

DYCHA NA JELENI SKOK 2019

B4SPORT

Wydarzenie: V FESTIWAL BIEGU RZEŹNIKA
Organizator: Fundacja Bieg Rzeźnika
Data: 2019-06-22
Miejsce: Cisna
Dystans: 10.8 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Kara/ bonifikata	Czas netto 11km	Czas brutto 11km	Różn	Tempo min/km	Tempo km/h
1	HUZIOR Piotr	5448	ATTIQ	M40	1		00:52:25.35	00:52:28.15		4:46	12.6 (100%)
2	ZĄBCZYŃSKI Dominik	6000		M40	2	00:01:00	00:56:26.00	00:56:28.20	+00:04:00 (7.1%)	5:02	11.9 (94.4%)
3	STOLARCZYK Tomasz	5308	BIEGAM BO LUBIĘ OSTROŁĘKA	M40	3		00:59:20.85	00:59:28.60	+00:07:00 (11.8%)	5:23	11.1 (88.1%)
4	KISIELEWSKI Konrad	5442		M40	4		01:01:01.95	01:01:29.05	+00:09:00 (14.7%)	5:32	10.8 (85.7%)
5	BERLIŃSKI Dominik	5221		M40	5		01:01:24.25	01:01:29.30	+00:09:01 (14.7%)	5:34	10.7 (84.9%)
6	KŁOSIŃSKI Rafał	5138	RACEFIGHTER GOSIR DĘBE WLK.	M40	6		01:02:37.25	01:02:40.75	+00:10:12 (16.3%)	5:41	10.5 (83.3%)
7	SZCZEPANIAK Michał	5318	RAZEM TRENUJEMY SPORT	M40	7		01:02:40.45	01:02:45.35	+00:10:17 (16.4%)	5:41	10.5 (83.3%)
8	BRÓG Wojciech	5032		M40	8	00:01:00	01:02:45.85	01:02:47.75	+00:10:19 (16.4%)	5:36	10.7 (84.9%)
9	PITAS Andrzej	4966		M40	9		01:02:48.05	01:02:53.00	+00:10:24 (16.6%)	5:42	10.5 (83.3%)
10	BRZĘCZEK Michał	4956	EXTREMALNE OTK	M40	10	00:01:00	01:03:34.20	01:03:36.30	+00:11:08 (17.5%)	5:41	10.5 (83.3%)
11	PONIEWOZIK Ireneusz	1498		M40	11		01:04:29.00	01:04:34.95	+00:12:06 (18.8%)	5:51	10.2 (81.0%)
12	KOWALCZUK Paweł	5151		M40	12		01:04:30.50	01:04:48.05	+00:12:19 (19.0%)	5:51	10.2 (81.0%)
13	DACYK Sylwester	4970	SAINT GOBAIN SQUAD	M40	13	00:00:30	01:07:15.40	01:07:24.10	+00:14:55 (22.2%)	6:04	9.9 (78.6%)
14	SADOWSKI Andrzej	5388	3TBIAŁYSTOK	M40	14	00:00:30	01:09:06.20	01:09:15.50	+00:16:47 (24.2%)	6:14	9.6 (76.2%)
15	GAWLIK Marcin	5155		M40	15	00:01:00	01:09:23.15	01:09:40.90	+00:17:12 (24.7%)	6:13	9.7 (77.0%)
16	SCHWITALLA Adrian	5007		M40	16	00:01:00	01:09:24.90	01:09:41.10	+00:17:12 (24.7%)	6:13	9.6 (76.2%)
17	WALNIK Rafał	5437		M40	17		01:09:47.95	01:10:07.30	+00:17:39 (25.2%)	6:20	9.5 (75.4%)
18	RONDUDA Janusz	5429		M40	18	00:00:30	01:10:11.55	01:10:27.95	+00:17:59 (25.5%)	6:20	9.5 (75.4%)
19	ZYGMUNT Paweł	5373		M40	19	00:00:30	01:10:34.15	01:10:39.35	+00:18:11 (25.7%)	6:22	9.4 (74.6%)
20	SENDER Andrzej	5278	TRIATHLON LUBLIN TEAM	M40	20	00:00:30	01:13:18.55	01:13:24.55	+00:20:56 (28.5%)	6:37	9.1 (72.2%)
21	MOSÓR Mariusz	5207	LISY PUSTYNI	M40	21		01:13:23.15	01:13:36.75	+00:21:08 (28.7%)	6:40	9 (71.4%)
22	SANDOMIERSKI Krzysztof	4972		M40	22		01:14:54.00	01:15:04.90	+00:22:36 (30.1%)	6:48	8.8 (69.8%)
23	KOWALCZYK Mariusz	5424		M40	23		01:15:15.95	01:15:19.85	+00:22:51 (30.3%)	6:50	8.8 (69.8%)
24	ROLIŃSKI Radosław	5260		M40	24		01:15:50.25	01:15:56.75	+00:23:28 (30.9%)	6:53	8.7 (69.0%)
25	KUS Andrzej	5167		M40	25		01:15:59.40	01:16:11.55	+00:23:43 (31.1%)	6:54	8.7 (69.0%)
26	BARAN Bartek	5010	BOLT TRZEMESZNO	M40	26		01:16:27.25	01:16:52.50	+00:24:24 (31.7%)	6:57	8.6 (68.3%)
27	CZEKAŁSKI Mariusz	5391		M40	27		01:17:04.55	01:17:11.65	+00:24:43 (32.0%)	7:00	8.6 (68.3%)
28	PODWYSOCKI Wojciech	5449		M40	28	00:00:30	01:16:57.30	01:17:21.60	+00:24:53 (32.2%)	6:57	8.6 (68.3%)
29	ŚWIĘCH Adam	5332	IDE NA MISTRZA	M40	29	00:00:30	01:17:14.05	01:18:02.45	+00:25:34 (32.8%)	6:58	8.6 (68.3%)

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30	BARSZCZ Marek	5012	BARANOWRUN	M40	30		01:20:37.80	01:21:02.15	+00:28:34 (35.3%)	7:19	8.2 (65.1%)
31	SZUMIŃSKI Paweł	5325		M40	31	00:00:30	01:21:22.90	01:21:53.05	+00:29:24 (35.9%)	7:21	8.2 (65.1%)
32	HERTEL Michał	5394		M40	32	00:00:30	01:21:52.50	01:22:15.05	+00:29:46 (36.2%)	7:23	8.1 (64.3%)
33	KORAB Grzegorz	5147	IDE NA MISTRZA	M40	33		01:22:42.10	01:23:33.90	+00:31:05 (37.2%)	7:31	8 (63.5%)
34	SIEDLEC Wiesław	5282	LIONS	M40	34		01:25:25.10	01:25:39.10	+00:33:10 (38.7%)	7:45	7.7 (61.1%)
35	UBYCH Marcin	5430		M40	35		01:25:36.60	01:25:58.10	+00:33:29 (39.0%)	7:47	7.7 (61.1%)
36	MASZKOWSKI Rafał	5192		M40	36		01:26:28.05	01:27:00.25	+00:34:32 (39.7%)	7:51	7.6 (60.3%)
37	WOJDA Dariusz	5349	DZIKIE DZIKI	M40	37		01:27:40.25	01:28:01.10	+00:35:32 (40.4%)	7:58	7.5 (59.5%)
38	DZIEDZINA Tomasz	5068	MUAY RUNNING TEAM	M40	38	00:01:00	01:27:35.10	01:28:07.80	+00:35:39 (40.5%)	7:52	7.6 (60.3%)
39	MAJERNIK Milah	5458		M40	39		01:27:42.25	01:28:16.90	+00:35:48 (40.6%)	7:58	7.5 (59.5%)
40	GUŻDZIOŁ Jarosław	5443		M40	40		01:29:12.85	01:29:43.55	+00:37:15 (41.5%)	8:06	7.4 (58.7%)
41	TUROCZY Wojtech	5339	ACTIVE LIFE KOSICE	M40	41		01:30:11.50	01:30:24.00	+00:37:55 (42.0%)	8:12	7.3 (57.9%)
42	SWOBODA Jarosław	5315	NIGHT RUNNERS GLIWICE	M40	42		01:30:33.75	01:30:38.35	+00:38:10 (42.1%)	8:14	7.3 (57.9%)
43	BURA Łukasz	5422		M40	43		01:32:06.60	01:32:23.85	+00:39:55 (43.2%)	8:22	7.2 (57.1%)
44	JANASZ Andrzej	5105		M40	44		01:33:23.05	01:33:41.15	+00:41:13 (44.0%)	8:29	7.1 (56.3%)
45	SĘPKOWSKI Grzegorz	5161	KASZANKI	M40	45		01:33:35.70	01:33:52.75	+00:41:24 (44.1%)	8:30	7.1 (56.3%)
46	STEFANIUK Tomasz	5304		M40	46		01:34:06.20	01:34:14.75	+00:41:46 (44.3%)	8:33	7 (55.6%)
47	WÓJTOWICZ Paweł	5011		M40	47		01:34:29.40	01:34:59.90	+00:42:31 (44.8%)	8:35	7 (55.6%)
48	SADOCH Marcin	5272		M40	48		01:34:43.35	01:35:31.95	+00:43:03 (45.1%)	8:36	7 (55.6%)
49	ULICNY Pavol	4957		M40	49		01:35:43.75	01:36:20.20	+00:43:52 (45.5%)	8:42	6.9 (54.8%)
50	BAŁAGA Marcin	5405		M40	50	00:01:00	01:39:58.80	01:40:27.55	+00:47:59 (47.8%)	8:59	6.7 (53.2%)
51	SZCZEPAŃSKI Marcin	5396		M40	51		01:41:21.90	01:41:43.65	+00:49:15 (48.4%)	9:12	6.5 (51.6%)
52	JEZIOREK Jozi	5117		M40	52		01:42:34.70	01:43:05.25	+00:50:37 (49.1%)	9:19	6.4 (50.8%)
53	GÓRKA Bogusław	5084		M40	53		01:43:07.25	01:43:13.20	+00:50:45 (49.2%)	9:22	6.4 (50.8%)
54	BIESZCZ Robert	5020		M40	54		01:42:57.55	01:43:21.60	+00:50:53 (49.2%)	9:21	6.4 (50.8%)
55	BILSKI Marek	5022	VEGEDOG	M40	55		01:44:50.95	01:45:30.05	+00:53:01 (50.3%)	9:31	6.3 (50.0%)
56	LEŚNIEWSKI Tomasz	5402		M40	56		01:45:05.25	01:45:34.45	+00:53:06 (50.3%)	9:33	6.3 (50.0%)
57	RADKOWSKI Dariusz	5450		M40	57		01:45:47.15	01:46:00.00	+00:53:31 (50.5%)	9:37	6.2 (49.2%)
58	SULEWSKI Maciej	5314	BIEGAM BO LUBIĘ OSTROŁĘKA	M40	58		01:46:07.15	01:46:32.05	+00:54:03 (50.7%)	9:38	6.2 (49.2%)
59	SIERECKI Zbigniew	5408	DZIADY OCR // PIĘKNI I BESTIE	M40	59		01:48:05.75	01:48:21.30	+00:55:53 (51.6%)	9:49	6.1 (48.4%)
60	GAŁKA Jacek	5077	VEGE RUNNERS / KB SUKCES ŻMIGRÓD	M40	60		01:48:59.20	01:49:30.95	+00:57:02 (52.1%)	9:54	6.1 (48.4%)
61	POROWSKI Waldek	5251	TTT	M40	61	00:00:30	01:49:11.00	01:49:48.25	+00:57:20 (52.2%)	9:52	6.1 (48.4%)
62	RYŻYŃSKI Tomasz	5269	CHEŁM BIEGA	M40	62	00:00:30	01:51:50.50	01:52:12.65	+00:59:44 (53.2%)	10:07	5.9 (46.8%)
63	KĘTRZYŃSKI Ryszard	5133	ZABIEGANI MIELEC / WKURW_TEAM	M40	63		01:51:46.80	01:52:18.85	+00:59:50 (53.3%)	10:09	5.9 (46.8%)
64	BRODIUK Norbert	5031	NIGHT RUNNERS GLIWICE	M40	64		01:52:14.00	01:52:20.85	+00:59:52 (53.3%)	10:12	5.9 (46.8%)
65	SOKOŁOWSKI Artur	5300	WKURW_TEAM	M40	65		01:51:48.85	01:52:21.00	+00:59:52 (53.3%)	10:09	5.9 (46.8%)
66	SAMBORSKI Bartosz	5274	WKURW_TEAM	M40	66		01:51:52.20	01:52:23.45	+00:59:55 (53.3%)	10:10	5.9 (46.8%)
67	LEDWOŃ Jakub	5409		M40	67	00:00:30	01:52:15.85	01:52:47.70	+01:00:19 (53.5%)	10:09	5.9 (46.8%)
68	DASZCZYŃSKI Adam	5054		M40	68		01:54:20.80	01:54:47.45	+01:02:19 (54.3%)	10:23	5.8 (46.0%)
69	KAJEWSKI Rafał	5123	MIGRENA TEAM	M40	69		02:14:24.55	02:14:45.00	+01:22:16 (61.1%)	12:13	4.9 (38.9%)

Znaleziono 69 wynik(ów)