



HAJNÓWKA - PUCHAR POLSKI NORDIC WALKING - 10KM

B4SPORT

Organizator: PFNW
Data: 2015-09-12
Miejsce: Hajnówka
Dystans: 10 km



Klasyfikacja: K 60-69

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	KURZAWSKA Jolanta	655	KGHM METRACO POLKOWICE	K 60-69	1			01:36:50	00:35:10	01:11:27	02:48:17		7:08	8.4 (100%)
2	WARCHALSKA Teresa	727	STADION ŚLĄSKI	K 60-69	2			01:36:51	00:36:10	01:13:08	02:49:59	+00:01:41 (2.3%)	7:18	8.2 (97.6%)
3	RUSZKOWSKA Bożena	692	K.S.ELBLĄSKIE WŁÓCZY-KIJE	K 60-69	3			01:36:50	00:37:39	01:15:44	02:52:34	+00:04:17 (5.7%)	7:34	7.9 (94.0%)
4	WAŁECKA Krystyna	726		K 60-69	4			01:36:49	00:38:55	01:19:51	02:56:40	+00:08:24 (10.5%)	7:59	7.5 (89.3%)
5	WORONKO - ZACZYŃSKA Janina	733	KGHM METRACO POLKOWICE	K 60-69	5			01:36:49	00:40:40	01:22:30	02:59:19	+00:11:03 (13.4%)	8:15	7.3 (86.9%)
6	WYŁUPSKA Krystyna	735	PATYCZAKI	K 60-69	6			01:36:49	00:41:31	01:23:06	02:59:55	+00:11:39 (14.0%)	8:18	7.2 (85.7%)
7	SZPALERSKA Mirosława	711	LKS ZANTYR	K 60-69	7			01:36:48	00:41:38	01:23:52	03:00:40	+00:12:25 (14.8%)	8:23	7.2 (85.7%)
8	WACH Elżbieta	722	DĄBROWA NORDIC TEAM	K 60-69	8			01:36:50	00:41:45	01:24:06	03:00:56	+00:12:39 (15.0%)	8:24	7.1 (84.5%)
9	SMARUJ - SADOWSKA Janina	696		K 60-69	9			01:36:51	00:41:50	01:24:57	03:01:48	+00:13:30 (15.9%)	8:29	7.1 (84.5%)
10	BAKUN Zenaida	602	UTW HAJNÓWKA	K 60-69	10			01:36:48	00:42:58	01:28:06	03:04:54	+00:16:39 (18.9%)	8:48	6.8 (81.0%)
11	DYLEWSKA Barbara	622	DĄBROWA NORDIC TEAM	K 60-69	11			01:36:50	00:44:22	01:28:47	03:05:37	+00:17:20 (19.5%)	8:52	6.8 (81.0%)
12	SOBKOWSKA Teresa	697		K 60-69	12			01:36:51	00:47:17	01:35:48	03:12:39	+00:24:21 (25.4%)	9:34	6.3 (75.0%)
13	CHOMCZYK Irena	612		K 60-69	13			01:36:48	00:55:02	01:55:39	03:32:27	+00:44:12 (38.2%)	11:33	5.2 (61.9%)

Znaleziono 13 wynik(ów)