



III ZIMOWY CROSS BOCIANA BIEG 5 KM

B4SPORT

Wydarzenie:

III Zimowy Cross Bociana w Nadleśnictwie
Czarnobór

Organizator:

Stowarzyszenie Team Biegowy Szczecinek

Data:

2018-12-30

Miejsce:

Szczecinek

Dystans:

5 km



Klasyfikacja: M-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	SIÓDIAK Igor	154	7PRO SIÓDIAK TRIATHLON TEAM / MBC / MKP	M-OPEN	1	00:18:57.17		3:47	15.8 (100%)
2	ORZECOWSKI Kamil	105	TKKF KOSZALIN	M-OPEN	2	00:19:39.88	+00:00:42 (3.6%)	3:55	15.3 (96.8%)
3	JABŁOŃSKI Adam	44		M-OPEN	3	00:20:17.34	+00:01:20 (6.6%)	4:03	14.8 (93.7%)
4	KOWALSKI Mirosław	63	SZCZECINECKIE BRACTWO BIEGOWE	M-OPEN	4	00:20:49.75	+00:01:52 (9.0%)	4:09	14.4 (91.1%)
5	BORYS Antoni	6	7PRO SIÓDIAK TRIATHLON TEAM / MKP	M-OPEN	5	00:20:51.42	+00:01:54 (9.1%)	4:10	14.4 (91.1%)
6	DĄBKOWSKI Maciek	14	7PRO SIÓDIAK TRIATHLON TEAM / MKP	M-OPEN	6	00:20:53.95	+00:01:56 (9.3%)	4:10	14.4 (91.1%)
7	OPIELA Paweł	102	7PRO SIÓDIAK TRIATHLON TEAM	M-OPEN	7	00:21:16.95	+00:02:19 (10.9%)	4:15	14.1 (89.2%)
8	TRĘBSKI Krzysztof	52	#ZABIEGANINOCA	M-OPEN	8	00:21:21.49	+00:02:24 (11.3%)	4:16	14.1 (89.2%)
9	PAWŁOWICZ Roland	114	7PRO SIÓDIAK TRIATHLON TEAM	M-OPEN	9	00:21:47.42	+00:02:50 (13.0%)	4:21	13.8 (87.3%)
10	POŁUBIŃSKI Paweł	132	BORNE BIEGA	M-OPEN	10	00:22:09.81	+00:03:12 (14.5%)	4:25	13.5 (85.4%)
11	ŚWIGOŃSKI Piotr	181	HUSARIA RACE TEAM	M-OPEN	11	00:22:33.17	+00:03:36 (16.0%)	4:30	13.3 (84.2%)
12	RAKOWSKI Paweł	141		M-OPEN	12	00:22:47.99	+00:03:50 (16.9%)	4:33	13.2 (83.5%)
13	PODŁYSKA Tadeusz	129	ZA:SAPA:NI	M-OPEN	13	00:23:24.61	+00:04:27 (19.0%)	4:40	12.8 (81.0%)
14	KOWALCZYK Seweryn	61	TEAM BIEGOWY SZCZECINEK	M-OPEN	14	00:24:36.86	+00:05:39 (23.0%)	4:55	12.2 (77.2%)
15	ROKITA Michał	143		M-OPEN	15	00:24:49.24	+00:05:52 (23.6%)	4:57	12.1 (76.6%)
16	WEJMAN Mariusz	186	KOPEĆ TEAM	M-OPEN	16	00:25:26.56	+00:06:29 (25.5%)	5:05	11.8 (74.7%)
17	ŁUCZKO Wiesław	82	HUSARIA RACE TEAM	M-OPEN	17	00:25:35.70	+00:06:38 (26.0%)	5:07	11.7 (74.1%)
18	REDEK Damian	142	HUSARIA RACE TEAM	M-OPEN	18	00:25:53.32	+00:06:56 (26.8%)	5:10	11.6 (73.4%)
19	PIOTROWICZ Adam	125		M-OPEN	19	00:26:21.39	+00:07:24 (28.1%)	5:16	11.4 (72.2%)
20	MASTYŁA Radosław	89	HUSARIA RACE TEAM	M-OPEN	20	00:26:25.01	+00:07:27 (28.3%)	5:17	11.4 (72.2%)
21	NOWAK Emil	98		M-OPEN	21	00:26:39.05	+00:07:41 (28.9%)	5:19	11.3 (71.5%)
22	DEPTUŁA Tobiasz	18		M-OPEN	22	00:26:45.00	+00:07:47 (29.1%)	5:21	11.2 (70.9%)
23	ŁUKOMSKI Łukasz	84		M-OPEN	23	00:26:46.22	+00:07:49 (29.2%)	5:21	11.2 (70.9%)
24	BRZEZIŃSKI Michał	9		M-OPEN	24	00:27:12.61	+00:08:15 (30.3%)	5:26	11 (69.6%)
25	GAPPA Michał	35		M-OPEN	25	00:27:35.00	+00:08:37 (31.3%)	5:31	10.9 (69.0%)
26	LEWANDOWSKI Rafał	75	HUSARIA RACE TEAM	M-OPEN	26	00:27:51.37	+00:08:54 (32.0%)	5:34	10.8 (68.4%)
27	ROZPERSKI Jacek	145		M-OPEN	27	00:29:21.51	+00:10:24 (35.4%)	5:52	10.2 (64.6%)

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28	POKUSA Adam	130		M-OPEN	28	00:30:02.05	+00:11:04 (36.9%)	6:00	10 (63.3%)
29	SZCZYGIEŁ Patryk	170		M-OPEN	29	00:30:04.08	+00:11:06 (37.0%)	6:00	10 (63.3%)
30	PODHAJNY Maciej	128		M-OPEN	30	00:30:16.20	+00:11:19 (37.4%)	6:03	9.9 (62.7%)
31	SATYŁA Tomasz	150	TEAM CZARNEBIEGA	M-OPEN	31	00:30:17.45	+00:11:20 (37.4%)	6:03	9.9 (62.7%)
32	SUCHANOWSKI Zygmunt	161	RESPECT LOTYŃ	M-OPEN	32	00:30:28.94	+00:11:31 (37.8%)	6:05	9.8 (62.0%)
33	DĘGA Piotr	19	TEAM CZARNE BIEGA	M-OPEN	33	00:31:09.35	+00:12:12 (39.2%)	6:13	9.6 (60.8%)
34	LEŚNIEWSKI Dariusz	74	CROSS TEAM SZCZECINEK	M-OPEN	34	00:31:26.23	+00:12:29 (39.7%)	6:17	9.5 (60.1%)
35	OSINSKI Marcin	106		M-OPEN	35	00:32:07.51	+00:13:10 (41.0%)	6:25	9.3 (58.9%)
36	WERNER Przemek	187		M-OPEN	36	00:32:10.56	+00:13:13 (41.1%)	6:26	9.3 (58.9%)
37	KOZŁOWSKI Adrian	64	OSP	M-OPEN	37	00:32:38.86	+00:13:41 (41.9%)	6:31	9.2 (58.2%)
38	PAWŁOWSKI Jan	115	NIEPOKONANI	M-OPEN	38	00:32:47.72	+00:13:50 (42.2%)	6:33	9.2 (58.2%)
39	PAWŁOWICZ Dariusz	112	HUSARIA RACE TEAM	M-OPEN	39	00:33:25.01	+00:14:27 (43.3%)	6:41	9 (57.0%)
40	PYDYN Andrzej	136		M-OPEN	40	00:34:47.60	+00:15:50 (45.5%)	6:57	8.6 (54.4%)
41	DRZAZGA Zbigniew	21	SP NR 1 W SZCZECINKU	M-OPEN	41	00:35:23.32	+00:16:26 (46.4%)	7:04	8.5 (53.8%)
42	SMUKOWSKI Krzysztof	156	OSP SZCZECINEK	M-OPEN	42	00:35:23.53	+00:16:26 (46.4%)	7:04	8.5 (53.8%)
43	BUCHOWSKI Marek	10	PARKRUN	M-OPEN	43	00:37:08.99	+00:18:11 (49.0%)	7:25	8.1 (51.3%)
44	ROMANIUK Krzysztof	144		M-OPEN	44	00:37:13.56	+00:18:16 (49.1%)	7:26	8.1 (51.3%)
45	WALKOWIAK Dariusz	183		M-OPEN	45	00:37:23.25	+00:18:26 (49.3%)	7:28	8 (50.6%)

Znaleziono 45 wynik(ów)