



# HAJNÓWKA - FINAŁ PUCHARU POLSKI NORDIC WALKING - 5KM

B4SPORT

**Wydarzenie:** HAJNÓWKA - FINAŁ PUCHARU POLSKI NORDIC WALKING  
**Organizator:** PFNW  
**Data:** 2017-09-09  
**Miejsce:** Hajnówka  
**Dystans:** 5 km



Klasyfikacja: M40-44

| Msc | Zawodnik              | Numer | Klub                                                             | Kategoria | Mkat | Czer. kartki | Czas netto 5km | Różn              | Tempo min/km | Tempo km/h  |
|-----|-----------------------|-------|------------------------------------------------------------------|-----------|------|--------------|----------------|-------------------|--------------|-------------|
| 1   | MACHNIK Janusz        | 319   | CLLEO ZAWIERCIE                                                  | M40-44    | 1    |              | 00:32:45.30    |                   | 6:33         | 9.2 (100%)  |
| 2   | SCHRÖDER Karol        | 470   | SILESIA NORDIC TEAM                                              | M40-44    | 2    |              | 00:33:26.75    | +00:00:41 (2.1%)  | 6:41         | 9 (97.8%)   |
| 3   | GRUSZKA Michał        | 144   | UNIA MIAST                                                       | M40-44    | 3    |              | 00:35:59.70    | +00:03:14 (9.0%)  | 7:12         | 8.3 (90.2%) |
| 4   | KAŻMIERCZAK Sebastian | 216   | GOSIR OSIELSKO                                                   | M40-44    | 4    |              | 00:37:12.95    | +00:04:27 (12.0%) | 7:26         | 8.1 (88.0%) |
| 5   | SZYCKO Radek          | 530   | DWA KIJE SŁUPSK                                                  | M40-44    | 5    |              | 00:37:29.25    | +00:04:43 (12.6%) | 7:29         | 8 (87.0%)   |
| 6   | OPALA Sebastian       | 397   | GRUDZIĄDZKI KLUB TURYSTYCZNY MIŁOŚNIKÓW NORDIC WALKING PATYCZAKI | M40-44    | 6    |              | 00:37:49.45    | +00:05:04 (13.4%) | 7:33         | 7.9 (85.9%) |
| 7   | SZKLARSKI Jarosław    | 688   |                                                                  | M40-44    | 7    |              | 00:38:09.95    | +00:05:24 (14.2%) | 7:38         | 7.9 (85.9%) |
| 8   | CZUBASZEK Wojciech    | 673   | WEDRUJĄCE KIJE                                                   | M40-44    | 8    |              | 00:38:48.30    | +00:06:03 (15.6%) | 7:45         | 7.7 (83.7%) |
| 9   | JURCZUK Mariusz       | 198   |                                                                  | M40-44    | 9    |              | 00:38:51.60    | +00:06:06 (15.7%) | 7:46         | 7.7 (83.7%) |
| 10  | ŚLUSARCZYK Grzegorz   | 543   | WESOŁY BORSUK TEAM                                               | M40-44    | 10   |              | 00:39:06.60    | +00:06:21 (16.2%) | 7:49         | 7.7 (83.7%) |
| 11  | MATLEWSKI Radek       | 341   | FACE NORDIC WALKING TEAM                                         | M40-44    | 11   |              | 00:39:23.00    | +00:06:37 (16.8%) | 7:52         | 7.6 (82.6%) |
| 12  | BAŃKA Andrzej         | 28    | KKNW                                                             | M40-44    | 12   |              | 00:40:45.60    | +00:08:00 (19.6%) | 8:09         | 7.4 (80.4%) |
| 13  | KOZŁOWSKI Wojciech    | 266   |                                                                  | M40-44    | 13   |              | 00:40:54.45    | +00:08:09 (19.9%) | 8:11         | 7.3 (79.3%) |
| 14  | UKLEJEWSKI Przemek    | 564   | GOSIR OSIELSKO                                                   | M40-44    | 14   |              | 00:41:06.30    | +00:08:21 (20.3%) | 8:13         | 7.3 (79.3%) |

| Msc | Zawodnik                    | Numer | Klub                             | Kategoria | Mkat | Czer.<br>kartki | Czas<br>netto<br>5km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|-----------------------------|-------|----------------------------------|-----------|------|-----------------|----------------------|----------------------|-----------------|----------------|
| 15  | KOPACZ Marek                | 248   | KOLBUSZOWSKI KLUB NORDIC WALKING | M40-44    | 15   |                 | 00:42:01.70          | +00:09:16<br>(22.1%) | 8:24            | 7.1<br>(77.2%) |
| 16  | KONSTANCIAK Piotr           | 632   | SANTANDER CONSUMER BANK          | M40-44    | 16   |                 | 00:42:57.05          | +00:10:11<br>(23.7%) | 8:35            | 7<br>(76.1%)   |
| 17  | KASPRZYKOWSKI<br>Bartłomiej | 692   | SANTANDER CONSUMER BANK          | M40-44    | 17   |                 | 00:45:27.05          | +00:12:41<br>(27.9%) | 9:05            | 6.6<br>(71.7%) |
| 18  | GOTOWSKI Rafał              | 725   |                                  | M40-44    | 18   |                 | 00:47:58.45          | +00:15:13<br>(31.7%) | 9:35            | 6.3<br>(68.5%) |
| 19  | ONISZCZUK Piotr             | 1141  |                                  | M40-44    | 19   |                 | 00:51:24.45          | +00:18:39<br>(36.3%) | 10:16           | 5.8<br>(63.0%) |
| 20  | LECHOCIŃSKI Tomasz          | 293   |                                  | M40-44    | 20   |                 | 02:27:17.95          | +01:54:32<br>(77.8%) | 29:27           | 2<br>(21.7%)   |

Znaleziono 20 wynik(ów)