



HAJNÓWKA - PUCHAR POLSKI NORDIC WALKING - 10KM

B4SPORT

Organiser: PFNW
Date: 2015-09-12
Place: Hajnówka
Distance: 10 km



Classification: K 30-39

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	5km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	REJ Anna	690		K 30-39	1			01:34:36	00:34:36	01:10:03	02:44:39		7:00	8.6 (100%)
2	PANCEWICZ - KOSNO Karolina	675	SILESIA NORDIC TEAM	K 30-39	2			01:34:36	00:34:09	01:10:48	02:45:24	+00:00:45 (1.1%)	7:04	8.5 (98.8%)
3	ŚWIĄTEK Joanna	717	MARSZPOZDROWIE	K 30-39	3			01:34:37	00:35:20	01:11:18	02:45:55	+00:01:15 (1.8%)	7:07	8.4 (97.7%)
4	PASIŃSKA - SKOWRON Sylwia	677	SILESIA NORDIC TEAM	K 30-39	4			01:34:37	00:36:08	01:13:22	02:47:59	+00:03:19 (4.5%)	7:20	8.2 (95.3%)
5	KRZESAK-JUREK Ewa	651	KIJEMWLENISTWO	K 30-39	5			01:34:38	00:37:52	01:15:16	02:49:54	+00:05:13 (6.9%)	7:31	8 (93.0%)
6	KNOP Małgorzata	639	GREEN TEAM	K 30-39	6			01:34:36	00:38:17	01:16:46	02:51:22	+00:06:43 (8.7%)	7:40	7.8 (90.7%)
7	KOŚCIUCZUK Agnieszka	644		K 30-39	7			01:34:36	00:38:42	01:18:00	02:52:36	+00:07:57 (10.2%)	7:48	7.7 (89.5%)
8	MAJCHROWSKA Izabela	660	FOREVER YOUNG ŁÓDŹ	K 30-39	8			01:34:36	00:38:44	01:18:21	02:52:57	+00:08:18 (10.6%)	7:50	7.7 (89.5%)
9	GLENCNER Mariola	626		K 30-39	9			01:34:37	00:45:17	01:31:04	03:05:41	+00:21:01 (23.1%)	9:06	6.6 (76.7%)
10	MROCZKOWSKA Emilia	668	STOWARZYSZENIE AIL OMEGA W CZEREMSZY - KIJ- FANKI	K 30-39	10			01:34:40	00:48:45	01:39:38	03:14:18	+00:29:35 (29.7%)	9:57	6 (69.8%)

Total 10 results.