



Organizator:
Data:
Miejsce:
Dystans:

Fundacja Bieg Rzeźnika
2016-10-23
Gliwice
10 km

10 KM ATEST PZLA GLIWICKI 2016

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-20

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	CUL Aleksandra	339	PLASTIC OMNIUM	K-20	1	00:00:30	00:49:28.75	00:49:59.50		4:56	12.1 (100%)
2	CUPIAŁ Joanna	2281		K-20	2	00:00:51	00:50:24.20	00:51:15.60	+00:00:55 (1.8%)	5:02	11.9 (98.3%)
3	KAMIŃSKA Aleksandra	2094		K-20	3	00:00:23	00:55:21.20	00:55:44.35	+00:05:52 (10.6%)	5:32	10.8 (89.3%)
4	WANDEL Ewa	2055		K-20	4	00:00:32	00:55:23.30	00:55:55.65	+00:05:54 (10.7%)	5:32	10.8 (89.3%)
5	KOZŁOWSKA Sandra	2215		K-20	5	00:01:16	00:55:27.30	00:56:44.05	+00:05:58 (10.8%)	5:32	10.8 (89.3%)
6	JAWOR Magdalena	2192		K-20	6	00:00:31	00:56:31.40	00:57:03.05	+00:07:02 (12.5%)	5:39	10.6 (87.6%)
7	LASAK Aleksandra	2277	FC KNURÓW/COMBAT 56	K-20	7	00:00:53	00:56:36.85	00:57:30.70	+00:07:08 (12.6%)	5:39	10.6 (87.6%)
8	BANASZEWSKA Aleksandra	2252	GBC RUNNERS	K-20	8	00:00:25	00:58:20.25	00:58:45.35	+00:08:51 (15.2%)	5:50	10.3 (85.1%)
9	SZWIEC Sandra	2171	ORNONTOWICE BIEGA	K-20	9	00:01:27	00:58:54.15	01:00:21.40	+00:09:25 (16.0%)	5:53	10.2 (84.3%)
10	PIPER Agnieszka	2012		K-20	10	00:01:39	00:58:55.15	01:00:35.05	+00:09:26 (16.0%)	5:53	10.2 (84.3%)
11	CZAJA Ewa	2189		K-20	11	00:00:31	00:58:59.40	00:59:30.45	+00:09:30 (16.1%)	5:53	10.2 (84.3%)
12	LIPIŃSKA Anita	2216		K-20	12	00:01:13	00:59:29.60	01:00:43.45	+00:10:00 (16.8%)	5:57	10.1 (83.5%)
13	BALCER Weronika	2153		K-20	13	00:00:54	01:00:01.60	01:00:56.50	+00:10:32 (17.6%)	6:00	10 (82.6%)
14	USTRZYCKA Kinga	2206		K-20	14	00:01:37	01:00:13.65	01:01:51.10	+00:10:44 (17.8%)	6:01	10 (82.6%)
15	JURECZKO Joanna	2151	MIECHOWICKA GRUPA BIEGOWA	K-20	15	00:00:10	01:00:55.65	01:01:05.80	+00:11:26 (18.8%)	6:05	9.8 (81.0%)
16	ZIĘTEK Anna	2032		K-20	16	00:01:34	01:00:59.80	01:02:33.95	+00:11:31 (18.9%)	6:05	9.8 (81.0%)
17	MAZURCZAK Diana	2303		K-20	17	00:01:36	01:01:34.90	01:03:11.05	+00:12:06 (19.7%)	6:09	9.7 (80.2%)
18	KASZUB-DEDYK Katarzyna	2040		K-20	18	00:01:14	01:01:52.50	01:03:07.05	+00:12:23 (20.0%)	6:11	9.7 (80.2%)
19	LUKOSZEK Weronika	2138		K-20	19	00:01:55	01:02:44.75	01:04:40.25	+00:13:16 (21.1%)	6:16	9.6 (79.3%)
20	CHWAŁ Karolina	2038	PLASTIC OMNIUM	K-20	20	00:01:34	01:03:12.25	01:04:46.95	+00:13:43 (21.7%)	6:19	9.5 (78.5%)
21	WYCIŚLIK Wioleta	2064		K-20	21	00:01:01	01:03:24.40	01:04:25.65	+00:13:55 (22.0%)	6:20	9.5 (78.5%)
22	ŚWIERC Ewelina	2146	PROGRESJA BYTOM	K-20	22	00:01:09	01:03:29.65	01:04:38.80	+00:14:00 (22.1%)	6:20	9.5 (78.5%)
23	SZEWCZYK Krystyna	2033		K-20	23	00:01:18	01:03:45.10	01:05:03.80	+00:14:16 (22.4%)	6:22	9.4 (77.7%)
24	KIEREPKA Justyna	2212		K-20	24	00:01:08	01:04:42.65	01:05:51.15	+00:15:13 (23.5%)	6:28	9.3 (76.9%)
25	TARNOWSKA Edyta	2025		K-20	25	00:01:18	01:05:31.35	01:06:50.00	+00:16:02 (24.5%)	6:33	9.2 (76.0%)
26	KOBIERSKA Anna	2015	BÓL TO SŁABOŚĆ OPUSZCZAJĄCA CIAŁO	K-20	26	00:01:19	01:10:07.85	01:11:26.90	+00:20:39 (29.4%)	7:00	8.6 (71.1%)
27	BIEŃKOWSKA Maria	2172		K-20	27	00:01:18	01:12:18.00	01:13:36.90	+00:22:49 (31.6%)	7:13	8.3 (68.6%)

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28	NIEDŹWIEDZKA Aleksandra	2072	NORRUN TEAM	K-20	28	00:01:39	01:12:41.75	01:14:20.95	+00:23:13 (31.9%)	7:16	8.3 (68.6%)
29	SZCZECHLA Ewa	2241		K-20	29	00:01:17	01:14:53.80	01:16:11.30	+00:25:25 (33.9%)	7:29	8 (66.1%)
30	OCHAB Józefina	2065		K-20	30	00:00:46	01:15:14.95	01:16:01.00	+00:25:46 (34.2%)	7:31	8 (66.1%)
31	WICHRZYCKA Katarzyna	2273		K-20	31	00:01:02	01:16:12.80	01:17:15.30	+00:26:44 (35.1%)	7:37	7.9 (65.3%)
32	KISTELLA Paulina	2309		K-20	32	00:01:50	01:20:26.85	01:22:16.95	+00:30:58 (38.5%)	8:02	7.5 (62.0%)
33	WÓJCIK Justyna	2163	HIRSCHVOGEL COMPONENTS POLAND	K-20	33	00:01:02	01:22:08.40	01:23:11.25	+00:32:39 (39.8%)	8:12	7.3 (60.3%)

Znaleziono 33 wynik(ów)