



Organizator:
Data:
Miejsce:
Dystans:

Stowarzyszenie Waleczne Serca
2021-10-03
Bydgoszcz
5 km

II BYDGOSKI BIEG PO ODDECH

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	KRYSKE Bartosz	134		M30	1	00:09:40	00:19:21.45	00:19:23.30		3:52	15.5 (100%)
2	KOLIŃSKI Dawid	124		M30	2	00:09:50	00:19:56.05	00:19:56.80	+00:00:33 (2.8%)	3:59	15.1 (97.4%)
3	HOŁTYN Patryk	89		M30	3	00:09:58	00:20:22.95	00:20:25.40	+00:01:02 (5.1%)	4:04	14.7 (94.8%)
4	KOTULA Sławomir	130		M30	4	00:09:59	00:20:30.20	00:20:31.90	+00:01:08 (5.6%)	4:06	14.6 (94.2%)
5	NAGORZYSKI Arek	188		M30	5	00:10:26	00:21:24.30	00:21:25.55	+00:02:02 (9.5%)	4:16	14 (90.3%)
6	MACIŃSKI Waldek	171		M30	6	00:10:29	00:21:36.05	00:21:37.50	+00:02:14 (10.3%)	4:19	13.9 (89.7%)
7	JOPPEK Łukasz	105		M30	7	00:10:48	00:22:25.00	00:22:25.95	+00:03:02 (13.6%)	4:29	13.4 (86.5%)
8	MUSZYŃSKI Łukasz	186		M30	8	00:11:04	00:22:37.45	00:22:40.65	+00:03:17 (14.5%)	4:31	13.3 (85.8%)
9	LEWANDOWSKI Sebastian	163		M30	9	00:10:52	00:23:22.05	00:23:24.95	+00:04:01 (17.2%)	4:40	12.8 (82.6%)
10	KULIK Stanislav	144		M30	10	00:11:19	00:23:47.20	00:23:50.15	+00:04:26 (18.7%)	4:45	12.6 (81.3%)
11	ROSZAK Zbigniew	235		M30	11	00:12:18	00:25:05.05	00:25:16.85	+00:05:53 (23.3%)	5:01	12 (77.4%)
12	DOMBROWSKI Rafał	53		M30	12	00:12:43	00:25:54.65	00:25:58.05	+00:06:34 (25.3%)	5:10	11.6 (74.8%)
13	NOWAKOWSKI Grzegorz	192		M30	13	00:13:01	00:25:49.80	00:26:07.70	+00:06:44 (25.8%)	5:09	11.6 (74.8%)
14	LEWANDOWSKI Marcin	160		M30	14	00:04:31	00:26:14.40	00:26:14.40	+00:06:51 (26.1%)	5:14	11.4 (73.5%)
15	HAN Sławomir	87		M30	15	00:12:41	00:26:37.85	00:26:53.00	+00:07:29 (27.9%)	5:19	11.3 (72.9%)
16	BRYLIŃSKI Jakub	222		M30	16	00:13:06	00:26:28.70	00:27:02.40	+00:07:39 (28.3%)	5:17	11.3 (72.9%)
17	FIK Marek	62		M30	17	00:13:17	00:27:06.80	00:27:11.15	+00:07:47 (28.7%)	5:25	11.1 (71.6%)
18	KOZŁOWSKI Krzysztof	131		M30	18	00:12:56	00:27:20.30	00:27:30.65	+00:08:07 (29.5%)	5:28	11 (71.0%)
19	MAKUSZEWSKI Mateusz	174		M30	19	00:13:44	00:27:26.75	00:27:42.95	+00:08:19 (30.0%)	5:29	10.9 (70.3%)
20	POTRZEBOWSKI Marek	224		M30	20	00:14:11	00:28:12.35	00:28:31.95	+00:09:08 (32.0%)	5:38	10.6 (68.4%)
21	PRZYBYLSKI Dariusz	227		M30	21	00:13:26	00:28:41.30	00:28:46.35	+00:09:23 (32.6%)	5:44	10.5 (67.7%)
22	PIĄTKOWSKI Mateusz	212		M30	22	00:14:05	00:29:00.90	00:29:09.35	+00:09:46 (33.5%)	5:48	10.3 (66.5%)
23	GLINKOWSKI Dariusz	73		M30	23	00:14:08	00:28:46.30	00:29:11.10	+00:09:47 (33.6%)	5:45	10.4 (67.1%)
24	KUJAWA Przemysław	138		M30	24	00:14:17	00:29:27.80	00:29:30.10	+00:10:06 (34.3%)	5:53	10.2 (65.8%)
25	GLAZIK Jan	72		M30	25	00:14:06	00:29:36.70	00:29:47.30	+00:10:24 (34.9%)	5:55	10.1 (65.2%)
26	CHMIELARSKI Michał	33		M30	26	00:15:14	00:29:40.70	00:29:57.85	+00:10:34 (35.3%)	5:56	10.1 (65.2%)
27	SPRAWA Zbigniew	258		M30	27	00:14:31	00:29:25.00	00:30:39.50	+00:11:16 (36.8%)	5:53	10.2 (65.8%)
28	STANISZEWSKI Konrad	259		M30	28	00:15:46	00:31:21.95	00:31:34.65	+00:12:11 (38.6%)	6:16	9.6 (61.9%)
29	WOŹNIAK Jurand	302		M30	29	00:15:37	00:31:47.05	00:31:57.35	+00:12:34 (39.3%)	6:21	9.4 (60.6%)
30	CZERNAK Marcin	38		M30	30	00:17:11	00:33:35.15	00:34:07.90	+00:14:44 (43.2%)	6:43	8.9 (57.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
31	RĘDZINA Michał	230		M30	31	00:17:12	00:33:36.00	00:34:07.95	+00:14:44 (43.2%)	6:43	8.9 (57.4%)
32	SKONIECZKA Piotr	247		M30	32	00:17:08	00:34:18.75	00:34:25.35	+00:15:02 (43.7%)	6:51	8.7 (56.1%)
33	BOROWA Łukasz	20		M30	33	00:15:57	00:34:29.65	00:34:41.50	+00:15:18 (44.1%)	6:53	8.7 (56.1%)
34	WITKOWSKI Dawid	296		M30	34	00:16:36	00:35:22.30	00:35:50.35	+00:16:27 (45.9%)	7:04	8.5 (54.8%)
35	ŁUKASZ Wawrzyniak	168		M30	35	00:15:29	00:35:30.10	00:35:54.00	+00:16:30 (46.0%)	7:06	8.5 (54.8%)
36	KOMOROWSKI Wojciech	126		M30	36	00:17:38	00:35:46.60	00:36:09.55	+00:16:46 (46.4%)	7:09	8.4 (54.2%)
37	SUCHARA Dariusz	269		M30	37	00:16:32	00:36:36.00	00:36:47.45	+00:17:24 (47.3%)	7:19	8.2 (52.9%)
38	DOMARACKI Wojciech	51		M30	38	00:18:27	00:37:12.45	00:37:22.90	+00:17:59 (48.1%)	7:26	8.1 (52.3%)
39	BRYLIŃSKI Jakub	22		M30	39	00:17:46	00:37:20.20	00:37:39.60	+00:18:16 (48.5%)	7:28	8 (51.6%)
40	TARCZYŃSKI Kamil	276		M30	40	00:17:59	00:37:25.50	00:38:13.15	+00:18:49 (49.3%)	7:29	8 (51.6%)
41	WIŚNIEWSKI Leszek	293		M30	41	00:18:41	00:37:56.15	00:38:20.80	+00:18:57 (49.4%)	7:35	7.9 (51.0%)
42	GRZEMPA Bartosz	82		M30	42	00:19:26	00:38:47.00	00:39:08.85	+00:19:45 (50.5%)	7:45	7.7 (49.7%)
43	BARTCZAK Piotr	5		M30	43	00:19:34	00:39:14.15	00:39:31.30	+00:20:08 (50.9%)	7:50	7.6 (49.0%)
44	WELC Michał	288		M30	44	00:19:54	00:39:37.25	00:39:55.45	+00:20:32 (51.4%)	7:55	7.6 (49.0%)
45	FRASZ Robert	63		M30	45	00:19:55	00:39:38.00	00:39:55.60	+00:20:32 (51.4%)	7:55	7.6 (49.0%)
46	ŁUKASZEWSKI Kamil	331		M30	46	00:19:50	00:40:42.05	00:40:42.05	+00:21:18 (52.4%)	8:08	7.4 (47.7%)
47	UMIŃSKI Kacper	282		M30	47	00:19:51	00:41:42.90	00:42:07.60	+00:22:44 (54.0%)	8:20	7.2 (46.5%)
48	SIDOROWICZ Paweł	245		M30	48	00:21:23	00:41:57.70	00:42:11.80	+00:22:48 (54.1%)	8:23	7.2 (46.5%)
49	MIĘTKIEWICZ Paweł	178		M30	49	00:19:01	00:41:39.30	00:42:14.40	+00:22:51 (54.1%)	8:19	7.2 (46.5%)
50	JAGIEŁA Bartosz	95		M30	50	00:20:26	00:42:53.30	00:42:53.30	+00:23:30 (54.8%)	8:34	7 (45.2%)
51	DUSZKIEWICZ Adam	57		M30	51	00:20:46	00:43:07.85	00:43:38.15	+00:24:14 (55.6%)	8:37	7 (45.2%)

Znaleziono 51 wynik(ów)