

Wydarzenie:
Organizator:

II Bieszczadzki Bieg Po Zdrowie
 Gminny Ośrodek Kultury, Sportu i Turystyki w
 Solinie
 2018-06-03
 Polańczyk
 10 km

Data:
Miejsce:
Dystans:



Klasyfikacja: M40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	RODZINKA Jan	334	KB ATHLETIC ZRĘCIN	M40-49	1	00:00:06	00:19:41	00:39:38.20	00:39:44.30		3:57	15.1 (100%)
2	FEDAK Grzegorz	269		M40-49	2	00:00:05	00:20:33	00:41:51.55	00:41:57.20	+00:02:13 (5.3%)	4:11	14.3 (94.7%)
3	DOPART Tomasz	268		M40-49	3	00:00:08	00:23:33	00:46:54.90	00:47:03.40	+00:07:16 (15.5%)	4:41	12.8 (84.8%)
4	KASZAN Piotr	337	MKS HALICZ	M40-49	4	00:00:08	00:23:32	00:47:06.20	00:47:14.70	+00:07:28 (15.9%)	4:42	12.7 (84.1%)
5	BARUD Artur	253		M40-49	5	00:00:07	00:23:06	00:47:40.25	00:47:47.75	+00:08:02 (16.9%)	4:46	12.6 (83.4%)
6	GRZĄDZIEL Darek	332		M40-49	6	00:00:08	00:24:25	00:47:53.40	00:48:01.75	+00:08:15 (17.2%)	4:47	12.5 (82.8%)
7	PAJESTKA Wojciech	305		M40-49	7	00:00:11	00:23:46	00:49:17.15	00:49:28.25	+00:09:38 (19.6%)	4:55	12.2 (80.8%)
8	HYDZIK Łukasz	280		M40-49	8	00:00:06	00:24:24	00:50:21.00	00:50:27.70	+00:10:42 (21.3%)	5:02	11.9 (78.8%)
9	MACKIEWICZ Zenon	340		M40-49	9	00:00:07	00:24:28	00:51:11.05	00:51:19.00	+00:11:32 (22.6%)	5:07	11.7 (77.5%)
10	ROŚCIŃSKI Franciszek	316		M40-49	10	00:00:06	00:25:20	00:52:28.50	00:52:35.45	+00:12:50 (24.5%)	5:14	11.4 (75.5%)
11	BURAK Adam	261		M40-49	11	00:00:11	00:26:05	00:52:39.00	00:52:50.00	+00:13:00 (24.7%)	5:15	11.4 (75.5%)
12	RYŁKO Jacek	318		M40-49	12	00:00:11	00:26:32	00:54:20.80	00:54:32.50	+00:14:42 (27.1%)	5:26	11 (72.8%)
13	SKOWROŃSKI Janusz	321		M40-49	13	00:00:11	00:26:58	00:55:55.00	00:56:06.85	+00:16:16 (29.1%)	5:35	10.7 (70.9%)
14	MARSZAŁEK Grzegorz	297		M40-49	14	00:00:06	00:27:00	00:58:00.80	00:58:07.75	+00:18:22 (31.7%)	5:48	10.3 (68.2%)
15	MAJCHROWICZ Andrzej	295		M40-49	15	00:00:11	00:30:20	01:02:10.00	01:02:21.70	+00:22:31 (36.2%)	6:13	9.7 (64.2%)

Znaleziono 15 wynik(ów)