



Organizator:
Data:
Miejsce:
Dystans:

Stowarzyszenie Waleczne Serca
2021-10-03
Bydgoszcz
5 km

II BYDGOSKI BIEG PO ODDECH

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	DOBRZYŃSKA Ewa	49		K30	1	00:11:51	00:23:52.60	00:23:55.10		4:46	12.6 (100%)
2	CHEŁMINIAK Monika	32		K30	2	00:11:42	00:23:59.25	00:24:04.05	+00:00:08 (0.6%)	4:47	12.5 (99.2%)
3	WOJTANIS Magdalena	300		K30	3	00:11:59	00:24:27.35	00:24:29.35	+00:00:34 (2.3%)	4:53	12.3 (97.6%)
4	WOŹNIECKA Karolina	303		K30	4	00:12:03	00:24:27.15	00:24:32.65	+00:00:37 (2.5%)	4:53	12.3 (97.6%)
5	RYMARKIEWICZ Małgorzata	243		K30	5	00:12:05	00:24:33.30	00:24:35.50	+00:00:40 (2.7%)	4:54	12.2 (96.8%)
6	TARCZYŃSKA Marta	275		K30	6	00:12:19	00:24:41.75	00:24:46.20	+00:00:51 (3.4%)	4:56	12.2 (96.8%)
7	POLAŃCZYK Paulina	220		K30	7	00:12:21	00:25:12.50	00:25:14.50	+00:01:19 (5.2%)	5:02	11.9 (94.4%)
8	DROŹDŹ Anna	55		K30	8	00:12:33	00:25:59.10	00:26:01.10	+00:02:06 (8.1%)	5:11	11.5 (91.3%)
9	LEWANDOWSKA Dorota	156		K30	9	00:04:31	00:26:14.40	00:26:14.40	+00:02:19 (8.8%)	5:14	11.4 (90.5%)
10	HAN Agnieszka	88		K30	10	00:12:40	00:26:37.35	00:26:53.30	+00:02:58 (11.0%)	5:19	11.3 (89.7%)
11	OKULICZ Anita	199		K30	11	00:13:11	00:26:53.70	00:26:54.25	+00:02:59 (11.1%)	5:22	11.2 (88.9%)
12	CZYŻEWSKA Justyna	41		K30	12	00:13:11	00:26:54.45	00:26:59.55	+00:03:04 (11.4%)	5:22	11.2 (88.9%)
13	BORAKIEWICZ Natalia	18		K30	13	00:13:26	00:26:56.60	00:27:00.25	+00:03:05 (11.4%)	5:23	11.1 (88.1%)
14	NAGORZYSKA Sylwia	187		K30	14	00:13:34	00:27:26.25	00:27:27.75	+00:03:32 (12.9%)	5:29	10.9 (86.5%)
15	BAGNIEWSKA Małgorzata	2		K30	15	00:13:23	00:27:20.30	00:27:32.15	+00:03:37 (13.1%)	5:28	11 (87.3%)
16	RYDELSKA Marysia	241		K30	16	00:14:09	00:27:56.65	00:28:12.40	+00:04:17 (15.2%)	5:35	10.7 (84.9%)
17	BUDNY Joanna	24		K30	17	00:13:49	00:28:13.25	00:28:18.50	+00:04:23 (15.5%)	5:38	10.6 (84.1%)
18	KAJA Dominika	111		K30	18	00:13:37	00:28:23.95	00:28:36.85	+00:04:41 (16.4%)	5:40	10.6 (84.1%)
19	ZIELIŃSKA Agnieszka	317		K30	19	00:14:07	00:28:48.00	00:28:57.10	+00:05:02 (17.4%)	5:45	10.4 (82.5%)
20	GRZESIAK-KNUT Lucyna	83		K30	20	00:14:27	00:28:54.50	00:29:13.05	+00:05:17 (18.1%)	5:46	10.4 (82.5%)
21	PIECZYŃSKA Joanna	214		K30	21	00:14:17	00:29:05.80	00:29:22.15	+00:05:27 (18.6%)	5:49	10.3 (81.7%)
22	POTRZEBOWSKA Agata	223		K30	22	00:14:57	00:29:12.85	00:29:30.25	+00:05:35 (18.9%)	5:50	10.3 (81.7%)
23	GAIDA Milena	67		K30	23	00:15:08	00:29:59.50	00:30:15.70	+00:06:20 (21.0%)	5:59	10 (79.4%)
24	GIERCZAK Dorota	70		K30	24	00:15:04	00:30:30.10	00:30:37.00	+00:06:41 (21.9%)	6:06	9.8 (77.8%)
25	KABACIŃSKA Kinga	108		K30	25	00:15:10	00:31:06.45	00:31:21.95	+00:07:26 (23.7%)	6:13	9.6 (76.2%)
26	FRYCA Aleksandra	64		K30	26	00:15:22	00:31:32.10	00:31:45.45	+00:07:50 (24.7%)	6:18	9.5 (75.4%)
27	KABLUKA Valeria	109		K30	27	00:15:36	00:31:46.25	00:31:57.25	+00:08:02 (25.1%)	6:21	9.4 (74.6%)
28	BOROWA Agnieszka	21		K30	28	00:15:24	00:32:18.00	00:32:30.20	+00:08:35 (26.4%)	6:27	9.3 (73.8%)
29	MACINKIEWICZ Natalia	170		K30	29	00:16:16	00:33:41.15	00:33:54.75	+00:09:59 (29.5%)	6:44	8.9 (70.6%)
30	JENERALSKA Natalia	103		K30	30	00:16:59	00:33:58.15	00:34:05.50	+00:10:10 (29.8%)	6:47	8.8 (69.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
31	BŁAŻEK Kasia	14		K30	31	00:16:20	00:33:55.45	00:34:07.65	+00:10:12 (29.9%)	6:47	8.8 (69.8%)
32	TYKWIŃSKA Agnieszka	280		K30	32	00:16:44	00:34:05.65	00:34:10.70	+00:10:15 (30.0%)	6:49	8.8 (69.8%)
33	MATUSZEWSKA-KUJAWA Natalia	176		K30	33	00:16:52	00:34:14.80	00:34:17.45	+00:10:22 (30.2%)	6:50	8.8 (69.8%)
34	WOJCZAKOWSKA Paulina	299		K30	34	00:17:36	00:34:11.55	00:34:37.30	+00:10:42 (30.9%)	6:50	8.8 (69.8%)
35	NOWAKOWSKA Marta	191		K30	35	00:16:49	00:34:30.15	00:34:47.45	+00:10:52 (31.3%)	6:54	8.7 (69.0%)
36	MACIEJEWSKA Magdalena	181		K30	36	00:18:04	00:34:51.00	00:35:00.20	+00:11:05 (31.7%)	6:58	8.6 (68.3%)
37	LEŚNIAK Edyta	153		K30	37	00:16:55	00:35:29.50	00:35:35.30	+00:11:40 (32.8%)	7:05	8.5 (67.5%)
38	DYPOLT Julia	59		K30	38	00:17:18	00:35:24.70	00:35:44.50	+00:11:49 (33.1%)	7:04	8.5 (67.5%)
39	LEWANDOWSKA Sylwia	154		K30	39	00:16:51	00:35:46.45	00:35:47.85	+00:11:52 (33.2%)	7:09	8.4 (66.7%)
40	OSTROWSKA Justyna	204		K30	40	00:17:32	00:36:06.50	00:36:21.65	+00:12:26 (34.2%)	7:13	8.3 (65.9%)
41	UMIŃSKA Marzena	281		K30	41	00:18:29	00:36:59.05	00:37:05.15	+00:13:10 (35.5%)	7:23	8.1 (64.3%)
42	WYPYCH KLUNDER Katarzyna	322		K30	42	00:18:27	00:37:12.35	00:37:22.60	+00:13:27 (36.0%)	7:26	8.1 (64.3%)
43	BERTLING Monika	11		K30	43	00:18:39	00:37:05.20	00:37:30.95	+00:13:35 (36.2%)	7:25	8.1 (64.3%)
44	KACZMAREK Paulina	110		K30	44	00:19:22	00:37:15.50	00:37:41.65	+00:13:46 (36.5%)	7:27	8.1 (64.3%)
45	ZYBER-TARCZYŃSKA Zuzanna	318		K30	45	00:17:59	00:37:29.70	00:38:16.85	+00:14:21 (37.5%)	7:29	8 (63.5%)
46	STAROSTECKA Joanna	261		K30	46	00:18:31	00:38:21.70	00:38:30.25	+00:14:35 (37.9%)	7:40	7.8 (61.9%)
47	KULIGOWSKA Barbara	142		K30	47	00:19:44	00:38:14.85	00:38:35.25	+00:14:40 (38.0%)	7:38	7.8 (61.9%)
48	WIRSZYŁO Karina	291		K30	48	00:18:10	00:38:43.10	00:38:58.25	+00:15:03 (38.6%)	7:44	7.7 (61.1%)
49	BARTCZAK Natalia	6		K30	49	00:19:33	00:39:13.10	00:39:31.30	+00:15:36 (39.5%)	7:50	7.6 (60.3%)
50	WALCZYNA-WELC Weronika	284		K30	50	00:20:05	00:39:47.45	00:39:55.40	+00:16:00 (40.1%)	7:57	7.5 (59.5%)
51	KEMNITZ Agnieszka	114		K30	51	00:19:56	00:40:00.15	00:40:09.00	+00:16:13 (40.4%)	8:00	7.5 (59.5%)
52	WIŃSKA Marta	290		K30	52	00:19:54	00:40:31.95	00:41:02.05	+00:17:06 (41.7%)	8:06	7.4 (58.7%)
53	WAWRZYNIAK Sandra	287		K30	53	00:19:55	00:40:39.20	00:41:08.85	+00:17:13 (41.9%)	8:07	7.4 (58.7%)
54	WITKIEWICZ-ŁUKASZEK Sandra	295		K30	54	00:18:29	00:40:46.50	00:41:31.70	+00:17:36 (42.4%)	8:09	7.4 (58.7%)
55	KOMOROWSKA Hania	125		K30	55	00:21:10	00:42:26.90	00:42:35.00	+00:18:39 (43.8%)	8:29	7.1 (56.3%)
56	ZAKRZEWSKA Lidia	310		K30	56	00:21:23	00:42:47.70	00:42:56.45	+00:19:01 (44.3%)	8:33	7 (55.6%)
57	DECOWSKA Sylwia	43		K30	57	00:16:48	00:43:09.25	00:43:36.15	+00:19:41 (45.1%)	8:37	7 (55.6%)
58	LASOTA Agata	150		K30	58	00:21:31	00:43:58.20	00:44:22.95	+00:20:27 (46.1%)	8:47	6.8 (54.0%)
59	RUTKOWSKA PISZCZYŃSKA Agata	240		K30	59	00:21:53	00:44:08.80	00:44:28.35	+00:20:33 (46.2%)	8:49	6.8 (54.0%)
60	CZERNIAK MALACHOWSKA Anna	39		K30	60	00:21:40	00:43:55.30	00:44:29.15	+00:20:34 (46.2%)	8:47	6.8 (54.0%)
61	MINCZYNSKA Paulina	183		K30	61	00:19:27	00:46:05.90	00:46:33.15	+00:22:38 (48.6%)	9:13	6.5 (51.6%)
62	SUCHARA Magdalena	268		K30	62	00:22:56	00:47:35.10	00:47:49.95	+00:23:54 (50.0%)	9:31	6.3 (50.0%)
62	JANAS Malwina	96		K30	62	00:22:56	00:47:35.25	00:47:49.95	+00:23:54 (50.0%)	9:31	6.3 (50.0%)
64	BANAŚKIEWICZ Paulina	3		K30	64	00:21:26	00:47:33.65	00:47:51.70	+00:23:56 (50.0%)	9:30	6.3 (50.0%)
65	POKORSKA Marika	218		K30	65	00:23:21	00:48:07.85	00:48:28.50	+00:24:33 (50.7%)	9:37	6.2 (49.2%)
66	SOŁDYGA Jolanta	253		K30	66	00:23:52	00:48:20.35	00:48:32.90	+00:24:37 (50.7%)	9:40	6.2 (49.2%)
67	DOMBROWSKA Karolina	52		K30	67	00:25:26	00:50:59.05	00:51:11.60	+00:27:16 (53.3%)	10:11	5.9 (46.8%)
68	NOWAK Natalia	189		K30	68	00:25:25	00:50:58.20	00:51:11.85	+00:27:16 (53.3%)	10:11	5.9 (46.8%)
69	RUSS Magdalena	239		K30	69	00:28:35	00:55:48.35	00:56:17.25	+00:32:22 (57.5%)	11:09	5.4 (42.9%)
	BOCHAŃSKA Magdalena	15		K30		00:16:21 DNF	DNF	DNF	-	-	- (0.0%)