

Klasyfikacja: OPEN Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5 km 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	WICHA Iwona	124	ŁOBODZIŃSKI TEAM/PRELBET SONAROL	Senior Kobiety	1	00:16:48	00:35:26.40	00:35:28.05		3:32	16.9 (100%)
2	KMIEĆ Katarzyna	533		Senior Kobiety	2	00:17:34	00:37:16.05	00:37:18.15	+00:01:50 (4.9%)	3:43	16.1 (95.3%)
3	KULKA-MNICH Regina	153		Senior Kobiety	3	00:17:50	00:38:01.05	00:38:03.20	+00:02:35 (6.8%)	3:48	15.8 (93.5%)
4	SKALSKA Anna	142	CARBON SILESIA SPORT	Master Kobiety	1	00:18:46	00:40:17.60	00:40:20.25	+00:04:52 (12.1%)	4:01	14.9 (88.2%)
5	KRUK Emilia	450		Senior Kobiety	4	00:19:37	00:41:10.10	00:41:12.40	+00:05:44 (13.9%)	4:07	14.6 (86.4%)
6	JASIULEWICZ Anna	2222	BIĄŁYSTOK BIEGA TEAM	Weteran Senior Kobiety	1	00:19:10	00:42:17.65	00:42:19.80	+00:06:51 (16.2%)	4:13	14.2 (84.0%)
7	JAWORSKA Wioleta	71	TEAM KOPEĆ	Senior Kobiety	5	00:19:46	00:42:31.65	00:42:36.40	+00:07:08 (16.8%)	4:15	14.1 (83.4%)
8	DAWID Katarzyna	29		Master Kobiety	2	00:20:08	00:43:21.05	00:43:25.30	+00:07:57 (18.3%)	4:20	13.8 (81.7%)
9	STARZEC Małgorzata	102	SUSKA GRUPA BIEGOWA	Master Kobiety	3	00:20:29	00:43:56.45	00:44:02.30	+00:08:34 (19.5%)	4:23	13.7 (81.1%)
10	KORULCZYK Katarzyna	149	BBL OSTROWIEC ŚWIĘTOKRZYSKI	Master Kobiety	4	00:20:24	00:45:14.45	00:45:20.70	+00:09:52 (21.8%)	4:31	13.3 (78.7%)
11	ZOSGÓRNIK Aleksandra	46	F4 / O CO BIEGA W KALETACH	Master Kobiety	5	00:20:37	00:45:39.50	00:45:43.30	+00:10:15 (22.4%)	4:33	13.1 (77.5%)
12	ORZYSZEK Roksana	50		Senior Kobiety	6	00:21:40	00:47:16.05	00:47:19.55	+00:11:51 (25.1%)	4:43	12.7 (75.1%)
13	GNUTEK Wioletta	130		Master Kobiety	6	00:21:30	00:47:36.35	00:47:47.50	+00:12:19 (25.8%)	4:45	12.6 (74.6%)
14	SKAWIŃSKA Justyna	125		Master Kobiety	7	00:21:32	00:47:42.85	00:47:49.90	+00:12:21 (25.8%)	4:46	12.6 (74.6%)
15	FIRLEJ Anna	2176		Master Kobiety	8	00:22:32	00:48:18.00	00:48:26.55	+00:12:58 (26.8%)	4:49	12.4 (73.4%)
16	KICZKA Natalia	60	DOJO AKADEMIA SPORTOWA MUSZYNA	Senior Kobiety	7	00:23:33	00:49:15.80	00:49:24.40	+00:13:56 (28.2%)	4:55	12.2 (72.2%)
17	WIŚNIEWSKA Anna	129	STREFA FIT	Senior Kobiety	8	00:22:46	00:49:48.35	00:49:57.85	+00:14:29 (29.0%)	4:58	12 (71.0%)
18	WITEK Natalia	8	AZS AWF KRAKÓW MASTERS	Senior Kobiety	9	00:24:17	00:51:12.45	00:51:23.60	+00:15:55 (31.0%)	5:07	11.7 (69.2%)
19	DUBIEL Beata	138	IAC DÜREN	Weteran Senior Kobiety	2	00:23:03	00:51:23.75	00:51:33.55	+00:16:05 (31.2%)	5:08	11.7 (69.2%)
20	WRĘCZYCKA Iwona	43	O CO BIEGA W KALETACH	Weteran Senior Kobiety	3	00:23:32	00:51:35.15	00:51:40.60	+00:16:12 (31.4%)	5:09	11.6 (68.6%)
21	LACHCIK Iwona	527		Master Kobiety	9	00:23:34	00:51:46.90	00:51:53.75	+00:16:25 (31.7%)	5:10	11.6 (68.6%)
22	RZEMIŃSKA Kinga	99		Senior Kobiety	10	00:23:35	00:52:10.80	00:52:16.65	+00:16:48 (32.2%)	5:13	11.5 (68.0%)
23	RÓZYCKA Iwona	94		Master Kobiety	10	00:23:32	00:52:24.55	00:52:34.60	+00:17:06 (32.5%)	5:14	11.5 (68.0%)
24	PIĘTA Marlena	66	OSTROBIEC	Master Kobiety	11	00:25:05	00:52:42.50	00:52:55.85	+00:17:27 (33.0%)	5:16	11.4 (67.5%)
25	PRZYSTAŚ Agata	127	FORREST KRYNICA	Master Kobiety	12	00:24:37	00:53:14.30	00:53:24.00	+00:17:55 (33.6%)	5:19	11.3 (66.9%)
26	MRÓZ Teresa	53		Weteran Senior Kobiety	4	00:24:53	00:53:37.70	00:53:43.10	+00:18:15 (34.0%)	5:21	11.2 (66.3%)
27	KRÓL Edyta	511		Senior Kobiety	11	00:24:54	00:53:53.95	00:53:57.45	+00:18:29 (34.3%)	5:23	11.1 (65.7%)
28	GAJDA Beata	40	#YOLOTEAM	Weteran Senior Kobiety	5	00:24:23	00:54:09.55	00:54:20.40	+00:18:52 (34.7%)	5:24	11.1 (65.7%)
29	REPELEWICZ Natalia	56		Senior Kobiety	12	00:25:41	00:55:18.30	00:55:30.70	+00:20:02 (36.1%)	5:31	10.8 (63.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5 km 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
30	SZEWCZYK Nina	69		Senior Kobiet	13	00:24:36	00:55:24.35	00:55:36.80	+00:20:08 (36.2%)	5:32	10.8 (63.9%)
31	POLAK Bogusława	57		Weteran Senior Kobiet	6	00:25:01	00:55:37.20	00:55:42.85	+00:20:14 (36.3%)	5:33	10.8 (63.9%)
32	BURNUS Beata	101		Master Kobiet	13	00:25:45	00:56:09.65	00:56:22.80	+00:20:54 (37.1%)	5:36	10.7 (63.3%)
33	MAZUR Danka	61	O CO BIEGA W KALETACH	Weteran Senior Kobiet	7	00:25:03	00:56:28.05	00:56:34.20	+00:21:06 (37.3%)	5:38	10.6 (62.7%)
34	MICHNO Agata	132		Senior Kobiet	14	00:26:38	00:56:29.45	00:56:41.20	+00:21:13 (37.4%)	5:38	10.6 (62.7%)
35	SZEWCZYK Bożena	154		Weteran Senior Kobiet	8	00:25:18	00:56:37.05	00:56:44.30	+00:21:16 (37.5%)	5:39	10.6 (62.7%)
36	SOSNOWSKA Stella	13		Master Kobiet	14	00:25:23	00:56:41.10	00:56:48.75	+00:21:20 (37.6%)	5:40	10.6 (62.7%)
37	SPYRKA Ewelina	136		Senior Kobiet	15	00:26:24	00:57:07.60	00:57:16.30	+00:21:48 (38.1%)	5:42	10.5 (62.1%)
38	SKIBA Kamila	157		Master Kobiet	15	00:26:45	00:57:47.95	00:57:57.60	+00:22:29 (38.8%)	5:46	10.4 (61.5%)
39	MŁOCKA Agata	524		Senior Kobiet	16	00:25:04	00:58:09.75	00:58:19.90	+00:22:51 (39.2%)	5:48	10.3 (60.9%)
40	MICHALIK Karolina	2134		Master Kobiet	16	00:27:54	00:58:33.75	00:58:41.85	+00:23:13 (39.6%)	5:51	10.2 (60.4%)
41	BRZESKA Iwona	65		Master Kobiet	17	00:28:13	00:58:47.15	00:59:01.35	+00:23:33 (39.9%)	5:52	10.2 (60.4%)
42	URBANIAK Anna	523		Weteran Senior Kobiet	9	00:25:01	00:58:55.00	00:59:05.60	+00:23:37 (40.0%)	5:53	10.2 (60.4%)
43	JASTRZĘBSKA Barbara	160		Weteran Senior Kobiet	10	00:25:43	00:59:18.90	00:59:31.40	+00:24:03 (40.4%)	5:55	10.1 (59.8%)
44	FLOREK Beata	9		Master Kobiet	18	00:26:22	00:59:25.20	00:59:32.70	+00:24:04 (40.4%)	5:56	10.1 (59.8%)
45	JANIK Zofia	493		Senior Kobiet	17	00:29:29	00:59:58.20	01:00:09.65	+00:24:41 (41.0%)	5:59	10 (59.2%)
46	STAJSZCZYK Barbara	113	NIEPOŁOMICE BIEGAJĄ	Master Kobiet	19	00:27:48	01:00:11.20	01:00:24.80	+00:24:56 (41.3%)	6:01	10 (59.2%)
47	KOPACKA Wioletta	11		Master Kobiet	20	00:27:14	01:00:55.20	01:00:55.20	+00:25:27 (41.8%)	6:05	9.8 (58.0%)
48	MARKIEWICZ Urszula	468		Senior Kobiet	18	00:27:49	01:00:51.75	01:01:03.10	+00:25:35 (41.9%)	6:05	9.9 (58.6%)
49	BAŁAZIŃSKA Anna	88		Master Kobiet	21	00:27:35	01:01:22.90	01:01:33.45	+00:26:05 (42.4%)	6:08	9.8 (58.0%)
50	NOWAK Paulina	26		Master Kobiet	22	00:28:11	01:02:06.70	01:02:22.35	+00:26:54 (43.1%)	6:12	9.7 (57.4%)
51	KRÓL Natalia	83	LUBELSKI BANK SPÓŁDZIELCZY	Senior Kobiet	19	00:26:52	01:03:04.40	01:03:08.35	+00:27:40 (43.8%)	6:18	9.5 (56.2%)
52	MARASOIU Eveline	162		Senior Kobiet	20		01:03:23.00	01:03:23.00	+00:27:54 (44.0%)	6:20	9.5 (56.2%)
53	KILAR Anna	518		Senior Kobiet	21	00:28:56	01:03:18.65	01:03:31.20	+00:28:03 (44.2%)	6:19	9.5 (56.2%)
54	BOŻEK Agnieszka	112	NIEPOŁOMICE BIEGAJĄ	Master Kobiet	23	00:29:47	01:04:02.25	01:04:16.65	+00:28:48 (44.8%)	6:24	9.4 (55.6%)
55	SOJKA Małgorzata	495		Master Kobiet	24	00:29:46	01:04:03.00	01:04:17.05	+00:28:49 (44.8%)	6:24	9.4 (55.6%)
56	ZAWIŚLAN Agnieszka	167		Senior Kobiet	22	00:27:02	01:04:26.85	01:04:36.55	+00:29:08 (45.1%)	6:26	9.3 (55.0%)
57	HABEL Ewa	509	HOTEL KLIMEK****SPA	Master Kobiet	25	00:29:39	01:04:45.85	01:04:58.85	+00:29:30 (45.4%)	6:28	9.3 (55.0%)
58	BEDNAREK-KŁOS Sandra	91		Senior Kobiet	23	00:30:06	01:04:57.15	01:05:07.70	+00:29:39 (45.5%)	6:29	9.2 (54.4%)
58	BŁASZCZUK-MALIK Ewa	95		Senior Kobiet	23	00:30:06	01:04:57.15	01:05:07.70	+00:29:39 (45.5%)	6:29	9.2 (54.4%)
60	PABIAN Katarzyna	481		Senior Kobiet	25	00:30:45	01:07:39.60	01:07:57.20	+00:32:29 (47.8%)	6:45	8.9 (52.7%)
61	STANEK Agnieszka	143		Master Kobiet	26	00:30:00	01:08:31.65	01:08:38.95	+00:33:10 (48.3%)	6:51	8.8 (52.1%)
62	MIELCZAREK Halina	5	AM.TRENER TEAM	Weteran Senior Kobiet	11	00:29:44	01:08:51.20	01:09:00.35	+00:33:32 (48.6%)	6:53	8.7 (51.5%)
63	WIKTOREK Jadwiga	467		Weteran Master Kobiet	1	00:31:15	01:08:59.80	01:09:11.65	+00:33:43 (48.7%)	6:53	8.7 (51.5%)
64	MUSZ Helena	452		Weteran Master Kobiet	2	00:31:15	01:11:21.15	01:11:25.45	+00:35:57 (50.3%)	7:08	8.4 (49.7%)

Znaleziono 64 wynik(ów)