



ELBLĄG - FINAŁ PUCHARU EUROPY / PUCHAR POLSKI NORDIC WALKING - 5KM

B4SPORT

Organiser: PFNW
Date: 2015-09-19
Place: Elbląg
Distance: 5 km

 **HERKULES**
www.herkules.org.pl

Classification: M 60-64

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	KLARKOWSKI Bogdan	144	ELBLĄSKIE WŁÓCZY-KIJE	M 60-64	1			01:48:21	00:33:43.20	02:22:04.45		6:44	8.9 (100%)
2	PODOLSKI Mirosław	261	LKS ZANTYR SZTUM	M 60-64	2			01:48:21	00:36:36.75	02:24:57.80	+00:02:53 (7.9%)	7:19	8.2 (92.1%)
3	BIĄŁK Roman	17		M 60-64	3			01:48:21	00:38:26.45	02:26:48.25	+00:04:43 (12.3%)	7:41	7.8 (87.6%)
4	KORYZNA Jonas	159	LITHUANIAN NORDIC WALKING ASSOCIATION	M 60-64	4			01:48:20	00:40:33.70	02:28:54.35	+00:06:50 (16.9%)	8:06	7.4 (83.1%)
5	BARTOSIEWICZ Włodzimierz	12	LUKI TEAM	M 60-64	5			01:48:20	00:41:18.95	02:29:39.50	+00:07:35 (18.4%)	8:15	7.3 (82.0%)
6	ŁYSAKOWSKI Marian	196	ELBLĄSKIE WŁÓCZY-KIJE	M 60-64	6	1		01:48:21	00:42:01.90	02:30:23.45	+00:08:18 (19.8%)	8:24	7.1 (79.8%)
7	KASZUBSKI Janusz	402	ZAKĄTEK DANKOWO	M 60-64	7			01:48:21	00:43:06.50	02:31:28.45	+00:09:23 (21.8%)	8:37	7 (78.7%)
8	FRĄTCZAK Zdzisław	90	ELBLĄSKIE WŁÓCZY-KIJE	M 60-64	8			01:48:21	00:43:06.70	02:31:27.85	+00:09:23 (21.8%)	8:37	7 (78.7%)
9	SŁOMCZYŃSKI Andrzej	296		M 60-64	9			01:47:33	00:45:21.95	02:32:54.95	+00:11:38 (25.7%)	9:04	6.6 (74.2%)
10	WIŚNIEWSKI Jerzy	368		M 60-64	10			01:48:22	00:51:28.75	02:39:51.30	+00:17:45 (34.5%)	10:17	5.8 (65.2%)
11	WĄSICKI Andrzej	357	WŁÓCZYBUTY	M 60-64	11			01:48:19	01:13:42.80	03:02:02.50	+00:39:59 (54.3%)	14:44	4.1 (46.1%)

Total 11 results.