



# HAJNÓWKA - PUCHAR POLSKI NORDIC WALKING - 10KM

B4SPORT

**Organizator:** PFNW  
**Data:** 2015-09-12  
**Miejsce:** Hajnówka  
**Dystans:** 10 km



Klasyfikacja: M 50-59

| Msc | Zawodnik             | Numer | Klub                      | Kategoria | Mkat | Żół.<br>kartki | Czer.<br>kartki | Czas<br>startu | 5km            | Czas<br>netto<br>10km | Czas<br>brutto<br>10km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|----------------------|-------|---------------------------|-----------|------|----------------|-----------------|----------------|----------------|-----------------------|------------------------|----------------------|-----------------|----------------|
| 1   | SIWAK Piotr          | 694   | KGHM METRACO POLKOWICE    | M 50-59   | 1    |                |                 | 01:32:09       | 00:31:05       | 01:02:58              | 02:35:07               |                      | 6:17            | 9.5<br>(100%)  |
| 2   | WOROCH Roman         | 732   | KGHM METRACO POLKOWICE    | M 50-59   | 2    |                |                 | 01:32:09       | 00:31:09       | 01:03:26              | 02:35:35               | +00:00:28<br>(0.7%)  | 6:20            | 9.5<br>(100%)  |
| 3   | CIEŚLAK Roman        | 615   | FOREVER YOUNG ŁÓDŹ        | M 50-59   | 3    |                |                 | 01:32:09       | 00:31:44       | 01:04:48              | 02:36:57               | +00:01:50<br>(2.8%)  | 6:28            | 9.3<br>(97.9%) |
| 4   | PUSZKIEL Leszek      | 687   | GREEN TEAM                | M 50-59   | 4    |                |                 | 01:32:08       | 00:32:06       | 01:05:24              | 02:37:32               | +00:02:26<br>(3.7%)  | 6:32            | 9.2<br>(96.8%) |
| 5   | JEZERSKI Jan         | 633   | TRUCHT TARCHOMI TEAM      | M 50-59   | 5    |                |                 | 01:32:10       | 00:33:38       | 01:07:59              | 02:40:09               | +00:05:01<br>(7.4%)  | 6:47            | 8.8<br>(92.6%) |
| 6   | BREWKA Joachim       | 610   | NW LUBLINIEC              | M 50-59   | 6    |                |                 | 01:32:08       | 00:33:31       | 01:08:11              | 02:40:19               | +00:05:13<br>(7.7%)  | 6:49            | 8.8<br>(92.6%) |
| 7   | KOLENKIEWICZ Dariusz | 640   | K.S.ELBLĄSKIE WŁÓCZY-KIJE | M 50-59   | 7    |                |                 | 01:32:10       | 00:34:10       | 01:09:31              | 02:41:41               | +00:06:33<br>(9.4%)  | 6:57            | 8.6<br>(90.5%) |
| 8   | POZNAŃSKI Wiesław    | 682   | AMATOR                    | M 50-59   | 8    |                |                 | 01:32:08       | 00:38:58       | 01:17:49              | 02:49:57               | +00:14:51<br>(19.1%) | 7:46            | 7.7<br>(81.1%) |
| 9   | KULIK Sławomir       | 653   |                           | M 50-59   | 9    |                |                 | 01:32:11       | 00:37:13       | 01:18:15              | 02:50:26               | +00:15:17<br>(19.5%) | 7:49            | 7.7<br>(81.1%) |
| 10  | POCH Hector          | 743   |                           | M 50-59   | 10   |                |                 | 01:32:18       | 00:39:59       | 01:22:57              | 02:55:15               | +00:19:59<br>(24.1%) | 8:17            | 7.2<br>(75.8%) |
| 11  | SYNAK Leszek         | 705   |                           | M 50-59   | 11   |                |                 | 01:32:10       | 00:41:38       | 01:24:42              | 02:56:52               | +00:21:44<br>(25.7%) | 8:28            | 7.1<br>(74.7%) |
| 12  | KOSSOWSKI Marian     | 643   |                           | M 50-59   | 12   |                |                 | 01:32:11       | 00:42:11       | 01:25:07              | 02:57:18               | +00:22:09<br>(26.0%) | 8:30            | 7<br>(73.7%)   |
| 13  | CZERKA Ryszard       | 750   |                           | M 50-59   | 13   |                |                 | 01:32:11       | 00:41:11       | 01:25:35              | 02:57:46               | +00:22:37<br>(26.4%) | 8:33            | 7<br>(73.7%)   |
| DQ  | DOMINSKI Jacek       | 620   | CHOSZCZÓWKA               | M 50-59   |      |                | 1               | DQ             | 00:34:17<br>DQ | 2015-09-12<br>DQ      | DQ                     |                      | -               | - (0.0%)       |

Znaleziono 14 wynik(ów)