



Organizator:
Data:
Miejsce:
Dystans:

Stowarzyszenie Waleczne Serca
2022-10-02
Bydgoszcz
5 km

III BYDGOSKI BIEG PO ODDECH

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	KRYSKE Bartosz	358		M30	1	00:09:26	00:18:51.00	00:18:54.05		3:46	15.9 (100%)
2	HOŁTYN Patryk	186		M30	2	00:09:42	00:19:49.25	00:19:53.75	+00:00:59 (5.0%)	3:57	15.1 (95.0%)
3	NAGORZYSKI Arek	5		M30	3	00:10:18	00:21:07.00	00:21:09.45	+00:02:15 (10.7%)	4:13	14.2 (89.3%)
4	PIECZKA Marcin	359		M30	4	00:10:37	00:21:53.30	00:21:57.35	+00:03:03 (13.9%)	4:22	13.7 (86.2%)
5	CHRUŚCIŃSKI Erhard	133		M30	5	00:10:58	00:22:47.40	00:23:00.75	+00:04:06 (17.9%)	4:33	13.2 (83.0%)
6	KNYPIŃSKI Wojciech	164		M30	6	00:10:53	00:23:01.85	00:23:13.60	+00:04:19 (18.6%)	4:36	13 (81.8%)
7	ROSZAK Zbigniew	38		M30	7	00:11:44	00:23:43.85	00:23:51.95	+00:04:57 (20.8%)	4:44	12.6 (79.2%)
8	KABACIŃSKI Jarosław	222		M30	8	00:11:42	00:23:47.20	00:23:58.35	+00:05:04 (21.2%)	4:45	12.6 (79.2%)
9	ZIELIŃSKI Michał	397		M30	9	00:11:34	00:23:31.95	00:24:02.60	+00:05:08 (21.4%)	4:42	12.8 (80.5%)
10	DEJA Michał	415		M30	10	00:11:45	00:24:08.50	00:24:11.30	+00:05:17 (21.9%)	4:49	12.4 (78.0%)
11	LEWANDOWSKI Maciej	101		M30	11	00:12:15	00:25:19.00	00:25:22.80	+00:06:28 (25.5%)	5:03	11.8 (74.2%)
12	BARCZYK Dawid	330		M30	12	00:12:31	00:25:30.45	00:25:43.00	+00:06:48 (26.5%)	5:06	11.8 (74.2%)
13	DOMBROWSKI Rafał	256		M30	13	00:12:53	00:26:23.45	00:26:33.25	+00:07:39 (28.8%)	5:16	11.4 (71.7%)
14	KOZŁOWSKI Krzysztof	20		M30	14	00:13:12	00:27:01.85	00:27:12.05	+00:08:18 (30.5%)	5:24	11.1 (69.8%)
15	RYBAK Łukasz	213		M30	15	00:13:18	00:26:44.90	00:27:22.15	+00:08:28 (30.9%)	5:20	11.2 (70.4%)
16	OLSZEWSKI Szymon	200		M30	16	00:14:20	00:27:23.25	00:28:01.70	+00:09:07 (32.6%)	5:28	11 (69.2%)
17	KORNASZEWSKI Wojciech	78		M30	17	00:13:28	00:27:52.50	00:28:02.60	+00:09:08 (32.6%)	5:34	10.8 (67.9%)
18	PRZYBYLSKI Dariusz	17		M30	18	00:14:21	00:27:38.45	00:28:16.25	+00:09:22 (33.1%)	5:31	10.9 (68.6%)
19	CZAPLICKI Bartłomiej	230		M30	19	00:13:54	00:28:12.00	00:28:54.40	+00:10:00 (34.6%)	5:38	10.6 (66.7%)
20	RACZKOWSKI Paweł	242		M30	20	00:13:42	00:28:34.90	00:29:05.60	+00:10:11 (35.0%)	5:42	10.5 (66.0%)
21	PAWŁOWSKI Marek	387		M30	21	00:14:14	00:28:31.65	00:29:06.75	+00:10:12 (35.1%)	5:42	10.5 (66.0%)
22	MAKUSZEWSKI Mateusz	219		M30	22	00:14:19	00:28:58.75	00:29:12.15	+00:10:18 (35.3%)	5:47	10.4 (65.4%)
23	GLINKOWSKI Dariusz	83		M30	23	00:14:08	00:28:59.75	00:29:14.10	+00:10:20 (35.3%)	5:47	10.4 (65.4%)
24	CZERNIAK Marcin	378		M30	24	00:15:40	00:30:05.60	00:30:45.55	+00:11:51 (38.6%)	6:01	10 (62.9%)
25	BEHRENDT Łukasz	340		M30	25	00:15:26	00:30:20.75	00:30:54.35	+00:12:00 (38.8%)	6:04	9.9 (62.3%)
26	KARASZEWSKI Aleksander	109		M30	26	00:16:00	00:31:25.80	00:31:48.80	+00:12:54 (40.6%)	6:17	9.5 (59.7%)
27	SUCHARA Dariusz	243		M30	27	00:14:58	00:31:43.15	00:32:06.45	+00:13:12 (41.1%)	6:20	9.5 (59.7%)
28	KUJAWA Przemysław	214		M30	28	00:16:17	00:31:23.35	00:32:22.85	+00:13:28 (41.6%)	6:16	9.6 (60.4%)
29	STANISZEWSKI Konrad	23		M30	29	00:16:31	00:32:29.15	00:32:58.50	+00:14:04 (42.7%)	6:29	9.2 (57.9%)
30	KOMOROWSKI Wojciech	49		M30	30	00:15:49	00:32:55.60	00:33:05.15	+00:14:11 (42.9%)	6:35	9.1 (57.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
31	DOMARACKI Wojciech	61		M30	31	00:17:54	00:35:36.25	00:35:42.40	+00:16:48 (47.1%)	7:07	8.4 (52.8%)
32	FRASZ Robert	88		M30	32	00:19:11	00:38:12.95	00:38:24.80	+00:19:30 (50.8%)	7:38	7.9 (49.7%)
33	WELC Michał	374		M30	33	00:19:10	00:38:12.00	00:38:24.95	+00:19:30 (50.8%)	7:38	7.9 (49.7%)
34	ADAM Adam	203		M30	34	00:18:06	00:38:16.15	00:38:26.35	+00:19:32 (50.8%)	7:39	7.8 (49.1%)
35	GRZEMPA Bartosz	82		M30	35	00:19:31	00:38:54.45	00:39:38.90	+00:20:44 (52.3%)	7:46	7.7 (48.4%)
36	MARCINKOWSKI Szymon	253		M30	36	00:22:00	00:39:46.90	00:40:12.30	+00:21:18 (53.0%)	7:57	7.5 (47.2%)
37	SCHMELTER Karol	341		M30	37	00:19:27	00:42:41.15	00:42:52.70	+00:23:58 (55.9%)	8:32	7 (44.0%)
37	ŻURAWSKI Patryk	345		M30	37	00:19:23	00:42:41.95	00:42:52.70	+00:23:58 (55.9%)	8:32	7 (44.0%)
39	DUSZKIEWICZ Adam	255		M30	39	00:25:29	00:53:02.05	00:53:13.10	+00:34:19 (64.5%)	10:36	5.7 (35.8%)
40	WOJTYŁA Rafał	362		M30	40	00:25:03	00:53:00.65	00:53:41.30	+00:34:47 (64.8%)	10:36	5.7 (35.8%)
41	FIK Marek	235		M30	41	00:26:16	00:53:36.45	00:54:18.45	+00:35:24 (65.2%)	10:43	5.6 (35.2%)
42	WNUKIEWICZ Piotr	352		M30	42						(0.0%)

Znaleziono 42 wynik(ów)