



Organizator:
Data:
Miejsce:
Dystans:

Stowarzyszenie Waleczne Serca
2022-10-02
Bydgoszcz
5 km

III BYDGOSKI BIEG PO ODDECH

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	KWAŚNIEWSKI Waldemar	338		M50	1	00:10:24	00:21:03.55	00:21:09.50		4:12	14.3 (100%)
2	KRYGOWSKI Tomasz	98		M50	2	00:10:37	00:21:36.25	00:21:39.20	+00:00:29 (2.3%)	4:19	13.9 (97.2%)
3	BAZAK Cezary	177		M50	3	00:12:17	00:24:28.20	00:24:35.45	+00:03:25 (14.0%)	4:53	12.3 (86.0%)
4	SOBAŃSKI Mariusz	390		M50	4	00:12:25	00:25:53.00	00:26:17.35	+00:05:07 (19.5%)	5:10	11.6 (81.1%)
5	WÓJCIK Tomasz	77		M50	5	00:15:02	00:31:11.20	00:31:27.90	+00:10:18 (32.8%)	6:14	9.6 (67.1%)
6	ASTUKIEWICZ Tomasz	410		M50	6	00:16:37	00:33:35.05	00:33:43.60	+00:12:34 (37.3%)	6:43	8.9 (62.2%)
7	KANARSKI Józef	117		M50	7	00:16:47	00:34:29.00	00:35:01.50	+00:13:52 (39.6%)	6:53	8.7 (60.8%)
8	LEWANDOWSKI Robert	56		M50	8	00:17:32	00:36:44.25	00:36:56.35	+00:15:46 (42.7%)	7:20	8.2 (57.3%)
9	RUDNIKOWSKI Andrzej	52		M50	9	00:17:39	00:36:55.15	00:37:11.35	+00:16:01 (43.1%)	7:23	8.1 (56.6%)
10	PIERZGAŁSKI Jarek	166		M50	10	00:20:58	00:43:07.85	00:43:27.30	+00:22:17 (51.3%)	8:37	7 (49.0%)
11	HUZAKOWSKI Zbigniew	353		M50	11	00:25:04	00:53:01.40	00:53:41.25	+00:32:31 (60.6%)	10:36	5.7 (39.9%)

Znaleziono 11 wynik(ów)