



HAJNÓWKA - FINAŁ PUCHARU POLSKI NORDIC WALKING - 5KM

B4SPORT

Wydarzenie: HAJNÓWKA - FINAŁ PUCHARU POLSKI NORDIC WALKING
Organizator: PFNW
Data: 2017-09-09
Miejsce: Hajnówka
Dystans: 5 km



Klasyfikacja: K40-44

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czer. kartki	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	ZAŃKO Katarzyna	599	KS METRACO POLKOWICE	K40-44	1		00:34:57.90		6:59	8.6 (100%)
2	JÓŹWIAK Marianna	191	WTW WŁOCŁAWEK	K40-44	2		00:35:29.45	+00:00:31 (1.5%)	7:05	8.5 (98.8%)
3	SAKOWSKA Krystyna	466	PASJA NORDIC WALKING	K40-44	3		00:36:09.50	+00:01:11 (3.3%)	7:13	8.3 (96.5%)
4	WAWRZYNIAK Anna	576	FACE NORDIC WALKING TEAM	K40-44	4		00:37:36.60	+00:02:38 (7.0%)	7:31	8 (93.0%)
5	SZYNKIEWICZ Katarzyna	535		K40-44	5		00:37:56.35	+00:02:58 (7.8%)	7:35	7.9 (91.9%)
6	GIERSZEWSKA Magdalena	644	KSK ŻYJ AKTYWNIE	K40-44	6		00:38:25.50	+00:03:27 (9.0%)	7:41	7.8 (90.7%)
7	ZAGALSKA Aldona	665	NOWI SIEDLCE	K40-44	7		00:39:05.65	+00:04:07 (10.6%)	7:49	7.7 (89.5%)
8	MATLEWSKA Aga	340	FACE NORDIC WALKING TEAM	K40-44	8		00:40:02.40	+00:05:04 (12.7%)	8:00	7.5 (87.2%)
9	PIETRUSZKIEWICZ Anna	419		K40-44	9		00:40:12.75	+00:05:14 (13.0%)	8:02	7.5 (87.2%)
10	KUREK Monika	623	SANTANDER CONSUMER BANK	K40-44	10		00:40:34.20	+00:05:36 (13.8%)	8:06	7.4 (86.0%)
11	BURNA Iweta	65	FACE NORDIC WALKING TEAM	K40-44	11		00:41:02.45	+00:06:04 (14.8%)	8:12	7.3 (84.9%)
12	GUL-BOGACZ Jolanta	155	KOLBUSZOWSKI KLUB NORDIC WALKING	K40-44	12		00:41:33.10	+00:06:35 (15.9%)	8:18	7.2 (83.7%)
13	KRIWOPUST Irina	272		K40-44	13		00:41:44.35	+00:06:46 (16.2%)	8:21	7.2 (83.7%)
14	HOMONIEC Ewa	168	SANTANDER CONSUMER BANK	K40-44	14		00:41:45.45	+00:06:47 (16.3%)	8:21	7.2 (83.7%)

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15	GROCHOWSKA-WYRĘBAK Arleta	682		K40-44	15		00:42:06.80	+00:07:08 (17.0%)	8:25	7.1 (82.6%)
16	FRĄCZEK Luiza	118	POWIAT HAJNOWSKI	K40-44	16		00:42:37.25	+00:07:39 (18.0%)	8:31	7 (81.4%)
17	KOZŁOWSKA Elżbieta	265		K40-44	17		00:42:46.20	+00:07:48 (18.2%)	8:33	7 (81.4%)
18	KAŻMIERCZAK Żanetta	215	GOSIR OSIELSKO	K40-44	18		00:43:16.75	+00:08:18 (19.2%)	8:39	6.9 (80.2%)
19	CIEŚLIK-SZKLARSKA Agnieszka	689		K40-44	19		00:43:30.30	+00:08:32 (19.6%)	8:42	6.9 (80.2%)
20	KOPACZ Elżbieta	247	KOLBUSZOWSKI KLUB NORDIC WALKING	K40-44	20		00:43:37.25	+00:08:39 (19.8%)	8:43	6.9 (80.2%)
21	BRONOWICKA Magdalena	624	SANTANDER CONSUMER BANK	K40-44	21		00:43:41.05	+00:08:43 (20.0%)	8:44	6.9 (80.2%)
22	MOCZULSKA Monika	667		K40-44	22		00:43:59.20	+00:09:01 (20.5%)	8:47	6.8 (79.1%)
23	BOROWSKA Agnieszka	50		K40-44	23		00:44:11.10	+00:09:13 (20.9%)	8:50	6.8 (79.1%)
24	WRZOSEK Ewa	594		K40-44	24		00:44:14.80	+00:09:16 (21.0%)	8:51	6.8 (79.1%)
25	KĘDZIERSKA Barbara	224		K40-44	25		00:44:18.15	+00:09:20 (21.1%)	8:51	6.8 (79.1%)
26	MUDER Iwona	368	PUKS JEDYNKA ŁOSICE	K40-44	26		00:44:49.70	+00:09:51 (22.0%)	8:57	6.7 (77.9%)
27	KULA Monika	282	CHODZĘ Z SERCEM	K40-44	27		00:45:20.55	+00:10:22 (22.9%)	9:04	6.6 (76.7%)
28	NIEWIADOMSKA Małgorzata	381		K40-44	28		00:45:57.20	+00:10:59 (23.9%)	9:11	6.5 (75.6%)
29	MĘCZYŃSKA Katarzyna	348	FUNDACJA 'W TE PĘDY'	K40-44	29		00:46:06.90	+00:11:09 (24.2%)	9:13	6.5 (75.6%)
30	GĄSOWSKA Walentyna	130	POWIAT HAJNOWSKI	K40-44	30		00:46:09.05	+00:11:11 (24.2%)	9:13	6.5 (75.6%)
31	ZAWIEJA Alicja	633	SANTANDER CONSUMER BANK	K40-44	31		00:46:27.15	+00:11:29 (24.7%)	9:17	6.5 (75.6%)
32	JAŁOZA Ewa	181		K40-44	32		00:46:57.50	+00:11:59 (25.5%)	9:23	6.4 (74.4%)
33	ANDRIEJUK Agnieszka	651		K40-44	33		00:47:19.70	+00:12:21 (26.1%)	9:28	6.3 (73.3%)
34	SKOWROŃSKA-GIZIEWICZ Edyta	480		K40-44	34		00:47:42.35	+00:12:44 (26.7%)	9:32	6.3 (73.3%)
35	GAWRYLUK Barbara	127		K40-44	35		00:47:59.20	+00:13:01 (27.1%)	9:35	6.3 (73.3%)
36	WECHTA Agnieszka	580	FOTO-STUDIO WECHTA	K40-44	36		00:48:02.65	+00:13:04 (27.2%)	9:36	6.2 (72.1%)
37	PUCHŁOWSKA Iwona	681	SANTANDER CONSUMER BANK	K40-44	37		00:48:21.45	+00:13:23 (27.7%)	9:40	6.2 (72.1%)

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38	AMILUSIK Elżbieta	18		K40-44	38		00:48:22.55	+00:13:24 (27.7%)	9:40	6.2 (72.1%)
39	GINSZT Alina	133		K40-44	39		00:48:24.45	+00:13:26 (27.8%)	9:40	6.2 (72.1%)
40	OPALA Monika	396	GRUDZIĄDZKI KLUB TURYSTYCZNY MIŁOŚNIKÓW NORDIC WALKING PATYCZAKI	K40-44	40		00:48:28.35	+00:13:30 (27.9%)	9:41	6.2 (72.1%)
41	NIECHWIEJCZYK Aleksandra	379	UNIA MIAST	K40-44	41		00:48:48.75	+00:13:50 (28.4%)	9:45	6.1 (70.9%)
42	CIEŚLIK Ewa	74	POWIAT HAJNOWSKI	K40-44	42		00:49:18.70	+00:14:20 (29.1%)	9:51	6.1 (70.9%)
43	MICHAŚ Justyna	625	SANTANDER CONSUMER BANK	K40-44	43		00:49:24.70	+00:14:26 (29.2%)	9:53	6.1 (70.9%)
44	KLIMIUK Edyta	1142		K40-44	44		00:50:37.15	+00:15:39 (30.9%)	10:07	5.9 (68.6%)
45	LESZCZYŃSKA Iwona	304		K40-44	45		00:51:16.10	+00:16:18 (31.8%)	10:15	5.9 (68.6%)
46	CHWICEWSKA-ARENDT Izabela	71		K40-44	46		00:51:17.55	+00:16:19 (31.8%)	10:15	5.8 (67.4%)
47	ARCIUCH Tamara	693	SANTANDER CONSUMER BANK	K40-44	47		00:51:47.75	+00:16:49 (32.5%)	10:21	5.8 (67.4%)
48	DMITRUK Anna	97		K40-44	48		00:54:24.50	+00:19:26 (35.7%)	10:52	5.5 (64.0%)
49	SZPILKO Mirosława	1204		K40-44	49		00:56:17.45	+00:21:19 (37.9%)	11:15	5.3 (61.6%)
50	HORYZA Edyta	641	SANTANDER CONSUMER BANK	K40-44	50		00:56:26.15	+00:21:28 (38.0%)	11:17	5.3 (61.6%)
51	BOGDANOWICZ Iwona	1139		K40-44	51		00:58:54.85	+00:23:56 (40.7%)	11:47	5.1 (59.3%)
52	MICHAŁOWSKA Krystyna	354	POWIAT HAJNOWSKI	K40-44	52		00:59:59.00	+00:25:01 (41.7%)	11:59	5 (58.1%)
53	WASIAK Krystyna	1217		K40-44	53		01:10:30.10	+00:35:32 (50.4%)	14:06	4.3 (50.0%)
54	JAŁOŻA Grażyna	1215		K40-44	54		01:10:47.15	+00:35:49 (50.6%)	14:09	4.2 (48.8%)
DNC	KĘDZIERSKA Edyta	223	PFNW	K40-44			00:39:10.80		-	- (0.0%)

Znaleziono 55 wynik(ów)