



HAJNÓWKA - PUCHAR POLSKI NORDIC WALKING - 10KM

B4SPORT

Organiser: PFNW
Date: 2015-09-12
Place: Hajnówka
Distance: 10 km



Classification: M 60-69

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	5km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	KULIG Henryk	652	K.S.ELBLĄSKIE WŁÓCZY-KIJE	M 60-69	1			01:32:12	00:34:26	01:09:12	02:41:24		6:55	8.7 (100%)
2	KOŁPAK Jan	641	LKS ZANTYR	M 60-69	2			01:32:12	00:34:30	01:10:38	02:42:50	+00:01:26 (2.0%)	7:03	8.5 (97.7%)
3	WALORYSZAK Andrzej	725	ORTOPEDIA OTWOCK XIV	M 60-69	3			01:32:13	00:35:33	01:11:06	02:43:19	+00:01:54 (2.7%)	7:06	8.4 (96.6%)
4	ŚLUSARCZYK Andrzej	715	WESOŁY BORSUK TEAM	M 60-69	4			01:32:12	00:35:37	01:11:29	02:43:41	+00:02:17 (3.2%)	7:08	8.4 (96.6%)
5	ADAMUS Marian	742	SILESIA NORDIC TEAM	M 60-69	5			01:32:12	00:35:04	01:11:45	02:43:57	+00:02:33 (3.6%)	7:10	8.4 (96.6%)
6	MOTOCZYŃSKI Krzysztof	667	GOSIR OSIELSKO	M 60-69	6			01:32:13	00:35:56	01:14:02	02:46:15	+00:04:50 (6.5%)	7:24	8.1 (93.1%)
7	SZNAJDER Zenon	710		M 60-69	7			01:32:13	00:37:41	01:15:29	02:47:42	+00:06:17 (8.3%)	7:32	7.9 (90.8%)
8	CZYCZ Kazimierz	617	GREEN TEAM	M 60-69	8			01:32:17	00:44:50	01:25:41	02:57:58	+00:16:29 (19.2%)	8:34	7 (80.5%)
9	WACH Jacek	723	DĄBROWA NORDIC TEAM	M 60-69	9			01:32:14	00:43:09	01:27:12	02:59:26	+00:18:00 (20.6%)	8:43	6.9 (79.3%)
10	SOKOŁOWSKI Janusz	699		M 60-69	10			01:32:15	00:52:45	01:43:31	03:15:46	+00:34:19 (33.2%)	10:21	5.8 (66.7%)
11	CHOMCZYK Zbigniew	613		M 60-69	11			01:32:15	00:53:03	01:46:29	03:18:44	+00:37:17 (35.0%)	10:38	5.6 (64.4%)
DQ	KALISZ Krzysztof	636	KGHM METRACO POLKOWICE	M 60-69			1	DQ	00:36:44 DQ	2015-09-12 DQ	DQ		-	- (0.0%)

Total 12 results.