



Wydarzenie:
Organizator:

Data:
Miejsce:
Dystans:

I KRWIOBIEG BYDGOSZCZ - 5KM

I KRWIOBIEG BYDGOSZCZ
Kujawsko - Pomorski Oddział Okręgowy Polskiego
Czerwonego Krzyża
2019-10-05
Bydgoszcz
5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

B4SPORT

Klasyfikacja: Open K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	RÓŻOWICZ Aleksandra	242		Open K	1	00:22:28.15	00:22:32.15		4:29	13.4 (100%)
2	KITA Natalia	158		Open K	2	00:22:43.50	00:22:45.15	+00:00:13 (1.0%)	4:32	13.2 (98.5%)
3	CICHOŃSKA-BAZAK Marzena	179		Open K	3	00:23:55.55	00:23:59.05	+00:01:26 (6.0%)	4:47	12.5 (93.3%)
4	JEŻEWSKA Edyta	115		Open K	4	00:24:08.60	00:24:11.25	+00:01:39 (6.8%)	4:49	12.4 (92.5%)
5	CHMIELARZ Justyna	22		Open K	5	00:25:22.40	00:25:25.40	+00:02:53 (11.4%)	5:04	11.8 (88.1%)
6	KAMIŃSKA Magdalena	189		Open K	6	00:25:33.85	00:25:37.55	+00:03:05 (12.1%)	5:06	11.7 (87.3%)
7	DURA Julia	50		Open K	7	00:25:42.65	00:25:55.70	+00:03:23 (13.1%)	5:08	11.7 (87.3%)
8	TURKOWSKA Iwona	204		Open K	8	00:26:07.90	00:26:10.15	+00:03:38 (13.9%)	5:13	11.5 (85.8%)
9	BAGNIEWSKA Małgorzata	181		Open K	9	00:26:08.60	00:26:14.30	+00:03:42 (14.1%)	5:13	11.5 (85.8%)
10	RZEPECKA Katarzyna	60		Open K	10	00:26:12.85	00:26:36.05	+00:04:03 (15.3%)	5:14	11.4 (85.1%)
11	LEWANDOWSKA Anna	205		Open K	11	00:26:31.50	00:26:48.25	+00:04:16 (15.9%)	5:18	11.3 (84.3%)
12	JURCZYK Ewa	89		Open K	12	00:26:57.15	00:27:07.35	+00:04:35 (16.9%)	5:23	11.1 (82.8%)
13	MAKSAJDOWSKA Beata	393		Open K	13	00:26:57.20	00:27:07.40	+00:04:35 (16.9%)	5:23	11.1 (82.8%)
14	BOROWICZ Małgorzata	237		Open K	14	00:27:01.05	00:27:11.00	+00:04:38 (17.1%)	5:24	11.1 (82.8%)
15	KICK Klaudia	85		Open K	15	00:27:11.65	00:27:15.15	+00:04:43 (17.3%)	5:26	11 (82.1%)
16	SIMINSKA Monika	79		Open K	16	00:27:18.35	00:27:29.80	+00:04:57 (18.0%)	5:27	11 (82.1%)
17	NADRAJKOWSKA Joanna	225		Open K	17	00:27:26.55	00:27:31.65	+00:04:59 (18.1%)	5:29	10.9 (81.3%)
18	GRUDZKA Agata	48		Open K	18	00:27:18.35	00:27:32.25	+00:05:00 (18.2%)	5:27	11 (82.1%)
19	MIKLASZEWSKA Karolina	268		Open K	19	00:27:36.50	00:28:01.45	+00:05:29 (19.6%)	5:31	10.9 (81.3%)
20	STERING Kamila	152		Open K	20	00:27:57.20	00:28:09.25	+00:05:37 (20.0%)	5:35	10.7 (79.9%)
21	GAIDA Milena	14		Open K	21	00:28:07.70	00:28:15.35	+00:05:43 (20.2%)	5:37	10.7 (79.9%)
22	SKWAREK Bogumiła	282		Open K	22	00:28:13.00	00:28:21.45	+00:05:49 (20.5%)	5:38	10.6 (79.1%)
23	BLASZKIEWICZ Julia	87		Open K	23	00:28:17.35	00:28:26.65	+00:05:54 (20.8%)	5:39	10.6 (79.1%)
24	WALCZAK Anna	43		Open K	24	00:28:17.80	00:28:27.10	+00:05:54 (20.8%)	5:39	10.6 (79.1%)
25	ZIELIŃSKA Agnieszka	214		Open K	25	00:28:18.95	00:28:39.70	+00:06:07 (21.4%)	5:39	10.6 (79.1%)
26	BRZEZIŃSKA Ania	213		Open K	26	00:28:22.95	00:28:42.05	+00:06:09 (21.5%)	5:40	10.6 (79.1%)
27	SUCHARSKA Magdalena	169		Open K	27	00:28:40.00	00:28:49.90	+00:06:17 (21.8%)	5:44	10.5 (78.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
28	ALEKSANDER Alicja	162		Open K	28	00:28:43.70	00:29:00.95	+00:06:28 (22.3%)	5:44	10.4 (77.6%)
29	OJRZANOWSKA Maria	160		Open K	29	00:28:53.65	00:29:01.85	+00:06:29 (22.4%)	5:46	10.4 (77.6%)
30	POBOŻAN Agnieszka	142		Open K	30	00:29:04.55	00:29:06.60	+00:06:34 (22.6%)	5:48	10.3 (76.9%)
31	GACKA Joanna	125		Open K	31	00:29:10.45	00:29:13.10	+00:06:40 (22.9%)	5:50	10.3 (76.9%)
32	GORNOWICZ Daniela	121		Open K	32	00:29:19.30	00:29:21.40	+00:06:49 (23.2%)	5:51	10.2 (76.1%)
33	MORACZEWSKA Angelika	186		Open K	33	00:29:22.20	00:29:23.85	+00:06:51 (23.3%)	5:52	10.2 (76.1%)
34	BISKUP Katarzyna	187		Open K	34	00:29:22.40	00:29:23.95	+00:06:51 (23.3%)	5:52	10.2 (76.1%)
35	CELANOWICZ Lidia	228		Open K	35	00:29:30.00	00:29:35.15	+00:07:03 (23.8%)	5:54	10.2 (76.1%)
36	KRUSZYŃSKA Magdalena	267		Open K	36	00:29:37.40	00:29:42.90	+00:07:10 (24.2%)	5:55	10.1 (75.4%)
37	JAKUBOWSKA Anna	97		Open K	37	00:29:35.10	00:29:44.60	+00:07:12 (24.2%)	5:55	10.1 (75.4%)
38	PIONTEK Elżbieta	122		Open K	38	00:29:42.55	00:29:48.70	+00:07:16 (24.4%)	5:56	10.1 (75.4%)
39	MICHNIEWICZ Małgorzata	103		Open K	39	00:29:41.80	00:29:51.00	+00:07:18 (24.5%)	5:56	10.1 (75.4%)
40	STANISZEWSKA Aleksandra	73		Open K	40	00:29:53.30	00:29:55.70	+00:07:23 (24.7%)	5:58	10 (74.6%)
41	PODSIEDLIK Zuzanna	270		Open K	41	00:29:48.45	00:30:06.75	+00:07:34 (25.2%)	5:57	10.1 (75.4%)
42	BARCIKOWSKA Weronika	109		Open K	42	00:29:58.70	00:30:07.85	+00:07:35 (25.2%)	5:59	10 (74.6%)
43	ŁUKASZEWSKA Grażyna	195		Open K	43	00:30:11.10	00:30:14.65	+00:07:42 (25.5%)	6:02	9.9 (73.9%)
44	WONS Monika	289		Open K	44	00:30:10.65	00:30:15.20	+00:07:43 (25.5%)	6:02	9.9 (73.9%)
45	KOWALCZYK Magdalena	224		Open K	45	00:30:18.25	00:30:32.95	+00:08:00 (26.2%)	6:03	9.9 (73.9%)
46	RYDELSKA Kinga	56		Open K	46	00:30:34.55	00:30:42.15	+00:08:10 (26.6%)	6:07	9.8 (73.1%)
47	WIŚNIEWSKA Izabela	208		Open K	47	00:30:24.85	00:30:44.60	+00:08:12 (26.7%)	6:05	9.9 (73.9%)
48	WÓJCIK Monika	243		Open K	48	00:30:49.15	00:30:57.35	+00:08:25 (27.2%)	6:09	9.7 (72.4%)
49	BIEDROŃ Aleksandra	72		Open K	49	00:30:43.95	00:30:58.60	+00:08:26 (27.2%)	6:08	9.8 (73.1%)
50	OSTROWSKA Justyna	13		Open K	50	00:30:51.65	00:31:06.90	+00:08:34 (27.6%)	6:10	9.7 (72.4%)
51	KOTŁĘGA Agata	283		Open K	51	00:31:01.55	00:31:10.05	+00:08:37 (27.7%)	6:12	9.7 (72.4%)
52	WOJANOWSKA Maryla	67		Open K	52	00:31:07.30	00:31:14.55	+00:08:42 (27.9%)	6:13	9.6 (71.6%)
53	SPLITT Anna	83		Open K	53	00:30:59.75	00:31:24.10	+00:08:51 (28.2%)	6:12	9.7 (72.4%)
54	KOCINIEWSKA Zuzanna	180		Open K	54	00:31:19.95	00:31:30.45	+00:08:58 (28.5%)	6:16	9.6 (71.6%)
55	DUBIELEWSKA Anna	4		Open K	55	00:31:26.70	00:31:39.15	+00:09:07 (28.8%)	6:17	9.5 (70.9%)
56	DĘBCZYŃSKA Agnieszka	111		Open K	56	00:31:36.20	00:31:41.25	+00:09:09 (28.9%)	6:19	9.5 (70.9%)
57	KĘDZIORSKA Agata	184		Open K	57	00:31:28.05	00:31:44.40	+00:09:12 (29.0%)	6:17	9.5 (70.9%)
58	ZIELIŃSKA Justyna	135		Open K	58	00:31:47.30	00:32:01.55	+00:09:29 (29.6%)	6:21	9.4 (70.1%)
59	GRUŻEWSKA Justyna	196		Open K	59	00:31:46.35	00:32:02.30	+00:09:30 (29.7%)	6:21	9.4 (70.1%)
60	TUCZKOWSKA Joanna	272		Open K	60	00:31:48.05	00:32:05.80	+00:09:33 (29.8%)	6:21	9.4 (70.1%)
61	SKOWRON Monika	274		Open K	61	00:31:48.00	00:32:06.20	+00:09:34 (29.8%)	6:21	9.4 (70.1%)
62	CISZEWSKA Emilia	91		Open K	62	00:31:43.30	00:32:06.45	+00:09:34 (29.8%)	6:20	9.5 (70.9%)
63	ŁAKOMSKA - OPALA Iwona	193		Open K	63	00:31:47.50	00:32:06.75	+00:09:34 (29.8%)	6:21	9.4 (70.1%)
64	ROŻYŃSKA Monika	212		Open K	64	00:31:49.25	00:32:06.80	+00:09:34 (29.8%)	6:21	9.4 (70.1%)
65	WAWRZYNIAK Sandra	151		Open K	65	00:32:19.35	00:32:31.70	+00:09:59 (30.7%)	6:27	9.3 (69.4%)
66	CIEŚLAK Agnieszka	168		Open K	66	00:32:05.75	00:32:32.20	+00:10:00 (30.7%)	6:25	9.3 (69.4%)
67	HINZ Barbara	124		Open K	67	00:32:31.25	00:32:35.35	+00:10:03 (30.8%)	6:30	9.2 (68.7%)
68	BILSKA Katarzyna	54		Open K	68	00:32:25.65	00:32:37.30	+00:10:05 (30.9%)	6:29	9.2 (68.7%)
69	PIETRZAK Justyna	57		Open K	69	00:32:25.55	00:32:37.80	+00:10:05 (30.9%)	6:29	9.3 (69.4%)
70	KILIŃSKA Magdalena	256		Open K	70	00:32:32.70	00:32:51.20	+00:10:19 (31.4%)	6:30	9.2 (68.7%)
71	MACIEJCZAK Karolina	253		Open K	71	00:32:41.95	00:32:54.60	+00:10:22 (31.5%)	6:32	9.2 (68.7%)

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72	WRUK Justyna	202		Open K	72	00:32:38.00	00:32:55.95	+00:10:23 (31.6%)	6:31	9.2 (68.7%)
73	MALEC Justyna	234		Open K	73	00:32:49.70	00:32:58.45	+00:10:26 (31.7%)	6:34	9.1 (67.9%)
74	WYPYCH-KLUNDER Katarzyna	28		Open K	74	00:32:43.55	00:33:03.90	+00:10:31 (31.8%)	6:32	9.2 (68.7%)
75	SZOŁDRA Marta	92		Open K	75	00:32:41.85	00:33:05.25	+00:10:33 (31.9%)	6:32	9.2 (68.7%)
76	BURNICKA Ewa	231		Open K	76	00:32:51.40	00:33:12.65	+00:10:40 (32.1%)	6:34	9.1 (67.9%)
77	KWASIGROCH Aleksandra	287		Open K	77	00:33:05.35	00:33:16.15	+00:10:44 (32.3%)	6:37	9.1 (67.9%)
78	MAJORKOWSKA Anna	46		Open K	78	00:33:13.40	00:33:18.70	+00:10:46 (32.3%)	6:38	9 (67.2%)
79	CYBUL Anna	138		Open K	79	00:33:24.20	00:33:31.80	+00:10:59 (32.8%)	6:40	9 (67.2%)
80	MELLEM Anna	27		Open K	80	00:33:28.65	00:33:44.60	+00:11:12 (33.2%)	6:41	9 (67.2%)
81	ŻOŁNIERKIEWICZ Agata	171		Open K	81	00:33:23.00	00:33:46.45	+00:11:14 (33.3%)	6:40	9 (67.2%)
82	WIŚNIEWSKA Ewa	107		Open K	82	00:34:01.85	00:34:11.15	+00:11:39 (34.1%)	6:48	8.8 (65.7%)
83	KOSZOWSKA Ania	259		Open K	83	00:34:05.25	00:34:23.55	+00:11:51 (34.5%)	6:49	8.8 (65.7%)
84	DZIŻA-KONICZYŃSKA Zuzanna	58		Open K	84	00:34:04.45	00:34:25.70	+00:11:53 (34.5%)	6:48	8.8 (65.7%)
85	KUFEL Maria	130		Open K	85	00:34:23.15	00:34:35.00	+00:12:02 (34.8%)	6:52	8.7 (64.9%)
86	SZYMAŃSKA Mirela	207		Open K	86	00:34:57.70	00:35:08.30	+00:12:36 (35.9%)	6:59	8.6 (64.2%)
87	ASTUKIEWICZ Agnieszka	132		Open K	87	00:35:07.05	00:35:21.75	+00:12:49 (36.3%)	7:01	8.5 (63.4%)
88	BEKER-ZABROCKA Aleksandra	37		Open K	88	00:35:02.25	00:35:26.40	+00:12:54 (36.4%)	7:00	8.6 (64.2%)
89	SZCZEPANEK-KOZINSKA Justyna	260		Open K	89	00:35:30.35	00:35:49.25	+00:13:17 (37.1%)	7:06	8.4 (62.7%)
90	TOMCZAK Kinga	229		Open K	90	00:35:44.90	00:35:56.65	+00:13:24 (37.3%)	7:09	8.4 (62.7%)
91	PIECHOWIAK Oliwia	273		Open K	91	00:35:56.05	00:36:00.45	+00:13:28 (37.4%)	7:11	8.3 (61.9%)
92	ZACHARA Aneta	75		Open K	92	00:35:54.60	00:36:03.60	+00:13:31 (37.5%)	7:10	8.4 (62.7%)
93	KUZIAK Ola	131		Open K	93	00:35:56.70	00:36:23.80	+00:13:51 (38.1%)	7:11	8.3 (61.9%)
94	RASSALSKA-KAUSA Jola	278		Open K	94	00:36:05.70	00:36:25.60	+00:13:53 (38.1%)	7:13	8.3 (61.9%)
95	ROGALSKA Marta	39		Open K	95	00:36:27.45	00:36:31.45	+00:13:59 (38.3%)	7:17	8.2 (61.2%)
96	WYSOCKA Paulina	146		Open K	96	00:36:41.50	00:37:01.70	+00:14:29 (39.1%)	7:20	8.2 (61.2%)
97	SZTOLIN Sylwia	221		Open K	97	00:37:06.80	00:37:29.70	+00:14:57 (39.9%)	7:25	8.1 (60.4%)
98	MUZOLF Natalia	16		Open K	98	00:37:24.00	00:37:39.60	+00:15:07 (40.2%)	7:28	8 (59.7%)
99	SIECZKOŚ Agnieszka	275		Open K	99	00:37:23.05	00:37:40.10	+00:15:07 (40.2%)	7:28	8 (59.7%)
100	JELIŃSKA Natalia	276		Open K	100	00:37:26.60	00:37:43.25	+00:15:11 (40.3%)	7:29	8 (59.7%)
101	WIECZOREK Justyna	173		Open K	101	00:39:17.85	00:39:41.55	+00:17:09 (43.2%)	7:51	7.6 (56.7%)
102	JUSZCZAK Małgorzata	153		Open K	102	00:39:18.05	00:39:41.75	+00:17:09 (43.2%)	7:51	7.6 (56.7%)
103	WOŹNIAK Monika	150		Open K	103	00:40:21.55	00:40:34.95	+00:18:02 (44.5%)	8:04	7.4 (55.2%)
104	ZIELIŃSKA Małgorzata	2		Open K	104	00:40:31.05	00:40:53.40	+00:18:21 (44.9%)	8:06	7.4 (55.2%)
105	JAGIELNICKA Magdalena	241		Open K	105	00:40:50.55	00:41:07.10	+00:18:34 (45.2%)	8:10	7.3 (54.5%)
106	SULKOWSKA Jadwiga	197		Open K	106	00:40:44.85	00:41:07.15	+00:18:35 (45.2%)	8:09	7.4 (55.2%)
107	SŁOWIK Sylwia	70		Open K	107	00:41:09.00	00:41:24.55	+00:18:52 (45.6%)	8:13	7.3 (54.5%)
108	MŁYNAREK Aneta	112		Open K	108	00:42:28.05	00:42:49.65	+00:20:17 (47.4%)	8:29	7.1 (53.0%)
109	BAJOREK Angelika	200		Open K	109	00:42:51.60	00:43:04.70	+00:20:32 (47.7%)	8:34	7 (52.2%)
110	KOPAŃSKA Agnieszka	176		Open K	110	00:43:21.00	00:43:29.15	+00:20:57 (48.2%)	8:40	6.9 (51.5%)
111	KICIŃSKA Joanna	166		Open K	111	00:43:44.10	00:43:50.55	+00:21:18 (48.6%)	8:44	6.9 (51.5%)

Znaleziono 111 wynik(ów)