



Organizator: OTK Rzeźnik
Data: 2015-10-18
Miejsce: Gliwice
Dystans: 21.1 km

II PÓŁMARATON GLIWICKI

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-40

Punkt pomiarowy: 20,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5km	10km	15km	20km
1	KOSZAŁKA Dariusz	743	PĘDZIWIATR GLIWICE	M-40	00:00:02	00:18:19	00:37:08	00:56:05	01:15:18
2	JAGIEŁA Adam	584		M-40	00:00:03	00:18:30	00:37:21	00:56:58	01:16:49
3	MIKULSKI Andrzej	281		M-40	00:00:04	00:21:35	00:42:12	01:02:37	01:22:47
4	GOŁASZEWSKI Tomasz	1253		M-40	00:00:04	00:20:38	00:41:10	01:02:27	01:23:29
5	BRUDNY Grzegorz	919	KWK PNIÓWEK	M-40	00:00:05	00:20:47	00:42:10	01:03:40	01:25:25
6	ŁATA Piotr	1223		M-40	00:00:08	00:21:41	00:43:03	01:04:29	01:26:22
7	KRAWCZYK Grzegorz	96	BIEGIEM RADOM!	M-40	00:00:27	00:21:38	00:43:32	01:05:06	01:26:44
8	POLACZEK Alexander	696		M-40	00:00:06	00:20:51	00:42:08	01:03:55	01:26:45
9	PYSZ Grzegorz	755	HRMAX ŻORY	M-40	00:00:16	00:21:09	00:42:26	01:04:21	01:27:13
10	KANIA Michał	338		M-40	00:00:10	00:21:29	00:43:14	01:05:04	01:27:21
11	JACKOWSKI Piotr	1095		M-40	00:00:14	00:22:09	00:43:47	01:05:13	01:27:21
12	GADEK Wojciech	357	WWW.BURGMANIA.NET	M-40	00:00:16	00:21:10	00:42:34	01:04:35	01:27:32
13	KOWALSKI Wojciech	1178	ITACY BIEGACZE	M-40	00:00:36	00:20:54	00:42:28	01:04:36	01:28:12
14	PACZKA Michał	778	GLIWICE	M-40	00:00:22	00:22:01	00:43:46	01:05:55	01:28:30
15	WITAS Jacek	766		M-40	00:01:18	00:22:52	00:44:45	01:06:43	01:28:46
16	STAROSTKA Jacek	1229	PKO BP	M-40	00:00:12	00:22:27	00:44:30	01:06:40	01:29:05
17	PARZONKA Paweł	410	KS LENIWIEC	M-40	00:00:37	00:22:09	00:44:13	01:06:24	01:29:09
18	BŁACH'BUŁA' Piotr	1037	OPEL ACTIVE TEAM	M-40	00:00:16	00:21:31	00:43:39	01:06:07	01:29:11
19	KORNACKI Adrian	901		M-40	00:00:14	00:21:01	00:42:58	01:05:35	01:29:13
20	JAMRÓZ Wojciech	477	KW GLIWICE	M-40	00:00:11	00:22:10	00:44:36	01:07:17	01:30:27
21	BOROWSKI Piotr	572	OPEL ACTIVE CLUB	M-40	00:00:16	00:22:13	00:44:28	01:07:20	01:30:37
22	MARCZAK Krzysztof	1228	PKO BP	M-40	00:00:12	00:22:33	00:45:09	01:07:53	01:30:42
23	DOMAŃSKI Marcin	92	WWW.BFRT.ORG.PL	M-40	00:00:23	00:23:13	00:45:47	01:08:24	01:31:10
24	BEHRENDT Jakub	917		M-40	00:00:17	00:22:34	00:45:40	01:08:36	01:32:01
25	FILIPIAK Hieronim	1064	KADRA BOBREK - CENTRUM	M-40	00:00:16	00:23:10	00:45:42	01:08:42	01:32:08
26	GRZYB Dariusz	996	NIEZRZESZONY	M-40	00:00:07	00:20:52	00:42:37	01:06:13	01:32:18
27	HOŁYŃSKI Tomasz	85		M-40	00:00:24	00:22:44	00:45:03	01:08:03	01:32:25
28	KRUPA Grzegorz	1179		M-40	00:00:35	00:22:56	00:45:47	01:08:51	01:32:25
29	SOPEL Arkadiusz	1273	OTK RZEŹNIK	M-40	00:00:04	00:21:49	00:44:45	01:08:10	01:32:27

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5km	10km	15km	20km
30	ZIAJA Stefan	877		M-40	00:00:03	00:22:36	00:45:49	01:09:11	01:32:42
31	WOJCIECHOWSKI Krzysztof	566	RADLINIOKIW BIEGU	M-40	00:00:11	00:23:13	00:46:11	01:09:15	01:32:45
32	ZIOŁA Mirosław	144		M-40	00:02:18	00:23:16	00:45:18	01:08:12	01:32:46
33	KAMOLA Sławomir	907		M-40	00:00:37	00:23:51	00:46:59	01:10:05	01:32:56
34	SYCAN Krzysztof	625	PKO BANK POLSKI	M-40	00:00:09	00:22:34	00:45:47	01:09:17	01:33:06
35	KAŁAMARZ Mariusz	218	RUN KAZIK RUN!	M-40	00:00:19	00:21:52	00:44:51	01:08:43	01:33:08
36	OPANOWSKI Dariusz	146		M-40	00:00:13	00:22:48	00:46:17	01:09:36	01:33:35
37	STĘPIEŃ Wojciech	47	JM RUNNING TEAM / NIGHT RUNNERS GLIWICE - ENERGY TEAM	M-40	00:00:47	00:23:54	00:46:59	01:10:23	01:33:47
38	BEHRENDT Bartek	614	NIGHT RUNNERS GLIWICE	M-40	00:00:19	00:22:36	00:46:11	01:09:59	01:33:56
39	BEŚKA Sławomir	99	OCHAJO RUN	M-40	00:02:19	00:24:39	00:47:46	01:10:43	01:33:56
40	STUCHLIK Tadeusz	697		M-40	00:00:22	00:23:16	00:46:57	01:10:23	01:34:11
41	TROJAN Piotr	916	JEBACWYCIAGI	M-40	00:01:53	00:24:43	00:48:14	01:11:29	01:34:27
42	FEODORÓW Wojciech	530		M-40	00:00:34	00:23:47	00:47:33	01:10:58	01:34:29
43	GERMUGA Sebastian	15	OPEL ACTIVE TEAM	M-40	00:00:18	00:22:14	00:45:27	01:09:40	01:34:38
44	ŚWIĄTEK Arkadiusz	895		M-40	00:00:13	00:22:24	00:46:01	01:10:13	01:34:40
45	KOSTRUBAŁA Kacper	717	ORANGE POLSKA	M-40	00:00:21	00:23:47	00:47:04	01:10:36	01:34:45
46	PYZIK Tomasz	253	DRUŻYNA MOJACUKRZYCA.PL	M-40	00:00:15	00:23:09	00:46:50	01:10:30	01:34:52
47	REMIORZ Piotr	1096		M-40	00:01:05	00:24:15	00:47:04	01:10:32	01:34:53
48	BAGAN Grzegorz	42	GOGGLE PAE TEAM	M-40	00:00:20	00:23:20	00:46:57	01:10:34	01:35:16
49	RAWŁUSZEWICZ Waldemar	604	ASTERINA	M-40	00:01:21	00:24:35	00:48:28	01:11:55	01:35:27
50	DZIEDZIC Andrzej	579	BHP	M-40	00:00:56	00:22:54	00:46:13	01:10:22	01:35:36
51	WZOREK Marcin	337	OPEL ACTIVE TEAM	M-40	00:00:20	00:23:45	00:47:41	01:11:42	01:36:01
52	NAPIERAJ Andrzej	776	FALSTART RUDNIKI	M-40	00:00:25	00:23:41	00:47:21	01:11:19	01:36:02
53	PAWLIK Marek	378		M-40	00:00:32	00:23:29	00:47:14	01:11:13	01:36:04
54	ZAPOTOCZNY Przemysław	861		M-40	00:02:18	00:24:42	00:48:13	01:11:56	01:36:22
55	STARŻYK Piotr	133	RUNSTARS	M-40	00:00:28	00:24:25	00:48:13	01:11:41	01:36:31
56	PIOTROWSKI Krzysztof	38	CROSS KRAPKOWICE	M-40	00:01:01	00:23:22	00:47:07	01:11:19	01:36:32
57	GRYSKA Piotr	1296		M-40	00:00:08	00:23:59	00:47:33	01:11:35	01:36:40
58	JACKOWICZ Rafał	828	JACKOWICZ TEAM	M-40	00:00:35	00:23:29	00:47:05	01:11:21	01:36:49
59	KOŃCZAK Maciej	815	KROTOSZ KROTOSZYN	M-40	00:00:21	00:23:41	00:47:19	01:11:35	01:36:51
60	LIGUDZIŃSKI Andrzej	593	ZA GARŚĆ BANANÓW	M-40	00:01:33	00:23:33	00:47:32	01:11:56	01:37:13
61	NITKA Sebastian	356		M-40	00:01:40	00:24:28	00:48:28	01:12:45	01:37:31
62	HETMAŃCZYK Ireneusz	505	FAST FOOT OPOLE	M-40	00:01:28	00:23:37	00:47:47	01:12:00	01:37:34
63	ŚWIDEREK Andrzej	854	NIEZRZESZONY	M-40	00:00:35	00:24:22	00:48:27	01:12:46	01:37:36
64	KUBIS Adrian	909		M-40	00:00:43	00:24:50	00:48:59	01:13:06	01:37:37
65	BOCHENEK Marcin	751		M-40	00:00:19	00:23:21	00:47:02	01:11:16	01:37:42
66	FRĄC Dariusz	140	NIGHT RUNNERS GLIWICE	M-40	00:00:47	00:24:24	00:48:30	01:12:53	01:38:00
67	KOCYBA Andrzej	795	NIEZRZESZONY	M-40	00:00:44	00:25:00	00:49:05	01:13:04	01:38:07
68	BELUCH Witold	463		M-40	00:01:02	00:24:37	00:48:43	01:13:02	01:38:21
69	GOLDA Piotr	952		M-40	00:00:55	00:26:33	00:51:22	01:15:24	01:38:24
70	BATKO Janusz	328		M-40	00:00:39	00:23:40	00:48:05	01:13:04	01:38:37
71	CZOK Adrian	540		M-40	00:00:38	00:24:31	00:49:11	01:13:46	01:38:47
72	MICHALSKI Dariusz	585	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	M-40	00:00:39	00:24:43	00:49:29	01:14:08	01:38:51
73	GRABKOWSKI Robert	1011	KB SUKCES ŻMIGRÓD	M-40	00:00:50	00:23:51	00:48:01	01:12:31	01:38:57
74	STACHOŃ Jacek	1083		M-40	00:01:10	00:24:48	00:49:20	01:13:41	01:39:17
75	SMAGOROWICZ Artur	1117	W POGONI ZA DUCHEM	M-40	00:00:23	00:25:35	00:50:35	01:15:10	01:39:30

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5km	10km	15km	20km
76	POLAK Krzysztof	29	OPEL ACTIVE TEAM	M-40	00:00:22	00:23:57	00:48:09	01:13:20	01:39:31
77	DEREK Piotr	922	ZA LEPSZĄ LINIĄ POGOŃ	M-40	00:01:32	00:24:58	00:49:10	01:14:22	01:40:00
78	ŁOBKO Adam	796		M-40	00:01:48	00:25:32	00:50:09	01:15:08	01:40:15
79	BONK Sebastian	164	BMS	M-40	00:00:28	00:23:51	00:48:43	01:14:03	01:40:21
80	MAJEREK Marek	156		M-40	00:00:07	00:23:03	00:47:14	01:12:38	01:40:29
81	CIERPKA Dariusz	181		M-40	00:00:45	00:25:09	00:49:39	01:14:20	01:40:42
82	ZAKRZEWSKI Robert	1201	BIEG WEGAŃSKI	M-40	00:00:33	00:25:25	00:50:24	01:15:24	01:40:54
83	STALICA Wojciech	889	IZO-ERG	M-40	00:00:33	00:25:18	00:50:29	01:15:27	01:40:55
84	PIETRZAK Marcin	756		M-40	00:00:45	00:24:03	00:48:28	01:13:38	01:40:57
85	KUCZMA Jarosław	534		M-40	00:01:01	00:26:13	00:51:46	01:16:37	01:41:17
86	IZBICKI Zbigniew	960	FC24	M-40	00:01:23	00:24:40	00:49:24	01:14:38	01:41:30
87	SERAFICKI Sebastian	425	RYSIE	M-40	00:02:05	00:25:11	00:50:23	01:15:28	01:41:32
88	MYCIELSKI Mariusz	687	W DRODZE	M-40	00:00:48	00:25:06	00:50:13	01:15:37	01:41:35
89	HAJDA Marek	810		M-40	00:00:10	00:24:19	00:49:29	01:14:59	01:41:42
90	KRZEMIŃSKI Andrzej	1227	PKO BP	M-40	00:00:52	00:25:09	00:50:30	01:15:52	01:41:49
91	CZAPEK Marek	101	BOJKÓW	M-40	00:01:04	00:26:30	00:52:18	01:17:09	01:42:00
92	WARDAK Tomasz	394	RADZYMIN RUN TEAM	M-40	00:00:22	00:25:32	00:50:56	01:16:18	01:42:12
93	LUBICKI Wojciech	78	BRAK	M-40	00:00:56	00:25:45	00:50:43	01:16:18	01:42:24
94	WÓJCIK Rafał	784		M-40	00:02:19	00:24:58	00:49:51	01:15:38	01:42:24
95	DZIURA Arkadiusz	725	NIUANS	M-40	00:00:52	00:25:24	00:50:10	01:15:23	01:42:26
96	MIĘKIŃSKI Jacek	829		M-40	00:01:13	00:25:38	00:50:30	01:15:58	01:42:26
97	DYNAK Mariusz	999	ADAMIETZ	M-40	00:01:14	00:25:28	00:50:29	01:16:02	01:42:26
98	ROŚLAWSKI Marcin	342		M-40	00:01:06	00:26:03	00:50:56	01:16:33	01:42:30
99	KUCH Paweł	182		M-40	00:00:23	00:25:42	00:51:06	01:16:42	01:42:41
100	LISOWSKI Jacek	765		M-40	00:01:25	00:25:48	00:50:53	01:16:29	01:42:44
101	SZANIEWSKI Krzysztof	1072		M-40	00:00:48	00:27:00	00:52:59	01:18:08	01:43:32
102	PRUSKO Adrian	302		M-40	00:00:17	00:25:47	00:51:27	01:17:01	01:43:39
103	ŁUKASZEK Krzysztof	974		M-40	00:01:48	00:27:32	00:54:13	01:19:28	01:43:47
104	KULPA Marek	846	AKMB PĘDZIWIATR GLIWICE	M-40	00:00:38	00:24:44	00:50:23	01:16:03	01:43:58
105	KACZKIEWICZ Damian	1271	NIGHT RUNNERS GLIWICE	M-40	00:01:16	00:27:05	00:53:06	01:19:29	01:43:59
106	MICHALAK Grzegorz	690	TOTALNY AMATOR	M-40	00:00:12	00:24:47	00:50:27	01:16:55	01:44:00
107	LANGOSZ Grzegorz	420		M-40	00:00:55	00:26:45	00:53:06	01:18:46	01:44:04
108	USZKO Grzegorz	354		M-40	00:00:20	00:25:23	00:51:01	01:17:37	01:44:12
109	KUJAWSKI Tomasz	210	NIGHT RUNNERS GLIWICE	M-40	00:01:05	00:25:34	00:50:38	01:16:08	01:44:12
110	WYSOCKI Tomasz	160	ETERUN	M-40	00:02:20	00:26:23	00:51:58	01:17:37	01:44:16
111	KROWIAK Grzegorz	735		M-40	00:01:15	00:26:35	00:52:32	01:18:22	01:44:19
112	PARUZEL Ireneusz	112		M-40	00:00:58	00:24:54	00:50:02	01:16:07	01:44:23
113	PAWLUSZUK Bogdan	261		M-40	00:01:06	00:25:38	00:50:51	01:16:50	01:44:45
114	JANIK Ireneusz	1025		M-40	00:00:49	00:26:32	00:52:34	01:18:32	01:44:49
115	MUSIALIK Jan	890		M-40	00:00:10	00:24:59	00:50:52	01:17:22	01:44:55
116	GIERAS Mirosław	506	DELOITTE ADVENTURE TEAM	M-40	00:02:07	00:25:56	00:52:08	01:18:27	01:45:11
117	WILK Andrzej	818		M-40	00:01:08	00:26:19	00:51:53	01:17:57	01:45:42
118	ZDZIEBKO Artur	105		M-40	00:01:07	00:26:04	00:52:13	01:18:27	01:46:06
119	KACZOR Rafał	1226	PKO BP	M-40	00:01:50	00:26:29	00:53:04	01:19:20	01:46:15
120	BĄK-CESARZ Damian	282		M-40	00:01:38	00:26:49	00:54:01	01:21:03	01:46:16
121	MASIAREK Mariusz	1265	DRUŻYNA MOJACUKRZYCA.PL	M-40	00:01:29	00:26:03	00:51:33	01:17:56	01:46:19

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5km	10km	15km	20km
122	WYPYCHOWICZ Piotr	388	WWW.BURGMANIA.NET	M-40	00:00:20	00:23:43	00:48:06	01:15:41	01:46:26
123	PISKORZ Robert	948		M-40	00:01:12	00:25:44	00:52:28	01:18:54	01:46:46
124	IMIOŁEK Arkadiusz	419		M-40	00:00:38	00:26:33	00:53:02	01:19:48	01:47:40
125	ZEMŁA Piotr	235	ISTA BIEGAMY	M-40	00:00:48	00:26:51	00:53:41	01:20:40	01:47:48
126	KOWALCZYK Robert	433		M-40	00:00:59	00:25:34	00:51:46	01:18:59	01:47:54
127	GRUSZKA Tomasz	1276		M-40	00:00:49	00:26:38	00:52:42	01:19:10	01:48:08
128	OCHMAN Ireneusz	1073	OPEL ACTIVE TEAM	M-40	00:00:17	00:24:41	00:51:13	01:18:37	01:48:15
129	ĆWIK Paweł	1024		M-40	00:00:53	00:26:39	00:52:55	01:19:44	01:48:17
130	MIKETA Marek	1090		M-40	00:00:27	00:27:47	00:54:56	01:21:08	01:48:31
131	WOŹNIAK Marek	277	RYBICKA GRUPA BIEGOWA	M-40	00:02:08	00:27:06	00:53:32	01:20:45	01:48:34
132	KONIK Tomasz	385		M-40	00:00:52	00:26:17	00:52:40	01:19:36	01:48:40
133	PYKA Dariusz	1127		M-40	00:01:58	00:27:55	00:55:42	01:23:21	01:48:50
134	KULIK Adam	989		M-40	00:00:40	00:26:04	00:52:44	01:19:49	01:48:57
135	SŁUSZNIAK Sławomir	752		M-40	00:00:37	00:26:30	00:53:05	01:20:20	01:49:00
136	ALEKSANDROWICZ Krzysztof	1104		M-40	00:01:32	00:26:45	00:53:31	01:20:47	01:49:06
137	UTRATNY Ludomir Jan	284	FIZJO RUNNERS UMED WROCŁAW	M-40	00:00:41	00:26:30	00:53:12	01:20:45	01:49:12
138	GRONDECKI Grzegorz	310		M-40	00:01:20	00:27:18	00:54:09	01:21:39	01:49:18
139	PATRYAS Arkadiusz	985		M-40	00:00:59	00:27:46	00:55:16	01:22:54	01:49:21
140	KOZIELEC Tomasz	372		M-40	00:01:18	00:27:05	00:53:52	01:21:07	01:49:25
141	MIKUŁA Leszek	617		M-40	00:00:25	00:25:28	00:51:24	01:19:06	01:49:36
142	SULIN Marek	904		M-40	00:02:11	00:28:10	00:55:52	01:22:47	01:49:43
143	STASIAK Michał	180		M-40	00:01:05	00:27:13	00:54:14	01:21:24	01:49:53
144	GRABOWSKI Michał	568		M-40	00:00:35	00:27:51	00:55:34	01:22:58	01:50:03
145	JANY Kamil	545		M-40	00:01:20	00:27:35	00:54:40	01:22:13	01:50:03
146	GOSŁAWSKI Piotr	1262		M-40	00:01:13	00:27:18	00:53:53	01:21:09	01:50:04
147	MALINOWSKI Piotr	913		M-40	00:01:14	00:26:56	00:54:21	01:21:56	01:50:22
148	POPIEL Artur	414		M-40	00:01:00	00:27:40	00:55:14	01:22:43	01:50:35
149	RENKE Piotr	841	NIGHT RUNNERS GLIWICE	M-40	00:01:00	00:26:02	00:52:42	01:20:54	01:50:45
150	BYCZYK Jarosław	536		M-40	00:01:03	00:27:03	00:53:43	01:21:04	01:50:53
151	FRANKE Tomasz	458		M-40	00:01:23	00:27:48	00:55:44	01:23:31	01:51:38
152	SZALIŃSKI Krzysztof	975	KB SWIATDOMU.COM	M-40	00:00:09	00:27:29	00:55:27	01:23:12	01:51:47
153	WARSZAWIK Antoni	723		M-40	00:01:12	00:25:31	00:51:49	01:19:36	01:51:47
154	JASIŃSKI Tomasz	805		M-40	00:01:36	00:27:13	00:54:10	01:22:49	01:51:52
155	URBANIAK Andrzej	1063	SKLEP BIEGACZA	M-40	00:00:33	00:27:40	00:55:22	01:23:08	01:52:10
156	WNUK Grzegorz	896		M-40	00:01:21	00:28:21	00:56:49	01:25:19	01:52:22
157	WILK Mariusz	142		M-40	00:00:41	00:27:06	00:55:02	01:23:35	01:52:26
158	DZIEWIOR Marek	1000	SBD ENERGETYK RYBNIK	M-40	00:00:36	00:26:30	00:53:24	01:21:36	01:52:28
159	BAROS Grzegorz	836		M-40	00:01:02	00:27:15	00:55:12	01:23:45	01:52:35
160	LALA Mariusz	1177		M-40	00:01:57	00:27:56	00:55:44	01:23:40	01:52:52
161	KRAKOWSKI Jacek	565		M-40	00:02:07	00:28:10	00:56:08	01:24:55	01:52:54
162	ROZWADOWSKI Dariusz	924		M-40	00:01:50	00:28:03	00:55:50	01:24:01	01:52:58
163	BOCZAROWSKI Michał	1058		M-40	00:01:28	00:27:11	00:54:26	01:22:27	01:53:07
164	KOPIEL Grzegorz	780	EXPERT TRAVEL	M-40	00:01:41	00:27:01	00:55:07	01:23:52	01:53:09
165	RENKIEL Tomasz	1282		M-40	00:01:16	00:27:43	00:56:03	01:24:26	01:53:17
166	MIERZEJEWSKI Jacek	150		M-40	00:00:29	00:27:00	00:54:16	01:23:18	01:53:31
167	ZALEWSKI Krzysztof	790	ZALEWSKI ARCHITECTURE GROUP	M-40	00:00:38	00:28:39	00:57:12	01:25:51	01:53:34

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5km	10km	15km	20km
168	SKORUPSKI Grzegorz	823		M-40	00:01:36	00:28:03	00:56:16	01:24:45	01:53:42
169	WILSZ Adam	657		M-40	00:02:12	00:28:55	00:57:14	01:25:25	01:53:47
170	WIECZORKE Marcin	741		M-40	00:00:24	00:26:28	00:53:32	01:23:29	01:53:48
171	HRYSZKIEWICZ Janusz	933	UNISONO FLOW / AKMB PĘDZIWIATR GLIWICE	M-40	00:02:09	00:28:57	00:57:14	01:25:27	01:53:50
172	ZNAMIROWSKI Krzysztof	361	RADIO WROCŁAW	M-40	00:00:32	00:26:43	00:54:29	01:23:41	01:53:51
173	WÓJCIK Rafał	719		M-40	00:01:14	00:28:18	00:56:29	01:25:14	01:54:15
174	WOJCIECHOWSKI Ireneusz	311	BBL GRÓJEC	M-40	00:02:06		00:56:12		01:54:16
175	GRYNICKI Jacek	804		M-40	00:00:43	00:29:17	00:57:36	01:25:55	01:54:27
176	WALKE Piotr	350	NIGHT RUNNERS GLIWICE	M-40	00:00:44	00:24:26	00:48:37	01:13:03	01:55:18
177	KAŁUŻA Aleksander	1256		M-40	00:01:19	00:28:20	00:57:27	01:25:39	01:55:33
178	KLIKS Andrzej	655	UNISONO	M-40	00:02:04	00:29:01	00:57:21	01:25:32	01:55:39
179	INGLANT Zbigniew	1030		M-40	00:01:21	00:30:17	01:00:00	01:28:06	01:55:41
180	HUZIOR Roman	1225		M-40	00:01:11	00:28:16	00:56:35	01:25:29	01:56:32
181	CHWALISZEWSKI Jarosław	35	NIGHT RUNNERS GLIWICE	M-40	00:01:17	00:27:40	00:56:32	01:25:19	01:56:55
182	KOŁODZIEJ Jacek	223	NIGHT RUNNERS GLIWICE, ENERGY TEAM	M-40	00:01:16	00:27:42	00:56:33	01:25:32	01:56:56
183	MITRĘGA Paweł	994		M-40	00:01:18	00:29:02	00:58:19	01:27:10	01:57:28
184	BUCHAL Grzegorz	581		M-40	00:01:38	00:28:38	00:56:53	01:26:25	01:58:30
185	CAPUTA Piotr	998		M-40	00:01:14	00:26:18	00:54:04	01:24:37	01:59:41
186	CIEŚLA Adam	209	KLUB: RYBNICKI KLUB JU JITSU SPORTOWEGO	M-40	00:00:12	00:25:34	00:54:03	01:25:18	01:59:55
187	JANTAS Andrzej	986		M-40	00:00:14	00:26:59	00:57:07	01:28:32	02:00:45
188	GAIM Jacek	946	SOSNOWIEC	M-40	00:00:53	00:29:20	00:58:47	01:29:30	02:01:50
189	MICHALSKI Bartosz	1281		M-40	00:01:39	00:29:08	00:58:23	01:28:28	02:02:04
190	ROGOWSKI Tadeusz	728		M-40	00:01:25	00:29:04	00:58:36	01:28:41	02:02:20
191	CHOJOWSKI Oskar	259		M-40	00:01:55	00:30:14	01:00:09	01:30:27	02:02:31
192	KLYTA Wojciech	1071	NIEZRZESZONY	M-40	00:01:53	00:27:16	00:55:46	01:27:32	02:03:46
193	BUFNAL Krzysztof	710		M-40	00:02:17	00:30:38	01:01:58	01:32:47	02:04:09
194	JAWOREK Dariusz	31	SPORT-RELAKS.PL	M-40	00:01:52	00:29:50	01:00:20	01:31:34	02:05:00
195	ROJEK Grzegorz	1076		M-40	00:01:43	00:31:21	01:02:28	01:33:54	02:05:21
196	MIŚKIEWICZ Andrzej	188		M-40	00:01:46	00:30:50	01:01:42	01:33:12	02:05:22
197	NADOLNY Wiesław	833	SOLIDARNOŚĆ MZA I TW	M-40	00:02:01	00:30:36	01:02:04	01:33:55	02:06:33
198	KRUSZYŃSKI Marcin	570		M-40	00:00:34	00:26:36	00:55:03	01:28:40	02:06:34
199	ADAMSKI Tomasz	280		M-40	00:01:10	00:30:28	01:02:59	01:34:41	02:07:44
200	URBAN Dariusz	1012		M-40	00:00:40	00:29:11	00:59:31	01:31:57	02:08:19
201	KOSIERKIEWICZ Kamil	1066		M-40	00:01:58	00:33:47	01:07:04	01:40:05	02:09:28
202	TISZBIEREK Henryk	324		M-40	00:01:35	00:31:30	01:03:10	01:34:57	02:09:35
203	MIGDAŁ Grzegorz	325		M-40	00:01:35	00:31:31	01:03:10	01:34:57	02:09:35
204	BRODIUK Norbert	148	TRAINPAUL	M-40	00:00:24	00:28:45	01:00:44	01:35:27	02:10:40
205	DOBREK Wojciech	851	WIECZORNEBIEGANIE	M-40	00:02:11	00:30:05	01:03:17	01:38:44	02:12:15
206	JĘDRYCHA Artur	830		M-40	00:02:02	00:33:44	01:07:00	01:40:03	02:12:41
207	KAPUSTA Grzegorz	1108		M-40	00:00:18	00:32:10	01:05:13	01:40:02	02:16:38
208	DOŁĘGA Andrzej	827		M-40	00:02:21	00:32:24	01:07:47	01:42:24	02:21:11
209	BOBKOWSKI Maciej	393		M-40	00:00:45	00:31:05	01:05:59	01:43:38	02:22:10
210	MACHAŁA Tomasz	453		M-40	00:02:12	00:31:56	01:06:18	01:43:29	02:22:46
211	WRZESIŃSKI Zbyszek	867		M-40	00:02:13	00:33:25	01:07:29	01:42:33	02:23:03
212	KRYWALSKI Wilhelm	202		M-40	00:02:08	00:35:03	01:10:41	01:48:16	02:24:33
213	BIEL Michał	758		M-40	00:01:51	00:32:06	01:06:28	01:43:25	02:26:09

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5km	10km	15km	20km
214	GLIŃSKI Michał	1286	NIGHT RUNNERS GLIWICE	M-40	00:01:42	00:34:07	01:09:58	01:48:51	02:30:23
215	GRUSZKA Michał	1039		M-40	00:01:31	00:32:34	01:08:02	01:46:57	02:30:33
216	MIRECKI Jan	757		M-40	00:00:35	00:39:11	01:20:14	02:02:57	02:45:43
217	MEJ Paweł	734	NIEZRZESZONY - BOSY BIEGACZ	M-40	00:00:04	00:36:15	01:20:45	02:03:27	02:46:14
218	KOZDRA Krzysztof	736	NIEZRZESZONY	M-40	00:00:00				

Znaleziono 218 wynik(ów)