



II BIEG PAŁACOWY - 5KM

B4SPORT

Wydarzenie:
Organizator:

II Bieg Pałacowy
ABI /Akceptacja-Bezinteresowność-Inkluzja/
Stowarzyszenie przy Specjalnym Ośrodku Szkolno-
Wychowawczym w Damnicy; Fundacja Wspierania
Inicjatyw Niekonwencjonalnych „Sub ventum”
2019-05-12
Damnica
5 km

 **HERKULES**
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Klasyfikacja: M-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	SOKOŁOWSKI Ryszard	90	7 BOW SŁUPSK	M-Open	1	00:19:59.05		3:59	15 (100%)
2	GRACHEL Przemek	14	NA TRASIE TEAM.PL	M-Open	2	00:22:22.60	+00:02:23 (10.7%)	4:28	13.4 (89.3%)
3	WĘGRZYN Rafał	61		M-Open	3	00:23:32.70	+00:03:33 (15.1%)	4:42	12.7 (84.7%)
4	BASARAB Piotr	3	SPONTAN POTĘGOWO	M-Open	4	00:23:39.45	+00:03:40 (15.5%)	4:44	12.7 (84.7%)
5	SZCZERBATY Paweł	123		M-Open	5	00:23:43.55	+00:03:44 (15.8%)	4:44	12.6 (84.0%)
6	ŻYLICZ Paweł	67	STOPA SŁUPSK / USB USTKA	M-Open	6	00:23:47.35	+00:03:48 (16.0%)	4:45	12.6 (84.0%)
7	WILUSZ Krzysztof	64	SUB VENTUM TEAM	M-Open	7	00:23:52.15	+00:03:53 (16.3%)	4:46	12.6 (84.0%)
8	PILCZYŃSKI Paweł	39		M-Open	8	00:23:57.65	+00:03:58 (16.6%)	4:47	12.5 (83.3%)
9	PIŁCZYŃSKI Zbigniew	40		M-Open	9	00:24:05.65	+00:04:06 (17.1%)	4:49	12.4 (82.7%)
10	OBERT Paweł	37	P.O.LSKA	M-Open	10	00:25:05.20	+00:05:06 (20.3%)	5:01	12 (80.0%)
11	SKUZA Grzegorz	109		M-Open	11	00:25:40.10	+00:05:41 (22.1%)	5:08	11.7 (78.0%)
12	WALUŚ Szczepan	60		M-Open	12	00:25:52.10	+00:05:53 (22.7%)	5:10	11.6 (77.3%)
13	ZIELONKA Mateusz	66	BALTIC SEALS	M-Open	13	00:26:10.60	+00:06:11 (23.7%)	5:14	11.5 (76.7%)
14	WILKOWSKI Wojciech	70		M-Open	14	00:26:11.40	+00:06:12 (23.7%)	5:14	11.5 (76.7%)
15	TOMCZAK Dominik	57	NIGHT RUNNERS SŁUPSK	M-Open	15	00:26:28.85	+00:06:29 (24.5%)	5:17	11.3 (75.3%)
16	KORDYLAS Michał	110		M-Open	16	00:26:30.60	+00:06:31 (24.6%)	5:18	11.3 (75.3%)
17	SMOLIŃSKI Krzysztof	47	SMOLIŃSCY TEAM	M-Open	17	00:26:35.10	+00:06:36 (24.8%)	5:19	11.3 (75.3%)
18	KOSTRZEWSKI Adrian	19		M-Open	18	00:26:47.50	+00:06:48 (25.4%)	5:21	11.2 (74.7%)
19	KOZAK Krzysztof	21	SPONTAN POTĘGOWO	M-Open	19	00:27:03.10	+00:07:04 (26.1%)	5:24	11.1 (74.0%)
20	KOS Krzysztof	18	SPONTAN POTĘGOWO	M-Open	20	00:27:14.70	+00:07:15 (26.7%)	5:26	11 (73.3%)
21	MAJCHRZAK Dariusz	130		M-Open	21	00:27:17.90	+00:07:18 (26.8%)	5:27	11 (73.3%)
22	MAJCHRZAK Łukasz	131		M-Open	22	00:27:18.15	+00:07:19 (26.8%)	5:27	11 (73.3%)
23	BOŚ Grzegorz	4	SUB VENTUM TEAM	M-Open	23	00:27:41.20	+00:07:42 (27.8%)	5:32	10.8 (72.0%)
24	STĘPIEŃ Stanisław	86		M-Open	24	00:27:42.25	+00:07:43 (27.9%)	5:32	10.8 (72.0%)
25	TOMCZAK Sebastian	58	USTKA	M-Open	25	00:28:12.55	+00:08:13 (29.2%)	5:38	10.6 (70.7%)
26	KSIĄŻEK Waldemar	112		M-Open	26	00:28:26.90	+00:08:27 (29.8%)	5:41	10.5 (70.0%)
27	MAZEPUS Jerzy	107		M-Open	27	00:28:31.95	+00:08:32 (30.0%)	5:42	10.5 (70.0%)

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28	LEWANDOWSKI Adam	27	W.P.K SŁOŃ TEAM USTKA	M-Open	28	00:28:33.60	+00:08:34 (30.0%)	5:42	10.5 (70.0%)
29	ZANIEWSKI Grzegorz	65		M-Open	29	00:28:34.75	+00:08:35 (30.1%)	5:43	10.5 (70.0%)
30	PIWOŃSKI Robert	41	CSMW	M-Open	30	00:28:50.50	+00:08:51 (30.7%)	5:46	10.4 (69.3%)
31	MAJKOWSKI Stanisław	98	K. B. GOCH	M-Open	31	00:28:53.65	+00:08:54 (30.8%)	5:46	10.4 (69.3%)
32	GRABOWSKI Grzegorz	132		M-Open	32	00:29:09.70	+00:09:10 (31.5%)	5:49	10.3 (68.7%)
33	KOWALCZYK Wojciech	101		M-Open	33	00:29:27.45	+00:09:28 (32.2%)	5:53	10.2 (68.0%)
34	KOWALSKI Krzysztof	20	STOPA SŁUPSK	M-Open	34	00:29:30.40	+00:09:31 (32.3%)	5:54	10.2 (68.0%)
35	SIBIŃSKI Krzysztof	87		M-Open	35	00:29:30.45	+00:09:31 (32.3%)	5:54	10.2 (68.0%)
36	KUBIŃSKI Rafał	23	NIGHT RUNNERS SŁUPSK	M-Open	36	00:29:31.30	+00:09:32 (32.3%)	5:54	10.2 (68.0%)
37	KŁUSEK Marek	69		M-Open	37	00:29:47.30	+00:09:48 (32.9%)	5:57	10.1 (67.3%)
38	DOWNAR-ZAPOLSKI Paweł	8		M-Open	38	00:29:50.70	+00:09:51 (33.0%)	5:58	10.1 (67.3%)
39	WEILAND Cyprian	89	NIGHT WOLVES SŁUPSK	M-Open	39	00:29:52.05	+00:09:53 (33.1%)	5:58	10 (66.7%)
40	ANDRZEJCZAK Sławomir	1	GRZESŁAW USTKA	M-Open	40	00:30:53.50	+00:10:54 (35.3%)	6:10	9.7 (64.7%)
41	TRUSIAK Miłosz	85	SUB VENTUM TEAM	M-Open	41	00:30:55.05	+00:10:56 (35.4%)	6:11	9.7 (64.7%)
42	SKIBIŃSKI Rafał	88		M-Open	42	00:32:26.80	+00:12:27 (38.4%)	6:29	9.2 (61.3%)
43	CZECH Roman	6	GOCH BYTÓW	M-Open	43	00:33:04.55	+00:13:05 (39.6%)	6:37	9.1 (60.7%)
44	BIEGAŃSKI Paweł	135	ZEGA	M-Open	44	00:35:18.70	+00:15:19 (43.4%)	7:03	8.5 (56.7%)
45	SKWAREK Grzegorz	45		M-Open	45	00:35:21.20	+00:15:22 (43.5%)	7:04	8.5 (56.7%)
46	WAWRZYNIAK Jarosław	116		M-Open	46	00:36:30.00	+00:16:30 (45.2%)	7:18	8.2 (54.7%)
47	ŚMIETAŃSKI Krzysztof	56	BRAVE TEAM	M-Open	47	00:37:26.35	+00:17:27 (46.6%)	7:29	8 (53.3%)
48	ŚMIETAŃSKI Ireneusz	55	BRAVE TEAM	M-Open	48	00:38:05.10	+00:18:06 (47.5%)	7:37	7.9 (52.7%)
49	SETNIK Daniel	121		M-Open	49	00:38:22.55	+00:18:23 (47.9%)	7:40	7.8 (52.0%)
50	FRUBA Andrzej	10		M-Open	50	00:38:29.25	+00:18:30 (48.1%)	7:41	7.8 (52.0%)
51	BANCEWICZ Radek	127		M-Open	51	00:39:20.75	+00:19:21 (49.2%)	7:52	7.6 (50.7%)
52	SULL Kacper	108	NIGHT RUNNERS SŁUPSK	M-Open	52	00:39:33.35	+00:19:34 (49.5%)	7:54	7.6 (50.7%)
53	SETNIK Piotr	122	DECATHLON POWER	M-Open	53	00:46:59.25	+00:27:00 (57.5%)	9:24	6.4 (42.7%)

Znaleziono 53 wynik(ów)