



II WYŚCIG O PUCHAR SIEMOWITA W GOSTYNINIE - ROLKI SZYBKIE - 22.4 KM

B4SPORT

Event: II Wyścig o Puchar Siemowita Inauguracja
Długodystansowego Pucharu Polski 2019
Organiser: Miejski Ośrodek Sportu i Rekreacji w Gostyninie
Date: 2019-04-14
Place: Gostynin
Distance: 22.4 km



Classification: M40-49

Place	Participant	Number	Club	Category	MCat	Rolki_All 3.2km	Rolki_All 6.4km	Rolki_All 9.6km	Rolki_All 12.8km	Rolki_All 16km	Rolki_All 19.2km	Net time 22.4km	Gap	Pace min/km	Pace km/h
1	CIBOROWSKI Sebastian	210	SEBASPORT PISZ	M40-49	1	00:06:24	00:12:50	00:19:27	00:26:18	00:33:08	00:39:59	00:46:47.15		2:05	28.7 (100%)
2	MARCINIAK Adam	234	PELETON	M40-49	2	00:07:01	00:13:46	00:20:36	00:27:38	00:34:44	00:41:51	00:48:31.10	+00:01:43 (3.6%)	2:09	27.7 (96.5%)
3	SIERPOWSKI Zbigniew	260	PLICHWYSCIG.PL	M40-49	3	00:07:17	00:14:36	00:21:51	00:29:09	00:36:36	00:43:55	00:51:05.25	+00:04:18 (8.4%)	2:16	26.3 (91.6%)
4	KASPROWICZ Daniel	225	PLICHWYSCIG.PL	M40-49	4	00:07:25	00:14:37	00:21:51	00:29:10	00:36:36	00:43:55	00:51:07.75	+00:04:20 (8.5%)	2:16	26.3 (91.6%)
5	MENET Krystian	236	SKATE2CITY	M40-49	5	00:07:18	00:14:36	00:21:51	00:29:09	00:36:35	00:43:54	00:51:11.75	+00:04:24 (8.6%)	2:17	26.3 (91.6%)
6	SZYSZKA Hubert	267	1975	M40-49	6	00:07:27	00:14:57	00:22:38	00:30:18	00:37:53	00:45:29	00:53:00.55	+00:06:13 (11.7%)	2:21	25.4 (88.5%)
7	PIEJKO Paweł	246	DESTINATION UNKNOWN	M40-49	7	00:07:59	00:16:00	00:24:00	00:32:10	00:40:09	00:48:13	00:56:21.95	+00:09:34 (17.0%)	2:30	23.9 (83.3%)
8	RADOMSKI Radosław	253	PLICHWYSCIG	M40-49	8	00:08:26	00:16:32	00:24:41	00:33:01	00:41:13	00:49:24	00:57:11.30	+00:10:24 (18.2%)	2:33	23.5 (81.9%)
9	DORSZYŃSKI Arkadiusz	212	SILESIA SKATING	M40-49	9	00:07:28	00:16:01	00:24:18	00:33:01	00:41:13	00:49:21	00:57:11.75	+00:10:24 (18.2%)	2:33	23.5 (81.9%)
10	PAWIKOWSKI Marcin	243		M40-49	10	00:08:53	00:17:15	00:25:47	00:34:19	00:42:59	00:51:51	01:00:42.30	+00:13:55 (22.9%)	2:42	22.1 (77.0%)
11	MACK Jacek	275		M40-49	11	00:10:00	00:19:04	00:28:24	00:37:46	00:47:00	00:56:42	01:05:40.15	+00:18:53 (28.8%)	2:55	20.5 (71.4%)
12	BUŚKA Piotr	205	BRAK	M40-49	12	00:09:48	00:19:21	00:29:24	00:39:31	00:49:49	00:59:36	01:09:56.10	+00:23:08 (33.1%)	3:07	19.2 (66.9%)
13	PRAJSNAR Robert	248	SPEEDING TURTLES	M40-49	13	00:10:26	00:19:43	00:29:27	00:39:28	00:49:41	00:59:46	01:09:57.85	+00:23:10 (33.1%)	3:07	19.2 (66.9%)

Place	Participant	Number	Club	Category	MCat	Rolki_All	Rolki_All	Rolki_All	Rolki_All	Rolki_All	Rolki_All	Net	Gap	Pace min/km	Pace km/h
						3.2km	6.4km	9.6km	12.8km	16km	19.2km	time 22.4km			
14	PLOTKOWSKI Roman	247		M40-49	14	00:09:36	00:18:46	00:28:38	00:38:57	00:49:30	01:00:02	01:10:05.50	+00:23:18 (33.3%)	3:07	19.2 (66.9%)
15	STANKIEWICZ Krzysztof	263		M40-49	15	00:09:01	00:18:35	00:28:56	00:39:33	00:50:36	01:01:44	01:13:08.45	+00:26:21 (36.0%)	3:15	18.4 (64.1%)
16	CEREGRA Piotr	207	TN BIEGÓWKI	M40-49	16	00:12:11	00:23:18	00:34:08	00:44:38	00:55:20	01:06:05	01:17:09.25	+00:30:22 (39.4%)	3:26	17.4 (60.6%)
17	PAWŁOWSKI Tomasz	245	U.K.S. ZWOLEŃ-TEAM	M40-49	17	00:10:24	00:21:22	00:33:27	00:45:18	00:57:06	01:09:31	01:21:57.95	+00:35:10 (42.9%)	3:39	16.4 (57.1%)

Total 17 results.