42:46.45	01:43:16.25	+00:53:14 (51.6%)	9:17	6.5 (48.1%)
37	KRAJEWSKI Rafał	5158	KOTEŁ TEAM	M20	37	00:00:30	01:45:35.80	01:45:59.50	+00:55:57 (52.8%)	9:33	6.3 (46.7%)
38	KANIEWSKI Michał	5130	DZIKI DZIK TEAM	M20	38		01:50:55.90	01:51:23.50	+01:01:21 (55.1%)	10:05	5.9 (43.7%)
39	GUT Leopold	5092	WKURW_TEAM	M20	39	00:01:00	01:55:30.25	01:56:06.05	+01:06:04 (56.9%)	10:24	5.8 (43.0%)
40	MIRSKI Jerzy	5404		M20	40		02:04:55.05	02:05:28.05	+01:15:26 (60.1%)	11:21	5.3 (39.3%)

Znaleziono 40 wynik(ów)