



Organizator: OTK Rzeźnik
Data: 2015-10-18
Miejsce: Gliwice
Dystans: 21.1 km

II PÓŁMARATON GLIWICKI

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M Open

Punkt pomiarowy: 20,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5km	10km	15km	20km
1	CHMIELOWIEC Patryk	1093		M-20	00:00:01	00:11:13	00:22:21	00:34:30	00:50:17
2	OLIINYK Paweł	1204	KS ICE MAT TEAM OSTRÓW WLKP.	M-20	00:00:02	00:15:48	00:31:54	00:48:06	01:04:21
3	NAGIRNIAK Wiktor	1131		M-20	00:00:03	00:16:16	00:33:03	00:50:22	01:07:40
4	KWALIA Launen	1219	SKKS DORCUS SPORT	M-20	00:00:03	00:16:15	00:33:03	00:50:22	01:07:41
5	FORMICKI Rafał	165	VICTORIA ZAWIERCIE	M-20	00:00:03	00:17:36	00:34:52	00:52:29	01:10:25
6	KWIECIŃSKI Michał	965	URODZENI BIEGACZE WWW.BORNRUNNERS.PL	M-20	00:00:02	00:17:52	00:35:35	00:53:44	01:12:36
7	BIELIŃSKI Piotr	874	SOKÓŁ KNURÓW/RYDZ TEAM	M-20	00:00:02	00:18:09	00:36:15	00:54:48	01:13:57
8	JARCZYK Marcin	1014		M-30	00:00:03	00:18:25	00:36:56	00:55:43	01:14:44
9	RYSZKA Dariusz	843	UKS OLIMPIA ZABRZE	M-20	00:00:02	00:19:11	00:38:06	00:56:30	01:15:16
10	KOSZAŁKA Dariusz	743	PĘDZIWIATR GLIWICE	M-40	00:00:02	00:18:19	00:37:08	00:56:05	01:15:18
11	MORDYŃSKI Bartłomiej	837	UKS OLIMPIA ZABRZE	M-20	00:00:03	00:19:13	00:38:05	00:56:42	01:15:40
12	SLADEK Dawid	726		M-20	00:00:03	00:18:46	00:37:54	00:56:41	01:15:50
13	JAGIEŁA Adam	584		M-40	00:00:03	00:18:30	00:37:21	00:56:58	01:16:49
14	SZCZECIŃSKI Maciej	199		M-30	00:00:03	00:19:42	00:39:04	00:58:06	01:16:49
15	GRZEGORZYCA Marcin	551		M-30	00:00:03	00:19:13	00:38:30	00:57:57	01:17:12
16	ŚNIEGÓRSKI Maciej	1109	SKLEPBIEGACZA.PL GLIWICE TEAM	M-30	00:00:02	00:19:11	00:38:07	00:57:22	01:17:33
17	DUŻNIAK Dominik	504	STEP-DANCE RUN GLIWICE	M-30	00:00:03	00:19:11	00:38:32	00:57:58	01:17:33
18	NOWICKI Michał	768		M-16	00:00:06	00:20:09	00:39:52	00:59:29	01:19:35
19	PISKORZ Łukasz	908	STRZELIŃSKI KLUB BIEGACZA GRANIT	M-30	00:00:05	00:20:13	00:40:24	00:59:56	01:19:37
20	MATLOK Marek	319	BIEGAJ Z PILECKIM	M-30	00:00:05	00:19:44	00:39:48	00:59:49	01:19:43
21	CHOJNOWSKI Sebastian	1224	GLIWICKIE TOWARZYSTWO TRIATHLONOWE	M-20	00:00:00	00:18:58	00:38:34	00:58:56	01:20:10
22	PŁOCH Jakub	275		M-20	00:00:02	00:19:02	00:39:03	00:59:14	01:20:16
23	OCHMAN Paweł	1052	FUTURE PROCESSING RUNNING TEAM	M-20	00:00:06	00:20:14	00:40:06	01:00:17	01:20:37
24	BOCHEŃSKI Grzegorz	206	AMATOR	M-30	00:00:16	00:19:49	00:39:44	01:00:03	01:21:10
25	BUJNOWSKI Artur	79	KLUB BIEGACZA ENDURANCE SOLIDARNI KNURÓW	M-20	00:00:05	00:20:34	00:40:40	01:01:07	01:21:41
26	DWORNICZAK Łukasz	724		M-30	00:00:07	00:20:28	00:40:51	01:01:21	01:21:49
27	MIKULSKI Andrzej	281		M-40	00:00:04	00:21:35	00:42:12	01:02:37	01:22:47
28	SKALSKI Mateusz	1278		M-30	00:00:15	00:20:37	00:41:27	01:02:11	01:22:53
29	URBAŃCZYK Karol	287	NIGHT RUNNERS GLIWICE	M-20	00:00:14	00:20:35	00:41:26	01:02:13	01:22:58

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5km	10km	15km	20km
30	CHOMIK Rafał	623	T2 SALCO TEAM	M-30	00:00:05	00:20:02	00:40:09	01:01:20	01:23:02
31	MALIK Mateusz	824		M-30	00:00:19	00:21:07	00:41:37	01:02:10	01:23:04
32	MOMOT Michał	1115		M-30	00:00:14	00:20:41	00:41:26	01:02:12	01:23:06
33	FALEJCZYK Mateusz	1106		M-20	00:00:11	00:19:38	00:39:58	01:01:14	01:23:24
34	GOŁASZEWSKI Tomasz	1253		M-40	00:00:04	00:20:38	00:41:10	01:02:27	01:23:29
35	STARŻYK Paweł	135	RUNSTARS	M-30	00:00:28	00:21:21	00:42:20	01:03:07	01:23:51
36	BUJAŁSKI Michał	114	AKS DRAGON	M-20	00:00:16	00:21:04	00:41:50	01:02:56	01:24:01
37	GAŁĘZA Sławomir	427	MINNEAPOLIS TWINS	M-30	00:00:27	00:21:00	00:42:11	01:03:24	01:24:07
38	ŻOŁĄDŹ Piotr	667		M-20	00:00:08	00:21:16	00:42:26	01:03:30	01:24:21
39	BAKALARZ Emil	397		M-20	00:00:07	00:21:06	00:42:22	01:03:31	01:24:27
40	LASKOWSKI Tomasz	345	BIEGAJ Z TRENERAMI FC 24 GLIWICE	M-30	00:00:13	00:20:58	00:42:15	01:03:22	01:24:28
41	WOLNY Krzysztof	169		M-30	00:00:09	00:21:16	00:42:33	01:03:48	01:24:34
42	STEC Jerzy	638		M-50	00:00:06	00:20:52	00:42:08	01:03:42	01:24:57
43	GRZYWNA Grzegorz	1136	WKB META LUBLINIEC	M-20	00:00:11	00:20:39	00:41:36	01:02:54	01:25:02
44	KOZIOŁ Jarek	1144	NIEWYMIĘKACZE	M-30	00:00:09	00:21:15	00:42:33	01:03:52	01:25:05
45	GROCHOWINA Filip	138		M-20	00:00:10	00:21:16	00:42:33	01:03:52	01:25:05
46	WOLNY Dariusz	484		M Open	00:00:06	00:20:48	00:41:59	01:03:12	01:25:09
47	POŚNIAK Tomasz	436	ISTA BIEGAMY	M-20	00:00:09	00:21:18	00:42:34	01:03:53	01:25:09
48	KIECÓŃ Michał	872	USTROŃ MOUNTAIN TEAM	M-20	00:00:09	00:20:57	00:42:00	01:03:08	01:25:11
49	KANIA Karol	698	AMATOR	M-30	00:00:11	00:21:15	00:42:33	01:03:51	01:25:16
50	KWAŚNIEWSKI Tadeusz	832		M-20	00:00:09	00:21:16	00:42:33	01:03:51	01:25:17
51	GUZY Andrzej	767	JW 3940AGAT	M-50	00:00:04	00:20:16	00:41:44	01:03:34	01:25:23
52	BRUDNY Grzegorz	919	KWK PNIÓWEK	M-40	00:00:05	00:20:47	00:42:10	01:03:40	01:25:25
53	MIRONOWICZ Bartłomiej	1092		M-20	00:00:13	00:21:01	00:42:15	01:03:47	01:25:39
54	LEWICKI Tomasz	166	AKMB PĘDZIWIATR GLIWICE	M-30	00:00:13	00:20:56	00:42:15	01:03:42	01:25:41
55	MIKULSKI Przemysław	367		M-20	00:00:03	00:21:41	00:42:45	01:04:03	01:26:02
56	LIS Paweł	943		M-20	00:00:09	00:21:16	00:42:33	01:03:48	01:26:09
57	ŁATA Piotr	1223		M-40	00:00:08	00:21:41	00:43:03	01:04:29	01:26:22
58	DYMARCYK Artur	72	TKS KARATE	M-20	00:00:41	00:21:13	00:42:29	01:03:57	01:26:22
59	KORPAK Piotr	879	MOTIVATO.PL	M-20	00:00:14	00:21:31	00:43:18	01:04:58	01:26:24
60	MAJCHRZAK Marcin	773	HOLBOX RUNNERS	M-30	00:00:05	00:21:21	00:42:39	01:04:11	01:26:38
61	OSKWAREK Piotr	681		M-20	00:00:14	00:21:13	00:42:44	01:04:21	01:26:42
62	KRAWCZYK Grzegorz	96	BIEGIEM RADOM!	M-40	00:00:27	00:21:38	00:43:32	01:05:06	01:26:44
63	POLACZEK Alexander	696		M-40	00:00:06	00:20:51	00:42:08	01:03:55	01:26:45
64	BAROS Daniel	800	FALSTART RUDNIKI	M-20	00:00:23	00:22:24	00:43:59	01:05:14	01:26:48
65	OZYP Mariusz	1061		M-20	00:00:04	00:20:50	00:42:25	01:04:17	01:26:49
66	SANDALUK Łukasz	512		M-16	00:00:25	00:21:30	00:43:19	01:04:51	01:26:52
67	SZABELSKI Krzysztof	699	FUTURE PROCESSING RUNNING TEAM	M-20	00:00:24	00:22:26	00:44:22	01:05:51	01:26:54
68	DUPLA Konrad	442		M-30	00:00:18	00:22:45	00:44:42	01:05:37	01:26:55
69	MAŚCIBRZUCH Marcin	1110	SKLEPBIEGACZA.PL GLIWICE TEAM	M-20	00:00:24	00:21:04	00:42:19	01:04:04	01:26:55
70	TWARDOCH Krzysztof	1124		M-30	00:00:04	00:20:41	00:42:14	01:04:10	01:26:58
71	WILK Marcin	55	WILMAR	M-20	00:00:03	00:20:41	00:43:13	01:05:24	01:27:09
72	POZOWSKI Jan	336		M-30	00:00:24	00:21:28	00:43:33	01:05:13	01:27:11
73	PYSZ Grzegorz	755	HRMAX ŻORY	M-40	00:00:16	00:21:09	00:42:26	01:04:21	01:27:13
74	KANIA Michał	338		M-40	00:00:10	00:21:29	00:43:14	01:05:04	01:27:21
75	JACKOWSKI Piotr	1095		M-40	00:00:14	00:22:09	00:43:47	01:05:13	01:27:21

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5km	10km	15km	20km
76	GADEK Wojciech	357	WWW.BURGMANIA.NET	M-40	00:00:16	00:21:10	00:42:34	01:04:35	01:27:32
77	BUL Daniel	915	RAJSPORT ACTIVE ANTON TEAM	M-30	00:00:05	00:21:30	00:43:17	01:05:14	01:27:37
78	ŁYCZKOWSKI Kamil	271		M-20	00:00:53	00:21:09	00:42:43	01:04:47	01:27:41
79	ZAMOJSKI Robert	678		M-30	00:00:08	00:21:01	00:42:42	01:05:18	01:27:56
80	KOWALSKI Wojciech	1178	ITACY BIEGACZE	M-40	00:00:36	00:20:54	00:42:28	01:04:36	01:28:12
81	PACZKA Michał	778	GLIWICE	M-40	00:00:22	00:22:01	00:43:46	01:05:55	01:28:30
82	WITAS Jacek	766		M-40	00:01:18	00:22:52	00:44:45	01:06:43	01:28:46
83	STASIAK Mirosław	116	ROCKWELL TEAM	M-30	00:00:35	00:21:03	00:43:11	01:05:51	01:28:49
84	WITKIEWICZ Wojciech	216		M-20	00:00:09	00:21:25	00:42:59	01:05:22	01:28:50
85	BĄBSKI Szymon	956	KS HALNY WĘGIERSKA GÓRKA	M-30	00:00:31	00:21:47	00:43:38	01:05:55	01:28:50
86	STAROSTKA Jacek	1229	PKO BP	M-40	00:00:12	00:22:27	00:44:30	01:06:40	01:29:05
87	LOS Patryk	22	GARAGEGYM KRAPKOWICE	M-30	00:00:06	00:20:53	00:42:36	01:05:08	01:29:06
88	PARZONKA Paweł	410	KS LENIWIEC	M-40	00:00:37	00:22:09	00:44:13	01:06:24	01:29:09
89	BŁACH'BUŁA' Piotr	1037	OPEL ACTIVE TEAM	M-40	00:00:16	00:21:31	00:43:39	01:06:07	01:29:11
90	KOWOLIK Łukasz	1041	NIEDZIELNI KOPACZE	M-20	00:00:18	00:22:18	00:44:31	01:06:38	01:29:11
91	KORNACKI Adrian	901		M-40	00:00:14	00:21:01	00:42:58	01:05:35	01:29:13
92	WIECHUŁA Marcin	18		M-30	00:00:17	00:21:13	00:42:27	01:04:45	01:29:13
93	DRZAŁ Konrad	1060	SLAYER ADVENTURE 666 TEAM GLIWICE	M-30	00:00:12	00:21:24	00:43:11	01:05:37	01:29:19
94	WEBER Tomasz	460		M-20	00:01:13	00:22:55	00:45:22	01:07:26	01:29:20
95	WUWER Mariusz	162	HRMAX ŻORY	M-30	00:00:06	00:21:55	00:43:58	01:06:28	01:29:26
96	PAKULSKI Przemysław	634		M-20	00:00:44	00:22:22	00:44:40	01:07:01	01:29:28
97	ZIMOCH Przemysław	416	K.S.LENIWIEC	M-30	00:00:06	00:22:07	00:44:14	01:06:30	01:29:39
98	WIZOR Jakub	1045		M-20	00:00:50	00:22:35	00:45:04	01:07:16	01:29:39
99	JAWOROWSKI Witold	847		M-50	00:00:23	00:22:40	00:45:13	01:07:24	01:29:40
100	BELZYT Edmund	97	ZABIEGANI CZĘSTOCHOWA	M-50	00:00:06	00:22:07	00:44:25	01:06:57	01:29:52
101	ZOK Karol	124		M-30	00:00:19	00:22:36	00:44:30	01:06:54	01:29:53
102	PRZEŹDZIĘK Adam	747	T2 SALCO TEAM	M-30	00:00:06	00:21:30	00:43:17	01:05:53	01:29:59
103	GALUSKIN Alexey	1032	GRUPA NOMAX	M-30	00:00:26	00:22:01	00:44:19	01:07:16	01:30:02
104	NOWAKOWSKI Zenon	1010		M-50	00:00:21	00:23:14	00:46:13	01:08:16	01:30:12
105	URBAŃCZYK Mariusz	351		M-30	00:00:12	00:22:13	00:44:32	01:06:56	01:30:16
106	SALASOWICZ Jerzy	640		M-50	00:00:12	00:21:59	00:44:26	01:06:57	01:30:19
107	DZIĘGIELEWSKI Adam	995	BRAK	M-30	00:00:31	00:22:29	00:44:19	01:06:35	01:30:24
108	BOJARSKI Marek	981	BONAMASSA	M-30	00:01:30	00:22:12	00:44:23	01:07:29	01:30:26
109	JAMRÓZ Wojciech	477	KW GLIWICE	M-40	00:00:11	00:22:10	00:44:36	01:07:17	01:30:27
110	BOROWSKI Piotr	572	OPEL ACTIVE CLUB	M-40	00:00:16	00:22:13	00:44:28	01:07:20	01:30:37
111	MARCZAK Krzysztof	1228	PKO BP	M-40	00:00:12	00:22:33	00:45:09	01:07:53	01:30:42
112	WOŹNIAK Grzegorz	748	JESTĘ HARDKORĘ	M-20	00:00:11	00:21:54	00:43:44	01:06:58	01:30:44
113	CHRAPKOWICZ Damian	426	304	M-20	00:00:41	00:22:55	00:45:15	01:07:58	01:30:46
114	FURMANEK Łukasz	91	KBS	M-30	00:00:12	00:22:45	00:45:27	01:07:47	01:31:07
115	GRAMATYKA Jan	473	FUTURE PROCESSING RUNNING TEAM	M-20	00:00:24	00:22:28	00:45:11	01:07:49	01:31:08
116	DOMAŃSKI Marcin	92	WWW.BFRT.ORG.PL	M-40	00:00:23	00:23:13	00:45:47	01:08:24	01:31:10
117	SOBALA Witold	977	BRYGADA BIEGOWA BEZDECH	M-30	00:00:14	00:23:23	00:46:50	01:08:54	01:31:18
118	WŁOSTOWSKI Marek	364	VEGE RUNNERS	M-30	00:00:35	00:22:21	00:45:05	01:08:01	01:31:21
119	ABRAHAMOWICZ Jakub	34	RYBNICKA GRUPA BIEGOWA 'PĘDZIMY RAZEM'	M-20	00:00:23	00:22:21	00:45:04	01:07:59	01:31:25
120	SZAJEWSKI Jarosław	11	KM AKTYWNI SOCHACZEW	M-30	00:00:12	00:22:10	00:44:41	01:07:48	01:31:43
121	SZCZYGIEŁ Krzysztof	883	KNSK RUNNING TEAM	M-30	00:00:07	00:22:37	00:45:23	01:08:35	01:31:46

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122	DZIAŁOCHA Jakub	819	ODOLANOWSKA DRUŻYNA BIEGOWA	M-20	00:00:26	00:23:23	00:46:08	01:08:57	01:31:51
123	PRZERWA Michał	813	KS ICE MAT TEAMOSTRÓW WIELKOPOLSKI	M-20	00:00:26	00:23:23	00:46:08	01:08:57	01:31:52
124	LE CALVEZ Jean-Yves	583		M-30	00:01:53	00:23:33	00:46:26	01:09:14	01:31:52
125	BEHRENDT Jakub	917		M-40	00:00:17	00:22:34	00:45:40	01:08:36	01:32:01
126	SMUDA Grzegorz	1022	REAL MADRYT	M-30	00:00:47	00:22:49	00:45:44	01:08:36	01:32:01
127	BŁASZCZYK Dominik	294	NIGHT RUNNERS GLIWICE	M-20	00:00:31	00:22:29	00:45:33	01:08:38	01:32:07
128	ŚLIWA Paweł	834	42 DO SZCZĘŚCIA	M-20	00:00:31	00:22:54	00:45:33	01:08:38	01:32:07
129	FILIPIAK Hieronim	1064	KADRA BOBREK - CENTRUM	M-40	00:00:16	00:23:10	00:45:42	01:08:42	01:32:08
130	GRZYB Dariusz	996	NIEZRZESZONY	M-40	00:00:07	00:20:52	00:42:37	01:06:13	01:32:18
131	HOŁYŃSKI Tomasz	85		M-40	00:00:24	00:22:44	00:45:03	01:08:03	01:32:25
132	KRUPA Grzegorz	1179		M-40	00:00:35	00:22:56	00:45:47	01:08:51	01:32:25
133	SOPEL Arkadiusz	1273	OTK RZEŹNIK	M-40	00:00:04	00:21:49	00:44:45	01:08:10	01:32:27
134	PINDOR Przemysław	761		M-30	00:01:24	00:22:41	00:45:30	01:08:29	01:32:32
135	PIENIAŻEK Krzysztof	526		M-30	00:00:13	00:22:27	00:45:30	01:08:49	01:32:34
136	ZIAJA Stefan	877		M-40	00:00:03	00:22:36	00:45:49	01:09:11	01:32:42
137	WOJCIECHOWSKI Krzysztof	566	RADLINIOKIW BIEGU	M-40	00:00:11	00:23:13	00:46:11	01:09:15	01:32:45
138	ZIOŁA Mirosław	144		M-40	00:02:18	00:23:16	00:45:18	01:08:12	01:32:46
139	SARNECKI Adam	74		M-30	00:00:28	00:23:50	00:47:27	01:10:16	01:32:52
140	GÓROWSKI Mateusz	186	BESKIDZKA 160 NA RATY	M-30	00:00:00	00:23:36	00:47:18	01:10:42	01:32:56
141	KAMOLA Sławomir	907		M-40	00:00:37	00:23:51	00:46:59	01:10:05	01:32:56
142	MACZUGA Bartłomiej	1033		M-20	00:01:01	00:24:10	00:46:54	01:09:19	01:32:56
143	SIEJA Szymon	1145	JW AGAT	M-20	00:00:12	00:22:55	00:46:23	01:09:40	01:32:59
144	JUPP Ashley	708		M-20	00:00:10	00:20:38	00:42:04	01:04:49	01:33:03
145	SYCAN Krzysztof	625	PKO BANK POLSKI	M-40	00:00:09	00:22:34	00:45:47	01:09:17	01:33:06
146	MALCHERCZYK Andrzej	374		M-50	00:02:08	00:24:02	00:46:58	01:10:06	01:33:07
147	KAŁAMARZ Mariusz	218	RUN KAZIK RUN!	M-40	00:00:19	00:21:52	00:44:51	01:08:43	01:33:08
148	SZWAJNOCH Piotr	1277		M-30	00:00:07	00:22:09	00:45:31	01:08:51	01:33:09
149	MAŁKA Bartosz	886		M-30	00:00:27	00:23:06	00:45:33	01:08:43	01:33:12
150	LIPKA Sebastian	276	ZABIEGANY-TATA	M-30	00:00:42	00:24:07	00:48:04	01:10:52	01:33:15
151	CZELNY Tomasz	76	SMASHING PAPKINS	M-30	00:00:11	00:22:51	00:46:08	01:09:34	01:33:16
152	LESIK Henryk	589		M-50	00:00:26	00:23:07	00:46:06	01:09:24	01:33:17
153	GRZESIKIEWICZ Mariusz	52		M-30	00:00:32	00:23:15	00:46:51	01:10:17	01:33:17
154	KASZUBSKI Andrzej	740		M-30	00:00:28	00:21:38	00:44:25	01:08:18	01:33:21
155	BĄCZYŃSKI Tomasz	903	FHUTRANSTOM.PL	M-30	00:00:44	00:22:57	00:46:07	01:09:18	01:33:23
156	FOJCIK Rafał	16	OPEL ACTIVE TEAM	M-30	00:00:22	00:23:13	00:46:56	01:10:20	01:33:24
157	PASTERNOK Marian	1295	NIGHT RUNNERS ZABRZE	M-30	00:00:22	00:23:12	00:46:55	01:10:20	01:33:26
158	ZAWADZKI Karol	793	RADLIN	M-20	00:00:12	00:23:24	00:47:05	01:10:31	01:33:29
159	SKWARA Mariusz	1297	IWAGAT	M-30	00:00:12	00:21:47	00:44:23	01:07:50	01:33:31
160	CZOP Kamil	508	NIGHT RUNNERS	M-30	00:00:34	00:23:43	00:46:33	01:09:43	01:33:33
161	OPANOWSKI Dariusz	146		M-40	00:00:13	00:22:48	00:46:17	01:09:36	01:33:35
162	JAWORSKI Daniel	399		M-30	00:00:59	00:23:03	00:46:00	01:09:24	01:33:41
163	OGRODOWSKI Paweł	474	RAJSPOORT ACTIVE ANTON TEAM	M-30	00:00:14	00:23:44	00:47:15	01:10:20	01:33:44
164	ANDRACZEK Bartosz	1088		M-30	00:00:19	00:23:13	00:46:21	01:09:42	01:33:44
165	POGOCKI Piotr	524		M-30	00:00:29	00:22:43	00:45:49	01:09:15	01:33:45
166	KOCHUIEVSKYI Oleksandr	900		M-20	00:00:00	00:24:59	00:47:43	01:10:33	01:33:46
167	PIĄTEK Mateusz	489		M-20	00:00:25	00:23:57	00:47:16	01:10:30	01:33:46

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5km	10km	15km	20km
168	STRZELCZAK Mariusz	664	KB FLORIAN ZAJĄCZKI DRUGIE	M-30	00:00:10	00:23:25	00:47:08	01:10:32	01:33:47
169	STĘPIEŃ Wojciech	47	JM RUNNING TEAM / NIGHT RUNNERS GLIWICE - ENERGY TEAM	M-40	00:00:47	00:23:54	00:46:59	01:10:23	01:33:47
170	LEWANDOWSKI Tomasz	200	RUNNERS HIGH	M-30	00:00:31	00:22:40	00:45:56	01:09:31	01:33:50
171	PAŁYGIEWICZ Jacek	466	SKPB KATOWICE	M-30	00:00:16	00:23:18	00:47:01	01:10:26	01:33:51
172	STACHURA Mateusz	1200	PEACEMAKER	M-20	00:00:18	00:23:17	00:46:59	01:10:24	01:33:53
173	BEHRENDT Bartek	614	NIGHT RUNNERS GLIWICE	M-40	00:00:19	00:22:36	00:46:11	01:09:59	01:33:56
174	BEŚKA Sławomir	99	OCHAJO RUN	M-40	00:02:19	00:24:39	00:47:46	01:10:43	01:33:56
175	BIERNAT Wojciech	155	OPEL ACTIVE TEAM	M-30	00:00:19	00:22:39	00:45:52	01:09:25	01:34:06
176	MEKIER Bartek	968		M-30	00:00:27	00:23:10	00:46:54	01:10:24	01:34:06
177	STUCHLIK Tadeusz	697		M-40	00:00:22	00:23:16	00:46:57	01:10:23	01:34:11
178	DĄBROWSKI Piotr	745	BIEGOWA ŚWIDNICA	M-30	00:01:54	00:23:14	00:46:48	01:10:27	01:34:12
179	HANKUS Łukasz	1018		M-30	00:00:53	00:22:31	00:45:30	01:08:42	01:34:14
180	GALWAS Arkadiusz	934		M-30	00:00:19	00:23:13	00:46:48	01:10:43	01:34:19
181	SZULC Sebastian	13		M-20	00:00:22	00:22:40	00:46:31	01:09:53	01:34:24
182	SMALEC Maksymilian	12		M-30	00:01:39	00:23:53	00:46:53	01:10:23	01:34:24
183	NIŻNIKIEWICZ Grzegorz	299		M-30	00:00:16	00:24:05	00:47:24	01:10:48	01:34:25
184	TROJAN Piotr	916	JEBACWYCIAGI	M-40	00:01:53	00:24:43	00:48:14	01:11:29	01:34:27
185	PUŁA Adrian	957	BRYGADA BIEGOWA BEZDECH	M-30	00:00:13	00:23:34	00:46:51	01:10:29	01:34:29
186	PUSTELNIK Paweł	599	FUTURE PROCESSING RUNNING TEAM	M-30	00:00:23	00:23:20	00:46:55	01:10:21	01:34:29
187	FEODORÓW Wojciech	530		M-40	00:00:34	00:23:47	00:47:33	01:10:58	01:34:29
188	ZIELONKA Jacek	703		M-30	00:00:08	00:22:11	00:45:08	01:08:57	01:34:30
189	SUCH Arkadiusz	622		M-30	00:00:50	00:24:24	00:48:26	01:11:23	01:34:30
190	KURCZEK Tomasz	600		M-30	00:00:29	00:24:06	00:47:39	01:11:04	01:34:31
191	STASZEWSKI Łukasz	352		M-30	00:00:22	00:22:41	00:45:52	01:09:17	01:34:34
192	SKLORZ Marcin	937		M-20	00:00:17	00:24:04	00:47:23	01:10:47	01:34:38
193	GERMUGA Sebastian	15	OPEL ACTIVE TEAM	M-40	00:00:18	00:22:14	00:45:27	01:09:40	01:34:38
194	ŚWIĄTEK Arkadiusz	895		M-40	00:00:13	00:22:24	00:46:01	01:10:13	01:34:40
195	LASKOWSKI Sebastian	1125	KATA GURUMA	M-30	00:01:47	00:23:44	00:46:50	01:10:16	01:34:44
196	KOSTRUBAŁA Kacper	717	ORANGE POLSKA	M-40	00:00:21	00:23:47	00:47:04	01:10:36	01:34:45
197	ŁUKASZEK Grzegorz	787		M-30	00:00:47	00:25:15	00:49:16	01:12:19	01:34:49
198	PYZIK Tomasz	253	DRUŻYNA MOJACUKRZYCA.PL	M-40	00:00:15	00:23:09	00:46:50	01:10:30	01:34:52
199	REMIORZ Piotr	1096		M-40	00:01:05	00:24:15	00:47:04	01:10:32	01:34:53
200	ROSKOSZ Rafał	1004	OBERSCHLESIIEN TEAM ROHOL TARNOWSKIE GÓRY	M-30	00:00:10	00:22:58	00:46:40	01:10:42	01:34:57
201	PACUŁA Piotr	93	OPEL ACTIVE TEAM GLIWICE	M-50	00:00:06	00:23:28	00:46:57	01:10:39	01:35:07
202	KRYŃSKI Maciej	488	NIGHT RUNNERS	M-30	00:00:34	00:22:38	00:45:56	01:09:45	01:35:08
203	KAMCZYK Damian Kamczyk	1065	JEBACWYCIAGI	M-30	00:01:53	00:24:43	00:48:13	01:11:29	01:35:11
204	GAWĘŁKO Janusz	541		M-50	00:00:20	00:23:19	00:47:05	01:10:47	01:35:13
205	BAGAN Grzegorz	42	GOGGLE PAE TEAM	M-40	00:00:20	00:23:20	00:46:57	01:10:34	01:35:16
206	GRONDYS Michał	151	AKMB PĘDZIWIATR GLIWICE	M-30	00:00:07	00:22:55	00:46:42	01:10:45	01:35:19
207	OKOŃ Łukasz	475		M-30	00:00:20	00:22:55	00:46:39	01:10:41	01:35:21
208	DESZYŃSKI Damian	431	ISTA BIEGAMY	M-30	00:01:01	00:24:02	00:47:48	01:11:26	01:35:24
209	RAWŁUSZEWICZ Waldemar	604	ASTERINA	M-40	00:01:21	00:24:35	00:48:28	01:11:55	01:35:27
210	GÓRECKI Ryszard	1274		M-50	00:00:24	00:23:09	00:46:56	01:10:32	01:35:29
211	TOMCZYK Tomasz	66		M-30	00:00:20	00:23:32	00:47:36	01:11:13	01:35:32
212	DZIEDZIC Andrzej	579	BHP	M-40	00:00:56	00:22:54	00:46:13	01:10:22	01:35:36
213	BARANOWSKI Jacek	1120	JACEK BIEGA RUNNING TEAM	M-30	00:00:37	00:24:08	00:48:35	01:12:09	01:35:40

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5km	10km	15km	20km
214	SADŁO Tomasz	157	KOLEGIUM SĘDZIÓW ZABRZE	M-30	00:01:18	00:24:15	00:48:00	01:11:41	01:35:47
215	GARUS Tomasz	588	304	M-20	00:01:10	00:24:55	00:48:40	01:11:55	01:35:52
216	DZIECIAŃKOWSKI Jarosław	176	OPEL ACTIVE TEAM	M-30	00:00:17	00:22:57	00:46:45	01:11:10	01:35:53
217	RACZEK Sławomir	107		M-30	00:00:27	00:24:00	00:48:01	01:11:52	01:35:55
218	MATUSIAK Radosław	495	RAJSPORT ACTIVE ANTON TEAM	M-30	00:00:29	00:24:27	00:48:09	01:12:02	01:35:59
219	WZOREK Marcin	337	OPEL ACTIVE TEAM	M-40	00:00:20	00:23:45	00:47:41	01:11:42	01:36:01
220	NAPIERAJ Andrzej	776	FALSTART RUDNIKI	M-40	00:00:25	00:23:41	00:47:21	01:11:19	01:36:02
221	PAWLIK Marek	378		M-40	00:00:32	00:23:29	00:47:14	01:11:13	01:36:04
222	SAJDOK Łukasz	930		M-30	00:01:25	00:23:46	00:47:19	01:10:59	01:36:04
223	OKSIĘDZKI Tomasz Jan	362	DOGOŃ GRODZISK MAZOWIECKI	M-20	00:00:07	00:22:44	00:46:26	01:10:26	01:36:06
224	KISIELEWSKI Marek	511	LOTOS RUNNING TEAM	M-30	00:00:45	00:23:14	00:46:46	01:11:06	01:36:14
225	HAMZIUK Stanisław	898		M-20	00:00:31	00:23:40	00:47:30	01:11:45	01:36:15
226	ZARZYCKI Krzysztof	578	PEDZIWIATR GLIWICE	M-30	00:00:11	00:22:48	00:46:22	01:10:20	01:36:19
227	ZAPOTOCZNY Przemysław	861		M-40	00:02:18	00:24:42	00:48:13	01:11:56	01:36:22
228	PTASZYŃSKI Tomasz	967	STARY HANGAR	M-30	00:00:18	00:23:15	00:46:28	01:10:26	01:36:24
229	DWORSKI Marek	332	AKMB PĘDZIWIATR GLIWICE	M-60	00:00:39	00:23:54	00:47:37	01:11:38	01:36:26
230	STARŻYK Piotr	133	RUNSTARS	M-40	00:00:28	00:24:25	00:48:13	01:11:41	01:36:31
231	PIOTROWSKI Krzysztof	38	CROSS KRAPKOWICE	M-40	00:01:01	00:23:22	00:47:07	01:11:19	01:36:32
232	REMPUSZEWSKI Mateusz	993		M-20	00:01:12	00:26:27	00:52:35	01:14:20	01:36:33
233	ZMEŁTY Leszek	478	SKPB KATOWICE	M-30	00:00:16	00:24:13	00:47:54	01:11:39	01:36:34
234	RUSZEL Bartosz	855	HAVE A NICE DAY	M-30	00:00:10	00:22:55	00:47:09	01:11:39	01:36:35
235	BEDNORZ Roman	962	TECHNOMEX	M-20	00:01:27	00:24:45	00:49:13	01:13:13	01:36:35
236	ORLIK Jerzy	115		M-50	00:00:07	00:23:28	00:47:01	01:11:27	01:36:36
237	GRYSKA Piotr	1296		M-40	00:00:08	00:23:59	00:47:33	01:11:35	01:36:40
238	NOWAK Mariusz	359	HIRSCHVOGEL	M-30	00:00:36	00:24:26	00:48:37	01:12:32	01:36:40
239	NAWARA Arkadiusz	845		M-20	00:01:59	00:24:39	00:48:28	01:12:15	01:36:42
240	PODOLAK Alfred	709	NIEZRZESZONY	M-50	00:00:22	00:22:03	00:45:27	01:10:31	01:36:45
241	SZCZYRA Jan	434	ISTA BIEGAMY	M-30	00:01:01	00:24:54	00:49:03	01:12:38	01:36:47
242	JACKOWICZ Rafał	828	JACKOWICZ TEAM	M-40	00:00:35	00:23:29	00:47:05	01:11:21	01:36:49
243	KOŃCZAK Maciej	815	KROTOSZ KROTOSZYN	M-40	00:00:21	00:23:41	00:47:19	01:11:35	01:36:51
244	KŁACZEK Grzegorz	848	NIEZRZESZONY	M-50	00:01:51	00:24:38	00:48:20	01:12:27	01:36:52
245	BORSIAK Sebastian	104		M-30	00:01:10	00:24:34	00:48:03	01:11:48	01:36:53
246	CIUMAN Piotr	343		M-20	00:00:19	00:23:16	00:46:57	01:10:48	01:37:01
247	MOREK Krzysztof	415	K.S. LENIWIEC	M-30	00:00:36	00:23:45	00:47:05	01:11:00	01:37:09
248	FORCZEK Grzegorz	507		M-50	00:00:23	00:24:09	00:48:02	01:12:14	01:37:10
249	SULICH Michał	912		M-30	00:01:16	00:24:53	00:49:10	01:13:11	01:37:12
250	LIGUDZIŃSKI Andrzej	593	ZA GARŚĆ BANANÓW	M-40	00:01:33	00:23:33	00:47:32	01:11:56	01:37:13
251	KARASIŃSKI Łukasz	125		M-20	00:00:19	00:23:18	00:47:01	01:10:49	01:37:14
252	ROLNIK Robert	1107	SKLEPBIEGACZA.PL GLIWICE TEAM	M-30	00:00:21	00:23:12	00:46:33	01:10:57	01:37:15
253	KOSMACZEWSKI Michał	1101		M-20	00:01:26	00:24:35	00:49:03	01:12:50	01:37:23
254	NITKA Sebastian	356		M-40	00:01:40	00:24:28	00:48:28	01:12:45	01:37:31
255	SPIECHOWICZ Andrzej	791		M-30	00:02:17	00:23:15	00:46:59	01:10:44	01:37:33
256	HETMAŃCZYK Ireneusz	505	FAST FOOT OPOLE	M-40	00:01:28	00:23:37	00:47:47	01:12:00	01:37:34
257	ŚWIDEREK Andrzej	854	NIEZRZESZONY	M-40	00:00:35	00:24:22	00:48:27	01:12:46	01:37:36
258	RYCHLEWICZ Tomasz	396		M-20	00:00:07	00:23:32	00:47:14	01:11:19	01:37:37
259	BUJA Błażej	321	BIEGACZE CSR	M-20	00:00:41	00:23:53	00:47:42	01:11:37	01:37:37

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5km	10km	15km	20km
260	FRANKIEWICZ Artur	330	NADAKTYWNI	M-30	00:00:42	00:23:42	00:47:28	01:11:35	01:37:37
261	KUBIS Adrian	909		M-40	00:00:43	00:24:50	00:48:59	01:13:06	01:37:37
262	DOMITRZ Mariusz	781		M-30	00:00:27	00:23:43	00:47:40	01:12:05	01:37:38
263	RUTKOWSKI Michał	309		M-20	00:01:10	00:24:56	00:49:19	01:13:06	01:37:39
264	BOCHENEK Marcin	751	TARNOGÓRSKA GRUPA BIEGOWA	M-40	00:00:19	00:23:21	00:47:02	01:11:16	01:37:42
265	BRZEZINA Arkadiusz	59		M-30	00:00:39	00:24:27	00:48:39	01:12:55	01:37:51
266	SKOWRON Marcin	483		M-30	00:01:00	00:25:14	00:49:31	01:13:56	01:37:51
267	BYLINOWSKI Oleg	711		M-30	00:01:20	00:25:02	00:49:43	01:13:36	01:37:52
268	NAZARKO Marek	910	GTT	M-30	00:00:29	00:24:42	00:49:03	01:13:16	01:37:58
269	STAŃCZAK Grzegorz	222		M-20	00:00:38	00:22:41	00:46:16	01:10:56	01:37:59
270	FRĄC Dariusz	140		M-40	00:00:47	00:24:24	00:48:30	01:12:53	01:38:00
271	GRZEGORCZYK Wojciech	1146		M-16	00:00:51	00:23:40	00:47:30	01:12:10	01:38:02
272	DEMEL Piotr	704	NIEZRZESZONY	M-30	00:00:11	00:23:37	00:47:38	01:12:18	01:38:05
273	KOCYBA Andrzej	795		M-40	00:00:44	00:25:00	00:49:05	01:13:04	01:38:07
274	SZYMKÓW Krzysztof	1230		M-30	00:00:51	00:24:48	00:49:10	01:13:22	01:38:07
275	BELUCH Witold	463		M-40	00:01:02	00:24:37	00:48:43	01:13:02	01:38:21
276	GOLDA Piotr	952	TAB2	M-40	00:00:55	00:26:33	00:51:22	01:15:24	01:38:24
277	NOWAK Adam	365		M-30	00:00:26	00:24:03	00:47:45	01:12:09	01:38:36
278	BATKO Janusz	328		M-40	00:00:39	00:23:40	00:48:05	01:13:04	01:38:37
279	CZABAŃSKI Rafał	802		M-30	00:01:03	00:24:34	00:48:46	01:13:05	01:38:41
280	DWORNICZAK Paweł	868	RUNHOGS TYCHY	M-20	00:02:00	00:24:57	00:49:39	01:14:16	01:38:44
281	BUJAK Miłosz	1027		M-20	00:01:37	00:24:32	00:49:29	01:14:12	01:38:46
282	CZOK Adrian	540		M-40	00:00:38	00:24:31	00:49:11	01:13:46	01:38:47
283	JAMROSZ Bartosz	1118		M-30	00:00:06	00:22:36	00:46:41	01:11:55	01:38:51
284	MICHALSKI Dariusz	585	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	M-40	00:00:39	00:24:43	00:49:29	01:14:08	01:38:51
285	ZĘBALA Bartłomiej	1122		M-20	00:00:07	00:22:59	00:47:11	01:11:54	01:38:52
286	IBROM Mateusz	67		M-20	00:01:07	00:25:04	00:49:50	01:14:19	01:38:54
287	SZADKOWSKI Paweł	51		M-20	00:00:38	00:24:31	00:48:53	01:13:22	01:38:56
288	GRABKOWSKI Robert	1011	KB SUKCES ŻMIGRÓD	M-40	00:00:50	00:23:51	00:48:01	01:12:31	01:38:57
289	KACZMAREK Sławomir	1148		M-20	00:00:50	00:26:20	00:50:12	01:14:55	01:38:58
290	MATYSIK Marcin	1150		M-30	00:00:51	00:24:34	00:48:35	01:13:15	01:38:58
291	BUCHAŁA Bartłomiej	1094		M-30	00:01:08	00:25:51	00:50:32	01:14:38	01:38:59
292	FRYDRYCHOWSKI Paweł	1123	JW AGAT	M-16	00:01:26	00:22:41	00:46:44	01:11:16	01:39:12
293	SZOT Wojciech	232		M-30	00:01:02	00:23:59	00:48:06	01:13:02	01:39:15
294	STACHOŃ Jacek	1083		M-40	00:01:10	00:24:48	00:49:20	01:13:41	01:39:17
295	WYRÓD Karol	465		M-30	00:00:26	00:23:14	00:47:06	01:11:57	01:39:18
296	IMIOŁEK Krzysztof	109	TUBES INTERNATIONAL GLIWICE	M-30	00:00:05	00:23:14	00:47:13	01:12:10	01:39:19
297	WILK Dawid	153		M-20	00:01:21	00:24:57	00:49:44	01:14:34	01:39:20
298	SMUDA Andrzej	70		M-30	00:00:40	00:25:00	00:49:25	01:14:03	01:39:21
299	KOŁOSOWSKI Tomasz	63		M-30	00:01:37	00:23:42	00:47:14	01:11:46	01:39:22
300	PRACKI Dariusz	523	JW AGAT	M-30	00:01:49	00:24:14	00:48:20	01:13:06	01:39:22
301	ZASOŃ Tomasz	654		M-30	00:01:07	00:25:27	00:50:03	01:14:24	01:39:23
302	KAMIŃSKI Maciej	864		M-30	00:00:26	00:24:04	00:48:41	01:13:23	01:39:26
303	KUKUŁA Adam	369		M-20	00:01:06	00:25:40	00:50:53	01:15:13	01:39:27
304	SMAGOROWICZ Artur	1117	W POGONI ZA DUCHEM	M-40	00:00:23	00:25:35	00:50:35	01:15:10	01:39:30
305	POLAK Krzysztof	29		M-40	00:00:22	00:23:57	00:48:09	01:13:20	01:39:31

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5km	10km	15km	20km
306	MALEC Arkadiusz	929	EUROPEJSKIE CENTRUM SOLIDARNOŚCI	M-20	00:01:35	00:24:48	00:49:36	01:15:25	01:39:37
307	MODZELEWSKI Adrian	920		M-30	00:00:44	00:24:29	00:49:17	01:14:13	01:39:42
308	ZIOŁA Łukasz	573		M-30	00:00:44	00:24:29	00:49:17	01:14:13	01:39:42
309	CESARZ Szymon	632	#RUN4FUN	M-30	00:00:41	00:24:57	00:49:35	01:14:26	01:39:48
310	WISZNIOWSKI Krzysztof	468	GB SEUL	M-30	00:01:06	00:24:23	00:48:57	01:13:51	01:39:57
311	RADZIKOWSKI Przemysław	642		M-20	00:01:07	00:25:51	00:50:53	01:15:15	01:39:57
312	SIKORA Radosław	918		M-20	00:01:29	00:26:12	00:50:37	01:15:31	01:39:57
313	DEREK Piotr	922	ZA LEPSZĄ LINIĄ POGOŃ	M-40	00:01:32	00:24:58	00:49:10	01:14:22	01:40:00
314	TRONINA Grzegorz	5	AUKCJA	M-30	00:00:16	00:25:42	00:50:54	01:15:47	01:40:10
315	FELISIAK Paweł	891	SZOBLIK AUTO CZESCI	M-30	00:00:56	00:25:52	00:50:44	01:15:29	01:40:12
316	SZOBLIK Darek	1036		M-30	00:00:51	00:25:02	00:49:47	01:15:12	01:40:13
317	ŁOBKO Adam	796		M-40	00:01:48	00:25:32	00:50:09	01:15:08	01:40:15
318	CIEŚLIK Dawid	984	BMS	M-30	00:01:32	00:25:34	00:50:35	01:15:35	01:40:20
319	BONK Sebastian	164		M-40	00:00:28	00:23:51	00:48:43	01:14:03	01:40:21
320	KOŁCUN Łukasz	1202		M-30	00:01:52	00:24:49	00:49:02	01:14:22	01:40:27
321	MAJEREK Marek	156	OKRZEI RESIDANCE	M-40	00:00:07	00:23:03	00:47:14	01:12:38	01:40:29
322	KANIEWSKI Kamil	26		M-20	00:01:00	00:25:39	00:50:42	01:16:12	01:40:29
323	UZDOWSKI Jarosław	528		M-30	00:00:37	00:25:07	00:50:00	01:14:54	01:40:32
324	MASARCZYK Wojciech	987	KS DEGENERAT	M-16	00:00:15	00:24:25	00:49:49	01:15:07	01:40:36
325	MEJKA Krzysztof	672		M-20	00:00:37	00:25:46	00:51:04	01:15:38	01:40:40
326	CIERPKA Dariusz	181		M-40	00:00:45	00:25:09	00:49:39	01:14:20	01:40:42
327	SOBASZEK Aureliusz	84	PSYCHONAUCI	M-20	00:00:08	00:23:59	00:48:41	01:14:17	01:40:50
328	PIŁAT Jarosław	172		M-30	00:00:15	00:24:06	00:48:01	01:12:48	01:40:53
329	ZAKRZEWSKI Robert	1201		M-40	00:00:33	00:25:25	00:50:24	01:15:24	01:40:54
330	STALICA Wojciech	889	IZO-ERG	M-40	00:00:33	00:25:18	00:50:29	01:15:27	01:40:55
331	MARCELA Marcin	792	AMATOR	M-30	00:01:08	00:26:25	00:51:13	01:15:54	01:40:56
332	PIETRZAK Marcin	756		M-40	00:00:45	00:24:03	00:48:28	01:13:38	01:40:57
333	KŁOSEK Jacek	445		M-20	00:00:53	00:25:41	00:51:14	01:16:17	01:40:58
334	BUBULA Krystek	619	INSTAL-TECH TEAM	M-20	00:00:10	00:22:46	00:47:25	01:13:39	01:40:59
335	WÓJCIK Krzysztof	857	DZIK TEAM	M-20	00:00:28	00:23:15	00:47:27	01:13:51	01:41:00
336	PRZESPOLEWSKI Dawid	549	IRON WORKOUT	M-30	00:01:08	00:24:34	00:49:19	01:15:02	01:41:03
337	BANASIK Paweł	173	FP RUNNERS TEAM	M-50	00:00:50	00:25:07	00:50:05	01:15:18	01:41:10
338	KSIĘŻYK Mirosław	487	ENDUHUB.COM	M-30	00:00:53	00:24:41	00:50:00	01:15:07	01:41:12
339	DZIGORZEWSKI Paweł	1098	MACROLOGOC	M-20	00:01:14	00:25:14	00:49:41	01:15:02	01:41:13
340	GRZEŻUŁKOWSKI Kamil	1222	W DRODZE	M-20	00:00:31	00:24:57	00:49:47	01:14:46	01:41:17
341	KUCZMA Jarosław	534		M-40	00:01:01	00:26:13	00:51:46	01:16:37	01:41:17
342	WOŹNIAK Janusz	82		M-50	00:01:12	00:25:04	00:50:04	01:15:26	01:41:17
343	WITRYK Lesław	401	5 BSP	M-20	00:01:14	00:25:06	00:49:43	01:15:08	01:41:24
344	IZBICKI Zbigniew	960	FC24	M-40	00:01:23	00:24:40	00:49:24	01:14:38	01:41:30
345	SERAFICKI Sebastian	425	RYSIE	M-40	00:02:05	00:25:11	00:50:23	01:15:28	01:41:32
346	MYCIELSKI Mariusz	687	PKO BP	M-40	00:00:48	00:25:06	00:50:13	01:15:37	01:41:35
347	HAJDA Marek	810		M-40	00:00:10	00:24:19	00:49:29	01:14:59	01:41:42
348	DUDEK Sebastian	517		M-30	00:01:14	00:25:24	00:50:24	01:15:40	01:41:42
349	KRAJEWSKI Michał	516	BOSO PRZEZ SZĄŁSZĘ	M-30	00:01:18	00:26:24	00:52:30	01:17:17	01:41:45
350	ADAM Mateusz	569		M-20	00:00:33	00:24:37	00:48:58	01:14:14	01:41:49
351	KRZEMIŃSKI Andrzej	1227		M-40	00:00:52	00:25:09	00:50:30	01:15:52	01:41:49

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5km	10km	15km	20km
352	HAWĘŁKA Łukasz	693		M-30	00:00:58	00:25:45	00:51:01	01:16:25	01:41:49
353	JURECKI Zygfryd	184	PRO-RUN WROCŁAW	M-50	00:01:29	00:25:50	00:51:25	01:16:39	01:41:49
354	SOLICH Patryk	1289	GTT	M-30	00:00:57	00:25:46	00:51:02	01:16:26	01:41:50
355	KUŁAKOWSKI Grzegorz	558	W POGONI ZA DUCHEM	M-30	00:00:22	00:23:51	00:47:45	01:12:31	01:41:54
356	GOŁĘBIEWSKI Bartosz	988	ZGRYŻLIWI TETRYCY	M-30	00:01:18	00:26:13	00:51:36	01:17:16	01:41:54
357	DYLONG Piotr	229		M-50	00:00:47	00:26:00	00:51:25	01:16:56	01:41:55
358	BRYLIŃSKI Grzegorz	450	DAREMNY TRUD TSH	M-30	00:00:39	00:25:36	00:51:05	01:16:29	01:41:56
359	PLOCH Adam	408		M-30	00:00:59	00:25:25	00:50:08	01:15:16	01:41:56
360	DZIACKO Robert	1087		M-30	00:01:47	00:25:00	00:49:58	01:15:16	01:41:58
361	CZAPEK Marek	101	BOJKÓW	M-40	00:01:04	00:26:30	00:52:18	01:17:09	01:42:00
362	BAJ Tomasz	375		M-20	00:01:07	00:26:30	00:51:38	01:17:04	01:42:07
363	WARDAK Tomasz	394	RADZYMIN RUN TEAM	M-40	00:00:22	00:25:32	00:50:56	01:16:18	01:42:12
364	FERFECKI Paweł	1232	GIERAŁTOWICE	M-30	00:01:22	00:25:44	00:50:47	01:15:43	01:42:17
365	PRYMAS Krystian	452		M-30	00:00:29	00:24:22	00:49:37	01:15:33	01:42:22
366	HŁADZYŃSKI Łukasz	417	K.S. LENIWIEC	M-30	00:00:35	00:24:32	00:50:00	01:16:00	01:42:22
367	LUBICKI Wojciech	78	BRAK	M-40	00:00:56	00:25:45	00:50:43	01:16:18	01:42:24
368	WÓJCIK Rafał	784		M-40	00:02:19	00:24:58	00:49:51	01:15:38	01:42:24
369	DZIURA Arkadiusz	725	NIUANS	M-40	00:00:52	00:25:24	00:50:10	01:15:23	01:42:26
370	MIĘKIŃSKI Jacek	829		M-40	00:01:13	00:25:38	00:50:30	01:15:58	01:42:26
371	DYNAK Mariusz	999	ADAMIETZ	M-40	00:01:14	00:25:28	00:50:29	01:16:02	01:42:26
372	JESIONOWSKI Mateusz	308		M-20	00:00:53	00:26:23	00:51:58	01:17:04	01:42:29
373	ROŚLAWSKI Marcin	342		M-40	00:01:06	00:26:03	00:50:56	01:16:33	01:42:30
374	KLECZKA Roman	1021	PROFORM TEAM	M-20	00:01:22	00:25:49	00:51:20	01:16:36	01:42:32
375	BYŚ Adam	782		M-30	00:00:51	00:25:36	00:50:41	01:16:10	01:42:36
376	MELLER Tadeusz	149		M-20	00:01:25	00:26:34	00:52:13	01:17:27	01:42:36
377	GRABSKI Michał	580	KOMBO KURCZAKI	M-20	00:00:34	00:25:18	00:50:47	01:16:23	01:42:37
378	KOPPEL Bartłomiej	37		M-20	00:01:13	00:26:06	00:51:55	01:17:09	01:42:37
379	ZIĘBA Piotr	668		M-30	00:01:41	00:26:23	00:51:42	01:16:48	01:42:37
380	GRANDA Marcin	602		M-20	00:00:12	00:23:49	00:49:54	01:15:47	01:42:39
381	ŁĄTKOWSKI Marcin	992		M-20	00:00:51	00:25:45	00:51:25	01:16:49	01:42:39
382	KUCH Paweł	182		M-40	00:00:23	00:25:42	00:51:06	01:16:42	01:42:41
383	LISOWSKI Jacek	765		M-40	00:01:25	00:25:48	00:50:53	01:16:29	01:42:44
384	SZKLARZ Sebastian	217		M-30	00:00:58	00:25:20	00:50:16	01:15:53	01:42:48
385	WILK Kuba	971	WILK	M-20	00:01:13	00:25:44	00:51:03	01:16:30	01:42:51
386	RUSIN Marcin	195		M-20	00:01:17	00:26:27	00:51:41	01:17:04	01:42:53
387	LEWANDOWSKI Henryk	527		M-30	00:02:13	00:25:47	00:50:46	01:16:25	01:42:54
388	WIEKIERA Adam	535	GLIWICE	M-30	00:00:44	00:25:21	00:50:28	01:16:09	01:42:55
389	PIETRYSIAK Stefan	501		M-50	00:00:52	00:24:53	00:49:49	01:16:07	01:42:56
390	PENKALA Artur	301	GO-LEASING	M-20	00:00:08	00:25:43	00:51:28	01:17:05	01:43:04
391	DOBOSZ Mariusz	298	GO-LEASING	M-20	00:00:07	00:25:44	00:51:29	01:17:06	01:43:05
392	NOWAKOWSKI Sławomir	448	GRUPA BIEGOWA PARKRUN WARSZAWA-PRAGA	M-30	00:01:51	00:26:16	00:52:01	01:17:40	01:43:16
393	KOZIK Bartłomiej	683		M-30	00:00:32	00:26:26	00:52:02	01:17:29	01:43:17
394	ADAMSKI Kamil	32	LEGION WILCZE GARDŁO	M-20	00:01:37	00:26:05	00:51:55	01:17:20	01:43:17
395	WADOWSKI Paweł	1074		M-20	00:02:04	00:26:16	00:51:27	01:16:24	01:43:17
396	GAJDA Marek	945		M-20	00:00:49	00:25:17	00:51:14	01:16:51	01:43:18
397	MACIASZEK Maciej	221		M-30	00:00:26	00:25:32	00:50:52	01:16:29	01:43:21

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5km	10km	15km	20km
398	PILCH Michał	1218		M-30	00:01:22	00:25:58	00:51:01	01:17:13	01:43:21
399	MOCEK Roman	990		M-50	00:01:12	00:26:27	00:52:06	01:17:31	01:43:22
400	WEBER Krzysztof	1031		M-30	00:01:42	00:26:52	00:52:36	01:18:17	01:43:26
401	GRUSZCZYŃSKI Bogusław	647		M-60	00:00:43	00:25:16	00:50:48	01:16:51	01:43:28
402	MICHALAK Artur	897	PGB SPORTOWA PACZKA	M-30	00:00:59	00:26:19	00:51:34	01:17:29	01:43:28
403	SZANIEWSKI Krzysztof	1072		M-40	00:00:48	00:27:00	00:52:59	01:18:08	01:43:32
404	PYZIK Marek	61	OPEL ACTIVE TEAM	M-50	00:00:21	00:25:14	00:50:28	01:16:29	01:43:35
405	MARCZUK Tomasz	953		M-30	00:02:03	00:24:05	00:49:02	01:15:05	01:43:35
406	PRUSKO Adrian	302		M-40	00:00:17	00:25:47	00:51:27	01:17:01	01:43:39
407	JAGIEŁA Michał	252		M-20	00:00:41	00:24:08	00:48:33	01:14:11	01:43:46
408	ŁUKASZEK Krzysztof	974		M-40	00:01:48	00:27:32	00:54:13	01:19:28	01:43:47
409	WANDOCH Tyberiusz	305		M-30	00:00:43	00:25:37	00:50:51	01:16:44	01:43:49
410	RYBICKI Jerzy	712		M-50	00:00:17	00:24:40	00:49:46	01:15:56	01:43:53
411	BRYKOWSKI Przemysław	682	EVENT 360 RUNNING TEAM	M-30	00:01:10	00:26:19	00:52:23	01:18:28	01:43:56
412	TOMCZAK Karol	1038	BRAK	M-30	00:00:32	00:26:05	00:52:16	01:17:43	01:43:57
413	KULPA Marek	846	AKMB PĘDZIWIATR GLIWICE	M-40	00:00:38	00:24:44	00:50:23	01:16:03	01:43:58
414	KACZKIEWICZ Damian	1271	NIGHT RUNNERS GLIWICE	M-40	00:01:16	00:27:05	00:53:06	01:19:29	01:43:59
415	WOZNIAK Marek	875		M-30	00:01:24	00:26:28	00:52:35	01:18:21	01:43:59
416	MICHALAK Grzegorz	690	TOTALNY AMATOR	M-40	00:00:12	00:24:47	00:50:27	01:16:55	01:44:00
417	BŁASZCZYSZYN Łukasz	676	HEAVY METAL ALL-STAR TEAM	M-20	00:01:10	00:26:20	00:52:27	01:18:27	01:44:01
418	KATA Damian	129		M-20	00:00:00	00:27:30	00:52:36	01:18:02	01:44:03
419	CZERNIK Andrzej	134		M-60	00:02:23	00:25:40	00:50:53	01:16:42	01:44:03
420	LANGOSZ Grzegorz	420		M-40	00:00:55	00:26:45	00:53:06	01:18:46	01:44:04
421	GŁOGOWSKI Konrad	313		M-20	00:01:17	00:26:16	00:52:21	01:18:37	01:44:08
422	JASIŃSKI Dawid	794		M-20	00:01:11	00:26:22	00:52:28	01:18:47	01:44:09
423	POPIEL Wojciech	383		M-20	00:01:31	00:24:10	00:48:41	01:14:53	01:44:09
424	BOGULAK Grzegorz	241	RUN GB, RUN!	M-30	00:00:57	00:26:32	00:52:36	01:18:29	01:44:10
425	USZKO Grzegorz	354		M-40	00:00:20	00:25:23	00:51:01	01:17:37	01:44:12
426	KUJAWSKI Tomasz	210	NIGHT RUNNERS GLIWICE	M-40	00:01:05	00:25:34	00:50:38	01:16:08	01:44:12
427	BUŁA Tomasz	286		M-20	00:01:10	00:26:24	00:52:27	01:18:41	01:44:12
428	DZIAMSKI Ryszard	807	FUNDACJA ISKIERKA - BIEGAM DLA MIRKI	M-30	00:01:19	00:26:16	00:52:36	01:18:33	01:44:12
429	FLORIAN Krzysztof	976		M-30	00:00:56	00:26:13	00:52:59	01:18:56	01:44:13
430	WAGNER Mariusz	680		M-30	00:02:04	00:26:05	00:51:23	01:17:31	01:44:13
431	ROŻEK Jacek	770	ETE SPORT TEAM	M-30	00:02:21	00:26:22	00:51:57	01:17:36	01:44:15
432	BIGOS Grzegorz	954	GRAMMI	M-30	00:00:18	00:23:28	00:49:45	01:16:14	01:44:16
433	WYSOCKI Tomasz	160	ETERUN	M-40	00:02:20	00:26:23	00:51:58	01:17:37	01:44:16
434	CZERWIŃSKI Tomasz	183		M-30	00:01:09	00:26:51	00:52:51	01:18:39	01:44:17
435	KROWIAK Grzegorz	735		M-40	00:01:15	00:26:35	00:52:32	01:18:22	01:44:19
436	NOWAK Bartosz	1270		M-30	00:00:19	00:25:11	00:53:36	01:19:34	01:44:20
437	MATUSZCZAK Witold	718		M-20	00:01:09	00:25:04	00:50:08	01:16:33	01:44:20
438	PARUZEL Ireneusz	112		M-40	00:00:58	00:24:54	00:50:02	01:16:07	01:44:23
439	WIŚNIEWSKI Paweł	713	JW AGAT	M-30	00:00:13	00:24:52	00:50:41	01:17:20	01:44:27
440	BIAŁOSKÓRSKI Grzegorz	102		M-30	00:00:21	00:25:14	00:50:28	01:16:29	01:44:27
441	FAMUŁA Tomasz	1103	FUTURE PROCESSING RUNNING CLUB	M-20	00:01:10	00:26:21	00:52:27	01:18:42	01:44:29
442	PRZYBYLSKI Mariusz	215	PGB SPORTOWA PACZKA	M-30	00:00:26	00:25:16	00:50:48	01:16:52	01:44:30
443	KROPKA Szymon	130	NIGHT RUNNERS GLIWICE	M-30	00:00:33	00:26:00	00:52:13	01:18:25	01:44:30

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5km	10km	15km	20km
444	PLOCH Tomasz	1291	PACEMAKER	M-20	00:01:05	00:26:25	00:52:32	01:18:46	01:44:30
445	KRZYWICKI Jan	650		M-60	00:00:29	00:25:21	00:50:56	01:17:02	01:44:33
446	STABLA Marek	154	NIGHT RUNNERS GLIWICE	M-20	00:01:06	00:26:27	00:52:20	01:18:43	01:44:34
447	SZAFRUGA Piotr	594		M-30	00:01:03	00:26:24	00:52:27	01:18:24	01:44:36
448	MIESZAŁA Tomasz	750	KW PSP WROCŁAW	M-30	00:01:05	00:26:26	00:52:32	01:18:50	01:44:36
449	KONDRUSIEWICZ Michał	331	BIEGACZE CSR	M-20	00:00:42	00:26:28	00:52:52	01:19:04	01:44:38
450	POŚPIECH Rafał	733		M-30	00:00:54	00:26:46	00:53:07	01:18:47	01:44:39
451	ZDUŃCZYK Mariusz	1255		M-30	00:01:01	00:26:01	00:51:51	01:17:54	01:44:40
452	MACIEJEWSKI Wiesław	238	AKB-KNURÓW	M-70	00:00:24	00:25:25	00:51:05	01:17:44	01:44:42
453	GRABARCZYK Mateusz	1015	ALLIANZ RUNNING TEAM	M-30	00:00:11	00:24:37	00:50:33	01:17:27	01:44:44
454	PAWLUSZUK Bogdan	261		M-40	00:01:06	00:25:38	00:50:51	01:16:50	01:44:45
455	ZAJDEL Dariusz	980		M-50	00:01:22	00:24:56	00:50:28	01:17:07	01:44:48
456	JANIK Ireneusz	1025		M-40	00:00:49	00:26:32	00:52:34	01:18:32	01:44:49
457	HANO Jan	400	PĘDZIWIATR GLIWICE	M-60	00:00:41	00:25:54	00:51:50	01:17:59	01:44:53
458	MUSIALIK Jan	890		M-40	00:00:10	00:24:59	00:50:52	01:17:22	01:44:55
459	TURNIAK Miłosz	613		M-20	00:00:50	00:25:06	00:50:16	01:16:53	01:44:58
460	PODSTUFKA Szymon	774		M-20	00:00:57	00:26:17	00:52:40	01:18:32	01:45:02
461	KUŹNICKI Tomasz	627		M-30	00:02:09	00:26:12	00:52:16	01:17:59	01:45:02
462	POKRYSZKA Bartosz	28	KOMBO KURCZAKI	M-20	00:01:24	00:26:35	00:52:34	01:18:27	01:45:08
463	POKRYSZKA Wojciech	240	KOMBO KURCZAKI	M-20	00:01:25	00:26:34	00:52:33	01:18:26	01:45:08
464	KWAŚNIOK Rafał	87	NIGHT RUNNERS GLIWICE	M-20	00:01:17	00:27:41	00:55:26	01:20:35	01:45:09
465	BIELA Marcin	1086		M-30	00:00:25	00:25:41	00:51:41	01:18:05	01:45:10
466	KWAPIEŃ Aleksander	1009		M-30	00:00:39	00:25:43	00:52:08	01:18:36	01:45:11
467	GIERAS Mirosław	506	DELOITTE ADVENTURE TEAM	M-40	00:02:07	00:25:56	00:52:08	01:18:27	01:45:11
468	STROBA Marek	462	FC24	M-30	00:01:59	00:25:48	00:51:42	01:17:38	01:45:12
469	TEICHMANN Norbert	381		M-50	00:00:40	00:27:01	00:52:59	01:18:32	01:45:15
470	FLORECKI Andrzej	88	AKMB PĘDZIWIATR GLIWICE	M-60	00:00:28	00:25:08	00:50:42	01:17:42	01:45:17
471	BAUMERT Rafał	430	ISTA BIEGAMY	M-30	00:01:11	00:26:22	00:52:30	01:19:04	01:45:18
472	STARŻYK Andrzej	139	RUNSTARS	M-30	00:00:29	00:25:15	00:51:10	01:17:42	01:45:19
473	KOMALA Wojciech	853		M-30	00:01:03	00:25:27	00:51:11	01:17:34	01:45:21
474	BOIŃSKI Marcin	224		M-20	00:01:08	00:25:49	00:51:22	01:17:10	01:45:23
475	ZIĘTERSKI Robert	339		M-30	00:01:41	00:25:59	00:51:23	01:17:43	01:45:23
476	KALINOWSKI Krzysztof	885		M-30	00:01:53	00:26:40	00:52:42	01:19:14	01:45:24
477	ŚLĄZOK Krzysztof	884		M-30	00:01:52	00:26:42	00:52:44	01:19:16	01:45:25
478	KUBISZ Mariusz	544		M-20	00:01:19	00:26:49	00:53:15	01:18:51	01:45:29
479	NIESZPOREK Adam	190	RUN-3	M-30	00:01:11	00:26:20	00:52:10	01:18:21	01:45:30
480	GÓRKA Szymon	292	PRZODOWI SIEPACZE	M-30	00:01:43	00:24:58	00:50:17	01:17:05	01:45:31
481	SZELKA Andrzej	46	AKMB PĘDZIWIATR GLIWICE	M-50	00:01:31	00:25:20	00:50:39	01:17:15	01:45:33
482	LEDWOŃ Jakub	122		M-30	00:01:06	00:26:31	00:51:39	01:17:05	01:45:34
483	WILK Andrzej	818		M-40	00:01:08	00:26:19	00:51:53	01:17:57	01:45:42
484	UJMA Michał	98		M-30	00:00:22	00:26:34	00:52:31	01:19:06	01:45:51
485	STRUG Mariusz	631		M-30	00:00:51	00:25:14	00:51:09	01:17:59	01:45:57
486	KUPKA Bartosz	1100		M-30	00:00:30	00:26:16	00:52:31	01:19:24	01:46:05
487	ZDZIEBKO Artur	105		M-40	00:01:07	00:26:04	00:52:13	01:18:27	01:46:06
488	PRENZENA Paweł	45		M-20	00:00:22	00:25:19	00:50:34	01:17:13	01:46:11
489	JASTRZĘBSKI Rafał	57	EASY RUN RACIBÓRZ	M-30	00:01:15	00:27:28	00:54:41	01:20:41	01:46:11

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5km	10km	15km	20km
490	KACZOR Rafał	1226	PKO BP	M-40	00:01:50	00:26:29	00:53:04	01:19:20	01:46:15
491	KAMECKI Maciej	873	GOOD TIME SPORT	M-30	00:01:11	00:26:05	00:52:45	01:18:44	01:46:16
492	BĄK-CESARZ Damian	282		M-40	00:01:38	00:26:49	00:54:01	01:21:03	01:46:16
493	KWAPIEŃ Paweł	1069		M-30	00:00:39	00:25:43	00:52:08	01:18:38	01:46:18
494	MASIAREK Mariusz	1265	DRUŻYNA MOJACUKRZYCA.PL	M-40	00:01:29	00:26:03	00:51:33	01:17:56	01:46:19
495	WYPYCHOWICZ Piotr	388	WWW.BURGMANIA.NET	M-40	00:00:20	00:23:43	00:48:06	01:15:41	01:46:26
496	GAJEWSKI Michał	449		M-30	00:01:05	00:26:26	00:52:50	01:19:07	01:46:30
497	WALSKI Łukasz	546	RANGER SURVIVAL CLUB	M-20	00:01:53	00:27:38	00:54:27	01:21:24	01:46:40
498	MAJEWSKI Grzegorz	318	BEZ KLUBU	M-30	00:01:43	00:25:43	00:52:10	01:18:28	01:46:42
499	PISKORZ Robert	948		M-40	00:01:12	00:25:44	00:52:28	01:18:54	01:46:46
500	NOWOROLNIK Paweł	649		M-30	00:01:18	00:26:31	00:53:09	01:20:10	01:46:49
501	KUROWSKI Michał	742	NIGHT RUNNERS GLIWICE	M-20	00:01:16	00:27:05	00:53:06	01:19:34	01:46:54
502	PAWLIK Wojciech	665		M-20	00:01:17	00:26:27	00:52:41	01:19:12	01:46:56
503	GRAMATYKA Paweł	499		M-30	00:01:10	00:25:41	00:51:37	01:18:36	01:46:58
504	BIEŃKOWSKI Piotr	384		M-20	00:00:37	00:23:36	00:49:14	01:17:25	01:47:01
505	JURASZCZYK Jan	865	FEBYS RUN TEAM	M-30	00:01:32	00:26:56	00:53:14	01:19:55	01:47:02
506	GROŃSKI Janusz	598		M-50	00:00:30	00:26:19	00:53:01	01:19:44	01:47:05
507	RUDNER Jakub	1105		M-20	00:00:45	00:27:05	00:53:46	01:20:06	01:47:06
508	WOJTASZEK Grzegorz	404		M-30	00:01:46	00:26:26	00:52:47	01:19:32	01:47:12
509	BLACH Damian	556		M-20	00:01:18	00:28:14	00:55:11	01:21:59	01:47:14
510	OSIŃSKI Paweł	322	NIGHT RUNNERS GLIWICE	M-30	00:02:11	00:25:25	00:51:46	01:19:23	01:47:18
511	GRĄBCZEWSKI Marcin	274		M-30	00:01:13	00:27:05	00:53:46	01:20:24	01:47:20
512	STANISZEWSKI Krzysztof	973	BIEGAMY Z SERCEM.PL	M-16	00:00:23	00:24:17	00:49:25	01:16:29	01:47:24
513	WILK Andrzej	764		M-20	00:01:02	00:24:46	00:50:52	01:18:03	01:47:26
514	SZARUGA Jan	266		M-20	00:01:34	00:27:13	00:53:13	01:18:58	01:47:29
515	SKOLUDEK Robert	447		M-20	00:00:43	00:26:30	00:53:17	01:20:36	01:47:34
516	ADAMOWSKI Jacek	48	NIGHT RUNNERS GLIWICE	M-30	00:01:42	00:26:36	00:52:16	01:18:28	01:47:35
517	DE LA MERCED PUGA Daniel	1070		M-20	00:02:18	00:26:55	00:53:11	01:19:09	01:47:36
518	IMIOŁEK Arkadiusz	419	BIEGAM Z ED-CERT	M-40	00:00:38	00:26:33	00:53:02	01:19:48	01:47:40
519	BUJAK Mateusz	679		M-20	00:00:59	00:26:13	00:52:09	01:19:22	01:47:40
520	ZEMŁA Piotr	235		M-40	00:00:48	00:26:51	00:53:41	01:20:40	01:47:48
521	FIELHAUER Damian	685		M-20	00:00:57	00:25:36	00:51:02	01:17:50	01:47:50
522	KUMOR Tomasz	894		M-20	00:00:37	00:27:25	00:54:07	01:20:53	01:47:53
523	KOWALCZYK Robert	433	ISTA BIEGAMY	M-40	00:00:59	00:25:34	00:51:46	01:18:59	01:47:54
524	BORECKI Marcin	249		M-30	00:00:19	00:25:19	00:51:28	01:19:11	01:48:06
525	SZAMRYK Konrad	789		M-30	00:00:56	00:26:53	00:53:01	01:19:39	01:48:06
526	GRUSZKA Tomasz	1276		M-40	00:00:49	00:26:38	00:52:42	01:19:10	01:48:08
527	MAZUR Krzysztof	1288	NOWA GLIWICE	M-30	00:01:38	00:27:22	00:54:21	01:21:00	01:48:11
528	OCHMAN Ireneusz	1073	OPEL ACTIVE TEAM	M-40	00:00:17	00:24:41	00:51:13	01:18:37	01:48:15
529	ĆWIK Paweł	1024		M-40	00:00:53	00:26:39	00:52:55	01:19:44	01:48:17
530	MRÓZEK Przemysław	612	PŁOMIEŃ OPATÓW	M-30	00:00:29	00:24:52	00:50:35	01:17:49	01:48:25
531	MIKETA Marek	1090	RYBICKA GRUPA BIEGOWA	M-40	00:00:27	00:27:47	00:54:56	01:21:08	01:48:31
532	FUGOWSKI Grzegorz	341		M-30	00:01:19	00:26:28	00:53:37	01:20:32	01:48:33
533	WOŹNIAK Marek	277		M-40	00:02:08	00:27:06	00:53:32	01:20:45	01:48:34
534	DUDEK Łukasz	307		M-30	00:02:08	00:27:07	00:53:31	01:20:45	01:48:34
535	WIERZBICA Adrian	730		M Open	00:01:23	00:27:49	00:54:45	01:21:36	01:48:37

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5km	10km	15km	20km
536	WIEDERMANN Krzysztof	624	PEDRAFORCA	M-30	00:02:26	00:27:04	00:53:34	01:20:58	01:48:37
537	KONIK Tomasz	385		M-40	00:00:52	00:26:17	00:52:40	01:19:36	01:48:40
538	RÓG Marcin	892	NIGHT RUNNERS KATOWICE	M-20	00:00:38	00:25:00	00:49:22	01:17:00	01:48:41
539	SIUDA Krzysztof	858		M-20	00:00:39	00:28:01	00:54:32	01:20:58	01:48:42
540	KOKOSZKA Marcin	609	EMEDIATOR.PL	M-20	00:00:54	00:28:03	00:55:52	01:23:06	01:48:42
541	BOROWSKI Sławomir	482	SOLVITUR AMBULANDO	M-30	00:01:01	00:26:00	00:51:52	01:18:53	01:48:42
542	NIEDZIELA Janusz	760		M-20	00:01:36	00:24:35	00:49:52	01:16:15	01:48:43
543	ADAMSKI Maciej	927	WROCŁAW MARATHON TEAM	M-20	00:01:14	00:26:41	00:53:10	01:20:12	01:48:44
544	BEDNARSKI Tomasz	457	NR GLIWICE	M-20	00:02:00	00:29:26	00:55:57	01:22:59	01:48:44
545	GRABOWSKI Maciej	788		M-30	00:01:05	00:27:16	00:53:52	01:20:37	01:48:50
546	PYKA Dariusz	1127		M-40	00:01:58	00:27:55	00:55:42	01:23:21	01:48:50
547	KULIK Adam	989		M-40	00:00:40	00:26:04	00:52:44	01:19:49	01:48:57
548	ZABIEROWSKI Witold	1046	ADAMIETZ	M-50	00:01:16	00:27:17	00:54:25	01:21:44	01:48:58
549	RYMASZEWSKI Wojciech	469		M-30	00:01:02	00:25:23	00:51:11	01:17:29	01:48:59
550	SŁUSZNIAK Sławomir	752		M-40	00:00:37	00:26:30	00:53:05	01:20:20	01:49:00
551	ALEKSANDROWICZ Krzysztof	1104	FIZJO RUNNERS UMED WROCŁAW	M-40	00:01:32	00:26:45	00:53:31	01:20:47	01:49:06
552	BUTOR Arkadiusz	651	12TRI.PL	M-30	00:00:40	00:26:43	00:53:23	01:20:46	01:49:07
553	UTRATNY Ludomir Jan	284		M-40	00:00:41	00:26:30	00:53:12	01:20:45	01:49:12
554	BŁASZCZYSZYN Maciej	1290		M-50	00:01:20	00:28:15	00:55:47	01:22:28	01:49:12
555	BOJDA Dawid	1152		M-20	00:01:36	00:27:41	00:55:18	01:22:18	01:49:14
556	SKOTNICKI Paweł	83		M-20	00:01:07	00:26:34	00:52:55	01:19:46	01:49:16
557	GRONDECKI Grzegorz	310	BIEGAMY Z SERCEM.PL	M-40	00:01:20	00:27:18	00:54:09	01:21:39	01:49:18
558	GALERT Adam	17	PRO-RUN WROCŁAW	M-30	00:01:14	00:25:57	00:52:08	01:18:46	01:49:19
559	PATRYAS Arkadiusz	985		M-40	00:00:59	00:27:46	00:55:16	01:22:54	01:49:21
560	KOZIELEC Tomasz	372		M-40	00:01:18	00:27:05	00:53:52	01:21:07	01:49:25
561	WIĄCEK Krzysztof	25		M-50	00:01:23	00:27:49	00:55:12	01:22:17	01:49:25
562	ZIĘBIK Grzegorz	1017		M-30	00:00:38	00:26:48	00:53:28	01:21:13	01:49:28
563	MIKUŁA Leszek	617		M-40	00:00:25	00:25:28	00:51:24	01:19:06	01:49:36
564	ANDRZEJCZAK Michał	247		M-30	00:01:37	00:27:29	00:55:05	01:22:16	01:49:39
565	CHROBOK Mateusz	905	NIGHT RUNNERS ZABRZE	M-20	00:00:14	00:25:48	00:53:15	01:20:31	01:49:42
566	SULIN Marek	904		M-40	00:02:11	00:28:10	00:55:52	01:22:47	01:49:43
567	KAZULA Grzegorz	251		M-30	00:01:39	00:27:33	00:54:38	01:22:00	01:49:48
568	MACIASZEK Jarosław	513		M-20	00:02:16	00:27:28	00:54:46	01:22:26	01:49:51
569	STASIAK Michał	180		M-40	00:01:05	00:27:13	00:54:14	01:21:24	01:49:53
570	GĘBCZYŃSKI Paweł	201		M-30	00:00:58	00:25:36	00:51:32	01:18:37	01:49:54
571	SZUŁCZYŃSKI Karol	451		M-50	00:01:47	00:27:17	00:53:58	01:20:59	01:50:02
572	GRABOWSKI Michał	568		M-40	00:00:35	00:27:51	00:55:34	01:22:58	01:50:03
573	JANY Kamil	545		M-40	00:01:20	00:27:35	00:54:40	01:22:13	01:50:03
574	GOSŁAWSKI Piotr	1262		M-40	00:01:13	00:27:18	00:53:53	01:21:09	01:50:04
575	CZARNOTA Arkadiusz	555		M-30	00:00:27	00:26:43	00:54:15	01:21:56	01:50:05
576	KŁOBUSZEWSKI Stanisław	62		M-50	00:02:05	00:28:05	00:55:49	01:23:03	01:50:07
577	WIORA Łukasz	1284		M-30	00:00:32	00:27:59	00:56:18	01:23:35	01:50:09
578	DUSZA Michał	158	BIEGOWE NIEDZIELNE PORANKI W ŻERNICY	M-30	00:01:23	00:25:22	00:50:38	01:18:26	01:50:09
579	ANDRZEJ Kuś	1080	PURE JATOMI FORUM GLIWICE	M-30	00:01:00	00:27:42	00:55:15	01:22:44	01:50:18
580	MICHNA Wojciech	1077		M-20	00:01:03	00:25:29	00:52:49	01:20:30	01:50:22
581	MALINOWSKI Piotr	913	NIEZRZESZONY	M-40	00:01:14	00:26:56	00:54:21	01:21:56	01:50:22

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5km	10km	15km	20km
582	TKACZUK Marcin	191	NIGHT RUNNERS GLIWICE	M-30	00:00:59	00:27:21	00:54:24	01:22:05	01:50:27
583	JANIK Janusz	131	NIGHT RUNNERS GLIWICE	M-30	00:01:02	00:27:16	00:54:21	01:22:02	01:50:27
584	BUCZYŃSKI Radosław	53	NIGHT RUNNERS GLIWICE	M-20	00:01:04	00:27:21	00:54:20	01:22:02	01:50:31
585	WIŚNIEWSKI Paweł	265		M-20	00:01:04	00:27:21	00:54:20	01:22:02	01:50:32
586	POPIEL Artur	414	NIGHT RUNNERS GLIWICE	M-40	00:01:00	00:27:40	00:55:14	01:22:43	01:50:35
587	KOZŁOWSKI Przemysław	808		M-30	00:00:49	00:27:56	00:55:25	01:22:39	01:50:38
588	ŻĄDŁO Łukasz	344	CABALLO BLANCO TEAM	M-30	00:00:30	00:28:36	00:56:59	01:25:02	01:50:43
589	RENKE Piotr	841		M-40	00:01:00	00:26:02	00:52:42	01:20:54	01:50:45
590	BRZÓZKA Sebastian	412	SBD ENERGETYK RYBNIK	M-30	00:02:00	00:27:07	00:53:56	01:22:01	01:50:46
591	OPALIŃSKI Tomasz	938	GOOD TIME SPORT	M-20	00:01:11	00:28:02	00:56:06	01:23:47	01:50:47
592	TWARDOWSKI Jacek	152		M-30	00:01:51	00:27:10	00:53:56	01:21:17	01:50:50
593	ALBERT Łukasz	481	10 BLOG OPOLE	M-30	00:00:44	00:27:14	00:55:05	01:23:11	01:50:51
594	BYCZYK Jarosław	536	KB SWIATDOMU.COM	M-40	00:01:03	00:27:03	00:53:43	01:21:04	01:50:53
595	KAMIŃSKA Anna	429	ISTA BIEGAMY	M-20	00:02:00	00:29:26	00:55:57	01:22:59	01:50:53
596	ZASADA Edwin	982	ZABIJGRUBASA.PL	M-20	00:01:21	00:28:27	00:56:40	01:24:05	01:51:03
597	CZOIK Tomasz	978	NIGHT RUNNERS GLIWICE	M-20	00:01:19	00:28:29	00:56:42	01:23:50	01:51:05
598	MACIEJASZ Piotr	1062		M-30	00:02:06	00:25:49	00:51:57	01:19:55	01:51:05
599	GUTOWSKI Łukasz	312		M-20	00:00:20	00:27:27	00:55:04	01:22:46	01:51:06
600	MUCHA Adam	925		M-30	00:01:52	00:27:11	00:54:56	01:22:16	01:51:11
601	GRABOWSKI Lech	870		M-50	00:00:07	00:26:21	00:54:11	01:22:24	01:51:12
602	KRAWCZYK Jakub	1119		M-30	00:01:54	00:27:51	00:55:20	01:23:03	01:51:23
603	WOLAŃSKI Michał	1051		M-20	00:01:37	00:25:45	00:53:26	01:22:12	01:51:28
604	FRANKE Tomasz	458		M-40	00:01:23	00:27:48	00:55:44	01:23:31	01:51:38
605	MACIEJCZYK Marcin	117	AKS DRAGON	M-20	00:00:58	00:26:54	00:53:17	01:20:28	01:51:43
606	SMAKOSZ Wojciech	888		M-50	00:01:34	00:28:00	00:55:41	01:23:15	01:51:44
607	SZALIŃSKI Krzysztof	975	PRYWATNY	M-40	00:00:09	00:27:29	00:55:27	01:23:12	01:51:47
608	WALCZAK Bartłomiej	1057		M-30	00:01:04	00:26:31	00:52:28	01:20:13	01:51:47
609	WARSZAWIK Antoni	723	EXTEAM	M-40	00:01:12	00:25:31	00:51:49	01:19:36	01:51:47
610	JASIŃSKI Tomasz	805		M-40	00:01:36	00:27:13	00:54:10	01:22:49	01:51:52
611	KREMPA Sławomir	727		M-30	00:01:20	00:28:31	00:56:41	01:23:49	01:51:58
612	HAHN Piotr	349	FABRIKA NORDIKA	M-30	00:01:27	00:26:35	00:53:04	01:21:05	01:51:58
613	URBANEK Marcin	439	ISTA BIEGAMY	M-30	00:00:57	00:26:39	00:53:52	01:22:13	01:52:05
614	WADOWSKI Adrian	1075		M-20	00:02:03	00:29:32	00:57:21	01:24:24	01:52:06
615	WANAT Wacław	315	PRO-RUN WROCLAW.	M-60	00:01:28	00:27:52	00:55:21	01:23:44	01:52:07
616	URBANIAK Andrzej	1063	SKLEP BIEGACZA	M-40	00:00:33	00:27:40	00:55:22	01:23:08	01:52:10
617	KLAWENDER Ryszard	1269	BIEGAMY Z SERCEM.PL	M-50	00:00:42	00:27:58	00:55:22	01:23:24	01:52:14
618	ŻYDEK Sławomir	2	RYBICKA GRUPA BIEGOWA	M-30	00:01:57	00:27:10	00:54:15	01:22:07	01:52:14
619	CZERNIAK Tobiasz	23	RAJSPOORT ACTIVE ANTON TEAM	M-20	00:00:13	00:25:06	00:51:04	01:20:15	01:52:17
620	LUKOSZEK Marek	194	RUN 3	M-30	00:01:13	00:27:08	00:54:26	01:21:41	01:52:18
621	STEC Marcin	633	KW GLIWICE	M-30	00:01:45	00:28:06	00:56:19	01:24:10	01:52:20
622	WNUK Grzegorz	896	SBD ENERGETYK RYBNIK	M-40	00:01:21	00:28:21	00:56:49	01:25:19	01:52:22
623	GAJEWSKI Łukasz	515		M-30	00:01:31	00:26:56	00:54:13	01:21:48	01:52:24
624	MATERLA Marek	233	ZRYW SŁUPSKO	M-30	00:01:45	00:27:30	00:55:08	01:23:12	01:52:25
625	WILK Mariusz	142		M-40	00:00:41	00:27:06	00:55:02	01:23:35	01:52:26
626	PIELKA Erwin	234	ZRYW SŁUPSKO	M-50	00:01:44	00:27:31	00:55:09	01:23:12	01:52:26
627	PIONTEK Michał	762		M-30	00:02:04	00:28:20	00:55:57	01:23:52	01:52:26

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5km	10km	15km	20km
628	SZŁĘZAK Andrzej	1048		M-20	00:01:35	00:28:51	00:57:06	01:25:03	01:52:27
629	DZIEWIOR Marek	1000		M-40	00:00:36	00:26:30	00:53:24	01:21:36	01:52:28
630	JĘDRZEJOWSKI Andrzej	333	BIEGACZE CSR	M-30	00:00:41	00:28:11	00:56:09	01:23:49	01:52:35
631	BAROS Grzegorz	836	FALSTART RUDNIKI	M-40	00:01:02	00:27:15	00:55:12	01:23:45	01:52:35
632	WIKIERSKI Michał	671	DARIUSZ MAX	M-30	00:01:23	00:27:51	00:55:37	01:23:25	01:52:36
633	DACZYŃSKI Michał	40	GRUPA CMYKI	M-30	00:02:13	00:28:27	00:56:20	01:24:20	01:52:40
634	MATECKI Maciej	126	2XM	M-30	00:00:40	00:28:01	00:55:45	01:23:38	01:52:45
635	LALA Mariusz	1177		M-40	00:01:57	00:27:56	00:55:44	01:23:40	01:52:52
636	KRAKOWSKI Jacek	565		M-40	00:02:07	00:28:10	00:56:08	01:24:55	01:52:54
637	OCHÓD Dawid	618	DRUŻYNA CSR	M-30	00:00:41	00:26:27	00:53:16	01:21:41	01:52:56
638	NYGA Robert	550	FUTURE PROCESSING RUNNING TEAM	M-20	00:01:10	00:25:59	00:53:52	01:22:46	01:52:56
639	ROZWADOWSKI Dariusz	924		M-40	00:01:50	00:28:03	00:55:50	01:24:01	01:52:58
640	ATLASIK Tom	1268	SASOZ	M-50	00:01:30	00:27:48	00:55:38	01:24:04	01:53:01
641	DORCZAK Jarosław	906	TATA W ETE	M-30	00:01:50	00:28:11	00:56:13	01:24:21	01:53:06
642	BOCZAROWSKI Michał	1058	EXPERT TRAVEL	M-40	00:01:28	00:27:11	00:54:26	01:22:27	01:53:07
643	CHICHY Jacek	1257		M-30	00:01:36	00:28:14	00:55:22	01:23:37	01:53:07
644	KOPIEL Grzegorz	780		M-40	00:01:41	00:27:01	00:55:07	01:23:52	01:53:09
645	DĄBROWSKI Marcin	39		M-30	00:01:52	00:27:40	00:55:14	01:23:36	01:53:09
646	RENKIEL Tomasz	1282		M-40	00:01:16	00:27:43	00:56:03	01:24:26	01:53:17
647	ZDUNIAK Robert	49		M-30	00:01:09	00:27:52	00:55:32	01:24:09	01:53:18
648	MACHNOWSKI Wojciech	203		M-30	00:00:55	00:28:38	00:56:35	01:24:23	01:53:29
649	MIERZEJEWSKI Jacek	150	AMATOR	M-40	00:00:29	00:27:00	00:54:16	01:23:18	01:53:31
650	ZALEWSKI Krzysztof	790	ZALEWSKI ARCHITECTURE GROUP	M-40	00:00:38	00:28:39	00:57:12	01:25:51	01:53:34
651	SAŁATA Miłosz	621		M-20	00:00:59	00:27:33	00:55:14	01:23:05	01:53:37
652	SKORUPSKI Grzegorz	823		M-40	00:01:36	00:28:03	00:56:16	01:24:45	01:53:42
653	WIADEREK Piotr	510	PĘDZĄCE ŻÓŁWIE	M-30	00:01:15	00:28:03	00:56:45	01:25:10	01:53:45
654	MORDARSKI Artur	392		M-30	00:01:03	00:28:11	00:56:42	01:24:49	01:53:47
655	SZEWCZYK Marcin	835		M-30	00:01:44	00:27:53	00:56:51	01:24:56	01:53:47
656	WILSZ Adam	657		M-40	00:02:12	00:28:55	00:57:14	01:25:25	01:53:47
657	WIECZORKE Marcin	741		M-40	00:00:24	00:26:28	00:53:32	01:23:29	01:53:48
658	SCHUMANN Robert	1097	UNISONO	M-60	00:02:09	00:28:56	00:57:14	01:25:27	01:53:49
659	MICHALIK Bartłomiej	928	BIEGACZE CSR	M-30	00:00:08	00:25:02	00:53:03	01:22:14	01:53:50
660	HRYSZKIEWICZ Janusz	933	UNISONO FLOW / AKMB PĘDZIWIATR GLIWICE	M-40	00:02:09	00:28:57	00:57:14	01:25:27	01:53:50
661	ZNAMIROWSKI Krzysztof	361	RADIO WROCŁAW	M-40	00:00:32	00:26:43	00:54:29	01:23:41	01:53:51
662	ROGOZIK Szymon	1126		M-30	00:01:55	00:27:57	00:55:43	01:23:43	01:53:55
663	BŁACH Lech	722		M-50	00:01:58	00:27:16	00:54:58	01:23:42	01:54:01
664	GRABOWSKI Maciej	911		M-20	00:00:46	00:27:53	00:56:05	01:24:31	01:54:10
665	SZENDZIELORZ Jan	539		M-50	00:00:46	00:28:25	00:57:04	01:26:23	01:54:11
666	WÓJCIK Rafał	719		M-40	00:01:14	00:28:18	00:56:29	01:25:14	01:54:15
667	WOJCIECHOWSKI Ireneusz	311	BBL GRÓJEC	M-40	00:02:06		00:56:12		01:54:16
668	GRYNICKI Jacek	804		M-40	00:00:43	00:29:17	00:57:36	01:25:55	01:54:27
669	GOCYK Leszek	932		M-30	00:00:51	00:26:12	00:53:04	01:21:31	01:54:27
670	RUTKOWSKI Tadeusz	731		M-30	00:01:25	00:28:18	00:57:09	01:25:12	01:54:28
671	SOŚNIAK Tomasz	56	KUDŁATY ART ACTIVE TEAM	M-30	00:01:09	00:27:10	00:55:31	01:23:57	01:54:37
672	ZIMOCH Grzegorz	636		M-30	00:00:31	00:28:16	00:56:33	01:25:48	01:54:44
673	WRÓBEL Jarosław	641		M-30	00:00:17	00:29:05	00:58:04	01:26:43	01:55:06

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5km	10km	15km	20km
674	BOGACZ Paweł	777		M-30	00:01:55	00:28:06	00:56:54	01:24:44	01:55:08
675	BĄBKA Tomasz	939		M-30	00:01:24	00:29:01	00:57:52	01:26:46	01:55:10
676	WALKE Piotr	350	NIGHT RUNNERS GLIWICE	M-40	00:00:44	00:24:26	00:48:37	01:13:03	01:55:18
677	KAŁUŻA Aleksander	1256		M-40	00:01:19	00:28:20	00:57:27	01:25:39	01:55:33
678	KOPCIK Tomasz	1020	FC KUNRÓW/COMBAT 56	M-30	00:01:32	00:27:04	00:54:06	01:23:33	01:55:36
679	KLIKS Andrzej	655	UNISONO	M-40	00:02:04	00:29:01	00:57:21	01:25:32	01:55:39
680	INGLANT Zbigniew	1030		M-40	00:01:21	00:30:17	01:00:00	01:28:06	01:55:41
681	WALASZCZYK Grzegorz	798		M-50	00:00:28	00:28:35	00:57:17	01:26:05	01:55:46
682	WARDZIŃSKI Paweł	821	RUN AND GUN	M-30	00:01:25	00:28:58	00:58:11	01:26:49	01:55:47
683	KRZYWIECKI Maciej	812		M-30	00:02:06	00:28:32	00:56:12	01:24:28	01:55:51
684	TOMKOWICZ Rafał	881	SFERA BIEGANIA	M-30	00:01:30	00:27:46	00:55:59	01:24:50	01:56:08
685	RYDZYŃSKI Jacek	270	RYSIE	M-30	00:02:12	00:26:05	00:54:20	01:24:32	01:56:10
686	NESTER Łukasz	50		M-30	00:01:37	00:28:48	00:57:02	01:25:17	01:56:15
687	HUZIOR Roman	1225		M-40	00:01:11	00:28:16	00:56:35	01:25:29	01:56:32
688	KOTWICKI Marek	1260		M-30	00:01:53	00:27:38	00:56:14	01:25:16	01:56:32
689	POZOWSKI Włodzimierz	335	EKOINSTAL	M-60	00:00:28	00:27:18	00:55:39	01:25:34	01:56:47
690	CHWALISZEWSKI Jarosław	35	NIGHT RUNNERS GLIWICE	M-40	00:01:17	00:27:40	00:56:32	01:25:19	01:56:55
691	KOŁODZIEJ Jacek	223	NIGHT RUNNERS GLIWICE, ENERGY TEAM	M-40	00:01:16	00:27:42	00:56:33	01:25:32	01:56:56
692	MARTYNOWICZ Radosław	702		M-20	00:01:25	00:28:16	00:57:10	01:25:45	01:57:15
693	CIMAŁA Rafał	440	ISTA BIEGAMY	M-30	00:00:58	00:28:21	00:57:01	01:26:22	01:57:22
694	WOJTASIŃSKI Robert	628	MIECHOWICKA GRUPA BIEGOWA	M-30	00:01:44	00:29:45	00:58:00	01:26:56	01:57:23
695	STAŚ Adam	940		M-20	00:01:52	00:28:32	00:56:56	01:26:09	01:57:25
696	MITRĘGA Paweł	994		M-40	00:01:18	00:29:02	00:58:19	01:27:10	01:57:28
697	OBCOWSKI Maciej	797		M-30	00:00:41	00:26:44	00:56:38	01:26:28	01:57:43
698	KLĘKA Bartłomiej	167		M-30	00:01:47	00:28:57	00:58:16	01:26:55	01:57:46
699	SYPEK Grzegorz	443	GET RUN	M-30	00:00:56	00:28:25	00:57:12	01:26:06	01:58:03
700	WARDZIŃSKI Mateusz	887		M-20	00:00:49	00:26:01	00:52:51	01:22:17	01:58:27
701	WESTER Mieczysław	1114	NIGHT RUNNERS GLIWICE	M-30	00:00:38	00:27:41	00:55:50	01:25:07	01:58:29
702	PRZESTALSKI Leszek	225		M-20	00:01:46	00:29:54	00:59:06	01:28:24	01:58:29
703	BUCHAL Grzegorz	581		M-40	00:01:38	00:28:38	00:56:53	01:26:25	01:58:30
704	GOLEC Przemysław	893		M-30	00:01:48	00:30:52	01:00:01	01:28:46	01:59:00
705	KALETA Łukasz	769		M-30	00:01:47	00:28:46	00:57:55	01:27:25	01:59:12
706	ŻYŁKA Grzegorz	844		M-30	00:01:56	00:30:56	01:01:29	01:30:28	01:59:16
707	CAPUTA Piotr	998		M-40	00:01:14	00:26:18	00:54:04	01:24:37	01:59:41
708	KONIKOWSKI Paweł	942	NIEZRZESZONY	M-60	00:01:34	00:28:39	00:57:52	01:28:04	01:59:48
709	SOSNA Adrian	485		M-30	00:01:48	00:30:58	01:01:55	01:31:11	01:59:52
710	CIEŚLA Adam	209	KLUB: RYBNICKI KLUB JU JITSU SPORTOWEGO	M-40	00:00:12	00:25:34	00:54:03	01:25:18	01:59:55
711	KALINOWSKI Dawid	783		M-20	00:01:51	00:29:19	00:58:38	01:28:43	02:00:09
712	BAŃCZYK Piotr	961	NIGHT RUNNERS KATOWICE / SKPB KATOWICE	M-30	00:00:17	00:28:42	00:57:41	01:27:44	02:00:11
713	GILEWSKI Franciszek	363	BIEGAMY Z SERCEM .PL	M-70	00:00:42	00:28:28	00:58:10	01:28:58	02:00:13
714	BOROWIEC Wojciech	521		M-20	00:00:46	00:27:07	00:55:24	01:25:47	02:00:19
715	JANTAS Andrzej	986		M-40	00:00:14	00:26:59	00:57:07	01:28:32	02:00:45
716	FRANCZYK Michał	159	GLIWICE	M-30	00:00:05	00:29:00	00:58:15	01:29:03	02:01:09
717	NAPORA Łukasz	293		M-30	00:02:03	00:28:12	00:56:28	01:26:01	02:01:24
718	WOLIŃSKI Józef	406		M-50	00:01:30	00:28:29	00:57:31	01:28:24	02:01:28
719	POREBSKI Paweł	720		M-30	00:01:32	00:29:08	00:59:22	01:30:21	02:01:41

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5km	10km	15km	20km
720	KUBACKI Adam	966	BIEGAM Z SERCEM	M-30	00:01:59	00:29:09	00:58:51	01:28:34	02:01:46
721	GAIM Jacek	946	SOSNOWIEC	M-40	00:00:53	00:29:20	00:58:47	01:29:30	02:01:50
722	SOWA Maciej	500	ELECTROCHEMISTRY GROUP	M-20	00:02:16	00:28:56	00:58:10	01:28:49	02:01:56
723	GRABOWSKI Zbigniew	871		M-60	00:00:58	00:28:52	00:58:16	01:29:25	02:02:02
724	MICHALSKI Bartosz	1281		M-40	00:01:39	00:29:08	00:58:23	01:28:28	02:02:04
725	HAMANN Sławomir	239		M-30	00:01:45	00:31:08	01:01:59	01:32:24	02:02:13
726	WIADEREK Sławomir	509	PĘDZĄCE ŻÓŁWIE	M-50	00:01:15	00:29:03	00:58:53	01:29:49	02:02:18
727	PALENGA Adrian	1053	OPEL ACTIVE TEAM	M-30	00:01:26	00:29:03	00:58:36	01:28:41	02:02:18
728	JAWOREK Jacek	491	OPEL ACTIVE TEAM	M-30	00:01:26	00:29:03	00:58:35	01:28:40	02:02:18
729	JASIŃSKI Mateusz	838		M-30	00:01:39	00:31:53	01:02:06	01:32:30	02:02:19
730	MICEK Marek	608		M-30	00:01:57	00:29:14	00:58:14	01:28:34	02:02:19
731	ROGOWSKI Tadeusz	728		M-40	00:01:25	00:29:04	00:58:36	01:28:41	02:02:20
732	CHOJOWSKI Oskar	259		M-40	00:01:55	00:30:14	01:00:09	01:30:27	02:02:31
733	KANIA Dominik	326		M-20	00:01:30	00:28:32	00:58:59	01:29:48	02:02:41
734	MACIEJ Artur	320	ELECTROCHEMISTRY GROUP	M-30	00:02:16	00:28:56	00:58:10	01:28:49	02:03:19
735	KOŁTKO Łukasz	610		M-20	00:01:23	00:29:41	00:59:26	01:29:09	02:03:35
736	BUK Marcin	597		M-20	00:01:24	00:29:40	00:59:25	01:29:08	02:03:35
737	MALISZEWSKI Jakub	950	TECHNOMEX	M-30	00:01:30	00:29:33	01:00:50	01:31:34	02:03:35
738	GŁOWACKI Michał	398	TEAM GŁOWACKI	M-20	00:01:20	00:26:55	00:55:35	01:26:42	02:03:37
739	KLYTA Wojciech	1071	NIEZRZESZONY	M-40	00:01:53	00:27:16	00:55:46	01:27:32	02:03:46
740	BUFNAŁ Krzysztof	710		M-40	00:02:17	00:30:38	01:01:58	01:32:47	02:04:09
741	KONTNY Paweł	1007	-	M-70	00:02:03	00:30:46	01:00:49	01:31:50	02:04:22
742	WYPCHOŁ Piotr	936		M-50	00:01:34	00:29:20	01:00:04	01:32:07	02:04:39
743	ZAWADA Piotr	739	NIGHT RUNNERS ZABRZE	M-20	00:01:38	00:31:00	01:01:44	01:32:34	02:04:44
744	SZKUDLAREK Michał	744		M-30	00:01:39	00:28:11	00:58:51	01:31:24	02:04:44
745	MASTERNAK Albert	1084	SZCZAWNÓ RUN	M-50	00:00:47	00:30:53	01:01:44	01:33:07	02:04:45
746	JAWOREK Dariusz	31	SPORT-RELAKS.PL	M-40	00:01:52	00:29:50	01:00:20	01:31:34	02:05:00
747	ROJEK Grzegorz	1076		M-40	00:01:43	00:31:21	01:02:28	01:33:54	02:05:21
748	MIŚKIEWICZ Andrzej	188		M-40	00:01:46	00:30:50	01:01:42	01:33:12	02:05:22
749	FERFECKI Dawid	1137		M-30	00:01:22	00:28:55	01:00:17	01:32:19	02:05:46
750	RACZKOWSKI Denis	673		M-20	00:02:00	00:31:02	01:02:15	01:33:41	02:06:04
751	NADOLNY Wiesław	833	SOLIDARNOŚĆ MZA I TW	M-40	00:02:01	00:30:36	01:02:04	01:33:55	02:06:33
752	KRUSZYŃSKI Marcin	570		M-40	00:00:34	00:26:36	00:55:03	01:28:40	02:06:34
753	URBANEK Arkadiusz	878		M-20	00:01:55	00:30:17	01:01:02	01:32:04	02:06:54
754	PADOŁ Zbigniew	586		M-50	00:00:15	00:30:05	01:00:58	01:32:55	02:07:19
755	CZOSNOWSKI Tomasz	1272	OTK RZEŹNIK	M-30	00:01:44	00:31:07	01:02:28	01:33:54	02:07:23
756	STOLARCZYK Maciej	1134		M-30	00:02:25	00:24:20	00:47:14	01:11:22	02:07:31
757	ADAMSKI Tomasz	280		M-40	00:01:10	00:30:28	01:02:59	01:34:41	02:07:44
758	URBAN Dariusz	1012		M-40	00:00:40	00:29:11	00:59:31	01:31:57	02:08:19
759	SZYPUŁA Michał	629		M-20	00:02:02	00:31:26	01:03:34	01:36:05	02:08:51
760	KOSIERKIEWICZ Kamil	1066		M-40	00:01:58	00:33:47	01:07:04	01:40:05	02:09:28
761	TISZBIEREK Henryk	324		M-40	00:01:35	00:31:30	01:03:10	01:34:57	02:09:35
762	MIGDAŁ Grzegorz	325		M-40	00:01:35	00:31:31	01:03:10	01:34:57	02:09:35
763	ORYSZCZAK Łukasz	662		M-30	00:01:35	00:30:06	01:01:19	01:34:06	02:09:52
764	KOSTRZEWA Krzysztof	41	BIEGAM, BO LUBIĘ	M-30	00:01:24	00:30:37	01:02:19	01:35:15	02:09:54
765	OSUBNIAK Tomasz	467		M-30	00:01:09	00:26:42	00:56:11	01:31:06	02:09:58

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5km	10km	15km	20km
766	PŁOTEK Tomasz	921		M-30	00:00:30	00:28:24	00:58:12	01:32:25	02:10:03
767	WEKWERT Dariusz	285	BIEGAMYZSERCEM.PL	M-30	00:00:25	00:29:03	01:00:23	01:34:19	02:10:31
768	WEKWERT Witold	283	BIEGAMYZSERCEM.PL	M-50	00:00:25	00:29:03	01:00:24	01:34:19	02:10:31
769	OLCZYK Adrian	983	SMSAPI	M-20	00:02:13	00:31:05	01:03:10	01:35:14	02:10:36
770	BRODIUK Norbert	148	TRAINPAUL	M-40	00:00:24	00:28:45	01:00:44	01:35:27	02:10:40
771	BATKO Dawid	1016		M-30	00:00:29	00:26:40	00:58:02	01:33:16	02:11:37
772	SMOŁA Mieczysław	228	AKMB PĘDZIWIATR GLIWICE	M-60	00:00:16	00:28:57	00:59:22	01:33:27	02:11:43
773	FRYDRYK Ryszard	1264	EKO-ATOM.PL	M-50	00:01:39	00:31:03	01:03:41	01:37:45	02:11:45
774	ZAWADA Michał	601		M-30	00:00:45	00:29:24	00:59:58	01:32:58	02:12:12
775	DOBREK Wojciech	851	WIECZORNEBIEGANIE	M-40	00:02:11	00:30:05	01:03:17	01:38:44	02:12:15
776	KALISZ Krzysztof	689		M-30	00:01:40	00:29:50	01:02:02	01:34:53	02:12:39
777	JĘDRYCHA Michał	695	CFO RUNNING TEAM	M-30	00:02:02	00:33:44	01:07:00	01:40:03	02:12:41
778	JĘDRYCHA Artur	830		M-40	00:02:02	00:33:44	01:07:00	01:40:03	02:12:41
779	JĘDRYCHA Zbigniew	694		M-60	00:02:01	00:33:44	01:07:01	01:40:04	02:12:42
780	OSTAFIŃSKI Bartosz	850		M-30	00:01:54	00:31:37	01:04:59	01:38:25	02:13:26
781	ŻELEZNY Tomasz	295	NIGHT RUNNERS GLIWICE	M-20	00:01:56	00:30:55	01:02:15	01:35:09	02:14:37
782	ŚWITAŁA Józef	1008	FALSTART RUDNIKI	M-60	00:01:02	00:27:16	00:55:12	01:29:49	02:15:00
783	MAJCHRZAK Paweł	1081		M-30	00:02:22	00:32:03	01:05:08	01:39:28	02:15:11
784	GRANAT Jarosław	243		M-20	00:01:38	00:31:41	01:04:28	01:38:15	02:15:44
785	KAPUSTA Grzegorz	1108		M-40	00:00:18	00:32:10	01:05:13	01:40:02	02:16:38
786	DROZDOWSKI Wojceich	1059	BIEGAJZ TRENERAMI	M-30	00:00:43	00:30:13	01:02:58	01:36:56	02:17:41
787	FORYST Wojciech	626		M-60	00:01:31	00:30:36	01:02:43	01:37:36	02:18:17
788	SPÓLNIK Stanisław	567	KRAKOWSKI KLUB LAJKONIK	M-60	00:01:53	00:32:13	01:07:41	01:42:53	02:18:30
789	SIKORA Michał	825	MSH	M-30	00:01:27	00:31:35	01:05:00	01:40:07	02:18:53
790	PRUS Dariusz	123	BRAK	M-50	00:02:03	00:32:50	01:07:37	01:42:42	02:18:55
791	MARQUARDT Adam	691		M-30	00:01:40	00:30:07	01:02:32	01:37:49	02:19:48
792	DOŁĘGA Andrzej	827		M-40	00:02:21	00:32:24	01:07:47	01:42:24	02:21:11
793	STOKŁOSA Marcin	220		M-30	00:01:42	00:33:50	01:08:17	01:44:28	02:22:04
794	BOBKOWSKI Maciej	393		M-40	00:00:45	00:31:05	01:05:59	01:43:38	02:22:10
795	MACHAŁA Tomasz	453		M-40	00:02:12	00:31:56	01:06:18	01:43:29	02:22:46
796	WRZESIŃSKI Zbyszek	867		M-40	00:02:13	00:33:25	01:07:29	01:42:33	02:23:03
797	KAMROWSKI Łukasz	1135		M-30	00:01:47	00:31:08	01:04:06	01:41:00	02:24:32
798	KRYWALSKI Wilhelm	202		M-40	00:02:08	00:35:03	01:10:41	01:48:16	02:24:33
799	BIEL Michał	758		M-40	00:01:51	00:32:06	01:06:28	01:43:25	02:26:09
800	GLIŃSKI Michał	1286	NIGHT RUNNERS GLIWICE	M-40	00:01:42	00:34:07	01:09:58	01:48:51	02:30:23
801	GRUSZKA Michał	1039		M-40	00:01:31	00:32:34	01:08:02	01:46:57	02:30:33
802	MIRECKI Jan	757		M-40	00:00:35	00:39:11	01:20:14	02:02:57	02:45:43
803	MEJ Paweł	734	NIEZRZESZONY - BOSY BIEGACZ	M-40	00:00:04	00:36:15	01:20:45	02:03:27	02:46:14
804	PRZYBYLSKI Witek	71	OTK RZEŹNIK	M-30	00:00:00	00:27:29	00:53:55	01:19:52	
805	KOZDRA Krzysztof	736	NIEZRZESZONY	M-40	00:00:00				
806	GRESZTA Grzegorz	366	JAH RASTAFARAJ	M-30	00:00:00			01:14:37	
807	IGNASIAK Jakub	862		M-20	00:00:12	00:27:29			
808	PRÓBAN Robert	44		M-30	00:00:19				
809	MALINOWSKI Michał	675	LILUSIA	M-30	00:00:20	00:25:13	00:50:50	01:16:36	
810	MADEJCZYK Tomasz	264	MTM	M-30	00:00:42	00:23:28			
811	DAWIDKO Paweł	89		M-20	00:01:48	00:31:06	01:02:23	01:33:49	

Znaleziono 811 wynik(ów)