

II BIEG WOLNOŚCI - NORDIC WALKING

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Event: II Bieg Wolności
Organiser: Stowarzyszenie „Pozytywni Z Pasją, Gmina i Miasto Jastrowie
Date: 2020-08-09
Place: Jastrowie
Distance: 5 km



Classification: K-OPEN

Place	Participant	Number	Club	Category	MCat	Net time 5km	Gap	Pace min/km	Pace km/h
1	WIECZORKOWSKA Dagmara	245	WYCHODZĘ Z KIJAMI	K-OPEN	1	00:37:32.35		7:30	8 (100%)
2	POKŁADOWSKA Joanna	236	WYCHODZĘ Z KIJAMI	K-OPEN	2	00:39:27.20	+00:01:54 (4.9%)	7:53	7.6 (95.0%)
3	DREWNOWSKA Barbara	207	ZASAPANI HYDRO TRZCIANKA	K-OPEN	3	00:39:45.25	+00:02:12 (5.6%)	7:57	7.5 (93.8%)
4	ADAMOWICZ Renata	201	WCHODZĘ Z KIJAMI KOSZALIN	K-OPEN	4	00:40:44.40	+00:03:12 (7.9%)	8:08	7.4 (92.5%)
5	KABATTEK Sylwia	214		K-OPEN	5	00:41:11.25	+00:03:38 (8.9%)	8:14	7.3 (91.3%)
6	PIETRZYK Anna	235		K-OPEN	6	00:43:24.75	+00:05:52 (13.5%)	8:40	6.9 (86.3%)
7	KASZUBA Danuta	217	OSP ŁUGI	K-OPEN	7	00:45:00.50	+00:07:28 (16.6%)	9:00	6.7 (83.8%)
8	STAWIARZ-WACHOWICZ Izabela	241		K-OPEN	8	00:45:11.45	+00:07:39 (16.9%)	9:02	6.6 (82.5%)
9	KACZMAREK Jolanta	215	OSP ŁUGI	K-OPEN	9	00:45:16.00	+00:07:43 (17.1%)	9:03	6.6 (82.5%)
10	KORPAL Grażyna	221	WYCHODZĘ Z KIJAMI KOSZALIN	K-OPEN	10	00:45:33.30	+00:08:00 (17.6%)	9:06	6.6 (82.5%)
11	OLSZYŃSKA Marzena	230	WYCHODZĘ Z KIJAMI	K-OPEN	11	00:45:52.80	+00:08:20 (18.2%)	9:10	6.5 (81.3%)
12	WIŚNIK Asia	246	POZYTYWNI Z PASJĄ	K-OPEN	12	00:45:56.00	+00:08:23 (18.3%)	9:11	6.5 (81.3%)
13	WIECZOREK Justyna	244		K-OPEN	13	00:46:00.80	+00:08:28 (18.4%)	9:12	6.5 (81.3%)
14	DROBKIEWICZ Ewa	208	OSP ŁUGI	K-OPEN	14	00:46:06.10	+00:08:33 (18.6%)	9:13	6.5 (81.3%)
15	PIETRZAK Dominika	234	WYCHODZĘ Z KIJAMI	K-OPEN	15	00:46:16.60	+00:08:44 (18.9%)	9:15	6.5 (81.3%)
16	SZCZERBA Dorota	242		K-OPEN	16	00:46:16.90	+00:08:44 (18.9%)	9:15	6.5 (81.3%)
17	HAWETO Janina	212	KIJOWE SIOSTRY I BRAT	K-OPEN	17	00:47:10.85	+00:09:38 (20.4%)	9:26	6.4 (80.0%)
18	ZIÓŁKOWSKA Marlena	247	OSP ŁUGI	K-OPEN	18	00:47:43.95	+00:10:11 (21.4%)	9:32	6.3 (78.8%)
19	HENCEL Maria	213	TEAM OKJ	K-OPEN	19	00:48:15.85	+00:10:43 (22.2%)	9:39	6.2 (77.5%)
20	PAWŁOWSKA Sylwia	232		K-OPEN	20	00:48:40.30	+00:11:07 (22.9%)	9:44	6.2 (77.5%)
21	KOWALSKA Dominika	224		K-OPEN	21	00:48:43.00	+00:11:10 (22.9%)	9:44	6.2 (77.5%)
22	ŁUGOWSKA Anna	248	KIJOWE SIOSTRY I BRAT	K-OPEN	22	00:49:27.25	+00:11:54 (24.1%)	9:53	6.1 (76.3%)
23	GNATEK Martyna	210		K-OPEN	23	00:50:16.40	+00:12:44 (25.3%)	10:03	6 (75.0%)
24	KOWALCZUK Maria	222	KIJOWE SIOSTRY I BRAT	K-OPEN	24	00:52:27.35	+00:14:55 (28.4%)	10:29	5.7 (71.3%)
25	WASILEWSKA Jolanta	243	TEAM OKJ	K-OPEN	25	00:52:27.85	+00:14:55 (28.4%)	10:29	5.7 (71.3%)
26	KAFKA Daria	216		K-OPEN	26	00:52:36.45	+00:15:04 (28.6%)	10:31	5.7 (71.3%)

						Net time 5km		Pace min/km	Pace km/h
Place	Participant	Number	Club	Category	MCat		Gap		
27	OSIPOWICZ Anna	231	GMJ	K-OPEN	27	00:52:45.90	+00:15:13 (28.9%)	10:33	5.7 (71.3%)
28	LULECZKA Karolina	229	TEAM OKJ	K-OPEN	28	00:53:12.15	+00:15:39 (29.4%)	10:38	5.6 (70.0%)
29	KRZYWICKA Monika	226	TEAM OKJ	K-OPEN	29	00:54:25.70	+00:16:53 (31.0%)	10:53	5.5 (68.8%)
30	KRAWCZYK Daria	225	BEAUTY GIRLS- WAŁCZ	K-OPEN	30	00:54:39.20	+00:17:06 (31.3%)	10:55	5.5 (68.8%)
31	GRONOWSKA Sylwia	211		K-OPEN	31	00:55:01.45	+00:17:29 (31.8%)	11:00	5.5 (68.8%)
32	FRAĆZEK Karolina	209	TEAM OKJ	K-OPEN	32	00:55:32.05	+00:17:59 (32.4%)	11:06	5.4 (67.5%)
33	BAZYLIŃSKA - NOSEK Sylwia	202	TEAM OKJ	K-OPEN	33	00:56:27.80	+00:18:55 (33.5%)	11:17	5.3 (66.3%)
34	CELEBAN Karolina	205	BEAUTY GIRLS - WAŁCZ	K-OPEN	34	00:57:05.30	+00:19:32 (34.2%)	11:25	5.3 (66.3%)
35	ROMANOWSKA Danuta	239	WYCHODZĘ Z KIJKAMI-NIEDOKOŃCZONA	K-OPEN	35	01:12:32.05	+00:34:59 (48.2%)	14:30	4.1 (51.3%)

Total 35 results.