

GORCE ULTRA-TRAIL® 48 KM

B4SPORT

Wydarzenie:

Gorce Ultra-Trail 2019

Organizator:

Fundacja Run Vegan - GUT

Data:

2019-08-03

Miejsce:

Ochotnica Dolna

Dystans:

48 km

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: M 33-44

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Luban 12km	Prz_Knur 25km	Rozwidlenie 26km	Gorc 41km	Czas netto 48km	Czas brutto 48km	Różn	Tempo min/km	Tempo km/h
1	SOBCZYK Przemysław	896	TG SOKÓŁ ZAKOPANE	M 33-44	1	01:13:15	02:19:43	02:24:02	04:15:46	04:49:06.30	04:49:07.85		6:01	10 (100%)
2	FLOREK Sebastian	837	NORAFSPORT / SPORT HG	M 33-44	2	01:15:41	02:28:16	02:33:58	04:25:47	05:00:10.35	05:00:12.50	+00:11:04 (3.7%)	6:15	9.6 (96.0%)
3	TRACZ Łukasz	665	WWW.TRENINGFIZJOTERAPIA.PL / AQUAREH	M 33-44	3	01:20:04	02:32:15	02:38:25	04:30:26	05:05:21.20	05:05:23.25	+00:16:15 (5.3%)	6:21	9.4 (94.0%)
4	CHODAKOWSKI Rafał	535	OSTROBIEC	M 33-44	4	01:21:45	02:36:33	02:44:38	04:41:11	05:15:55.25	05:15:57.10	+00:26:49 (8.5%)	6:34	9.1 (91.0%)
5	MORAWSKI Przemysław	884		M 33-44	5	01:20:06	02:32:40	02:39:40	04:38:47	05:17:06.50	05:17:10.05	+00:28:02 (8.8%)	6:36	9.1 (91.0%)
6	ORLAK Michał	684		M 33-44	6	01:21:29	02:35:27	02:43:29	04:48:15	05:27:26.65	05:27:32.35	+00:38:24 (11.7%)	6:49	8.8 (88.0%)
7	TOPOLSKI Marcin	694	CZŁOWIEK KTÓRY NIE BOI SIĘ CHUCKA NORRISA	M 33-44	7		02:39:39	02:46:45	04:49:41	05:29:26.25	05:29:31.30	+00:40:23 (12.3%)	6:51	8.7 (87.0%)
8	KOCEMBA Askaniusz	852		M 33-44	8	01:23:16	02:38:38	02:46:10	04:49:36	05:29:34.40	05:29:37.30	+00:40:29 (12.3%)	6:51	8.7 (87.0%)
9	PAZDUR Mateusz	656	LASER DANCE SQUAD	M 33-44	9	01:25:37	02:47:16	02:54:53		05:43:22.70	05:43:38.85	+00:54:31 (15.9%)	7:09	8.4 (84.0%)
10	SZYMCZYK Daniel	777		M 33-44	10	01:30:28	02:52:16	03:00:24	05:05:54	05:43:49.85	05:43:58.80	+00:54:50 (15.9%)	7:09	8.4 (84.0%)
11	GAJEWSKI Grzegorz	640	POMORZE BIEGA I POMAGA	M 33-44	11	01:24:29	02:41:15	02:50:34	05:05:58	05:44:22.00	05:44:46.25	+00:55:38 (16.1%)	7:10	8.4 (84.0%)
12	FLĄDRO Daniel	790		M 33-44	12	01:24:37	02:46:19	02:53:43	05:10:04	05:51:40.10	05:51:44.25	+01:02:36 (17.8%)	7:19	8.2 (82.0%)
13	CYTACKI Dawid	797	RYKOWISKO	M 33-44	13	01:28:00	02:48:29	02:56:36	05:14:10	05:52:13.55	05:52:19.85	+01:03:12 (17.9%)	7:20	8.2 (82.0%)
14	BEKAS Marcin	625	RUNONLINE.PL	M 33-44	14	01:31:53	02:55:05	03:03:33	05:18:41	06:01:23.00	06:01:26.00	+01:12:18 (20.0%)	7:31	8 (80.0%)
15	BEZRUKOVAS Nerijus	873	GOODLIFE	M 33-44	15		02:54:05	03:01:55	05:19:29	06:03:24.00	06:04:08.00	+01:15:00 (20.6%)	7:34	7.9 (79.0%)
16	TARNOWSKI Maciej	425	KOLIBER TEAM / MM POWER	M 33-44	16	01:30:29	02:52:28	02:59:48	05:18:16	06:04:21.50	06:04:25.35	+01:15:17 (20.7%)	7:35	7.9 (79.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Luban	Prz_Knur	Rozwidenie	Gorc	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						12km	25km	26km	41km	48km	48km			
17	KALITA Damian	639		M 33-44	17	01:31:59	02:53:17	03:02:47	05:22:15	06:03:43.65	06:04:26.55	+01:15:18 (20.7%)	7:34	7.9 (79.0%)
18	SWORSKI Roman	564	VEGAN & VEGE RUNNERS / KASTYO	M 33-44	18	01:25:02	02:45:43	02:53:15	05:25:26	06:04:44.00	06:04:47.45	+01:15:39 (20.7%)	7:35	7.9 (79.0%)
19	DZIEDZIC Witold	683	RZESZOWSKIE GAZELE I GEPARDY	M 33-44	19	01:32:50	02:53:23	03:00:59	05:23:07	06:06:41.70	06:07:00.95	+01:17:53 (21.2%)	7:38	7.9 (79.0%)
20	SAMORAŃSKI Krzysztof	685	MUAY RUNING TEAM	M 33-44	20	01:34:22	03:00:06	03:08:34	05:26:16	06:08:53.30	06:08:56.85	+01:19:49 (21.6%)	7:41	7.8 (78.0%)
21	KRYSA Roman	590		M 33-44	21	01:38:35	03:06:39	03:18:41	05:34:56	06:15:06.95	06:15:53.30	+01:26:45 (23.1%)	7:48	7.7 (77.0%)
22	KOT Krzysztof	802		M 33-44	22	01:35:49	03:01:51	03:10:19	05:30:57	06:16:25.85	06:16:50.00	+01:27:42 (23.3%)	7:50	7.7 (77.0%)
23	TEISTER Wojciech	477	T. G. SOKÓŁ ZAKOPANE /GÓRSKI BIEG FRASSATIEGO	M 33-44	23	01:34:10	03:00:26	03:12:40	05:35:29	06:18:09.60	06:18:15.45	+01:29:07 (23.6%)	7:52	7.6 (76.0%)
24	GRADZI Dariusz	849	KRAKOWSKA IZBA ADWOKACKA	M 33-44	24	01:32:53	03:00:28	03:10:42		06:18:56.05	06:19:09.20	+01:30:01 (23.7%)	7:53	7.6 (76.0%)
25	BARTOSZ Marek	702	ULTRA TRAIL MAŁOPOLSKA	M 33-44	25	01:33:25	03:03:27	03:12:51	05:38:26	06:19:27.70	06:19:34.60	+01:30:26 (23.8%)	7:54	7.6 (76.0%)
26	DANIELAK Michał	619		M 33-44	26	01:31:29	02:55:19	03:03:10	05:36:38	06:23:08.05	06:23:44.65	+01:34:36 (24.7%)	7:58	7.5 (75.0%)
27	DARCHUK Oleksandr	820		M 33-44	27	01:37:00	03:07:14	03:17:50	05:41:36	06:26:43.85	06:26:53.95	+01:37:46 (25.3%)	8:03	7.4 (74.0%)
28	KEMPKA Marcin	642	HUSARIA RACE TEAM	M 33-44	28	01:42:00	03:15:40	03:25:29	05:43:54	06:27:00.20	06:27:24.55	+01:38:16 (25.4%)	8:03	7.4 (74.0%)
29	RATAJCZAK Marcin	766		M 33-44	29	01:40:28	03:13:17	03:28:14	05:47:27	06:28:11.75	06:28:55.25	+01:39:47 (25.7%)	8:05	7.4 (74.0%)
30	PITTNER Krzysztof	492		M 33-44	30	01:33:29	03:03:51	03:14:51	05:42:48	06:29:38.80	06:29:47.95	+01:40:40 (25.8%)	8:07	7.4 (74.0%)
31	SEMBERECKI Marcin	747	TOWARZYSTWO GIMNASTYCZNE SOKÓŁ ZAKOPANE	M 33-44	31	01:34:05	03:00:31	03:13:14	05:47:53	06:29:51.00	06:29:57.00	+01:40:49 (25.9%)	8:07	7.4 (74.0%)
32	KOWALCZYK Aleksander	604		M 33-44	32	01:33:30	03:07:00	03:17:18	05:44:18	06:31:33.05	06:31:45.75	+01:42:37 (26.2%)	8:09	7.4 (74.0%)
33	PABIS Marek	718		M 33-44	33	01:40:00	03:10:35	03:22:06	05:51:05	06:35:15.95	06:35:46.85	+01:46:39 (26.9%)	8:14	7.3 (73.0%)
34	GAŁKA Wojciech	739	JURATEAM	M 33-44	34	01:45:17	03:16:35	03:28:18	05:53:22	06:35:15.35	06:36:02.70	+01:46:54 (27.0%)	8:14	7.3 (73.0%)
35	PELA Dariusz	552	TORUŃ MULTISPORT TEAM	M 33-44	35	01:35:49	03:08:38	03:21:53	05:53:37	06:35:52.00	06:36:03.20	+01:46:55 (27.0%)	8:14	7.3 (73.0%)
36	DUDEK Bo	871	SIGN SPORT / ROOBAR	M 33-44	36	01:23:09	02:49:54		05:40:42	06:36:31.10	06:36:33.25	+01:47:25 (27.1%)	8:15	7.3 (73.0%)
37	DZIEDZIC Krzysztof	882	RUNNINGPERFORMANCE.PL	M 33-44	37	01:37:21	03:11:02	03:22:18	05:55:50	06:38:29.60	06:39:16.65	+01:50:08 (27.6%)	8:18	7.2 (72.0%)
38	KULA Robert	609		M 33-44	38	01:41:14	03:13:47	03:23:52	05:55:42	06:40:15.15	06:40:35.35	+01:51:27 (27.8%)	8:20	7.2 (72.0%)
39	LIBERDA Sebastian	828		M 33-44	39	01:39:05	03:13:37	03:22:13	05:51:41	06:40:51.30	06:41:05.60	+01:51:57 (27.9%)	8:21	7.2 (72.0%)
40	ZADĘCKI Piotr	762		M 33-44	40	01:34:31	03:05:54	03:18:18	05:54:51	06:41:46.35	06:41:52.95	+01:52:45 (28.1%)	8:22	7.2 (72.0%)

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						12km	25km	26km	41km	48km	48km			
41	PUCHAŁKA Waldemar	864	ULTRABESKIDSPORT	M 33-44	41	01:39:39	03:14:08	03:27:05	06:03:26	06:48:57.80	06:49:31.60	+02:00:23 (29.4%)	8:31	7 (70.0%)
42	ANTOLAK Maciej	549	NOWY TARG RUNNERS/NOWOTARSKI KLUB KOLARSKI	M 33-44	42	01:46:43	03:22:58	03:34:34	06:08:40	06:49:40.30	06:49:58.10	+02:00:50 (29.5%)	8:32	7 (70.0%)
43	DUDEK Łukasz	858		M 33-44	43	01:36:32	03:11:31	03:26:40	06:04:04	06:50:15.20	06:50:23.70	+02:01:15 (29.5%)	8:32	7 (70.0%)
44	ROGALA Krystian	595	MTS HAMER	M 33-44	44	01:42:49	03:22:04	03:32:59	06:08:43	06:54:53.40	06:55:05.35	+02:05:57 (30.3%)	8:38	6.9 (69.0%)
45	SAMBORSKI Rafał	576	CONSONANCE TEAM	M 33-44	45	01:42:17	03:21:51	03:35:34	06:11:02	06:57:10.60	06:57:39.20	+02:08:31 (30.8%)	8:41	6.9 (69.0%)
46	DYREK Adam	799		M 33-44	46	01:50:31	03:28:17	03:40:31	06:09:08	06:58:26.05	06:58:52.85	+02:09:45 (31.0%)	8:43	6.9 (69.0%)
47	PIWOŃSKI Adam	767		M 33-44	47	01:42:53	03:25:48	03:35:09	06:14:39	06:59:13.80	07:00:10.95	+02:11:03 (31.2%)	8:44	6.9 (69.0%)
48	CYTRYŃSKI Mariusz	478		M 33-44	48	01:41:26	03:23:35	03:38:12	06:13:40	06:59:25.05	07:00:28.70	+02:11:20 (31.2%)	8:44	6.9 (69.0%)
49	BEREZOWSKI Oskar	909	NAPIERAJ.PL	M 33-44	49	01:44:22	03:25:36	03:41:25	06:19:12	07:01:39.45	07:01:59.00	+02:12:51 (31.5%)	8:47	6.8 (68.0%)
50	BAJOR Michał	603		M 33-44	50	01:44:02	03:21:04	03:32:23	06:11:41	07:03:26.10	07:04:21.55	+02:15:13 (31.9%)	8:49	6.8 (68.0%)
51	MAJEWSKI Artur	479		M 33-44	51	01:44:57	03:23:52	03:37:09		07:05:12.40	07:06:14.25	+02:17:06 (32.2%)	8:51	6.8 (68.0%)
52	KARCZ Grzegorz	475	BĘDUSKA BRYGADA BIEGOWA, MYSZKOW BIEGA	M 33-44	52	01:48:25	03:29:05	03:40:51	06:18:41	07:05:31.70	07:06:17.75	+02:17:09 (32.2%)	8:51	6.8 (68.0%)
53	RUSZCZEWSKI Andrzej	424	VEGE RUNNERS	M 33-44	53	01:44:13	03:25:10	03:37:12	06:22:27	07:08:07.65	07:09:09.10	+02:20:01 (32.6%)	8:55	6.7 (67.0%)
54	SALIŃSKI Bartosz	878	WKURW_TEAM	M 33-44	54	01:45:11	03:31:46	03:43:49	06:26:00	07:14:37.60	07:15:13.15	+02:26:05 (33.6%)	9:03	6.6 (66.0%)
55	SOFUŁ Tomasz	812		M 33-44	55	01:40:52	03:18:39	03:37:35	06:33:06	07:15:00.00	07:15:57.70	+02:26:49 (33.7%)	9:03	6.6 (66.0%)
56	FERDEK Sebastian	866	JURA-TEAM	M 33-44	56	01:46:48	03:28:31	03:38:31	06:26:09	07:15:37.45	07:16:32.45	+02:27:24 (33.8%)	9:04	6.6 (66.0%)
57	NOWACZYK Marek	883	SŁYNNI KENIJCZYCY	M 33-44	57	01:49:17	03:32:22	03:43:49	06:28:41	07:17:37.85	07:18:09.55	+02:29:01 (34.0%)	9:07	6.6 (66.0%)
58	DENISIUK Radek	680		M 33-44	58	01:43:47	03:26:48	03:43:00	06:25:40	07:18:23.70	07:18:47.80	+02:29:39 (34.1%)	9:07	6.6 (66.0%)
59	ROGOZIK Szymon	736	JURA TEAM	M 33-44	59	01:45:27	03:29:25	03:42:47	06:33:46	07:18:35.35	07:19:23.85	+02:30:16 (34.2%)	9:08	6.6 (66.0%)
60	SADOWSKI Mariusz	818		M 33-44	60	01:53:02	03:37:46	03:56:27	06:34:07	07:19:21.65	07:20:22.70	+02:31:14 (34.3%)	9:09	6.6 (66.0%)
61	LADRA Ryszard	677		M 33-44	61	01:54:21	03:31:55	03:47:35	06:31:51	07:19:59.15	07:20:44.40	+02:31:36 (34.4%)	9:09	6.5 (65.0%)
62	PASEK Mirosław	746	I-SPORT	M 33-44	62	01:37:01	03:13:52	03:26:57	06:25:24	07:20:16.10	07:20:49.90	+02:31:42 (34.4%)	9:10	6.5 (65.0%)
63	CETNAR Grzegorz	826	HURAGAN LIGOTA	M 33-44	63	01:51:17	03:31:39	03:54:17	06:50:40	07:22:53.35	07:23:29.40	+02:34:21 (34.8%)	9:13	6.5 (65.0%)
64	KARKUT Michał	416	FUN&RUN	M 33-44	64	01:50:43	03:32:33	03:47:06	06:36:04	07:23:45.90	07:24:15.80	+02:35:07 (34.9%)	9:14	6.5 (65.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Luban	Prz_Knur	Rozwidenie	Gorc	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						12km	25km	26km	41km	48km	48km			
65	GRABARZ Michał	451	O CO BIEGA	M 33-44	65	01:50:06	03:35:37	03:47:39	06:33:53	07:23:44.85	07:24:18.55	+02:35:10 (34.9%)	9:14	6.5 (65.0%)
66	ZAJĄC Krystian	721		M 33-44	66	01:38:30	03:16:17	03:30:38	06:34:39	07:24:21.35	07:24:38.10	+02:35:30 (35.0%)	9:15	6.5 (65.0%)
67	MACIAK Rafał	729		M 33-44	67	01:43:42	03:29:12	03:44:38	06:34:24	07:25:04.55	07:25:54.25	+02:36:46 (35.2%)	9:16	6.5 (65.0%)
68	WAROWNY Piotr	537	BIEGUSIEM.PL	M 33-44	68	01:50:02	03:37:35	03:51:20	06:34:52	07:26:01.80	07:26:09.60	+02:37:01 (35.2%)	9:17	6.5 (65.0%)
69	FURMAN Paweł	453	HURAGAN LIGOTA	M 33-44	69	01:47:49	03:31:39	03:51:49	06:40:27	07:25:54.30	07:26:29.55	+02:37:21 (35.2%)	9:17	6.5 (65.0%)
70	KOCIK Maciej	759		M 33-44	70	01:42:06	03:19:28	03:35:19	06:33:53	07:28:38.80	07:29:06.85	+02:39:59 (35.6%)	9:20	6.4 (64.0%)
71	MAKOWSKI Tomasz	596	DREAM RUN	M 33-44	71	01:56:58	03:44:09	03:59:13	06:43:51	07:30:20.65	07:30:58.65	+02:41:50 (35.9%)	9:22	6.4 (64.0%)
72	LOSIK Eryk	887	TUESDAY TRAILS	M 33-44	72	01:39:31	03:26:02	03:35:37	06:34:40	07:32:05.80	07:32:11.25	+02:43:03 (36.1%)	9:25	6.4 (64.0%)
73	BŁACHNO Marcin	872		M 33-44	73	01:48:14	03:36:22	03:59:00	06:46:06	07:31:46.30	07:32:15.50	+02:43:07 (36.1%)	9:24	6.4 (64.0%)
74	LESIAK Filip	844	SKAWINA BIEGA	M 33-44	74	01:55:08	03:34:09	03:49:16	06:39:12	07:31:33.30	07:32:25.60	+02:43:17 (36.1%)	9:24	6.4 (64.0%)
75	LUKACS Kristian	524		M 33-44	75	01:48:30	03:40:13	03:53:10	06:41:27	07:33:04.30	07:33:14.95	+02:44:07 (36.2%)	9:26	6.4 (64.0%)
76	WALCZAK Jan	449		M 33-44	76	01:45:55	03:31:27	03:47:32	06:46:14	07:34:23.10	07:34:58.85	+02:45:51 (36.5%)	9:27	6.3 (63.0%)
77	FYDA Piotr	502		M 33-44	77	01:50:14	03:35:48	03:48:48	06:40:50	07:36:06.90	07:36:36.45	+02:47:28 (36.7%)	9:30	6.3 (63.0%)
78	WAROWNY Dawid	512		M 33-44	78	01:58:42	03:41:35	03:55:20	06:43:29	07:35:51.60	07:36:48.20	+02:47:40 (36.7%)	9:29	6.3 (63.0%)
79	KORBA Michał	860		M 33-44	79	01:55:51	03:45:26	03:56:40	06:46:07	07:36:45.40	07:37:31.05	+02:48:23 (36.8%)	9:30	6.3 (63.0%)
80	WRÓBLEWSKI Tomasz	620	POLKRYŚ TEAM	M 33-44	80	01:48:13	03:36:10	03:50:09	06:46:55	07:38:44.40	07:39:18.60	+02:50:10 (37.1%)	9:33	6.3 (63.0%)
81	KWIATKOWSKI Jakub	601	ITMBW KRAKÓW	M 33-44	81	01:48:04	03:40:00	03:56:19	06:53:10	07:39:10.85	07:39:41.30	+02:50:33 (37.1%)	9:33	6.3 (63.0%)
82	DRANICKI Łukasz	667	ASBOXTEAM / PUSZCZALSCY	M 33-44	82	01:49:59	03:36:54	03:57:06	06:54:43	07:40:20.60	07:40:36.85	+02:51:29 (37.2%)	9:35	6.3 (63.0%)
83	CHMARA Rafał	530	AMBAR	M 33-44	83	01:51:32	03:36:41	03:57:18	06:56:34	07:40:21.05	07:40:37.15	+02:51:29 (37.2%)	9:35	6.3 (63.0%)
84	PAWŁOWSKI Radek	696	MURCKI TEAM	M 33-44	84	01:41:16	03:28:47	03:52:35	06:52:16	07:41:45.25	07:41:53.15	+02:52:45 (37.4%)	9:37	6.2 (62.0%)
85	NEPELSKI Krzysztof	830		M 33-44	85	01:51:13	03:40:55	03:58:36	06:57:04	07:42:07.50	07:42:24.20	+02:53:16 (37.5%)	9:37	6.2 (62.0%)
86	STĘPIEŃ Robert	508		M 33-44	86	01:52:06	03:38:27	03:59:07	06:50:35	07:42:14.60	07:43:08.15	+02:54:00 (37.6%)	9:37	6.2 (62.0%)
87	WOLNY Maciej	466	HURAGAN LIGOTA	M 33-44	87	01:47:51	03:37:13	03:51:41	06:40:15	07:43:40.20	07:44:20.15	+02:55:12 (37.7%)	9:39	6.2 (62.0%)
88	JODŁOWSKI Dominik	460		M 33-44	88	01:50:35	03:36:44	03:50:03	06:51:59	07:46:04.45	07:46:19.10	+02:57:11 (38.0%)	9:42	6.2 (62.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Luban	Prz_Knur	Rozwidlenie	Gorc	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						12km	25km	26km	41km	48km	48km			
89	GOLIASZ Paweł	574	BIEGAM I JUŻ	M 33-44	89	01:57:01	03:48:33		06:58:33	07:46:01.05	07:46:39.90	+02:57:32 (38.0%)	9:42	6,2 (60.0%)
90	CETLIN Maciej	497		M 33-44	90	01:57:06	03:49:09		06:58:37	07:46:02.50	07:46:40.00	+02:57:32 (38.0%)	9:42	6,2 (60.0%)
91	SUCHOWIAN Maciej	476	TOWARZYSTWO GIMNASTYCZNE SOKÓŁ ZAKOPANE	M 33-44	91	01:51:45	03:40:53	03:58:11	06:56:22	07:47:13.15	07:47:20.65	+02:58:12 (38.1%)	9:44	6.2 (62.0%)
92	SZLOSER Piotr	456		M 33-44	92	01:47:54	03:31:10	03:44:51	06:44:42	07:49:01.55	07:49:53.20	+03:00:45 (38.5%)	9:46	6.1 (61.0%)
93	SZKUTA Jarosław	429	100% WITAMINY C	M 33-44	93	01:54:46	03:45:39	04:05:54	06:58:40	07:49:11.85	07:50:10.15	+03:01:02 (38.5%)	9:46	6,1 (60.0%)
94	WIŚNIEWSKI Bartłomiej	856		M 33-44	94	01:54:16	03:46:02	04:10:18	06:57:40	07:52:04.00	07:52:25.60	+03:03:17 (38.8%)	9:50	6,1 (60.0%)
95	LEWCZUK Norbert	616	BIEGACZE POMAGACZE	M 33-44	95	01:50:24	03:37:47	03:54:46	07:00:22	07:56:35.00	07:57:05.45	+03:07:57 (39.4%)	9:55	6 (60.0%)
96	MASZARO Robert	763		M 33-44	96	01:49:46	03:37:21	03:56:30	06:56:09	07:57:02.75	07:57:13.75	+03:08:05 (39.4%)	9:56	6 (60.0%)
97	LITWINEK Marek	629	WKURW_TEAM / WW TEAM	M 33-44	97	01:47:44	03:38:51	03:57:36	07:04:53	07:56:52.70	07:57:23.90	+03:08:16 (39.4%)	9:56	6 (60.0%)
98	PIOTROWICZ Sławomir	571	DEAF	M 33-44	98	01:57:07	03:54:12	04:07:31	07:12:35	07:56:52.10	07:57:36.00	+03:08:28 (39.5%)	9:56	6 (60.0%)
99	SZEGDA Łukasz	557	GARDONIE 279	M 33-44	99	01:51:21	03:42:01	04:03:42	07:04:52	07:57:35.15	07:58:14.85	+03:09:07 (39.5%)	9:56	6 (60.0%)
100	MUCHA Krystian	443	GARDONIE 279	M 33-44	100	01:51:24	03:42:08	04:03:46	07:04:57	07:57:40.00	07:58:18.50	+03:09:10 (39.6%)	9:57	6 (60.0%)
101	ANDRZEJEWSKI Tomasz	673		M 33-44	101	01:54:53	03:50:09	04:07:37	07:12:28	07:59:52.80	08:00:34.05	+03:11:26 (39.8%)	9:59	6 (60.0%)
102	KUCZKOWSKI Krzysztof	716	TRAILING LAB	M 33-44	102	01:54:39	03:45:58	04:05:36	07:11:36	08:03:15.90	08:03:34.50	+03:14:26 (40.2%)	10:04	6 (60.0%)
103	TARKOWSKI Mariusz	804		M 33-44	103		03:37:42	04:00:06	07:08:50	08:03:51.60	08:04:14.85	+03:15:07 (40.3%)	10:04	6 (60.0%)
104	ŁOBODZIŃSKI Marcin	430		M 33-44	104	01:54:51	03:48:00	04:06:31	07:11:07	08:03:34.20	08:04:31.05	+03:15:23 (40.3%)	10:04	6 (60.0%)
105	PIĄTEK Rafał	435	BEFIT24REAM	M 33-44	105	01:49:37	03:47:20	04:06:50	07:16:50	08:03:55.80	08:04:44.00	+03:15:36 (40.4%)	10:04	6 (60.0%)
106	LUC Adam	496	BIEGUSIEM.PL	M 33-44	106	01:54:13	03:51:22	04:19:22	07:11:53	08:07:59.25	08:08:03.40	+03:18:55 (40.8%)	10:09	5,9 (50.0%)
107	BARAŃSKI Przemysław	444	RAJD NIETOPERZA	M 33-44	107	01:44:05	03:42:01	04:05:59	07:15:23	08:09:51.80	08:10:49.55	+03:21:41 (41.1%)	10:12	5,9 (50.0%)
108	JURKOWSKI Rafał	792		M 33-44	108	01:46:41	03:43:29	04:04:08	07:06:43	08:12:15.85	08:12:15.85	+03:23:08 (41.3%)	10:15	5,9 (50.0%)
109	SENDEROWSKI Jakub	787	FC REKIN + PEDAŁKA	M 33-44	109		03:57:43	04:22:19	07:16:41	08:12:49.05	08:13:34.20	+03:24:26 (41.4%)	10:16	5,8 (50.0%)
110	DOMAGAŁA Mariusz	567		M 33-44	110	01:51:05	03:39:44	04:01:12	07:15:11	08:15:00.50	08:15:53.40	+03:26:45 (41.7%)	10:18	5,8 (50.0%)
111	ZIETEK Sebastian	765		M 33-44	111	01:59:50	03:57:00	04:19:12	07:24:14	08:16:37.30	08:17:01.75	+03:27:53 (41.8%)	10:20	5,8 (50.0%)
112	CZAPIEWSKI Maciej	607		M 33-44	112	01:55:16	03:51:21	04:21:30	07:26:11	08:17:18.05	08:17:38.70	+03:28:30 (41.9%)	10:21	5,8 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Luban 12km	Prz_Knur 25km	Rozwidlenie 26km	Gorc 41km	Czas netto 48km	Czas brutto 48km	Różn	Tempo min/km	Tempo km/h
113	DANEK Tomasz	661		M 33-44	113	01:57:56	03:53:30	04:06:17	07:18:19	08:18:46.15	08:19:34.25	+03:30:26 (42.1%)	10:23	5,8 (50.0%)
114	KAIM Mariusz	753	ZAKRZOWIEC TEAM CHALLENGE	M 33-44	114	01:43:23	03:35:28	03:58:09	07:12:54	08:20:22.70	08:20:27.15	+03:31:19 (42.2%)	10:25	5,8 (50.0%)
115	KAWIORSKI Bartosz	727		M 33-44	115	02:03:13	04:00:27	04:19:49	07:26:33	08:19:30.25	08:20:30.20	+03:31:22 (42.2%)	10:24	5,8 (50.0%)
116	MALEŃSKI Andrzej	880		M 33-44	116	01:45:31	03:40:30	04:05:32	07:20:46	08:20:57.95	08:21:07.30	+03:31:59 (42.3%)	10:26	5,7 (50.0%)
117	FOREMSKI Dawid	468		M 33-44	117	02:01:40	03:59:58	04:14:38	07:21:58	08:21:41.10	08:22:29.80	+03:33:21 (42.5%)	10:27	5,7 (50.0%)
118	KUBAN Sebastian	855		M 33-44	118	01:55:20	03:53:54	04:10:21	07:20:29	08:22:13.55	08:22:34.90	+03:33:27 (42.5%)	10:27	5,7 (50.0%)
119	ERENBERG Rafał	554	FUDU&CO. SPORT TEAM	M 33-44	119	01:54:20	04:00:54	04:22:46	07:28:12	08:25:07.40	08:25:17.95	+03:36:10 (42.8%)	10:31	5,7 (50.0%)
120	ĆMIELIŃSKI Tomasz	724	BIEGACZE UROZMAICONE	M 33-44	120	01:59:43	03:59:05	04:10:14	07:20:53	08:24:25.70	08:25:25.65	+03:36:17 (42.8%)	10:30	5,7 (50.0%)
121	SEREMET Piotr	892		M 33-44	121	01:58:57	03:56:01	04:12:08	07:31:14	08:26:50.00	08:27:41.65	+03:38:33 (43.1%)	10:33	5,7 (50.0%)
122	CHRONOWSKI Marek	589	WARIAT Z GRYBOWA	M 33-44	122	01:52:35	03:45:45	03:59:43	07:14:32	08:28:28.75	08:29:06.25	+03:39:58 (43.2%)	10:35	5,7 (50.0%)
123	BOROWSKI Robert	795	TOMASZÓW	M 33-44	123	01:54:14	03:51:15	04:05:42	07:17:57	08:29:44.10	08:29:51.50	+03:40:43 (43.3%)	10:37	5,7 (50.0%)
124	SZCZYGIELSKI Tomek	627	BIEGUSIEM.PL	M 33-44	124	01:54:06	03:51:53	04:19:12	07:32:01	08:29:51.95	08:29:59.05	+03:40:51 (43.3%)	10:37	5,6 (50.0%)
125	WOJCIECHOWSKI Krzysztof	703	TRENINGBIEGACZA.PL	M 33-44	125	01:50:44	03:48:52	04:12:38	07:27:48	08:29:40.00	08:30:21.05	+03:41:13 (43.3%)	10:37	5,7 (50.0%)
126	MIKA Grzegorz	498	PKO BANK POLSKI	M 33-44	126	01:55:21	04:10:56	04:31:56	07:41:43	08:29:48.50	08:30:47.45	+03:41:39 (43.4%)	10:37	5,6 (50.0%)
127	ZIOMEK Jarosław	731	EKIPA Z TARNOWA	M 33-44	127	01:58:15	03:54:02	04:12:09	07:43:09	08:31:35.35	08:32:22.70	+03:43:14 (43.6%)	10:39	5,6 (50.0%)
128	POCIEGIEL Michał	824	SKAWINA BIEGA	M 33-44	128	01:57:45	03:59:24	04:17:54	07:34:09	08:33:06.50	08:33:58.20	+03:44:50 (43.7%)	10:41	5,6 (50.0%)
129	STYŁA Sebastian	782		M 33-44	129	01:57:01	03:54:21	04:11:20	07:33:05	08:35:31.35	08:36:02.00	+03:46:54 (44.0%)	10:44	5,6 (50.0%)
130	LELONTKO Marcin	536	#CISNIJWIEPRZA	M 33-44	130	01:53:57	03:46:26	04:02:06	07:30:39	08:36:20.70	08:37:27.95	+03:48:20 (44.1%)	10:45	5,6 (50.0%)
131	JANASZ Rafał	541	WYJAZDOWI BIEGACZE	M 33-44	131	01:58:55	03:57:03	04:17:31	07:39:28	08:37:25.30	08:38:22.65	+03:49:14 (44.2%)	10:46	5,6 (50.0%)
132	SOKULSKI Marcin	446	KASZANKI	M 33-44	132	02:00:20	03:55:33	04:16:06	07:36:13	08:37:33.00	08:38:41.15	+03:49:33 (44.3%)	10:46	5,6 (50.0%)
133	OKRÓJ Dawid	570		M 33-44	133	02:06:46	03:59:20	04:11:31	07:43:37	08:38:07.05	08:38:49.75	+03:49:41 (44.3%)	10:47	5,6 (50.0%)
134	GRZESIK Michał	445		M 33-44	134	02:00:07	03:59:01	04:17:51	07:37:20	08:38:49.45	08:39:34.40	+03:50:26 (44.4%)	10:48	5,6 (50.0%)
135	SŁOWIK Łukasz	653	ZAJEZDNIA AUTOBUSOWA WOLA DUCHACKA	M 33-44	135	01:56:58	03:52:12	04:13:20	07:34:17	08:38:45.30	08:39:36.00	+03:50:28 (44.4%)	10:48	5,6 (50.0%)
136	MAMICA Andrzej	411		M 33-44	136	02:01:28	04:05:12	04:21:42	07:36:33	08:41:04.90	08:41:17.30	+03:52:09 (44.5%)	10:51	5,5 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Luban 12km	Prz_Knur 25km	Rozwidenie 26km	Gorc 41km	Czas netto 48km	Czas brutto 48km	Różn	Tempo min/km	Tempo km/h
137	KOTOWICZ Marcin	712	4RUN TEAM PIŁA	M 33-44	137	02:12:58	04:14:54		07:43:11	08:44:36.20	08:45:28.35	+03:56:20 (45.0%)	10:55	5,5 (50.0%)
138	KIDA Andrzej	470		M 33-44	138	02:02:40	04:06:34	04:21:20	07:43:36	08:51:18.70	08:51:42.25	+04:02:34 (45.6%)	11:04	5,4 (50.0%)
139	ZWAAN Johan	868	UNO MAS!	M 33-44	139	02:05:14	04:06:06	04:26:03	07:54:04	08:51:57.25	08:52:50.65	+04:03:42 (45.7%)	11:04	5,4 (50.0%)
140	PUZA Adam	738		M 33-44	140	01:57:02	04:05:09	04:32:04	07:52:09	08:56:01.25	08:56:23.45	+04:07:15 (46.1%)	11:10	5,4 (50.0%)
141	MATUSZEWSKI Arkadiusz	838		M 33-44	141	02:12:37	04:15:49	04:32:02	07:56:30	08:57:06.05	08:57:42.95	+04:08:35 (46.2%)	11:11	5,4 (50.0%)
142	OCHREMIAK Jędrzej	687	MOKOBIEGACZE	M 33-44	142	01:55:30	04:02:02	04:30:11	07:56:39	09:02:21.85	09:03:05.30	+04:13:57 (46.8%)	11:17	5,3 (50.0%)
143	KARDAS Piotr	641	O CO BIEGA/TEAMELWART	M 33-44	143	02:03:29	04:17:00	04:31:26	08:03:39	09:19:24.90	09:19:58.80	+04:30:50 (48.4%)	11:39	5,1 (50.0%)
144	SETA Michał	637	PADŁ NA RYJ TEAM	M 33-44	144	02:11:40	04:17:55	04:31:54	08:10:33	09:22:01.90	09:22:44.30	+04:33:36 (48.6%)	11:42	5,1 (50.0%)
145	PACHOLSKI Marcin	663	KREJZI TIM BŁONIE	M 33-44	145	02:00:08	04:00:05	04:21:51	08:08:44	09:23:11.85	09:23:37.00	+04:34:29 (48.7%)	11:44	5,1 (50.0%)
146	WOLSKI Kamil	418	RACE FIGTER GOSIR DĘBE WIELKIE	M 33-44	146	02:11:43	04:20:29	04:36:11	08:19:34	09:26:37.30	09:27:42.00	+04:38:34 (49.1%)	11:48	5,1 (50.0%)
147	SMORAĞIEWICZ Marcin	405		M 33-44	147	02:13:56	04:29:14	04:45:16	08:21:17	09:31:38.95	09:32:15.55	+04:43:07 (49.5%)	11:54	5 (50.0%)
148	CHORBIŃSKI Krystian	789		M 33-44	148	02:03:49	04:12:10	04:32:28	08:16:28	09:31:51.90	09:32:25.10	+04:43:17 (49.5%)	11:54	5 (50.0%)
149	CIEBIEŃ Krzysztof	898		M 33-44	149	02:01:50	04:24:45	04:40:58	08:19:24	09:33:09.70	09:33:22.75	+04:44:14 (49.6%)	11:56	5 (50.0%)
150	SOKOŁOWSKI Artur	788	TEAM ZABIEGANEDNI	M 33-44	150	02:19:02	04:40:47	04:55:30	08:31:09	09:39:29.10	09:40:04.95	+04:50:57 (50.2%)	12:04	5 (50.0%)
151	KOZIARSKI Maciek	459	HURAGAN LIGOTA	M 33-44	151	02:08:38	04:17:25	04:35:06	08:25:41	09:45:44.95	09:46:22.00	+04:57:14 (50.7%)	12:12	4.9 (49.0%)
Przekroczony limit czasu: 10:00:00														
152	GRUDZIŃSKI Przemysław	728		M 33-44	152	02:21:03	04:44:59	05:09:58	08:59:30	10:05:42.25	10:06:37.80	+05:17:29 (52.3%)	12:37	4.8 (48.0%)
153	POPŁAWSKI Piotr	622	PGB SPORTOWA PACZKA	M 33-44	153	02:20:21	04:54:38	05:11:11	09:12:20	10:16:21.95	10:17:28.40	+05:28:20 (53.2%)	12:50	4.7 (47.0%)
154	SZYMURA Andrzej	807		M 33-44	154	02:13:16	04:40:07	04:55:48	08:56:03	10:24:28.75	10:24:54.50	+05:35:46 (53.7%)	13:00	4.6 (46.0%)
155	BUBICZ Krzysztof	427	WKURW_TEAM	M 33-44	155	02:32:05	04:57:11	05:20:32	09:20:07	10:50:44.55	10:51:45.90	+06:02:38 (55.6%)	13:33	4.4 (44.0%)
156	RYMON-LIPIŃSKI Robert	471	LUBIĘ CHRUSCIKI	M 33-44	156	02:33:57	04:56:02	05:14:13	09:19:23	10:56:15.15	10:57:18.05	+06:08:10 (56.0%)	13:40	4.4 (44.0%)
157	WÓJTOWICZ Paweł	630	LUBLIN BIEGA	M 33-44	157	02:27:08	05:04:08	05:19:02	09:28:44	11:13:42.50	11:14:20.00	+06:25:12 (57.1%)	14:02	4.3 (43.0%)
158	TRACZYK Paweł	719	TUPTUŚ OTWOCK	M 33-44	158	02:27:59	04:56:35	05:20:52	10:02:20	11:25:46.65	11:26:40.50	+06:37:32 (57.9%)	14:17	4.2 (42.0%)
	WARSKI Patryk	854		M 33-44		01:38:19 DNF	03:06:37 DNF	03:19:10 DNF	DNF	DNF	DNF		-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Luban 12km	Prz_Knur 25km	Rozwidlenie 26km	Gorc 41km	Czas netto 48km	Czas brutto 48km	Różn	Tempo min/km	Tempo km/h
	BIELAWSKI Paweł	769	EKIPA Z TARNOWA	M 33-44		02:03:55 DNF	04:16:06 DNF	04:44:07 DNF	DNF	DNF	DNF		-	- (0.0%)
	SAINTEMARIE Arnaud	412		M 33-44		01:44:28 DNF	03:40:38 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	PŁATEK Paweł	643	PGB SPORTOWA PACZKA	M 33-44		02:12:53 DNF	03:59:37 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 162 wynik(ów)