



I BIEG PRZEŁAJOWY "MARYNARSKA DYCHA" IM. ADMIRAŁA FLOTY ANDRZEJA KARWETY - 10 KM

B4SPORT

Organizator: CENTRUM SZKOLENIA MARYNARKI WOJENNEJ
(CSMW)
Data: 2016-04-09
Miejsce: Ustka
Dystans: 10 km

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Klasyfikacja: M-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	MŁYNARCZYK Zbyszek	80		M-30	1	00:00:12	00:43:46.30	00:43:58.35		4:22	13.7 (100%)
2	SADOWSKI Paweł	169	STOPA SŁUPSK	M-30	2	00:00:12	00:45:47.70	00:46:00.55	+00:02:01 (4.4%)	4:34	13.1 (95.6%)
3	JASKÓLSKI Piotr	167		M-30	3	00:00:04	00:47:12.75	00:47:17.60	+00:03:26 (7.3%)	4:43	12.7 (92.7%)
4	ZBLEWSKI Patryk	171	NIGHT RUNNERS SŁUPSK	M-30	4	00:00:04	00:51:06.35	00:51:10.95	+00:07:20 (14.4%)	5:06	11.7 (85.4%)
5	KWIECIŃSKI Damian	62	SALUGEO.COM	M-30	5	00:00:07	00:52:40.80	00:52:48.10	+00:08:54 (16.9%)	5:16	11.4 (83.2%)
6	MIELCZAREK Mateusz	168		M-30	6	00:00:03	00:52:41.75	00:52:45.25	+00:08:55 (16.9%)	5:16	11.4 (83.2%)
7	KARGUL Jacek	43	NIGHT RUNNERS SŁUPSK	M-30	7	00:00:05	00:52:42.60	00:52:48.05	+00:08:56 (17.0%)	5:16	11.4 (83.2%)
8	SOROKA Tomasz	114	NIGHT RUNNERS SŁUPSK	M-30	8	00:00:05	00:52:42.85	00:52:48.00	+00:08:56 (17.0%)	5:16	11.4 (83.2%)
9	NAPIERAŁSKI Piotr	156	GRZESŁAW USTKA	M-30	9	00:00:02	00:55:16.70	00:55:19.60	+00:11:30 (20.8%)	5:31	10.9 (79.6%)
10	KRYGIER Ireneusz	54	W.P.K. SŁOŃ TEAM	M-30	10	00:00:08	00:55:37.35	00:55:45.95	+00:11:51 (21.3%)	5:33	10.8 (78.8%)
11	ROBAK Grzegorz	107		M-30	11	00:00:07	00:56:56.50	00:57:04.45	+00:13:10 (23.1%)	5:41	10.5 (76.6%)
12	CHYREK Łukasz	172	NIGHT RUNNERS SŁUPSK	M-30	12	00:00:04	00:58:11.10	00:58:15.10	+00:14:24 (24.8%)	5:49	10.3 (75.2%)
13	JAROSIŃSKI Andrzej	170		M-30	13	00:00:06	00:58:51.00	00:58:57.10	+00:15:04 (25.6%)	5:53	10.2 (74.5%)
14	ROGAŁA Łukasz	108		M-30	14	00:00:10	00:59:53.00	01:00:03.05	+00:16:06 (26.9%)	5:59	10 (73.0%)
15	WARDAK Robert	161		M-30	15	00:00:11	01:07:00.60	01:07:11.65	+00:23:14 (34.7%)	6:42	9 (65.7%)

Znaleziono 15 wynik(ów)