



ELBLĄG - FINAŁ PUCHARU EUROPY / PUCHAR POLSKI NORDIC WALKING - 5KM

B4SPORT

Organizator: PFNW
Data: 2015-09-19
Miejsce: Elbląg
Dystans: 5 km

 **HERKULES**
www.herkules.org.pl

Klasyfikacja: K 30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	TOFIL Adriana	332		K 30-39	1			01:53:34	00:35:34.75	02:29:09.55		7:07	8.4 (100%)
2	JENDRUCHNIEWICZ Katarzyna	126		K 30-39	2			01:53:35	00:36:03.85	02:29:39.00	+00:00:29 (1.3%)	7:12	8.3 (98.8%)
3	WALENDZIAK Alicja	342	POCHODZĘ Z MALBORKA	K 30-39	3			01:53:35	00:36:15.15	02:29:50.75	+00:00:40 (1.9%)	7:15	8.3 (98.8%)
4	BŁASZCZYK Karolina	21		K 30-39	4			01:53:36	00:37:12.00	02:30:48.40	+00:01:37 (4.4%)	7:26	8.1 (96.4%)
5	KĘDZIERSKA Agnieszka	140		K 30-39	5			01:53:36	00:37:17.90	02:30:54.80	+00:01:43 (4.6%)	7:27	8 (95.2%)
6	DOMAŃSKA Beata	68		K 30-39	6			01:53:37	00:37:20.95	02:30:57.95	+00:01:46 (4.7%)	7:28	8 (95.2%)
7	LEWANDOWSKA Joanna	187	GOSIR OSIELSKO	K 30-39	7			01:53:41	00:37:30.25	02:31:11.35	+00:01:55 (5.1%)	7:30	8 (95.2%)
8	KOLBERG Kamila	152		K 30-39	8			01:53:36	00:38:08.05	02:31:44.85	+00:02:33 (6.7%)	7:37	7.9 (94.0%)
9	FARON Monika	82	KOBIETA	K 30-39	9			01:53:38	00:39:15.15	02:32:53.75	+00:03:40 (9.4%)	7:51	7.6 (90.5%)
10	PAWŁOWSKA-WOŹNIAK Małgorzata	249	PODWÓJNY UŚMIECH	K 30-39	10			01:53:34	00:39:32.95	02:33:07.45	+00:03:58 (10.0%)	7:54	7.6 (90.5%)
11	BIEGAŁA Magdalena	18	SANTORINI TAWERNA GRECKA	K 30-39	11			01:53:36	00:39:55.90	02:33:32.35	+00:04:21 (10.9%)	7:59	7.5 (89.3%)
12	BRANCZEWSKA Ewa	33	MOSIR MŁAWA	K 30-39	12			01:53:37	00:40:15.30	02:33:53.15	+00:04:40 (11.6%)	8:03	7.5 (89.3%)
13	HADRYK Elżbieta	115		K 30-39	13			01:53:35	00:40:23.15	02:33:58.25	+00:04:48 (11.9%)	8:04	7.4 (88.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
14	LABUDDA Katarzyna	178	WEJHEROWO	K 30-39	14			01:53:36	00:40:23.50	02:33:59.65	+00:04:48 (11.9%)	8:04	7.4 (88.1%)
15	DZIEMIŃSKA Magdalena	79	BŁĘKITNI NW DZIEMIANY	K 30-39	15			01:53:34	00:40:41.65	02:34:16.00	+00:05:06 (12.6%)	8:08	7.4 (88.1%)
16	MECH Katarzyna	213		K 30-39	16			01:53:38	00:40:57.85	02:34:36.70	+00:05:23 (13.1%)	8:11	7.3 (86.9%)
17	WIESZOŁEK Ewelina	362		K 30-39	17			01:53:37	00:41:47.70	02:35:25.65	+00:06:12 (14.9%)	8:21	7.2 (85.7%)
18	WAWIROWICZ Anita	354		K 30-39	18			01:53:37	00:42:44.55	02:36:22.50	+00:07:09 (16.8%)	8:33	7 (83.3%)
19	LIU Xiao	194	CHINA NORDIC WALKING ASSOCIATION	K 30-39	19			01:53:38	00:44:27.90	02:38:06.75	+00:08:53 (20.0%)	8:53	6.7 (79.8%)
20	OSSOWSKA-BAŃKA Justyna	238		K 30-39	20			01:53:42	00:44:48.60	02:38:31.05	+00:09:13 (20.6%)	8:57	6.7 (79.8%)
21	ANTKOWIAK Anna	7	FACE NW TEAM	K 30-39	21			01:53:39	00:44:57.25	02:38:37.05	+00:09:22 (20.9%)	8:59	6.7 (79.8%)
22	LEWANDOWSKA Anna	186	ZAKĄTEK DANKOWO	K 30-39	22			01:53:33	00:44:58.30	02:38:32.25	+00:09:23 (20.9%)	8:59	6.7 (79.8%)
23	BLACHOWSKA Monika	20		K 30-39	23			01:53:40	00:45:10.95	02:38:51.25	+00:09:36 (21.3%)	9:02	6.6 (78.6%)
24	KAŻMIERCZAK Żanetta	139	GOSIR OSIELSKO	K 30-39	24			01:53:39	00:48:50.25	02:42:29.70	+00:13:15 (27.1%)	9:46	6.1 (72.6%)
25	GARBACZEWSKA Jolanta	96		K 30-39	25			01:53:40	00:51:04.15	02:44:44.75	+00:15:29 (30.3%)	10:12	5.9 (70.2%)
26	GARBECKA Aleksandra	98	NIEZŁE SZPRYCHY	K 30-39	26			01:53:38					(0.0%)

Znalezione 26 wynik(ów)