



Klasyfikacja: M 45-59

GORCE ULTRA-TRAIL® 102 KM

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Gorce Ultra-Trail 2020
Fundacja Run Vegan - GUT
2020-08-01
Ochotnica Dolna
102 km

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Luban 12km	Prz_Knur 25km	Obidowa 43km	Rzeki 1 63km	Rzeki 2 63.1km	Szczawa 83km	Gorc 90km	Kara/ bonifikata	Czas netto 102km	Czas brutto 102km	Różn	Tempo min/km	Tempo km/h
1	ŚCIESZKA Wojciech	130	13 ELT KRAKÓW-BALICE	M 45-59	1	00:00:52	01:22:24	02:37:55	04:40:38		07:07:28	09:33:28	10:28:22		11:39:15.25	11:40:07.50		6:51	8.8 (100%)
2	BORÓWKA Ryszard	15		M 45-59	2	00:00:53	01:26:26	02:44:55	04:45:15		07:15:04	09:51:15	10:52:58		12:10:14.70	12:11:07.85	+00:30:59 (4.2%)	7:09	8.4 (95.5%)
3	SZCZEPANIAK Witold	126		M 45-59	3	00:00:54	01:27:57	02:45:48	04:45:09		07:22:54	10:00:18	11:06:09		12:20:46.55	12:21:41.50	+00:41:31 (5.6%)	7:15	8.3 (94.3%)
4	STROKON Przemysław	119		M 45-59	4	00:00:59	01:25:34	02:43:05	04:47:38		07:41:17	10:25:00	11:25:54		12:51:18.35	12:52:17.60	+01:12:03 (9.3%)	7:33	7.9 (89.8%)
5	PTASZYŃSKI Wojciech	98		M 45-59	5	00:01:14	01:28:07	02:48:23	05:04:55		07:53:18	10:40:19	11:48:23		13:09:58.60	13:11:12.85	+01:30:43 (11.5%)	7:44	7.7 (87.5%)
6	SZCZEPAŃSKI Andrzej	127		M 45-59	6	00:01:01	01:32:39	02:59:26	05:09:34		08:05:20	11:08:12	12:13:18		13:34:28.20	13:35:29.50	+01:55:12 (14.1%)	7:59	7.5 (85.2%)
7	MARS Maksymilian	77	TRAILRUN	M 45-59	7	00:00:57	01:38:54	03:10:49	05:40:12		08:56:03	12:05:10	13:13:13		14:43:15.40	14:44:13.15	+03:04:00 (20.8%)	8:39	6.9 (78.4%)
8	SWĘDZIOŁ Robert	122	OLKUSZBIEGA.PL	M 45-59	8	00:01:00	01:32:09	03:00:23	05:22:16		08:40:55	11:55:40	13:15:58		14:51:09.80	14:52:10.60	+03:11:54 (21.5%)	8:44	6.9 (78.4%)
9	PYCIA Adam	99	KORONA MASTERS KRAKÓW	M 45-59	9	00:00:58	01:35:34	03:03:35	05:27:04		08:47:17	12:04:36	13:20:23		14:52:59.35	14:53:57.70	+03:13:44 (21.7%)	8:45	6.9 (78.4%)
10	KOWALCZYK Marek	60	KB TKKF PROMYK CIECHANÓW	M 45-59	10	00:00:59	01:31:39	02:57:17	05:23:38		08:47:54	12:05:37	13:25:13		14:58:15.65	14:59:15.55	+03:19:00 (22.2%)	8:48	6.8 (77.3%)
11	GOSTYŃSKI Krzysztof	36		M 45-59	11	00:01:00	01:36:46	03:07:45	05:35:15		08:48:02	12:01:42	13:21:14		15:01:08.40	15:02:08.70	+03:21:53 (22.4%)	8:50	6.8 (77.3%)
12	ŻYCIŃSKI Paweł	153		M 45-59	12	00:01:25	01:40:32	03:14:51	05:55:34		09:10:47	12:16:03	13:30:28		15:17:09.80	15:18:34.80	+03:37:54 (23.8%)	8:59	6.7 (76.1%)
13	ŻAK Artur	152	JURA TEAM	M 45-59	13	00:01:01	01:37:27	03:09:32	05:34:23		09:20:21	12:41:11	13:53:35		15:20:53.25	15:21:54.40	+03:41:38 (24.1%)	9:01	6.6 (75.0%)
14	ZAKROCZYMSKI Michał	149		M 45-59	14	00:01:37	01:38:19	03:10:51	05:50:29		09:23:37	12:30:43	13:50:55		15:30:10.00	15:31:47.55	+03:50:54 (24.8%)	9:07	6.6 (75.0%)
15	OSOWSKI Wojtek	91		M 45-59	15	00:01:23	01:39:40	03:13:02	05:48:55		09:15:27	12:30:58	13:51:13		15:30:23.75	15:31:47.55	+03:51:08 (24.8%)	9:07	6.6 (75.0%)
16	OSTAPIŃSKI Wojtek	92	OSTRESROKI	M 45-59	16	00:01:06	01:36:25	03:13:17	05:56:04		09:10:18	12:35:11	13:53:22		15:35:16.05	15:36:22.10	+03:56:00 (25.2%)	9:10	6.5 (73.9%)
17	PLETI Marcin	96		M 45-59	17	00:01:04	01:42:06	03:18:04	06:08:12		09:31:20	12:55:57	14:12:22		15:35:54.35	15:36:59.15	+03:56:39 (25.3%)	9:10	6.5 (73.9%)
18	SYNOWIEC Adam	124	KLUB BIEGACZA SUKCES	M 45-59	18	00:01:30	01:43:00	03:21:52	06:08:02		09:36:03	12:56:34	14:10:00		15:44:42.20	15:46:13.15	+04:05:26 (26.0%)	9:15	6.5 (73.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Luban 12km	Prz_Knur 25km	Obidowa 43km	Rzeki				Gorc 90km	Kara/ bonifikata	Czas netto 102km	Czas brutto 102km	Różn	Tempo min/km	Tempo km/h
										1 63km	Rzeki 2 63.1km	Szczawa 83km								
19	MAJ Grzegorz	73		M 45-59	19	00:01:08	01:38:28	03:13:12	05:56:17		09:22:36	12:43:45	14:03:22			15:46:08.00	15:47:16.75	+04:06:52 (26.1%)	9:16	6.5 (73.9%)
20	DŁUGAJ Andrzej	29		M 45-59	20	00:00:58	01:33:16	03:03:03	05:36:01		09:09:45	12:38:35	14:07:27			15:52:49.40	15:53:47.75	+04:13:34 (26.6%)	9:20	6.4 (72.7%)
21	BUDZICH Wojciech	18	TKKF PROMYK CIECHANÓW	M 45-59	21	00:01:08	01:38:14	03:10:10	05:49:14		09:19:31	12:54:31	14:13:52			15:56:59.90	15:58:08.50	+04:17:44 (26.9%)	9:22	6.4 (72.7%)
22	GOŁĘBIEWSKI Robert	35	BIEGACZE W RADOMSKU	M 45-59	22	00:01:12	01:48:00	03:33:32	06:22:05		09:45:40	13:06:26	14:25:44			16:09:10.45	16:10:22.65	+04:29:55 (27.9%)	9:30	6.3 (71.6%)
23	BAWEŁKIEWICZ Bronisław	8		M 45-59	23	00:01:02	01:33:50	03:01:04	05:27:39		09:04:39	12:47:19	14:16:14			16:21:40.15	16:22:43.10	+04:42:24 (28.8%)	9:37	6.2 (70.5%)
24	JANGAS Andrzej	43		M 45-59	24	00:01:08	01:42:15	03:25:09	06:07:54		09:43:26	13:10:02	14:34:30			16:23:10.15	16:24:18.60	+04:43:54 (28.9%)	9:38	6.2 (70.5%)
25	SUPEŁ Jacek	121	NIEZRZESZONY	M 45-59	25	00:01:05	01:40:24	03:24:35	06:28:02		10:15:03	13:40:33	14:57:27			16:23:31.50	16:24:36.75	+04:44:16 (28.9%)	9:38	6.2 (70.5%)
26	JÜRGENS Ralf Thorsten	48	1. FC UNION BERLIN E.V.	M 45-59	26	00:00:56	01:47:13	03:28:28	06:08:25		09:21:37	13:00:24	14:19:33			16:26:15.30	16:27:11.30	+04:47:00 (29.1%)	9:40	6.2 (70.5%)
27	BRZOZOWSKI Armand	17	PKS GALOPUJĄCA SOCZEWICA	M 45-59	27	00:01:21	01:50:44	03:34:32	06:27:41		09:58:05	13:32:42	14:55:31			16:44:03.95	16:45:25.90	+05:04:48 (30.4%)	9:50	6.1 (69.3%)
28	ODOLIŃSKI Jacek	88		M 45-59	28	00:01:02	01:46:19	03:27:14	06:06:36		09:48:16	13:18:37	14:54:09			16:44:27.35	16:45:29.65	+05:05:12 (30.4%)	9:50	6.1 (69.3%)
29	KROCZYŃSKI Sławomir	62		M 45-59	29	00:01:12	01:41:08	03:22:07	06:08:24		09:54:39	13:19:20	14:49:05			16:54:43.10	16:55:55.80	+05:15:27 (31.1%)	9:56	6 (68.2%)
30	SŁOMOWICZ Jarosław	112		M 45-59	30	00:00:55	01:39:17	03:33:10	06:22:40		09:59:36	13:33:53	14:57:39			16:56:08.25	16:57:03.35	+05:16:53 (31.2%)	9:57	6 (68.2%)
31	WĘGIEL Bogdan	141		M 45-59	31	00:01:20	01:49:09	03:32:55	06:33:08		10:24:22	13:56:08	15:20:51			17:01:27.40	17:02:47.60	+05:22:12 (31.5%)	10:00	6 (68.2%)
32	WAWROWSKI Mariusz	140	VINCIWAY	M 45-59	32	00:01:28	01:45:18	03:32:22	06:21:27		10:04:33	13:35:14	15:05:07			17:11:17.15	17:12:46.05	+05:32:01 (32.2%)	10:06	5.9 (67.0%)
33	CAPUTA Wojtek	21		M 45-59	33	00:00:57	01:36:01	03:02:41	05:19:45		10:36:50	14:01:28	15:28:23			17:16:31.25	17:17:28.65	+05:37:16 (32.5%)	10:09	5.9 (67.0%)
34	ŁUGOWSKI Marek	72		M 45-59	34	00:01:18	01:41:45	03:20:35	06:08:06		10:14:00	14:10:44	15:33:57			17:19:14.00	17:20:32.70	+05:39:58 (32.7%)	10:11	5.9 (67.0%)
35	RATAJCZAK Dariusz	102	HERNIK TEAM	M 45-59	35	00:01:13	01:48:45	03:40:24	06:33:05		10:12:52	14:05:20	15:26:08			17:29:16.45	17:30:29.65	+05:50:01 (33.4%)	10:17	5.8 (65.9%)
36	WILKOS Marcin	144		M 45-59	36	00:01:31	01:53:37	03:50:25	07:02:04		10:51:46	13:39:12	15:08:06			17:31:03.25	17:32:34.35	+05:51:48 (33.5%)	10:18	5.8 (65.9%)
37	MAŁKOWSKI Bogdan	75	SPARTANIE DZIECIOM	M 45-59	37	00:01:16	01:46:23	03:35:38	06:46:41		10:33:58	14:16:29	15:50:41			17:41:06.90	17:42:23.80	+06:01:51 (34.1%)	10:24	5.8 (65.9%)
38	GRZESZAK Rafał	38	DOGOŃ GRODZISK MAZOWIECKI	M 45-59	38	00:01:04	01:45:00	03:35:15	06:35:21		10:40:47	14:40:08	16:07:40			17:51:54.75	17:52:59.20	+06:12:39 (34.8%)	10:30	5.7 (64.8%)
39	BĘDŹKOWSKI Marek	10	MORSY OSTROŁĘKA	M 45-59	39	00:01:15	01:52:56	03:47:45			10:45:18	14:23:23	15:44:15	00:15:00		17:56:08.00	17:57:24.00	+06:16:52 (35.0%)	10:24	5.8 (65.9%)
	MINIUR Jacek	80		M 45-59		DNF	01:49:06 DNF	03:38:32 DNF	06:33:15 DNF	DNF	10:32:08 DNF	14:19:58 DNF	DNF			DNF	DNF		-	- (0.0%)
	SOKOŁOWSKI Grzegorz	117		M 45-59		DNF	01:31:15 DNF	03:01:57 DNF	05:33:27 DNF	DNF	DNF	DNF	DNF			DNF	DNF		-	- (0.0%)
	CELIŃSKI Tomasz	22	TUPTUŚ OTWOCK	M 45-59		DNF	02:07:39 DNF	04:02:04 DNF	07:12:30 DNF	DNF	DNF	DNF	DNF			DNF	DNF		-	- (0.0%)
	SOKOŁOWSKI Artur	116	TEAM ZABIEGANEDNI	M 45-59		DNF	02:14:26 DNF	04:44:44 DNF	DNF	DNF	DNF	DNF	DNF			DNF	DNF		-	- (0.0%)