



2XBABIA GÓRA SKYRACE®

B4SPORT

Wydarzenie: ULTRAMARATON BABIA GÓRA 2021
Organizator: KOZICA Fundacja Biegów Górskich
Data: 2021-06-12
Miejsce: Babia Góra
Dystans: 20.5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Babia 1 4.5km	Markowe 13.2km	Babia 2 15.5km	Czas netto 20.5km	Czas brutto 20.5km	Różn	Tempo min/km	Tempo km/h
1	MAREK Dariusz	331	MONK SANDALS TEAM	M2	1	00:41:19	01:26:45	01:58:21	02:21:14.30	02:21:47.85		6:53	8.7
2	URBAŃCZYK Karol	332	NON STOP TRAIL	M1	1	00:41:29	01:30:31	02:03:39	02:26:48.25	02:27:22.45	+00:05:34	7:09	8.4
3	BROJ Marcel	308	BROJ TEAM ŻLINICE	M1	2	00:42:27		02:06:10	02:31:40.60	02:32:15.35	+00:10:27	7:23	8.1
4	STREIT Dawid	355	SBRT BIELSKO-BIAŁA	M2	2	00:46:02	01:36:02	02:11:37	02:36:07.25	02:36:41.65	+00:14:53	7:36	7.9
5	ŻÓŁTEK Grzegorz	506		M1	3	00:42:58	01:35:34	02:10:27	02:39:47.30	02:40:22.35	+00:18:34	7:47	7.7
6	BUCZYŃSKI Adam	362	NON STOP TRAIL	M2	3	00:45:44	01:37:22	02:12:46	02:40:19.10	02:40:53.65	+00:19:05	7:49	7.7
7	SUROWIEC Michał	320		M2	4	00:44:21	01:34:00	02:13:30	02:42:52.35	02:43:27.15	+00:21:39	7:56	7.6
8	KOPCEWICZ Tomasz	571		M2	5	00:48:28	01:41:22	02:18:25	02:43:20.80	02:43:55.20	+00:22:07	7:58	7.5
9	BYRTEK Kamil	526	WWW.EKOIDEA.SKLEP.PL	M1	4	00:44:19	01:36:30	02:15:28	02:44:39.90	02:45:14.35	+00:23:26	8:01	7.5
10	SZKOŁA Wojciech	315	NATURAL BORN RUNNERS	M2	6	00:48:29	01:41:20	02:17:36	02:45:15.70	02:45:50.75	+00:24:02	8:03	7.4
11	JUREWICZ Krzysztof	509		M2	7	00:50:02	01:42:28	02:20:30	02:47:02.20	02:47:38.35	+00:25:50	8:08	7.4
12	CHAJDAS Mateusz	467	LEROY MERLIN KATOWICE / INŻYNIERIA BIEGANIA	M1	5	00:48:44	01:41:27	02:22:04	02:49:26.60	02:50:02.55	+00:28:14	8:15	7.3
13	PYREK Przemysław	311	TRAINING BY PP	M1	6	00:49:59	01:44:15	02:22:53	02:50:01.45	02:50:35.15	+00:28:47	8:17	7.2
14	PACHUT Jerzy	480		M1	7	00:45:27	01:36:47	02:19:14	02:50:48.55	02:51:22.35	+00:29:34	8:19	7.2
15	PERYKASZA Paweł	551	GRUPALUKTRANS.PL	M2	8	00:52:07	01:47:28	02:28:25	02:55:01.15	02:55:36.60	+00:33:48	8:32	7
16	KASZUBA Bartosz	337	GERIATRIC TEAM	M2	9	00:53:49	01:51:05	02:32:18	02:56:37.75	02:57:14.75	+00:35:26	8:36	7
17	MACHALSKI Sebastian	365		M2	10	00:52:09	01:48:14	02:29:28	02:57:24.45	02:58:00.10	+00:36:12	8:39	6.9
18	KALUŽA Luboš	502	JAHUDKY	M2	11	00:52:20	01:51:50	02:36:37	03:05:00.70	03:05:37.05	+00:43:49	9:01	6.6
19	GRAMS Krzysztof	383		M2	12	00:54:42	01:52:18	02:36:33	03:05:20.05	03:05:58.45	+00:44:10	9:02	6.6
20	KIDOŃ Anna	481	ORAWARUN	K1	1	00:57:33	01:58:30	02:39:28	03:05:42.40	03:06:18.05	+00:44:30	9:03	6.6
21	KLONOWSKI Kamil	482	KLONO TEAM	M1	8	00:54:19	01:52:09	02:36:35	03:08:28.20	03:09:02.05	+00:47:14	9:11	6.5
22	BIESZCZAD Patrycja	349		K2	1	00:57:13	01:58:12	02:42:02	03:08:50.40	03:09:27.75	+00:47:39	9:12	6.5
23	ZBORUCKI Jan	544	LATAJACY CYRK	M2	13	00:58:52	02:00:10	02:41:35	03:11:05.90	03:11:42.15	+00:49:54	9:19	6.4
24	LIPNICKA Marta	469	KARKONOSZ RUNNING TEAM	K1	2	00:55:36	01:57:19	02:42:10	03:12:24.15	03:12:59.70	+00:51:11	9:23	6.4
25	DANIELAK Tomasz	357		M1	9	01:04:19	02:03:53	02:46:13	03:12:41.45	03:13:35.50	+00:51:47	9:23	6.4
26	MALECKA-LEŃ Patrycja	563	STAJNIA BALONA	K2	2	00:56:19	01:59:47	02:44:43	03:13:49.35	03:14:23.65	+00:52:35	9:27	6.3
27	RUMIAN Jakub	373	KW KRAKÓW	M1	10	00:54:42	01:56:47	02:44:37	03:14:18.85	03:14:55.60	+00:53:07	9:28	6.3
28	SZYMURA Wojciech	552		M2	14	00:56:13	01:56:37	02:44:59	03:15:49.55	03:16:26.10	+00:54:38	9:33	6.3
29	GOŁĘBIEWSKA Oliwia	570		K1	3	00:58:53	02:01:01	02:46:16	03:17:10.45	03:17:47.00	+00:55:59	9:37	6.2

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 20.5km	Czas brutto 20.5km	Różn	Tempo min/km	Tempo km/h
						Babia 1 4.5km	Markowe 13.2km	Babia 2 15.5km					
30	ZIOBROWSKI Łukasz	487	SZTUKA RUCHU	M2	15	00:54:18		02:42:18	03:17:48.40	03:18:25.10	+00:56:37	9:38	6.2
31	SZELEREWICZ-GŁADYSZ Paulina	547	NIEPOŁOMICIE BIEGAJĄ	K2	3	00:59:44	02:02:36	02:48:42	03:18:01.55	03:18:36.95	+00:56:49	9:39	6.2
32	WOJCIECHOWSKI Jarosław	387	CZASEM BIEGAM	M3	1	01:00:16	02:04:11	02:45:43	03:19:00.00	03:19:40.05	+00:57:52	9:42	6.2
33	ŻÓŁTAK Anna	529	LKB RUDNIK	K1	4	00:54:43	01:59:01	02:43:41	03:19:52.50	03:20:27.45	+00:58:39	9:44	6.2
34	JĘDRZEJAK Piotr	338		M2	16	00:56:21	02:02:55	02:46:47	03:19:45.45	03:20:29.05	+00:58:41	9:44	6.2
35	KRZYŻANOWSKI Łukasz	340	NOWA HUTA TEAM	M2	17	00:58:22	02:03:11	02:48:44	03:19:53.30	03:20:30.05	+00:58:42	9:45	6.2
36	CHUDY Tobiasz	326	R-TEAM	M1	11	00:57:28	01:59:01	02:46:45	03:21:26.95	03:22:09.95	+01:00:22	9:49	6.1
37	LISOWSKA-WOŚ Agnieszka	416	NIEPOŁOMICIE BIEGAJĄ	K2	4	01:00:37	02:06:09	02:53:39	03:23:09.15	03:23:45.30	+01:01:57	9:54	6.1
38	PUCHNIARZ Artur	343		M2	18	00:58:51	02:03:27	02:48:20	03:23:59.05	03:24:33.00	+01:02:45	9:57	6
39	DĄBROWSKI Michał	472	ULTRAPOŚLADACH/ TEAM ZABIEGANE DNI	M2	19	00:57:59	02:02:17	02:51:32	03:23:45.85	03:24:43.10	+01:02:55	9:56	6
40	GÓRAK Grzegorz	564		M2	20	00:56:12	01:58:10	02:49:23	03:24:39.90	03:25:22.05	+01:03:34	9:58	6
41	ŚWIĄDER Mirosław	466	INTEL RUNNERS/RUNPASSION.PL TEAM	M3	2	00:54:34	02:00:16	02:46:54	03:27:36.80	03:28:25.80	+01:06:37	10:07	5.9
42	ROŚ Dominik	559		M1	12	01:01:37	02:05:46	02:55:19	03:27:46.80	03:28:28.10	+01:06:40	10:08	5.9
43	PRZYBYŁOWSKI Piotr	462		M2	21	00:55:56	02:03:24	02:51:43	03:28:14.45	03:28:51.80	+01:07:03	10:09	5.9
44	FURMAŃSKI Kuba	511		M2	22	00:58:36	02:03:25	02:52:29	03:28:22.70	03:29:02.70	+01:07:14	10:09	5.9
45	ŁEBKOWSKI Tomasz	431		M2	23	00:55:32	02:05:37	02:49:02	03:28:25.45	03:29:03.55	+01:07:15	10:10	5.9
46	SZELAĞ Dariusz	413	LISY PUTYNI	M2	24	01:00:10	02:06:55	02:58:14	03:29:09.50	03:29:45.35	+01:07:57	10:12	5.9
47	TOBERA Łukasz	505		M2	25	01:01:20	02:07:18	02:55:25	03:30:02.30	03:30:43.15	+01:08:55	10:14	5.9
48	OSIURAK Łukasz	325	SYN LASU	M2	26	00:55:37	02:02:40	02:53:49	03:30:23.95	03:31:01.60	+01:09:13	10:15	5.8
49	OLIWA Edward	491	ITMBW KRAKÓW	M3	3	00:57:55	02:05:10	02:53:37	03:31:54.75	03:32:29.60	+01:10:41	10:20	5.8
50	BRZOZOWSKA Joanna	569	ZADYSZKA	K1	5	01:00:07	02:04:18	02:53:23	03:33:07.00	03:33:43.45	+01:11:55	10:23	5.8
51	HALTOF Ewa	515	JAHUDKY	K1	6	00:58:03	02:06:37	02:53:59	03:33:09.70	03:33:48.10	+01:12:00	10:23	5.8
52	ORZYŁOWSKI Maciej	464		M2	27	01:00:10	02:01:43	02:57:52	03:34:55.20	03:35:43.60	+01:13:55	10:29	5.7
53	BOHDANOWICZ Krystian	495	ATLAS RUNNING TEAM	M2	28	01:01:28	02:10:10	03:01:03	03:36:10.05	03:36:46.10	+01:14:58	10:32	5.7
54	KUBIAK Karolina	328		K2	5	01:06:38	02:16:46	03:06:50	03:36:51.10	03:37:32.95	+01:15:45	10:34	5.7
55	KOŁODZIEJ Tomasz	530		M2	29	01:00:53	02:10:17	02:59:04	03:37:04.55	03:37:45.40	+01:15:57	10:35	5.7
56	KRAJKA Jarosław	451	UMCS BIEGA	M2	30	01:00:10	02:10:08	03:01:36	03:37:19.20	03:37:56.45	+01:16:08	10:36	5.7
57	PAPAJ Jakub	358		M2	31	01:01:58	02:10:37	03:02:32	03:38:42.10	03:39:17.15	+01:17:29	10:40	5.6
58	RYBKOWSKI Hubert	351		M2	32	01:07:00	02:20:40	03:06:11	03:38:42.45	03:39:22.80	+01:17:34	10:40	5.6
59	ZIĘBA Łukasz	405	HUSARIA RACE TEAM	M1	13	00:59:52	02:08:01	02:59:24	03:39:17.50	03:40:06.60	+01:18:18	10:41	5.6
60	ZAJDEL Michał	557	SOCIOS SILESIA	M2	33	01:00:32	02:08:19	02:58:33	03:39:58.20	03:40:33.00	+01:18:45	10:43	5.6
61	DANIELAK Roman	333		M3	4	01:06:17	02:13:31	03:03:14	03:39:43.90	03:40:38.05	+01:18:50	10:43	5.6
62	PATRO Bartłomiej	418		M1	14	00:59:50	02:08:43	02:59:40	03:40:01.95	03:40:44.95	+01:18:57	10:43	5.6
63	MALINA Michał	322	HUTNIK RUN	M2	34	01:03:05	02:12:28	03:01:11	03:40:12.95	03:40:50.60	+01:19:02	10:44	5.6
64	WOJDYŁA Paweł	350		M1	15	01:00:02	02:10:42	03:00:25	03:43:27.45	03:44:08.50	+01:22:20	10:54	5.5
65	SZYSZKA Ryszard	379		M2	35	01:02:40	02:15:25	03:02:49	03:43:49.80	03:44:30.05	+01:22:42	10:55	5.5
66	KAMIŃSKI Wojtek	390		M2	36	00:59:51	02:08:06	03:05:54	03:43:43.85	03:44:32.70	+01:22:44	10:54	5.5
67	BORKOWSKI Grzegorz	471	GDYNSKI TRIATHLON	M2	37	01:02:00	02:12:28	03:07:22	03:43:59.05	03:44:48.90	+01:23:01	10:55	5.5
68	CHUDY Ariel	342	R-TEAM	M2	38	01:01:38	02:14:03	03:05:09	03:44:06.20	03:44:49.95	+01:23:02	10:55	5.5
69	MUCHA Agnieszka	378		K2	6	01:01:23	02:16:55	03:07:11	03:47:36.25	03:48:14.50	+01:26:26	11:06	5.4
70	SZAŁAŚNY Piotr	438	TESTYOUTDOOROWE.PL	M1	16	01:06:54	02:20:43	03:12:06	03:48:53.50	03:49:43.55	+01:27:55	11:09	5.4

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Babia 1	Markowe	Babia 2	Czas netto	Czas brutto	Różn	Tempo	Tempo
						4.5km	13.2km	15.5km	20.5km	20.5km		min/km	km/h
71	MAGDA Katarzyna	460		K2	7	01:10:05	02:21:59	03:14:49	03:50:27.55	03:51:05.65	+01:29:17	11:14	5.3
72	SKALSKI Rafał	444		M1	17	01:07:46	02:23:02	03:15:37	03:50:18.80	03:51:15.05	+01:29:27	11:14	5.3
73	MURAWSKI Michał	512		M2	39	01:06:09	02:17:26	03:10:49	03:51:11.90	03:52:03.45	+01:30:15	11:16	5.3
74	KNUŻYŃSKI Marcin	446		M3	5	01:00:04	02:14:15	03:05:00	03:51:59.65	03:52:40.35	+01:30:52	11:18	5.3
75	BOCZKOWSKA Justyna	459		K3	1	01:06:27	02:21:58	03:14:48	03:51:55.10	03:52:41.55	+01:30:53	11:18	5.3
76	ROSTWOROWSKI Jerzy	468	SNW KW KRAKÓW	M1	18	01:04:44	02:17:22	03:11:53	03:53:27.05	03:54:24.10	+01:32:36	11:23	5.3
77	MAZURKIEWICZ Maksymilian	450		M1	19	01:04:20	02:20:22	03:12:10	03:53:46.65	03:54:29.35	+01:32:41	11:24	5.3
78	STEGNER Anna	391	SPRTANIE DZIECIOM	K2	8	01:10:09	02:24:03	03:17:29	03:54:09.55	03:54:50.40	+01:33:02	11:25	5.3
79	WAWRZYNIAK Krystian	561	KB ODRA OPOLE	M1	20	01:05:39	02:20:28	03:12:45	03:54:26.25	03:55:13.05	+01:33:25	11:26	5.2
80	ANTOŃCZYK Krzysztof	417	TUSKARORA	M3	6	01:02:13	02:18:18	03:12:16	03:54:41.65	03:55:21.10	+01:33:33	11:26	5.2
81	SKOWRONEK Robert	354		M2	40	01:04:03	02:17:19	03:11:56	03:54:41.95	03:55:23.85	+01:33:36	11:26	5.2
82	SWAT Damian	300		M1	21	01:06:03	02:17:49	03:17:16	03:54:29.15	03:55:24.35	+01:33:36	11:26	5.2
83	TOKARZEWSKA Katarzyna	492		K2	9	01:08:14	02:24:05	03:19:02	03:54:49.75	03:55:28.60	+01:33:40	11:27	5.2
84	KRZEPKOWSKI Radosław	539	ADIDAS RUNNERS WARSAW	M2	41	01:10:23	02:23:43	03:16:37	03:55:02.80	03:55:44.10	+01:33:56	11:27	5.2
85	GŁOWACKI Krzysztof	360		M1	22	01:04:58	02:17:52	03:15:16	03:55:32.70	03:56:08.55	+01:34:20	11:29	5.2
86	ORĘDARZ Roman	445		M3	7	00:59:36	02:14:22	03:14:59	03:55:49.45	03:56:23.95	+01:34:36	11:30	5.2
87	GOLARA Mariusz	403		M1	23	00:59:42	02:11:01	03:10:46	03:56:02.50	03:56:41.55	+01:34:53	11:30	5.2
88	GARBOVA Sandy	421	JAHUDKY	K1	7	01:07:44	02:25:03	03:15:21	03:56:20.90	03:57:09.40	+01:35:21	11:31	5.2
89	RZESZOTARSKI Tomasz	344	WYBITE JEDYNKI	M2	42	01:07:02	02:22:29	03:15:10	03:56:32.05	03:57:11.35	+01:35:23	11:32	5.2
90	SKWARNECKI Damian	381	ŁODZIANKA TEAM	M2	43	01:04:43	02:28:14	03:23:45	03:57:46.40	03:58:26.55	+01:36:38	11:35	5.2
91	WIECZOREK Łukasz	310	OSP GAŚAWA	M2	44	01:02:29	02:15:20	03:14:25	03:58:51.00	03:59:34.30	+01:37:46	11:39	5.1
92	MARSZALEK Jan	497	ITMBW KRAKÓW	M1	24	01:06:08	02:20:58	03:20:26	03:59:07.40	03:59:54.45	+01:38:06	11:39	5.1
93	LESIŃSKI Marcin	442	LM CONSULTING	M2	45	01:04:57	02:20:33	03:13:44	04:00:36.40	04:01:11.95	+01:39:24	11:44	5.1
94	KORZENIOWSKA Magdalena	393	NIEPOŁOMICE BIEGAJĄ	K2	10	01:10:15	02:27:33	03:20:32	04:00:43.00	04:01:21.75	+01:39:33	11:44	5.1
95	WOJCIECHOWSKA Aleksandra	423		K1	8	01:06:19	02:22:29	03:18:23	04:00:48.15	04:01:26.40	+01:39:38	11:44	5.1
96	KOWALCZYK Rafał	521		M1	25	01:04:44	02:25:03	03:17:15	04:02:38.90	04:03:37.80	+01:41:49	11:50	5.1
97	PODCZASY Tomasz	494	AZS AWF MASTERS KRAKÓW	M2	46	01:03:19	02:18:23	03:15:27	04:03:29.30	04:04:08.70	+01:42:20	11:52	5.1
98	BARAN Mariusz	568	JURA TEAM	M2	47	01:05:23	02:21:48	03:18:55	04:04:50.45	04:05:38.65	+01:43:50	11:56	5
99	ZIEMNIAK Jarosław	392		M3	8	01:11:41	02:25:25	03:26:19	04:05:30.25	04:06:23.20	+01:44:35	11:58	5
100	KOWALSKI Krzysztof	314	HRMAXCROSSTEAM	M3	9	01:04:30	02:23:51	03:19:03	04:07:01.10	04:07:40.55	+01:45:52	12:02	5
101	SOBSTEL Przemek	463		M2	48	01:03:38	02:18:50	03:23:07	04:07:12.30	04:07:57.50	+01:46:09	12:03	5
102	SKOLIMOWSKI Marcin	527		M2	49	01:12:17	02:30:58	03:29:43	04:07:40.55	04:08:36.50	+01:46:48	12:04	5
103	MUSZAŃSKA Alicja	341	ASW JUDO JASŁO	K2	11	01:11:27	02:27:59	03:24:54	04:08:09.80	04:08:50.65	+01:47:02	12:06	5
104	KOZERA Bartłomiej	369		M2	50	01:06:34	02:22:38	03:26:51	04:08:10.60	04:08:53.45	+01:47:05	12:06	5
105	BARAN Marta	567	JURA TEAM	K2	12	01:09:01	02:27:41	03:29:36	04:08:19.90	04:09:07.20	+01:47:19	12:06	5
106	GIERUSZKA Dariusz	404		M3	10	01:07:37	02:22:31	03:29:33	04:08:38.40	04:09:15.40	+01:47:27	12:07	4.9
107	PAWIŃSKI Artur	313	ADIDAS RUNNERS WARSAW	M2	51	01:12:25	02:31:53	03:30:56	04:08:48.95	04:09:39.50	+01:47:51	12:08	4.9
108	MADETKO Arkadiusz	504		M1	26	01:06:50	02:22:17	03:22:45	04:08:59.10	04:09:52.85	+01:48:05	12:08	4.9
109	SOLOVIOV Volodymyr	475		M1	27	01:10:13	02:29:11	03:29:28	04:10:21.90	04:11:08.85	+01:49:21	12:12	4.9
110	ROMAŃSKI Grzegorz	550		M3	11	01:04:57	02:21:54	03:18:55	04:11:09.90	04:11:52.65	+01:50:04	12:15	4.9

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Babia 1	Markowe	Babia 2	Czas netto	Czas brutto	Różn	Tempo	Tempo
						4.5km	13.2km	15.5km	20.5km	20.5km		min/km	km/h
111	KRASUSKI Marcin	535		M2	52	01:04:54	02:24:02	03:21:17	04:11:49.90	04:12:34.55	+01:50:46	12:17	4.9
112	CZAJKOWSKI Tomasz	372		M2	53	01:05:33	02:26:02	03:23:21	04:12:01.40	04:12:42.85	+01:50:55	12:17	4.9
113	DEJA Dariusz	548		M2	54	01:11:30	02:29:48	03:27:53	04:12:20.35	04:13:06.20	+01:51:18	12:18	4.9
114	MAŃKOWSKA Anna	401	DRUŻYNA WILKA	K2	13	01:12:01	02:37:54	03:36:20	04:15:05.35	04:15:48.50	+01:54:00	12:26	4.8
115	MIECH Szymon	470		M2	55	01:00:29	02:16:31	03:17:18	04:16:37.35	04:17:17.05	+01:55:29	12:31	4.8
116	GĘSIAREK Grzegorz	335		M2	56	01:08:58	02:26:25	03:32:08	04:17:04.10	04:17:41.30	+01:55:53	12:32	4.8
117	PASEK Monika	406	DANIEL WOSIK TERVEL TEAM	K2	14	01:12:07	02:38:38	03:36:38	04:18:42.15	04:19:25.75	+01:57:37	12:37	4.8
118	SMYRAK Emil	456		M1	28	01:11:24	02:33:12	03:36:33	04:18:58.10	04:19:57.35	+01:58:09	12:37	4.7
119	WRONA Sylwester	560		M2	57	01:07:56	02:31:01	03:36:18	04:19:44.15	04:20:26.10	+01:58:38	12:40	4.7
120	BUCIK Michał	348		M2	58	01:11:26	02:32:12	03:29:42	04:19:36.75	04:20:29.55	+01:58:41	12:39	4.7
121	SIESS Małgorzata	317	UKS AZYMUT PABIANICE	K1	9	01:10:23	02:32:43	03:34:44	04:20:13.65	04:21:04.60	+01:59:16	12:41	4.7
122	POŁĘĆ Eliza	437	KRISS COACHING	K2	15	01:12:03	02:38:00	03:37:13	04:22:08.15	04:22:51.60	+02:01:03	12:47	4.7
122	NARUSZEWICZ Olga	528		K2	15	01:12:03	02:37:55	03:37:10	04:22:07.40	04:22:51.60	+02:01:03	12:47	4.7
124	HENSZKE Waldemar	520		M2	59	03:36:17			04:22:23.25	04:23:08.40	+02:01:20	12:47	4.7
125	KAMIŃSKA Sylwia	554		K1	10	01:12:10		03:39:13	04:22:50.95	04:23:22.95	+02:01:35	12:49	4.7
126	NOWAK Sławomir	324	RUNNING TEAM MILICZ	M2	60	01:10:20	02:35:52	03:37:30	04:23:06.30	04:24:04.35	+02:02:16	12:50	4.7
127	RYCHLIK Sebastian	536	LISY PUSTYNI	M2	61	01:14:43	02:44:32	03:41:40	04:24:46.45	04:25:23.10	+02:03:35	12:54	4.6
128	GOLLY Arkadiusz	522		M1	29	01:12:14	02:36:35	03:39:51	04:24:40.20	04:25:29.70	+02:03:41	12:54	4.6
129	HRYCAJ Marcin	562	KB ODRA OPOLE	M2	62	01:02:11	02:22:27	03:18:14	04:25:46.30	04:26:23.35	+02:04:35	12:57	4.6
130	BOROWSKI Marcin	434		M1	30	01:11:13	02:34:54	03:37:18	04:26:12.60	04:27:09.95	+02:05:22	12:59	4.6
131	KATOLIK Jolanta	367		K2	17	01:14:02	02:41:40	03:44:45	04:28:33.35	04:29:25.70	+02:07:37	13:06	4.6
132	WOJTOWICZ Emil	546		M2	63	01:16:14	02:40:40	03:41:24	04:28:37.60	04:29:26.15	+02:07:38	13:06	4.6
133	RYPUŁA Maria	399	ZEN RUNNING TEAM	K2	18	01:10:52	02:43:38	03:47:44	04:30:03.15	04:30:59.10	+02:09:11	13:10	4.6
134	RYPUŁA Jacek	398	ZEN RUNNING TEAM	M2	64	01:10:51	02:43:38	03:47:55	04:30:04.80	04:30:59.60	+02:09:11	13:10	4.6
135	GŁOWACKI Radosław	301		M1	31	01:11:22	02:36:07		04:30:34.15	04:31:26.50	+02:09:38	13:11	4.5
136	BŁĄŻEJOWSKI Krzysztof	303		M3	12	01:13:22	02:44:49	03:44:44	04:34:33.45	04:35:23.15	+02:13:35	13:23	4.5
137	NOWAKOWSKI Wiesław	422	BIEGAM BO LUBIĘ	M3	13	01:10:28	02:38:12	03:46:33	04:36:39.05	04:37:17.60	+02:15:29	13:29	4.4
138	HADAM Przemysław	368		M2	65	01:19:00	02:44:14	03:53:55	04:39:15.75	04:40:08.05	+02:18:20	13:37	4.4
139	KOCIUBA Katarzyna	426		K2	19	01:17:55	02:50:09	03:54:16	04:39:35.05	04:40:26.70	+02:18:38	13:38	4.4
140	KULIGA Ewa	517	EASYRUN RACIBÓRZ	K2	20	01:13:29	02:44:02	03:47:00	04:39:52.60	04:40:43.60	+02:18:55	13:39	4.4
141	SIESS Jarosław	513		M3	14	01:11:22	02:35:56	03:40:01	04:41:28.70	04:42:19.85	+02:20:32	13:43	4.4
142	KULIGA Michał	518	EASYRUN RACIBÓRZ	M2	66	01:13:22	02:43:54	03:46:48	04:41:47.40	04:42:39.25	+02:20:51	13:44	4.4
143	BESZTOCHA Jadwiga	400	ZEN RUNNING TEAM	K2	21	01:14:45	02:46:10	03:53:46	04:43:20.15	04:44:15.70	+02:22:27	13:49	4.3
144	PONIATOWSKI Krzysztof	424		M2	67	01:21:53	02:50:12	03:59:29	04:46:02.55	04:46:54.70	+02:25:06	13:57	4.3
145	FRYDRYCHOWICZ Michał	545		M2	68	01:14:40	02:51:37	04:00:23	04:47:42.80	04:48:41.10	+02:26:53	14:02	4.3
146	ZIĘBA Dawid	363	IDEOAKTYWNI	M1	32	01:18:36	02:51:33	03:57:45	04:50:23.10	04:51:13.20	+02:29:25	14:09	4.2
147	BAKA Marcin	558	GTS	M3	15	01:17:02	02:48:42	04:04:25	04:51:30.45	04:52:23.85	+02:30:36	14:13	4.2
148	WIŚNIEWSKI Włodzimierz	425	SPC	M3	16	01:07:26	02:38:22	04:02:55	04:51:54.40	04:52:49.45	+02:31:01	14:14	4.2
149	KĄKOL Jarosław	427	SUSKA GRUPA BIEGOWA	M1	33	01:21:02	02:52:28	04:07:53	04:52:12.10	04:52:52.45	+02:31:04	14:15	4.2
150	ŁATKA Szymon	454		M1	34	01:18:47	02:53:16	04:01:04	04:55:26.05	04:55:58.05	+02:34:10	14:24	4.2
151	MAŃKA Justyna	346		K2	22	01:21:53	03:04:00	04:11:31	04:55:52.30	04:56:38.35	+02:34:50	14:25	4.2
152	ŁATKA Dorota	453		K2	23	01:25:41	03:01:40	04:07:29	04:56:53.90	04:57:39.65	+02:35:51	14:28	4.1

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Babia 1	Markowe	Babia 2	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						4.5km	13.2km	15.5km	20.5km	20.5km			
153	GRABOWSKI Stanisław	452	EKSKADRA	M3	17	01:11:04	02:53:05	04:03:50	04:57:05.50	04:57:44.85	+02:35:57	14:29	4.1
154	STĘPIEŃ Daria	329		K2	24	01:21:54	03:03:53	04:14:22	04:59:50.65	05:00:36.40	+02:38:48	14:37	4.1
155	HEJNAR Jerzy	553		M3	18	01:17:45	02:46:39	04:04:50	05:01:14.85	05:02:02.30	+02:40:14	14:41	4.1
156	DĄBROWSKI Michał	516	CINCLUS	M3	19	01:15:10	02:54:20	04:09:45	05:03:19.70	05:04:03.35	+02:42:15	14:47	4.1
157	WILK Magdalena	429	ULTRAPOŚLADACH/TEAM ZABIEGANEDNI	K2	25	01:15:24	02:56:11	04:13:43	05:03:24.00	05:04:03.95	+02:42:16	14:48	4.1
158	ZIELIŃSKI Bartłomiej	555	ZIELIŃSKI BARTŁOMIEJ	M2	69	01:12:26	02:48:55	04:06:54	05:04:56.60	05:05:32.45	+02:43:44	14:52	4
159	BOCIĄGA Andrzej	305		M1	35	01:23:48	03:01:09	04:10:00	05:04:54.05	05:05:36.80	+02:43:48	14:52	4
160	KOZŁOWSKA Anna	514		K2	26	01:23:25	03:01:03	04:13:48	05:05:04.25	05:05:59.45	+02:44:11	14:52	4
161	MASZTALSKA Joanna	483		K1	11	01:25:36	03:01:00	04:13:23	05:06:27.15	05:07:06.25	+02:45:18	14:56	4
162	JANISZEWSKI Jakub	543	SPC	M3	20	01:31:13	03:00:43	04:18:42	05:06:17.15	05:07:11.05	+02:45:23	14:56	4
163	WŁODARCZYK Teresa	549	SPC	K3	2	01:31:12	03:00:45	04:18:41	05:06:18.05	05:07:11.15	+02:45:23	14:56	4
164	KUMOR Weronika	523	EVERRUN	K2	27	01:20:46	03:01:13	04:19:38	05:06:41.35	05:07:27.70	+02:45:39	14:57	4
165	PYZIK Krzysztof	519		M2	70	01:19:54	02:54:21	04:16:02	05:07:29.95	05:08:18.60	+02:46:30	14:59	4
166	DREWNIAK Marta	503		K2	28	01:21:45	03:01:02	04:13:26	05:07:58.90	05:08:37.05	+02:46:49	15:01	4
167	CUPAK Łukasz	410		M2	71	01:19:22	02:57:07	04:11:43	05:08:09.35	05:08:48.70	+02:47:00	15:01	4
168	SYKUŁA Rafał	498	TRUCK BULLS	M2	72	01:21:31	03:07:03	04:22:14	05:08:17.35	05:09:00.20	+02:47:12	15:02	4
169	MARCINIAK Agata	382	ŁODZIANKA TEAM	K2	29	01:27:20	03:07:30	04:20:05	05:11:56.00	05:12:51.75	+02:51:03	15:12	3.9
170	WIDŁAK Krzysztof	572		M1	36	01:22:33	03:12:51	04:27:03	05:14:48.65	05:15:30.50	+02:53:42	15:21	3.9
171	KUNDA Edyta	402	DRUŻYNA WILKA	K2	30	01:25:34	02:59:45	04:33:10	05:17:03.80	05:17:48.50	+02:56:00	15:27	3.9
172	LUX Tomasz	420		M1	37	01:22:24	03:00:02	04:24:58	05:18:01.95	05:18:57.85	+02:57:10	15:30	3.9
173	WRÓBEL-GŁOWACKA Honorata	419	ACTIVE JURA	K2	31	01:22:00	03:09:37	04:29:33	05:20:35.25	05:21:19.25	+02:59:31	15:38	3.8
174	WILK Wiola	457	ACTIVE JURA	K2	32	01:21:47	03:09:35	04:29:14	05:20:35.25	05:21:19.55	+02:59:31	15:38	3.8
175	RYPUŁA Grażyna	433	ZENRUNNINGTEAM	K3	3	01:29:17	03:10:45	04:28:18	05:20:49.80	05:21:43.70	+02:59:55	15:38	3.8
176	HOLONA Bożena	327		K3	4	01:36:33	03:13:08	04:35:09	05:24:40.05	05:25:23.95	+03:03:36	15:50	3.8
176	ZAGÓRSKA Beata	439		K2	33	01:36:27	03:13:06	04:32:37	05:24:39.70	05:25:23.95	+03:03:36	15:50	3.8
178	SYPNIEWSKI Rafał	525	EVERRUN	M2	73	01:20:47	03:01:37	04:20:26	05:27:02.75	05:27:50.05	+03:06:02	15:57	3.8
179	WIEKIERA Adam	565		M2	74	01:15:21	02:49:16	04:24:27	05:29:47.45	05:30:32.65	+03:08:44	16:05	3.7
180	SURZYN Aleksandra	319	MOCNI POMOCNI / CZWARTUNIO TEAM	K1	12	01:25:39	03:13:08	04:36:57	05:32:08.00	05:33:04.65	+03:11:16	16:12	3.7
181	CHROMIK Krzysztof	411		M2	75	01:18:49	03:00:49	04:23:00	05:33:54.70	05:34:33.55	+03:12:45	16:17	3.7
182	TRELA Roman	499	TRUCKS BULLS	M2	76	01:21:33	03:07:10	04:30:07	05:36:00.10	05:36:42.30	+03:14:54	16:23	3.7
183	TARASIUK Bartosz	334		M1	38	01:15:50	02:43:51	04:35:55	05:37:16.00	05:38:07.05	+03:16:19	16:27	3.6
184	ŁUGOWSKI Sebastian	486		M2	77	01:25:57	03:10:51	04:32:25	05:38:15.80	05:39:09.05	+03:17:21	16:30	3.6
185	WÓJCIK Magdalena	397		K1	13	01:22:17	03:07:33	04:35:38	05:42:28.95	05:43:24.35	+03:21:36	16:42	3.6
186	KOS Wojciech	443		M3	21	01:32:46	03:24:31	04:51:47	05:43:27.35	05:44:16.45	+03:22:28	16:45	3.6
187	RYPUŁA Zenon	408	ZEN RUNNING TEAM	M3	22	01:27:23	03:12:34	04:41:52	05:45:45.95	05:46:43.40	+03:24:55	16:51	3.6
188	WĄSOWICZ Edyta	428		K2	34	01:36:33	03:23:04	04:51:38	05:46:49.60	05:47:41.90	+03:25:54	16:55	3.5
189	TARASIUK Łukasz	316		M2	78	01:16:00	02:43:54	04:35:57	05:46:55.35	05:47:45.45	+03:25:57	16:55	3.5
190	STOŁOWSKA Natalia	323		K2	35	01:32:06	03:28:12	04:45:05	05:47:32.90	05:48:30.90	+03:26:43	16:57	3.5
191	DOROŻAŁA Natalia	384		K1	14	01:26:21	03:22:02	05:00:39	05:53:49.90	05:54:45.50	+03:32:57	17:15	3.5
192	DOROŻAŁA Lechosław	385		M2	79	01:26:29	03:22:53	05:00:41	05:53:49.75	05:54:45.80	+03:32:57	17:15	3.5
193	WLACH Anna	489	NRG	K2	36	02:01:04	03:42:24	04:56:57	05:37:44.95	05:55:19.40	+03:33:31	16:28	3.6
194	SIWINSKA Gosia	356	MELATEAM	K2	37	01:27:06	03:02:51	04:39:42	05:58:28.20	05:59:19.15	+03:37:31	17:29	3.4
195	MICHALSKA Ewa	370		K2	38	01:27:08	03:03:44	04:39:45	05:58:35.95	05:59:27.70	+03:37:39	17:29	3.4

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Babia 1 4.5km	Markowe 13.2km	Babia 2 15.5km	Czas netto 20.5km	Czas brutto 20.5km	Różn	Tempo min/km	Tempo km/h
196	ZEMŁA Krzysztof	304		M3	23	01:28:03	03:21:08	05:05:21	06:02:00.05	06:02:48.25	+03:41:00	17:39	3.4
	ŁATKA Maciek	458		M1		01:21:02 DNF	02:44:55 DNF	03:43:49 DNF	DNF	DNF		-	-
	HRYNISZYN Agnieszka	493		K1		02:00:44 DNF	DNF	04:57:09 DNF	DNF	DNF		-	-
	ORLICZ Bożena	388		K3		01:57:47 DNF	04:15:20 DNF	DNF	DNF	DNF		-	-
	KUNZ Marcin	376	LACHO TEAM	M1		00:49:06 DNF	DNF	DNF	DNF	DNF		-	-
	MARKOV Ilya	435	NIEPOŁOMICE BIEGAJĄ	K2		00:51:07 DNF	DNF	DNF	DNF	DNF		-	-
	ŁATKA Mateusz	455		M1		01:20:40 DNF	DNF	DNF	DNF	DNF		-	-
	WIDUCH Jarek	507		M1		DNF	DNF	DNF	DNF	DNF		-	-

Znaleziono 203 wynik(ów)