



HAJNÓWKA - PUCHAR POLSKI NORDIC WALKING - 10KM

B4SPORT

Organizator: PFNW
Data: 2015-09-12
Miejsce: Hajnówka
Dystans: 10 km



Klasyfikacja: K 50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	JĘDRASIAK Renata	745	KGHM METRACO POLKOWICE	K 50-59	1			01:36:43	00:34:33	01:09:04	02:45:47		6:54	8.7 (100%)
2	BOCZAR Beata	609	GREEN TEAM	K 50-59	2			01:36:43	00:35:15	01:11:20	02:48:03	+00:02:16 (3.2%)	7:08	8.4 (96.6%)
3	JARZYŃSKA Małgorzata	630		K 50-59	3			01:36:43	00:37:49	01:16:48	02:53:31	+00:07:44 (10.1%)	7:40	7.8 (89.7%)
4	TRUCHAN-BAJER Bożena	721		K 50-59	4			01:36:44	00:38:05	01:18:00	02:54:44	+00:08:56 (11.5%)	7:48	7.7 (88.5%)
5	PRZYBYLSKA Maria	683		K 50-59	5			01:36:47	00:40:56	01:21:25	02:58:12	+00:12:21 (15.2%)	8:08	7.4 (85.1%)
6	PLEWA Halina	680	HAJNÓWKA BIEGA	K 50-59	6			01:36:44	00:42:32	01:24:42	03:01:26	+00:15:38 (18.5%)	8:28	7.1 (81.6%)
7	JEZIERSKA Danuta	632		K 50-59	7			01:36:44	00:42:04	01:25:19	03:02:03	+00:16:15 (19.0%)	8:31	7 (80.5%)
8	STEFANIAK Bożena	703		K 50-59	8			01:36:47	00:42:22	01:26:58	03:03:45	+00:17:54 (20.6%)	8:41	6.9 (79.3%)
9	KŁOPOCIŃSKA Małgorzata	638		K 50-59	9			01:36:45	00:44:19	01:28:20	03:05:05	+00:19:16 (21.8%)	8:50	6.8 (78.2%)
10	KOSSOWSKA Anna	642		K 50-59	10			01:36:46	00:44:21	01:28:25	03:05:11	+00:19:21 (21.9%)	8:50	6.8 (78.2%)
11	JEREMICZ-LOPATA Małgorzata	631	KIM	K 50-59	11			01:36:44	00:43:30	01:28:37	03:05:21	+00:19:33 (22.1%)	8:51	6.8 (78.2%)
12	SYNAK Mirosława	706		K 50-59	12			01:36:45	00:43:27	01:30:52	03:07:37	+00:21:48 (24.0%)	9:05	6.6 (75.9%)
13	SZWARCBERG Graciela	744		K 50-59	13			01:36:47	00:46:08	01:32:31	03:09:18	+00:23:27 (25.3%)	9:15	6.5 (74.7%)
14	KOŁTUNIAK Urszula	747		K 50-59	14			01:36:46	00:46:25	01:34:35	03:11:21	+00:25:31 (27.0%)	9:27	6.3 (72.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
15	PETRUK Marzanna	678		K 50-59	15			01:36:49	00:47:17	01:35:50	03:12:39	+00:26:46 (27.9%)	9:35	6.3 (72.4%)
16	WAKULUK Anna	724		K 50-59	16			01:36:47	00:54:56	01:55:37	03:32:24	+00:46:33 (40.3%)	11:33	5.2 (59.8%)
17	SOKOŁOWSKA Jolanta	698		K 50-59	17			01:36:46	00:55:03	01:55:39	03:32:25	+00:46:35 (40.3%)	11:33	5.2 (59.8%)

Znaleziono 17 wynik(ów)