



HAJNÓWKA - FINAŁ PUCHARU POLSKI NORDIC WALKING - 10KM

B4SPORT

Wydarzenie: FINAŁ PUCHARU POLSKI NORDIC WALKING
Organizator: Polska Federacja Nordic Walking
Data: 2018-09-08
Miejsce: Hajnówka
Dystans: 10 km



Klasyfikacja: K40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start_Hall 5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	MIELECKA Agnieszka	570	KS IDMAR RACING TEAM	K40-49	1			00:32:00	01:04:31.51		6:27	9.3 (100%)
2	WOLNIEWICZ Katarzyna	622	UNIA MIAST	K40-49	2			00:35:14	01:11:30.93	+00:06:59 (9.8%)	7:09	8.4 (90.3%)
3	KUBISZYN Wiesława	562		K40-49	3			00:36:11	01:12:11.60	+00:07:40 (10.6%)	7:13	8.3 (89.2%)
4	SZESZKO Jolanta	606		K40-49	4			00:37:35	01:15:56.45	+00:11:24 (15.0%)	7:35	7.9 (84.9%)
5	KORDOWSKA Bogusława	550		K40-49	5			00:37:16	01:15:58.42	+00:11:26 (15.1%)	7:35	7.9 (84.9%)
6	GWAREK Anita	534	PASJA NORDIC WALKING	K40-49	6			00:37:39	01:16:44.39	+00:12:12 (15.9%)	7:40	7.8 (83.9%)
7	CONTUCCI Ewa	517	VIKING NORDIC TEAM CZĘSTOCHOWA	K40-49	7			00:38:41	01:17:38.77	+00:13:07 (16.9%)	7:45	7.7 (82.8%)
8	PINIS Agnieszka	582	VIKING NORDIC TEAM CZĘSTOCHOWA	K40-49	8			00:38:19	01:17:43.64	+00:13:12 (17.0%)	7:46	7.7 (82.8%)
9	AGARWAL Ritu	501		K40-49	9			00:39:08	01:18:41.98	+00:14:10 (18.0%)	7:52	7.6 (81.7%)
10	GRYC Halina	533		K40-49	10			00:40:39	01:22:29.50	+00:17:57 (21.8%)	8:14	7.3 (78.5%)
11	KOZŁOWSKA Katarzyna	554		K40-49	11			00:40:43	01:22:31.10	+00:17:59 (21.8%)	8:15	7.3 (78.5%)
12	DMITRUK Agnieszka	523		K40-49	12			00:42:46	01:25:35.91	+00:21:04 (24.6%)	8:33	7 (75.3%)
13	BURA Renata	509		K40-49	13			00:43:33	01:26:15.43	+00:21:43 (25.2%)	8:37	7 (75.3%)
14	KRZYŚCIN Mirosława	558	SANTANDER CONSUMER BANK	K40-49	14			00:42:47	01:27:50.89	+00:23:19 (26.5%)	8:47	6.8 (73.1%)
15	KONOPACKA Marta	549	BIĄŁOSTOCKA SEKTA BIEGACZY	K40-49	15			00:43:29	01:27:57.45	+00:23:25 (26.6%)	8:47	6.8 (73.1%)
16	BAGIŃSKA Joanna	503		K40-49	16			00:46:03	01:31:31.31	+00:26:59 (29.5%)	9:09	6.6 (71.0%)
17	PERKOWSKA Beata	580		K40-49	17			00:47:21	01:31:58.84	+00:27:27 (29.8%)	9:11	6.5 (69.9%)
18	CIEŚLIK Ewa	516	POWIAT HAJNOWSKI	K40-49	18			00:45:13	01:32:28.31	+00:27:56 (30.2%)	9:14	6.5 (69.9%)
19	FRAŃCZEK Luiza	529		K40-49	19			00:46:40	01:36:20.03	+00:31:48 (33.0%)	9:38	6.2 (66.7%)
20	STEFANEK Teresa	209	SANTANDER CONSUMER BANK	K40-49	20			00:50:41	01:44:55.60	+00:40:24 (38.5%)	10:29	5.7 (61.3%)

Znaleziono 20 wynik(ów)