



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

VI FESTIWAL BIEGU RZEŹNIKA
Fundacja Bieg Rzeźnika
2020-06-06
Cisna
11 km

DYCHA NA JELENI SKOK 2020

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Kara/ bonifikata	Czas netto 11km	Różn	Tempo min/km	Tempo km/h
1	ŚMIECHOWSKA Małgorzata	3115		K40	1		01:38:13.75		8:55	6.7 (100%)
2	PASIEKA Agnieszka	3244		K40	2		01:39:23.65	+00:01:09 (1.2%)	9:02	6.6 (98.5%)
3	PŁAZA Edyta	3439		K40	3		01:43:43.35	+00:05:29 (5.3%)	9:25	6.4 (95.5%)
4	SASAL Monika	3178		K40	4		01:44:18.70	+00:06:04 (5.8%)	9:28	6.3 (94.0%)
5	KOZACZUK Maria	3220		K40	5		01:48:09.20	+00:09:55 (9.2%)	9:49	6.1 (91.0%)
6	SYPKO-KUBICKA Katarzyna	3302		K40	6		01:48:29.80	+00:10:16 (9.5%)	9:51	6.1 (91.0%)
7	WEBER Agata	3469	JACEKBIEGA RUNNING TEAM	K40	7		01:48:46.30	+00:10:32 (9.7%)	9:53	6.1 (91.0%)
8	CABAŃSKA Dorota	3325		K40	8		01:52:30.20	+00:14:16 (12.7%)	10:13	5.9 (88.1%)
9	KORZEP-CZEKAŁSKA Dorota	3058	BIEGAM BO LUBIĘ OSTROŁĘKA	K40	9		01:53:58.95	+00:15:45 (13.8%)	10:21	5.8 (86.6%)
10	CHOŁUJ Iwona	3093	WARIATKI HISTERYCZKI	K40	10		01:55:43.15	+00:17:29 (15.1%)	10:31	5.7 (85.1%)
11	KWIECIEŃ Dorota	3214		K40	11		01:56:41.55	+00:18:27 (15.8%)	10:36	5.7 (85.1%)
12	PAUL Violetta	3377		K40	12		01:58:55.30	+00:20:41 (17.4%)	10:48	5.5 (82.1%)
13	UCHEREK Kinga	3079		K40	13	01:00:00	02:01:49.00	+00:23:35 (19.4%)	5:37	10.7 (159.7%)
14	KURKIEWICZ Sylwia	3082		K40	14		02:03:36.35	+00:25:22 (20.5%)	11:14	5.3 (79.1%)
15	GAJEWSKA Magda	3221	LAFIRYNDY I GAMONIE	K40	15		02:04:19.70	+00:26:05 (21.0%)	11:18	5.3 (79.1%)
16	MÓWIŃSKA Katarzyna	3266		K40	16		02:06:19.60	+00:28:05 (22.2%)	11:29	5.2 (77.6%)
17	BEDNARCZUK Joanna	3133		K40	17		02:07:42.65	+00:29:28 (23.1%)	11:36	5.2 (77.6%)
18	PARTYKA Agnieszka	3376	RZESZOWSKIE GAZELE I GEPARDY	K40	18		02:09:11.40	+00:30:57 (24.0%)	11:44	5.1 (76.1%)
19	KUTA Anna	3047		K40	19		02:10:17.65	+00:32:03 (24.6%)	11:50	5.1 (76.1%)
20	GOSTYŃSKA Weronika	3002		K40	20		02:13:20.35	+00:35:06 (26.3%)	12:07	4.9 (73.1%)
21	PIASECZYŃSKA-JAMBOR Agata	3287		K40	21		02:13:55.70	+00:35:41 (26.7%)	12:10	4.9 (73.1%)
22	PAWLAK Beata	3022		K40	22		02:14:00.45	+00:35:46 (26.7%)	12:10	4.9 (73.1%)
23	SIDLO-GALKOWSKA Małgorzata	3059		K40	23		02:16:47.90	+00:38:34 (28.2%)	12:26	4.8 (71.6%)
24	ZIÓŁKOWSKA Paulina	3467	GIT EKIPA	K40	24		02:16:53.80	+00:38:40 (28.2%)	12:26	4.8 (71.6%)
25	JĘCZMIŃSKA Anna	3045		K40	25		02:16:56.50	+00:38:42 (28.3%)	12:26	4.8 (71.6%)
26	MARASEK Anna	3042		K40	26		02:16:57.40	+00:38:43 (28.3%)	12:27	4.8 (71.6%)
27	WALISZEWSKA-PLEWA Izabela	3006		K40	27		02:18:23.50	+00:40:09 (29.0%)	12:34	4.8 (71.6%)
28	KOCHANIAK Kasia	3203		K40	28		02:18:48.55	+00:40:34 (29.2%)	12:37	4.8 (71.6%)
29	MAREK Agnieszka	3056		K40	29		02:20:40.75	+00:42:27 (30.2%)	12:47	4.7 (70.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Kara/ bonifikata	Czas netto 11km	Różn	Tempo min/km	Tempo km/h
30	SKUBISZ Katarzyna	3414	BIEGACZE SPECJALNEJ TROSKI	K40	30		02:20:53.20	+00:42:39 (30.3%)	12:48	4.7 (70.1%)
31	MRUCZYŃSKA-PIETRUCZANIS Katarzyna	3285	AKTYWNI WĘGRÓW / WKURW_TEAM	K40	31		02:23:09.65	+00:44:55 (31.4%)	13:00	4.6 (68.7%)
32	WOŁOWIEC Bożena	3089		K40	32		02:23:51.90	+00:45:38 (31.7%)	13:04	4.6 (68.7%)
33	MÓWIŃSKA Anna	3086	RUNNERS TEAM JABŁONNA	K40	33		02:24:52.80	+00:46:39 (32.2%)	13:10	4.6 (68.7%)
34	DOMARADZKA Ewa	3378		K40	34		02:25:20.00	+00:47:06 (32.4%)	13:12	4.5 (67.2%)
35	GŁOWACKA Aleksandra	3085	MŁODY VS STARY	K40	35		02:26:08.70	+00:47:54 (32.8%)	13:17	4.5 (67.2%)
36	SZOŁTYSEK Beata	3320	OCHAJORUN & FRIENDS	K40	36		02:28:06.05	+00:49:52 (33.7%)	13:27	4.5 (67.2%)
37	PATLA Ewa	3134		K40	37		02:28:25.30	+00:50:11 (33.8%)	13:29	4.4 (65.7%)
38	DASZCZYŃSKA Iwona	3309	ADASKO TEAM	K40	38		02:32:08.50	+00:53:54 (35.4%)	13:49	4.3 (64.2%)
39	WIERZBA Elżbieta	3277		K40	39		02:35:09.20	+00:56:55 (36.7%)	14:06	4.3 (64.2%)
40	SZARKOWSKA-LUDEW Katarzyna	3278		K40	40		02:35:09.90	+00:56:56 (36.7%)	14:06	4.3 (64.2%)
41	PAWŁOWSKA-LIS Maria	3443		K40	41		02:37:28.40	+00:59:14 (37.6%)	14:19	4.2 (62.7%)
42	KRÓL Katarzyna	3048	WIRAN TEAM	K40	42		02:39:07.50	+01:00:53 (38.3%)	14:27	4.1 (61.2%)
43	GAŁKA Ola	3249	VEGE RUNNERS/ KB SUKCES ŻMIGRÓD	K40	43		02:39:46.30	+01:01:32 (38.5%)	14:31	4.1 (61.2%)
44	FĄFARA Agnieszka	3417		K40	44		02:41:44.80	+01:03:31 (39.3%)	14:42	4.1 (61.2%)
45	DAWID Honorata	3142		K40	45		02:41:57.60	+01:03:43 (39.3%)	14:43	4.1 (61.2%)
46	NOWAK Ania	3354		K40	46		02:42:50.20	+01:04:36 (39.7%)	14:48	4.1 (61.2%)
47	SIERECKA Dorota	3200	TEAM ZABIEGANEDNI // WKURW_TEAM	K40	47		02:55:13.80	+01:17:00 (43.9%)	15:55	3.8 (56.7%)
48	HERTEL Karina	3409		K40	48		02:57:27.40	+01:19:13 (44.6%)	16:08	3.7 (55.2%)
49	JASIUL Mariola	3447		K40	49		02:57:40.90	+01:19:27 (44.7%)	16:09	3.7 (55.2%)
50	STANKOWSKA Marzena	3194	KIJKOWE TRZEMESZNO	K40	50		03:09:22.00	+01:31:08 (48.1%)	17:12	3.5 (52.2%)
51	GUDOWSKA Magdalena	3415	KARKONOSKITEAM	K40	51		03:10:09.85	+01:31:56 (48.3%)	17:17	3.5 (52.2%)
52	KLARECKA Joanna	3126	ASTMA TEAM	K40	52		03:18:26.75	+01:40:13 (50.5%)	18:02	3.3 (49.3%)
53	SZYMAŃSKA Joanna	3150		K40	53		03:21:24.90	+01:43:11 (51.2%)	18:18	3.3 (49.3%)
54	PIETRZYK Ewa	3129	BIEGAJĄCY ŚWIDNIK	K40	54		03:30:02.70	+01:51:48 (53.2%)	19:05	3.1 (46.3%)
55	KOBUS Dorota	3459	BBL OSTROŁĘKA	K40	55		03:47:00.05	+02:08:46 (56.7%)	20:38	2.9 (43.3%)
56	SMOCZYŃSKA Katarzyna	3265		K40	56		04:12:38.90	+02:34:25 (61.1%)	22:58	2.6 (38.8%)

Znaleziono 56 wynik(ów)