



III MIKOŁAJKOWY BIEG CHARYTATYWNY - BIEG DLA IGNASIA

B4SPORT

Organizator/ Zespół Szkół Ogólnokształcących nr 3 w Bydgoszczy
Organizer:
Data/ Date: 2018-12-02
Miejsce/ Place: Bydgoszcz
Dystans/ Distance: 5 km

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja/ Classification: Wszyscy/ Open

Msc/ Rnk	Zawodnik/ Name	Numer/ Bib	Klub/ Team	Kategoria/ Category	Mkat/ CatRnk	Czas startu/Start time	Czas netto 5km	Czas brutto 5km	Różn/ Gap	Tempo min/km	Tempo km/h
1	JAGODZIŃSKI Mateusz	131	BYDGOSKIE OKONIE	M-20	1	00:00:02	00:17:05.15	00:17:07.55		3:25	17.6
2	KŁOPOTEK Patryk	246		M-20	2	00:00:02	00:17:11.35	00:17:14.15	+00:00:06	3:26	17.4
3	TUCZYŃSKI Sylwester Leon	59	BYDGOSKIE OKONIE	M-20	3	00:00:02	00:17:26.75	00:17:28.95	+00:00:21	3:29	17.2
4	ŚLUSARSKI Przemysław	338	RUN PASJA	M-30	1	00:00:02	00:17:32.25	00:17:34.95	+00:00:27	3:30	17.1
5	MAĆKOWSKI Maciej	7	UPS BYDGOSZCZ	M-30	2	00:00:02	00:17:46.80	00:17:49.20	+00:00:41	3:33	16.9
6	KOLMAJER Rafał	238		M-30	3	00:00:02	00:17:56.20	00:17:58.75	+00:00:51	3:35	16.7
7	TUCHOLSKI Bartłomiej	61		M-20	4	00:00:02	00:17:58.40	00:18:00.90	+00:00:53	3:35	16.7
8	WIĘCKOWSKI Dariusz	36	AMS TRIATHLON BYDGOSZCZ	M-30	4	00:00:02	00:18:02.90	00:18:05.20	+00:00:57	3:36	16.6
9	KOWALSKI Krzysztof	536		M-20	5	00:00:04	00:18:05.00	00:18:09.25	+00:00:59	3:37	16.6
10	KUŁAKOWSKI Krzysztof	432	RUN PASJA	M-30	5	00:00:04	00:18:16.05	00:18:20.50	+00:01:10	3:39	16.4
11	PIOTROWSKI Radosław	474		M-30	6	00:00:03	00:18:28.60	00:18:31.80	+00:01:23	3:41	16.2
12	SZCZEŚNIAK Wiktor	202		M-10	1	00:00:02	00:18:33.85	00:18:35.95	+00:01:28	3:42	16.2
13	FUZ Marek	68	KABEL TEAM BYDGOSZCZ	M-40	1	00:00:03	00:18:49.20	00:18:52.40	+00:01:44	3:45	15.9
14	BALCEREK Mateusz	640		M-30	7	00:00:03	00:19:20.60	00:19:24.05	+00:02:15	3:52	15.5
15	PĘKAŁA Aleksandra	348	RUN PASJA	K-30	1	00:00:03	00:19:24.70	00:19:28.50	+00:02:19	3:53	15.5
16	PIEKARSKI Marek	366	VIII LO BYDGOSZCZ	M-40	2	00:00:02	00:19:30.35	00:19:33.25	+00:02:25	3:54	15.4
17	ANISZCZYK Hubert	231	ZSE-A BYDGOSZCZ	M-10	2	00:00:05	00:19:39.20	00:19:44.85	+00:02:34	3:55	15.3
18	RZESZOTARSKI Daniel	124		M-30	8	00:00:05	00:19:40.85	00:19:46.40	+00:02:35	3:56	15.2
19	RESZKA Jarosław	648		M-30	9	00:00:05	00:19:45.75	00:19:51.25	+00:02:40	3:57	15.2
20	GROBELNIAK Adam	627		M-20	6	00:00:02	00:19:53.25	00:19:56.05	+00:02:48	3:58	15.1
21	JAGIEŁA Bartosz	25	TKKF KOLEJARZ BYDGOSZCZ.#BIEGACZE	M-30	10	00:00:07	00:19:55.95	00:20:03.55	+00:02:50	3:59	15.1
22	LEWANDOWSKI Filip	628		M-30	11	00:00:06	00:20:01.30	00:20:08.20	+00:02:56	4:00	15
23	JACIUBEK Przemysław	484		M-30	12	00:00:03	00:20:03.50	00:20:07.15	+00:02:58	4:00	15
24	HENDRZAK Sylwester	653		M-30	13	00:00:18	00:20:18.35	00:20:36.50	+00:03:13	4:03	14.8
25	KOWALSKI Jacek	33		M-40	3	00:00:05	00:20:22.45	00:20:27.95	+00:03:17	4:04	14.7
26	SZYMAŃSKI Łukasz	367		M-30	14	00:00:04	00:20:26.20	00:20:30.50	+00:03:21	4:05	14.7
27	KRZEMIŃSKI Bartosz	347	RUN PASJA	M-30	15	00:00:05	00:20:26.40	00:20:31.90	+00:03:21	4:05	14.7

Msc/ Rnk	Zawodnik/ Name	Numer/ Bib	Klub/ Team	Kategoria/ Category	Mkat/ CatRnk	Czas startu/Start time	Czas netto 5km	Czas brutto 5km	Różn/ Gap	Tempo min/km	Tempo km/h
28	WOŹNIAKOWSKA Agata	365	RUN BYDGOSZCZ	K-30	2	00:00:03	00:20:29.20	00:20:33.15	+00:03:24	4:06	14.6
29	NAGOW Michał	209		M-40	4	00:00:04	00:20:34.15	00:20:39.00	+00:03:29	4:07	14.6
30	NEUMANN Ariel	163		M-20	7	00:00:04	00:20:34.50	00:20:38.95	+00:03:29	4:06	14.6
31	WŁODARCZYK Wojciech	534	CZARNE STOPY.SM	M-50	1	00:00:04	00:20:47.25	00:20:52.10	+00:03:42	4:09	14.4
32	WŁOCH Sylwester	458		M-50	2	00:00:06	00:20:53.15	00:20:59.90	+00:03:48	4:10	14.4
33	WŁOCH Mateusz	459		M-10	3	00:00:05	00:20:56.40	00:21:02.05	+00:03:51	4:11	14.3
34	KLISZEWSKI Damian	359		M-40	5	00:00:11	00:21:00.40	00:21:12.30	+00:03:55	4:12	14.3
35	WANKIEWICZ Łukasz	1	SZURUSIE TEAM	M-20	8	00:00:06	00:21:04.55	00:21:11.05	+00:03:59	4:13	14.2
36	ŚLEFARSKI Marcin	389		M-30	16	00:00:06	00:21:07.90	00:21:14.40	+00:04:02	4:13	14.2
37	MULARCZYK Jacek	140	ROWING RUNNING CLUB	M-40	6	00:00:05	00:21:10.25	00:21:15.80	+00:04:05	4:14	14.2
38	GRUDZKA Albert	392	WYŻSZE SEMINARIUM DUCHOWNE	M-20	9	00:00:22	00:21:11.50	00:21:34.40	+00:04:06	4:14	14.2
39	RYBAK Remigiusz	306		M-40	7	00:00:07	00:21:12.20	00:21:19.80	+00:04:07	4:14	14.2
40	PAWLIK Marek	166		M-50	3	00:00:07	00:21:13.70	00:21:20.90	+00:04:08	4:14	14.1
41	WEŁNIŃSKA Patrycja	21	SZURUSIE TEAM	K-20	1	00:00:06	00:21:14.05	00:21:20.20	+00:04:08	4:14	14.1
42	PIEKARSKI Paweł	111		M-20	10	00:00:04	00:21:14.45	00:21:18.75	+00:04:09	4:14	14.1
43	MIĘKCZYŃSKI Miłosz	492	LUPUS TEAM	M-30	17	00:00:09	00:21:14.85	00:21:24.00	+00:04:09	4:15	14.1
44	KADOW Ryszard	645		M-40	8	00:00:05	00:21:15.35	00:21:20.35	+00:04:10	4:15	14.1
45	PALACZ Wioletta	192		K-40	1	00:00:04	00:21:21.50	00:21:25.50	+00:04:16	4:16	14.1
46	BIAŁEK Grzegorz	393		M-20	11	00:00:07	00:21:25.95	00:21:33.05	+00:04:20	4:17	14
47	STAŃCZYK Martyna	64		K-20	2	00:00:06	00:21:27.95	00:21:34.65	+00:04:22	4:17	14
48	KOCHAŃSKI Dariusz	310		M-50	4	00:00:02	00:21:33.95	00:21:36.85	+00:04:28	4:18	13.9
49	GRYTA Karol	511		M-20	12	00:00:03	00:21:38.65	00:21:42.05	+00:04:33	4:19	13.9
50	MATALEWSKI Mikołaj	520		M-10	4	00:00:07	00:21:39.95	00:21:47.10	+00:04:34	4:20	13.8
51	STAFIEJ Wojciech	197		M-40	9	00:00:08	00:21:41.65	00:21:50.20	+00:04:36	4:20	13.8
52	LEWIŃSKI Jacek	494		M-30	18	00:00:14	00:21:43.35	00:21:57.40	+00:04:38	4:20	13.8
53	RADTKE Paweł	462	SISU OWB TEAM	M-30	19	00:00:14	00:21:44.85	00:21:59.35	+00:04:39	4:21	13.8
54	MONDRY Waldemar	333		M-50	5	00:00:13	00:21:45.90	00:21:58.90	+00:04:40	4:21	13.8
55	LEWANDOWSKI Sławomir	423	KLUBZDROWIA24H	M-30	20	00:00:23	00:21:46.30	00:22:09.85	+00:04:41	4:21	13.8
56	BARCZAK Tomasz	401		M-40	10	00:00:04	00:21:48.25	00:21:52.80	+00:04:43	4:21	13.8
57	WEBER Krzysztof	273		M-10	5	00:00:11	00:21:50.10	00:22:01.80	+00:04:44	4:22	13.7
58	LEWANDOWSKI Marcin	497	KEEPER	M-20	13	00:00:07	00:21:50.40	00:21:57.80	+00:04:45	4:22	13.7
59	ŁOBOCKI Krzysztof	135	TKKF KOLEJARZ BYDGOSZCZ	M-30	21	00:00:09	00:21:50.40	00:21:59.45	+00:04:45	4:22	13.7
60	NADRATOWSKI Maciej	461	KABEL TEAM BYDGOSZCZ	M-40	11	00:00:05	00:21:50.50	00:21:55.80	+00:04:45	4:22	13.7
61	KOTŁOWSKI Przemysław	496	MKSSP63 BYDGOSZCZ	M-40	12	00:00:03	00:21:50.55	00:21:54.30	+00:04:45	4:22	13.7
62	FRANKOWSKI Paweł	199		M-40	13	00:00:09	00:21:50.80	00:22:00.10	+00:04:45	4:22	13.7
63	CIEŚLEWICZ Karol	185	OLAFCREW	M-30	22	00:00:13	00:21:51.00	00:22:04.85	+00:04:45	4:22	13.7
64	DZIEKAN Wojciech	466	KABEL TEAM BYDGOSZCZ	M-30	23	00:00:05	00:21:51.45	00:21:56.60	+00:04:46	4:22	13.7
65	WNUCZYŃSKI Jakub	414		M-10	6	00:00:13	00:21:55.50	00:22:08.50	+00:04:50	4:23	13.7
66	KALINOWSKI Zbigniew	221		M-40	14	00:00:08	00:21:56.60	00:22:05.15	+00:04:51	4:23	13.7
67	WNUCZYŃSKI Andrzej	412	ORANGE POLSKA	M-40	15	00:00:12	00:21:56.80	00:22:09.50	+00:04:51	4:23	13.7
68	ŻAK Mariusz	532		M-30	24	00:00:17	00:22:00.15	00:22:17.40	+00:04:55	4:24	13.6
69	SIERACKI Piotr	262		M-10	7	00:00:15	00:22:01.15	00:22:16.45	+00:04:56	4:24	13.6
70	MICHALSKI Paweł	603		M-30	25	00:00:09	00:22:04.55	00:22:14.50	+00:04:59	4:25	13.6
71	ŁABENDA Robert	3	SZURUSIE TEAM	M-30	26	00:00:25	00:22:11.00	00:22:36.15	+00:05:05	4:26	13.5

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72	UMIEJSKI Sebastian	250		M-20	14	00:00:19	00:22:11.15	00:22:30.40	+00:05:06	4:26	13.5
73	GWIAZDOWSKI Krzysztof	194		M-40	16	00:00:04	00:22:12.65	00:22:17.20	+00:05:07	4:26	13.5
74	KOSIŃSKI Michael	546	HARPAGAN TEAM BYDGOSZCZ	M-20	15	00:00:02	00:22:15.50	00:22:18.35	+00:05:10	4:27	13.5
75	JARANTOWICZ Adam	227	THE RUNNERS ŚWIECIE	M-30	27	00:00:16	00:22:15.95	00:22:32.35	+00:05:10	4:27	13.5
76	WĘGRZYNOWSKI Sławomir	544		M-50	6	00:00:00	00:22:17.15	00:22:17.15	+00:05:12	4:27	13.5
77	XXX Krzysztof	601		M-60+	1	00:00:08	00:22:19.05	00:22:27.60	+00:05:13	4:27	13.4
78	BUCHOLSKI Robert	533		M-20	16	00:00:04	00:22:20.20	00:22:24.30	+00:05:15	4:28	13.4
79	TOMASZ Lis	485		M-20	17	00:00:04	00:22:21.65	00:22:26.25	+00:05:16	4:28	13.4
80		649				00:00:00	00:22:23.50	00:22:23.50	+00:05:18	4:28	13.4
81	WESOŁEK Kacper	421	PROJECT SOCIETY	M-30	28	00:00:12	00:22:24.00	00:22:36.10	+00:05:18	4:28	13.4
82	REPCZYŃSKI Tomasz	4		M-20	18	00:00:26	00:22:25.70	00:22:52.65	+00:05:20	4:29	13.4
83	GROTA Artur	317	-----	M-40	17	00:00:13	00:22:26.55	00:22:40.05	+00:05:21	4:29	13.4
84	WESOŁOWSKI Emil	386	SZURUSIE TEAM	M-10	8	00:00:26	00:22:30.95	00:22:57.30	+00:05:25	4:30	13.3
85	ZYGLER Zbigniew	254	22 ODN	M-40	18	00:00:08	00:22:32.20	00:22:40.75	+00:05:27	4:30	13.3
86	KRUTUL Maciej	528		M-50	7	00:01:10	00:22:34.40	00:23:45.15	+00:05:29	4:31	13.3
87	KĘDZIERSKI Rafał	282		M-40	19	00:00:10	00:22:34.90	00:22:45.85	+00:05:29	4:31	13.3
88	KOSZOWSKI Rafał	188	TRITRYSZCZYNTTEAM	M-40	20	00:00:15	00:22:35.05	00:22:50.40	+00:05:29	4:31	13.3
89	GONDEK Krzysztof	38		M-40	21	00:00:00	00:22:38.00	00:22:38.00	+00:05:32	4:31	13.3
90	BRUNKE Tomasz	263	RUN BYDGOSZCZ	M-40	22	00:00:49	00:22:41.20	00:23:30.30	+00:05:36	4:32	13.2
91	STEFAŃSKI Marcin	232		M-40	23	00:00:11	00:22:42.85	00:22:54.05	+00:05:37	4:32	13.2
92	GACKOWSKI Krzysztof	24	IRON&ONE TEAM	M-40	24	00:00:00	00:22:43.05	00:22:43.05	+00:05:37	4:32	13.2
93	MUSIELSKI Dariusz	75	NIEZRZESZONY	M-40	25	00:00:05	00:22:43.95	00:22:49.85	+00:05:38	4:32	13.2
94	ŻUCHELKOWSKI Rafał	514	AGATA & RAFAŁ & ADAŚ TEAM	M-30	29	00:00:06	00:22:45.40	00:22:51.90	+00:05:40	4:33	13.2
95	TRYBUŚ Filip	372		M-10	9	00:00:33	00:22:47.20	00:23:20.55	+00:05:42	4:33	13.2
96	MIERNIK Szymon	90		M-30	30	00:00:10	00:22:48.30	00:22:58.65	+00:05:43	4:33	13.2
97	KURMILKO Mateusz	540		M-20	19	00:00:04	00:22:48.95	00:22:53.90	+00:05:43	4:33	13.1
98	SIUDA Sebastian	11		M-40	26	00:00:14	00:22:49.00	00:23:03.10	+00:05:43	4:33	13.1
99	KOWALIK Patryk	654		M-30	31	00:00:10	00:22:54.85	00:23:05.20	+00:05:49	4:35	13.1
100	OZDOBA Rafał	167		M-30	32	00:00:06	00:22:55.00	00:23:01.60	+00:05:49	4:35	13.1
101	SZMELTER Michał	515		M-40	27	00:00:13	00:22:57.90	00:23:11.45	+00:05:52	4:35	13.1
102	SZOPIŃSKA Agnieszka	411	STRZELECKA 3	K-30	3	00:00:22	00:22:58.10	00:23:20.15	+00:05:52	4:35	13.1
103	MISZEWSKI Paweł	499		M-10	10	00:00:06	00:22:59.05	00:23:05.35	+00:05:53	4:35	13.1
104	MUZIEWICZ Marcel	521		M-10	11	00:00:06	00:23:02.00	00:23:08.10	+00:05:56	4:36	13
105	SAK Joanna	217	DECATHLON TEAM INOWROCŁAW + DRUŻYNA SZPIKU	K-20	3	00:00:03	00:23:02.20	00:23:05.95	+00:05:57	4:36	13
106	PRZYBYSLKI Łukasz	636		M-20	20	00:00:41	00:23:04.05	00:23:45.55	+00:05:58	4:36	13
107	KABACIŃSKI Jarosław	295		M-30	33	00:00:38	00:23:05.00	00:23:43.90	+00:05:59	4:37	13
108	MIKOŁAJCZAK Tomasz	261		M-30	34	00:00:14	00:23:07.25	00:23:22.20	+00:06:02	4:37	13
109	BIELEC Michał	634		M-30	35	00:00:04	00:23:07.95	00:23:12.10	+00:06:02	4:37	13
110	CISEWSKI Mateusz	322		M-20	21	00:00:29	00:23:10.05	00:23:39.30	+00:06:04	4:38	12.9
111	GACKOWSKI Szymon	525	BYDGOSZCZ NASTART	M-30	36	00:00:32	00:23:12.40	00:23:44.80	+00:06:07	4:38	12.9
112	MAZURKIEWICZ Piotr	101		M-40	28	00:00:28	00:23:12.50	00:23:40.80	+00:06:07	4:38	12.9
113	PUZIO Tomasz	218		M-30	37	00:00:18	00:23:23.05	00:23:41.20	+00:06:17	4:40	12.8
114	WALUSIAK Miłosz	420	RUN PASJA	M-30	38	00:00:07	00:23:31.80	00:23:39.50	+00:06:26	4:42	12.7
115	KACZOR Michał	353	3LO BYDGOSZCZ	M-10	12	00:00:11	00:23:33.50	00:23:45.40	+00:06:28	4:42	12.7

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116	LUZAK Mirosław	115		M-20	22	00:00:00	00:23:42.10	00:23:42.10	+00:06:36	4:44	12.7
117	SPYCHALSKI Tomasz	444	WOZKIMOTOCYKLOWE.PL	M-30	39	00:00:21	00:23:42.20	00:24:03.95	+00:06:37	4:44	12.7
118	RAPCA Krzysztof	545		M-30	40	00:01:00	00:23:44.10	00:24:44.70	+00:06:38	4:44	12.6
119	LEJMAN Grzegorz	463		M-Open	1	00:00:15	00:23:56.60	00:24:12.00	+00:06:51	4:47	12.5
120	KLAJBOR Mariusz	373	TERENOWY ZAWRÓT GŁOWY	M-40	29	00:00:19	00:23:56.65	00:24:16.40	+00:06:51	4:47	12.5
121	ZIELINSKI Pawel	457		M-30	41	00:00:18	00:24:02.85	00:24:21.05	+00:06:57	4:48	12.5
122	KWAŚNIEWSKI Jakub	399	WYŻSZE SEMINARIUM DUCHOWNE	M-20	23	00:00:19	00:24:04.95	00:24:24.05	+00:06:59	4:49	12.5
123	GROBELNA Angelika	71	BYDGOSZCZ NA START	K-40	2	00:00:21	00:24:10.00	00:24:31.70	+00:07:04	4:50	12.4
124	ZUPA Wojciech	102	SISU-OWB TEAM	M-50	8	00:00:17	00:24:14.55	00:24:31.55	+00:07:09	4:50	12.4
125	BORKOWSKI Michał	40		M-20	24	00:00:09	00:24:16.90	00:24:26.85	+00:07:11	4:51	12.4
126	KISZKA Marcin	255	RUN PASJA	M-30	42	00:00:14	00:24:20.40	00:24:35.25	+00:07:15	4:52	12.3
127	DROŹDŹ Małgorzata	416	AMS / KLONIKTEAM	K-30	4	00:00:33	00:24:24.85	00:24:58.60	+00:07:19	4:53	12.3
128	TRUDNOWSKI Janusz	66	RUN PASJA BYDGOSZCZ	M-60+	2	00:00:04	00:24:25.70	00:24:30.55	+00:07:20	4:53	12.3
129	PUZIO Justyna	519		K-10	1	00:00:32	00:24:26.30	00:24:59.15	+00:07:21	4:53	12.3
130	LEWANDOWSKI Adam	159	COOKIEFRIENDSRUN	M-40	30	00:00:22	00:24:27.30	00:24:49.30	+00:07:22	4:53	12.3
131	LINKA Monika	604		K-30	5	00:00:23	00:24:27.50	00:24:51.20	+00:07:22	4:53	12.3
132	KOSTRUCHA Robert	65		M-20	25	00:00:14	00:24:32.20	00:24:47.15	+00:07:27	4:54	12.2
133	KILANOWSKI Darek	110		M-30	43	00:00:12	00:24:33.90	00:24:46.30	+00:07:28	4:54	12.2
134	OPASKA Marcin	320	RUN PASJA	M-30	44	00:00:27	00:24:34.20	00:25:01.50	+00:07:29	4:54	12.2
135	MICHALSKA Daria	144		K-20	4	00:00:12	00:24:35.15	00:24:47.35	+00:07:30	4:55	12.2
136	ZABROCKI Adam	244		M-Open	2	00:02:36	00:24:36.95	00:27:12.95	+00:07:31	4:55	12.2
137	GRODZKA Ewelina	249		K-20	5	00:00:10	00:24:37.60	00:24:47.65	+00:07:32	4:55	12.2
138	BURSZTYŃSKI Tomasz	535	CBY BORÓWKI TEAM	M-30	45	00:00:42	00:24:38.00	00:25:20.60	+00:07:32	4:55	12.2
139	NAJS Bartłomiej	438	PROJECT SOCIETY	M-20	26	00:00:11	00:24:39.55	00:24:51.25	+00:07:34	4:56	12.2
140	MAJCHRZAK Magdalena	220		K-30	6	00:00:05	00:24:42.15	00:24:47.20	+00:07:37	4:56	12.1
141	KOPACZ Hanna	666		K-30	7	00:00:05	00:24:43.65	00:24:49.60	+00:07:38	4:56	12.1
142	NAGORZYSKI Arkadiusz	31	BIEGAMWSPIERAMMOTYWUJĘ	M-30	46	00:00:08	00:24:49.60	00:24:57.85	+00:07:44	4:57	12.1
143	NAGORZYSKA Sylwia	32	BIEGAMWSPIERAMMOTYWUJĘ	K-30	8	00:00:07	00:24:49.70	00:24:57.40	+00:07:44	4:58	12.1
144	RIVAT Emmanuel	456	ARRK	M-30	47	00:00:19	00:24:50.50	00:25:09.80	+00:07:45	4:58	12.1
145	KROPIŃSKI Kacper	352	3LO BYDGOSZCZ	M-10	13	00:00:14	00:24:50.85	00:25:04.90	+00:07:45	4:58	12.1
146	ZIELIŃSKI Krzysztof	378		M-40	31	00:00:05	00:24:51.20	00:24:57.10	+00:07:46	4:58	12.1
147	SPYCHAJ Piotr	483	HERBALIFE	M-30	48	00:00:28	00:24:52.15	00:25:20.95	+00:07:47	4:58	12.1
148	CHRÓŚCIŃSKA Paulina	476		K-20	6	00:00:00	00:24:52.85	00:24:52.85	+00:07:47	4:58	12.1
149	LEWANDOWSKI Sebastian	154		M-30	49	00:00:10	00:24:56.40	00:25:06.90	+00:07:51	4:59	12
150	SOBOL Magdalena	37		K-40	3	00:00:09	00:25:01.55	00:25:10.90	+00:07:56	5:00	12
151	BŁOTNY Adrian	479	PROJECT SOCIETY	M-20	27	00:00:26	00:25:06.95	00:25:33.75	+00:08:01	5:01	11.9
152	GABRICH Żanetta	137		K-40	4	00:00:22	00:25:07.95	00:25:30.15	+00:08:02	5:01	11.9
153	NOWACKI Maksymilian	557		M-10	14	00:00:18	00:25:09.20	00:25:27.95	+00:08:04	5:01	11.9
154	JAWORSKI Krzysztof	464		M-40	32	00:00:30	00:25:11.10	00:25:41.40	+00:08:05	5:02	11.9
155	DRYGAS Ryszard	426		M-50	9	00:00:13	00:25:15.65	00:25:29.45	+00:08:10	5:03	11.9
156	KLI MCZYK Marcin	241		M-40	33	00:00:44	00:25:17.35	00:26:02.20	+00:08:12	5:03	11.9
157	JĘDRZEJCZYK Wojciech	410		M-10	15	00:00:20	00:25:19.20	00:25:39.80	+00:08:14	5:03	11.8
158	SKUCIŃSKA Karolina	214		K-30	9	00:00:28	00:25:20.05	00:25:48.90	+00:08:14	5:04	11.8
159	ZGÓRSKI Maciej	237	WKURW_TAEM	M-40	34	00:00:37	00:25:21.60	00:25:59.40	+00:08:16	5:04	11.8

Msc/ Rnk	Zawodnik/ Name	Numer/ Bib	Klub/ Team	Kategoria/ Category	Mkat/ CatRnk	Czas startu/Start time	Czas netto 5km	Czas brutto 5km	Różn/ Gap	Tempo min/km	Tempo km/h
160	WŁODARSKA Roksana	60	SZURUSIE TEAM	K-20	7	00:00:26	00:25:22.80	00:25:49.10	+00:08:17	5:04	11.8
161	STAFIEJ Mariusz	434	BMS	M-50	10	00:00:34	00:25:23.65	00:25:57.90	+00:08:18	5:04	11.8
162	POTRZEBOWSKA Agata	117	DEAF I #B3K	K-30	10	00:00:19	00:25:24.55	00:25:44.00	+00:08:19	5:05	11.8
163	JENERALSKI Maciej	517		M-40	35	00:00:32	00:25:29.80	00:26:02.35	+00:08:24	5:06	11.8
164	CHMIELEWSKI Ireneusz	427	CZARNESTOPY.SM	M-50	11	00:00:17	00:25:32.40	00:25:49.80	+00:08:27	5:06	11.7
165	PRZYBYLSKI Mariusz	291	BYDGOSZCZ NA START	M-50	12	00:00:41	00:25:37.55	00:26:19.05	+00:08:32	5:07	11.7
166	DOLATA Aneta	91		K-30	11	00:00:10	00:25:37.95	00:25:48.05	+00:08:32	5:07	11.7
167	KASPRZYK Damian	63		M-30	50	00:00:09	00:25:38.35	00:25:48.00	+00:08:33	5:07	11.7
168	ŚLEDŹ Paweł	113		M-30	51	00:00:27	00:25:39.55	00:26:06.75	+00:08:34	5:07	11.7
169	PAWLEWSKA Joanna	48	SPORTWAY	K-40	5	00:00:20	00:25:40.50	00:26:00.95	+00:08:35	5:08	11.7
170	KLAWCZYŃSKI Zbigniew	303		M-50	13	00:00:15	00:25:43.05	00:25:58.50	+00:08:37	5:08	11.7
171	MANOWSKI Jarosław	419		M-40	36	00:00:08	00:25:43.95	00:25:52.60	+00:08:38	5:08	11.7
172	WOJCIECHOWSKI Jarosław	46		M-40	37	00:00:31	00:25:45.90	00:26:17.10	+00:08:40	5:09	11.6
173	WOJCIECHOWSKA Emilia	47		K-40	6	00:00:31	00:25:45.90	00:26:17.40	+00:08:40	5:09	11.6
174	ZUBRYCKI Tomasz	198	KLUB ZDROWIA 24	M-30	52	00:00:06	00:25:46.40	00:25:53.15	+00:08:41	5:09	11.6
175	KOŃCZAL Joanna	148		K-30	12	00:00:06	00:25:46.60	00:25:53.00	+00:08:41	5:09	11.6
176	RADOWSKA Helena	308		K-50	1	00:00:26	00:25:50.05	00:26:16.40	+00:08:44	5:10	11.6
177	JANUSZEWSKI Marcin	9		M-30	53	00:00:12	00:25:50.55	00:26:02.85	+00:08:45	5:10	11.6
178	GÓRSKI Bartłomiej	513		M-30	54	00:00:43	00:25:50.65	00:26:33.85	+00:08:45	5:10	11.6
179	GÓRSKA Weronika	81	-	K-20	8	00:00:30	00:25:55.00	00:26:25.10	+00:08:49	5:11	11.6
180	WALEWSKI Andrzej	502	STOWARZYSZENIE KRWIODAWCÓW FARA	M-30	55	00:00:03	00:25:55.85	00:25:59.35	+00:08:50	5:11	11.6
181	KUBIAK Mirosław	97		M-40	38	00:01:01	00:25:56.05	00:26:57.20	+00:08:50	5:11	11.6
182	GUŹDZIOŁ Jarek	467	WKURW_TEAM	M-40	39	00:00:17	00:25:57.30	00:26:15.15	+00:08:52	5:11	11.6
183	TARGOWSKA Małgorzata	635		K-30	13	00:00:07	00:25:58.10	00:26:05.10	+00:08:52	5:11	11.6
184	PAWŁOWICZ Patryk	181		M-10	16	00:00:20	00:25:58.20	00:26:18.25	+00:08:53	5:11	11.6
185	STAFIEJ Paweł	196		M-10	17	00:00:16	00:26:00.35	00:26:16.90	+00:08:55	5:12	11.5
186	KRYSZTOFIŃSKA Anna	354	KLUB ZDROWIA BYDGOSZCZ HERBALIFE	K-30	14	00:00:23	00:26:00.35	00:26:24.20	+00:08:55	5:12	11.5
187	WAJER Marita	15	REEBOK RUN CREW BYDGOSZCZ	K-20	9	00:00:11	00:26:01.70	00:26:12.80	+00:08:56	5:12	11.5
188	ULASZEWSKI Bartosz	605		M-30	56	00:00:16	00:26:05.30	00:26:21.50	+00:09:00	5:13	11.5
189	BRZEZIŃSKI Paweł	620		M-50	14	00:00:03	00:26:09.40	00:26:13.05	+00:09:04	5:14	11.5
190	STELMASZEK Patryk	284		M-10	18	00:00:47	00:26:09.75	00:26:56.90	+00:09:04	5:13	11.5
191	LEWICKI Jarek	276		M-30	57	00:00:14	00:26:10.40	00:26:25.35	+00:09:05	5:14	11.5
192	JANOWSKA Renata	275		K-40	7	00:00:14	00:26:11.20	00:26:25.55	+00:09:06	5:14	11.5
193	KAMPER Małgorzata	481	VEG MEG	K-40	8	00:00:42	00:26:12.00	00:26:54.60	+00:09:06	5:14	11.5
194	CHILLA Wiktor	77	-	M-40	40	00:01:01	00:26:13.90	00:27:15.10	+00:09:08	5:14	11.4
195	PRZYBYLSKA Grażyna	297	BYDGOSZCZ NA START, PSLA	K-50	2	00:00:21	00:26:14.25	00:26:35.55	+00:09:09	5:14	11.4
196	SATRO Leszek	501	RRC	M-30	58	00:00:17	00:26:16.00	00:26:33.20	+00:09:10	5:15	11.4
197	PALIGA Arkadiusz	370		M-40	41	00:00:41	00:26:16.80	00:26:58.15	+00:09:11	5:15	11.4
198	PALIGA Maria	371	MUKS BYDGOSZCZ SP63	K-10	2	00:00:40	00:26:17.00	00:26:57.80	+00:09:11	5:15	11.4
199	STĘPIEŃ Monika	73	CZARNE STOPY	K-40	9	00:00:22	00:26:20.15	00:26:43.05	+00:09:15	5:16	11.4
200	SKWAREK Oliwia	165		K-20	10	00:00:08	00:26:25.25	00:26:33.85	+00:09:20	5:17	11.4
201	GULSKI Piotr	555		M-40	42	00:00:19	00:26:25.85	00:26:45.45	+00:09:20	5:17	11.3
202	KALEMBA Daria	18		K-20	11	00:00:29	00:26:28.45	00:26:57.55	+00:09:23	5:17	11.3
203	NIKOŁAJEW Monika	103		K-30	15	00:00:09	00:26:28.65	00:26:38.00	+00:09:23	5:17	11.3

Msc/ Rnk	Zawodnik/ Name	Numer/ Bib	Klub/ Team	Kategoria/ Category	Mkat/ CatRnk	Czas startu/Start time	Czas netto 5km	Czas brutto 5km	Różn/ Gap	Tempo min/km	Tempo km/h
204	SZYNWELSKA Marlena	292		K-50	3	00:00:13	00:26:30.20	00:26:44.10	+00:09:25	5:18	11.3
205	KARPIŃSKI Łukasz	477		M-30	59	00:00:10	00:26:30.70	00:26:41.15	+00:09:25	5:18	11.3
206	BOROWCZAK Julita	179		K-20	12	00:00:35	00:26:33.35	00:27:08.40	+00:09:28	5:18	11.3
207	WESOŁOWSKA Daniela	326	SZURUSIE TEAM	K-40	10	00:00:27	00:26:35.25	00:27:02.85	+00:09:30	5:19	11.3
208	MAJEWSKI Michał	388		M-20	28	00:00:16	00:26:37.55	00:26:53.75	+00:09:32	5:19	11.3
209	DOLATA Rafał	93		M-40	43	00:00:00	00:26:39.75	00:26:39.75	+00:09:34	5:19	11.3
210	WOŹNY Robert	394	WYŻSZE SEMINARIUM DUCHOWNE	M-20	29	00:00:21	00:26:41.50	00:27:03.25	+00:09:36	5:20	11.2
211	MANIKOWSKI Dominik	6		M-30	60	00:00:20	00:26:43.55	00:27:04.00	+00:09:38	5:20	11.2
212	TYKWIŃSKA Agnieszka	395		K-30	16	00:00:22	00:26:45.65	00:27:08.05	+00:09:40	5:21	11.2
213	FUZ Gabriela	70	KABEL TEAM BYDGOSZCZ	K-40	11	00:00:37	00:26:47.40	00:27:25.30	+00:09:42	5:21	11.2
214	SKUBISZAK Jacek	422		M-40	44	00:00:19	00:26:49.60	00:27:08.85	+00:09:44	5:21	11.2
215	PŁOSZAJ Magdalena	23		K-30	17	00:00:29	00:26:49.80	00:27:19.75	+00:09:44	5:22	11.2
216	PAPIS Piotr	26	BACKONIK	M-30	61	00:00:38	00:26:49.90	00:27:28.10	+00:09:44	5:22	11.2
217	GIERSZ Krzysztof	430		M-40	45	00:00:50	00:26:53.65	00:27:43.95	+00:09:48	5:22	11.2
218	AUGUSTYNIAK Piotr	229		M-40	46	00:00:31	00:26:58.80	00:27:30.05	+00:09:53	5:23	11.1
219	SZULC Joanna	641		K-40	12	00:00:31	00:26:58.85	00:27:30.25	+00:09:53	5:23	11.1
220	KUBIAK-KUJAWA Joanna	374		K-30	18	00:00:32	00:27:01.00	00:27:33.15	+00:09:55	5:24	11.1
221	SZYNKA Sebastian	355	BUZAŁATEAM	M-10	19	00:00:11	00:27:03.35	00:27:14.85	+00:09:58	5:24	11.1
222	WYPORKIEWICZ Jerzy	518		M-50	15	00:00:32	00:27:06.85	00:27:39.40	+00:10:01	5:25	11.1
223	CIECHNA Julia	405	BYDGOSKI KLUB WIOŚLAREK	K-10	3	00:00:07	00:27:06.90	00:27:14.80	+00:10:01	5:25	11.1
224	SMYK Martyna	407	BYDGOSKI KLUB WIOŚLAREK	K-10	4	00:00:07	00:27:06.90	00:27:13.90	+00:10:01	5:25	11.1
225	RÓŻAŃSKA Aleksandra	406	BYDGOSKI KLUB WIOŚLAREK	K-10	5	00:00:07	00:27:07.40	00:27:14.70	+00:10:02	5:25	11.1
226	ŁUKOMSKI Dawid	107	GARDENFLORA MTB TEAM	M-20	30	00:00:22	00:27:08.80	00:27:31.70	+00:10:03	5:25	11
227	ORZECHOWSKI Zbigniew	98		M-40	47	00:00:38	00:27:08.95	00:27:47.90	+00:10:03	5:25	11
228	GŁOWACKI Krzysztof	364		M-30	62	00:00:08	00:27:09.90	00:27:18.75	+00:10:04	5:26	11
229	WÓJCIK Piotr	290		M-10	20	00:00:12	00:27:11.70	00:27:24.60	+00:10:06	5:26	11
230	PASZKIET Witold	618		M-60+	3	00:00:23	00:27:13.20	00:27:37.10	+00:10:08	5:26	11
231	DULSKA Katarzyna	239		K-30	19	00:00:13	00:27:15.25	00:27:28.75	+00:10:10	5:27	11
232	STREICH Klaudia	630		K-10	6	00:00:39	00:27:20.00	00:27:59.30	+00:10:14	5:28	11
233	ANASZEWICZ Marzena	281		K-40	13	00:00:24	00:27:20.20	00:27:44.55	+00:10:15	5:28	11
234	ROGUSZCZAK Maciej	112		M-40	48	00:00:11	00:27:20.45	00:27:31.80	+00:10:15	5:28	11
235	CHĘSIAK Przemysław	629		M-20	31	00:00:38	00:27:20.50	00:27:59.40	+00:10:15	5:28	11
236	POTRZEBOWSKI Marek	116	DEAF I #B3K	M-30	63	00:00:20	00:27:22.05	00:27:42.20	+00:10:16	5:28	11
237	GÓRECKA Anna	258		K-20	13	00:00:43	00:27:23.85	00:28:06.95	+00:10:18	5:28	11
238	KARCZEWSKA Agnieszka	257		K-30	20	00:00:42	00:27:23.90	00:28:06.80	+00:10:18	5:28	10.9
239	SZCZEPAŃSKI Adrian	510		M-20	32	00:00:16	00:27:26.50	00:27:42.90	+00:10:21	5:29	10.9
240	JARANTOWICZ Małgorzata	226	THE RUNNERS ŚWIECIE	K-30	21	00:00:17	00:27:29.65	00:27:46.85	+00:10:24	5:29	10.9
241	LEWANDOWSKA Izabela	193		K-30	22	00:00:27	00:27:30.05	00:27:57.05	+00:10:24	5:30	10.9
242	ROMANOWSKA Agnieszka	665		K-40	14	00:00:26	00:27:30.60	00:27:56.95	+00:10:25	5:30	10.9
243	GRABOWSKA Marlena	316		K-30	23	00:00:26	00:27:30.85	00:27:56.85	+00:10:25	5:30	10.9
244	BOROWICZ Jacek	631		M-40	49	00:00:31	00:27:32.20	00:28:03.75	+00:10:27	5:30	10.9
245	BOROWICZ Małgorzata	339		K-40	15	00:00:30	00:27:32.75	00:28:03.50	+00:10:27	5:30	10.9
246	ŁAWSKI Piotr	449		M-30	64	00:00:14	00:27:33.80	00:27:48.50	+00:10:28	5:30	10.9
247	BRZEZIŃSKA Marta	362		K-20	14	00:00:19	00:27:36.65	00:27:56.20	+00:10:31	5:31	10.9

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248	TYSZKIEWK Aldona	610		K-40	16	00:00:14	00:27:37.10	00:27:51.90	+00:10:31	5:31	10.9
249	DUDZIŃSKA Aleksandra	99	RUN BYDGOSZCZ	K-50	4	00:00:44	00:27:39.60	00:28:24.05	+00:10:34	5:32	10.8
250	MALATYŃSKA Barbara	269		K-40	17	00:00:24	00:27:40.30	00:28:04.45	+00:10:35	5:32	10.8
251	LIDKE Jacek	321		M-40	50	00:00:34	00:27:42.30	00:28:17.00	+00:10:37	5:32	10.8
252	GÓRSKA Joanna	489		K-30	24	00:00:13	00:27:45.40	00:27:58.40	+00:10:40	5:33	10.8
253	HOFFA Filip	245		M-30	65	00:00:08	00:27:46.80	00:27:55.20	+00:10:41	5:33	10.8
254	CZYŻEWSKA Anna	184		K-30	25	00:00:22	00:27:51.15	00:28:13.55	+00:10:46	5:34	10.8
255	SIERNACKA Anna	652		K-30	26	00:00:08	00:27:52.10	00:28:00.35	+00:10:46	5:34	10.8
256	KRZEMIŃSKA Jolanta	155		K-30	27	00:00:22	00:27:53.80	00:28:15.90	+00:10:48	5:34	10.8
257	MODRZEJEWSKI Wojciech	440	JW 3775 CHOJNICE	M-40	51	00:00:10	00:27:54.05	00:28:04.45	+00:10:48	5:34	10.8
258	SZPYT Ania	357		K-30	28	00:00:21	00:27:55.15	00:28:16.25	+00:10:50	5:35	10.7
259	SKWAREK Bogumiła	164		K-50	5	00:00:04	00:28:01.00	00:28:05.55	+00:10:55	5:36	10.7
260	KOŁODZIEJSKA Bożena	531		K-40	18	00:00:45	00:28:03.00	00:28:48.00	+00:10:57	5:36	10.7
261	JAGIELSKA Patrycja	55	IQOR RUN	K-20	15	00:00:15	00:28:03.80	00:28:19.10	+00:10:58	5:36	10.7
262	KOTŁĘGA Agata	168		K-20	16	00:00:08	00:28:04.50	00:28:12.85	+00:10:59	5:36	10.7
263	GNIAZDOWSKA Marcelina	663		K-10	7	00:00:15	00:28:04.50	00:28:20.20	+00:10:59	5:37	10.7
264	FILOSEK Paweł	475	#BANANATEAM	M-20	33	00:00:37	00:28:05.70	00:28:42.90	+00:11:00	5:37	10.7
265	KRÓL Katarzyna	83		K-40	19	00:00:24	00:28:05.85	00:28:30.65	+00:11:00	5:37	10.7
266	WŁODARCZYK Olga	471	#BANANATEAM	K-20	17	00:00:36	00:28:06.95	00:28:43.15	+00:11:01	5:37	10.7
267	WEBER Jerzy	647		M-10	21	00:00:45	00:28:07.50	00:28:53.10	+00:11:02	5:37	10.7
268	SZNEIDROWSKA Agnieszka	437		K-20	18	00:00:25	00:28:12.25	00:28:37.65	+00:11:07	5:38	10.6
269	KOTOLIŃSKA Aleksandra	613		K-10	8	00:00:37	00:28:14.40	00:28:52.30	+00:11:09	5:39	10.6
270	KACZMAREK Sebastian	537		M-30	66	00:00:24	00:28:19.90	00:28:44.85	+00:11:14	5:40	10.6
271	WESOŁOWSKI Rafał	387	SZURUSIE TEAM	M-40	52	00:00:29	00:28:20.35	00:28:50.30	+00:11:15	5:40	10.6
272	WEBER Hanna	450	DRUŻYNA SZPIKU	K-40	20	00:00:45	00:28:21.05	00:29:06.50	+00:11:15	5:40	10.6
273	GÓRSKA Agnieszka	493		K-30	29	00:00:48	00:28:21.25	00:29:10.20	+00:11:16	5:40	10.6
274	CHROBAK Przemysław	157	ILO	M-40	53	00:00:27	00:28:21.75	00:28:49.55	+00:11:16	5:40	10.6
275	KALINOWSKA Kamila	659		K-40	21	00:00:44	00:28:22.05	00:29:06.25	+00:11:16	5:40	10.6
276	KACZMAREK Aleksandra	363		K-20	19	00:00:03	00:28:22.85	00:28:26.20	+00:11:17	5:40	10.6
277	NOWAK Jakub	156	ILO	M-30	67	00:00:26	00:28:23.10	00:28:49.60	+00:11:17	5:40	10.6
278	FRYDRYCHOWICZ Lilianna	53		K-50	6	00:00:32	00:28:23.35	00:28:56.25	+00:11:18	5:40	10.6
279	ZAORSKA Marta	638		K-30	30	00:00:25	00:28:25.45	00:28:50.90	+00:11:20	5:41	10.6
280	BEDNAREK Grażyna	260	RUN PASJA	K-40	22	00:00:23	00:28:26.90	00:28:50.85	+00:11:21	5:41	10.5
281	RATAJCZAK Marcel	328	SP 63	M-10	22	00:00:17	00:28:28.10	00:28:45.10	+00:11:22	5:41	10.5
282	RYDELSKA Kinga	89		K-40	23	00:00:29	00:28:28.45	00:28:58.10	+00:11:23	5:41	10.5
283	GÓRSKI Jacek	79	-	M-50	16	00:00:34	00:28:29.35	00:29:03.60	+00:11:24	5:41	10.5
284	WITT Jacek	109		M-40	54	00:00:36	00:28:31.80	00:29:08.50	+00:11:26	5:42	10.5
285	WYKA Kamil	346	L'ÉQUIPE DE CITROEN	M-20	34	00:00:32	00:28:35.70	00:29:08.60	+00:11:30	5:43	10.5
286	OBIDOWSKI Adam	344	L'ÉQUIPE DE CITROEN	M-30	68	00:00:31	00:28:37.30	00:29:09.00	+00:11:32	5:43	10.5
287	KRYMER Agnieszka	122		K-40	24	00:00:30	00:28:39.80	00:29:09.90	+00:11:34	5:43	10.5
288	KARWACKA Agnieszka	248	PINUP BYDGOSZCZ	K-30	31	00:00:12	00:28:43.00	00:28:55.50	+00:11:37	5:44	10.4
289	LENC Janusz	300	TKKF KOLEJARZ BYDGOSZCZ	M-60+	4	00:00:45	00:28:44.95	00:29:30.40	+00:11:39	5:45	10.4
290	WIOSNA Tomasz	268	BIEGAJĄCE ŻÓŁWIE IT	M-20	35	00:00:43	00:28:46.75	00:29:30.50	+00:11:41	5:45	10.4
291	ARASZKIEWICZ Katarzyna	247	PINUP BYDGOSZCZ	K-30	32	00:00:00	00:28:55.40	00:28:55.40	+00:11:50	5:47	10.4

Msc/ Rnk	Zawodnik/ Name	Numer/ Bib	Klub/ Team	Kategoria/ Category	Mkat/ CatRnk	Czas startu/Start time	Czas netto 5km	Czas brutto 5km	Różn/ Gap	Tempo min/km	Tempo km/h
292	SZULC Michał	608		M-30	69	00:00:24	00:28:55.70	00:29:20.20	+00:11:50	5:47	10.4
293	PŁOSZAJ Maciej	22		M-30	70	00:00:43	00:28:55.95	00:29:39.05	+00:11:50	5:47	10.4
294	PIETRASZAK Tomasz	543	RUN BYDGOSZCZ	M-40	55	00:00:49	00:29:00.30	00:29:49.85	+00:11:55	5:48	10.3
295	KUBIS Sylwia	524		K-40	25	00:00:25	00:29:00.90	00:29:26.25	+00:11:55	5:48	10.3
296	GLEBOCKA Agnieszka	556		K-30	33	00:00:24	00:29:02.05	00:29:26.35	+00:11:56	5:48	10.3
297	TARCZYŃSKA Marta	130	COOKIETEAMRUNERS	K-30	34	00:00:24	00:29:02.15	00:29:26.35	+00:11:57	5:48	10.3
298	ALEKSANDER Alicja	288	BIEGAJĄCE ŻÓŁWIE IT	K-20	20	00:00:44	00:29:03.25	00:29:47.30	+00:11:58	5:48	10.3
299	SZECÓWKA Marcin	351		M-30	71	00:00:48	00:29:11.20	00:29:59.70	+00:12:06	5:50	10.3
300	LEWANDOWSKA Agnieszka	350		K-30	35	00:00:46	00:29:11.30	00:29:58.00	+00:12:06	5:50	10.3
301	BORUSZEWSKI Remigiusz	271	#BRKT	M-10	23	00:00:56	00:29:14.60	00:30:10.70	+00:12:09	5:50	10.3
302	MICHNIEWICZ Małgorzata	428		K-30	36	00:00:17	00:29:14.85	00:29:32.10	+00:12:09	5:51	10.3
303		600				00:00:19	00:29:16.65	00:29:35.90	+00:12:11	5:51	10.3
304	ŚWIETLIK Grzegorz	470	KRÓLOWIE ŻYCIA	M-30	72	00:00:06	00:29:17.00	00:29:23.45	+00:12:11	5:51	10.2
305	KAMIŃSKI Sławomir	523	MOBILNY WULKAN	M-30	73	00:00:05	00:29:17.65	00:29:23.30	+00:12:12	5:51	10.2
306	CHMIELEWSKI Patryk	62		M-20	36	00:00:49	00:29:17.70	00:30:06.70	+00:12:12	5:51	10.2
307	KĄŻMIERCZAK Małgorzata	277	BIEGAJĄCE ŻÓŁWIE IT	K-30	37	00:00:44	00:29:22.35	00:30:06.55	+00:12:17	5:52	10.2
308	STAFIEJ Barbara	435	BMS	K-40	26	00:00:35	00:29:23.80	00:29:58.95	+00:12:18	5:52	10.2
309	SAK Anna	381	DECATHLON TEAM INOWROCŁAW	K-30	38	00:00:37	00:29:25.50	00:30:02.60	+00:12:20	5:53	10.2
310	GRABOWSKA Zofia	451		K-10	9	00:00:38	00:29:26.10	00:30:04.45	+00:12:20	5:53	10.2
311	WIEWIÓRA Agata	222		K-30	39	00:00:05	00:29:27.50	00:29:32.85	+00:12:22	5:53	10.2
312	SZUBARGA Anna	150		K-10	10	00:00:16	00:29:29.20	00:29:45.40	+00:12:24	5:53	10.2
313	KOSZOWSKA Rozalia	187	TRITRYSZCZYNTTEAM	K-10	11	00:00:15	00:29:29.95	00:29:45.50	+00:12:24	5:54	10.2
314	WOJTASZEK Kinga	614		K-10	12	00:00:37	00:29:30.10	00:30:07.40	+00:12:24	5:54	10.2
315	OŻGA Agnieszka	16		K-30	40	00:00:23	00:29:30.15	00:29:53.15	+00:12:25	5:54	10.2
316	JANOWSKI Daniel	335	TEAM KUCYKI	M-20	37	00:00:22	00:29:31.00	00:29:53.75	+00:12:25	5:54	10.2
317	WOŹNIACKA Beata	516	FUNDACJA JEKO	K-50	7	00:00:42	00:29:31.60	00:30:14.10	+00:12:26	5:54	10.2
318	GACKOWSKI Edward	526	BYDGOSZCZ NASTART	M-60+	5	00:00:33	00:29:33.75	00:30:07.50	+00:12:28	5:54	10.1
319	GRUŻEWSKA Justyna	56		K-30	41	00:00:31	00:29:34.00	00:30:05.80	+00:12:28	5:54	10.1
320	FERENZ Marcin	379		M-30	74	00:00:07	00:29:36.80	00:29:44.55	+00:12:31	5:55	10.1
321	MARSZAŁKOWSKA Katarzyna	151		K-30	42	00:00:43	00:29:37.35	00:30:20.75	+00:12:32	5:55	10.1
322	LEWIŃSKA Aleksandra	625		K-30	43	00:00:35	00:29:39.10	00:30:14.90	+00:12:33	5:55	10.1
323	CYBUL Anna	240		K-40	27	00:00:30	00:29:40.00	00:30:10.30	+00:12:34	5:56	10.1
324	WIATROWSKA Katarzyna	234		K-30	44	00:00:09	00:29:40.20	00:29:49.55	+00:12:35	5:56	10.1
325	LEWICKA Dagmara	486		K-20	21	00:00:09	00:29:42.85	00:29:52.60	+00:12:37	5:56	10.1
326	JURUŚ Jolanta	398	HERBALIFE	K-50	8	00:00:25	00:29:43.00	00:30:08.40	+00:12:37	5:56	10.1
327	ASTUKIEWICZ Tomasz	17		M-40	56	00:00:11	00:29:47.90	00:29:59.55	+00:12:42	5:57	10.1
328	GUMIENNY Maciej	256		M-40	57	00:00:13	00:29:48.70	00:30:02.30	+00:12:43	5:57	10.1
329	ZDUNKIEWICZ Hania	95	#WIĘCEJSPRZĘTUNIŻTALENTU	K-30	45	00:00:48	00:29:51.00	00:30:39.30	+00:12:45	5:58	10.1
330	BĄBOLEWSKI Łukasz	87	#WIĘCEJSPRZĘTUNIŻTALENTU	M-30	75	00:00:47	00:29:52.05	00:30:39.90	+00:12:46	5:58	10
331	MICHALAK Anita	205		K-40	28	00:00:46	00:29:52.35	00:30:39.05	+00:12:47	5:58	10
332	DUSZYŃSKI Filip	43	AMATOR	M-40	58	00:00:10	00:29:52.65	00:30:03.35	+00:12:47	5:58	10
333	MICHALAK Piotr	204		M-40	59	00:00:46	00:29:52.90	00:30:39.80	+00:12:47	5:58	10
334	SOBOTA Beata	541		K-30	46	00:00:34	00:29:54.50	00:30:28.50	+00:12:49	5:58	10
335	ZAKURZEWSKI Tomasz	391	WYŻSZE SEMINARIUM DUCHOWNE	M-20	38	00:00:21	00:29:55.30	00:30:17.00	+00:12:50	5:59	10

Msc/ Rnk	Zawodnik/ Name	Numer/ Bib	Klub/ Team	Kategoria/ Category	Mkat/ CatRnk	Czas startu/Start time	Czas netto 5km	Czas brutto 5km	Różn/ Gap	Tempo min/km	Tempo km/h
336	SKONIECKA Paulina	606		K-10	13	00:00:07	00:29:55.85	00:30:03.05	+00:12:50	5:59	10
337	ROZMARYNOWICZ Anna Maria	313	WOLNOŚĆ	K-30	47	00:00:20	00:29:57.95	00:30:18.80	+00:12:52	5:59	10
338	JELONEK Angelika	500		K-30	48	00:00:46	00:29:59.00	00:30:45.70	+00:12:53	5:59	10
339	CHROMIŃSKA Paulina	176		K-20	22	00:00:08	00:29:59.10	00:30:07.95	+00:12:53	5:59	10
340	NOWAK Mariola	298		K-40	29	00:00:13	00:30:01.65	00:30:15.45	+00:12:56	6:00	10
341	WINOGRODZKI Radosław	376		M-30	76	00:00:16	00:30:02.35	00:30:19.20	+00:12:57	6:00	10
342	JAROSZEWSKA Anna	84	DEEP FOREST	K-40	30	00:00:20	00:30:02.35	00:30:22.50	+00:12:57	6:00	10
343	JAROSZEWSKI Wojciech	86	DEEP FOREST	M-40	60	00:00:20	00:30:02.40	00:30:22.45	+00:12:57	6:00	10
344	MANIKOWSKA Katarzyna	642		K-30	49	00:00:33	00:30:02.60	00:30:35.70	+00:12:57	6:00	10
345	RATAJCZAK Arleta	327	SP 63	K-40	31	00:00:17	00:30:03.20	00:30:21.00	+00:12:58	6:00	10
346	TRETKA Karolina	624		K-30	50	00:00:18	00:30:03.45	00:30:21.85	+00:12:58	6:00	10
347	SAS Kasia	44	AMATOR	K-40	32	00:00:00	00:30:03.55	00:30:03.55	+00:12:58	6:00	10
348	KNOP Krzysztof	495	STRONNO	M-40	61	00:00:37	00:30:06.60	00:30:43.90	+00:13:01	6:01	10
349	PREUS Patryk	512	PERFEKT 300 BYDGOSZCZ	M-20	39	00:00:51	00:30:07.95	00:30:59.45	+00:13:02	6:01	10
350	MASZUDZIŃSKI Mateusz	319		M-20	40	00:00:35	00:30:09.90	00:30:45.85	+00:13:04	6:02	9.9
351	SZYDŁOWSKA Beata	312	HERBALIFE	K-50	9	00:00:26	00:30:10.80	00:30:37.20	+00:13:05	6:02	9.9
352	BAUMGART Berenika	146		K-20	23	00:00:43	00:30:12.90	00:30:56.15	+00:13:07	6:02	9.9
353	WENAL Adam	633		M-30	77	00:00:37	00:30:16.60	00:30:54.35	+00:13:11	6:03	9.9
354	BRATKOWSKI Jakub	626		M-10	24	00:00:35	00:30:17.90	00:30:53.25	+00:13:12	6:03	9.9
355	JAROSZEWSKA Maria	85	DEEP FOREST	K-10	14	00:00:00	00:30:22.55	00:30:22.55	+00:13:17	6:04	9.9
356	KOWALIK Ania	404		K-20	24	00:00:05	00:30:22.75	00:30:28.25	+00:13:17	6:04	9.9
357	OZOROWSKA Karolina	417		K-30	51	00:00:47	00:30:24.60	00:31:12.30	+00:13:19	6:05	9.9
358	ZIENKIEWICZ Anna	384		K-40	33	00:00:18	00:30:26.40	00:30:45.10	+00:13:21	6:05	9.9
359	GWIAŻDZIŃSKI Kamil	385		M-30	78	00:00:18	00:30:27.05	00:30:45.70	+00:13:21	6:05	9.9
360	MELTZKER Krzysztof	644		M-20	41	00:00:25	00:30:28.30	00:30:53.35	+00:13:23	6:05	9.8
361	GADOMSKA Joanna	643		K-20	25	00:00:25	00:30:28.90	00:30:53.95	+00:13:23	6:05	9.8
362	ANGIEL Władysław	301	TKKF KOLEJARZ BYDGOSZCZ	M-60+	6	00:00:04	00:30:29.70	00:30:34.10	+00:13:24	6:06	9.8
363	DOLSKA Vanessa	491		K-10	15	00:00:37	00:30:33.10	00:31:10.85	+00:13:27	6:06	9.8
364	DOMINIAK Joanna	488		K-30	52	00:00:37	00:30:33.95	00:31:10.95	+00:13:28	6:06	9.8
365	DOLSKI Tomek	490		M-30	79	00:00:38	00:30:36.85	00:31:15.50	+00:13:31	6:07	9.8
366	PIKIES Patrycja	152		K-20	26	00:00:22	00:30:39.05	00:31:01.80	+00:13:33	6:07	9.8
367	KNOP Kamila	547		K-10	16	00:00:00	00:30:43.30	00:30:43.30	+00:13:38	6:08	9.8
368	WACH Zofia	602		K-10	17	00:00:52	00:30:43.75	00:31:36.15	+00:13:38	6:08	9.8
369	WÓJCIK Anna	28		K-30	53	00:00:13	00:30:45.30	00:30:58.75	+00:13:40	6:09	9.8
370	ŻYŁA Marta	504		K-40	34	00:00:06	00:30:48.65	00:30:55.25	+00:13:43	6:09	9.7
371	KACZYŃSKI Rafał	473	PLUSZOWE NORNICZ	M-30	80	00:00:18	00:30:48.75	00:31:07.10	+00:13:43	6:09	9.7
372	BŁASZKIEWICZ Marzena	265		K-40	35	00:00:18	00:30:49.20	00:31:07.40	+00:13:44	6:09	9.7
373	FORTYKOWSKA Laura	661		K-10	18	00:00:14	00:30:50.40	00:31:05.05	+00:13:45	6:10	9.7
374	KALINOWSKA Patrycja	660		K-30	54	00:00:17	00:30:50.40	00:31:07.50	+00:13:45	6:10	9.7
375	NOSKOWIAK-BAJNO Alicja	315		K-30	55	00:00:16	00:30:50.70	00:31:07.40	+00:13:45	6:10	9.7
376	RYTLEWSKA Alicja	299		K-20	27	00:00:48	00:30:50.90	00:31:39.10	+00:13:45	6:10	9.7
377	ŚLEDŹ Krzysztof	508		M-40	62	00:00:00	00:30:52.00	00:30:52.00	+00:13:46	6:10	9.7
378	PECHE Marek	439	KLUBZDROWIA 24H	M-30	81	00:00:29	00:30:52.85	00:31:22.40	+00:13:47	6:10	9.7
379	JANKOWSKI Rafał	311		M-40	63	00:00:44	00:30:55.80	00:31:40.75	+00:13:50	6:11	9.7

Msc/ Rnk	Zawodnik/ Name	Numer/ Bib	Klub/ Team	Kategoria/ Category	Mkat/ CatRnk	Czas startu/Start time	Czas netto 5km	Czas brutto 5km	Różn/ Gap	Tempo min/km	Tempo km/h
380	SIELUŻYCKI Mieszko	162		M-30	82	00:00:41	00:30:59.50	00:31:41.40	+00:13:54	6:12	9.7
381	POBOŻAN Agnieszka	314	BIEGAM BO LUBIĘ INOWROCŁAW	K-20	28	00:00:03	00:30:59.55	00:31:02.60	+00:13:54	6:11	9.7
382	DOLATA Jakub	658		M-10	25	00:00:56	00:30:59.60	00:31:56.00	+00:13:54	6:12	9.7
383	KLINIKOWSKI Jacek	20	KOCHAM ŻYCIE I...	M-40	64	00:00:19	00:31:00.40	00:31:19.65	+00:13:55	6:12	9.7
384	POGORZELSKA Bogusia	34		K-40	36	00:00:19	00:31:00.40	00:31:19.65	+00:13:55	6:12	9.7
385	SIEMIENIECKI Filip	332		M-20	42	00:00:18	00:31:04.85	00:31:23.30	+00:13:59	6:13	9.7
386	MULARCZYK Julia	331		K-10	19	00:00:17	00:31:05.50	00:31:23.20	+00:14:00	6:13	9.6
387	ROSIAK Aleksandra	380		K-20	29	00:00:42	00:31:05.70	00:31:48.20	+00:14:00	6:13	9.6
388	OSENDOWSKI Andrzej	418		M-20	43	00:00:41	00:31:06.55	00:31:48.35	+00:14:01	6:13	9.6
389	WYPYCH-KLUNDER Katarzyna	2		K-30	56	00:00:29	00:31:07.10	00:31:36.75	+00:14:01	6:13	9.6
390	JARUZEL Justyna	424		K-30	57	00:00:13	00:31:07.60	00:31:21.35	+00:14:02	6:13	9.6
391	SZUBIŃSKA Dominika	478		K-20	30	00:00:41	00:31:13.55	00:31:54.80	+00:14:08	6:14	9.6
392	GRACZYK Kamil	173	PROJECT SOCIETY	M-20	44	00:00:28	00:31:15.75	00:31:43.85	+00:14:10	6:15	9.6
393	BALCEROWSKI Radosław	436	KLUB ZDROWIA BYDGOSZCZ	M-20	45	00:00:25	00:31:17.30	00:31:43.05	+00:14:12	6:15	9.6
394	SAWIEŁAJC Michał	145	MIKI72	M-40	65	00:00:38	00:31:18.40	00:31:56.45	+00:14:13	6:15	9.6
395	BULIŃSKA Agnieszka	92		K-30	58	00:00:43	00:31:21.60	00:32:05.15	+00:14:16	6:16	9.6
396	LEWANDOWSKI Piotr	178		M-40	66	00:00:40	00:31:23.45	00:32:03.80	+00:14:18	6:16	9.6
397	MARCHLEWSKA Dorota	142		K-40	37	00:00:36	00:31:24.05	00:32:00.30	+00:14:18	6:16	9.6
398	ORŁOWSKA Katarzyna	141		K-40	38	00:00:36	00:31:24.45	00:32:00.60	+00:14:19	6:16	9.6
399	BIENIENDA Martyna	619		K-10	20	00:00:41	00:31:25.05	00:32:07.00	+00:14:19	6:17	9.5
400	MEGER Agnieszka	289		K-40	39	00:00:33	00:31:25.40	00:31:59.35	+00:14:20	6:17	9.5
401	PIÓRKOWSKA Aga	29	BRB BYDGOSZCZ	K-40	40	00:00:50	00:31:25.50	00:32:15.85	+00:14:20	6:17	9.5
402	LEWANDOWSKA Beata	177		K-40	41	00:00:36	00:31:26.40	00:32:03.10	+00:14:21	6:17	9.5
403	WIŚNIEWSKI Jacek	139	PROJECT SOCIETY	M-30	83	00:00:26	00:31:27.40	00:31:54.00	+00:14:22	6:17	9.5
404	KIEŁCZEWSKA Malwina	236	PROJECT SOCIETY	K-20	31	00:00:26	00:31:27.70	00:31:53.70	+00:14:22	6:17	9.5
405	ZAMIATOWSKA Kinga	42	BELLA LINE BDG	K-40	42	00:00:34	00:31:27.95	00:32:02.20	+00:14:22	6:17	9.5
406	MAN Beata	207		K-30	59	00:00:39	00:31:31.75	00:32:11.50	+00:14:26	6:18	9.5
407	DEMBIŃSKA Katarzyna	329		K-20	32	00:00:53	00:31:31.80	00:32:25.20	+00:14:26	6:18	9.5
408	JANOWIAK Magdalena	330		K-20	33	00:00:52	00:31:32.35	00:32:25.05	+00:14:27	6:18	9.5
409	CZARNECKI Damian	171	PROJECT SOCIETY	M-20	46	00:00:32	00:31:33.25	00:32:06.10	+00:14:28	6:18	9.5
410	ZIELIŃSKI Paweł	397	FORDON ZAWISZA	M-30	84	00:00:51	00:31:35.25	00:32:26.35	+00:14:30	6:19	9.5
411	URBAN Dominika	305		K-10	21	00:00:28	00:31:37.50	00:32:05.80	+00:14:32	6:19	9.5
412	NOWACKA Kinga	554		K-40	43	00:00:22	00:31:37.65	00:31:59.85	+00:14:32	6:19	9.5
413	KURANT Dominik	304		M-10	26	00:00:27	00:31:38.00	00:32:05.90	+00:14:32	6:19	9.5
414	OZDZYŃSKA Patrycja	460	KLUB ZDROWIA BYDGOSZCZ	K-20	34	00:00:23	00:31:48.80	00:32:11.90	+00:14:43	6:21	9.4
415	TWARDOWSKA Sylwia	360		K-30	60	00:00:05	00:31:50.45	00:31:55.70	+00:14:45	6:22	9.4
416	MALCZEWSKA Mirka	39		K-60+	1	00:00:37	00:32:02.40	00:32:39.40	+00:14:57	6:24	9.4
417	RACZYCKI Tomasz	138		M-40	67	00:00:47	00:32:04.05	00:32:51.65	+00:14:58	6:24	9.4
418	CILSKA Agnieszka	208		K-30	61	00:00:47	00:32:04.50	00:32:51.65	+00:14:59	6:24	9.4
419	CHWIEDUK Jakub	259	GARDENFLORA MTB TEAM	M-40	68	00:00:51	00:32:11.00	00:33:02.80	+00:15:05	6:26	9.3
420	CHWIEDUK Magdalena	78	MTB GARDENFLORA TEAM	K-40	44	00:00:51	00:32:11.65	00:33:02.80	+00:15:06	6:26	9.3
421	SZALA Monika	5	ICH DWOJE BYDGOSZCZ	K-30	62	00:00:44	00:32:12.05	00:32:57.00	+00:15:06	6:26	9.3
422	KUZIAK Helena	158		K-10	22	00:00:42	00:32:20.35	00:33:03.15	+00:15:15	6:28	9.3
423	BŁASZCZYK Artur	403		M-40	69	00:00:11	00:32:23.85	00:32:35.25	+00:15:18	6:28	9.3

Msc/ Rnk	Zawodnik/ Name	Numer/ Bib	Klub/ Team	Kategoria/ Category	Mkat/ CatRnk	Czas startu/Start time	Czas netto 5km	Czas brutto 5km	Różn/ Gap	Tempo min/km	Tempo km/h
424	TERTYKOWSKA Magdalena	662		K-40	45	00:00:00	00:32:27.10	00:32:27.10	+00:15:21	6:29	9.2
425	WINOGRODZKA Magda	375		K-30	63	00:00:00	00:32:38.50	00:32:38.50	+00:15:33	6:31	9.2
426	GWIZDAŁA Katarzyna	230		K-40	46	00:00:07	00:32:41.60	00:32:49.50	+00:15:36	6:32	9.2
427	KRUPA Filip	413		M-10	27	00:00:46	00:32:42.95	00:33:28.95	+00:15:37	6:32	9.2
428	KRUPA Piotr	415		M-30	85	00:00:46	00:32:43.05	00:33:29.25	+00:15:37	6:32	9.2
429	PIKIES Agnieszka	153		K-30	64	00:00:22	00:32:43.20	00:33:05.70	+00:15:38	6:32	9.2
430	IDCZAK-BOREK Hanna	252		K-40	47	00:00:49	00:32:43.75	00:33:33.65	+00:15:38	6:32	9.2
431	BOREK Marcin	251		M-40	70	00:00:50	00:32:44.25	00:33:34.60	+00:15:39	6:32	9.2
432	ZUZA-WITKOWSKA Anna	307		K-40	48	00:00:49	00:32:44.30	00:33:33.85	+00:15:39	6:32	9.2
433	MAJEWSKI Wojciech	390		M-50	17	00:00:15	00:32:44.90	00:33:00.00	+00:15:39	6:33	9.2
434	BUZALSKA Agnieszka	383	OGRODY	K-40	49	00:00:40	00:32:46.15	00:33:26.55	+00:15:41	6:33	9.2
435	BUZALSKI Robert	382	ORANGE POLSKA	M-40	71	00:00:39	00:32:47.45	00:33:27.10	+00:15:42	6:33	9.1
436	WORONIECKI Miłosz	443		M-10	28	00:00:35	00:32:51.20	00:33:26.50	+00:15:46	6:34	9.1
437	WORONIECKA Anna	293		K-40	50	00:00:36	00:32:53.40	00:33:29.45	+00:15:48	6:34	9.1
438	BIAŁOWĄS Grzegorz	342	L'ÉQUIPE DE CITROEN	M-40	72	00:00:31	00:32:56.80	00:33:28.00	+00:15:51	6:35	9.1
439	LEWANDOWSKI Robert	175	POMAGALSCY	M-40	73	00:00:08	00:33:01.25	00:33:09.50	+00:15:56	6:36	9.1
440	ŻUBIK Karolina	664		K-10	23	00:00:00	00:33:15.35	00:33:15.35	+00:16:10	6:39	9
441	GABRIELSKI Dariusz	302	KLUB ZDROWIA	M-40	74	00:00:29	00:33:16.15	00:33:45.50	+00:16:11	6:39	9
442	SIATKOWSKA Anna	57		K-30	65	00:00:09	00:33:37.20	00:33:46.50	+00:16:32	6:43	8.9
443	SZYBOWSKI Dawid	343	L'ÉQUIPE DE CITROEN	M-20	47	00:00:33	00:33:38.95	00:34:12.35	+00:16:33	6:43	8.9
444	STEFAŃSKI Dariusz	105	#WIĘCEJSPRZĘTUNIŻTALENTU	M-40	75	00:00:46	00:33:39.75	00:34:26.60	+00:16:34	6:44	8.9
445	STEFAŃSKI Dawid	106	#WIĘCEJSPRZĘTUNIŻTALENTU	M-10	29	00:00:46	00:33:39.85	00:34:26.10	+00:16:34	6:44	8.9
446	MOCNA Anna	190		K-20	35	00:00:11	00:33:40.20	00:33:51.30	+00:16:35	6:44	8.9
447	STEFAŃSKA Wiesława	104	#WIĘCEJSPRZĘTUNIŻTALENTU	K-30	66	00:00:46	00:33:40.30	00:34:26.30	+00:16:35	6:44	8.9
448	GROCHOWSKI Patryk	274		M-30	86	00:00:09	00:33:41.20	00:33:51.10	+00:16:36	6:44	8.9
449	SCHLABS Magdalena	186		K-20	36	00:00:09	00:33:41.95	00:33:51.25	+00:16:36	6:44	8.9
450	KALINOWSKA Kamila	264	RUN BYDGOSZCZ	K-40	51	00:00:40	00:33:52.60	00:34:33.15	+00:16:47	6:46	8.9
451	JĘDRZEJCZYK Jacek	409		M-40	76	00:00:47	00:33:52.65	00:34:39.85	+00:16:47	6:46	8.9
452	JĘDRZEJCZYK Iwona	408		K-40	52	00:00:45	00:33:54.20	00:34:39.85	+00:16:49	6:46	8.8
453	KARDASIŃSKA Marta	108		K-20	37	00:00:42	00:34:06.00	00:34:48.20	+00:17:00	6:49	8.8
454	SKONIECKA Agnieszka	447		K-40	53	00:00:13	00:34:11.35	00:34:24.60	+00:17:06	6:50	8.8
455	GÓZDŹ Hanna	309	JAŚ BIEGA	K-60+	2	00:00:16	00:34:13.85	00:34:30.35	+00:17:08	6:50	8.8
456	TUROWSKI Grzegorz	615		M-40	77	00:00:02	00:34:22.20	00:34:25.00	+00:17:17	6:52	8.7
457	MUSIDŁOWSKA Ada	318		K-10	24	00:00:36	00:34:25.20	00:35:01.90	+00:17:20	6:53	8.7
458	SZATKOWSKI Janusz	616		M-30	87	00:00:27	00:34:33.95	00:35:01.60	+00:17:28	6:54	8.7
459	DUDZIŃSKA Magda	161		K-20	38	00:00:41	00:34:40.85	00:35:22.10	+00:17:35	6:56	8.6
460		621				00:00:03	00:34:43.50	00:34:47.20	+00:17:38	6:56	8.6
461	LEWANDOWSKA Joanna	646		K-30	67	00:00:23	00:34:45.95	00:35:09.20	+00:17:40	6:57	8.6
462	JANIK Mariusz	172	PROJECT SOCIETY	M-40	78	00:00:27	00:34:46.35	00:35:14.15	+00:17:41	6:57	8.6
463	ARACH Przemysław	323		M-30	88	00:00:23	00:34:47.20	00:35:10.80	+00:17:42	6:57	8.6
464	BILON-MOLENDA Alicja	212		K-30	68	00:00:24	00:34:48.65	00:35:12.95	+00:17:43	6:57	8.6
465	GÓRSKA Violetta	80	-	K-50	10	00:00:33	00:34:55.85	00:35:29.55	+00:17:50	6:59	8.6
466	MALINOWSKA Paulina	505	NIEZRZESZONA	K-40	54	00:00:35	00:35:08.85	00:35:44.35	+00:18:03	7:01	8.5
467	NITYCZ Agnieszka	446		K-30	69	00:00:35	00:35:09.45	00:35:44.80	+00:18:04	7:01	8.5

Msc/ Rnk	Zawodnik/ Name	Numer/ Bib	Klub/ Team	Kategoria/ Category	Mkat/ CatRnk	Czas startu/Start time	Czas netto 5km	Czas brutto 5km	Różn/ Gap	Tempo min/km	Tempo km/h
468	DERYBOWSKI Maciej	336	L'ÉQUIPE DE CITROEN	M-20	48	00:00:29	00:35:17.30	00:35:46.40	+00:18:12	7:03	8.5
469	GERCZYŃSKA Elżbieta	253		K-30	70	00:00:44	00:35:17.75	00:36:02.70	+00:18:12	7:03	8.5
470	ŁAWSKA Paulina	448		K-20	39	00:00:13	00:35:24.00	00:35:37.80	+00:18:18	7:04	8.5
471	KUZIĄK Ola	69		K-50	11	00:00:42	00:35:30.25	00:36:13.05	+00:18:25	7:06	8.4
472	CHOCHLIŃSKA Marta	14		K-30	71	00:00:43	00:35:33.65	00:36:17.50	+00:18:28	7:06	8.4
473	KUFEL Maria	8		K-20	40	00:00:43	00:35:33.85	00:36:17.70	+00:18:28	7:06	8.4
474	FEDOROWSKA Oliwia	182		K-10	25	00:00:07	00:35:36.25	00:35:43.25	+00:18:31	7:07	8.4
475	ŻAREK Katarzyna	147		K-10	26	00:00:11	00:35:45.00	00:35:56.70	+00:18:39	7:09	8.4
476	ŻAREK Magdalena	133		K-20	41	00:00:12	00:35:46.50	00:35:58.60	+00:18:41	7:09	8.4
477	BINIENDA Mateusz	453	BIMAT	M-40	79	00:00:41	00:36:02.70	00:36:44.30	+00:18:57	7:12	8.3
478	BINIENDA Katarzyna	452	BIMAT	K-30	72	00:00:40	00:36:03.30	00:36:44.25	+00:18:58	7:12	8.3
479	ZELEK Aleksandra	174		K-40	55	00:00:46	00:36:13.35	00:37:00.05	+00:19:08	7:14	8.3
480	NOWAK Aleksandra	149		K-20	42	00:00:51	00:36:14.10	00:37:05.95	+00:19:08	7:14	8.3
481	SKONIECKA Ewelina	522		K-10	27	00:00:06	00:36:18.40	00:36:25.30	+00:19:13	7:15	8.3
482	ZIELIŃSKI Maciej	480		M-10	30	00:00:00	00:36:24.70	00:36:24.70	+00:19:19	7:16	8.2
483	HETZIG Michał	617		M-10	31	00:00:46	00:36:26.15	00:37:12.20	+00:19:21	7:17	8.2
484	PEŻYŃSKA Zofia	279		K-10	28	00:00:40	00:36:27.30	00:37:07.50	+00:19:22	7:17	8.2
485	POTERACKA Irena	445		K-50	12	00:00:10	00:36:39.50	00:36:50.35	+00:19:34	7:20	8.2
486	GIERSZEWSKA-MUŁOWSKA Marta	623		K-40	56	00:00:21	00:36:39.95	00:37:01.10	+00:19:34	7:20	8.2
487	BIELENNY Michał	607		M-60+	7	00:00:53	00:37:37.00	00:38:30.20	+00:20:31	7:31	8
488	PEŻYŃSKA Ola	280		K-10	29	00:00:39	00:37:53.75	00:38:33.55	+00:20:48	7:34	7.9
489	PEŻYŃSKI Piotr	278		M-30	89	00:00:40	00:37:55.00	00:38:35.40	+00:20:49	7:35	7.9
490	GIERSZEWSKI Przemysław	622		M-40	80	00:00:21	00:38:11.50	00:38:32.65	+00:21:06	7:38	7.9
491	POCIOT Małgorzata	609		K-20	43	00:00:24	00:38:19.05	00:38:43.35	+00:21:13	7:39	7.8
492	PEŻYŃSKA Anna	287		K-30	73	00:00:00	00:38:37.65	00:38:37.65	+00:21:32	7:43	7.8
493	KISZKA Justyna	160	RUN PASJA	K-30	74	00:00:28	00:38:42.70	00:39:11.50	+00:21:37	7:44	7.7
494	KOSIEDOWSKA Magdalena	632		K-30	75	00:00:39	00:38:59.30	00:39:39.20	+00:21:54	7:48	7.7
495	KACZMAREK Jarek	191		M-50	18	00:00:57	00:39:00.45	00:39:57.45	+00:21:55	7:48	7.7
496	PISZCZEK Piotr	482		M-50	19	00:00:00	00:39:02.75	00:39:02.75	+00:21:57	7:48	7.7
497	MISZEWSKI Waldemar	498		M-40	81	00:00:35	00:39:09.15	00:39:44.75	+00:22:04	7:49	7.7
498	KACZMAREK Zofia	189		K-50	13	00:00:54	00:39:26.40	00:40:20.65	+00:22:21	7:53	7.6
499	JANUSZEWSKA Agnieszka	12		K-30	76	00:00:12	00:39:43.10	00:39:55.60	+00:22:37	7:56	7.6
500	FIJOR-KACZMAREK Arleta	369		K-20	44	00:00:53	00:39:59.85	00:40:53.15	+00:22:54	8:00	7.5
501	PŁACZKIEWICZ Zbigniew	283		M-60+	8	00:00:53	00:40:36.65	00:41:30.35	+00:23:31	8:07	7.4
502	FAGIELNICZ MROZIK Tina	656		K-30	77	00:00:00	00:41:21.40	00:41:21.40	+00:24:16	8:16	7.3
503	OKROJ Agnieszka	206		K-30	78	00:00:54	00:42:18.95	00:43:13.70	+00:25:13	8:27	7.1
504	SAPA Dariusz	120	BYDGOSKIE ŻÓŁWIE	M-50	20	00:00:49	00:42:22.85	00:43:12.45	+00:25:17	8:28	7.1
505	ŁUKASZEWSKI Jacek	429		M-40	82	00:00:49	00:42:23.20	00:43:12.60	+00:25:18	8:28	7.1
506	JAGUSCH Ewa	539		K-50	14	00:00:45	00:43:51.20	00:44:36.20	+00:26:46	8:46	6.8
507	WIŚNIEWSKI Wiesław	377	BYDGOSTAL	M-60+	9	00:00:48	00:45:58.10	00:46:47.05	+00:28:52	9:11	6.5
508	RAKOCZY Magdalena	118	GCK BB	K-30	79	00:00:55	00:45:59.00	00:46:54.35	+00:28:53	9:11	6.5
509	BOŃDOS Katarzyna	119		K-40	57	00:00:52	00:46:01.45	00:46:54.10	+00:28:56	9:12	6.5
510	ZIELIŃSKA Dorota	10		K-40	58	00:00:52	00:46:06.25	00:46:58.65	+00:29:01	9:13	6.5

Msc/ Rnk	Zawodnik/ Name	Numer/ Bib	Klub/ Team	Kategoria/ Category	Mkat/ CatRnk	Czas startu/Start time	Czas netto 5km	Czas brutto 5km	Różn/ Gap	Tempo min/km	Tempo km/h
511	CYZIO Urszula	13		K-60+	3	00:00:53	00:46:20.90	00:47:14.55	+00:29:15	9:16	6.5
512	GIEZEK Oskar	334		M-10	32	00:00:00	00:47:41.20	00:47:41.20	+00:30:36	9:32	6.3
513	WRZESIŃSKI Tomasz	657		M-40	83	00:00:56	00:47:45.35	00:48:41.35	+00:30:40	9:33	6.3
514	GIEZEK Sławomir	30		M-30	90	00:00:00	00:49:29.50	00:49:29.50	+00:32:24	9:53	6.1
515	KULASZEWSKI Radek	441	POWSINOZI	M-40	84	00:00:00	00:49:29.95	00:49:29.95	+00:32:24	9:53	6.1
516	KSAWERY Sebastian	337		M-10	33	00:00:11					
517	LULIŃSKA Magda	509		K-40	59	00:01:01					

Znaleziono 517 wynik(ów)