DYCHA NA JELENI SKOK 2020

Wydarzenie: VI FESTIWAL BIEGU RZEŹNIKA
Organizator: Fundacja Bieg Rzeźnika
Data: 2020-06-06
Miejsce: Cisna
Dystans: 11 km

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 11km	Różn	Tempo min/km	Tempo km/h
1	**PISAREK Maciej**	**3195**		M40	1	**01:00:23.80**		5:29	10.9 (100%)
2	**RAKSZAWA Krzysztof**	**3472**	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	M40	2	**01:10:29.95**	+00:10:06 (14.3%)	6:24	9.4 (86.2%)
3	**ZĄBCZYŃSKI Dominik**	**3451**	ALPIN SPORT HOKA ONE ONE TEAM	M40	3	**01:10:32.85**	+00:10:09 (14.4%)	6:24	9.4 (86.2%)
4	**ŚWIĘTOŃ Grzegorz**	**3272**		M40	4	**01:14:41.45**	+00:14:17 (19.1%)	6:47	8.8 (80.7%)
5	**MĘŻYKOWSKI Michał**	**3470**		M40	5	**01:17:47.50**	+00:17:23 (22.4%)	7:04	8.5 (78.0%)
6	**ASŁANOWICZ Marcin**	**3455**		M40	6	**01:19:49.15**	+00:19:25 (24.3%)	7:15	8.3 (76.1%)
7	**GAŁUSZKA Tomasz**	**3205**	SKITUROWE BIESZCZADY	M40	7	**01:22:56.80**	+00:22:33 (27.2%)	7:32	8 (73.4%)
8	**GAŁUSZKA Mariusz**	**3177**	GOPR	M40	8	**01:26:53.80**	+00:26:30 (30.5%)	7:53	7.6 (69.7%)
9	**JARMOLIŃSKI Piotr**	**3275**	MARCINŚWIERCTEAM	M40	9	**01:27:21.95**	+00:26:58 (30.9%)	7:56	7.6 (69.7%)
10	**KAWALEC Krystian**	**3217**		M40	10	**01:28:02.70**	+00:27:38 (31.4%)	8:00	7.5 (68.8%)
11	**ZAMOJSKI Sebastian**	**3114**	PODDĘBICKI KLUB BIEGACZA ZDYSZANI.PL	M40	11	**01:29:09.50**	+00:28:45 (32.3%)	8:06	7.4 (67.9%)
12	**SMYKA Bartłomiej**	**3321**		M40	12	**01:29:48.95**	+00:29:25 (32.8%)	8:09	7.3 (67.0%)
13	**ROGÓŻ Rafał**	**3162**		M40	13	**01:31:19.60**	+00:30:55 (33.9%)	8:18	7.2 (66.1%)
14	**ASŁANOWICZ Marcin**	**3301**		M40	14	**01:32:12.20**	+00:31:48 (34.5%)	8:22	7.2 (66.1%)
15	**METRYCKI Dariusz**	**3315**	BIEGACZ NOWOSOLNA	M40	15	**01:32:14.40**	+00:31:50 (34.5%)	8:23	7.2 (66.1%)
16	**WIERZBA Jacek**	**3404**	KLUB BIEGACZA SUKCES ŻMIGRÓD	M40	16	**01:34:03.70**	+00:33:39 (35.8%)	8:33	7 (64.2%)
17	**STACH Jacek**	**3305**		M40	17	**01:38:28.80**	+00:38:05 (38.7%)	8:57	6.7 (61.5%)
18	**GRONIECKI Mikołaj**	**3357**		M40	18	**01:40:00.40**	+00:39:36 (39.6%)	9:05	6.6 (60.6%)
19	**HERTEL Michał**	**3410**	SNG WILD DUCK	M40	19	**01:40:10.10**	+00:39:46 (39.7%)	9:06	6.6 (60.6%)
20	**MITRUCZUK Sławomir**	**3087**		M40	20	**01:41:19.70**	+00:40:55 (40.4%)	9:12	6.5 (59.6%)
21	**HRYCAJ Mariusz**	**3037**	WKURW TEAM / REBELLION OF FREE RUNNERS	M40	21	**01:44:06.55**	+00:43:42 (42.0%)	9:27	6.3 (57.8%)
22	**KUTNIK Mirosław**	**3392**	KB BIAŁA BIEGA	M40	22	**01:45:19.65**	+00:44:55 (42.7%)	9:34	6.3 (57.8%)
23	**MĄCZKA Michał**	**3314**		M40	23	**01:47:46.00**	+00:47:22 (44.0%)	9:47	6.1 (56.0%)
24	**KUBICKI Mariusz**	**3303**		M40	24	**01:48:29.85**	+00:48:06 (44.3%)	9:51	6.1 (56.0%)
25	**KUC Adam**	**3259**	THE STRYCHERS	M40	25	**01:48:31.90**	+00:48:08 (44.4%)	9:52	6.1 (56.0%)
26	**SUROWIEC Paweł**	**3452**		M40	26	**01:51:19.70**	+00:50:55 (45.7%)	10:07	5.9 (54.1%)
27	**SADOWSKI Mieczysław**	**3453**		M40	27	**01:51:20.25**	+00:50:56 (45.8%)	10:07	5.9 (54.1%)
28	**WRÓBEL Bartłomiej**	**3189**	CISNA	M40	28	**01:54:12.30**	+00:53:48 (47.1%)	10:22	5.8 (53.2%)
29	**TRELA Roman**	**3167**	TRUCKS BULLS	M40	29	**01:56:18.65**	+00:55:54 (48.1%)	10:34	5.7 (52.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 11km	Różn	Tempo min/km	Tempo km/h
30	**LATAK Michał**	**3283**	JACEKBIEGA RUNNING TEAM	M40	30	**01:56:49.55**	+00:56:25 (48.3%)	10:37	5.6 (51.4%)
31	**CZEKALSKI Mariusz**	**3398**	BBL	M40	31	**01:57:10.35**	+00:56:46 (48.5%)	10:39	5.6 (51.4%)
32	**JANISZEWSKI Sławomir**	**3399**	RAWA TIM ZAWSZE SLIM	M40	32	**01:59:09.05**	+00:58:45 (49.3%)	10:49	5.5 (50.5%)
33	**WITKOWSKI Krzysztof**	**3323**	KOPALNIA MOCY TARNOBRZEG	M40	33	**02:02:43.30**	+01:02:19 (50.8%)	11:09	5.4 (49.5%)
34	**BATOREK Bogdan**	**3436**	RAWA TIM ZAWSZE SLIM	M40	34	**02:03:01.45**	+01:02:37 (50.9%)	11:11	5.4 (49.5%)
35	**LEŚNIEWSKI Tomek**	**3223**	LAFIRYNDY & GAMONIE	M40	35	**02:04:21.35**	+01:03:57 (51.4%)	11:18	5.3 (48.6%)
36	**ŁUKOMSKI Maciej**	**3373**	ŁÓDZKI KLUB WYSOKOGÓRSKI	M40	36	**02:05:19.25**	+01:04:55 (51.8%)	11:23	5.3 (48.6%)
37	**RECZEK Sebastian**	**3288**	KS ZIELONO CZARNI	M40	37	**02:07:37.75**	+01:07:13 (52.7%)	11:36	5.2 (47.7%)
38	**PARTYKA Andrzej**	**3375**	RZESZOWSKIE GAZELE I GEPARDY	M40	38	**02:09:12.05**	+01:08:48 (53.3%)	11:44	5.1 (46.8%)
39	**PISINGAS Mariusz**	**3319**	BIEGANIE TO MÓJ TRZEŹWY	M40	39	**02:11:08.80**	+01:10:45 (53.9%)	11:55	5 (45.9%)
40	**ANGOWSKI Marcin**	**3094**		M40	40	**02:12:25.95**	+01:12:02 (54.4%)	12:02	5 (45.9%)
41	**PAWLAK Bartosz**	**3024**		M40	41	**02:13:54.40**	+01:13:30 (54.9%)	12:10	4.9 (45.0%)
42	**JAMBOR Michał**	**3025**	BRACTWO BIEGOWE BGK / ŻÓRAWSKI TEAM	M40	42	**02:13:55.50**	+01:13:31 (54.9%)	12:10	4.9 (45.0%)
43	**BUDZYŃ Paweł**	**3316**	VISEGRAD MARATON RYTRO	M40	43	**02:15:15.00**	+01:14:51 (55.3%)	12:17	4.9 (45.0%)
44	**CIEPAK Adam**	**3465**	GIT EKIPA !	M40	44	**02:16:55.20**	+01:16:31 (55.9%)	12:26	4.8 (44.0%)
45	**KLIMEK Łukasz**	**3394**		M40	45	**02:17:27.85**	+01:17:04 (56.1%)	12:29	4.8 (44.0%)
46	**TURNIAK Dariusz**	**3057**		M40	46	**02:20:41.85**	+01:20:18 (57.1%)	12:47	4.7 (43.1%)
47	**KACZYŃSKI Artur**	**3346**		M40	47	**02:20:54.95**	+01:20:31 (57.1%)	12:48	4.7 (43.1%)
48	**LASEK Jarek**	**3362**		M40	48	**02:21:52.45**	+01:21:28 (57.4%)	12:53	4.7 (43.1%)
49	**FORMA Rafał**	**3361**		M40	49	**02:21:53.05**	+01:21:29 (57.4%)	12:53	4.7 (43.1%)
50	**WOŁOWIEC Marcin**	**3088**		M40	50	**02:24:03.65**	+01:23:39 (58.1%)	13:05	4.6 (42.2%)
51	**PRYSZCZ Mirosław**	**3318**		M40	51	**02:28:05.50**	+01:27:41 (59.2%)	13:27	4.5 (41.3%)
52	**DASZCZYŃSKI Adam**	**3308**	ADASKO TEAM	M40	52	**02:32:09.10**	+01:31:45 (60.3%)	13:49	4.3 (39.4%)
53	**PŁAŻEWSKI Paweł**	**3234**	RUNEGADES BRWINÓW	M40	53	**02:34:45.60**	+01:34:21 (61.0%)	14:04	4.3 (39.4%)
54	**POLAK Mikołaj**	**3081**		M40	54	**02:36:45.60**	+01:36:21 (61.5%)	14:15	4.2 (38.5%)
55	**REWERS Dariusz**	**3350**	ULTRA WAY TEAM	M40	55	**02:37:58.90**	+01:37:35 (61.8%)	14:21	4.2 (38.5%)
56	**BIESZCZ Robert**	**3329**		M40	56	**02:42:25.45**	+01:42:01 (62.8%)	14:45	4.1 (37.6%)
57	**BĄCZEK Krzysztof**	**3462**	GIT EKIPA	M40	57	**02:44:57.90**	+01:44:34 (63.4%)	14:59	4 (36.7%)
58	**KRUZEL Rafał**	**3228**	BIEGOWE MISIE	M40	58	**02:47:12.15**	+01:46:48 (63.9%)	15:12	3.9 (35.8%)
59	**TWARDOWSKI Tomasz**	**3235**	STOWARZYSZENIE PACZKA DLA BOHATERA	M40	59	**02:54:38.70**	+01:54:14 (65.4%)	15:52	3.8 (34.9%)
60	**SAR Michał**	**3102**	FUDU & CO SPORT TEAM	M40	60	**02:56:29.50**	+01:56:05 (65.8%)	16:02	3.7 (33.9%)
61	**WOJTAL Marcin**	**3365**	ANASTAZJA PIERWSZY RZEŹNIK	M40	61	**02:59:41.85**	+01:59:18 (66.4%)	16:20	3.7 (33.9%)
62	**GIERLOTKA Rafał**	**3364**		M40	62	**02:59:44.70**	+01:59:20 (66.4%)	16:20	3.7 (33.9%)
63	**GUDOWSKI Robert**	**3416**	KARKONOSKITEAM	M40	63	**03:10:10.80**	+02:09:47 (68.2%)	17:17	3.5 (32.1%)
64	**KLARECKI Adrian**	**3125**		M40	64	**03:18:24.60**	+02:18:00 (69.6%)	18:02	3.3 (30.3%)
65	**SULEWSKI Maciej**	**3065**	BIEGAM BO LUBIĘ OSTROŁĘKA	M40	65	**03:46:56.40**	+02:46:32 (73.4%)	20:37	2.9 (26.6%)

Znaleziono 65 wynik(ów)