



HAJNÓWKA - FINAŁ PUCHARU POLSKI NORDIC WALKING - 21.1KM

B4SPORT
inteligentne podejście do sportu

Wydarzenie: HAJNÓWKA - FINAŁ PUCHARU POLSKI NORDIC WALKING
Organizator: PFNW
Data: 2017-09-09
Miejsce: Hajnówka
Dystans: 21.1 km



Klasyfikacja: Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start_All 1.1km	Start_All 6.1km	Start_All 11.1km	Start_All 16.1km	Czas netto 21.1km	Różn	Tempo min/km	Tempo km/h
1	PASIKOWSKA Mariola	930	VIKING NORDIC TEAM CZĘSTOCHOWA	K30-39	1			00:06:40	00:41:07	01:16:35	01:52:23	02:29:03.45		7:03	8.5 (100%)
2	NIEDZWIECKA Katarzyna	962	FACE NORDIC WALKING TEAM / UKS SIEDLESZCZANY NORDIC WALKING	K40-49	1			00:07:25	00:43:58	01:19:38	01:54:57	02:30:37.85	+00:01:34 (1.0%)	7:08	8.4 (98.8%)
3	PUHTIY Evgenia	935	NWSOLONGA	K30-39	2			00:06:56	00:42:23	01:18:17	01:54:21	02:30:50.50	+00:01:47 (1.2%)	7:08	8.4 (98.8%)
4	SZULC Alicja	947	NW WERWA MŁAWA	K40-49	2			00:07:18	00:42:43	01:18:59	01:55:57	02:34:27.30	+00:05:23 (3.5%)	7:19	8.2 (96.5%)
5	KOŁODZIEJ Joanna	924	FABRIKANORDIKA	K40-49	3			00:07:17	00:43:44	01:20:38	01:58:16	02:36:16.85	+00:07:13 (4.6%)	7:24	8.1 (95.3%)
6	STĘPIEŃ Lucyna	942	KS METRACO POLKOWICE	K60+	1			00:07:31	00:44:10	01:21:36	01:59:38	02:37:36.75	+00:08:33 (5.4%)	7:28	8 (94.1%)
7	SKRYCKA Katarzyna	782	KS METRACO POLKOWICE	K30-39	3			00:07:35	00:44:09	01:21:36	01:59:32	02:37:42.85	+00:08:39 (5.5%)	7:28	8 (94.1%)
8	BANASZKIEWICZ Kasia	903	PILSCY MIŁOŚNICY NW	K40-49	4			00:07:19	00:43:47	01:21:05	01:59:20	02:39:13.05	+00:10:09 (6.4%)	7:32	8 (94.1%)
9	BOCZAR Beata	906	GREEN TEAM ZIELONA GÓRA	K50-59	1			00:07:32	00:44:16	01:21:48	01:59:48	02:39:13.40	+00:10:09 (6.4%)	7:32	8 (94.1%)
10	JANOSZKA Irena	971	CIDRY LOTAJĄ	K50-59	2			00:07:31	00:44:31	01:22:40	02:01:12	02:40:02.95	+00:10:59 (6.9%)	7:35	7.9 (92.9%)
11	KARASIEWICZ Irena	922	FACE NORDIC WALKING TEAM	K50-59	3			00:07:37	00:44:33	01:23:02	02:02:06	02:42:02.20	+00:12:58 (8.0%)	7:40	7.8 (91.8%)
12	REJ Anna	936		K30-39	4			00:07:36	00:45:07	01:23:29	02:02:38	02:42:34.15	+00:13:30 (8.3%)	7:42	7.8 (91.8%)
13	STEPCZYŃSKA Angelika	941	GOSIR OSIELSKO	K30-39	5			00:07:50	00:45:49	01:24:15	02:03:23	02:43:42.05	+00:14:38 (8.9%)	7:45	7.7 (90.6%)
14	KOBIELA Daria	923	BŁĘKITNI NW DZIEMIANY	K18-29	1			00:07:51	00:46:24	01:24:49	02:04:08	02:44:36.95	+00:15:33 (9.5%)	7:48	7.7 (90.6%)
15	ROSOŁEK Elżbieta	937	GREEN TEAM ZIELONA GÓRA	K50-59	4			00:07:52	00:47:09	01:25:57	02:05:05	02:44:49.75	+00:15:46 (9.6%)	7:48	7.7 (90.6%)
16	WOLNIEWICZ Katarzyna	953	FABRIKANORDIKA	K40-49	5			00:07:32	00:45:00	01:23:36	02:03:37	02:45:01.50	+00:15:58 (9.7%)	7:49	7.7 (90.6%)
17	CZYCZ Emilia	910	GREEN TEAM ZIELONA GÓRA	K60+	2			00:07:42	00:45:44	01:24:45	02:05:15	02:46:20.30	+00:17:16 (10.4%)	7:52	7.6 (89.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start_All 1.1km	Start_All 6.1km	Start_All 11.1km	Start_All 16.1km	Czas netto 21.1km	Różn	Tempo min/km	Tempo km/h
18	DOMARADZKA Agnieszka	913	GREEN TEAM ZIELONA GÓRA	K40-49	6			00:07:55	00:47:16	01:26:52	02:06:53	02:46:33.10	+00:17:29 (10.5%)	7:53	7.6 (89.4%)
19	BUCZKOWSKA Wiesława	908	PENDOLINO	K60+	3			00:07:35	00:44:32	01:23:43	02:04:31	02:47:06.25	+00:18:02 (10.8%)	7:55	7.6 (89.4%)
20	POGORZELSKA Wiesława	933	WESOŁY BORSUK TEAM	K30-39	6			00:07:12	00:44:55	01:24:43	02:05:17	02:47:41.00	+00:18:37 (11.1%)	7:56	7.5 (88.2%)
21	TYLUTKI Agnieszka	967	FACE NORDIC WALKING TEAM / UKS SIEDLESZCZANY NORDIC WALKING	K40-49	7			00:07:50	00:46:21	01:25:34	02:06:48	02:49:02.90	+00:19:59 (11.8%)	8:00	7.5 (88.2%)
22	NIKITIUK Anna	963		K30-39	7			00:07:37	00:46:21	01:27:19	02:10:32	02:53:14.90	+00:24:11 (14.0%)	8:12	7.3 (85.9%)
23	SURIAK Ewelina	943	VIKING NORDIC TEAM CZĘSTOCHOWA	K18-29	2			00:07:53	00:47:23	01:28:44	02:11:21	02:55:49.90	+00:26:46 (15.2%)	8:19	7.2 (84.7%)
24	ŻUCHOWICZ Elżbieta	959	DĄBROWA NORDIC TEAM	K50-59	5			00:07:55	00:47:08	01:29:14	02:13:04	02:56:25.40	+00:27:21 (15.5%)	8:21	7.2 (84.7%)
25	POSTEK Danuta	934	MARSZ PO ZDROWIE POZNAŃ	K50-59	6			00:08:14	00:49:54	01:31:34	02:14:21	02:57:14.35	+00:28:10 (15.9%)	8:24	7.1 (83.5%)
26	GERLE-KOTULA Anna	916	UNIA MIAST	K30-39	8			00:08:09	00:50:39	01:33:14	02:15:09	02:57:38.75	+00:28:35 (16.1%)	8:25	7.1 (83.5%)
27	ZAWADZKA Maria	957	KS METRACO POLKOWICE	K60+	4			00:08:40	00:51:35	01:33:58	02:16:01	02:57:53.65	+00:28:50 (16.2%)	8:25	7.1 (83.5%)
28	ROZMUS Jolanta	938	FACE NORDIC WALKING TEAM	K60+	5			00:08:35	00:50:26	01:32:53	02:15:47	02:58:50.45	+00:29:47 (16.7%)	8:28	7.1 (83.5%)
29	PIOTROWSKA Krystyna	932	RYBNICKI KLUB NORDIC WALKING	K60+	6			00:08:46	00:51:08	01:34:06	02:17:36	03:02:07.20	+00:33:03 (18.2%)	8:37	7 (82.4%)
30	MALINOWSKA Katarzyna	970	LECZYMY DURŚ	K30-39	9			00:07:38	00:46:11	01:26:10	02:09:06	03:02:12.80	+00:33:09 (18.2%)	8:38	6.9 (81.2%)
31	JÓŻWIK Katarzyna	921		K40-49	8			00:09:01	00:53:22	01:37:52	02:23:21	03:08:00.75	+00:38:57 (20.7%)	8:54	6.7 (78.8%)
32	SZEWCZYK Agnieszka	946	FACE NORDIC WALKING TEAM	K40-49	9			00:08:46	00:52:04	01:36:39	02:22:33	03:09:52.75	+00:40:49 (21.5%)	8:59	6.7 (78.8%)
33	BERSZTOLC Agnieszka	964		K50-59	7			00:08:27	00:49:58	01:33:29	02:21:25	03:10:59.75	+00:41:56 (22.0%)	9:03	6.6 (77.6%)

Znaleziono 33 wynik(ów)