



HAJNÓWKA - FINAŁ PUCHARU POLSKI NORDIC WALKING - 5KM

B4SPORT

Wydarzenie: HAJNÓWKA - FINAŁ PUCHARU POLSKI NORDIC WALKING
Organizator: PFNW
Data: 2017-09-09
Miejsce: Hajnówka
Dystans: 5 km



Klasyfikacja: K18-29

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czer. kartki	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	RAKUĆ Angelika	445	RUCH PO ZDROWIE WŁOCŁAWEK	K18-29	1		00:36:19.90		7:16	8.3 (100%)
2	GAŁAŚ Joanna	122	PASJA NORDIC WALKING	K18-29	2		00:36:58.95	+00:00:39 (1.8%)	7:23	8.1 (97.6%)
3	MANDZIUK Anna	329	TKKF KRZNA BIAŁA PODLASKA	K18-29	3		00:37:28.00	+00:01:08 (3.0%)	7:29	8 (96.4%)
4	FIGURSKA Dominika	114	FACE NORDIC WALKING TEAM	K18-29	4		00:37:35.95	+00:01:16 (3.4%)	7:31	8 (96.4%)
5	ONISZCZUK Iwona	1159		K18-29	5		00:38:02.45	+00:01:42 (4.5%)	7:36	7.9 (95.2%)
6	TARASIUK Joanna	1158		K18-29	6		00:38:40.80	+00:02:20 (6.1%)	7:44	7.8 (94.0%)
7	NAZARUK Anna	371		K18-29	7		00:38:51.65	+00:02:31 (6.5%)	7:46	7.7 (92.8%)
8	KARPIUK Julita	661		K18-29	8		00:38:52.80	+00:02:32 (6.6%)	7:46	7.7 (92.8%)
9	HISZPAŃSKA Katarzyna	165	VIKING NORDIC TEAM CZĘSTOCHOWA	K18-29	9		00:39:06.40	+00:02:46 (7.1%)	7:49	7.7 (92.8%)
10	KSIĄŻEK Dominika	280	FUNDACJA 'W TE PĘDY'	K18-29	10		00:40:53.80	+00:04:33 (11.2%)	8:10	7.3 (88.0%)
11	ROMANIUK Regina	1157		K18-29	11		00:41:09.10	+00:04:49 (11.7%)	8:14	7.3 (88.0%)
12	ZAKRZEWSKA Martyna	1156		K18-29	12		00:41:39.10	+00:05:19 (12.8%)	8:19	7.2 (86.7%)
13	CHARKIEWICZ Urszula	659		K18-29	13		00:42:01.35	+00:05:41 (13.5%)	8:24	7.1 (85.5%)
14	KUZICH Volha	286	NORDIC BREST	K18-29	14		00:42:03.45	+00:05:43 (13.6%)	8:24	7.1 (85.5%)
15	BARDON Monika	1045		K18-29	15		00:42:08.70	+00:05:48 (13.8%)	8:25	7.1 (85.5%)
16	BRZĄKAŁA Natalia	58	Z KIJKAMI NAM PO DRODZE	K18-29	16		00:42:16.75	+00:05:56 (14.1%)	8:27	7.1 (85.5%)
17	TOCZYŃSKA Natalia	550	CHODZĘ Z SERCEM	K18-29	17		00:43:39.50	+00:07:19 (16.8%)	8:44	6.9 (83.1%)
18	BIEDRYCKA Patrycja	1025		K18-29	18		00:44:02.70	+00:07:42 (17.5%)	8:48	6.8 (81.9%)
19	TRESZCZOTKA Wioletta	552		K18-29	19		00:44:25.35	+00:08:05 (18.2%)	8:53	6.8 (81.9%)
20	ROSZCZENKO Magdalena	450		K18-29	20		00:44:41.85	+00:08:21 (18.7%)	8:56	6.7 (80.7%)
21	KĘDYŚ Magdalena	222		K18-29	21		00:44:44.20	+00:08:24 (18.8%)	8:56	6.7 (80.7%)
22	KOWALSKA Elwira	262		K18-29	22		00:44:50.80	+00:08:30 (19.0%)	8:58	6.7 (80.7%)
23	KUPTTEL Magda	1170		K18-29	23		00:47:50.00	+00:11:30 (24.0%)	9:34	6.3 (75.9%)
24	DUBOW Angelina	648		K18-29	24		00:48:15.70	+00:11:55 (24.7%)	9:39	6.2 (74.7%)
25	AKSIEJUK Paulina	1169		K18-29	25		00:48:42.30	+00:12:22 (25.4%)	9:44	6.2 (74.7%)
26	ABRAMCZUK Paulina	2	HAJNÓWKA	K18-29	26		00:49:50.00	+00:13:30 (27.1%)	9:58	6 (72.3%)
27	KASJANIUK Luiza	1154		K18-29	27		00:50:19.65	+00:13:59 (27.8%)	10:04	6 (72.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czer. kartki	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
28	SAPIESZKO Klaudia	1155		K18-29	28		00:50:20.20	+00:14:00 (27.8%)	10:04	6 (72.3%)
29	OSIPIUK Ewelina	399		K18-29	29		00:51:05.65	+00:14:45 (28.9%)	10:13	5.9 (71.1%)
30	MAKSYMIUK Monika	323		K18-29	30		00:51:06.80	+00:14:46 (28.9%)	10:13	5.9 (71.1%)
31	WIŚNIEWSKA Klaudia	1198		K18-29	31		00:52:00.40	+00:15:40 (30.1%)	10:24	5.8 (69.9%)
32	HUDYKA Ewelina	1166		K18-29	32		00:52:03.85	+00:15:43 (30.2%)	10:24	5.8 (69.9%)
33	OMIELIANIUK Patrycja	1164		K18-29	33		00:52:12.20	+00:15:52 (30.4%)	10:26	5.7 (68.7%)
34	TARARUJ Paulina	1165		K18-29	34		00:52:19.05	+00:15:59 (30.6%)	10:27	5.7 (68.7%)
35	AMILUSIK Magdalena	17		K18-29	35		00:52:28.40	+00:16:08 (30.8%)	10:29	5.7 (68.7%)
36	RYBACZEK Izabela	1162		K18-29	36		00:53:07.70	+00:16:47 (31.6%)	10:37	5.6 (67.5%)
37	KINDZIUK Barbara	1209		K18-29	37		00:53:26.45	+00:17:06 (32.0%)	10:41	5.6 (67.5%)
38	GOLONKO Magda	1160		K18-29	38		00:53:56.25	+00:17:36 (32.6%)	10:47	5.6 (67.5%)
39	NIEWIADOMSKA Natalia	1163		K18-29	39		00:53:56.30	+00:17:36 (32.6%)	10:47	5.6 (67.5%)
40	KUŁOK Karolina	639	SANTANDER CONSUMER BANK	K18-29	40		00:57:35.15	+00:21:15 (36.9%)	11:31	5.2 (62.7%)
41	KINDZIUK Ewelina	233	WARSZTAT TERAPII ZAJĘCIOWEJ POWIAT HAJNOWSKI	K18-29	41		00:57:39.85	+00:21:19 (37.0%)	11:31	5.2 (62.7%)
42	KENDYŚ Justyna	218		K18-29	42		00:58:05.60	+00:21:45 (37.5%)	11:37	5.2 (62.7%)
43	SASIN Monika	638	SANTANDER CONSUMER BANK	K18-29	43		00:59:02.25	+00:22:42 (38.5%)	11:48	5.1 (61.4%)
44	BLICHARZ Gosia	41		K18-29	44		01:01:24.35	+00:25:04 (40.8%)	12:17	4.9 (59.0%)
45	GRYCIUK Karolina	146		K18-29	45		01:01:26.70	+00:25:06 (40.9%)	12:17	4.9 (59.0%)

Znaleziono 45 wynik(ów)