

Klasyfikacja: M-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	RAKOCZY Marcin	59	ITEN - THE HOME OF CHAMPIONS	M18-29	1	00:17:54.95		3:35	16.7 (100%)
2	ILNICKI Darek	30	OCRTRAINING	M30-39	1	00:18:26.65	+00:00:31 (2.9%)	3:41	16.3 (97.6%)
3	SZARKO Maciej	76		M40-49	1	00:20:14.65	+00:02:19 (11.5%)	4:02	14.8 (88.6%)
4	KONAT Grześ	38	POLSKA	M40-49	2	00:21:29.30	+00:03:34 (16.6%)	4:17	14 (83.8%)
5	TONGA Jan	82		M30-39	2	00:21:40.35	+00:03:45 (17.3%)	4:20	13.8 (82.6%)
6	BABEROWSKI Marek	3		M50-59	1	00:21:40.80	+00:03:45 (17.4%)	4:20	13.8 (82.6%)
7	MARCINKOWSKI Michał	50	ORLEN RUNNING TEAM	M30-39	3	00:21:42.20	+00:03:47 (17.5%)	4:20	13.8 (82.6%)
8	KUĆ Rafał	102		M30-39	4	00:22:14.10	+00:04:19 (19.4%)	4:26	13.5 (80.8%)
9	AMBROZIAK Lesław	1	SPORTEVO	M40-49	3	00:22:40.80	+00:04:45 (21.0%)	4:32	13.2 (79.0%)
10	JAGODZIŃSKI Damian	33		M18-29	2	00:23:10.55	+00:05:15 (22.7%)	4:38	12.9 (77.2%)
11	KUCIŃSKI Łukasz	44		M18-29	3	00:23:21.75	+00:05:26 (23.3%)	4:40	12.8 (76.6%)
12	GAŁĄZKA Krzysztof	18		M40-49	4	00:24:29.65	+00:06:34 (26.9%)	4:54	12.2 (73.1%)
13	KOZIARA Grzegorz	42	SREBRNI BIEGACZE TARNOWSKIE GÓRY	M60-69	1	00:26:04.85	+00:08:09 (31.3%)	5:13	11.5 (68.9%)
14	BALA Mariusz	107		M30-39	5	00:26:25.65	+00:08:30 (32.2%)	5:17	11.3 (67.7%)
15	HELWICZ Wojciech	104	PTA	M30-39	6	00:26:47.35	+00:08:52 (33.1%)	5:21	11.2 (67.1%)
16	GWARDYŃSKI Paweł	28		M30-39	7	00:27:26.30	+00:09:31 (34.7%)	5:29	10.9 (65.3%)
17	GRABOWSKI Sebastian	27	STRASZYN BIEGA	M30-39	8	00:27:31.05	+00:09:36 (34.9%)	5:30	10.9 (65.3%)
18	GRABKOWSKI Andrzej	25		M70+	1	00:27:35.50	+00:09:40 (35.1%)	5:31	10.9 (65.3%)
19	KUBILUS Robert	94	BIEGAMY RAZEM	M40-49	5	00:27:52.80	+00:09:57 (35.7%)	5:34	10.8 (64.7%)
20	SANECKI Przemysław	63	KS BIEGAM BO LUBIĘ PASŁĘK	M18-29	4	00:28:03.45	+00:10:08 (36.1%)	5:36	10.7 (64.1%)
21	DURAS Maciej	108		M40-49	6	00:28:30.35	+00:10:35 (37.2%)	5:42	10.5 (62.9%)
22	BAKOWSKI Tomasz	98	PATI I TOMEK RT	M30-39	9	00:34:16.15	+00:16:21 (47.7%)	6:51	8.8 (52.7%)
23	DYKTA Ryszard	88		M70+	2	00:37:48.65	+00:19:53 (52.6%)	7:33	7.9 (47.3%)
24	WITT Henryk	85	NORBSOFT.PL	M60-69	2	00:38:51.25	+00:20:56 (53.9%)	7:46	7.7 (46.1%)