



HAJNÓWKA - FINAŁ PUCHARU POLSKI NORDIC WALKING - 10KM

B4SPORT

Wydarzenie: FINAŁ PUCHARU POLSKI NORDIC WALKING
Organizator: Polska Federacja Nordic Walking
Data: 2018-09-08
Miejsce: Hajnówka
Dystans: 10 km



Klasyfikacja: Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start_Hall 5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	MIELECKA Agnieszka	570	KS IDMAR RACING TEAM	K40-49	1			00:32:00	01:04:31.51		6:27	9.3 (100%)
2	KUBISZYN Małgorzata	560		K30-39	1			00:32:44	01:05:48.90	+00:01:17 (2.0%)	6:34	9.1 (97.8%)
3	JĘDRASIAK Renata	543	KS METRACO POLKOWICE	K50-59	1			00:33:38	01:08:08.20	+00:03:36 (5.3%)	6:48	8.8 (94.6%)
4	PASIKOWSKA Mariola	579	VIKING NORDIC TEAM CZĘSTOCHOWA	K30-39	2			00:33:48	01:08:46.54	+00:04:15 (6.2%)	6:52	8.7 (93.5%)
5	TUMASJEW Albina	626	РАДОСТЬ ДВИЖЕНИЯ СЕВЕРСТАЛЬ СОВЕТ ВЕТЕРАНОВ	K50-59	2			00:33:58	01:09:41.92	+00:05:10 (7.4%)	6:58	8.6 (92.5%)
6	SZARSZUNOWICZ Anna	605	KS METRACO POLKOWICE	K30-39	3			00:34:23	01:09:58.26	+00:05:26 (7.8%)	6:59	8.6 (92.5%)
7	WOLNIEWICZ Katarzyna	622	UNIA MIAST	K40-49	2			00:35:14	01:11:30.93	+00:06:59 (9.8%)	7:09	8.4 (90.3%)
8	STYŚ Elżbieta	601		K50-59	3			00:35:08	01:11:35.84	+00:07:04 (9.9%)	7:09	8.4 (90.3%)
9	WÓJCIK Barbara	623		K50-59	4			00:35:36	01:11:40.21	+00:07:08 (10.0%)	7:10	8.4 (90.3%)
10	KUBISZYN Wiesława	562		K40-49	3			00:36:11	01:12:11.60	+00:07:40 (10.6%)	7:13	8.3 (89.2%)
11	RYKAŁA Irena	589		K30-39	4			00:35:30	01:12:16.00	+00:07:44 (10.7%)	7:13	8.3 (89.2%)
12	DOBROWOLSKA Anna	524		K50-59	5			00:35:57	01:12:38.83	+00:08:07 (11.2%)	7:15	8.3 (89.2%)
13	KURZAWSKA Jolanta	563	KS METRACO POLKOWICE	K60-69	1			00:36:23	01:13:11.41	+00:08:39 (11.8%)	7:19	8.2 (88.2%)
14	CZAJKA Urszula	518	FACE NORDIC WALKING TEAM	K60-69	2			00:36:22	01:13:11.47	+00:08:39 (11.8%)	7:19	8.2 (88.2%)

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15	MALINOWSKA Katarzyna	568	LECZYMY DURŚ	K30-39	5			00:36:49	01:14:01.83	+00:09:30 (12.8%)	7:24	8.1 (87.1%)
16	SŁOWIŃSKA Alicja	593	NOWI SIEDLCE/NW WSCHÓD	K50-59	6			00:35:26	01:14:44.55	+00:10:13 (13.7%)	7:28	8 (86.0%)
17	NIETRZEBKA Aleksandra	574	MIĘDZYBORÓW	K18-29	1			00:36:29	01:15:11.08	+00:10:39 (14.2%)	7:31	8 (86.0%)
18	ZACHARCZUK Zofia	624	NOWI SIEDLCE/NW WSCHÓD	K60-69	3			00:37:19	01:15:35.14	+00:11:03 (14.6%)	7:33	7.9 (84.9%)
19	WIERZBA Lilla	620	PASJA NORDIC WALKING	K50-59	7			00:36:58	01:15:36.68	+00:11:05 (14.7%)	7:33	7.9 (84.9%)
20	DOBROWOLSKA-ŚWIĄTEK Elżbieta	525		K50-59	8			00:37:37	01:15:48.81	+00:11:17 (14.9%)	7:34	7.9 (84.9%)
21	SZESZKO Jolanta	606		K40-49	4			00:37:35	01:15:56.45	+00:11:24 (15.0%)	7:35	7.9 (84.9%)
22	KORDOWSKA Bogusława	550		K40-49	5			00:37:16	01:15:58.42	+00:11:26 (15.1%)	7:35	7.9 (84.9%)
23	GWAREK Anita	534	PASJA NORDIC WALKING	K40-49	6			00:37:39	01:16:44.39	+00:12:12 (15.9%)	7:40	7.8 (83.9%)
24	MLEJNEK-DYLEWSKA Teresa	571		K30-39	6			00:39:09	01:17:12.99	+00:12:41 (16.4%)	7:43	7.8 (83.9%)
25	CONTUCCI Ewa	517	VIKING NORDIC TEAM CZĘSTOCHOWA	K40-49	7			00:38:41	01:17:38.77	+00:13:07 (16.9%)	7:45	7.7 (82.8%)
26	PINIS Agnieszka	582	VIKING NORDIC TEAM CZĘSTOCHOWA	K40-49	8			00:38:19	01:17:43.64	+00:13:12 (17.0%)	7:46	7.7 (82.8%)
27	DĄBROWSKA Agnieszka	521		K30-39	7			00:39:09	01:17:44.89	+00:13:13 (17.0%)	7:46	7.7 (82.8%)
28	PRZYBYLSKA Maria	585		K60-69	4			00:39:08	01:18:36.57	+00:14:05 (17.9%)	7:51	7.6 (81.7%)
29	AGARWAL Ritu	501		K40-49	9			00:39:08	01:18:41.98	+00:14:10 (18.0%)	7:52	7.6 (81.7%)
30	TOMASZEWSKA Mariola	614	FACE NORDIC WALKING TEAM	K50-59	9			00:39:21	01:18:43.76	+00:14:12 (18.0%)	7:52	7.6 (81.7%)
31	SZOT Magdalena	607		K18-29	2			00:38:49	01:19:00.40	+00:14:28 (18.3%)	7:54	7.6 (81.7%)
32	CHOLEWKA Jolanta	512	MARSZ PO ZDROWIE	K60-69	5			00:39:36	01:19:37.45	+00:15:05 (19.0%)	7:57	7.5 (80.6%)
33	OMARSKA Grażyna	576	PASJA NORDIC WALKING	K60-69	6			00:39:35	01:19:38.56	+00:15:07 (19.0%)	7:57	7.5 (80.6%)
34	KOŚCIUCZUK Agnieszka	552		K30-39	8			00:39:57	01:21:13.15	+00:16:41 (20.6%)	8:07	7.4 (79.6%)
35	GRYC Halina	533		K40-49	10			00:40:39	01:22:29.50	+00:17:57 (21.8%)	8:14	7.3 (78.5%)
36	KOZŁOWSKA Katarzyna	554		K40-49	11			00:40:43	01:22:31.10	+00:17:59 (21.8%)	8:15	7.3 (78.5%)
37	KASPRZYK Elżbieta	546	VIKING NORDIC TEAM CZĘSTOCHOWA	K50-59	10			00:40:26	01:22:35.26	+00:18:03 (21.9%)	8:15	7.3 (78.5%)

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38	OWCZAREK Magdalena	577	MIĘDZYBORÓW	K50-59	11			00:40:34	01:22:38.37	+00:18:06 (21.9%)	8:15	7.3 (78.5%)
39	BUSZKO Helena	510		K60-69	7			00:41:45	01:25:12.93	+00:20:41 (24.3%)	8:31	7 (75.3%)
40	RACŁAWSKA Joanna	586	AMATORKA	K50-59	12			00:42:19	01:25:30.13	+00:20:58 (24.5%)	8:33	7 (75.3%)
41	LIGĘZA Elżbieta	567		K50-59	13			00:42:52	01:25:31.17	+00:20:59 (24.5%)	8:33	7 (75.3%)
42	WALESIUK Elżbieta	618	POWIAT HAJNOWSKI	K30-39	9			00:42:40	01:25:34.66	+00:21:03 (24.6%)	8:33	7 (75.3%)
43	HAJDUK Katarzyna	535	HAJDUKI	K30-39	10			00:42:43	01:25:34.90	+00:21:03 (24.6%)	8:33	7 (75.3%)
44	DMITRUK Agnieszka	523		K40-49	12			00:42:46	01:25:35.91	+00:21:04 (24.6%)	8:33	7 (75.3%)
45	BURA Renata	509		K40-49	13			00:43:33	01:26:15.43	+00:21:43 (25.2%)	8:37	7 (75.3%)
46	SYNAK Joanna	603		K18-29	3			00:43:17	01:26:20.08	+00:21:48 (25.3%)	8:38	6.9 (74.2%)
47	STEFANIAK Bożena	600		K50-59	14			00:43:16	01:27:29.16	+00:22:57 (26.2%)	8:44	6.9 (74.2%)
48	KRZYŚCIN Mirosława	558	SANTANDER CONSUMER BANK	K40-49	14			00:42:47	01:27:50.89	+00:23:19 (26.5%)	8:47	6.8 (73.1%)
49	KONOPACKA Marta	549	BIĄŁOSTOCKA SEKTA BIEGACZY	K40-49	15			00:43:29	01:27:57.45	+00:23:25 (26.6%)	8:47	6.8 (73.1%)
50	STASIEWICZ-DAKAŁO Anna	598		K60-69	8	1		00:43:48	01:28:07.51	+00:23:35 (26.8%)	8:48	6.8 (73.1%)
51	KORYGA Jowita	551		K30-39	11			00:46:02	01:28:53.68	+00:24:22 (27.4%)	8:53	6.7 (72.0%)
52	BAGIŃSKA Joanna	503		K40-49	16			00:46:03	01:31:31.31	+00:26:59 (29.5%)	9:09	6.6 (71.0%)
53	JAGANOW Joanna	540	POWIAT HAJNOWSKI	K30-39	12			00:46:03	01:31:36.70	+00:27:05 (29.6%)	9:09	6.5 (69.9%)
54	PERKOWSKA Beata	580		K40-49	17			00:47:21	01:31:58.84	+00:27:27 (29.8%)	9:11	6.5 (69.9%)
55	CIEŚLIK Ewa	516	POWIAT HAJNOWSKI	K40-49	18			00:45:13	01:32:28.31	+00:27:56 (30.2%)	9:14	6.5 (69.9%)
56	ARTEMIUK Eugenia	502		K50-59	15			00:45:53	01:35:33.52	+00:31:02 (32.5%)	9:33	6.3 (67.7%)
57	BORTNICZUK Barbara	507		K30-39	13			00:47:38	01:35:46.17	+00:31:14 (32.6%)	9:34	6.3 (67.7%)
58	FRAĆCZEK Luiza	529		K40-49	19			00:46:40	01:36:20.03	+00:31:48 (33.0%)	9:38	6.2 (66.7%)
59	SAMOJLIK Justyna	591		K30-39	14			00:47:40	01:38:55.46	+00:34:23 (34.8%)	9:53	6.1 (65.6%)
60	SIWCZYK Grażyna	592	LECZYMY DURŚ	K60-69	9			00:51:39	01:39:29.93	+00:34:58 (35.1%)	9:57	6 (64.5%)

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61	STEFANEK Teresa	209	SANTANDER CONSUMER BANK	K40-49	20			00:50:41	01:44:55.60	+00:40:24 (38.5%)	10:29	5.7 (61.3%)
62	SOKOŁOWSKA Jolanta	595		K60-69	10			00:53:53	01:49:59.58	+00:45:28 (41.3%)	11:00	5.5 (59.1%)
63	WAKULUK Anna	617		K60-69	11			00:53:53	01:50:09.06	+00:45:37 (41.4%)	11:00	5.4 (58.1%)
64	CHOMCZYK Irena	514		K60-69	12			00:54:14	01:50:42.71	+00:46:11 (41.7%)	11:04	5.4 (58.1%)

Znaleziono 64 wynik(ów)