

41.PKO PÓŁMARATON SZCZECIN "NA RAZ" - EDYCJA WIRTUALNA

B4SPORT

Wydarzenie: WIRTUALNY 41. PKO PÓŁMARATON SZCZECIN
Organizator: Stowarzyszenie K2 Partners
Data: 2020-08-01
Miejsce: Polska
Dystans: 21.1 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1	ŁUC Andrzej	1000	POLSKA RUNNING TEAM	M 40	1	00:00:00	21,1 KM	+00:00:00	3:39	16.4 (100%)
2	VOLKOV Viktor	1735	O CO BIEGA	M 30	1	00:00:00	21,1 KM	+00:01:47	3:44	16 (97.6%)
3	TOKAREK Przemysław	1876	BIEGAMBOLUBIĘ GUBIN	M 30	2	00:00:00	21,1 KM	+00:02:47	3:47	15.8 (96.3%)
4	KUCKI Kamil	1247	ASFALTLOVE DZIKI	M 30	3	00:00:00	21,1 KM	+00:04:08	3:51	15.5 (94.5%)
5	NIEPOKÓJ Patryk	384	PATRYK NIEPOKÓJ	M 40	2	00:00:00	21,1 KM	+00:05:40	3:56	15.3 (93.3%)
6	LEŚNIAK Mateusz	1855		M 20	1	00:00:00	21,1 KM	+00:05:42	3:56	15.2 (92.7%)
7	STUBIEDA Robert	115	KARLINOBIEGAJ	M 30	4	00:00:00	21,1 KM	+00:08:12	4:03	14.8 (90.2%)
8	KOMOROWSKI Tomasz	858		M 30	5	00:00:00	21,1 KM	+00:08:40	4:04	14.7 (89.6%)
9	PALT Tomasz	398		M 40	3	00:00:00	21,1 KM	+00:08:42	4:04	14.7 (89.6%)
10	POŁCZYŃSKI Mateusz	849		M 20	2	00:00:00	21,1 KM	+00:09:07	4:05	14.6 (89.0%)
11	STACHOWIAK Łukasz	818		M 30	6	00:00:00	21,1 KM	+00:09:51	4:09	14.4 (87.8%)
12	SZEWCZYK Łukasz	1405	REHAU CROSSACTIVE	M 30	7	00:00:00	21,1 KM	+00:09:54	4:08	14.5 (88.4%)
13	VOJAK Tamas	979		M 30	8	00:00:00	21,1 KM	+00:10:20	4:09	14.4 (87.8%)
14	ŁOJKO Michał Esteban	1035	MISIA:* - KOCHAM CIE CORECZKO (R DKA)	M 30	9	00:00:00	21,1 KM	+00:10:21	4:09	14.4 (87.8%)
15	SKRZYPKOWIAK Marcin	780	(ZLDR)	M 40	4	00:00:00	21,1 KM	+00:10:27	4:09	14.4 (87.8%)
16	KOŚMIDER Mateusz	721		M 20	3	00:00:00	21,1 KM	+00:11:22	4:12	14.3 (87.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
17	KUSZCZYK Edwin	16	KEAM KOPEĆ	M 40	5	00:00:00	21,1 KM	+00:11:51	4:13	14.2 (86.6%)
18	WOLANT Sylwester	967	SPEEDTEAM BRZESZCZE	M 40	6	00:00:00	21,1 KM	+00:11:56	4:13	14.2 (86.6%)
19	DYCZYŃSKI Leszek	452	KU PAMIĘCI POLEGŁYCH ŻOŁNIERZY 12 BZ	M 30	10	00:00:00	21,1 KM	+00:13:37	4:18	13.9 (84.8%)
20	KOBYŁECKI Mateusz	427	DOKĄD NOCĄ TUPTA JEŻ?	M 20	4	00:00:00	21,1 KM	+00:14:08	4:20	13.8 (84.1%)
21	KIDA Rafał	433	SOKOŁÓW TEAM	M 30	11	00:00:00	21,1 KM	+00:14:09	4:20	13.8 (84.1%)
22	CZABAJ Jacek	775	KWIDZYN BIEGA	M 50	1	00:00:00	21,1 KM	+00:14:13	4:20	13.8 (84.1%)
23	WÓJTOWICZ Przemysław	430	OSP WZGÓRZE	M 30	12	00:00:00	21,1 KM	+00:14:15	4:21	13.8 (84.1%)
24	SZYMCZAK Jacek	368	KB GMINA CZARNKÓW	M 40	7	00:00:00	21,1 KM	+00:14:16	4:20	13.8 (84.1%)
25	SROKA Adam	378	KB GMINA CZARNKÓW	M 30	13	00:00:00	21,1 KM	+00:14:17	4:20	13.8 (84.1%)
26	MARKOWSKI Dariusz	1206	BBL GUBIN	M 20	5	00:00:00	21,1 KM	+00:14:17	4:20	13.8 (84.1%)
27	TUMIEL Daniel	1671	CALCATERRA SPORT	M 40	8	00:00:00	21,1 KM	+00:14:33	4:21	13.8 (84.1%)
28	FURMAŃSKI Marcin	41	ZIELONAESENCJA.PL	M 30	14	00:00:00	21,1 KM	+00:14:36	4:21	13.8 (84.1%)
29	GÓRNIAK Przemek	1586	12 BZ „KU CZCI PAMIĘCI”	M 20	6	00:00:00	21,1 KM	+00:15:10	4:23	13.7 (83.5%)
30	BŁASZCZYK Robert	1817	BIEGAM SOBIE	M 40	9	00:00:00	21,1 KM	+00:15:28	4:23	13.6 (82.9%)
31	PIĘTKA Maciej	1808		M 30	15	00:00:00	21,1 KM	+00:15:34	4:24	13.6 (82.9%)
32	KONIOR Artur	194		M 40	10	00:00:00	21,1 KM	+00:15:37	4:24	13.6 (82.9%)
33	KRENN Peter	523	DIE KOCHANILES	M 30	16	00:00:00	21,1 KM	+00:15:39	4:24	13.6 (82.9%)
34	BZURA Jacek	734		M 40	11	00:00:00	21,1 KM	+00:15:48	4:24	13.6 (82.9%)
35	GAJEK Ireneusz	1245	ASFALTLOVE DZIKI	M 40	12	00:00:00	21,1 KM	+00:16:00	4:25	13.5 (82.3%)
36	MANDZIEJ Marek	1414	DTR BIEGA / MARIO TEAM	M 30	17	00:00:00	21,1 KM	+00:16:06	4:25	13.5 (82.3%)
37	CHRAPCZYŃSKI Krystian	1248	GRUPA BIEGOWA TRISTONE WAŁBRZYCH	M 40	13	00:00:00	21,1 KM	+00:16:11	4:28	13.4 (81.7%)
38	KOWALSKI Tomasz	735	12BZ "KU CZCI PAMIĘCI"	M 30	18	00:00:00	21,1 KM	+00:16:12	4:26	13.5 (82.3%)
39	ZYCHLA Grzegorz	1813	SU 07	M 30	19	00:00:00	21,1 KM	+00:16:15	4:28	13.4 (81.7%)
40	MAJEWSKI Krystian	1340	RUNEDA	M 30	20	00:00:00	21,1 KM	+00:16:40	4:27	13.5 (82.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
41	ZALEWSKI Maciej	926		M 40	14	00:00:00	21,1 KM	+00:16:52	4:27	13.4 (81.7%)
42	PAPIERAK Wojciech	1620		M 50	2	00:00:00	21,1 KM	+00:17:07	4:28	13.4 (81.7%)
43	KRÓLEWIAK Rafał	1870		M 20	7	00:00:00	21,1 KM	+00:17:30	4:29	13.3 (81.1%)
44	STRÓŻYŃSKI Daniel	795	WOŁÓW BIEGA	M 40	15	00:00:00	21,1 KM	+00:17:31	4:31	13.2 (80.5%)
45	BULSA Dariusz	916		M 40	16	00:00:00	21,1 KM	+00:18:06	4:31	13.3 (81.1%)
46	JASTAK Paweł	669		M 30	21	00:00:00	21,1 KM	+00:18:47	4:33	13.2 (80.5%)
47	KALINOWSKI Daniel	1518		M 40	17	00:00:00	21,1 KM	+00:18:54	4:33	13.2 (80.5%)
48	PROBIERZ Paweł	930	1LIGATRITEAM	M 40	18	00:00:00	21,1 KM	+00:18:56	4:33	13.2 (80.5%)
49	RUSIN Adrian	603		M 20	8	00:00:00	21,1 KM	+00:19:04	4:34	13.1 (79.9%)
50	KUBIAK Piotr	1397	MARYSIAKTEAM	M 40	19	00:00:00	21,1 KM	+00:19:13	4:34	13.1 (79.9%)
51	HEYKA Jarosław	464		M 40	20	00:00:00	21,1 KM	+00:19:22	4:34	13.1 (79.9%)
52	MICHLEWICZ Krzysiek	1297		M 30	22	00:00:00	21,1 KM	+00:19:28	4:35	13.1 (79.9%)
53	SULOWSKI Marcin	833		M 40	21	00:00:00	21,1 KM	+00:19:38	4:35	13.1 (79.9%)
54	WILK Dariusz	699	MIEJSCE KŁODNICKIE	M 40	22	00:00:00	21,1 KM	+00:19:38	4:35	13.1 (79.9%)
55	POLLAK Dusan	257	HQ MNC NE	M 40	23	00:00:00	21,1 KM	+00:19:38	4:36	13 (79.3%)
56	ANDRZEJCZAK Roman	871		M 50	3	00:00:00	21,1 KM	+00:19:45	4:36	13 (79.3%)
57	ZWIRUK Karol	293		M 40	24	00:00:00	21,1 KM	+00:20:16	4:37	13 (79.3%)
58	OLEJNIK Rafał	337	WATAHA TEAM	M 40	25	00:00:00	21,1 KM	+00:20:30	4:38	12.9 (78.7%)
59	SZCZEPAŃSKI Adam	1220	KB PIONIER SZCZECIN	M 30	23	00:00:00	21,1 KM	+00:20:48	4:39	12.9 (78.7%)
60	DUCHIŃSKI Wojciech	1372	OSIELSKO	M 50	4	00:00:00	21,1 KM	+00:21:03	4:39	12.9 (78.7%)
61	SMOLIŃSKI Marek	1053		M 30	24	00:00:00	21,1 KM	+00:21:09	4:42	12.7 (77.4%)
62	ŻYTOWIECKI Dawid	1342		M 30	25	00:00:00	21,1 KM	+00:21:39	4:41	12.8 (78.0%)
63	UTECHT Sławomir	574		M 30	26	00:00:00	21,1 KM	+00:21:43	4:41	12.8 (78.0%)
64	RÓZGA Grzegorz	829	TEAM TERMINATORUN	M 20	9	00:00:00	21,1 KM	+00:21:48	4:41	12.8 (78.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
65	STADNIK Maciej	653		M 20	10	00:00:00	21,1 KM	+00:21:53	4:42	12.8 (78.0%)
66	JANUSZ Żywicki	1349	KB PIONIER SZCZECIN	M 50	5	00:00:00	21,1 KM	+00:21:53	4:42	12.8 (78.0%)
67	PASIERSKI Mateusz	423	ZAKWAS KOLKA SKURCZ TEAM	M 30	27	00:00:00	21,1 KM	+00:21:53	4:42	12.8 (78.0%)
68	URBAŃSKI Paweł	1506	KERK PALM IS TEAM	M 50	6	00:00:00	21,1 KM	+00:21:57	4:42	12.7 (77.4%)
69	KONIOR Michał	1466		M 30	28	00:00:00	21,1 KM	+00:21:58	4:42	12.7 (77.4%)
70	LASKOWSKI Marcin	1457	MAD RUNNERS	M 30	29	00:00:00	21,1 KM	+00:21:59	4:42	12.7 (77.4%)
71	NADROWSKI Kamil	60		M 30	30	00:00:00	21,1 KM	+00:22:05	4:42	12.7 (77.4%)
72	NIEWĘGŁOWSKI Arkadiusz	1166		M 20	11	00:00:00	21,1 KM	+00:22:08	4:42	12.7 (77.4%)
73	NIEWIADOMSKI Paweł	43		M 30	31	00:00:00	21,1 KM	+00:22:11	4:42	12.7 (77.4%)
74	MAŚLANY Mariusz	1513	ELEKTROMETAL ENERGETYKA	M 40	26	00:00:00	21,1 KM	+00:22:16	4:43	12.7 (77.4%)
75	STOLORZ Wojciech	590	IMIELIN BIEGA	M 30	32	00:00:00	21,1 KM	+00:22:17	4:43	12.7 (77.4%)
76	SITEK Dariusz	1299	PUSZCZYKOWO/KGB MOSINA	M 40	27	00:00:00	21,1 KM	+00:22:23	4:44	12.6 (76.8%)
77	KOPEĆ Mirosław	313	WATAHA	M 40	28	00:00:00	21,1 KM	+00:22:27	4:43	12.7 (77.4%)
78	STYPUŁA Krystian	1240		M 40	29	00:00:00	21,1 KM	+00:22:35	4:44	12.7 (77.4%)
79	KOPCZYŃSKI Marcin	1058	SYCOWICE BIEGIEM	M 30	33	00:00:00	21,1 KM	+00:22:41	4:44	12.7 (77.4%)
80	BUDA Krzysztof	1088		M 50	7	00:00:00	21,1 KM	+00:22:42	4:44	12.7 (77.4%)
81	KOZAK Krzysztof	267		M 50	8	00:00:00	21,1 KM	+00:22:54	4:45	12.6 (76.8%)
82	MANTUR Paweł	173		M 30	34	00:00:00	21,1 KM	+00:22:58	4:46	12.6 (76.8%)
83	SANTAREK Wojciech	1698		M 40	30	00:00:00	21,1 KM	+00:23:04	4:45	12.6 (76.8%)
84	SKRZYPCZAK Jakub	1113		M 20	12	00:00:00	21,1 KM	+00:23:04	4:45	12.6 (76.8%)
85	CZEPIELEWSKI Sławomir	163	WAŁEKTEAMSZCZECIN	M 40	31	00:00:00	21,1 KM	+00:23:07	4:45	12.6 (76.8%)
86	DRYGAS Rafał	474		M 30	35	00:00:00	21,1 KM	+00:23:17	4:46	12.6 (76.8%)
87	WAIS Mariusz	1520		M 30	36	00:00:00	21,1 KM	+00:23:20	4:46	12.5 (76.2%)
88	KRASICKI Michał	1252	RUNNIN_GYM	M 40	32	00:00:00	21,1 KM	+00:23:23	4:46	12.6 (76.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
89	LARSEN Jack	1479		M 30	37	00:00:00	21,1 KM	+00:23:24	4:46	12.6 (76.8%)
90	BAŁACHOWSKI Tomasz	443	UKS-T VICTORIA CHOJNA	M 50	9	00:00:00	21,1 KM	+00:23:31	4:46	12.6 (76.8%)
91	ROMSKI ORZECH Romek	1859	FUNDACJA GENERACJA - DAWCY ŻYCIA	M 40	33	00:00:00	21,1 KM	+00:23:34	4:46	12.5 (76.2%)
92	FILIPIAK Adam	631	ŁÓDŹ KOCHA SPORT	M 30	38	00:00:00	21,1 KM	+00:23:37	4:47	12.5 (76.2%)
93	PIOTROWSKI Bogdan	600		M 30	39	00:00:00	21,1 KM	+00:23:40	4:47	12.5 (76.2%)
94	KANDYBOWICZ Kamil	1109		M 20	13	00:00:00	21,1 KM	+00:23:40	4:47	12.5 (76.2%)
95	WIERBIŁOWICZ Dariusz	949		M 40	34	00:00:00	21,1 KM	+00:23:41	4:49	12.5 (76.2%)
96	SEIFERT Mariusz	346	ROZBIEGANE MYSŁOWICE	M 30	40	00:00:00	21,1 KM	+00:23:53	4:47	12.5 (76.2%)
97	NIEDOBA Oliwier	278		M 20	14	00:00:00	21,1 KM	+00:23:53	4:47	12.5 (76.2%)
98	GRZESIK Paweł	828	1993	M 20	15	00:00:00	21,1 KM	+00:24:00	4:48	12.5 (76.2%)
99	HAWRON Agnieszka	10		K 40	1	00:00:00	21,1 KM	+00:24:02	4:48	12.5 (76.2%)
100	WOJCIECHOWSKI Dariusz	1429	KRAKOWIAK ULTRA TEAM / I-SPORT	M 40	35	00:00:00	21,1 KM	+00:24:04	4:48	12.5 (76.2%)
101	STWORA Robert	1382	ZUW DEL KOSZALIN	M 30	41	00:00:00	21,1 KM	+00:24:06	4:48	12.5 (76.2%)
102	CHWARŚCIANEK Bolesław	1529	KB GMINA CZARNKOW	M 60	1	00:00:00	21,1 KM	+00:24:07	4:48	12.5 (76.2%)
103	DROBYSZEWSKI Krzysztof	1090		M 30	42	00:00:00	21,1 KM	+00:24:08	4:48	12.5 (76.2%)
104	MARCZAK Krzysztof	1632	STARE BABICE BIEGAJĄ	M 20	16	00:00:00	21,1 KM	+00:24:09	4:48	12.5 (76.2%)
105	BIELAK Tomasz	480		M 30	43	00:00:00	21,1 KM	+00:24:11	4:48	12.5 (76.2%)
106	SURDACKA Ewa	164	KRAŚNIK BIEGA	K 50	1	00:00:00	21,1 KM	+00:24:16	4:50	12.4 (75.6%)
107	WANATOWSKI Dariusz	1692	ZRYW RADZIEJÓW	M 40	36	00:00:00	21,1 KM	+00:24:17	4:48	12.5 (76.2%)
108	URBASIK Mariusz	305	AKTYWNI RYDUŁTOWY	M 50	10	00:00:00	21,1 KM	+00:24:23	4:49	12.4 (75.6%)
109	PIETRAS Piotr	773		M 40	37	00:00:00	21,1 KM	+00:24:25	4:49	12.4 (75.6%)
110	MARCINKOWSKI Jacek	75	SSK ORZEŁ ŚWIESZYNO	M 40	38	00:00:00	21,1 KM	+00:24:25	4:49	12.4 (75.6%)
111	PAWLAK Marek	1687		M 30	44	00:00:00	21,1 KM	+00:24:26	4:49	12.4 (75.6%)
112	PODBIELSKI Mariusz	542		M 40	39	00:00:00	21,1 KM	+00:24:26	4:49	12.4 (75.6%)

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113	WEBER Paweł	1410	REHAU CROSSACTIVE	M 40	40	00:00:00	21,1 KM	+00:24:34	4:49	12.4 (75.6%)
114	GORZKIEWICZ Patrycja	535		K 40	2	00:00:00	21,1 KM	+00:24:37	4:49	12.4 (75.6%)
115	SKUMIAŁ Oskar	1619	USB USTKA	M 30	45	00:00:00	21,1 KM	+00:24:46	4:50	12.4 (75.6%)
116	TYSZUK Artur	907	POLSKA RUNNING TEAM	M 30	46	00:00:00	21,1 KM	+00:24:47	4:51	12.3 (75.0%)
117	DORNIAK Karol	1868		M 30	47	00:00:00	21,1 KM	+00:24:48	4:52	12.3 (75.0%)
118	CZAJKA Bartosz	1172		M 40	41	00:00:00	21,1 KM	+00:24:49	4:50	12.4 (75.6%)
119	KUCHTA Piotr	1198	KB PIONIER SZCZECIN	M 30	48	00:00:00	21,1 KM	+00:24:51	4:50	12.4 (75.6%)
120	PRZYTARSKI Łukasz	1798		M 40	42	00:00:00	21,1 KM	+00:24:56	4:50	12.4 (75.6%)
121	BARTELA Łukasz	1598	TEAMOCHAL	M 30	49	00:00:00	21,1 KM	+00:25:04	4:51	12.4 (75.6%)
122	MŁYNARCZYK Tatiana	1882		K 30	1	00:00:00	21,1 KM	+00:25:06	4:51	12.4 (75.6%)
123	BURZYŃSKI Przemysław	694		M 40	43	00:00:00	21,1 KM	+00:25:11	4:51	12.3 (75.0%)
124	MACHERA Rafał	404		M 20	17	00:00:00	21,1 KM	+00:25:20	4:51	12.3 (75.0%)
125	PTAK Marcin	1347		M 40	44	00:00:00	21,1 KM	+00:25:20	4:51	12.3 (75.0%)
126	GRACZYK Tomasz	223		M 30	50	00:00:00	21,1 KM	+00:25:21	4:51	12.3 (75.0%)
127	ROJEWSKI Wojciech	1694	MOJE BIEGOWE HIMALAJE	M 30	51	00:00:00	21,1 KM	+00:25:23	4:52	12.3 (75.0%)
128	PĘKAŁA Piotr	89	SP MANOWO	M 40	45	00:00:00	21,1 KM	+00:25:24	4:52	12.3 (75.0%)
129	MIROWSKI Zbigniew	1068		M 50	11	00:00:00	21,1 KM	+00:25:24	4:52	12.3 (75.0%)
130	KOŁODZIEJCZYK Marcin	604		M 30	52	00:00:00	21,1 KM	+00:25:27	4:52	12.3 (75.0%)
131	MAJEK Krzysztof	1017	AUGUSTEAM	M 40	46	00:00:00	21,1 KM	+00:25:34	4:52	12.3 (75.0%)
132	ROMANOWICZ Piotr	579	OLD SPARTAN	M 40	47	00:00:00	21,1 KM	+00:25:37	4:52	12.3 (75.0%)
133	GWIAZDA Sebastian	811		M 20	18	00:00:00	21,1 KM	+00:25:40	4:52	12.3 (75.0%)
134	SOCHOŃ Zbigniew	1267	ŻARY RUNNERS TEAM	M 40	48	00:00:00	21,1 KM	+00:25:41	4:52	12.3 (75.0%)
135	BARTEL Piotr	1525		M 30	53	00:00:00	21,1 KM	+00:25:43	4:53	12.3 (75.0%)
136	TWAROGAL Kamil	215	WIECZORNE BIEGANIE W SZCZECINIE	M 20	19	00:00:00	21,1 KM	+00:25:44	4:53	12.3 (75.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
137	DAWIDOWICZ Tomasz	1049	TODA MEBLE	M 30	54	00:00:00	21,1 KM	+00:25:44	4:53	12.3 (75.0%)
138	PACHULSKI Dariusz	1309	AMATOR	M 50	12	00:00:00	21,1 KM	+00:25:47	4:53	12.3 (75.0%)
139	WOJAKOWSKI Krzysztof	1415	K&K RUN	M 40	49	00:00:00	21,1 KM	+00:25:48	4:53	12.3 (75.0%)
140	BLIZNA Rafał	1656		M 30	55	00:00:00	21,1 KM	+00:25:49	4:53	12.3 (75.0%)
141	KRZEMIŃSKI Mariusz	882	ZG RUN	M 30	56	00:00:00	21,1 KM	+00:25:50	4:53	12.3 (75.0%)
142	STALKA Przemek	242	SOBOTNI BIEGACZE ŚWINOUJŚCIE	M 40	50	00:00:00	21,1 KM	+00:25:56	4:53	12.3 (75.0%)
143	PAWLAK Jarosław	1093		M 50	13	00:00:00	21,1 KM	+00:25:59	4:56	12.1 (73.8%)
144	NADOLNY Przemysław	497	PARKRUN SZCZECIN / HOŻA TEAM	M 40	51	00:00:00	21,1 KM	+00:26:03	5:02	11.9 (72.6%)
145	SIKORA Szymon	1565	1990	M 20	20	00:00:00	21,1 KM	+00:26:04	4:54	12.2 (74.4%)
146	BREWINSKI Sylwester	569		M 40	52	00:00:00	21,1 KM	+00:26:05	4:54	12.2 (74.4%)
147	ZBĄSKI Krzesimir	1116		M 30	57	00:00:00	21,1 KM	+00:26:06	4:54	12.2 (74.4%)
148	KOLENDA Krzysztof	1589	220V/KALMAR RUNNERS	M 40	53	00:00:00	21,1 KM	+00:26:06	4:54	12.2 (74.4%)
149	IGNASIAK Krzysztof	655		M 40	54	00:00:00	21,1 KM	+00:26:07	4:54	12.2 (74.4%)
150	MASEWICZ Grzegorz	359	KB ZOFANNA GORZÓW WLKP.	M 30	58	00:00:00	21,1 KM	+00:26:19	4:54	12.2 (74.4%)
151	ROGALSKI Marcin	80	VOCALIS SZCZECIN	M 50	14	00:00:00	21,1 KM	+00:26:21	4:56	12.2 (74.4%)
152	SCHMIDT Jacek	1828	ŻW- SZCZECIN	M 50	15	00:00:00	21,1 KM	+00:26:24	4:54	12.2 (74.4%)
153	POLACKI Rafał	329	POZNAŃ	M 50	16	00:00:00	21,1 KM	+00:26:29	4:55	12.2 (74.4%)
154	WOLFRAM Dawid	999	KAS	M 30	59	00:00:00	21,1 KM	+00:26:35	4:55	12.2 (74.4%)
155	PROKOPIUK Jarosław	1219	PROCAR GDYNIA	M 50	17	00:00:00	21,1 KM	+00:26:36	4:55	12.2 (74.4%)
156	GAJEWSKI Mariusz	338	SOBOTNI BIEGACZE ŚWINOUJŚCIE	M 40	55	00:00:00	21,1 KM	+00:26:38	4:56	12.2 (74.4%)
157	WAWRZYNIAK Paweł	396	RUNNER'S POWER	M 30	60	00:00:00	21,1 KM	+00:26:39	4:55	12.2 (74.4%)
158	RYCHTER Magdalena	285		K 30	2	00:00:00	21,1 KM	+00:26:43	4:55	12.2 (74.4%)
159	KORDELA Marcin	712	SZCZECIŃSKI KLUB SPORTOWY TAEKWON-DO	M 30	61	00:00:00	21,1 KM	+00:26:45	4:55	12.2 (74.4%)
160	ROSIECKI Marcin	740		M 40	56	00:00:00	21,1 KM	+00:26:45	4:55	12.2 (74.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
161	SAWIŃSKI Łukasz	914	TRAWERS TEAM NAKŁO	M 20	21	00:00:00	21,1 KM	+00:26:51	4:56	12.2 (74.4%)
162	BYLINA Piotr	220	WWW.BOKSWPOLSCE.PL	M 30	62	00:00:00	21,1 KM	+00:26:51	4:56	12.2 (74.4%)
163	KACPRZAK Sławek	206	RAZEM TRENUJEMY SPORT	M 40	57	00:00:00	21,1 KM	+00:26:55	4:56	12.1 (73.8%)
164	SAWICKI Oskar	1009		M 20	22	00:00:00	21,1 KM	+00:26:56	4:56	12.1 (73.8%)
165	ZIÓŁKOWSKI Grzegorz	1654		M 50	18	00:00:00	21,1 KM	+00:26:56	4:56	12.1 (73.8%)
166	LNIAŃY Benjamin	554	POBIEGA(L)NIANY	M 40	58	00:00:00	21,1 KM	+00:26:59	4:56	12.1 (73.8%)
167	FURMANIUK Jaromir	481	SAMOTNY BIAŁY ŻAGIEL	M 40	59	00:00:00	21,1 KM	+00:27:01	4:56	12.1 (73.8%)
168	OLEJNICZAK Kamil	282		M 20	23	00:00:00	21,1 KM	+00:27:05	4:56	12.1 (73.8%)
169	OLEJNIK Wojciech	1642		M 20	24	00:00:00	21,1 KM	+00:27:13	4:57	12.1 (73.8%)
170	LANGIEWICZ Jacek	475	MKJ POLICE	M 60	2	00:00:00	21,1 KM	+00:27:22	4:57	12.1 (73.8%)
171	PTAK Dariusz	1556	PKO BP	M 40	60	00:00:00	21,1 KM	+00:27:23	4:57	12.1 (73.8%)
172	PANUS Peter	1467		M 40	61	00:00:00	21,1 KM	+00:27:34	4:58	12.1 (73.8%)
173	HARNIK Mirek	1028	HAJIME RUN TEAM	M 40	62	00:00:00	21,1 KM	+00:27:39	4:58	12.1 (73.8%)
174	KĄDYS Marcin	1793	TRIGYM	M 40	63	00:00:00	21,1 KM	+00:27:45	4:58	12 (73.2%)
175	ŻBIKOWSKI Tomasz	1034		M 40	64	00:00:00	21,1 KM	+00:27:46	4:58	12 (73.2%)
176	GÓRNIAK Dariusz	1585		M 50	19	00:00:00	21,1 KM	+00:27:48	4:58	12 (73.2%)
177	NIEDZIELSKA Karolina	1416		K 20	1	00:00:00	21,1 KM	+00:27:56	4:59	12 (73.2%)
178	LASOTA Mateusz	1789	FEEL THE GRAVEL	M 30	63	00:00:00	21,1 KM	+00:27:58	4:59	12 (73.2%)
179	BOŃCZEK Michał	705		M 40	65	00:00:00	21,1 KM	+00:28:00	4:59	12 (73.2%)
180	ŻYŁA Bartłomiej	415		M 30	64	00:00:00	21,1 KM	+00:28:01	4:59	12 (73.2%)
181	BYSTRY Grzegorz	484	KS LENIWIEC	M 40	66	00:00:00	21,1 KM	+00:28:18	5:00	12 (73.2%)
182	PRZYBYLSKI Tomasz	546		M 30	65	00:00:00	21,1 KM	+00:28:19	5:01	12 (73.2%)
183	JANKA Joanna	1582		K 40	3	00:00:00	21,1 KM	+00:28:21	5:00	12 (73.2%)
184	ZAJĄC Adam	613		M 30	66	00:00:00	21,1 KM	+00:28:22	5:00	12 (73.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
185	MARIN Dmytro	1690	FAMILYRUNCLUB	M 40	67	00:00:00	21,1 KM	+00:28:27	5:00	12 (73.2%)
186	MUCHARSKI Tomasz	1160		M 20	25	00:00:00	21,1 KM	+00:28:31	5:00	12 (73.2%)
187	KĄDZIOŁKA Artur	1364	DOCHODZIMY W 2H :-)	M 30	67	00:00:00	21,1 KM	+00:28:31	5:00	12 (73.2%)
188	GWIŹDŹ Grzegorz	1799		M 30	68	00:00:00	21,1 KM	+00:28:34	5:01	12 (73.2%)
189	DUDZIŃSKI Piotr	1689		M 30	69	00:00:00	21,1 KM	+00:28:39	5:01	11.9 (72.6%)
190	KAWUCHA Mirosław	1203	KRS FORMOZA	M 50	20	00:00:00	21,1 KM	+00:28:40	5:01	11.9 (72.6%)
191	PARUSZEWSKI Robert	1270	BOJANO BIEGA	M 30	70	00:00:00	21,1 KM	+00:28:41	5:01	11.9 (72.6%)
192	DRAŹKOWSKI Piotr	903		M 50	21	00:00:00	21,1 KM	+00:28:41	5:02	11.9 (72.6%)
193	KURAS Justyna	711	PEKABEX PREF S.A	K 20	2	00:00:00	21,1 KM	+00:28:48	5:01	11.9 (72.6%)
194	SKRZYPCZYŃSKI Marcin	986		M 40	68	00:00:00	21,1 KM	+00:28:50	5:01	11.9 (72.6%)
195	RYBANIEC Marcin	1091		M 30	71	00:00:00	21,1 KM	+00:28:51	5:01	11.9 (72.6%)
196	SŁODOWSKI Paweł	1208		M 30	72	00:00:00	21,1 KM	+00:28:51	5:01	11.9 (72.6%)
197	ZDUN Grzegorz	1782	#RUNNINGTEAM83	M 30	73	00:00:00	21,1 KM	+00:28:52	5:01	11.9 (72.6%)
198	MURYN Bartłomiej	1082	SBG PODBIEG	M 40	69	00:00:00	21,1 KM	+00:28:53	5:02	11.9 (72.6%)
199	STRÓŻYK Piotrek	1398		M 40	70	00:00:00	21,1 KM	+00:29:02	5:02	11.9 (72.6%)
200	FELIKSIAK Sławomir	801		M 50	22	00:00:00	21,1 KM	+00:29:03	5:02	11.9 (72.6%)
201	WILCZEWSKA Agnieszka	498	KKP SŁUPCZANKA	K 30	3	00:00:00	21,1 KM	+00:29:08	5:02	11.9 (72.6%)
202	ZIELONKA Witold	1330	TUP TUP POZNAŃ	M 40	71	00:00:00	21,1 KM	+00:29:09	5:02	11.9 (72.6%)
203	MARKS Maciej	516	STOWARZYSZENIE DOŁUJE KOŚCINO	M 40	72	00:00:00	21,1 KM	+00:29:14	5:03	11.9 (72.6%)
204	KAMIŃSKI Marcin	94	WQRW_TEAM POMORZE	M 40	73	00:00:00	21,1 KM	+00:29:17	5:03	11.9 (72.6%)
205	SPYCHALSKI Artur	353		M 40	74	00:00:00	21,1 KM	+00:29:17	5:03	11.9 (72.6%)
206	WALCZAK Tadeusz	447		M 50	23	00:00:00	21,1 KM	+00:29:19	5:03	11.9 (72.6%)
207	GRZONKA Maciej	1884		M 30	74	00:00:00	21,1 KM	+00:29:23	5:03	11.9 (72.6%)
208	TORZECKI Jarosław	151	KROTOSZYŃSKA GRUPA BIEGOWA	M 30	75	00:00:00	21,1 KM	+00:29:31	5:03	11.8 (72.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
209	SZYMAREK Bartosz	1029	SMASHING PĄPKINS	M 30	76	00:00:00	21,1 KM	+00:29:33	5:03	11.8 (72.0%)
210	TOMALAK Marcin	314	WIECZORNE BIEGANIE W SZCZECINIE	M 40	75	00:00:00	21,1 KM	+00:29:35	5:04	11.8 (72.0%)
211	KANICKI Marcin	1514		M 40	76	00:00:00	21,1 KM	+00:29:35	5:05	11.8 (72.0%)
212	SZMAJDOWICZ Paweł	881	FACHDOM TEAM	M 40	77	00:00:00	21,1 KM	+00:29:38	5:04	11.8 (72.0%)
213	WAPINSKI Maciej	1326	PSE	M 30	77	00:00:00	21,1 KM	+00:29:44	5:04	11.8 (72.0%)
214	DĄBEK Kamil	917		M 20	26	00:00:00	21,1 KM	+00:29:49	5:04	11.8 (72.0%)
215	GUZ Artur	1428	LIVE LOVE RUN	M 40	78	00:00:00	21,1 KM	+00:29:50	5:04	11.8 (72.0%)
216	CHMIELEWSKI Paweł	821		M 40	79	00:00:00	21,1 KM	+00:29:59	5:05	11.8 (72.0%)
217	SZEWCZYK Rafał	1156	VISEGRAD MARATON RYTRO	M 40	80	00:00:00	21,1 KM	+00:30:05	5:05	11.8 (72.0%)
218	MAJDA Bogusław	1590		M 50	24	00:00:00	21,1 KM	+00:30:08	5:05	11.8 (72.0%)
219	KUNKA Andrzej	687		M 40	81	00:00:00	21,1 KM	+00:30:08	5:05	11.8 (72.0%)
220	POLSKA Irek	496		M 40	82	00:00:00	21,1 KM	+00:30:09	5:05	11.8 (72.0%)
221	SADOWSKI Marek	1124	MUKS SZOK BOJANOWO	M 50	25	00:00:00	21,1 KM	+00:30:13	5:05	11.8 (72.0%)
222	SZYSZKA Konrad	437	WIECZORNE BIEGANIE W SZCZECINIE	M 30	78	00:00:00	21,1 KM	+00:30:22	5:06	11.8 (72.0%)
223	SOWA Mateusz	388	JW4531	M 30	79	00:00:00	21,1 KM	+00:30:22	5:07	11.7 (71.3%)
224	ZYBER Maciej	1688	PEEK TEAM	M 30	80	00:00:00	21,1 KM	+00:30:23	5:06	11.8 (72.0%)
225	WŁODARCZYK Piotr	1719		M 40	83	00:00:00	21,1 KM	+00:30:24	5:09	11.6 (70.7%)
226	TOMALA Szymon	706	JERZY FRANEK	M 30	81	00:00:00	21,1 KM	+00:30:27	5:06	11.7 (71.3%)
227	BIAŁEK Jarosław	416	ZABIEGANI OLSZTYN	M 40	84	00:00:00	21,1 KM	+00:30:28	5:06	11.7 (71.3%)
228	KITA Leszek	1495	PROGDAR MARATHON TEAM	M 40	85	00:00:00	21,1 KM	+00:30:30	5:07	11.7 (71.3%)
229	JÓZEFOWSKI Tomasz	733		M 40	86	00:00:00	21,1 KM	+00:30:32	5:06	11.7 (71.3%)
230	CHAŃKO Roman	1393		M 40	87	00:00:00	21,1 KM	+00:30:36	5:06	11.7 (71.3%)
231	TOPOREK Przemysław	371		M 30	82	00:00:00	21,1 KM	+00:30:41	5:07	11.7 (71.3%)
232	JUDKIEWICZ Piotr	627	1972	M 40	88	00:00:00	21,1 KM	+00:30:46	5:07	11.7 (71.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
233	KRIEDEMANN Guido	1135	KNAK - RUNNERS	M 30	83	00:00:00	21,1 KM	+00:30:47	5:07	11.7 (71.3%)
234	PACZKOWSKA Joanna	325		K 40	4	00:00:00	21,1 KM	+00:30:53	5:07	11.7 (71.3%)
235	PAWLOWSKI Tomasz	491		M 30	84	00:00:00	21,1 KM	+00:30:54	5:09	11.6 (70.7%)
236	MYSLIWIEC Paweł	1400	POLSKA RUNNING TEAM	M 40	89	00:00:00	21,1 KM	+00:30:56	5:07	11.7 (71.3%)
237	RACHMACIEJ Krzysztof	702	KB PIONIER SZCZECIN	M 40	90	00:00:00	21,1 KM	+00:31:04	5:08	11.7 (71.3%)
238	STALMACH Damian	803	LECYMY DURŚ	M 40	91	00:00:00	21,1 KM	+00:31:05	5:08	11.7 (71.3%)
239	BARTOSIK Maciej	1412		M 30	85	00:00:00	21,1 KM	+00:31:06	5:08	11.7 (71.3%)
240	RYNDAK Łukasz	1794	POLSKA RUNNING TEAM	M 30	86	00:00:00	21,1 KM	+00:31:11	5:08	11.7 (71.3%)
241	NIEDZIELA Rafał	1041		M 40	92	00:00:00	21,1 KM	+00:31:13	5:09	11.6 (70.7%)
242	RUDŹKO Wojciech	457		M 50	26	00:00:00	21,1 KM	+00:31:16	5:08	11.7 (71.3%)
243	KLASSA Mateusz	1776	MEYN TEAM	M 20	27	00:00:00	21,1 KM	+00:31:17	5:08	11.7 (71.3%)
244	NIPARKO Bartosz	678		M 30	87	00:00:00	21,1 KM	+00:31:18	5:08	11.7 (71.3%)
245	KAŁAMUCKI Grzegorz	737	ANKA	M 40	93	00:00:00	21,1 KM	+00:31:21	5:09	11.6 (70.7%)
246	PACZKA Michał	619	GLIWICE	M 50	27	00:00:00	21,1 KM	+00:31:27	5:09	11.6 (70.7%)
247	TARCZOŃ Antoni	1224	AMATOR BIEGANIA	M 50	28	00:00:00	21,1 KM	+00:31:27	5:09	11.6 (70.7%)
248	BIELECKI Wojciech	132	OSP WZGÓRZE	M 30	88	00:00:00	21,1 KM	+00:31:27	5:11	11.6 (70.7%)
249	KUŹMA Krzysztof	1274		M 40	94	00:00:00	21,1 KM	+00:31:28	5:09	11.6 (70.7%)
250	JANUSZEWSKI Grzegorz	638	DHL RUN CLUB	M 40	95	00:00:00	21,1 KM	+00:31:29	5:09	11.6 (70.7%)
251	SWAT-BODAK Agnieszka	149		K 40	5	00:00:00	21,1 KM	+00:31:32	5:09	11.6 (70.7%)
252	ZIOBRO Tomasz	887	KROSNO MIASTO SZKŁA	M 40	96	00:00:00	21,1 KM	+00:31:33	5:09	11.6 (70.7%)
253	SZYMAŃSKI Robert	340		M 40	97	00:00:00	21,1 KM	+00:31:36	5:09	11.6 (70.7%)
254	WIERDAK Joanna	1768	POLSKA RUNNING TEAM	K 40	6	00:00:00	21,1 KM	+00:31:40	5:09	11.6 (70.7%)
255	TRZEŚNIEWSKA Grażyna	1695		K 40	7	00:00:00	21,1 KM	+00:31:41	5:10	11.6 (70.7%)
256	PODLECKI Andrzej	686		M 30	89	00:00:00	21,1 KM	+00:31:44	5:10	11.6 (70.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
257	WESOŁOWSKI Marcin	939		M 30	90	00:00:00	21,1 KM	+00:31:45	5:10	11.6 (70.7%)
258	SZYMAŃSKI Piotr	385		M 40	98	00:00:00	21,1 KM	+00:31:45	5:10	11.6 (70.7%)
259	TARASIEWICZ Mateusz	1867	WIR	M 30	91	00:00:00	21,1 KM	+00:31:45	5:10	11.6 (70.7%)
260	SZYMAŃSKI Adam	1858	WOSIR WYSZKÓW	M 40	99	00:00:00	21,1 KM	+00:31:46	5:10	11.6 (70.7%)
261	KOZŁOWSKI Grzegorz	373	NIGHT RUNNERS WRZEŚNIA	M 30	92	00:00:00	21,1 KM	+00:31:46	5:10	11.6 (70.7%)
262	JUSTYŃSKI Andrzej	1254		M 30	93	00:00:00	21,1 KM	+00:31:48	5:10	11.6 (70.7%)
263	PAŁASZEWSKA Karolina	321		K 20	3	00:00:00	21,1 KM	+00:31:49	5:10	11.6 (70.7%)
264	WIECHA Sebastian	1378		M 30	94	00:00:00	21,1 KM	+00:31:53	5:10	11.6 (70.7%)
265	WARDZIAK Mateusz	704		M 20	28	00:00:00	21,1 KM	+00:31:55	5:10	11.6 (70.7%)
266	KUFEL Marcin	870	BREL II	M 40	100	00:00:00	21,1 KM	+00:31:57	5:12	11.5 (70.1%)
267	CEGLARZ Radek	1370		M 40	101	00:00:00	21,1 KM	+00:31:58	5:10	11.6 (70.7%)
268	WITKOWSKI Jarosław	1278	RUN INVESTMENT LIFE	M 40	102	00:00:00	21,1 KM	+00:32:00	5:10	11.6 (70.7%)
269	MOSUREK Grzegorz	250	SMOK WAWELSKI	M 40	103	00:00:00	21,1 KM	+00:32:00	5:10	11.6 (70.7%)
270	KOMSTA Rafał	783		M 30	95	00:00:00	21,1 KM	+00:32:01	5:10	11.6 (70.7%)
271	KALINOWSKA Justyna	1287		K 30	4	00:00:00	21,1 KM	+00:32:04	5:11	11.6 (70.7%)
272	KUBIAK Kacper	1606	ALMARK LESZNO	M 20	29	00:00:00	21,1 KM	+00:32:06	5:11	11.6 (70.7%)
273	WOŁOSIK Dominik	292	DOMINIK WOŁOSIK	M 30	96	00:00:00	21,1 KM	+00:32:07	5:11	11.6 (70.7%)
274	PTAK Michał	1239	J3 TRIATHLON TEAM	M 30	97	00:00:00	21,1 KM	+00:32:10	5:11	11.6 (70.7%)
275	WAWRZYNIAK Damian	1708	ROZBIEGAJMY RADOMSKO	M 30	98	00:00:00	21,1 KM	+00:32:13	5:11	11.6 (70.7%)
276	KOZA Karol	901		M 20	30	00:00:00	21,1 KM	+00:32:13	5:11	11.6 (70.7%)
277	MAJCHRZAK Bogusław	1128		M 30	99	00:00:00	21,1 KM	+00:32:14	5:11	11.6 (70.7%)
278	BUKOWIECKI Krzysztof	279	KB MARATON TUREK	M 30	100	00:00:00	21,1 KM	+00:32:17	5:11	11.5 (70.1%)
279	KUŹNIARSKI Paweł	1225	T-MOBILE SPORT TEAM	M 30	101	00:00:00	21,1 KM	+00:32:20	5:11	11.5 (70.1%)
280	KUBARKO Robert	291	STOLKO	M 50	29	00:00:00	21,1 KM	+00:32:21	5:11	11.5 (70.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
281	MARCINKOWSKI Andrzej	701		M 40	104	00:00:00	21,1 KM	+00:32:21	5:12	11.5 (70.1%)
282	NOWAKOWSKI Bogdan	174		M 50	30	00:00:00	21,1 KM	+00:32:21	5:11	11.5 (70.1%)
283	PAWLAK Krzysztof	1301		M 30	102	00:00:00	21,1 KM	+00:32:26	5:12	11.5 (70.1%)
284	GMIŃSKI Dariusz	1553	PKO BP S.A.	M 30	103	00:00:00	21,1 KM	+00:32:28	5:12	11.5 (70.1%)
285	NOWAK Waldemar	459	TRI-AMATOR	M 50	31	00:00:00	21,1 KM	+00:32:34	5:12	11.5 (70.1%)
286	WOŹNIAK Grzegorz	879		M 40	105	00:00:00	21,1 KM	+00:32:38	5:12	11.5 (70.1%)
287	KORNILUK Paweł	1622	USB	M 30	104	00:00:00	21,1 KM	+00:32:39	5:12	11.5 (70.1%)
288	OŁUB Sławek	1721	LEPSI NIŻ W CZORAJ	M 40	106	00:00:00	21,1 KM	+00:32:48	5:13	11.5 (70.1%)
289	SULARZ Wojciech	676	SOOLASHOWE TRUCHTANIE	M 50	32	00:00:00	21,1 KM	+00:32:56	5:13	11.5 (70.1%)
290	WIADERNY Tomasz	1724		M 40	107	00:00:00	21,1 KM	+00:33:02	5:13	11.5 (70.1%)
291	JASTRZĘBSKI Daniel	1648	SOPURE MILLINERY	M 40	108	00:00:00	21,1 KM	+00:33:07	5:14	11.5 (70.1%)
292	FUMINKOWSKI Arkadiusz	426	GRUPA BIEGOWA ALEKSANDRÓW KUJAWSKI	M 40	109	00:00:00	21,1 KM	+00:33:08	5:14	11.5 (70.1%)
293	KOŁTUN Wojtek	76		M 40	110	00:00:00	21,1 KM	+00:33:09	5:14	11.5 (70.1%)
294	WOŹNIECKA Karolina	810	FALE LOKI KOKI	K 30	5	00:00:00	21,1 KM	+00:33:10	5:14	11.5 (70.1%)
295	PRAWDA Sebastian	1820	WIECZORNE BIEGANIE W SZCZECINIE	M 40	111	00:00:00	21,1 KM	+00:33:17	5:14	11.4 (69.5%)
296	PAŃCZYSZYN Mariusz	436		M 40	112	00:00:00	21,1 KM	+00:33:18	5:14	11.4 (69.5%)
297	NOWAK Paweł	1333		M 30	105	00:00:00	21,1 KM	+00:33:18	5:14	11.4 (69.5%)
298	ZIOMEK Paweł	1141		M 30	106	00:00:00	21,1 KM	+00:33:19	5:14	11.4 (69.5%)
299	SZKUDLAREK Krzysztof	328		M 50	33	00:00:00	21,1 KM	+00:33:21	5:16	11.4 (69.5%)
300	OSTROWSKI Sylwester	407	STARGARD JA SIĘ NIE ŚCIGAM	M 40	113	00:00:00	21,1 KM	+00:33:24	5:14	11.4 (69.5%)
301	BARTHA Adrian	1339		M 30	107	00:00:00	21,1 KM	+00:33:25	5:16	11.4 (69.5%)
302	SZYMAŃSKI Wojciech	1578		M 30	108	00:00:00	21,1 KM	+00:33:27	5:15	11.4 (69.5%)
303	GÓRCKA-PAWLAK Edyta	18		K 30	6	00:00:00	21,1 KM	+00:33:28	5:15	11.4 (69.5%)
304	KUBASIK Tomasz	814	KUBASIK TEAM	M 40	114	00:00:00	21,1 KM	+00:33:28	5:16	11.4 (69.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
305	KWIATKOWSKA Agnieszka	1280	WIEWIÓR TEAM	K 30	7	00:00:00	21,1 KM	+00:33:29	5:15	11.4 (69.5%)
306	PAWLAK Kamil	842		M 30	109	00:00:00	21,1 KM	+00:33:33	5:15	11.4 (69.5%)
307	KLEŚTA Krzysztof	27		M 20	31	00:00:00	21,1 KM	+00:33:36	5:15	11.4 (69.5%)
308	KĘDZIORA Piotr	145		M 30	110	00:00:00	21,1 KM	+00:33:36	5:16	11.4 (69.5%)
309	RUDZINSKI Jozef	1452		M 50	34	00:00:00	21,1 KM	+00:33:37	5:15	11.4 (69.5%)
310	OKORSKA-BOMBIŃSKA Basia	1547	PKO BP SA	K 30	8	00:00:00	21,1 KM	+00:33:37	5:15	11.4 (69.5%)
311	BIENIEK Dawid	410		M 20	32	00:00:00	21,1 KM	+00:33:40	5:15	11.4 (69.5%)
312	KOWALSKI Artur	1743		M 40	115	00:00:00	21,1 KM	+00:33:47	5:15	11.4 (69.5%)
313	WOLNY Mariusz	1667		M 30	111	00:00:00	21,1 KM	+00:33:48	5:16	11.4 (69.5%)
314	PAŁETKO Marek	1095	NYSA BIEGA	M 30	112	00:00:00	21,1 KM	+00:33:49	5:24	11.1 (67.7%)
315	STRĄCZEK Grzegorz	1304		M 40	116	00:00:00	21,1 KM	+00:33:50	5:16	11.4 (69.5%)
316	DUDA Jacek	690		M 40	117	00:00:00	21,1 KM	+00:33:53	5:16	11.4 (69.5%)
317	TOMASZEWSKI Przemysław	956	WALKA CZARNÓW	M 20	33	00:00:00	21,1 KM	+00:33:54	5:16	11.4 (69.5%)
318	WOLFF Marcin	1402	MRUNNERS	M 50	35	00:00:00	21,1 KM	+00:33:57	5:16	11.4 (69.5%)
319	KORSAKOV Kostiantyn	1636	-	M 40	118	00:00:00	21,1 KM	+00:33:59	5:16	11.4 (69.5%)
320	NOWOSAD Wojciech	1811	WIECZORNE BIEGANIE W SZCZECINIE	M 50	36	00:00:00	21,1 KM	+00:34:02	5:17	11.3 (68.9%)
321	GRUCELSKI Michał	772		M 30	113	00:00:00	21,1 KM	+00:34:05	5:16	11.4 (69.5%)
322	PAWŁOWSKI Piotr	1194		M 30	114	00:00:00	21,1 KM	+00:34:06	5:16	11.4 (69.5%)
323	FERNES Daniel	1508		M 20	34	00:00:00	21,1 KM	+00:34:07	5:16	11.4 (69.5%)
324	WOJTULEWSKI Dariusz	1396		M 40	119	00:00:00	21,1 KM	+00:34:07	5:16	11.4 (69.5%)
325	KOZIARA Dionizy	1079		M 40	120	00:00:00	21,1 KM	+00:34:10	5:17	11.4 (69.5%)
326	DEPTA Krzysztof	440		M 30	115	00:00:00	21,1 KM	+00:34:12	5:17	11.4 (69.5%)
327	SZKUDLAREK Michał	1010	RUN-LOG.COM	M 40	121	00:00:00	21,1 KM	+00:34:12	5:17	11.4 (69.5%)
328	PASZKO Daniel	1834	WIECZORNE BIEGANIE W SZCZECINIE / KOMPAS TEAM POLICE	M 40	122	00:00:00	21,1 KM	+00:34:13	5:17	11.3 (68.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
329	HANARZ Jacek	1388	DRUŻYNA SZPIKU	M 40	123	00:00:00	21,1 KM	+00:34:16	5:17	11.3 (68.9%)
330	PALUSZAK Anna	1519	700STKA SIŁOWNIA BUK	K 20	4	00:00:00	21,1 KM	+00:34:29	5:17	11.3 (68.9%)
331	BYŚ Mateusz	1624		M 30	116	00:00:00	21,1 KM	+00:34:30	5:18	11.3 (68.9%)
332	KRASIŃSKI Witold	1728		M 40	124	00:00:00	21,1 KM	+00:34:36	5:18	11.3 (68.9%)
333	SOWA Michał	1629	PLANETA NISKO	M 30	117	00:00:00	21,1 KM	+00:34:36	5:18	11.3 (68.9%)
334	ŻUKOWSKI Marcin	1146		M 30	118	00:00:00	21,1 KM	+00:34:36	5:18	11.3 (68.9%)
335	KAROLKIEWICZ Ryszard	1051		M 40	125	00:00:00	21,1 KM	+00:34:37	5:18	11.3 (68.9%)
336	SOŚNIAK Iwona	454		K 40	8	00:00:00	21,1 KM	+00:34:39	5:18	11.3 (68.9%)
337	BANDURA Bogdan	531	PRCI	M 30	119	00:00:00	21,1 KM	+00:34:40	5:18	11.3 (68.9%)
338	KLIMECKI Krzysztof	857		M 20	35	00:00:00	21,1 KM	+00:34:44	5:19	11.3 (68.9%)
339	LASKOWSKI Przemysław	1123	PKB KMP KALISZ	M 40	126	00:00:00	21,1 KM	+00:34:47	5:18	11.3 (68.9%)
340	ŁUBIŃSKI Krzysztof	432		M 40	127	00:00:00	21,1 KM	+00:34:53	5:19	11.3 (68.9%)
341	KISZKOWIAK Łukasz	1406	WAT	M 30	120	00:00:00	21,1 KM	+00:34:55	5:19	11.3 (68.9%)
342	WIŚNIEWSKI Marcin	218		M 40	128	00:00:00	21,1 KM	+00:34:55	5:19	11.3 (68.9%)
343	FILIPIAK Krzysztof	1757	T.CH.	M 30	121	00:00:00	21,1 KM	+00:35:00	5:19	11.3 (68.9%)
344	SIKORSKI Marcin	1362	1982	M 30	122	00:00:00	21,1 KM	+00:35:00	5:19	11.3 (68.9%)
345	PYPEĆ Bartosz	408		M 30	123	00:00:00	21,1 KM	+00:35:03	5:19	11.3 (68.9%)
346	WYSZOWSKI Zbigniew	817		M 20	36	00:00:00	21,1 KM	+00:35:05	5:19	11.3 (68.9%)
347	KRAJEWSKI Wojciech	1121		M 40	129	00:00:00	21,1 KM	+00:35:06	5:19	11.3 (68.9%)
348	BYRA Magdalena	1769	POLSKA RUNNING TEAM	K 30	9	00:00:00	21,1 KM	+00:35:07	5:19	11.3 (68.9%)
349	PREJS Kamil	39		M 40	130	00:00:00	21,1 KM	+00:35:14	5:20	11.2 (68.3%)
350	SZEŁEMEJ Łukasz	1		M 30	124	00:00:00	21,1 KM	+00:35:15	5:20	11.2 (68.3%)
351	ZYCH Dawid	1631	SPARTANIE DZIECIOM	M 40	131	00:00:00	21,1 KM	+00:35:16	5:20	11.2 (68.3%)
352	WŁOSZCZYŃSKI Daniel	1795		M 20	37	00:00:00	21,1 KM	+00:35:17	5:20	11.2 (68.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
353	JABŁOŃSKA Sylwia	1625	SBG PODBIEG	K 30	10	00:00:00	21,1 KM	+00:35:18	5:20	11.2 (68.3%)
354	KLIMKO Alicja	243		K 50	2	00:00:00	21,1 KM	+00:35:20	5:20	11.2 (68.3%)
355	OKOŁO-KUŁAK Marek	1477		M 30	125	00:00:00	21,1 KM	+00:35:26	5:20	11.2 (68.3%)
356	SOŚNIAK Jacek	683		M 40	132	00:00:00	21,1 KM	+00:35:27	5:20	11.2 (68.3%)
357	CHMIELEWSKI Paweł	599		M 40	133	00:00:00	21,1 KM	+00:35:28	5:20	11.2 (68.3%)
358	PACZKOWSKA Katarzyna	855		K 30	11	00:00:00	21,1 KM	+00:35:28	5:20	11.2 (68.3%)
359	ZIELINSKI Marcin	1563	FIZJOBIEGACZE	M 40	134	00:00:00	21,1 KM	+00:35:29	5:20	11.2 (68.3%)
360	ZABOROWSKI Tomasz	1101		M 30	126	00:00:00	21,1 KM	+00:35:29	5:20	11.2 (68.3%)
361	BIELAK Michał	1202		M 20	38	00:00:00	21,1 KM	+00:35:30	5:20	11.2 (68.3%)
362	GRUDOWSKI Konrad	395		M 30	127	00:00:00	21,1 KM	+00:35:33	5:20	11.2 (68.3%)
363	BIERNACKI Aleksander	1197		M 40	135	00:00:00	21,1 KM	+00:35:35	5:21	11.2 (68.3%)
364	KARASIEWICZ Łukasz	20		M 30	128	00:00:00	21,1 KM	+00:35:35	5:21	11.2 (68.3%)
365	ADAMOWICZ Paweł	1607	B/S/H/ RUNNING TEAM	M 40	136	00:00:00	21,1 KM	+00:35:38	5:21	11.2 (68.3%)
366	OLBRYCH Piotr	1403		M 50	37	00:00:00	21,1 KM	+00:35:39	5:21	11.2 (68.3%)
367	JACOBY Jens	1841	HELENE FISCHER FANCLUB	M 30	129	00:00:00	21,1 KM	+00:35:39	5:21	11.2 (68.3%)
368	MIKOŁAJUK Aneta	961		K 40	9	00:00:00	21,1 KM	+00:35:40	5:22	11.1 (67.7%)
369	DZIEKOŃSKA Agnieszka	361	SOBOTNI BIEGACZE ŚWINOUJŚCIE	K 30	12	00:00:00	21,1 KM	+00:35:42	5:21	11.2 (68.3%)
370	WACEWICZ Rafał	304	AIKIRUNNERS	M 40	137	00:00:00	21,1 KM	+00:35:43	5:21	11.2 (68.3%)
371	WIŚNIEWSKI Czesław	766	PARKRUN SZCZECIN	M 60	3	00:00:00	21,1 KM	+00:35:43	5:21	11.2 (68.3%)
372	ZERZUT Jarosław	185	ŚRUNDUNIA SZCZECIN	M 50	38	00:00:00	21,1 KM	+00:35:49	5:21	11.2 (68.3%)
373	TROJGA Karolina	97	INNERIUMKAROLINA TROJGA	K 30	13	00:00:00	21,1 KM	+00:35:51	5:21	11.2 (68.3%)
374	JAROS Marcin	1354	ODDZIAŁ PREWENCJI POLICJI W KATOWICACH	M 30	130	00:00:00	21,1 KM	+00:35:57	5:22	11.2 (68.3%)
375	HOŁYŃSKI Leszek	1847	KM PSP SZCZECIN	M 30	131	00:00:00	21,1 KM	+00:36:00	5:22	11.2 (68.3%)
376	GABRYELEWICZ Rafał	647		M 40	138	00:00:00	21,1 KM	+00:36:03	5:22	11.2 (68.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
377	LAMENT Karol	332		M 30	132	00:00:00	21,1 KM	+00:36:05	5:22	11.2 (68.3%)
378	KULESZA Damian	1298	ADIDAS RUNNERS WARSAW	M 30	133	00:00:00	21,1 KM	+00:36:07	5:22	11.2 (68.3%)
379	GOŁOS Jerzy	948		M 60	4	00:00:00	21,1 KM	+00:36:09	5:22	11.1 (67.7%)
380	SOKOŁOWSKI Rafał	755		M 20	39	00:00:00	21,1 KM	+00:36:14	5:22	11.1 (67.7%)
381	MACIEJEWSKI Maciej	1140		M 20	40	00:00:00	21,1 KM	+00:36:20	5:24	11.1 (67.7%)
382	BURA Krystian	1711	#KFC RUN	M 30	134	00:00:00	21,1 KM	+00:36:21	5:23	11.1 (67.7%)
383	SKIRZYŃSKI Dariusz	919		M 30	135	00:00:00	21,1 KM	+00:36:21	5:23	11.1 (67.7%)
384	KOWALSKI Roman	1437		M 40	139	00:00:00	21,1 KM	+00:36:24	5:23	11.1 (67.7%)
385	LASKOWSKI Mariusz	1454	NIGHT RUNNERS WRZEŚNIA	M 30	136	00:00:00	21,1 KM	+00:36:26	5:23	11.1 (67.7%)
386	BESZCZYŃSKI Kornel	1560	PARKRUN TORUŃ	M 40	140	00:00:00	21,1 KM	+00:36:29	5:23	11.1 (67.7%)
387	MRÓZ Tomasz	1338	WIOCHA BIEGA	M 30	137	00:00:00	21,1 KM	+00:36:29	5:23	11.1 (67.7%)
388	KOPER Adam	322	KB SKÓRKA	M 40	141	00:00:00	21,1 KM	+00:36:32	5:23	11.1 (67.7%)
389	RAKOCZY Paweł	1761		M 40	142	00:00:00	21,1 KM	+00:36:32	5:23	11.1 (67.7%)
390	WIECZOREK Filip	1630		M 20	41	00:00:00	21,1 KM	+00:36:33	5:23	11.1 (67.7%)
391	URYCH Łukasz	1164	RUN AS ONE	M 30	138	00:00:00	21,1 KM	+00:36:34	5:23	11.1 (67.7%)
392	RUSZCZAK Tomasz	571		M 40	143	00:00:00	21,1 KM	+00:36:35	5:23	11.1 (67.7%)
393	JAWORSKI Tomasz	1110		M 30	139	00:00:00	21,1 KM	+00:36:37	5:24	11.1 (67.7%)
394	STAROSTKA Jacek	1550	PKO BANK POLSKI BIEGAJMY RAZEM	M 40	144	00:00:00	21,1 KM	+00:36:40	5:24	11.1 (67.7%)
395	TRACZYK Przemek	860	ASFALTLOVE DZIKI	M 30	140	00:00:00	21,1 KM	+00:36:40	5:24	11.1 (67.7%)
396	GÓRSKI Łukasz	510		M 20	42	00:00:00	21,1 KM	+00:36:41	5:24	11.1 (67.7%)
397	DANIELEWICZ Mateusz	830		M 20	43	00:00:00	21,1 KM	+00:36:45	5:24	11.1 (67.7%)
398	JUREWICZ Jarosław	1204		M 30	141	00:00:00	21,1 KM	+00:36:45	5:24	11.1 (67.7%)
399	WRONA Magdalena	1781		K 20	5	00:00:00	21,1 KM	+00:36:46	5:24	11.1 (67.7%)
400	NIEDZIELA Jakub	577		M 30	142	00:00:00	21,1 KM	+00:36:51	5:24	11.1 (67.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
401	KAFEL Mariusz	1126	PKO BP SA	M 40	145	00:00:00	21,1 KM	+00:36:51	5:24	11.1 (67.7%)
402	SZUBARTOWICZ Marek	547		M 30	143	00:00:00	21,1 KM	+00:36:57	5:26	11 (67.1%)
403	SZACH Andrzej	390	22KBPG	M 40	146	00:00:00	21,1 KM	+00:36:57	5:24	11.1 (67.7%)
404	ŻURAWSKI Michał	504	TOTALSHINE	M 30	144	00:00:00	21,1 KM	+00:36:57	5:24	11.1 (67.7%)
405	PUŚLECKA Katarzyna	356		K 20	6	00:00:00	21,1 KM	+00:36:58	5:25	11.1 (67.7%)
406	POTEREWICZ Mateusz	1678		M 30	145	00:00:00	21,1 KM	+00:36:58	5:25	11.1 (67.7%)
407	KACPROWSKI Filip	1591	WKURW_TEAM	M 40	147	00:00:00	21,1 KM	+00:36:59	5:25	11.1 (67.7%)
408	PIETRZAK Tomasz	989	WILD TRAIL RUNNER	M 30	146	00:00:00	21,1 KM	+00:36:59	5:25	11.1 (67.7%)
409	SZUMIŁOWSKI Przemysław	1293	1975	M 40	148	00:00:00	21,1 KM	+00:37:02	5:25	11.1 (67.7%)
410	SOŁTYSEK Marcin	626		M 40	149	00:00:00	21,1 KM	+00:37:02	5:25	11.1 (67.7%)
411	SKRZYPCZAK Jędrzej	529		M 40	150	00:00:00	21,1 KM	+00:37:04	5:25	11.1 (67.7%)
412	GOŁĘBIEWSKI Daniel	563	KOSZULKOWYCONCEPT	M 40	151	00:00:00	21,1 KM	+00:37:09	5:26	11 (67.1%)
413	KIEDROWSKA Daria	551		K 30	14	00:00:00	21,1 KM	+00:37:11	5:25	11.1 (67.7%)
414	CZAJKA Bartosz	1356		M 30	147	00:00:00	21,1 KM	+00:37:14	5:25	11.1 (67.7%)
415	BĘBEN Wioleta	507	KB WIKON NOWA SÓL	K 40	10	00:00:00	21,1 KM	+00:37:15	5:25	11 (67.1%)
416	ŁUSZCZKI Kamil	788		M 30	148	00:00:00	21,1 KM	+00:37:16	5:25	11 (67.1%)
417	DYCHTO Michał	203	MICHAŁ, JOLA, JANEK, CECYLKA	M 40	152	00:00:00	21,1 KM	+00:37:20	5:26	11 (67.1%)
418	SIKORA Tomasz	156	WICHER SIENIAWA	M 40	153	00:00:00	21,1 KM	+00:37:26	5:26	11 (67.1%)
419	FEREK Maciej	1762		M 40	154	00:00:00	21,1 KM	+00:37:26	5:26	11 (67.1%)
420	BRZUSZEK Mateusz	1432		M 30	149	00:00:00	21,1 KM	+00:37:31	5:26	11 (67.1%)
421	GRZESZCZAK Piotr	1499	DELL TECHNOLOGIES	M 40	155	00:00:00	21,1 KM	+00:37:32	5:26	11 (67.1%)
422	STEPIEŃ Adrian	231		M 30	150	00:00:00	21,1 KM	+00:37:33	5:26	11 (67.1%)
423	ŚWIEJKOWSKI Rafał	1381		M 40	156	00:00:00	21,1 KM	+00:37:34	5:26	11 (67.1%)
424	KOWALSKI Łukasz	610		M 30	151	00:00:00	21,1 KM	+00:37:36	5:26	11 (67.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
425	CZYŻEWSKA Mirosława	636	WKURW_TEAM PAPRYKARZE	K 30	15	00:00:00	21,1 KM	+00:37:39	5:26	11 (67.1%)
426	KRZYSIAK Anna	1764		K 40	11	00:00:00	21,1 KM	+00:37:40	5:27	11 (67.1%)
427	KIEŁTYKA Robert	2		M 40	157	00:00:00	21,1 KM	+00:37:40	5:27	11 (67.1%)
428	LEPOROWSKA Anna	792	2015	K 40	12	00:00:00	21,1 KM	+00:37:43	5:27	11 (67.1%)
429	ŚWIERZKO Artur	514	1975	M 40	158	00:00:00	21,1 KM	+00:37:44	5:27	11 (67.1%)
430	MAJ Ewa	1222		K 30	16	00:00:00	21,1 KM	+00:37:46	5:27	11 (67.1%)
431	STĘPIEŃ Agnieszka	225		K 30	17	00:00:00	21,1 KM	+00:37:46	5:27	11 (67.1%)
432	ENGEL Jan	1767		M 40	159	00:00:00	21,1 KM	+00:37:46	5:27	11 (67.1%)
433	TOKARSKI Marcin	770		M 30	152	00:00:00	21,1 KM	+00:37:46	5:27	11 (67.1%)
434	GRYGIELEWICZ Leszek	394		M 50	39	00:00:00	21,1 KM	+00:37:48	5:27	11 (67.1%)
435	CHMIELEWSKI Bartosz	1320		M 30	153	00:00:00	21,1 KM	+00:37:49	5:27	11 (67.1%)
436	GROBELNY Mariusz	1442		M 30	154	00:00:00	21,1 KM	+00:37:52	5:28	11 (67.1%)
437	ZACH Paweł	951	PAN	M 30	155	00:00:00	21,1 KM	+00:37:55	5:27	11 (67.1%)
438	GOŁĘBIEWSKI Paweł	210		M 30	156	00:00:00	21,1 KM	+00:37:56	5:27	11 (67.1%)
439	KOŁODZIEJCZAK Artur	144	NIGHT RUNNERS WRZEŚNIA	M 40	160	00:00:00	21,1 KM	+00:37:56	5:27	11 (67.1%)
440	DROZDEK Iwona	263	CHARTY	K 50	3	00:00:00	21,1 KM	+00:37:56	5:27	11 (67.1%)
441	BARTOSZYŃSKI Dominik	1341	BASKET RYPIN	M 30	157	00:00:00	21,1 KM	+00:37:56	5:27	11 (67.1%)
442	CYMANEK Andrzej	1465	E.K.TWARDZIEL WROCŁAW	M 50	40	00:00:00	21,1 KM	+00:37:57	5:27	11 (67.1%)
443	HORDEJUK Dorota	1492	USTECKA SZKOŁA BIEGANIA USB	K 30	18	00:00:00	21,1 KM	+00:37:57	5:27	11 (67.1%)
444	MOLIŃSKA Marlena	1030		K 40	13	00:00:00	21,1 KM	+00:37:57	5:27	11 (67.1%)
445	MALINOWSKI Marcin	1151	MY LIFE MY WAY	M 40	161	00:00:00	21,1 KM	+00:37:59	5:27	11 (67.1%)
446	KRAWCZYK Mateusz	703	KB PIONIER SZCZECIN/AMBASADOR FESTIWALU BIEGOWEGO W KRYNICY ZDRÓJ	M 20	44	00:00:00	21,1 KM	+00:38:03	5:28	11 (67.1%)
447	KULON Aleksander	72		M 20	45	00:00:00	21,1 KM	+00:38:04	5:28	11 (67.1%)
448	BURAWSKI Piotr	1327	DĄBROWSKI TEAM	M 40	162	00:00:00	21,1 KM	+00:38:05	5:28	11 (67.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
449	FREDRICH Maik	499	ITAX	M 40	163	00:00:00	21,1 KM	+00:38:05	5:28	11 (67.1%)
450	PIKUŁA Jacek	601	BIEGNĘ BYLE DOBIEC	M 30	158	00:00:00	21,1 KM	+00:38:06	5:28	11 (67.1%)
451	PIPCZYŃSKI Sławomir	715		M 40	164	00:00:00	21,1 KM	+00:38:06	5:28	11 (67.1%)
452	RADWAŃSKI Marcin	1425		M 30	159	00:00:00	21,1 KM	+00:38:08	5:28	11 (67.1%)
453	PACZKOWSKI Jarosław	1646	OLD RASCALS	M 40	165	00:00:00	21,1 KM	+00:38:14	5:28	11 (67.1%)
454	KASZOWSKI Marcin	1181	KASZKI TEAM	M 40	166	00:00:00	21,1 KM	+00:38:14	5:28	11 (67.1%)
455	MARKOWICZ Robert	330	RAWA TIM ZAWSZE SLIM	M 40	167	00:00:00	21,1 KM	+00:38:15	5:28	11 (67.1%)
456	PŁUCIENNIK Jakub	1355	PRZECŁAW	M 20	46	00:00:00	21,1 KM	+00:38:16	5:28	11 (67.1%)
457	SZEW C Włodzimierz	663	ROMUS	M 50	41	00:00:00	21,1 KM	+00:38:17	5:30	10.9 (66.5%)
458	BAŁAMĄCEK Tomasz	1792	PROGDAR MARATHON TEAM	M 40	168	00:00:00	21,1 KM	+00:38:17	5:28	10.9 (66.5%)
459	MROWIEC Piotr	1295	MPK RUNNERS	M 40	169	00:00:00	21,1 KM	+00:38:17	5:29	10.9 (66.5%)
460	WITOCH Grażyna	1605	TEAM UJŚCIE	K 50	4	00:00:00	21,1 KM	+00:38:19	5:28	10.9 (66.5%)
461	KLUCZYŃSKI Zbigniew	167	NIE	M 50	42	00:00:00	21,1 KM	+00:38:19	5:28	10.9 (66.5%)
462	PAPIERAK Monika	1720		K 40	14	00:00:00	21,1 KM	+00:38:21	5:28	10.9 (66.5%)
463	KSIĄŻEK Kamil	893		M 30	160	00:00:00	21,1 KM	+00:38:23	5:29	10.9 (66.5%)
464	CHWIŁKA Mariusz	1237	KLUB BIEGACZA JYSK	M 40	170	00:00:00	21,1 KM	+00:38:23	5:29	10.9 (66.5%)
465	ZIELENIEWSKI Łukasz	102		M 20	47	00:00:00	21,1 KM	+00:38:26	5:29	10.9 (66.5%)
466	SOŁTYSEK Barbara	624	JUSTFEELFIT	K 40	15	00:00:00	21,1 KM	+00:38:28	5:29	10.9 (66.5%)
467	BORYCZKA Szymon	850	POWOLI DO CELU	M 30	161	00:00:00	21,1 KM	+00:38:31	5:29	10.9 (66.5%)
468	KRÓL Hubert	906		M 40	171	00:00:00	21,1 KM	+00:38:31	5:32	10.8 (65.9%)
469	KIERA Szymon	812		M 40	172	00:00:00	21,1 KM	+00:38:31	5:29	10.9 (66.5%)
470	SWATKOWSKI Stanisław	1785		M 20	48	00:00:00	21,1 KM	+00:38:40	5:29	10.9 (66.5%)
471	JAROCKA Agata	583	BESTIE OCR LEGIONOWO	K 30	19	00:00:00	21,1 KM	+00:38:41	5:29	10.9 (66.5%)
472	JERUZOL Marcin	1167		M 30	162	00:00:00	21,1 KM	+00:38:41	5:29	10.9 (66.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
473	KOZINIEC Krystian	809	DRUŻYNA FILIPA	M 40	173	00:00:00	21,1 KM	+00:38:42	5:29	10.9 (66.5%)
474	ŚWIETLIK Tomasz	207	LEO TEAM	M 50	43	00:00:00	21,1 KM	+00:38:42	5:29	10.9 (66.5%)
475	RYMER Wojciech	1796	WŁASNY JEDNOOSOBOWY	M 40	174	00:00:00	21,1 KM	+00:38:43	5:30	10.9 (66.5%)
476	SZUBERT Rafał	326	SPEEDBROTHERS	M 40	175	00:00:00	21,1 KM	+00:38:47	5:30	10.9 (66.5%)
477	POMORSKI Sławomir	1158	KB WIKON NOWA SÓL	M 40	176	00:00:00	21,1 KM	+00:38:48	5:30	10.9 (66.5%)
478	CYRAN Tadeusz	471	BOHARY PALETA RUNNERS	M 40	177	00:00:00	21,1 KM	+00:38:49	5:30	10.9 (66.5%)
479	GOŹDZIEWSKI Adam	955		M 40	178	00:00:00	21,1 KM	+00:38:52	5:30	10.9 (66.5%)
480	MALINOWSKI Bartek	152		M 40	179	00:00:00	21,1 KM	+00:38:54	5:30	10.9 (66.5%)
481	STĘPNIK Robert	389	WIECZORNE BIEGANIE W SZCZECINIE	M 30	163	00:00:00	21,1 KM	+00:38:56	5:30	10.9 (66.5%)
482	GOLUSIŃSKA Alicja	1098	HERBUD	K 30	20	00:00:00	21,1 KM	+00:38:59	5:30	10.9 (66.5%)
483	KRUPIŃSKI Maciej	1250		M 30	164	00:00:00	21,1 KM	+00:39:01	5:32	10.8 (65.9%)
484	SIESS Jarosław	512		M 50	44	00:00:00	21,1 KM	+00:39:02	5:30	10.9 (66.5%)
485	WAJDZIAK Marcin	1195		M 40	180	00:00:00	21,1 KM	+00:39:03	5:30	10.9 (66.5%)
486	PAW Piotr	646		M 30	165	00:00:00	21,1 KM	+00:39:15	5:34	10.8 (65.9%)
487	MICHAŁOWSKI Tomasz	1686		M 40	181	00:00:00	21,1 KM	+00:39:18	5:31	10.9 (66.5%)
488	SZYMAŃSKA Kasia	633		K 20	7	00:00:00	21,1 KM	+00:39:20	5:31	10.9 (66.5%)
489	ISZCZAK Kazimierz	1682		M 40	182	00:00:00	21,1 KM	+00:39:20	5:31	10.9 (66.5%)
490	WOJCIECHOWSKI Krzysztof	419		M 50	45	00:00:00	21,1 KM	+00:39:23	5:31	10.8 (65.9%)
491	DOMBROWA Robert	451	NOWY ŚWIAT BIEGA	M 50	46	00:00:00	21,1 KM	+00:39:27	5:32	10.8 (65.9%)
492	PRZYBYŁ Monika	976		K 30	21	00:00:00	21,1 KM	+00:39:27	5:32	10.8 (65.9%)
493	JASTRZĘBSKI Jakub	1511		M 30	166	00:00:00	21,1 KM	+00:39:31	5:32	10.8 (65.9%)
494	WRZOCZOL Paweł	1623	TRIGYM	M 30	167	00:00:00	21,1 KM	+00:39:31	5:32	10.8 (65.9%)
495	PIASKOWSKI Mateusz	1227	KLUB MARATOŃCZYKA V LO W POZNANIU	M 20	49	00:00:00	21,1 KM	+00:39:35	5:32	10.8 (65.9%)
496	WRONA Karol	644	W-PETROL	M 20	50	00:00:00	21,1 KM	+00:39:37	5:32	10.8 (65.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
497	BANASIAK Andrzej	352		M 40	183	00:00:00	21,1 KM	+00:39:39	5:32	10.8 (65.9%)
498	MAKOWSKI Mariusz	848	MAFIA TEAM LUBLINIEC	M 40	184	00:00:00	21,1 KM	+00:39:40	5:32	10.8 (65.9%)
499	LACIAK Sebastian	1759	DOWIESZ SIĘ W SWOIM CZASIE	M 30	168	00:00:00	21,1 KM	+00:39:41	5:32	10.8 (65.9%)
500	ROGOWSKI Arek	135	BG PROJECT	M 40	185	00:00:00	21,1 KM	+00:39:41	5:32	10.8 (65.9%)
501	GRZYWACZ Karol	974	LOLO TEAM	M 30	169	00:00:00	21,1 KM	+00:39:42	5:32	10.8 (65.9%)
502	RATAJCZAK Konrad	765	TROCHĘ JUŻ BIEGAM ,)	M 40	186	00:00:00	21,1 KM	+00:39:48	5:33	10.8 (65.9%)
503	SURDAKCI Piotr	248		M 40	187	00:00:00	21,1 KM	+00:39:48	5:33	10.8 (65.9%)
504	GĘBSKI Mariusz	1707		M 40	188	00:00:00	21,1 KM	+00:39:49	5:33	10.8 (65.9%)
505	BEDNARZ Krzysztof	1816	SCB	M 30	170	00:00:00	21,1 KM	+00:39:54	5:33	10.8 (65.9%)
506	SKRZYŃSKI Rafał	1739	RUNONLINE	M 30	171	00:00:00	21,1 KM	+00:39:56	5:33	10.8 (65.9%)
507	TROJANOWSKI Kamil	1391		M 30	172	00:00:00	21,1 KM	+00:39:56	5:33	10.8 (65.9%)
508	BAJURA Kamil	1360		M 20	51	00:00:00	21,1 KM	+00:39:57	5:33	10.8 (65.9%)
509	WOLSKI Tomasz	1509	WIECZORNE BIEGANIE W SZCZECINIE	M 40	189	00:00:00	21,1 KM	+00:39:57	5:33	10.8 (65.9%)
510	STRZYGA Mariusz	1223		M 40	190	00:00:00	21,1 KM	+00:39:58	5:33	10.8 (65.9%)
511	KUBIAK Marcin	1741	ZJEDNOCZONE SŁUŻBY MUNDUROWE KĄTY WROCŁAWSKIE	M 40	191	00:00:00	21,1 KM	+00:40:02	5:33	10.8 (65.9%)
512	PAWLIK Krzysztof	725	POLISH RUNNERS CLUB IRELAND	M 30	173	00:00:00	21,1 KM	+00:40:02	5:33	10.8 (65.9%)
513	JARZĄBEK Robert	1153		M 40	192	00:00:00	21,1 KM	+00:40:03	5:33	10.8 (65.9%)
514	WÓJCIK Radosław	254		M 30	174	00:00:00	21,1 KM	+00:40:03	5:33	10.8 (65.9%)
515	CHOJNACKI Bartosz	1448		M 30	175	00:00:00	21,1 KM	+00:40:03	5:33	10.8 (65.9%)
516	PYSZCZEK Jacek	635	BIEGIEM RADOM !	M 50	47	00:00:00	21,1 KM	+00:40:05	5:33	10.8 (65.9%)
517	MAŁECKI Grzegorz	165		M 40	193	00:00:00	21,1 KM	+00:40:08	5:34	10.8 (65.9%)
518	MOTŁOCH Piotr	1611		M 30	176	00:00:00	21,1 KM	+00:40:08	5:34	10.8 (65.9%)
519	CHMIELEWSKI Tomasz	1470	RACEHARD/GBBO	M 40	194	00:00:00	21,1 KM	+00:40:09	5:34	10.8 (65.9%)
520	WODORACKI Dariusz	1461	KLUB SAMOTNYCH SERC	M 50	48	00:00:00	21,1 KM	+00:40:10	5:34	10.8 (65.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
521	RACŁAWSKI Tomasz	1670		M 50	49	00:00:00	21,1 KM	+00:40:10	5:34	10.8 (65.9%)
522	SABANOWSKA Aneta	1773	POLSKA RUNNING TEAM	K 40	16	00:00:00	21,1 KM	+00:40:15	5:34	10.8 (65.9%)
523	RĘPALSKA Agata	905		K 30	22	00:00:00	21,1 KM	+00:40:15	5:34	10.8 (65.9%)
524	GIBAS Jacek	1595		M 40	195	00:00:00	21,1 KM	+00:40:15	5:34	10.8 (65.9%)
525	SZADKOWSKI Dawid	698	WICHER SIENIAWA	M 30	177	00:00:00	21,1 KM	+00:40:17	5:34	10.8 (65.9%)
526	RZEMPOŁUCH Rafał	155		M 30	178	00:00:00	21,1 KM	+00:40:21	5:34	10.8 (65.9%)
527	ADAMSKI Marcin	1800		M 20	52	00:00:00	21,1 KM	+00:40:23	5:34	10.8 (65.9%)
528	DOMOŃ Grzegorz	709		M 30	179	00:00:00	21,1 KM	+00:40:26	5:35	10.7 (65.2%)
529	JAROSZEWICZ Grzegorz	1399	KB PIONIER SZCZECIN	M 40	196	00:00:00	21,1 KM	+00:40:30	5:35	10.7 (65.2%)
530	MOL Rafał	283	GRUPA BIEGOWA ENERGY KACZORY	M 40	197	00:00:00	21,1 KM	+00:40:32	5:35	10.7 (65.2%)
531	SALAMON Łukasz	1661		M 30	180	00:00:00	21,1 KM	+00:40:34	5:35	10.7 (65.2%)
532	WĘGLARZ Sławowir	962		M 30	181	00:00:00	21,1 KM	+00:40:37	5:35	10.7 (65.2%)
533	KOMENZA Marcin	1684		M 40	198	00:00:00	21,1 KM	+00:40:38	5:35	10.7 (65.2%)
534	SIWAK Łukasz	212		M 30	182	00:00:00	21,1 KM	+00:40:38	5:35	10.7 (65.2%)
535	DUPLA Konrad	1127		M 40	199	00:00:00	21,1 KM	+00:40:39	5:35	10.7 (65.2%)
536	SIWIEC Robert	1228	PLIK TEAM	M 40	200	00:00:00	21,1 KM	+00:40:42	5:35	10.7 (65.2%)
537	LIJEWSKI Tomasz	1266	AMATORSKA LIGA CHULIGANKA SWAJ	M 40	201	00:00:00	21,1 KM	+00:40:44	5:37	10.7 (65.2%)
538	BEREZOWSKI Marcin	1286		M 40	202	00:00:00	21,1 KM	+00:40:47	5:35	10.7 (65.2%)
539	ŻURAWSKI Karol	1040		M 20	53	00:00:00	21,1 KM	+00:40:51	5:36	10.7 (65.2%)
540	OJDOWSKI Leon	1668	WODOCIĄGI WAŁBRZYCH	M 50	50	00:00:00	21,1 KM	+00:40:55	5:36	10.7 (65.2%)
541	PRZESÓR Barbara	859	ZADYSZKA OŚWIĘCIM	K 30	23	00:00:00	21,1 KM	+00:40:56	5:36	10.7 (65.2%)
542	KRZEŚNIEWSKI Marcin	1294	ROWEROWY ZAŁOM	M 40	203	00:00:00	21,1 KM	+00:40:56	5:36	10.7 (65.2%)
543	MACIĄG Krzysztof	575		M 40	204	00:00:00	21,1 KM	+00:40:57	5:36	10.7 (65.2%)
544	ADAMCZYK Bernard	245		M 40	205	00:00:00	21,1 KM	+00:40:58	5:36	10.7 (65.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
545	STACHOWIAK Dawid	791		M 20	54	00:00:00	21,1 KM	+00:40:59	5:37	10.7 (65.2%)
546	SUCHECKI Przemysław	1801	KS POMORSKA	M 30	183	00:00:00	21,1 KM	+00:41:00	5:40	10.6 (64.6%)
547	SZEWC Tomek	208		M 30	184	00:00:00	21,1 KM	+00:41:00	5:37	10.7 (65.2%)
548	GARBOWSKA Anna	1394		K 30	24	00:00:00	21,1 KM	+00:41:01	5:36	10.7 (65.2%)
549	MARTYNIUK Ryszard	130	GMINA STRZELCE OPOLSKIE	M 30	185	00:00:00	21,1 KM	+00:41:01	5:36	10.7 (65.2%)
550	PRUSZKOWSKI Szymon	1803	ZALASEWO	M 40	206	00:00:00	21,1 KM	+00:41:02	5:36	10.7 (65.2%)
551	WIĘCKOWSKI Sebastian	565		M 30	186	00:00:00	21,1 KM	+00:41:05	5:36	10.7 (65.2%)
552	NIEKOREK Sebastian	1276	PYRZYCE BIEGAJĄ	M 40	207	00:00:00	21,1 KM	+00:41:06	5:36	10.7 (65.2%)
553	ZBOROWSKA Daria	307	AKTYWNY OSTRZESZÓW	K 20	8	00:00:00	21,1 KM	+00:41:10	5:36	10.7 (65.2%)
554	MUMOT Dariusz	1854	RADZYMIN RUN TEAM	M 40	208	00:00:00	21,1 KM	+00:41:12	5:37	10.7 (65.2%)
555	ABRAHAMOWICZ Jakub	1308	QBA	M 30	187	00:00:00	21,1 KM	+00:41:13	5:37	10.7 (65.2%)
556	URBANIEC Wojciech	1771		M 50	51	00:00:00	21,1 KM	+00:41:24	5:37	10.7 (65.2%)
557	KUJACIŃSKI Łukasz	1044	GSK FIT PIORUNY	M 30	188	00:00:00	21,1 KM	+00:41:28	5:37	10.7 (65.2%)
558	KITA Piotr	1076	351 KLP	M 40	209	00:00:00	21,1 KM	+00:41:32	5:38	10.7 (65.2%)
559	DRYMEL Agata	530		K 40	17	00:00:00	21,1 KM	+00:41:33	5:38	10.6 (64.6%)
560	KUCZMIERCZYK Justyna	1680		K 30	25	00:00:00	21,1 KM	+00:41:35	5:38	10.6 (64.6%)
561	RECLIŁ Łukasz	921	APRT	M 30	189	00:00:00	21,1 KM	+00:41:35	5:38	10.6 (64.6%)
562	JAKUBOWICZ Dawid	1067		M 30	190	00:00:00	21,1 KM	+00:41:35	5:38	10.6 (64.6%)
563	KORDELA Dominika	1056		K 30	26	00:00:00	21,1 KM	+00:41:36	5:38	10.6 (64.6%)
564	MACIEJEWSKI Krystian	1734	POLSKA RUNNING TEAM	M 40	210	00:00:00	21,1 KM	+00:41:37	5:38	10.6 (64.6%)
565	KONSEK Jacek	723		M 30	191	00:00:00	21,1 KM	+00:41:39	5:39	10.6 (64.6%)
566	HUSZCZA Piotr	1114	PYRZYCE BIEGAJĄ	M 40	211	00:00:00	21,1 KM	+00:41:43	5:38	10.6 (64.6%)
567	ROLLA Dorian	429		M 40	212	00:00:00	21,1 KM	+00:41:46	5:38	10.6 (64.6%)
568	MIADZIELEC Artur	1533		M 30	192	00:00:00	21,1 KM	+00:41:46	5:38	10.6 (64.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
569	ROZEN Agnieszka	319		K 40	18	00:00:00	21,1 KM	+00:41:47	5:38	10.6 (64.6%)
570	RACINOWSKI Marcin	311		M 40	213	00:00:00	21,1 KM	+00:41:47	5:38	10.6 (64.6%)
571	TYCZYŃSKI Krzysztof	1321	CZERWONAK BIEGA	M 30	193	00:00:00	21,1 KM	+00:41:48	5:38	10.6 (64.6%)
572	DENESZEWSKI Tomek	104		M 30	194	00:00:00	21,1 KM	+00:41:48	5:38	10.6 (64.6%)
573	STRÓŻYK Artur	1445		M 30	195	00:00:00	21,1 KM	+00:41:49	5:38	10.6 (64.6%)
574	JÓŻWIAK Arkadiusz	1352		M 40	214	00:00:00	21,1 KM	+00:41:49	5:38	10.6 (64.6%)
575	WALKOWIAK Justyna	1763	WALKOŁAJAK TEAM	K 20	9	00:00:00	21,1 KM	+00:41:56	5:39	10.6 (64.6%)
576	IGRAS Mieczysław	805	RUNNERS TEAM NYSA	M 50	52	00:00:00	21,1 KM	+00:41:57	5:39	10.6 (64.6%)
577	FRĄCKOWIAK Cezariusz	1704		M 50	53	00:00:00	21,1 KM	+00:41:58	5:39	10.6 (64.6%)
578	TCHÓRZ Dariusz	1853		M 40	215	00:00:00	21,1 KM	+00:42:00	5:39	10.6 (64.6%)
579	DOMINIAK Tomasz	1633		M 40	216	00:00:00	21,1 KM	+00:42:06	5:39	10.6 (64.6%)
580	BABIŃSKI Sławek	1873	HANMON.PL	M 40	217	00:00:00	21,1 KM	+00:42:10	5:39	10.6 (64.6%)
581	SCHMIDT Mariusz	587	ORANGE POLSKA	M 40	218	00:00:00	21,1 KM	+00:42:14	5:40	10.6 (64.6%)
582	CZERWONKA Piotr	660		M 20	55	00:00:00	21,1 KM	+00:42:14	5:40	10.6 (64.6%)
583	LIŻEWSKA Lidia	1179	KB WYSZKÓW	K 30	27	00:00:00	21,1 KM	+00:42:14	5:40	10.6 (64.6%)
584	CIENIUCH Krzysztof	620	OSTRY CIEŃ MGLY	M 40	219	00:00:00	21,1 KM	+00:42:17	5:40	10.6 (64.6%)
585	GROCKI Mirosław	1059	HAZOKI	M 30	196	00:00:00	21,1 KM	+00:42:18	5:40	10.6 (64.6%)
586	LESZCZYŃSKI Artur	813	BBL	M 40	220	00:00:00	21,1 KM	+00:42:18	5:40	10.6 (64.6%)
587	NIEWIADOMSKA Patrycja	1469	HAJIME RUN TEAM	K 30	28	00:00:00	21,1 KM	+00:42:19	5:40	10.6 (64.6%)
588	WASIELEWSKI Błażej	380	DRUŻYNA SZPIKU	M 30	197	00:00:00	21,1 KM	+00:42:19	5:41	10.6 (64.6%)
589	BECHTA Damian	851	ADIDAS RUNNERS WARSAW	M 20	56	00:00:00	21,1 KM	+00:42:22	5:40	10.6 (64.6%)
590	SZUMSKI Zbigniew	1118	927-18-51-447	M 50	54	00:00:00	21,1 KM	+00:42:22	5:40	10.6 (64.6%)
591	GÓRALSKI Jarosław	736	SMERFY BIEGAJĄ RAZEM PO 0.7	M 50	55	00:00:00	21,1 KM	+00:42:23	5:40	10.6 (64.6%)
592	SACHARSKI Bartłomiej	222	WIECZORNE BIEGANIE W SZCZECINIE	M 30	198	00:00:00	21,1 KM	+00:42:23	5:40	10.6 (64.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
593	NYCZ Marcin	1375		M 30	199	00:00:00	21,1 KM	+00:42:24	5:40	10.6 (64.6%)
594	DUDEK Barbara	898	ROSSBIEGANI	K 40	19	00:00:00	21,1 KM	+00:42:24	5:40	10.6 (64.6%)
595	MAZUR Kamil	671		M 30	200	00:00:00	21,1 KM	+00:42:24	5:40	10.6 (64.6%)
596	TOBJASZ Maciej	1265		M 40	221	00:00:00	21,1 KM	+00:42:24	5:41	10.5 (64.0%)
597	WIŚNIEWSKA Marta	286	WIECZORNE BIEGANIE W SZCZECINIE	K 40	20	00:00:00	21,1 KM	+00:42:26	5:40	10.6 (64.6%)
598	BOROWSKI Marcin	1087	MIND GROUP	M 40	222	00:00:00	21,1 KM	+00:42:27	5:40	10.6 (64.6%)
599	WAJDZIK Adam	713	CZWARTUNIO TEAM	M 20	57	00:00:00	21,1 KM	+00:42:31	5:40	10.6 (64.6%)
600	STANEK Paweł	605		M 40	223	00:00:00	21,1 KM	+00:42:33	5:40	10.6 (64.6%)
601	TERETYKA Dorota	14		K 40	21	00:00:00	21,1 KM	+00:42:34	5:40	10.6 (64.6%)
602	PIETRZAK Krzysztof	718	BIEGAMBOLUBIĘ GORZÓW	M 30	201	00:00:00	21,1 KM	+00:42:35	5:42	10.5 (64.0%)
603	SKORSTAD Izabela	1627	IZABELA SYLWIA SKORSTAD	K 40	22	00:00:00	21,1 KM	+00:42:36	5:41	10.5 (64.0%)
604	KALISZAN Damian	934		M 40	224	00:00:00	21,1 KM	+00:42:36	5:41	10.6 (64.6%)
605	CZYŻEWSKI Mateusz	637	WKURW_TEAM PAPRYKARZE	M 30	202	00:00:00	21,1 KM	+00:42:37	5:41	10.6 (64.6%)
606	KAZMIERCZAK Grzegorz	1229		M 40	225	00:00:00	21,1 KM	+00:42:37	5:41	10.6 (64.6%)
607	SZMEICHEL Dariusz	1130		M 50	56	00:00:00	21,1 KM	+00:42:37	5:41	10.5 (64.0%)
608	CHWEDORCZUK Robert	1476		M 40	226	00:00:00	21,1 KM	+00:42:38	5:41	10.6 (64.6%)
609	WALKOWIAK Jacek	1074		M 40	227	00:00:00	21,1 KM	+00:42:40	5:41	10.6 (64.6%)
610	ŁUSZCZEWSKI Kamil	348		M 20	58	00:00:00	21,1 KM	+00:42:40	5:41	10.6 (64.6%)
611	CIEMCIOCH Damian	1190		M 30	203	00:00:00	21,1 KM	+00:42:42	5:41	10.5 (64.0%)
612	TARGOŃSKI Sławomir	656	1980	M 30	204	00:00:00	21,1 KM	+00:42:42	5:41	10.5 (64.0%)
613	URBAŃCZAK Szymon	1143	DOBICONNECT	M 30	205	00:00:00	21,1 KM	+00:42:44	5:41	10.5 (64.0%)
614	GABOR Krzysztof	1634		M 40	228	00:00:00	21,1 KM	+00:42:44	5:41	10.5 (64.0%)
615	HRYNIEWICZ Jacek	904	KONGSBERG K-RUNNERS	M 30	206	00:00:00	21,1 KM	+00:42:44	5:41	10.5 (64.0%)
616	MATUSZAK Krzysztof	768	MATUSZAK TEAM	M 40	229	00:00:00	21,1 KM	+00:42:47	5:41	10.5 (64.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
617	CIELOCH Krzysztof	1312		M 30	207	00:00:00	21,1 KM	+00:42:48	5:41	10.5 (64.0%)
618	ROSZAK Tomasz	1460	NIGHT RUNNERS WRZEŚNIA	M 40	230	00:00:00	21,1 KM	+00:42:48	5:42	10.5 (64.0%)
619	TABISZ Marcin	834		M 40	231	00:00:00	21,1 KM	+00:42:49	5:42	10.5 (64.0%)
620	PIETRZAK Krzysztof	1139		M 40	232	00:00:00	21,1 KM	+00:42:49	5:41	10.5 (64.0%)
621	PUSTUŁKA Adam	249		M 40	233	00:00:00	21,1 KM	+00:42:49	5:41	10.5 (64.0%)
622	RAKOWSKA Agnieszka	1011		K 30	29	00:00:00	21,1 KM	+00:42:49	5:41	10.5 (64.0%)
623	RYCHEL Radosław	391	E-DZIEWIARKA.PL	M 40	234	00:00:00	21,1 KM	+00:42:51	5:41	10.5 (64.0%)
624	KACZMARZYK Bartłomiej	959		M 30	208	00:00:00	21,1 KM	+00:42:53	5:41	10.5 (64.0%)
625	WINKLER Sebastian	667	DOCHODZIMY W 2H :)	M 30	209	00:00:00	21,1 KM	+00:42:54	5:41	10.5 (64.0%)
626	GIDELSKI Rafał	1105		M 40	235	00:00:00	21,1 KM	+00:42:59	5:42	10.5 (64.0%)
627	JASTRZĘBSKI Maciej	323		M 30	210	00:00:00	21,1 KM	+00:43:00	5:42	10.5 (64.0%)
628	SZUMLAS Monika	241		K 50	5	00:00:00	21,1 KM	+00:43:00	5:42	10.5 (64.0%)
629	STRELCOW Krzysztof	837		M 40	236	00:00:00	21,1 KM	+00:43:00	5:42	10.5 (64.0%)
630	DROZDEK Włodzimierz	264	CHARTY	M 50	57	00:00:00	21,1 KM	+00:43:04	5:42	10.5 (64.0%)
631	WEYNA Rafał	1318	RUCHAWIE MISIE Z BIAŁEGO DOMKU	M 40	237	00:00:00	21,1 KM	+00:43:08	5:42	10.5 (64.0%)
632	POTOCZNIK Tomasz	1085		M 40	238	00:00:00	21,1 KM	+00:43:10	5:42	10.5 (64.0%)
633	ROGOZIŃSKI Artur	1748	BIEGAM BO LUBIĘ	M 40	239	00:00:00	21,1 KM	+00:43:11	5:42	10.5 (64.0%)
634	UMIŃSKI Robert	918		M 30	211	00:00:00	21,1 KM	+00:43:11	5:42	10.5 (64.0%)
635	PYZIK Grzegorz	228		M 40	240	00:00:00	21,1 KM	+00:43:13	5:42	10.5 (64.0%)
636	GRAJ Ewa	1500	KB KATORŻNIK MUROWANA GOŚLINA	K 40	23	00:00:00	21,1 KM	+00:43:14	5:44	10.5 (64.0%)
637	ZĄBCZYK Jakub	124		M 40	241	00:00:00	21,1 KM	+00:43:18	5:43	10.5 (64.0%)
638	SIKORA Dariusz	1361		M 50	58	00:00:00	21,1 KM	+00:43:19	5:43	10.5 (64.0%)
639	DUDEK Dariusz	32		M 20	59	00:00:00	21,1 KM	+00:43:24	5:43	10.5 (64.0%)
640	KRÓL Mateusz	1537		M 20	60	00:00:00	21,1 KM	+00:43:25	5:43	10.5 (64.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
641	SZUDEJKO Michał	869		M 30	212	00:00:00	21,1 KM	+00:43:31	5:49	10.3 (62.8%)
642	TOBOŁA Robert	306		M 40	242	00:00:00	21,1 KM	+00:43:31	5:43	10.5 (64.0%)
643	GAWRON Andrzej	483		M 40	243	00:00:00	21,1 KM	+00:43:36	5:43	10.5 (64.0%)
644	ŻMINKOWSKI Jarosław	256	ZAWARCIE	M 50	59	00:00:00	21,1 KM	+00:43:38	5:43	10.5 (64.0%)
645	ANTONISZYN Dariusz	434	SZCZYTROWICE W BIEGU	M 50	60	00:00:00	21,1 KM	+00:43:40	5:44	10.5 (64.0%)
646	. Sasza44	963	LECHICI ZIELONKA	M 40	244	00:00:00	21,1 KM	+00:43:41	5:44	10.5 (64.0%)
647	SZEWCZYK Monika	752		K 20	10	00:00:00	21,1 KM	+00:43:41	5:44	10.5 (64.0%)
648	KAPRUZIAK Waldemar	1210		M 40	245	00:00:00	21,1 KM	+00:43:45	5:44	10.5 (64.0%)
649	GRZECHOWIAK Marek	1818		M 20	61	00:00:00	21,1 KM	+00:43:46	5:44	10.5 (64.0%)
650	GODZIUK Roman	1645		M 50	61	00:00:00	21,1 KM	+00:43:51	5:44	10.4 (63.4%)
651	ZIELIŃSKI Sławomir	1191		M 30	213	00:00:00	21,1 KM	+00:43:56	5:44	10.4 (63.4%)
652	BIWOJNO Paweł	844		M 30	214	00:00:00	21,1 KM	+00:44:02	5:45	10.4 (63.4%)
653	LESZCZYŃSKA Joasia	923	WKZ-BBL KOZIENICE	K 40	24	00:00:00	21,1 KM	+00:44:03	5:45	10.4 (63.4%)
654	CHYŁA Dawid	751		M 30	215	00:00:00	21,1 KM	+00:44:05	5:45	10.4 (63.4%)
655	HORZELA Adam	1303	HURAGAN LIGOTA	M 30	216	00:00:00	21,1 KM	+00:44:08	5:45	10.4 (63.4%)
656	WICKI Karol	477	GREG TEAM	M 20	62	00:00:00	21,1 KM	+00:44:08	5:45	10.4 (63.4%)
657	STOLC Ireneusz	545	KASZUBSKI BIEGACZ	M 30	217	00:00:00	21,1 KM	+00:44:09	5:45	10.4 (63.4%)
658	KULA Adam	808		M 30	218	00:00:00	21,1 KM	+00:44:10	5:45	10.4 (63.4%)
659	SZYMAŃSKA Agnieszka	1804	PKO BANK POLSKI	K 40	25	00:00:00	21,1 KM	+00:44:13	5:45	10.4 (63.4%)
660	LELENIEWSKI Jacek	892		M 30	219	00:00:00	21,1 KM	+00:44:16	5:45	10.4 (63.4%)
661	POSZUMSKA Gabriela	1736		K 20	11	00:00:00	21,1 KM	+00:44:20	5:47	10.4 (63.4%)
662	PAJCHROWSKI Michał	988		M 30	220	00:00:00	21,1 KM	+00:44:31	5:46	10.4 (63.4%)
663	LESZCZ Jarosław	557		M 40	246	00:00:00	21,1 KM	+00:44:32	5:46	10.4 (63.4%)
664	DZIEWICKA Ewa	1745		K 50	6	00:00:00	21,1 KM	+00:44:34	5:46	10.4 (63.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
665	STEFANIAK Paweł	106	12BZ/14BUJ	M 30	221	00:00:00	21,1 KM	+00:44:34	5:46	10.4 (63.4%)
666	ROMAN Krzysztof	154		M 40	247	00:00:00	21,1 KM	+00:44:34	5:46	10.4 (63.4%)
667	KALBARCZYK Maciej	696		M 30	222	00:00:00	21,1 KM	+00:44:35	5:46	10.4 (63.4%)
668	DZIEDZIC Dominik	1196		M 30	223	00:00:00	21,1 KM	+00:44:37	5:46	10.4 (63.4%)
669	MROŻEK Aleksandra	1176	ŻAGAŃSKIE DZIKI	K 30	30	00:00:00	21,1 KM	+00:44:42	5:48	10.3 (62.8%)
670	KOWCZYK Marcin	1535		M 30	224	00:00:00	21,1 KM	+00:44:42	5:47	10.4 (63.4%)
671	CIEŚLA Arkadiusz	1346	BIEGAMY Z SERCEM.PL	M 40	248	00:00:00	21,1 KM	+00:44:43	5:47	10.4 (63.4%)
672	SAŁABON Mateusz	527		M 20	63	00:00:00	21,1 KM	+00:44:44	5:47	10.4 (63.4%)
673	DRYMEL Sylwia	400		K 40	26	00:00:00	21,1 KM	+00:44:49	5:47	10.4 (63.4%)
674	UTRACKI Michał	1036		M 50	62	00:00:00	21,1 KM	+00:44:51	5:47	10.4 (63.4%)
675	WOJCIECHOWSKI Maks	421		M 20	64	00:00:00	21,1 KM	+00:44:57	5:48	10.3 (62.8%)
676	RZEMIENIECKA-GRUDZIEN Joanna	798		K 30	31	00:00:00	21,1 KM	+00:44:59	5:47	10.4 (63.4%)
677	SUTULA Krzysztof	502		M 40	249	00:00:00	21,1 KM	+00:44:59	5:47	10.4 (63.4%)
678	VLADYMYROV Dmytro	472	WATAHA	M 30	225	00:00:00	21,1 KM	+00:45:02	5:47	10.3 (62.8%)
679	GAWRON Urszula	379		K 30	32	00:00:00	21,1 KM	+00:45:03	5:48	10.3 (62.8%)
680	WOJAKOWSKA Katarzyna	1413	K&K RUN	K 40	27	00:00:00	21,1 KM	+00:45:06	5:48	10.3 (62.8%)
681	BARANOWSKI Łukasz	724		M 30	226	00:00:00	21,1 KM	+00:45:07	5:48	10.3 (62.8%)
682	LELITO Piotr	1334		M 30	227	00:00:00	21,1 KM	+00:45:11	5:48	10.3 (62.8%)
683	ŻYLUK Bożena	1837	WIECZORNE BIEGANIE W SZCZECINIE	K 40	28	00:00:00	21,1 KM	+00:45:11	5:48	10.3 (62.8%)
684	ZAWLIK Tomasz	739	KAŻDA KROPLA POTU MA SENS	M 40	250	00:00:00	21,1 KM	+00:45:13	5:48	10.3 (62.8%)
685	PRUSZANOW Marcin	622	KB HERMES GRYFINO	M 40	251	00:00:00	21,1 KM	+00:45:15	5:48	10.3 (62.8%)
686	BORKOWSKI Marek	1366		M 40	252	00:00:00	21,1 KM	+00:45:15	5:48	10.3 (62.8%)
687	WŁOSZAK Marek	100		M 30	228	00:00:00	21,1 KM	+00:45:15	5:48	10.3 (62.8%)
688	KOZŁOWSKI Adam	1848	WIECZORNE BIEGANIE W SZCZECINIE	M 40	253	00:00:00	21,1 KM	+00:45:15	5:48	10.3 (62.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
689	RAWICKA-POLNIK Magdalena	1614		K 30	33	00:00:00	21,1 KM	+00:45:16	5:48	10.3 (62.8%)
690	MARCINOWSKI Krzysztof	1765	RUN4FUN	M 40	254	00:00:00	21,1 KM	+00:45:19	5:48	10.3 (62.8%)
691	FRANKOWSKI Mariusz	541		M 30	229	00:00:00	21,1 KM	+00:45:21	5:49	10.3 (62.8%)
692	MAJEWSKA-SZYMCZYK Joanna	1588		K 30	34	00:00:00	21,1 KM	+00:45:23	5:48	10.3 (62.8%)
693	KOMSTA Beata	807		K 40	29	00:00:00	21,1 KM	+00:45:23	5:48	10.3 (62.8%)
694	ROSZAK Weronika	261	CIUWER TEAM	K 20	12	00:00:00	21,1 KM	+00:45:23	5:48	10.3 (62.8%)
695	MAŁECKI Artur	662		M 40	255	00:00:00	21,1 KM	+00:45:26	5:49	10.3 (62.8%)
696	TUROŃ Błażej	992	SAINT-GOBAIN SQUAD	M 20	65	00:00:00	21,1 KM	+00:45:28	5:49	10.3 (62.8%)
697	GACH Krzysztof	581	1987	M 30	230	00:00:00	21,1 KM	+00:45:32	5:49	10.3 (62.8%)
698	WYGODA Paweł	681	HERBALIFE	M 50	63	00:00:00	21,1 KM	+00:45:33	5:49	10.3 (62.8%)
699	ZAJĄC Paweł	1111		M 30	231	00:00:00	21,1 KM	+00:45:36	5:51	10.3 (62.8%)
700	KLOS Tomasz	1108		M 30	232	00:00:00	21,1 KM	+00:45:38	5:49	10.3 (62.8%)
701	PERLEGA Marcin	1490	BAKPAK.PL	M 40	256	00:00:00	21,1 KM	+00:45:40	5:49	10.3 (62.8%)
702	JARZĄBEK Michał	1117	MICHAŁ JARZĄBEK	M 30	233	00:00:00	21,1 KM	+00:45:42	5:49	10.3 (62.8%)
703	SYCAN Krzysztof	1887	PKO BANK POLSKI / BIEGAM NA TARCHOMINIE	M 40	257	00:00:00	21,1 KM	+00:45:44	5:49	10.3 (62.8%)
704	WOŁYNIEC Szymon	66	WIECZORNE BIEGANIE W SZCZECINIE	M 20	66	00:00:00	21,1 KM	+00:45:47	5:50	10.3 (62.8%)
705	CZUBALA Michał	573		M 30	234	00:00:00	21,1 KM	+00:45:49	5:50	10.3 (62.8%)
706	JARMUŻEWSKI Adam	1242	TIA	M 40	258	00:00:00	21,1 KM	+00:45:52	5:50	10.3 (62.8%)
707	SZABŁOWSKI Łukasz	1233		M 20	67	00:00:00	21,1 KM	+00:45:53	5:50	10.3 (62.8%)
708	BRZEZICKA Kornelia	1701		K 30	35	00:00:00	21,1 KM	+00:46:02	5:50	10.3 (62.8%)
709	BOJKO Marek	58		M 40	259	00:00:00	21,1 KM	+00:46:04	5:50	10.3 (62.8%)
710	PASZKOWSKI Michał	1144	SOLANIN FILM FESTIWAL	M 20	68	00:00:00	21,1 KM	+00:46:04	5:50	10.3 (62.8%)
711	SYS Ewa	936		K 40	30	00:00:00	21,1 KM	+00:46:09	5:51	10.3 (62.8%)
712	ZIMNY Ireneusz	288		M 40	260	00:00:00	21,1 KM	+00:46:09	5:51	10.3 (62.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
713	JARMUŻEWSKA Teresa	1272	TIA	K 40	31	00:00:00	21,1 KM	+00:46:10	5:51	10.3 (62.8%)
714	MARCULA Emil	1048		M 30	235	00:00:00	21,1 KM	+00:46:12	5:51	10.2 (62.2%)
715	ŁĄCZAK Justyna	12	ASSECO ACTIVE TEAM	K 40	32	00:00:00	21,1 KM	+00:46:13	5:51	10.2 (62.2%)
716	ZASADA Iwona	52	BOHAR PALETY RUNNERS	K 40	33	00:00:00	21,1 KM	+00:46:16	5:51	10.2 (62.2%)
717	DOBOSZ Piotr	1725	1980	M 30	236	00:00:00	21,1 KM	+00:46:16	5:51	10.2 (62.2%)
718	KOWALSKI Piotr	1662	BMWP	M 30	237	00:00:00	21,1 KM	+00:46:17	5:55	10.1 (61.6%)
719	SOBOTA Natalia	1071		K 20	13	00:00:00	21,1 KM	+00:46:22	5:51	10.2 (62.2%)
720	KOZAK Katarzyna	202		K 20	14	00:00:00	21,1 KM	+00:46:23	5:51	10.2 (62.2%)
721	KOŁOMAŃSKI Hubert	1581		M 30	238	00:00:00	21,1 KM	+00:46:24	5:51	10.2 (62.2%)
722	POPIELA Krzysiek	1712		M 20	69	00:00:00	21,1 KM	+00:46:25	5:51	10.2 (62.2%)
723	PYTEL Jarosław	365	PARKRUN CHRZANÓW	M 30	239	00:00:00	21,1 KM	+00:46:25	5:51	10.2 (62.2%)
724	MANDAT Janek	465	KB LUPUS OLEŚNICA	M 60	5	00:00:00	21,1 KM	+00:46:28	5:52	10.2 (62.2%)
725	USEWICZ Maciej	1165		M 30	240	00:00:00	21,1 KM	+00:46:28	5:52	10.2 (62.2%)
726	KOCZOROWSKA Kika	1065		K 30	36	00:00:00	21,1 KM	+00:46:29	5:52	10.2 (62.2%)
727	MALICKA Małgorzata	177	BOHAR PALETY RUNNERS	K 40	34	00:00:00	21,1 KM	+00:46:30	5:52	10.2 (62.2%)
728	HUDEREK Łukasz	1766		M 40	261	00:00:00	21,1 KM	+00:46:35	5:52	10.2 (62.2%)
729	BENTKOWSKI Tomasz	1055	POBIEDZISKA RUNNING TEAM	M 40	262	00:00:00	21,1 KM	+00:46:37	5:52	10.2 (62.2%)
730	RZYMSKA Marta	693		K 30	37	00:00:00	21,1 KM	+00:46:38	5:52	10.2 (62.2%)
731	LEWANIAK Elżbieta	731		K 40	35	00:00:00	21,1 KM	+00:46:42	5:52	10.2 (62.2%)
732	RASZEWSKA-NOLBERT Grażyna	868		K 30	38	00:00:00	21,1 KM	+00:46:44	5:52	10.2 (62.2%)
733	KOCHANIAK Andrzej	902	PODLASKI BIMBER	M 30	241	00:00:00	21,1 KM	+00:46:45	5:52	10.2 (62.2%)
734	SMARZEK Tomasz	1866	MBANK	M 30	242	00:00:00	21,1 KM	+00:46:46	5:53	10.2 (62.2%)
735	ROŻEK Marcin	1568	CSWL POZNAŃ	M 30	243	00:00:00	21,1 KM	+00:46:46	5:52	10.2 (62.2%)
736	MIKOŁAJCZYK Łukasz	1778		M 30	244	00:00:00	21,1 KM	+00:46:46	5:52	10.2 (62.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
737	PAWLAK Krzysztof	246		M 30	245	00:00:00	21,1 KM	+00:46:49	5:53	10.2 (62.2%)
738	WOJTCZAK Justyna	354	FSD RUN DREZDENKO	K 20	15	00:00:00	21,1 KM	+00:46:56	5:53	10.2 (62.2%)
739	BOĆKOWSKI Marek	1802		M 50	64	00:00:00	21,1 KM	+00:47:01	5:53	10.2 (62.2%)
740	KOWALCZYK Dorota	1494		K 40	36	00:00:00	21,1 KM	+00:47:02	5:53	10.2 (62.2%)
741	KOWALSKA Agata	148		K 20	16	00:00:00	21,1 KM	+00:47:02	5:53	10.2 (62.2%)
742	IWANOWSKI Piotr	139	BIEGAM PO SKRZESZEWIE	M 50	65	00:00:00	21,1 KM	+00:47:04	5:55	10.1 (61.6%)
743	CHRZANOWSKA Anna	1524		K 30	39	00:00:00	21,1 KM	+00:47:04	5:53	10.2 (62.2%)
744	LISKE Dorota	991		K 40	37	00:00:00	21,1 KM	+00:47:10	5:56	10.1 (61.6%)
745	FORMAS Lukasz	592		M 40	263	00:00:00	21,1 KM	+00:47:13	5:54	10.2 (62.2%)
746	GRULKOWSKI Damian	1008		M 40	264	00:00:00	21,1 KM	+00:47:14	5:54	10.2 (62.2%)
747	WOJTAT Adam	59		M 50	66	00:00:00	21,1 KM	+00:47:17	5:54	10.2 (62.2%)
748	ZGRZENDEK Maciej	1559		M 20	70	00:00:00	21,1 KM	+00:47:18	5:54	10.2 (62.2%)
749	GÖDE Christopher	1258		M 20	71	00:00:00	21,1 KM	+00:47:18	5:54	10.2 (62.2%)
750	BOŹKO Katarzyna	1653		K 20	17	00:00:00	21,1 KM	+00:47:19	5:54	10.2 (62.2%)
751	DROBYSZEWSKA Anna	1089		K 30	40	00:00:00	21,1 KM	+00:47:19	5:54	10.2 (62.2%)
752	KUCHARCZYK Małgorzata	1791	1977	K 40	38	00:00:00	21,1 KM	+00:47:20	5:54	10.2 (62.2%)
753	SWIEZACZYNSKI Piotr	1015		M 30	246	00:00:00	21,1 KM	+00:47:20	5:54	10.2 (62.2%)
754	TARASIEWICZ Ryszard	643		M 60	6	00:00:00	21,1 KM	+00:47:24	5:54	10.1 (61.6%)
755	MUSIŃSKI Bartosz	1026		M 30	247	00:00:00	21,1 KM	+00:47:25	5:54	10.1 (61.6%)
756	KOZERA Marzena	188		K 30	41	00:00:00	21,1 KM	+00:47:27	5:54	10.1 (61.6%)
757	M Michał	1003		M 40	265	00:00:00	21,1 KM	+00:47:29	5:54	10.1 (61.6%)
758	WENGER Oliver	789	HÄJ BOTSCHAFTER	M 40	266	00:00:00	21,1 KM	+00:47:37	5:57	10.1 (61.6%)
759	ROSZAK Henryk	259	KOMPANIA PIWOWARSKA	M 50	67	00:00:00	21,1 KM	+00:47:37	5:55	10.1 (61.6%)
760	DZIEDZIC Józef	229	ZABIEGANY WOŁOMIN	M 50	68	00:00:00	21,1 KM	+00:47:39	5:55	10.1 (61.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
761	ŁODYGOWSKI Hubert	977		M 40	267	00:00:00	21,1 KM	+00:47:40	5:55	10.1 (61.6%)
762	JOB Piotr	403		M 40	268	00:00:00	21,1 KM	+00:47:43	5:55	10.1 (61.6%)
763	PYRZAK Paweł	880		M 30	248	00:00:00	21,1 KM	+00:47:46	5:55	10.1 (61.6%)
764	GABIS Krzysztof	1296		M 30	249	00:00:00	21,1 KM	+00:47:51	5:55	10.1 (61.6%)
765	MURAWSKA Monika	900	BIEGACZE ŚWINOUJŚCIE	K 40	39	00:00:00	21,1 KM	+00:47:52	5:56	10.1 (61.6%)
766	LOTKO Jeremiasz	630		M 20	72	00:00:00	21,1 KM	+00:47:53	5:56	10.1 (61.6%)
767	BARANOWSKI Marcin	1384		M 40	269	00:00:00	21,1 KM	+00:47:56	5:56	10.1 (61.6%)
768	WÓDKOWSKI Rafał	42		M 50	69	00:00:00	21,1 KM	+00:47:57	5:56	10.1 (61.6%)
769	RUDZIEWICZ Urszula	1639		K 30	42	00:00:00	21,1 KM	+00:47:57	5:56	10.1 (61.6%)
770	NIEDLICH Anna	375	KWS TEAM POLICE	K 30	43	00:00:00	21,1 KM	+00:48:00	5:56	10.1 (61.6%)
771	GRZELCZYK Dawid	984		M 20	73	00:00:00	21,1 KM	+00:48:02	5:56	10.1 (61.6%)
772	GAPYS Michał	1311		M 30	250	00:00:00	21,1 KM	+00:48:07	5:56	10.1 (61.6%)
773	KOZERA Sławek	187		M 40	270	00:00:00	21,1 KM	+00:48:08	5:56	10.1 (61.6%)
774	SŁAWSKI Arkadiusz	30	MORSY KONIN	M 40	271	00:00:00	21,1 KM	+00:48:11	5:56	10.1 (61.6%)
775	MATUSZCZYK Krzysztof	1411		M 40	272	00:00:00	21,1 KM	+00:48:11	5:56	10.1 (61.6%)
776	WITKOWSKA Karolina	25		K 30	44	00:00:00	21,1 KM	+00:48:13	5:57	10.1 (61.6%)
777	GRECZUK Paweł	1575		M 30	251	00:00:00	21,1 KM	+00:48:16	5:57	10.1 (61.6%)
778	BLIZNIAK Duży	1863		M 40	273	00:00:00	21,1 KM	+00:48:17	5:57	10.1 (61.6%)
779	ZAJĄC Łukasz	1539	KS KROTOSZ KROTOSZYN	M 30	252	00:00:00	21,1 KM	+00:48:21	5:57	10.1 (61.6%)
780	GALOR Piotr	1488		M 20	74	00:00:00	21,1 KM	+00:48:21	5:57	10.1 (61.6%)
781	FILOCHOWSKI Daniel	1350	AKTYWNAPSZCZYNA	M 40	274	00:00:00	21,1 KM	+00:48:31	5:57	10.1 (61.6%)
782	STĘPNIAK Lesław	280		M 40	275	00:00:00	21,1 KM	+00:48:37	5:58	10.1 (61.6%)
783	GAJEWSKA Kamilla	357	SOBOTNI BIEGACZE ŚWINOUJŚCIE	K 40	40	00:00:00	21,1 KM	+00:48:38	5:58	10.1 (61.6%)
784	BOROWIEC Arkadiusz	1369	CHEŁM BIEGA	M 40	276	00:00:00	21,1 KM	+00:48:42	5:59	10 (61.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
785	MAMAJ Adam	1335	WARSZAWABIEGA	M 50	70	00:00:00	21,1 KM	+00:48:52	5:58	10 (61.0%)
786	BARTECKI Tomasz	1217		M 30	253	00:00:00	21,1 KM	+00:48:53	5:58	10 (61.0%)
787	GARBACZ Zbigniew	591		M 40	277	00:00:00	21,1 KM	+00:48:58	5:59	10 (61.0%)
788	CIESZKIEWICZ Jarosław	990		M 40	278	00:00:00	21,1 KM	+00:49:01	5:59	10 (61.0%)
789	SYROKA Jan	722	1989	M 50	71	00:00:00	21,1 KM	+00:49:01	5:59	10 (61.0%)
790	KOŚLACZ Katarzyna	64		K 40	41	00:00:00	21,1 KM	+00:49:01	5:59	10 (61.0%)
791	KORAL Jakub	1260		M 20	75	00:00:00	21,1 KM	+00:49:03	5:59	10 (61.0%)
792	GRABOWSKI Grzegorz	1169	ASTMA GDAŃSK	M 40	279	00:00:00	21,1 KM	+00:49:03	5:59	10 (61.0%)
793	GRUCHAŁA-FURMANIUK Aldona	1193	SPEED FREAKS	K 30	45	00:00:00	21,1 KM	+00:49:12	6:01	10 (61.0%)
794	CIBOROWSKI Dawid	1702		M 30	254	00:00:00	21,1 KM	+00:49:18	6:00	10 (61.0%)
795	ŻBEL Ania	1230	HRMAX ŻORY	K 30	46	00:00:00	21,1 KM	+00:49:19	6:00	10 (61.0%)
796	CHMARA Sebastian	1753	ZAWISZA	M 40	280	00:00:00	21,1 KM	+00:49:21	6:00	10 (61.0%)
797	KLEŚTA Anna	727		K 30	47	00:00:00	21,1 KM	+00:49:22	6:00	10 (61.0%)
798	PRZĄDKA Michał	441	OPALENICKI KLUB BIEGACZA	M 40	281	00:00:00	21,1 KM	+00:49:23	6:00	10 (61.0%)
799	SOLIŃSKI Adam	1282	BRAK	M 20	76	00:00:00	21,1 KM	+00:49:25	6:01	10 (61.0%)
800	RACINOWSKA Olga	1864		K 30	48	00:00:00	21,1 KM	+00:49:28	6:00	10 (61.0%)
801	GRZYWACZ Marcin	910		M 30	255	00:00:00	21,1 KM	+00:49:34	6:00	10 (61.0%)
802	KONIKOWSKI Daniel	1879		M 30	256	00:00:00	21,1 KM	+00:49:36	6:00	10 (61.0%)
803	KARLIKOWSKA-ANTOSIAK Małgorzata	558	KOBIETY W BIEGU	K 40	42	00:00:00	21,1 KM	+00:49:37	6:00	10 (61.0%)
804	DOMAŃSKI Piotr	1883		M 30	257	00:00:00	21,1 KM	+00:49:40	6:01	10 (61.0%)
805	BUSS Jakub	897	KUDOWIANKA RUN	M 40	282	00:00:00	21,1 KM	+00:49:44	6:01	10 (61.0%)
806	BIELECKI Tadeusz	749	UKS SIÓDEMKA RUMIA	M 40	283	00:00:00	21,1 KM	+00:49:46	6:01	10 (61.0%)
807	ŻBEL Michał	1231	HRMAX ŻORY	M 40	284	00:00:00	21,1 KM	+00:49:50	6:01	10 (61.0%)
808	BAK Natalia	500		K 30	49	00:00:00	21,1 KM	+00:49:51	6:01	10 (61.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
809	BABAK Łukasz	1616		M 30	258	00:00:00	21,1 KM	+00:49:52	6:01	10 (61.0%)
810	ZOWCZAK Dorota	555	RAWA TEAM	K 30	50	00:00:00	21,1 KM	+00:49:52	6:01	10 (61.0%)
811	WIĄCEK Anna	674	KOBIECE BIEGANIE	K 40	43	00:00:00	21,1 KM	+00:49:52	6:01	10 (61.0%)
812	SZARZEC Przemysław	728		M 40	285	00:00:00	21,1 KM	+00:49:52	6:01	10 (61.0%)
813	NOWAK Barbara	561		K 40	44	00:00:00	21,1 KM	+00:49:55	6:01	9.9 (60.4%)
814	WALOTKA Filip	1752	GVT	M 30	259	00:00:00	21,1 KM	+00:49:55	6:01	9.9 (60.4%)
815	SŁAWIŃSKI Wojciech	133		M 20	77	00:00:00	21,1 KM	+00:49:57	6:01	9.9 (60.4%)
816	CIESIOLKIEWICZ Mariusz	1032		M 30	260	00:00:00	21,1 KM	+00:50:00	6:02	9.9 (60.4%)
817	KOWALCZYK Piotr	588		M 30	261	00:00:00	21,1 KM	+00:50:03	6:02	9.9 (60.4%)
818	OSZUST Marcin	1427	CHEŁMSKA GRUPA TRIATHLONU	M 40	286	00:00:00	21,1 KM	+00:50:06	6:02	9.9 (60.4%)
819	RZEŹNICZAK Przemysław	1168	ŻAGAŃSKIE DZIKI	M 40	287	00:00:00	21,1 KM	+00:50:09	6:02	9.9 (60.4%)
820	ŻUCHOWSKI Łukasz	1106	TROCHĘ RURZYCA	M 40	288	00:00:00	21,1 KM	+00:50:10	6:02	9.9 (60.4%)
821	WRÓBLEWSKI Michał	1657		M 40	289	00:00:00	21,1 KM	+00:50:10	6:02	9.9 (60.4%)
822	OGRODZIŃSKI Przemysław	697		M 30	262	00:00:00	21,1 KM	+00:50:12	6:02	9.9 (60.4%)
823	JASIŃSKI Krzysztof	1363	BIEGNĘ BYLE DOBIEĆ	M 30	263	00:00:00	21,1 KM	+00:50:12	6:02	9.9 (60.4%)
824	SZREK Krzysztof	186	GO VEGAN	M 20	78	00:00:00	21,1 KM	+00:50:15	6:02	9.9 (60.4%)
825	MARCINEK Rafał	446	MARCINEK TEAM	M 40	290	00:00:00	21,1 KM	+00:50:16	6:02	9.9 (60.4%)
826	JANOSZKA Piotr	534		M 30	264	00:00:00	21,1 KM	+00:50:16	6:06	9.8 (59.8%)
827	KOROWIEC Michał	1064		M 30	265	00:00:00	21,1 KM	+00:50:17	6:02	9.9 (60.4%)
828	MICHALSKA Katarzyna	1199		K 30	51	00:00:00	21,1 KM	+00:50:25	6:03	9.9 (60.4%)
829	BYCZYK Jacek	1277	PKO BANK POLSKI	M 50	72	00:00:00	21,1 KM	+00:50:27	6:03	9.9 (60.4%)
830	WIERZBICKA Joanna	938	KB GEPARD MUROWANA GOŚLINA	K 40	45	00:00:00	21,1 KM	+00:50:29	6:03	9.9 (60.4%)
831	CHĄDZYŃSKI Marcin	233		M 30	266	00:00:00	21,1 KM	+00:50:29	6:03	9.9 (60.4%)
832	PAWLACZYK Natalia	1754		K 20	18	00:00:00	21,1 KM	+00:50:31	6:03	9.9 (60.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
833	CHYBIŃSKI Marcin	532		M 40	291	00:00:00	21,1 KM	+00:50:32	6:03	9.9 (60.4%)
834	SZYMAŃSKI Sławomir	411		M 30	267	00:00:00	21,1 KM	+00:50:32	6:03	9.9 (60.4%)
835	KILANOWSKA Agnieszka	178	ROZBIEGAJMY RADOMSKO	K 30	52	00:00:00	21,1 KM	+00:50:35	6:03	9.9 (60.4%)
836	RĘPAŁSKI Marcin	911	BRYGADA RR	M 40	292	00:00:00	21,1 KM	+00:50:35	6:03	9.9 (60.4%)
837	WRÓBLEWSKI Tomasz	1660		M 30	268	00:00:00	21,1 KM	+00:50:40	6:03	9.9 (60.4%)
838	SZMYT Mariusz	1491		M 40	293	00:00:00	21,1 KM	+00:50:40	6:03	9.9 (60.4%)
839	JANASZ Andrzej	1497		M 40	294	00:00:00	21,1 KM	+00:50:40	6:03	9.9 (60.4%)
840	KOWNACKI Bartłomiej	251		M 40	295	00:00:00	21,1 KM	+00:50:40	6:03	9.9 (60.4%)
841	WOJDA Artur	71		M 30	269	00:00:00	21,1 KM	+00:50:40	6:03	9.9 (60.4%)
842	PODWYSOCKI Adrian	1685		M 30	270	00:00:00	21,1 KM	+00:50:42	6:04	9.9 (60.4%)
843	SZADOWIAK Jakub	804		M 20	79	00:00:00	21,1 KM	+00:50:43	6:04	9.9 (60.4%)
844	KALINOWSKI Krzysztof	1810	GOGGLE PAE TEAM	M 40	296	00:00:00	21,1 KM	+00:50:44	6:05	9.8 (59.8%)
845	WOSZ Kinga	838		K 30	53	00:00:00	21,1 KM	+00:50:47	6:04	9.9 (60.4%)
846	KRZEMIONKA Daniel	1426		M 40	297	00:00:00	21,1 KM	+00:50:50	6:04	9.9 (60.4%)
847	KUZIEL Marcin	179	BLACK RUNNING STRONIE ŚLĄSKIE	M 30	271	00:00:00	21,1 KM	+00:50:52	6:04	9.9 (60.4%)
848	MADEJ Anna	324	UKŁ ÓSEMKA POLICE	K 30	54	00:00:00	21,1 KM	+00:50:52	6:04	9.9 (60.4%)
849	KUKLA-KOWALSKA Alicja	927	BIEGAM BO NIE LUBIĘ	K 40	46	00:00:00	21,1 KM	+00:50:52	6:04	9.9 (60.4%)
850	WÓJCIK Łukasz	1273	WÓJCIKI	M 30	272	00:00:00	21,1 KM	+00:50:53	6:04	9.9 (60.4%)
851	SZNABOWICZ Magda	1807		K 30	55	00:00:00	21,1 KM	+00:50:53	6:04	9.9 (60.4%)
852	RAGAN Aneta	700		K 40	47	00:00:00	21,1 KM	+00:50:54	6:05	9.9 (60.4%)
853	IWAŃSKI Arkadiusz	1679		M 40	298	00:00:00	21,1 KM	+00:50:55	6:04	9.9 (60.4%)
854	GURAK Tomasz	1613	STARGARD	M 40	299	00:00:00	21,1 KM	+00:50:56	6:04	9.9 (60.4%)
855	ZIOBROWSKI Dawid	1592		M 30	273	00:00:00	21,1 KM	+00:50:59	6:04	9.9 (60.4%)
856	TOMASZEWSKI Michał	73	ORANGE POLSKA	M 20	80	00:00:00	21,1 KM	+00:51:00	6:06	9.8 (59.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
857	ANIOŁA-KUSZ Dominik	513		M 40	300	00:00:00	21,1 KM	+00:51:00	6:06	9.8 (59.8%)
858	KOZIMOR Mariusz	1380	USB USTKA	M 40	301	00:00:00	21,1 KM	+00:51:00	6:06	9.8 (59.8%)
859	SOWA Krzysztof	189	ZWIEDZANIE PRZEZ BIEGANIE	M 30	274	00:00:00	21,1 KM	+00:51:01	6:04	9.9 (60.4%)
860	PUCH Tomasz	1722		M 40	302	00:00:00	21,1 KM	+00:51:02	6:05	9.9 (60.4%)
861	DUDZIŃSKI Kamil	175		M 30	275	00:00:00	21,1 KM	+00:51:04	6:05	9.9 (60.4%)
862	URZĘDOWSKI Piotr	1103	PYRZYCE BIEGAJĄ	M 30	276	00:00:00	21,1 KM	+00:51:06	6:05	9.9 (60.4%)
863	BARANSKI Krzysztof	1283	LEŚNA EKIPA	M 30	277	00:00:00	21,1 KM	+00:51:07	6:13	9.6 (58.5%)
864	ŁUCZAK Zbigniew	797		M 30	278	00:00:00	21,1 KM	+00:51:07	6:05	9.9 (60.4%)
865	KRUPA Iwona	845	KB MOSTKOWO	K 40	48	00:00:00	21,1 KM	+00:51:08	6:05	9.9 (60.4%)
866	GNIADEK Dariusz	1159		M 50	73	00:00:00	21,1 KM	+00:51:12	6:05	9.8 (59.8%)
867	TYBORSKA Paulina	994		K 20	19	00:00:00	21,1 KM	+00:51:18	6:05	9.8 (59.8%)
868	SPYCHAŁA Stanisław	1574	WRONIECKI KLUB BIEGACZA	M 60	7	00:00:00	21,1 KM	+00:51:19	6:05	9.8 (59.8%)
869	KOTYCZKA Cyriak	606	HURAGAN LIGOTA	M 20	81	00:00:00	21,1 KM	+00:51:20	6:05	9.8 (59.8%)
870	MARKOWSKA Katarzyna	1104		K 20	20	00:00:00	21,1 KM	+00:51:21	6:06	9.8 (59.8%)
871	GANDZIAROWSKA Anna	877		K 20	21	00:00:00	21,1 KM	+00:51:22	6:05	9.8 (59.8%)
872	WALCZAK Magdalena	616		K 40	49	00:00:00	21,1 KM	+00:51:22	6:05	9.8 (59.8%)
873	ZAWADZKI Klaudiusz	1332		M 40	303	00:00:00	21,1 KM	+00:51:27	6:06	9.8 (59.8%)
874	KUŚ Marcin Tomasz	875	AKTYWNA BYDGOSZCZ	M 40	304	00:00:00	21,1 KM	+00:51:28	6:06	9.8 (59.8%)
875	SCHILLING Alexander	1078	FAHRENWALDE	M 30	279	00:00:00	21,1 KM	+00:51:30	6:06	9.8 (59.8%)
876	CUDNOWSKI Leszek	1292	GDAŃSK POŁUDNIE / BIEGAMBOWARTO.PL	M 40	305	00:00:00	21,1 KM	+00:51:31	6:06	9.8 (59.8%)
877	MURAWSKI Radosław	932		M 30	280	00:00:00	21,1 KM	+00:51:32	6:06	9.8 (59.8%)
878	PETRUKOVYCH Maksym	1423		M 30	281	00:00:00	21,1 KM	+00:51:33	6:06	9.8 (59.8%)
879	MUŻ Katarzyna	1451		K 40	50	00:00:00	21,1 KM	+00:51:39	6:06	9.8 (59.8%)
880	KURKOWSKI Jarosław	1806	RUNNERB	M 40	306	00:00:00	21,1 KM	+00:51:40	6:06	9.8 (59.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
881	CZERNIACHOWSKI Artur	37	BOHAR PALETY RUNNERS	M 40	307	00:00:00	21,1 KM	+00:51:43	6:06	9.8 (59.8%)
882	GOŁĘBIEWSKI Łukasz	1365	RUNTEAM NASIELSK	M 40	308	00:00:00	21,1 KM	+00:51:43	6:06	9.8 (59.8%)
883	KAWCZYŃSKA Magdalena	522	RAZ SZCZECIN	K 40	51	00:00:00	21,1 KM	+00:51:46	6:07	9.8 (59.8%)
884	GRABNER Johann	237		M 40	309	00:00:00	21,1 KM	+00:51:54	6:07	9.8 (59.8%)
885	GÓRSKI Grzegorz	1608		M 40	310	00:00:00	21,1 KM	+00:51:55	6:07	9.8 (59.8%)
886	ZABORA Paweł	1869	SPINER POLICE	M 30	282	00:00:00	21,1 KM	+00:51:59	6:07	9.8 (59.8%)
887	KURKOWIAK Agnieszka	580		K 40	52	00:00:00	21,1 KM	+00:52:01	6:07	9.8 (59.8%)
888	WIKTORSKI Sebastian	88		M 30	283	00:00:00	21,1 KM	+00:52:01	6:07	9.8 (59.8%)
889	RYNDAK Magdalena	1532	POLSKA RUNNING TEAM	K 30	56	00:00:00	21,1 KM	+00:52:06	6:08	9.8 (59.8%)
890	BUDNA Anna	1649		K 40	53	00:00:00	21,1 KM	+00:52:07	6:08	9.8 (59.8%)
891	BASZUN Michał	925		M 30	284	00:00:00	21,1 KM	+00:52:08	6:08	9.8 (59.8%)
892	GONET Marek	1234		M 50	74	00:00:00	21,1 KM	+00:52:12	6:08	9.8 (59.8%)
893	BERNATOWICZ Karol	422		M 30	285	00:00:00	21,1 KM	+00:52:12	6:09	9.7 (59.1%)
894	FRITZ Karol	730		M 40	311	00:00:00	21,1 KM	+00:52:13	6:08	9.8 (59.8%)
895	SOBECKI Tomasz	1577		M 20	82	00:00:00	21,1 KM	+00:52:14	6:08	9.8 (59.8%)
896	KAMILA Olszewska	1669		K 30	57	00:00:00	21,1 KM	+00:52:14	6:08	9.8 (59.8%)
897	SZYDŁOWSKA Joanna	29		K 20	22	00:00:00	21,1 KM	+00:52:18	6:08	9.8 (59.8%)
898	LANGBECKER Yvonne	1833	ESV ANGERMÜNDE	K 50	7	00:00:00	21,1 KM	+00:52:26	6:09	9.8 (59.8%)
899	WRÓBEL Wojtek	370	SZCZYTKOWICE W BIEGU	M 40	312	00:00:00	21,1 KM	+00:52:27	6:09	9.8 (59.8%)
900	MIERZWIŃSKA Agnieszka	1569	WATAHA-ŁĄCZY NAS BIEGANIE	K 20	23	00:00:00	21,1 KM	+00:52:28	6:09	9.8 (59.8%)
901	JABŁOŃSKA Katarzyna	1727		K 40	54	00:00:00	21,1 KM	+00:52:33	6:09	9.7 (59.1%)
902	KĘSKA Katarzyna	318	LOVELASY	K 40	55	00:00:00	21,1 KM	+00:52:33	6:09	9.7 (59.1%)
903	WINKEL Jerzy	239		M 40	313	00:00:00	21,1 KM	+00:52:33	6:09	9.7 (59.1%)
904	URBANKIEWICZ Marcin	56	PIOTROWICKIE BEBOKI	M 30	286	00:00:00	21,1 KM	+00:52:36	6:09	9.7 (59.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
905	PONCYLIUSZ Artur	277		M 40	314	00:00:00	21,1 KM	+00:52:40	6:09	9.7 (59.1%)
906	REKŚĆ Kacper	748		M 20	83	00:00:00	21,1 KM	+00:52:40	6:09	9.7 (59.1%)
907	SAVCHUK Volodymyr	1102		M 20	84	00:00:00	21,1 KM	+00:52:40	6:09	9.7 (59.1%)
908	KOZŁOWSKA Karolina	45	#KOZIOŁKI_TEAM	K 30	58	00:00:00	21,1 KM	+00:52:41	6:09	9.7 (59.1%)
909	RZAŚIK Łukasz	1336		M 30	287	00:00:00	21,1 KM	+00:52:42	6:09	9.7 (59.1%)
910	ZAMARIA Jerzy	657		M 60	8	00:00:00	21,1 KM	+00:52:44	6:09	9.7 (59.1%)
911	LEGEC Jerzy	374	RAZ SZCZECIN	M 50	75	00:00:00	21,1 KM	+00:52:47	6:10	9.7 (59.1%)
912	ZAJĄC Karolina	758		K 20	24	00:00:00	21,1 KM	+00:52:47	6:10	9.7 (59.1%)
913	CZERWIŃSKI Janusz	1528	DAMY RADE ZEGRZE	M 50	76	00:00:00	21,1 KM	+00:52:48	6:10	9.7 (59.1%)
914	KACZOR Darek	232	KB KATORŻNIK MUROWANA GOŚLINA	K 40	56	00:00:00	21,1 KM	+00:52:49	6:10	9.7 (59.1%)
915	JAKUBIAK Magdalena	493	BOHAR PALETY RUNNERS	K 40	57	00:00:00	21,1 KM	+00:52:51	6:10	9.7 (59.1%)
916	JAGIELSKI Łukasz	1512		M 40	315	00:00:00	21,1 KM	+00:52:57	6:10	9.7 (59.1%)
917	JAWORSKA Justyna	666		K 40	58	00:00:00	21,1 KM	+00:53:01	6:10	9.7 (59.1%)
918	MAJ Mariusz	790	KB WIKON NOWA SOL	M 30	288	00:00:00	21,1 KM	+00:53:02	6:10	9.7 (59.1%)
919	GAPIŃSKA Agnieszka	863		K 30	59	00:00:00	21,1 KM	+00:53:03	6:10	9.7 (59.1%)
920	JURASZ Aleksandra	84		K 30	60	00:00:00	21,1 KM	+00:53:04	6:10	9.7 (59.1%)
921	FORNAL Patryk	1562		M 30	289	00:00:00	21,1 KM	+00:53:06	6:10	9.7 (59.1%)
922	STYCZ Katarzyna	853		K 30	61	00:00:00	21,1 KM	+00:53:06	6:10	9.7 (59.1%)
923	GOLIŃSKI Krzysztof	1155		M 30	290	00:00:00	21,1 KM	+00:53:09	6:12	9.7 (59.1%)
924	SAWICKI Krzysztof	1805		M 30	291	00:00:00	21,1 KM	+00:53:10	6:11	9.7 (59.1%)
925	KOWALSKI Jarosław	645		M 40	316	00:00:00	21,1 KM	+00:53:11	6:11	9.7 (59.1%)
926	ADAMCZAK Martyna	336		K 20	25	00:00:00	21,1 KM	+00:53:12	6:11	9.7 (59.1%)
927	JANAS Estera	118		K 30	62	00:00:00	21,1 KM	+00:53:14	6:11	9.7 (59.1%)
928	KASPRZAK Adam	442	BIEGAJ Z PASJĄ	M 20	85	00:00:00	21,1 KM	+00:53:16	6:11	9.7 (59.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
929	DELUGA Magdalena	764	KB WYSZKÓW	K 30	63	00:00:00	21,1 KM	+00:53:18	6:11	9.7 (59.1%)
930	KOMOROWSKI Michał	1031		M 30	292	00:00:00	21,1 KM	+00:53:18	6:11	9.7 (59.1%)
931	LIDZBARSKI Adam	402		M 40	317	00:00:00	21,1 KM	+00:53:19	6:11	9.7 (59.1%)
932	PACHOLSKA Małgorzata	1543		K 30	64	00:00:00	21,1 KM	+00:53:20	6:11	9.7 (59.1%)
933	WALKIEWICZ Łukasz	582		M 30	293	00:00:00	21,1 KM	+00:53:20	6:11	9.7 (59.1%)
934	ŚWITAŁA Gabriela	942		K 40	59	00:00:00	21,1 KM	+00:53:22	6:11	9.7 (59.1%)
935	TANAJEWSKI Dariusz	827	GEORUNGERS	M 30	294	00:00:00	21,1 KM	+00:53:22	6:11	9.7 (59.1%)
936	ADAMOWSKI Tomasz	1006		M 30	295	00:00:00	21,1 KM	+00:53:23	6:11	9.7 (59.1%)
937	WRĘBIAK Dariusz	689	RAZ	M 40	318	00:00:00	21,1 KM	+00:53:26	6:11	9.7 (59.1%)
938	WÓJCIK Jacek	1663		M 40	319	00:00:00	21,1 KM	+00:53:29	6:11	9.7 (59.1%)
939	DOPIERAŁA Sławomir	1517	KARBUD - W DRODZE DO CELU	M 40	320	00:00:00	21,1 KM	+00:53:30	6:12	9.7 (59.1%)
940	MICHALSKI Mariusz	969		M 50	77	00:00:00	21,1 KM	+00:53:31	6:12	9.7 (59.1%)
941	ALBRECHT Manon	1832	ESV 49 ANGERMÜNDE	K 40	60	00:00:00	21,1 KM	+00:53:31	6:12	9.7 (59.1%)
942	KĘDRA-SULEJ Agnieszka	109	WAT / AKS-SOFT TEAM	K 40	61	00:00:00	21,1 KM	+00:53:35	6:12	9.7 (59.1%)
943	BUDNY Wojciech	1650		M 30	296	00:00:00	21,1 KM	+00:53:35	6:12	9.7 (59.1%)
944	GAWLIK Kinga	46		K 30	65	00:00:00	21,1 KM	+00:53:46	6:12	9.7 (59.1%)
945	MROZIŃSKA Renata	334		K 40	62	00:00:00	21,1 KM	+00:53:46	6:12	9.7 (59.1%)
946	WILGOCKI Radosław	1264		M 30	297	00:00:00	21,1 KM	+00:53:48	6:12	9.7 (59.1%)
947	KOHLMAN Wojciech	1672		M 40	321	00:00:00	21,1 KM	+00:53:49	6:12	9.7 (59.1%)
948	OLEK Zbigniew	1516		M 30	298	00:00:00	21,1 KM	+00:53:50	6:12	9.7 (59.1%)
949	ADAMUS Janusz	559		M 40	322	00:00:00	21,1 KM	+00:53:51	6:13	9.7 (59.1%)
950	KARPIŃSKI Łukasz	861	AKTYWNA BYDGOSZCZ	M 40	323	00:00:00	21,1 KM	+00:53:54	6:13	9.6 (58.5%)
951	CHRONOWSKA Justyna	1596		K 20	26	00:00:00	21,1 KM	+00:53:55	6:13	9.6 (58.5%)
952	KUPNIEWSKA Aleksandra	70	KOMPAS TEAM	K 30	66	00:00:00	21,1 KM	+00:53:57	6:13	9.6 (58.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
953	ŚWIDERSKI Wojciech	1358		M 20	86	00:00:00	21,1 KM	+00:53:58	6:19	9.5 (57.9%)
954	ZAKRZEWSKA Sylwia	1150		K 30	67	00:00:00	21,1 KM	+00:54:00	6:13	9.6 (58.5%)
955	KUTNIK Roman	1458	KLUB BIEGACZY JYSK	M 40	324	00:00:00	21,1 KM	+00:54:01	6:15	9.6 (58.5%)
956	HOFFMANN Rafał	621		M 40	325	00:00:00	21,1 KM	+00:54:03	6:13	9.6 (58.5%)
957	HILLEMANN Andreas	1666	TEAM ERDINGER ALKOHOLFREI	M 40	326	00:00:00	21,1 KM	+00:54:10	6:13	9.6 (58.5%)
958	PILSKI Andrzej	96	BAREFOOT RUNNERS SOCIETY	M 70+	1	00:00:00	21,1 KM	+00:54:12	6:15	9.6 (58.5%)
959	PIOTEREK Olga	327	SPEEDBROTHERS	K 30	68	00:00:00	21,1 KM	+00:54:15	6:14	9.6 (58.5%)
960	BURNAGIEL Tomasz	658	HRMAX ŻORY	M 50	78	00:00:00	21,1 KM	+00:54:17	6:14	9.6 (58.5%)
961	CELEK Katarzyna	1843	ART&RUN	K 30	69	00:00:00	21,1 KM	+00:54:17	6:14	9.6 (58.5%)
962	JAWÓR Magdalena	866		K 30	70	00:00:00	21,1 KM	+00:54:23	6:14	9.6 (58.5%)
963	SIWEK Tomasz	205		M 30	299	00:00:00	21,1 KM	+00:54:23	6:14	9.6 (58.5%)
964	PISZCZEK Marzena	720		K 30	71	00:00:00	21,1 KM	+00:54:24	6:14	9.6 (58.5%)
965	PASZKIEWICZ Paweł	1407		M 40	327	00:00:00	21,1 KM	+00:54:30	6:14	9.6 (58.5%)
966	REKOWSKA Danuta	316		K 50	8	00:00:00	21,1 KM	+00:54:31	6:15	9.6 (58.5%)
967	RÓG Krzysztof	455	ZDYSZAAANI	M 40	328	00:00:00	21,1 KM	+00:54:32	6:14	9.6 (58.5%)
968	WILKOSZ Krystian	369	POLDKA HUSARIA	M 20	87	00:00:00	21,1 KM	+00:54:32	6:14	9.6 (58.5%)
969	SUSEL Aleksander	21		M 30	300	00:00:00	21,1 KM	+00:54:33	6:15	9.6 (58.5%)
970	GRABOWICZ Paweł	950		M 40	329	00:00:00	21,1 KM	+00:54:35	6:15	9.6 (58.5%)
971	PONICKI Tomasz	1447	TEAM UJŚCIE	M 40	330	00:00:00	21,1 KM	+00:54:36	6:15	9.6 (58.5%)
972	SZEWCZYK Mariusz	1395		M 40	331	00:00:00	21,1 KM	+00:54:36	6:15	9.6 (58.5%)
973	POCZĄTEK Błażej	1772	POWER DOPPLER TEAM	M 30	301	00:00:00	21,1 KM	+00:54:39	6:15	9.6 (58.5%)
974	KASPERSKA Sylwia	470	KB ZDYSZAAANI CHOCIANÓW	K 40	63	00:00:00	21,1 KM	+00:54:43	6:15	9.6 (58.5%)
975	BAJEŃSKI Dariusz	912	PARKRUN TORUŃ	M 20	88	00:00:00	21,1 KM	+00:54:46	6:15	9.6 (58.5%)
976	BŁĄDEK Rafał	6		M 40	332	00:00:00	21,1 KM	+00:54:46	6:15	9.6 (58.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
977	KOŚCIUCZUK Bartosz	1200		M 30	302	00:00:00	21,1 KM	+00:54:46	6:15	9.6 (58.5%)
978	WĄTOR Marcin	67		M 40	333	00:00:00	21,1 KM	+00:54:46	6:15	9.6 (58.5%)
979	GRABOWSKI Marcin	90	KOTY POZNAŃ	M 30	303	00:00:00	21,1 KM	+00:54:47	6:15	9.6 (58.5%)
980	GUDALEWSKI Tomasz	1746	PODLASKI KLUB SPORTOWY "NA SZCZYT"	M 50	79	00:00:00	21,1 KM	+00:54:48	6:15	9.6 (58.5%)
981	SZYMAŃSKA Hanna	518	POZYTYWNI BIEGACZE	K 40	64	00:00:00	21,1 KM	+00:54:50	6:15	9.6 (58.5%)
982	WRÓBEL Artur	1052		M 40	334	00:00:00	21,1 KM	+00:55:01	6:16	9.6 (58.5%)
983	RACŁAWSKA Iwona	1779		K 50	9	00:00:00	21,1 KM	+00:55:02	6:17	9.5 (57.9%)
984	ROMAŃSKA-MALINA Olga	1865		K 30	72	00:00:00	21,1 KM	+00:55:09	6:16	9.6 (58.5%)
985	ADAMCZUK Feliks	1221	KROS GÓRSKI IM. JERZEGO KORTZA	M 40	335	00:00:00	21,1 KM	+00:55:12	6:16	9.6 (58.5%)
986	DURDA Paweł	1471		M 30	304	00:00:00	21,1 KM	+00:55:15	6:17	9.5 (57.9%)
987	DUDKA Robert	1259	SZCZECIN	M 30	305	00:00:00	21,1 KM	+00:55:15	6:17	9.5 (57.9%)
988	SOBUSIAK Iwo	1572	KLUB BIEGACZA PROVIDENT	M 20	89	00:00:00	21,1 KM	+00:55:16	6:17	9.5 (57.9%)
989	BROŻYNA Miłosz	168		M 20	90	00:00:00	21,1 KM	+00:55:17	6:17	9.5 (57.9%)
990	WILK Tomasz	1136		M 50	80	00:00:00	21,1 KM	+00:55:20	6:17	9.5 (57.9%)
991	RÓŻAŃSKA Magdalena	972		K 40	65	00:00:00	21,1 KM	+00:55:20	6:17	9.5 (57.9%)
992	DĄBROWSKI Marcin	1300	TEAM KORNEL	M 40	336	00:00:00	21,1 KM	+00:55:21	6:17	9.5 (57.9%)
993	ŚLEDŹ Iwona	126		K 40	66	00:00:00	21,1 KM	+00:55:24	6:17	9.5 (57.9%)
994	PILARSKA Iwona	1285	PYRZYCE BIEGAJĄ	K 30	73	00:00:00	21,1 KM	+00:55:25	6:17	9.5 (57.9%)
995	SZYMECZKO Jola	383	RUNONLINE.PL	K 40	67	00:00:00	21,1 KM	+00:55:25	6:18	9.5 (57.9%)
996	KOLANKOWSKI Andrzej	1641	POZYTYWNI BIEGACZE	M 50	81	00:00:00	21,1 KM	+00:55:30	6:17	9.5 (57.9%)
997	BURNAGIEL Agata	1086	HRMAX ŻORY	K 50	10	00:00:00	21,1 KM	+00:55:34	6:17	9.5 (57.9%)
998	BORKOWSKI Robert	920		M 40	337	00:00:00	21,1 KM	+00:55:36	6:18	9.5 (57.9%)
999	MRÓZEK Szymon	1162	SAINT GOBAIN SQUAD	M 20	91	00:00:00	21,1 KM	+00:55:40	6:18	9.5 (57.9%)
1000	KRYSIAK Dawid	399	WIECZORNE BIEGANIE W SZCZECINIE	M 30	306	00:00:00	21,1 KM	+00:55:44	6:18	9.5 (57.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1001	GAŁKA Grzegorz	517		M 40	338	00:00:00	21,1 KM	+00:55:45	6:18	9.5 (57.9%)
1002	HYJEK Karol	485	GIŻYCKI BIEGACZ	M 30	307	00:00:00	21,1 KM	+00:55:46	6:18	9.5 (57.9%)
1003	BENSZ Dariusz	1019		M 30	308	00:00:00	21,1 KM	+00:55:52	6:18	9.5 (57.9%)
1004	ROJEWSKI Mateusz	1584		M 30	309	00:00:00	21,1 KM	+00:55:53	6:19	9.5 (57.9%)
1005	JAWOREK Rafał	255	WSPÓLNA TEAM	M 40	339	00:00:00	21,1 KM	+00:55:57	6:19	9.5 (57.9%)
1006	ZAROBIAK Katarzyna	832		K 40	68	00:00:00	21,1 KM	+00:55:57	6:19	9.5 (57.9%)
1007	KISIECKI Marcin	929		M 30	310	00:00:00	21,1 KM	+00:55:59	6:19	9.5 (57.9%)
1008	KRASOWSKI Leszek	1161	SAINT GOBAIN SQUAD	M 60	9	00:00:00	21,1 KM	+00:56:02	6:19	9.5 (57.9%)
1009	LISSEWSKA Konstancja	883		K 30	74	00:00:00	21,1 KM	+00:56:04	6:19	9.5 (57.9%)
1010	ZABORNY Łukasz	649		M 20	92	00:00:00	21,1 KM	+00:56:05	6:19	9.5 (57.9%)
1011	CHMIELECKI Andrzej	1740	POLSKA RUNNING TEAM	M 50	82	00:00:00	21,1 KM	+00:56:06	6:19	9.5 (57.9%)
1012	NURSKA Emilia	1643		K 60	1	00:00:00	21,1 KM	+00:56:14	6:19	9.5 (57.9%)
1013	CISLAK Roman	584		M 40	340	00:00:00	21,1 KM	+00:56:17	6:19	9.5 (57.9%)
1014	OKRÓJ Dawid	1171		M 30	311	00:00:00	21,1 KM	+00:56:22	6:20	9.5 (57.9%)
1015	OPOLSKI Robert	800		M 50	83	00:00:00	21,1 KM	+00:56:22	6:20	9.5 (57.9%)
1016	ZOMERFELD Tomasz	309	KB KROKUS KWIATKOWICE	M 40	341	00:00:00	21,1 KM	+00:56:25	6:21	9.4 (57.3%)
1017	DANKOWSKA Urszula	414		K 30	75	00:00:00	21,1 KM	+00:56:25	6:20	9.5 (57.9%)
1018	NOWAK Tatiana	779	KOŚCIAN TEAM	K 40	69	00:00:00	21,1 KM	+00:56:27	6:20	9.5 (57.9%)
1019	JAŚKIEWICZ Mateusz	34		M 20	93	00:00:00	21,1 KM	+00:56:30	6:20	9.5 (57.9%)
1020	PŁOWENS Piotr	54		M 20	94	00:00:00	21,1 KM	+00:56:32	6:20	9.5 (57.9%)
1021	POKORNY Tomasz	1717		M 40	342	00:00:00	21,1 KM	+00:56:37	6:20	9.5 (57.9%)
1022	CHUDY Henryk	1697	K.S. OLSZEWSKI I SYNOWIE	M 60	10	00:00:00	21,1 KM	+00:56:39	6:20	9.4 (57.3%)
1023	GIBIEC Wojciech	1122		M 30	312	00:00:00	21,1 KM	+00:56:40	6:21	9.4 (57.3%)
1024	ROZICKA Adriana	1742		K 20	27	00:00:00	21,1 KM	+00:56:41	6:21	9.4 (57.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1025	SIDOR Anna	1659		K 40	70	00:00:00	21,1 KM	+00:56:48	6:21	9.4 (57.3%)
1026	WOŹNIAK Mariusz	1002		M 40	343	00:00:00	21,1 KM	+00:56:49	6:21	9.4 (57.3%)
1027	MAKOWSKA Joanna	759		K 40	71	00:00:00	21,1 KM	+00:56:50	6:21	9.4 (57.3%)
1028	MACIEJEWSKA Jolanta	466		K 30	76	00:00:00	21,1 KM	+00:56:50	6:21	9.4 (57.3%)
1029	DAMASZKE Aleksandra	435		K 30	77	00:00:00	21,1 KM	+00:56:51	6:21	9.4 (57.3%)
1030	KLEIN Patrycja	1263		K 20	28	00:00:00	21,1 KM	+00:56:51	6:21	9.4 (57.3%)
1031	KOWALCZUK Dariusz	1404	ALIPLAST ALUMINIUM EXTRUSION	M 30	313	00:00:00	21,1 KM	+00:56:56	6:21	9.4 (57.3%)
1032	DOMBEK Agnieszka	826		K 40	72	00:00:00	21,1 KM	+00:56:56	6:21	9.4 (57.3%)
1033	CZYŻEWSKI Janusz	796	KOŁOBRZEG MARATON TEAM	M 50	84	00:00:00	21,1 KM	+00:56:57	6:22	9.4 (57.3%)
1034	RASIŃSKA Ewelina	345	#BBKTS	K 30	78	00:00:00	21,1 KM	+00:57:00	6:21	9.4 (57.3%)
1035	WUJDA Mirosław	1822	ERNI RULEZ	M 40	344	00:00:00	21,1 KM	+00:57:02	6:22	9.4 (57.3%)
1036	ZAKRZEWSKI Tomasz	1840	RYPIN	M 30	314	00:00:00	21,1 KM	+00:57:03	6:22	9.4 (57.3%)
1037	HNAT Patrycja	1075		K 20	29	00:00:00	21,1 KM	+00:57:04	6:22	9.4 (57.3%)
1038	KWIECIEŃ Michał	331		M 20	95	00:00:00	21,1 KM	+00:57:09	6:22	9.4 (57.3%)
1039	MOC Marzena	593		K 20	30	00:00:00	21,1 KM	+00:57:10	6:22	9.4 (57.3%)
1040	WASZKIEWICZ Jakub	1886		M 20	96	00:00:00	21,1 KM	+00:57:13	6:22	9.4 (57.3%)
1041	BATOR Zbigniew	1541		M 60	11	00:00:00	21,1 KM	+00:57:17	6:22	9.4 (57.3%)
1042	ADAMCZAK Jolanta	381	OD PONIEDZIAŁKU	K 50	11	00:00:00	21,1 KM	+00:57:18	6:22	9.4 (57.3%)
1043	MISZ Hubert	272	WSPÓLNA TEAM	M 30	315	00:00:00	21,1 KM	+00:57:19	6:22	9.4 (57.3%)
1044	BLÄSSE Detlef	176	RWO ENDURANCE TEAM	M 50	85	00:00:00	21,1 KM	+00:57:21	6:22	9.4 (57.3%)
1045	WIŚNIEWSKI Adam	1526		M 30	316	00:00:00	21,1 KM	+00:57:22	6:23	9.4 (57.3%)
1046	CZERWIŃSKI Janusz	1600	DAMY RADE ZEGRZE	M 50	86	00:00:00	21,1 KM	+00:57:23	6:23	9.4 (57.3%)
1047	DUDZIAK Tadeusz	98		M 50	87	00:00:00	21,1 KM	+00:57:30	6:23	9.4 (57.3%)
1048	MRULA Ewa	928		K 40	73	00:00:00	21,1 KM	+00:57:32	6:23	9.4 (57.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1049	CYRAN Katarzyna	476		K 40	74	00:00:00	21,1 KM	+00:57:33	6:23	9.4 (57.3%)
1050	SADOWSKI Daniel	1324	WIECZORNE BIEGANIE W SZCZECINE	M 40	345	00:00:00	21,1 KM	+00:57:33	6:23	9.4 (57.3%)
1051	WÓJCIK Anna	1284	ŻYTANIA TEAM	K 30	79	00:00:00	21,1 KM	+00:57:34	6:23	9.4 (57.3%)
1052	BOŹEK Marcin	83		M 30	317	00:00:00	21,1 KM	+00:57:35	6:26	9.3 (56.7%)
1053	RAKOCZY Dorota	1760		K 40	75	00:00:00	21,1 KM	+00:57:37	6:23	9.4 (57.3%)
1054	DEMCZAR Jacek	793		M 40	346	00:00:00	21,1 KM	+00:57:38	6:25	9.3 (56.7%)
1055	BORUSZEWSKI Maciej	1658		M 40	347	00:00:00	21,1 KM	+00:57:46	6:24	9.4 (57.3%)
1056	OLEŚ-ZDECHLIK Beata	1163		K 30	80	00:00:00	21,1 KM	+00:57:46	6:24	9.4 (57.3%)
1057	ZAROBIAK Piotr	831		M 40	348	00:00:00	21,1 KM	+00:57:48	6:24	9.4 (57.3%)
1058	RUDZIEWICZ Michał	1640		M 30	318	00:00:00	21,1 KM	+00:57:48	6:24	9.4 (57.3%)
1059	KRUCZEK Grzegorz	1189		M 30	319	00:00:00	21,1 KM	+00:57:48	6:24	9.4 (57.3%)
1060	MELZER Arkadiusz	741		M 40	349	00:00:00	21,1 KM	+00:57:50	6:24	9.4 (57.3%)
1061	WESOŁOWSKI Łukasz	873		M 30	320	00:00:00	21,1 KM	+00:58:00	6:24	9.4 (57.3%)
1062	KARPIŃSKI Maciej	1674		M 50	88	00:00:00	21,1 KM	+00:58:08	6:25	9.3 (56.7%)
1063	ŚLIWCZYŃSKI Damian	802	BIEGANIE NA ŚNIADANIE	M 30	321	00:00:00	21,1 KM	+00:58:10	6:25	9.3 (56.7%)
1064	BZDUN Jacek	876		M 40	350	00:00:00	21,1 KM	+00:58:11	6:26	9.3 (56.7%)
1065	JĘDRZEJCZYK Katarzyna	1729		K 20	31	00:00:00	21,1 KM	+00:58:15	6:25	9.3 (56.7%)
1066	OTOK Arkadiusz	609		M 30	322	00:00:00	21,1 KM	+00:58:20	6:25	9.3 (56.7%)
1067	GRZYWACZYK Przemysław	303	#BIEGACZE	M 20	97	00:00:00	21,1 KM	+00:58:21	6:25	9.3 (56.7%)
1068	SOLARZ Monika	688		K 30	81	00:00:00	21,1 KM	+00:58:24	6:25	9.3 (56.7%)
1069	POPIELARSKA Sabina	271		K 40	76	00:00:00	21,1 KM	+00:58:25	6:26	9.3 (56.7%)
1070	STALICA Wiesław	486		M 50	89	00:00:00	21,1 KM	+00:58:28	6:26	9.3 (56.7%)
1071	KWIATKOWSKA Martyna	560	MIRAZ RACE TEAM	K 30	82	00:00:00	21,1 KM	+00:58:44	6:26	9.3 (56.7%)
1072	HAWRYLAK Marcin	947		M 50	90	00:00:00	21,1 KM	+00:58:45	6:26	9.3 (56.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1073	DWÓŹNIK Robert	136	DAM RADĘ	M 50	91	00:00:00	21,1 KM	+00:58:50	6:27	9.3 (56.7%)
1074	WARWAS Paweł	594	HARPAGAN SOSNOWIEC	M 50	92	00:00:00	21,1 KM	+00:59:04	6:27	9.3 (56.7%)
1075	MIŻOŁEMSKI Patryk	1289		M 20	98	00:00:00	21,1 KM	+00:59:05	6:27	9.3 (56.7%)
1076	RUSINIAK Kostek	1699	NO EXCUSES TEAM	M 20	99	00:00:00	21,1 KM	+00:59:06	6:27	9.3 (56.7%)
1077	OSSIG Krzysztof	996	NO EXCUSES TEAM	M 40	351	00:00:00	21,1 KM	+00:59:06	6:27	9.3 (56.7%)
1078	POPCZYK Sebastian	1018		M 20	100	00:00:00	21,1 KM	+00:59:09	6:28	9.3 (56.7%)
1079	WRÓBLEWSKA Marta	95		K 40	77	00:00:00	21,1 KM	+00:59:09	6:28	9.3 (56.7%)
1080	MROZIŃSKI Albert	335		M 40	352	00:00:00	21,1 KM	+00:59:10	6:28	9.3 (56.7%)
1081	PIETRZAK Radosław	519		M 40	353	00:00:00	21,1 KM	+00:59:12	6:28	9.3 (56.7%)
1082	GUŁA Iwona	1473		K 50	12	00:00:00	21,1 KM	+00:59:15	6:28	9.3 (56.7%)
1083	FLORCZAK Zdzisław	1236	WWW.FMC24.PL	M 60	12	00:00:00	21,1 KM	+00:59:15	6:28	9.3 (56.7%)
1084	WIZA Ewa	86		K 20	32	00:00:00	21,1 KM	+00:59:18	6:28	9.3 (56.7%)
1085	CZYŻ Stanisław	1232		M 30	323	00:00:00	21,1 KM	+00:59:27	6:28	9.3 (56.7%)
1086	ŚMIECH Mariusz	1066		M 40	354	00:00:00	21,1 KM	+00:59:27	6:30	9.2 (56.1%)
1087	LUBAŃSKA Alicja	157		K 50	13	00:00:00	21,1 KM	+00:59:30	6:29	9.3 (56.7%)
1088	NOWAK Artur	1344	A&G CARP TEAM	M 40	355	00:00:00	21,1 KM	+00:59:34	6:29	9.2 (56.1%)
1089	PRZĄDO-KUDAS Małgorzata	1054		K 40	78	00:00:00	21,1 KM	+00:59:35	6:29	9.2 (56.1%)
1090	BOGDANOWICZ Mirosław	1313	1969	M 50	93	00:00:00	21,1 KM	+00:59:35	6:31	9.2 (56.1%)
1091	KONIKOWSKA Julia	1880		K 30	83	00:00:00	21,1 KM	+00:59:40	6:29	9.2 (56.1%)
1092	ZBRZEŻNIAK Igor	103		M 20	101	00:00:00	21,1 KM	+00:59:41	6:29	9.2 (56.1%)
1093	LUCZAK Karolina	1571	KLUB BIEGACZA PROVIDENT POLSKA	K 30	84	00:00:00	21,1 KM	+00:59:46	6:29	9.2 (56.1%)
1094	LICHACZEWSKI Konrad	1857		M 40	356	00:00:00	21,1 KM	+00:59:46	6:29	9.2 (56.1%)
1095	CISEK Michał	462		M 30	324	00:00:00	21,1 KM	+00:59:47	6:29	9.2 (56.1%)
1096	BUDZIŃSKI Zbigniew	970		M 40	357	00:00:00	21,1 KM	+00:59:48	6:29	9.2 (56.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1097	GĘBALA Paweł	1567		M 40	358	00:00:00	21,1 KM	+00:59:50	6:30	9.2 (56.1%)
1098	KLECZKOWSKA Ewa	1610		K 40	79	00:00:00	21,1 KM	+00:59:51	6:30	9.2 (56.1%)
1099	MATUSZAK Anita	769	MATUSZAK TEAM	K 40	80	00:00:00	21,1 KM	+00:59:57	6:30	9.2 (56.1%)
1100	KASPRZAK Maciej	317		M 30	325	00:00:00	21,1 KM	+00:59:59	6:30	9.2 (56.1%)
1101	ELERT Mariusz	1878		M 30	326	00:00:00	21,1 KM	+01:00:01	6:30	9.2 (56.1%)
1102	JANKOWSKI Jerzy	526	POZYTYWNI BIEGACZE	M 60	13	00:00:00	21,1 KM	+01:00:02	6:30	9.2 (56.1%)
1103	DERA Tomasz	1060	CZERWONAK BIEGA	M 30	327	00:00:00	21,1 KM	+01:00:03	6:30	9.2 (56.1%)
1104	BRZUSZEK Katarzyna	1430		K 30	85	00:00:00	21,1 KM	+01:00:04	6:30	9.2 (56.1%)
1105	GOŁONKA Piotr	1072		M 30	328	00:00:00	21,1 KM	+01:00:05	6:30	9.2 (56.1%)
1106	SKÓRA Robert	1538		M 50	94	00:00:00	21,1 KM	+01:00:14	6:36	9.1 (55.5%)
1107	PLUSKOTA Przemysław	1621		M 40	359	00:00:00	21,1 KM	+01:00:20	6:31	9.2 (56.1%)
1108	URBANIAK Marek	268		M 40	360	00:00:00	21,1 KM	+01:00:21	6:31	9.2 (56.1%)
1109	MICHALAK Karolina	1750		K 30	86	00:00:00	21,1 KM	+01:00:25	6:31	9.2 (56.1%)
1110	KUCIEL Robert	1775	RUNNING BOŁĘCIN	M 30	329	00:00:00	21,1 KM	+01:00:26	6:31	9.2 (56.1%)
1111	MICHALAK Mariola	367		K 30	87	00:00:00	21,1 KM	+01:00:26	6:31	9.2 (56.1%)
1112	MARCHEWKA Justyna	895	URZĄD BIEGA	K 30	88	00:00:00	21,1 KM	+01:00:30	6:31	9.2 (56.1%)
1113	CHYBIŃSKA Katarzyna	31		K 30	89	00:00:00	21,1 KM	+01:00:35	6:32	9.2 (56.1%)
1114	SURMACZ Tomasz	618		M 30	330	00:00:00	21,1 KM	+01:00:36	6:32	9.2 (56.1%)
1115	JAROSZ Tomasz	1310		M 40	361	00:00:00	21,1 KM	+01:00:41	6:32	9.2 (56.1%)
1116	RYDZEWSKA Elzbieta	1315	OHANA	K 30	90	00:00:00	21,1 KM	+01:00:41	6:32	9.2 (56.1%)
1117	JERZY Jarosław	1628		M 40	362	00:00:00	21,1 KM	+01:00:43	6:32	9.2 (56.1%)
1118	KAŹMIERCZAK Jarosław	1706	NYHA4	M 50	95	00:00:00	21,1 KM	+01:00:46	6:32	9.2 (56.1%)
1119	ORYL Mariusz	386		M 30	331	00:00:00	21,1 KM	+01:00:46	6:32	9.2 (56.1%)
1120	TOCHA Marzena	1419	1977	K 40	81	00:00:00	21,1 KM	+01:00:50	6:32	9.2 (56.1%)

Msc	Zawodnik	Numer		Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1121	BYCZKOWSKI Jan	1077			M 40	363	00:00:00	21,1 KM	+01:00:50	6:32	9.2 (56.1%)
1122	KUBIŚ Kamil	105	5K		M 40	364	00:00:00	21,1 KM	+01:00:57	6:34	9.1 (55.5%)
1123	TOMCZYK Krzysztof	1271			M 40	365	00:00:00	21,1 KM	+01:00:59	6:33	9.2 (56.1%)
1124	SZARMACH Andrzej	146	PŁOCK BIEGA NO AGE LIMIT		M 30	332	00:00:00	21,1 KM	+01:01:03	6:33	9.1 (55.5%)
1125	JANUS Jowita	1317			K 20	33	00:00:00	21,1 KM	+01:01:06	6:33	9.1 (55.5%)
1126	PŁOCH Piotr	1737			M 30	333	00:00:00	21,1 KM	+01:01:08	6:37	9.1 (55.5%)
1127	FANDRYCH Krzysztof	1154			M 40	366	00:00:00	21,1 KM	+01:01:16	6:34	9.1 (55.5%)
1128	CHODKIEWICZ Anna	1842			K 30	91	00:00:00	21,1 KM	+01:01:16	6:34	9.1 (55.5%)
1129	CZECHOWICZ Łukasz	1241			M 30	334	00:00:00	21,1 KM	+01:01:19	6:34	9.1 (55.5%)
1130	LIS Mateusz	1182	HOLIDAY INN GDAŃSK - CITY CENTRE		M 30	335	00:00:00	21,1 KM	+01:01:22	6:34	9.1 (55.5%)
1131	POLESZAK Adam	284			M 30	336	00:00:00	21,1 KM	+01:01:23	6:34	9.1 (55.5%)
1132	PACHOLSKI Sławomir	943			M 30	337	00:00:00	21,1 KM	+01:01:33	6:34	9.1 (55.5%)
1133	POPCZYK Mariusz	933			M 20	102	00:00:00	21,1 KM	+01:01:34	6:34	9.1 (55.5%)
1134	CIEŚLIK Sonia	716	BRAK		K 20	34	00:00:00	21,1 KM	+01:01:40	6:35	9.1 (55.5%)
1135	ODZINKOWSKI Łukasz	1786	TRINEGU		M 40	367	00:00:00	21,1 KM	+01:01:40	6:35	9.1 (55.5%)
1136	DUDENKO Jerzy	685			M 40	368	00:00:00	21,1 KM	+01:01:45	6:35	9.1 (55.5%)
1137	DZBANUSZEK Mariusz	181			M 30	338	00:00:00	21,1 KM	+01:01:46	6:35	9.1 (55.5%)
1138	SEMENIUK Rafał	1487	24 BLP		M 30	339	00:00:00	21,1 KM	+01:01:52	6:35	9.1 (55.5%)
1139	KOZŁOWSKI Grzegorz	1498			M 30	340	00:00:00	21,1 KM	+01:01:53	6:35	9.1 (55.5%)
1140	DUDA Jadwiga	520			K 60	2	00:00:00	21,1 KM	+01:01:53	6:35	9.1 (55.5%)
1141	TATERKA Michał	238	CIDRY LOTAJOM		M 20	103	00:00:00	21,1 KM	+01:01:59	6:36	9.1 (55.5%)
1142	KANIEWSKI Łukasz	1603	AKTYWNA KCYNIA		M 30	341	00:00:00	21,1 KM	+01:02:03	6:36	9.1 (55.5%)
1143	MACHALICA Adriana	1100			K 30	92	00:00:00	21,1 KM	+01:02:06	6:36	9.1 (55.5%)
1144	KIMMIG Michael	629			M 50	96	00:00:00	21,1 KM	+01:02:09	6:36	9.1 (55.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1145	KOŁODYŃSKA Dominika	1331		K 20	35	00:00:00	21,1 KM	+01:02:11	6:36	9.1 (55.5%)
1146	TAYLOR Ania	985		K 20	36	00:00:00	21,1 KM	+01:02:16	6:36	9.1 (55.5%)
1147	RYDZEWSKA Marta	1314	OHANA	K 30	93	00:00:00	21,1 KM	+01:02:24	6:37	9.1 (55.5%)
1148	PTASZYŃSKI Krzysztof	1554	PKO BP SA	M 50	97	00:00:00	21,1 KM	+01:02:25	6:37	9.1 (55.5%)
1149	PIETRZAK Anna	362		K 40	82	00:00:00	21,1 KM	+01:02:26	6:37	9.1 (55.5%)
1150	RÓŻYCKA-FRYT Katarzyna	639	ROZBIEGANE MYSŁOWICE	K 40	83	00:00:00	21,1 KM	+01:02:27	6:37	9.1 (55.5%)
1151	SIEDLECKI Norbert	533		M 20	104	00:00:00	21,1 KM	+01:02:30	6:37	9.1 (55.5%)
1152	BRODAKCI Paweł	1675		M 30	342	00:00:00	21,1 KM	+01:02:30	6:37	9.1 (55.5%)
1153	DOMAGAŁA Andrzej	281	BIEGAMDŁAZDROWIA.PL	M 50	98	00:00:00	21,1 KM	+01:02:31	6:37	9.1 (55.5%)
1154	BUDNY Tomasz	355		M 40	369	00:00:00	21,1 KM	+01:02:32	6:37	9.1 (55.5%)
1155	JANUCHOWSKI Jacek	1186	DAMY RADE ZEGRZE	M 70+	2	00:00:00	21,1 KM	+01:02:33	6:37	9.1 (55.5%)
1156	KONTAKIEWICZ Daniel	1626		M 40	370	00:00:00	21,1 KM	+01:02:33	6:37	9.1 (55.5%)
1157	GÓRALCZYK Artur	1510		M 20	105	00:00:00	21,1 KM	+01:02:33	6:37	9.1 (55.5%)
1158	WYGLĄDACZ Alicja	1142	WIELGOWO NA BIEGOWO	K 40	84	00:00:00	21,1 KM	+01:02:35	6:37	9 (54.9%)
1159	SOBIECH Karol	648	POBIEDZISKA RUNNING TEAM	M 30	343	00:00:00	21,1 KM	+01:02:36	6:37	9 (54.9%)
1160	WŁODARCZYK Wojciech	1875		M 40	371	00:00:00	21,1 KM	+01:02:40	6:38	9 (54.9%)
1161	GURMIŃSKA Katarzyna	7		K 20	37	00:00:00	21,1 KM	+01:02:41	6:38	9 (54.9%)
1162	KRZEMIŃSKA Joanna	913		K 30	94	00:00:00	21,1 KM	+01:02:52	6:38	9 (54.9%)
1163	MIŁOSZ Bartłomiej	1749	KASZANKI	M 50	99	00:00:00	21,1 KM	+01:02:57	6:38	9 (54.9%)
1164	GOLKA Sebastian	1184		M 40	372	00:00:00	21,1 KM	+01:02:57	6:38	9 (54.9%)
1165	FILIP Bartosz	1819		M 40	373	00:00:00	21,1 KM	+01:02:57	6:38	9 (54.9%)
1166	SKORUPIŃSKI Paweł	1758	BARLINEK RUN FOREST TEAM	M 40	374	00:00:00	21,1 KM	+01:03:01	6:39	9 (54.9%)
1167	FURMANEK Łukasz	501		M 30	344	00:00:00	21,1 KM	+01:03:07	6:39	9 (54.9%)
1168	JAKUBOWSKI Jan	1418		M 60	14	00:00:00	21,1 KM	+01:03:09	6:39	9 (54.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1169	KOPIENIAK Agnieszka	1107	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	K 30	95	00:00:00	21,1 KM	+01:03:09	6:39	9 (54.9%)
1170	WU WU Maciej	1652		M 40	375	00:00:00	21,1 KM	+01:03:10	6:39	9 (54.9%)
1171	CZASAK Grzegorz	1696	WITKOWO BIEGA	M 40	376	00:00:00	21,1 KM	+01:03:11	6:39	9 (54.9%)
1172	PURCZYŃSKA Edyta	878		K 40	85	00:00:00	21,1 KM	+01:03:12	6:39	9 (54.9%)
1173	KOZAKOWSKA Małgorzata	1443		K 40	86	00:00:00	21,1 KM	+01:03:12	6:39	9 (54.9%)
1174	WAWRYNIUK Patryk	1464		M 20	106	00:00:00	21,1 KM	+01:03:14	6:39	9 (54.9%)
1175	KRZYSZTOFIAK Robert	954		M 40	377	00:00:00	21,1 KM	+01:03:18	6:41	9 (54.9%)
1176	WSZELAK Anita	448		K 40	87	00:00:00	21,1 KM	+01:03:29	6:40	9 (54.9%)
1177	PIERNICKI Zbigniew	107		M 60	15	00:00:00	21,1 KM	+01:03:30	6:40	9 (54.9%)
1178	KRYSTOWSKA Joanna	1850		K 50	14	00:00:00	21,1 KM	+01:03:33	6:40	9 (54.9%)
1179	GRZYWKA Kamil	1137		M 30	345	00:00:00	21,1 KM	+01:03:34	6:40	9 (54.9%)
1180	LENCZEWSKA-MACIĄG Dorota	57		K 40	88	00:00:00	21,1 KM	+01:03:36	6:40	9 (54.9%)
1181	BIELECKI Krzysztof	965		M 40	378	00:00:00	21,1 KM	+01:03:43	6:41	9 (54.9%)
1182	HANKE Patryk	62		M 20	107	00:00:00	21,1 KM	+01:03:44	6:41	9 (54.9%)
1183	ŁUKACKI Daniel	1439		M 40	379	00:00:00	21,1 KM	+01:03:54	6:41	9 (54.9%)
1184	MAŁEK Paweł	1780	DECARUN RZESZÓW	M 40	380	00:00:00	21,1 KM	+01:03:56	6:41	9 (54.9%)
1185	JASIŃSKI Kamil	1463		M 20	108	00:00:00	21,1 KM	+01:03:58	6:41	9 (54.9%)
1186	JÓŻWIAK Magdalena	1829	WIECZORNE BIEGANIE W SZCZECINIE	K 30	96	00:00:00	21,1 KM	+01:04:04	6:42	9 (54.9%)
1187	***** Dominik	1618		M 20	109	00:00:00	21,1 KM	+01:04:05	6:42	9 (54.9%)
1188	WIŚLICKA Sandra	1710	PKO BANK POLSKI	K 30	97	00:00:00	21,1 KM	+01:04:05	6:42	9 (54.9%)
1189	SZYMAŃSKA-KOZIOŁ Monika	650	EKM MORSY LUBUSKIE	K 40	89	00:00:00	21,1 KM	+01:04:05	6:42	9 (54.9%)
1190	OWSIANOWSKI Szymon	503	ŻADEN	M 40	381	00:00:00	21,1 KM	+01:04:09	6:42	8.9 (54.3%)
1191	FIGIEL Mariusz	763		M 40	382	00:00:00	21,1 KM	+01:04:15	6:42	8.9 (54.3%)
1192	WARMUZ Dorota	937	BYTOM	K 30	98	00:00:00	21,1 KM	+01:04:19	6:42	8.9 (54.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1193	KOCOT Maksymilian	1700		M 20	110	00:00:00	21,1 KM	+01:04:21	6:42	8.9 (54.3%)
1194	TABAS Anna	11	WIECZORNE BIEGANIE W SZCZECINIE	K 30	99	00:00:00	21,1 KM	+01:04:23	6:42	8.9 (54.3%)
1195	SZKLARSKA Alicja	439		K 40	90	00:00:00	21,1 KM	+01:04:23	6:42	8.9 (54.3%)
1196	KUMALA Sebastian	1379		M 30	346	00:00:00	21,1 KM	+01:04:24	6:43	8.9 (54.3%)
1197	CHABROS Jacek	290	EXTREMEWOLF	M 50	100	00:00:00	21,1 KM	+01:04:26	6:43	8.9 (54.3%)
1198	PASZKIEWICZ Sandra	776		K 30	100	00:00:00	21,1 KM	+01:04:26	6:43	8.9 (54.3%)
1199	KLUCZYŃSKA Honorata	540		K 40	91	00:00:00	21,1 KM	+01:04:31	6:43	8.9 (54.3%)
1200	PACYNA Wojciech	1094	#BYLEDOMETY	M 40	383	00:00:00	21,1 KM	+01:04:34	6:43	8.9 (54.3%)
1201	KILIAŃSKI Marcin	1456		M 20	111	00:00:00	21,1 KM	+01:04:39	6:43	8.9 (54.3%)
1202	GOLUSINSKI Krzysztof	1112		M 30	347	00:00:00	21,1 KM	+01:04:39	6:43	8.9 (54.3%)
1203	KUCHARSKI Jakub	473	JKU1979	M 40	384	00:00:00	21,1 KM	+01:04:41	6:43	8.9 (54.3%)
1204	LEBUDA Ewa	692		K 40	92	00:00:00	21,1 KM	+01:04:42	6:43	8.9 (54.3%)
1205	JÓZEF Marek	122		M 40	385	00:00:00	21,1 KM	+01:04:47	6:44	8.9 (54.3%)
1206	BANASIAK Piotr	1655		M 40	386	00:00:00	21,1 KM	+01:04:54	6:44	8.9 (54.3%)
1207	KRYŚCIAK Edward	1096	DRUŻYNA BIEGU JOŃCA	M 50	101	00:00:00	21,1 KM	+01:04:56	6:44	8.9 (54.3%)
1208	TYLKA Marcin	297		M 30	348	00:00:00	21,1 KM	+01:05:02	6:44	8.9 (54.3%)
1209	NOWAK Mariola	1043		K 40	93	00:00:00	21,1 KM	+01:05:03	6:44	8.9 (54.3%)
1210	BUDZIAREK Adam	61	#BBKTS	M 40	387	00:00:00	21,1 KM	+01:05:07	6:45	8.9 (54.3%)
1211	SZAŁAŚNY Piotr	505	TESTYOUTDOOROWE.PL	M 30	349	00:00:00	21,1 KM	+01:05:09	6:45	8.9 (54.3%)
1212	MICHALEWICZ Tomasz	35		M 50	102	00:00:00	21,1 KM	+01:05:10	6:45	8.9 (54.3%)
1213	KACZMAREK Mariusz	1502	ICHTHYS	M 60	16	00:00:00	21,1 KM	+01:05:11	6:45	8.9 (54.3%)
1214	BEDNARZ Katarzyna	120		K 40	94	00:00:00	21,1 KM	+01:05:12	6:45	8.9 (54.3%)
1215	MAŃKE Karolina	509		K 30	101	00:00:00	21,1 KM	+01:05:20	6:45	8.9 (54.3%)
1216	AUGUŚCIK Marcin	1131	WIELGOWO NA BIEGOWO	M 20	112	00:00:00	21,1 KM	+01:05:26	6:45	8.9 (54.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1217	PRZYBYŁAK Paweł	166		M 50	103	00:00:00	21,1 KM	+01:05:28	6:46	8.9 (54.3%)
1218	LENKIEWICZ Andrzej	489	PIĘKNY	M 60	17	00:00:00	21,1 KM	+01:05:28	6:46	8.9 (54.3%)
1219	DRELICHOWSKA Anna	1084		K 40	95	00:00:00	21,1 KM	+01:05:32	6:46	8.9 (54.3%)
1220	KOWALCZYK Bogdan	494		M 50	104	00:00:00	21,1 KM	+01:05:33	6:46	8.9 (54.3%)
1221	BUGORSKA Agata	957		K 30	102	00:00:00	21,1 KM	+01:05:34	6:50	8.8 (53.7%)
1222	KOZIOŁ Łukasz	1715		M 20	113	00:00:00	21,1 KM	+01:05:35	6:46	8.9 (54.3%)
1223	MAJEWSKI Damian	1738		M 30	350	00:00:00	21,1 KM	+01:05:36	6:46	8.9 (54.3%)
1224	WIŚNIEWSKA Małgorzata	852		K 30	103	00:00:00	21,1 KM	+01:05:39	6:46	8.9 (54.3%)
1225	MOLSKA Małgorzata	341	OSP KŁODAWA	K 50	15	00:00:00	21,1 KM	+01:05:45	6:46	8.8 (53.7%)
1226	KOWALCZYK Jan	1831	WIECZORNE BIEGANIE W SZCZECINIE	M 40	388	00:00:00	21,1 KM	+01:05:45	6:46	8.8 (53.7%)
1227	DELALICZ DE LAVAL Rafał	1173		M 30	351	00:00:00	21,1 KM	+01:05:47	6:52	8.7 (53.0%)
1228	JERZYK-SZAMAŁEK Bogusława	265	ŚRUNDUNIA	K 50	16	00:00:00	21,1 KM	+01:05:50	6:47	8.8 (53.7%)
1229	CIERNIAK Agata	47	KOTLACTIVE TEAM	K 40	96	00:00:00	21,1 KM	+01:05:51	6:47	8.8 (53.7%)
1230	SZYMAŃSKI Michał	997		M 30	352	00:00:00	21,1 KM	+01:05:53	6:47	8.8 (53.7%)
1231	DONNER Andreas	488	CITYRUNNER BERLIN	M 50	105	00:00:00	21,1 KM	+01:05:54	6:47	8.8 (53.7%)
1232	KOZIATEK Mariusz	5		M 40	389	00:00:00	21,1 KM	+01:06:00	6:47	8.8 (53.7%)
1233	RZESZÓTKO Tomasz	1329	T1000	M 30	353	00:00:00	21,1 KM	+01:06:01	6:47	8.8 (53.7%)
1234	WITKOWSKI Artur	300		M 50	106	00:00:00	21,1 KM	+01:06:01	6:47	8.8 (53.7%)
1235	MAGRYTA Robert	1482		M 40	390	00:00:00	21,1 KM	+01:06:07	6:48	8.8 (53.7%)
1236	GRZESZKOWIAK Bogumiła	1207	NIE MA	K 50	17	00:00:00	21,1 KM	+01:06:08	6:47	8.8 (53.7%)
1237	PINTOWSKI Piotr	1777		M 40	391	00:00:00	21,1 KM	+01:06:08	6:47	8.8 (53.7%)
1238	MADEJ Aleksansder	460		M 30	354	00:00:00	21,1 KM	+01:06:17	6:48	8.8 (53.7%)
1239	MARCIN Marcin	756	VICTORIA JAWORZNO	M 30	355	00:00:00	21,1 KM	+01:06:17	6:48	8.8 (53.7%)
1240	MADEJ Anna	461		K 20	38	00:00:00	21,1 KM	+01:06:17	6:48	8.8 (53.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1241	ROJEWSKI Piotr	1664		M 40	392	00:00:00	21,1 KM	+01:06:18	6:48	8.8 (53.7%)
1242	MISIOR Michał	393		M 40	393	00:00:00	21,1 KM	+01:06:21	6:48	8.8 (53.7%)
1243	KĘPKA Karol	51	AMPIO TEAM	M 20	114	00:00:00	21,1 KM	+01:06:25	6:48	8.8 (53.7%)
1244	KOWALSKA Anna	1444		K 30	104	00:00:00	21,1 KM	+01:06:37	6:49	8.8 (53.7%)
1245	WASIELEWSKI Piotr	299		M 20	115	00:00:00	21,1 KM	+01:06:40	6:49	8.8 (53.7%)
1246	PODKAMINER-LEWANDOWSKA Anna	234		K 40	97	00:00:00	21,1 KM	+01:06:42	6:49	8.8 (53.7%)
1247	WARMUZ Krzysztof	940	BYTOM	M 40	394	00:00:00	21,1 KM	+01:06:45	6:49	8.8 (53.7%)
1248	PIGŁA Michał	1213	SPORTOWY KAŻMIERZ	M 30	356	00:00:00	21,1 KM	+01:06:45	6:49	8.8 (53.7%)
1249	KAŁWIŃSKI Mariusz	1647	WATAHA TEAM POZNAŃ	M 40	395	00:00:00	21,1 KM	+01:06:52	6:50	8.8 (53.7%)
1250	PIOTROWSKA Anita	425	12BZ	K 30	105	00:00:00	21,1 KM	+01:06:53	6:50	8.8 (53.7%)
1251	STALICA Bogusława	487		K 40	98	00:00:00	21,1 KM	+01:06:59	6:50	8.8 (53.7%)
1252	PUJSZO Sławomir	401	CHWASZCZYNO BIEGA	M 40	396	00:00:00	21,1 KM	+01:06:59	6:50	8.8 (53.7%)
1253	KRÓLIKOWSKI Rafał	213		M 20	116	00:00:00	21,1 KM	+01:06:59	6:50	8.8 (53.7%)
1254	KUFEL Krzysztof	101	PATOBIEGANIE	M 30	357	00:00:00	21,1 KM	+01:07:00	6:50	8.8 (53.7%)
1255	BŁAUT Agata	665	BEZ KLUBU	K 40	99	00:00:00	21,1 KM	+01:07:04	6:52	8.7 (53.0%)
1256	SYROKA Przemysław	684		M 30	358	00:00:00	21,1 KM	+01:07:04	6:50	8.8 (53.7%)
1257	KAWCZYŃSKI Maciej	521	RAZ SZCZECIN	M 40	397	00:00:00	21,1 KM	+01:07:07	6:50	8.8 (53.7%)
1258	PAJĄK Paweł	1784		M 40	398	00:00:00	21,1 KM	+01:07:08	6:50	8.8 (53.7%)
1259	ŚWITALSKA Edyta	1770	SZCZECIŃSKIE CENTRUM TRENINGU PERSONALNEGO	K 40	100	00:00:00	21,1 KM	+01:07:13	6:51	8.8 (53.7%)
1260	GĄSIOREK Beata	1262	1971	K 40	101	00:00:00	21,1 KM	+01:07:13	6:51	8.8 (53.7%)
1261	DZIEKONSKI Jacek	946		M 60	18	00:00:00	21,1 KM	+01:07:13	6:51	8.8 (53.7%)
1262	KALISZ Irena	183		K 30	106	00:00:00	21,1 KM	+01:07:16	6:51	8.8 (53.7%)
1263	NOWAK Magdalena	1081	AEGONRUN	K 30	107	00:00:00	21,1 KM	+01:07:17	6:51	8.8 (53.7%)
1264	KUBICA Ula	1544		K 40	102	00:00:00	21,1 KM	+01:07:18	6:51	8.8 (53.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1265	CICHOCKI Jakub	217	DRUŻYNA SZPIKU	M 40	399	00:00:00	21,1 KM	+01:07:23	6:51	8.7 (53.0%)
1266	ROSTRYGIN Katarzyna	548		K 30	108	00:00:00	21,1 KM	+01:07:24	6:51	8.7 (53.0%)
1267	PUŁAWSKI Rafał	1408		M 40	400	00:00:00	21,1 KM	+01:07:26	6:51	8.7 (53.0%)
1268	WIĘSEK Ewelina	1551	PKO BANK POLSKI SA	K 40	103	00:00:00	21,1 KM	+01:07:27	6:51	8.7 (53.0%)
1269	PODKEŚNY Piotr	1504		M 30	359	00:00:00	21,1 KM	+01:07:27	6:52	8.7 (53.0%)
1270	PAWLAK Piotr	757		M 40	401	00:00:00	21,1 KM	+01:07:30	6:56	8.7 (53.0%)
1271	KARWAT Dawid	376		M 20	117	00:00:00	21,1 KM	+01:07:32	6:51	8.7 (53.0%)
1272	KOWALSKI Bartosz	710	ŁĄCZKA TEAM LEGNICA	M 40	402	00:00:00	21,1 KM	+01:07:40	6:52	8.7 (53.0%)
1273	PAWŁOWSKI Marcin	1881		M 40	403	00:00:00	21,1 KM	+01:07:44	6:52	8.7 (53.0%)
1274	OLSZAK Anna	539	ROZBIEGANE MYSŁOWICE	K 30	109	00:00:00	21,1 KM	+01:07:47	6:52	8.7 (53.0%)
1275	HILLEMANN Andreas	1459	TEAM ERDINGER ALKOHOLFREI	M 40	404	00:00:00	21,1 KM	+01:07:50	6:52	8.7 (53.0%)
1276	GRAJCAR Anna	78		K 30	110	00:00:00	21,1 KM	+01:07:58	6:53	8.7 (53.0%)
1277	GRIMM-SPERLING Anja	409		K 40	104	00:00:00	21,1 KM	+01:07:58	6:53	8.7 (53.0%)
1278	GAŚIOREK Janusz	1261	1971	M 40	405	00:00:00	21,1 KM	+01:07:59	6:53	8.7 (53.0%)
1279	TYRAN Joanna	1527	OSIEK BIEGA	K 30	111	00:00:00	21,1 KM	+01:08:07	6:53	8.7 (53.0%)
1280	ZALEWSKA Joanna	387		K 40	105	00:00:00	21,1 KM	+01:08:10	6:53	8.7 (53.0%)
1281	WIZA Marta	49		K 20	39	00:00:00	21,1 KM	+01:08:30	6:54	8.7 (53.0%)
1282	PASZKOWSKI Cezary	1251	LEŚNE SZYCHY	M 40	406	00:00:00	21,1 KM	+01:08:31	6:54	8.7 (53.0%)
1283	RADOŻYCKI Radek	438		M 40	407	00:00:00	21,1 KM	+01:08:31	6:54	8.7 (53.0%)
1284	MARCZAK Małgorzata	44	NIGHT RUNNERS SŁUPSK	K 50	18	00:00:00	21,1 KM	+01:08:34	6:54	8.7 (53.0%)
1285	JANELT Wioletta	405		K 40	106	00:00:00	21,1 KM	+01:08:36	6:54	8.7 (53.0%)
1286	ADAMCZAK Grzegorz	726		M 40	408	00:00:00	21,1 KM	+01:08:38	6:55	8.7 (53.0%)
1287	SOKULSKI Marcin	1839	KASZANKI	M 30	360	00:00:00	21,1 KM	+01:08:43	6:55	8.7 (53.0%)
1288	BARDZIŃSKI Robert	754		M 20	118	00:00:00	21,1 KM	+01:08:46	6:55	8.7 (53.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1289	DUDZIAK Adam	1129	DOBICONNECT	M 40	409	00:00:00	21,1 KM	+01:08:50	6:55	8.7 (53.0%)
1290	MAJ Diana	738	KB WIKON NOWA SÓL	K 30	112	00:00:00	21,1 KM	+01:08:51	6:55	8.7 (53.0%)
1291	MĄDZIK Aleksandra	822		K 30	113	00:00:00	21,1 KM	+01:08:53	6:55	8.7 (53.0%)
1292	WOŁOCH Ola	1373		K 20	40	00:00:00	21,1 KM	+01:08:58	6:56	8.7 (53.0%)
1293	OWCZARCZAK Monika	1215		K 30	114	00:00:00	21,1 KM	+01:08:58	6:56	8.7 (53.0%)
1294	SIEGIEDA Mateusz	1050		M 20	119	00:00:00	21,1 KM	+01:09:05	6:56	8.6 (52.4%)
1295	KRÓLIKOWSKA Anna	1138	HUSARIA RACE TEAM	K 20	41	00:00:00	21,1 KM	+01:09:07	6:56	8.6 (52.4%)
1296	REINHOLZ Elżbieta	456		K 40	107	00:00:00	21,1 KM	+01:09:08	6:56	8.6 (52.4%)
1297	MICHALSKA-HASIAK Katarzyna	127		K 50	19	00:00:00	21,1 KM	+01:09:10	6:56	8.6 (52.4%)
1298	JANKOWIAK Bartosz	1845	26,2	M 40	410	00:00:00	21,1 KM	+01:09:24	6:57	8.6 (52.4%)
1299	HAUBOLD Marcel	1480		M 30	361	00:00:00	21,1 KM	+01:09:26	6:57	8.6 (52.4%)
1300	NARÓĆ Aneta	397		K 40	108	00:00:00	21,1 KM	+01:09:28	6:57	8.6 (52.4%)
1301	KAMSKA Małgorzata	589		K 30	115	00:00:00	21,1 KM	+01:09:38	6:57	8.6 (52.4%)
1302	KOS Piotr	91	DRUŻYNA MOJACUKRZYCA.PL	M 60	19	00:00:00	21,1 KM	+01:09:42	6:58	8.6 (52.4%)
1303	ROGAŁA Adrian	123	WKURW_TEAM	M 40	411	00:00:00	21,1 KM	+01:09:43	6:58	8.6 (52.4%)
1304	ORLON Barbara	171	FIOLKA RUN HAPPY	K 40	109	00:00:00	21,1 KM	+01:09:45	6:58	8.6 (52.4%)
1305	KOPKA Elżbieta	260	WIECZORNE BIEGANIE W SZCZECINIE	K 50	20	00:00:00	21,1 KM	+01:09:46	6:58	8.6 (52.4%)
1306	HASIAK Aleksander	129		M 50	107	00:00:00	21,1 KM	+01:09:47	6:58	8.6 (52.4%)
1307	WALCZAK Adam	615		M 50	108	00:00:00	21,1 KM	+01:09:47	6:58	8.6 (52.4%)
1308	SUPERCZYŃSKA Aneta	771		K 40	110	00:00:00	21,1 KM	+01:09:48	6:58	8.6 (52.4%)
1309	FIEBICH Zbigniew	230	LUCKY LUKI	M 40	412	00:00:00	21,1 KM	+01:09:52	6:58	8.6 (52.4%)
1310	WIELGOSZ Włodzimierz	275	FSD RUN	M 50	109	00:00:00	21,1 KM	+01:09:54	6:58	8.6 (52.4%)
1311	GRAJEWSKA Monika	333		K 20	42	00:00:00	21,1 KM	+01:09:56	6:58	8.6 (52.4%)
1312	MALINOWSKI Przemek	453	BODAIKAN	M 40	413	00:00:00	21,1 KM	+01:09:58	6:58	8.6 (52.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1313	ŁASZKIEWICZ Daniel	968	ZG RUN	M 20	120	00:00:00	21,1 KM	+01:10:10	6:59	8.6 (52.4%)
1314	CHOJECKI Wojtek	252		M 50	110	00:00:00	21,1 KM	+01:10:12	6:59	8.6 (52.4%)
1315	RAJKOWSKI Tomasz	170		M 30	362	00:00:00	21,1 KM	+01:10:13	6:59	8.6 (52.4%)
1316	FAJGIER Tomasz	153		M 50	111	00:00:00	21,1 KM	+01:10:13	6:59	8.6 (52.4%)
1317	PRZYBYLSKI Karol	169		M 20	121	00:00:00	21,1 KM	+01:10:13	6:59	8.6 (52.4%)
1318	BORSUK Dorota	150		K 40	111	00:00:00	21,1 KM	+01:10:20	6:59	8.6 (52.4%)
1319	PIWNICKI Mateusz	469	KS START PUŁASKI WARKA	M 20	122	00:00:00	21,1 KM	+01:10:22	7:00	8.6 (52.4%)
1320	SZWAJKOWSKI Przemysław	1235		M 30	363	00:00:00	21,1 KM	+01:10:23	7:00	8.6 (52.4%)
1321	KALITOWSKI Przemysław	82		M 20	123	00:00:00	21,1 KM	+01:10:24	7:00	8.6 (52.4%)
1322	GOLKA Beata	1185		K 30	116	00:00:00	21,1 KM	+01:10:25	7:00	8.6 (52.4%)
1323	KACZMAREK Anna	1484		K 30	117	00:00:00	21,1 KM	+01:10:28	7:00	8.6 (52.4%)
1324	KRĘPA Gosia	1383	EKSTEREME WOLF	K 40	112	00:00:00	21,1 KM	+01:10:34	7:02	8.5 (51.8%)
1325	SZAMBELAN Katarzyna	226		K 30	118	00:00:00	21,1 KM	+01:10:39	7:00	8.6 (52.4%)
1326	DZIWISZ Bogusia	1337		K 40	113	00:00:00	21,1 KM	+01:10:40	7:02	8.5 (51.8%)
1327	BAJOR Rafał	1357	REBELLION OF FREE RUNNERS	M 40	414	00:00:00	21,1 KM	+01:10:43	7:00	8.6 (52.4%)
1328	JURCZYŃSKI Piotr	964	BEZIKI RULEZZZZ	M 30	364	00:00:00	21,1 KM	+01:10:44	7:01	8.6 (52.4%)
1329	POPOWSKI Dariusz	889		M 50	112	00:00:00	21,1 KM	+01:10:45	7:01	8.5 (51.8%)
1330	KUCZYŃSKI Rafał	1545	26 2	M 40	415	00:00:00	21,1 KM	+01:10:54	7:01	8.5 (51.8%)
1331	WYSOCKI Michał	1756		M 20	124	00:00:00	21,1 KM	+01:10:57	7:01	8.5 (51.8%)
1332	KUSZKA-BRZYCHCY Natalia	197		K 30	119	00:00:00	21,1 KM	+01:11:01	7:01	8.5 (51.8%)
1333	MATUSIK Michał	1063		M 30	365	00:00:00	21,1 KM	+01:11:06	7:02	8.5 (51.8%)
1334	PADEWSKI Zenon	1566	ORANGE POLSKA	M 40	416	00:00:00	21,1 KM	+01:11:10	7:02	8.5 (51.8%)
1335	JEZIOR Bartosz	672	KUTOUAKI	M 30	366	00:00:00	21,1 KM	+01:11:11	7:02	8.5 (51.8%)
1336	OFFMAN Aneta	274		K 40	114	00:00:00	21,1 KM	+01:11:15	7:02	8.5 (51.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1337	CZYŻEWSKI Łukasz	342	PATOBIEGANIE	M 30	367	00:00:00	21,1 KM	+01:11:22	7:02	8.5 (51.8%)
1338	BIAŁKOWSKA Katarzyna	198	PRZYSTAŃ NA KAWĘ	K 40	115	00:00:00	21,1 KM	+01:11:23	7:02	8.5 (51.8%)
1339	JABŁONOWSKA Aleksandra	1433		K 30	120	00:00:00	21,1 KM	+01:11:34	7:03	8.5 (51.8%)
1340	LEWANDOWSKA Katarzyna	695	PCH_RUN	K 40	116	00:00:00	21,1 KM	+01:11:34	7:03	8.5 (51.8%)
1341	FRYT Marcin	641	ROZBIEGANE MYSŁOWICE	M 40	417	00:00:00	21,1 KM	+01:11:43	7:03	8.5 (51.8%)
1342	JĘDRZEJEK Marek	495		M 30	368	00:00:00	21,1 KM	+01:11:47	7:04	8.5 (51.8%)
1343	PLUSKOTA Olga	1637		K 20	43	00:00:00	21,1 KM	+01:11:52	7:04	8.5 (51.8%)
1344	SZCZEPANOWSKI Andrzej	1368		M 40	418	00:00:00	21,1 KM	+01:11:58	7:04	8.5 (51.8%)
1345	ROGAŁA Kajetan	117	WKURW_TEAM	K 30	121	00:00:00	21,1 KM	+01:12:01	7:04	8.5 (51.8%)
1346	WILIŃSKA-CHRASTEK Edyta	1723		K 40	117	00:00:00	21,1 KM	+01:12:03	7:04	8.5 (51.8%)
1347	STEFAŃSKI Radosław	63		M 30	369	00:00:00	21,1 KM	+01:12:04	7:04	8.5 (51.8%)
1348	RUSZKOWSKA Anna	1424	AJRUSZ PRUSZKÓW	K 40	118	00:00:00	21,1 KM	+01:12:09	7:05	8.5 (51.8%)
1349	SZWABOWSKA Karolina	1253		K 20	44	00:00:00	21,1 KM	+01:12:10	7:05	8.5 (51.8%)
1350	MAZUREK Rafał	924	KIRU	M 40	419	00:00:00	21,1 KM	+01:12:15	7:05	8.5 (51.8%)
1351	GRACZYK Radek	1861		M 50	113	00:00:00	21,1 KM	+01:12:15	7:05	8.5 (51.8%)
1352	DMOCHOWSKA Agnieszka	262	WATAHA TEAM	K 30	122	00:00:00	21,1 KM	+01:12:16	7:05	8.5 (51.8%)
1353	KAPUŚCIŃSKI Wojciech	1367		M 40	420	00:00:00	21,1 KM	+01:12:17	7:06	8.4 (51.2%)
1354	RAWA Donata	1830		K 40	119	00:00:00	21,1 KM	+01:12:18	7:05	8.5 (51.8%)
1355	OLBRICH Barbara	1681	MIRAZ RACE TEAM	K 40	120	00:00:00	21,1 KM	+01:12:18	7:05	8.5 (51.8%)
1356	DOBACZEWSKA Ewa	1821		K 40	121	00:00:00	21,1 KM	+01:12:18	7:05	8.5 (51.8%)
1357	ADRIAN-CZABORYK Monika	1823		K 40	122	00:00:00	21,1 KM	+01:12:18	7:05	8.5 (51.8%)
1358	ZABDYR Marta	1824		K 40	123	00:00:00	21,1 KM	+01:12:18	7:05	8.5 (51.8%)
1359	ŚWIĄTKOWSKI Marek	240		M 20	125	00:00:00	21,1 KM	+01:12:19	7:05	8.5 (51.8%)
1360	MATWIEJCZYK Krzysztof	266	KB WYSZKÓW	M 40	421	00:00:00	21,1 KM	+01:12:21	7:05	8.5 (51.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1361	KIERMACZ Kaja	1322		K 30	123	00:00:00	21,1 KM	+01:12:21	7:05	8.5 (51.8%)
1362	KLUPA Jerzy	339	URZĄD MIASTA SZCZECIN	M 60	20	00:00:00	21,1 KM	+01:12:25	7:06	8.4 (51.2%)
1363	ERDMANN Piotr	562	POMELO PIOTR ERDMANN	M 30	370	00:00:00	21,1 KM	+01:12:32	7:06	8.4 (51.2%)
1364	SZYMAŃSKA Dorota	1561		K 40	124	00:00:00	21,1 KM	+01:12:33	7:06	8.4 (51.2%)
1365	PIETRZYŃSKI Grzegorz	717		M 50	114	00:00:00	21,1 KM	+01:12:35	7:06	8.4 (51.2%)
1366	KURAS Damian	714	DOMDATA RUNTEAM	M 20	126	00:00:00	21,1 KM	+01:12:35	7:06	8.4 (51.2%)
1367	PAWELCZAK Cezary	364	WIECZORNE BIEGANIE W SZCZECINIE	M 50	115	00:00:00	21,1 KM	+01:12:36	7:06	8.4 (51.2%)
1368	ZARCZUK Anna	1323		K 40	125	00:00:00	21,1 KM	+01:12:36	7:06	8.4 (51.2%)
1369	SODNOMGOMBO Alimaa	216		M 30	371	00:00:00	21,1 KM	+01:12:40	7:06	8.4 (51.2%)
1370	SOKALSKA Marta	885		K 30	124	00:00:00	21,1 KM	+01:12:40	7:06	8.4 (51.2%)
1371	SKRODZKI Tomasz	358	BACZYNA BULLS	M 40	422	00:00:00	21,1 KM	+01:12:41	7:06	8.4 (51.2%)
1372	GŁADZIK Aleksander	140	KOMPAS TEAM	M 30	372	00:00:00	21,1 KM	+01:12:53	7:07	8.4 (51.2%)
1373	BĄK Ilona	680	OD PONIEDZIAŁKU	K 40	126	00:00:00	21,1 KM	+01:12:53	7:07	8.4 (51.2%)
1374	NOWACKA Ewa	360		K 40	127	00:00:00	21,1 KM	+01:12:53	7:07	8.4 (51.2%)
1375	SOKALSKI Przemek	886		M 30	373	00:00:00	21,1 KM	+01:12:54	7:07	8.4 (51.2%)
1376	PRZEWOŹNY Grzegorz	1133	DOBICONNECT	M 40	423	00:00:00	21,1 KM	+01:13:07	7:07	8.4 (51.2%)
1377	MERKLINGHAUS-KOBER Monika	867	SPEED FEET '16/PARKRUN KOŚCIAN/12WBOT	K 40	128	00:00:00	21,1 KM	+01:13:09	7:07	8.4 (51.2%)
1378	KACZMAREK Adam	1485		M 40	424	00:00:00	21,1 KM	+01:13:10	7:07	8.4 (51.2%)
1379	KUKLA Agata	922	POWOLI DO CELU	K 30	125	00:00:00	21,1 KM	+01:13:20	7:08	8.4 (51.2%)
1380	WIŚNIEWSKA Marta	236	PATOBIEGANIE	K 30	126	00:00:00	21,1 KM	+01:13:28	7:08	8.4 (51.2%)
1381	MARCZEWSKA Marta	119	GALLOWAY TEAM ZIELONA GÓRA	K 30	127	00:00:00	21,1 KM	+01:13:35	7:09	8.4 (51.2%)
1382	DUDZIAK-PRZEWOŹNA Izabela	1134	DOBICONNECT	K 40	129	00:00:00	21,1 KM	+01:13:35	7:09	8.4 (51.2%)
1383	BOGUSKI Adam	1714		M 20	127	00:00:00	21,1 KM	+01:13:37	7:09	8.4 (51.2%)
1384	HUNIA Karolina	1132		K 30	128	00:00:00	21,1 KM	+01:13:38	7:09	8.4 (51.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1385	POSTAWA Renata	38		K 40	130	00:00:00	21,1 KM	+01:13:40	7:09	8.4 (51.2%)
1386	GÓRNIAK Jarosław	566	JARBUD	M 30	374	00:00:00	21,1 KM	+01:13:40	7:09	8.4 (51.2%)
1387	KUTYŁA Marta	746		K 30	129	00:00:00	21,1 KM	+01:13:48	7:09	8.4 (51.2%)
1388	PIĄTKOWSKA Izabela	1417		K 30	130	00:00:00	21,1 KM	+01:13:51	7:09	8.4 (51.2%)
1389	KĘSICKA-BLOCH Aneta	224		K 30	131	00:00:00	21,1 KM	+01:13:53	7:09	8.4 (51.2%)
1390	SCHABEK Łukasz	568	#CZELADZBIEGA	M 20	128	00:00:00	21,1 KM	+01:13:56	7:10	8.4 (51.2%)
1391	BUKOWSKA Alina	677	ORKI Z ...	K 40	131	00:00:00	21,1 KM	+01:14:01	7:10	8.4 (51.2%)
1392	ZIĘTA Katarzyna	661	ORKI Z...	K 50	21	00:00:00	21,1 KM	+01:14:05	7:10	8.4 (51.2%)
1393	BŁAŻYŃSKA Ilona	865	KATORŻNIK MUROWANA GOŚLINA	K 30	132	00:00:00	21,1 KM	+01:14:12	7:10	8.4 (51.2%)
1394	BAKOWSKI Rafał	1515		M 30	375	00:00:00	21,1 KM	+01:14:30	7:11	8.3 (50.6%)
1395	KĘDZIOR Natalia	1503	NOWA HUTA TEAM	K 30	133	00:00:00	21,1 KM	+01:14:41	7:12	8.3 (50.6%)
1396	LIPSKI Łukasz	431	BIEGOHOLLICA	M 30	376	00:00:00	21,1 KM	+01:14:48	7:12	8.3 (50.6%)
1397	CELER Kinga	1716	NOWA HUTA TEAM	K 30	134	00:00:00	21,1 KM	+01:14:52	7:12	8.3 (50.6%)
1398	MROCZEK Kasia	1450		K 40	132	00:00:00	21,1 KM	+01:14:56	7:12	8.3 (50.6%)
1399	KLATKOWSKI Michał	767		M 20	129	00:00:00	21,1 KM	+01:15:02	7:13	8.3 (50.6%)
1400	BASIAK Przemysław	1838		M 40	425	00:00:00	21,1 KM	+01:15:03	7:13	8.3 (50.6%)
1401	BRABAŃSKA Agata	1683	KORBOLE TEAM	K 40	133	00:00:00	21,1 KM	+01:15:13	7:15	8.3 (50.6%)
1402	WOJTYSIAK Małgorzata	511		K 30	135	00:00:00	21,1 KM	+01:15:23	7:14	8.3 (50.6%)
1403	GĄSKA Maciej	598	PĘDZĄCE ŚLIMAKI	M 40	426	00:00:00	21,1 KM	+01:15:25	7:14	8.3 (50.6%)
1404	BASARA Agnieszka	1238		K 40	134	00:00:00	21,1 KM	+01:15:29	7:14	8.3 (50.6%)
1405	REIMAN Agnieszka	1409		K 30	136	00:00:00	21,1 KM	+01:15:30	7:14	8.3 (50.6%)
1406	PIWOWARCZYK Magdalena	595		K 30	137	00:00:00	21,1 KM	+01:15:40	7:15	8.3 (50.6%)
1407	PONICKA Izabela	1446	TEAM UJŚCIE	K 40	135	00:00:00	21,1 KM	+01:15:40	7:15	8.3 (50.6%)
1408	BOŻEK Edward	1257		M 60	21	00:00:00	21,1 KM	+01:15:44	7:16	8.2 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1409	ŻARKOWSKA Dominika	276		K 40	136	00:00:00	21,1 KM	+01:15:45	7:15	8.3 (50.6%)
1410	KUPNIEWSKA Patrycja	1449		K 20	45	00:00:00	21,1 KM	+01:15:46	7:15	8.3 (50.6%)
1411	WÓJCIK Robert	1022		M 30	377	00:00:00	21,1 KM	+01:15:49	7:15	8.3 (50.6%)
1412	ŚWITAŁA Natalia	944		K 20	46	00:00:00	21,1 KM	+01:15:50	7:15	8.3 (50.6%)
1413	MICHAŁEK Krystyna	691	TROCHĘ SIĘ BIEGA	K 40	137	00:00:00	21,1 KM	+01:15:51	7:15	8.3 (50.6%)
1414	PĄCZEK Weronika	287	WATAHA - ŁĄCZY NAS BIEGANIE	K 20	47	00:00:00	21,1 KM	+01:16:06	7:16	8.3 (50.6%)
1415	JASTRZĘBSKI Adam	1540		M 40	427	00:00:00	21,1 KM	+01:16:08	7:16	8.2 (50.0%)
1416	SOBCZAK-KUFEL Ilona	99	PATOBIEGANIE	K 30	138	00:00:00	21,1 KM	+01:16:09	7:16	8.2 (50.0%)
1417	PACZKA Robert	191	WAŻNE JEST TU I TERAZ	M 50	116	00:00:00	21,1 KM	+01:16:10	7:16	8.2 (50.0%)
1418	ODOROWICZ Kasia	121		K 40	138	00:00:00	21,1 KM	+01:16:11	7:16	8.2 (50.0%)
1419	WÓJTOWICZ Marcin	1570	LG	M 40	428	00:00:00	21,1 KM	+01:16:12	7:16	8.2 (50.0%)
1420	ZAJĄC Bożena	1012	LEGENDARY POWER SZEWC	K 50	22	00:00:00	21,1 KM	+01:16:16	7:16	8.2 (50.0%)
1421	BALON Marcin	935		M 40	429	00:00:00	21,1 KM	+01:16:17	7:17	8.2 (50.0%)
1422	SAŃKA Paweł	192		M 40	430	00:00:00	21,1 KM	+01:16:20	7:16	8.2 (50.0%)
1423	KRUK Michał	1644	DOCHODZIMY W 2H :)	M 30	378	00:00:00	21,1 KM	+01:16:22	7:17	8.2 (50.0%)
1424	CZOŁHAN Damian	143		M 40	431	00:00:00	21,1 KM	+01:16:32	7:17	8.2 (50.0%)
1425	KŁACZKIEWICZ Magdalena	602		K 20	48	00:00:00	21,1 KM	+01:16:40	7:17	8.2 (50.0%)
1426	SZWARC Karina	22		K 30	139	00:00:00	21,1 KM	+01:16:48	7:18	8.2 (50.0%)
1427	WÓJCIK Agnieszka	1023		K 30	140	00:00:00	21,1 KM	+01:16:51	7:18	8.2 (50.0%)
1428	RACIBORSKI Marek	1576	TRUCHTOWO 42.195 / DRUŻYNA SZPIKU	M 40	432	00:00:00	21,1 KM	+01:16:55	7:18	8.2 (50.0%)
1429	BARTYZEL Beata	1359		K 30	141	00:00:00	21,1 KM	+01:16:56	7:18	8.2 (50.0%)
1430	PAJKOWSKI Mirosław	81	SL SALOS SZCZECIN	M 50	117	00:00:00	21,1 KM	+01:16:58	7:18	8.2 (50.0%)
1431	PYREK Dorota	1542	TROCHĘ SIĘ BIEGA	K 40	139	00:00:00	21,1 KM	+01:17:13	7:19	8.2 (50.0%)
1432	NIEWADZIK Ula	184		K 40	140	00:00:00	21,1 KM	+01:17:21	7:19	8.2 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1433	SZYSZKO Ewa	1115	MARKOWI BIEGACZE	K 30	142	00:00:00	21,1 KM	+01:17:28	7:20	8.2 (50.0%)
1434	KALISZEWSKI Tomasz	377		M 50	118	00:00:00	21,1 KM	+01:17:29	7:20	8.2 (50.0%)
1435	SIKORSKA Marcelina	15	BIELAWSKA AKADEMIA BIEGANIA	K 40	141	00:00:00	21,1 KM	+01:17:30	7:20	8.2 (50.0%)
1436	KUJAWA Michał	1790		M 30	379	00:00:00	21,1 KM	+01:17:32	7:20	8.2 (50.0%)
1437	CHOYNACKA-SAŃKA Alicja	190		K 30	143	00:00:00	21,1 KM	+01:17:37	7:20	8.2 (50.0%)
1438	ROZPŁOCH Katarzyna	201		K 30	144	00:00:00	21,1 KM	+01:17:40	7:20	8.2 (50.0%)
1439	GOLEC Dorota	23		K 40	142	00:00:00	21,1 KM	+01:17:43	7:20	8.2 (50.0%)
1440	ŻYCKI Tomasz	1851	TOMASZ ŻYCKI	M 40	433	00:00:00	21,1 KM	+01:17:52	7:21	8.2 (50.0%)
1441	WRĘCZYCKI Łukasz	269		M 30	380	00:00:00	21,1 KM	+01:17:58	7:21	8.2 (50.0%)
1442	MACIEJEWSKI Robert	1593	BIEGAM BO LUBIĘ	M 30	381	00:00:00	21,1 KM	+01:17:59	7:21	8.2 (50.0%)
1443	MODRZEJEWSKI Wojciech	553	WT CHOJNICE	M 40	434	00:00:00	21,1 KM	+01:18:04	7:21	8.1 (49.4%)
1444	BONIECKI Dariusz	825		M 30	382	00:00:00	21,1 KM	+01:18:04	7:21	8.1 (49.4%)
1445	MIŁOSZ Maria	1755	KASZANKI	K 20	49	00:00:00	21,1 KM	+01:18:05	7:21	8.1 (49.4%)
1446	DZIEPAK Piotr	193	1. BLTR / MROKOWSKA WOLA NA BIEGANIE	M 30	383	00:00:00	21,1 KM	+01:18:11	7:22	8.1 (49.4%)
1447	FRAK Wojciech	1268		M 30	384	00:00:00	21,1 KM	+01:18:21	7:22	8.1 (49.4%)
1448	ZUBA Lucyna	413	EKO- OKNA RUNNERS	K 50	23	00:00:00	21,1 KM	+01:18:24	7:22	8.1 (49.4%)
1449	BŁASZYK Marta	492		K 30	145	00:00:00	21,1 KM	+01:18:27	7:22	8.1 (49.4%)
1450	MIŚKIEWICZ Lucyna	33	WARTO BIEGAĆ ZAWIERCIE	K 50	24	00:00:00	21,1 KM	+01:18:28	7:23	8.1 (49.4%)
1451	MIŚKIEWICZ Andrzej	36	WARTO BIEGAĆ ZAWIERCIE	M 50	119	00:00:00	21,1 KM	+01:18:28	7:23	8.1 (49.4%)
1452	PIGUŁA Krzysztof	1827		M 50	120	00:00:00	21,1 KM	+01:19:19	7:25	8.1 (49.4%)
1453	PTASZYŃSKA Agnieszka	1564		K 40	143	00:00:00	21,1 KM	+01:19:29	7:25	8.1 (49.4%)
1454	SYDORUK Michał	1057	CZERWONAK BIEGA	M 40	435	00:00:00	21,1 KM	+01:19:30	7:25	8.1 (49.4%)
1455	SOSIŃSKI Paweł	1218		M 30	385	00:00:00	21,1 KM	+01:19:31	7:26	8.1 (49.4%)
1456	PORĘBSKA Wioletta	1483	SALA TEAM	K 40	144	00:00:00	21,1 KM	+01:19:35	7:26	8.1 (49.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1457	PTASZKIEWICZ Ewa	158	GALLOWAY TEAM ZIELONA GÓRA	K 40	145	00:00:00	21,1 KM	+01:19:39	7:26	8.1 (49.4%)
1458	JANOWICZ Renata	679	BIEGANIE USKRZYDLA	K 40	146	00:00:00	21,1 KM	+01:19:41	7:26	8.1 (49.4%)
1459	PAPKA Danuta	549	ŁÓDŹ KOCHA SPORT	K 30	146	00:00:00	21,1 KM	+01:19:51	7:26	8.1 (49.4%)
1460	SKOWROŃ Jakub	1651		M 30	386	00:00:00	21,1 KM	+01:20:08	7:27	8 (48.8%)
1461	BAUMGART Grzegorz	211	STARGARD JA SIĘ NIE ŚCIGAM	M 30	387	00:00:00	21,1 KM	+01:20:11	7:27	8 (48.8%)
1462	LATA Beata	1083	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	K 40	147	00:00:00	21,1 KM	+01:20:14	7:28	8 (48.8%)
1463	STOSZ Bartosz	1316		M 40	436	00:00:00	21,1 KM	+01:20:24	7:28	8 (48.8%)
1464	RYMARZ Paulina	640		K 30	147	00:00:00	21,1 KM	+01:20:29	7:28	8 (48.8%)
1465	TOMOLIK Adam	570		M 40	437	00:00:00	21,1 KM	+01:20:32	7:28	8 (48.8%)
1466	KONARCZAK Kacper	537		M 20	130	00:00:00	21,1 KM	+01:20:34	7:29	8 (48.8%)
1467	PIETRUSZKA Sławomir	628	BBL SZCZECIN	M 50	121	00:00:00	21,1 KM	+01:20:34	7:32	8 (48.8%)
1468	SKIBA Michał	219	PRZYJACIÓŁ ZIMNEGO PIWA	M 30	388	00:00:00	21,1 KM	+01:20:39	7:29	8 (48.8%)
1469	BLUSZCZ Dariusz	138		M 40	438	00:00:00	21,1 KM	+01:20:41	7:29	8 (48.8%)
1470	KACZMAREK Krzysztof	1345	K2	M 40	439	00:00:00	21,1 KM	+01:20:56	7:30	8 (48.8%)
1471	NOWACKI Michał	760		M 30	389	00:00:00	21,1 KM	+01:20:57	7:30	8 (48.8%)
1472	DĘBEK Radosław	108		M 30	390	00:00:00	21,1 KM	+01:21:01	7:30	8 (48.8%)
1473	RUTKOWSKI Marek	372	KLUB BIEGACZA 100 JEZIOR	M 60	22	00:00:00	21,1 KM	+01:21:06	7:30	8 (48.8%)
1474	KOWALCZYK Marcin	1157		M 30	391	00:00:00	21,1 KM	+01:21:22	7:31	8 (48.8%)
1475	POPIELARZ Renata	113	GALLOWAY TEAM	K 40	148	00:00:00	21,1 KM	+01:21:25	7:31	8 (48.8%)
1476	BĘGOWSKI Jakub	1521	BIEGÓRKI	M 20	131	00:00:00	21,1 KM	+01:21:42	7:32	8 (48.8%)
1477	OWSIANIK Sylwia	134		K 40	149	00:00:00	21,1 KM	+01:22:04	7:33	7.9 (48.2%)
1478	TYLISZCZAK Bożena	1069		K 30	148	00:00:00	21,1 KM	+01:22:38	7:34	7.9 (48.2%)
1479	NOWAK Arkadiusz	479		M 50	122	00:00:00	21,1 KM	+01:22:40	7:34	7.9 (48.2%)
1480	MORAWIEC Agnieszka	478	WATAHA	K 40	150	00:00:00	21,1 KM	+01:22:40	7:34	7.9 (48.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1481	KLUSEK Jolanta	1814	YOLA YOLANDA	K 40	151	00:00:00	21,1 KM	+01:22:44	7:35	7.9 (48.2%)
1482	SAJEWSKA Karolina	450		K 30	149	00:00:00	21,1 KM	+01:22:49	7:35	7.9 (48.2%)
1483	BILGOŃ Wojciech	347		M 30	392	00:00:00	21,1 KM	+01:22:52	7:35	7.9 (48.2%)
1484	SZAŁAS Andrzej	1825		M 50	123	00:00:00	21,1 KM	+01:22:57	7:35	7.9 (48.2%)
1485	KOZŁOWSKI Marcin	65	#KOZIOŁKI_TEAM	M 40	440	00:00:00	21,1 KM	+01:23:03	7:36	7.9 (48.2%)
1486	JANCZARSKA-BERGEL Katarzyna	874		K 30	150	00:00:00	21,1 KM	+01:23:16	7:36	7.9 (48.2%)
1487	AUGUSTYNIAK Michał	1214		M 30	393	00:00:00	21,1 KM	+01:23:18	7:36	7.9 (48.2%)
1488	OSAK Adam	172		M 20	132	00:00:00	21,1 KM	+01:23:21	7:36	7.9 (48.2%)
1489	KOWAL Katarzyna	1047	ZAJĄCE BIEGAJĄ	K 40	152	00:00:00	21,1 KM	+01:23:40	7:37	7.9 (48.2%)
1490	TAUDUL Urszula	1211	GRUPA BIEGOWA CZARNA BIAŁOSTOCKA	K 40	153	00:00:00	21,1 KM	+01:23:40	7:37	7.9 (48.2%)
1491	ROGALSKI Kamil	1673		M 30	394	00:00:00	21,1 KM	+01:23:57	7:38	7.8 (47.6%)
1492	POŚNIK Karolina	564		K 30	151	00:00:00	21,1 KM	+01:24:02	7:38	7.8 (47.6%)
1493	CIOSEK Marta	854		K 30	152	00:00:00	21,1 KM	+01:24:05	7:39	7.8 (47.6%)
1494	CYGANEK Agnieszka	1177	BEFIT24TEAM	K 40	154	00:00:00	21,1 KM	+01:24:15	7:39	7.8 (47.6%)
1495	KWIATECKA Iwona	204	ORANGE / ORKI Z	K 40	155	00:00:00	21,1 KM	+01:24:37	7:40	7.8 (47.6%)
1496	RUTKOWSKI Maciej	273	ULTRA DIABŁY TEAM LUBRZA	M 20	133	00:00:00	21,1 KM	+01:24:49	7:41	7.8 (47.6%)
1497	LACHOWSKI Karol	1187	AEGONRUN	M 30	395	00:00:00	21,1 KM	+01:24:50	7:42	7.8 (47.6%)
1498	KROTOS Krzysztof	651	OQS	M 40	441	00:00:00	21,1 KM	+01:25:00	7:41	7.8 (47.6%)
1499	SOMSKA Małgorzata	1319		K 30	153	00:00:00	21,1 KM	+01:25:02	7:41	7.8 (47.6%)
1500	STĘPIEŃ Maria	508	AKTYWNIE W PNIEWACH	K 50	25	00:00:00	21,1 KM	+01:25:05	7:41	7.8 (47.6%)
1501	NOWACKA Marta	1431	FABRYKA NAWYKÓW	K 20	50	00:00:00	21,1 KM	+01:25:31	7:43	7.8 (47.6%)
1502	NADRAJKOWSKA Joanna	980	DZIKIE KUNY	K 30	154	00:00:00	21,1 KM	+01:25:39	7:43	7.8 (47.6%)
1503	KUZNETSOVA Maria	729		M 30	396	00:00:00	21,1 KM	+01:25:40	7:43	7.8 (47.6%)
1504	BOROWSKA Justyna	1617	GLADIATORS BY RMF4RT	K 30	155	00:00:00	21,1 KM	+01:25:40	7:43	7.8 (47.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1505	KOLIB CZYNSKI Dariusz	142	PŁOCK BIEGA NO AGE LIMIT	M 40	442	00:00:00	21,1 KM	+01:25:43	7:43	7.8 (47.6%)
1506	MALISZEWSKA Agnieszka	958	GLADIATORS BY RMF 4 RACING TEAM	K 40	156	00:00:00	21,1 KM	+01:25:45	7:43	7.8 (47.6%)
1507	CZERNIAKIEWICZ Anna	1604	GLADIATORS BY RMF4RT	K 40	157	00:00:00	21,1 KM	+01:25:45	7:43	7.8 (47.6%)
1508	FRENKEL Marek	1676		M 50	124	00:00:00	21,1 KM	+01:25:59	7:44	7.8 (47.6%)
1509	CIOSEK Marcin	816		M 40	443	00:00:00	21,1 KM	+01:26:20	7:45	7.7 (47.0%)
1510	CIEŚŁA Beata	1862	ZABIEGAMI GOLENIÓW	K 50	26	00:00:00	21,1 KM	+01:26:40	7:46	7.7 (47.0%)
1511	MATUSIK Kazimiera	1552	WIECZORNE BIEGANIE W SZCZECINIE	K 50	27	00:00:00	21,1 KM	+01:26:41	7:46	7.7 (47.0%)
1512	WOJCIECHOWSKA Wioletta	420		K 50	28	00:00:00	21,1 KM	+01:26:55	7:47	7.7 (47.0%)
1513	BARTSCH Aleksandra	915	BIGYELLOWFOOT ADVENTURE TEAM	K 30	156	00:00:00	21,1 KM	+01:26:57	7:47	7.7 (47.0%)
1514	MOTOWIDŁO-ZAWADZKA Izabella	1080	3 FAL E	K 40	158	00:00:00	21,1 KM	+01:27:11	7:47	7.7 (47.0%)
1515	OSUCHOWSKA Wioletta	296	PKOBP	K 40	159	00:00:00	21,1 KM	+01:27:12	7:47	7.7 (47.0%)
1516	BĄ CZYK Filip	1812		M 20	134	00:00:00	21,1 KM	+01:27:19	7:48	7.7 (47.0%)
1517	KURCZ Barbara	180	BABECZKI KOSZALIN	K 40	160	00:00:00	21,1 KM	+01:27:30	7:48	7.7 (47.0%)
1518	POGORZELSKI Andrzej	1474	MAZOVIA PROACTIV	M 50	125	00:00:00	21,1 KM	+01:27:31	7:48	7.7 (47.0%)
1519	PRZYSTUPA Edyta	1615	ŚRUNDUNIA SZCZECIN	K 30	157	00:00:00	21,1 KM	+01:27:33	7:48	7.7 (47.0%)
1520	MICHALAK Mateusz	1033		M 30	397	00:00:00	21,1 KM	+01:27:36	7:49	7.7 (47.0%)
1521	DUDA Łukasz	1489	MIRAZ RACE TEAM	M 30	398	00:00:00	21,1 KM	+01:27:40	7:49	7.7 (47.0%)
1522	MOTYKA Ernest	1353		M 40	444	00:00:00	21,1 KM	+01:27:40	7:49	7.7 (47.0%)
1523	ORLIŃSKA Joanna	1147	SKAWINA BIEGA	K 40	161	00:00:00	21,1 KM	+01:27:49	7:50	7.6 (46.3%)
1524	ADAMCZEWSKI Miłosz	896		M 20	135	00:00:00	21,1 KM	+01:27:58	7:50	7.7 (47.0%)
1525	FREJTAG Dawid	1638	15 GIŻYCKA BRYGADA ZMECHANIZOWANA	M 30	399	00:00:00	21,1 KM	+01:28:07	7:50	7.7 (47.0%)
1526	POPŁAWSKA Małgorzata	315	WIECZORNE BIEGANIE W SZCZECINIE	K 30	158	00:00:00	21,1 KM	+01:28:16	7:50	7.6 (46.3%)
1527	PANEK Agnieszka	1534		K 40	162	00:00:00	21,1 KM	+01:28:19	7:51	7.6 (46.3%)
1528	KWIATKOWSKA Anna Maria	983		K 20	51	00:00:00	21,1 KM	+01:28:22	7:51	7.6 (46.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1529	TOŁKACZ Amelia	1188		K 40	163	00:00:00	21,1 KM	+01:28:22	7:51	7.6 (46.3%)
1530	WASILEWSKI Michał	162	WATAHA - ŁĄCZY NAS BIEGANIE	M 40	445	00:00:00	21,1 KM	+01:28:31	7:51	7.6 (46.3%)
1531	KURASIŃSKI Robert	1401		M 40	446	00:00:00	21,1 KM	+01:28:47	7:54	7.6 (46.3%)
1532	KONDZIOŁA Monika	235		K 30	159	00:00:00	21,1 KM	+01:28:56	7:52	7.6 (46.3%)
1533	KRUPA Marek	1275		M 40	447	00:00:00	21,1 KM	+01:29:03	7:53	7.6 (46.3%)
1534	ZABORSKI Mirosław	1279		M 30	400	00:00:00	21,1 KM	+01:29:06	7:53	7.6 (46.3%)
1535	OSIŃSKI Jacek	1462	1981	M 30	401	00:00:00	21,1 KM	+01:29:10	7:53	7.6 (46.3%)
1536	ZAWADKA Agnieszka	1677		K 40	164	00:00:00	21,1 KM	+01:29:14	7:53	7.6 (46.3%)
1537	AGACIŃSKI Tadeusz	1073	SPORTOWY KAZIMIERZ	M 50	126	00:00:00	21,1 KM	+01:29:21	7:53	7.6 (46.3%)
1538	WARSZEWSKA Wioletta	1601		K 40	165	00:00:00	21,1 KM	+01:29:23	7:54	7.6 (46.3%)
1539	KOWNACKI Arkadiusz	110	WATAHA - ŁĄCZY NAS BIEGANIE / DRUŻYNA SZPIKU	M 50	127	00:00:00	21,1 KM	+01:30:02	7:55	7.6 (46.3%)
1540	HALEJCIO Stefan	344	MODLITWA BIEGANIA	M 50	128	00:00:00	21,1 KM	+01:30:13	7:56	7.6 (46.3%)
1541	SURY Adam	363		M 30	402	00:00:00	21,1 KM	+01:30:15	7:56	7.6 (46.3%)
1542	BĘGOWSKI Marek	1226	WŁOCHATE GRUBASKI	M 40	448	00:00:00	21,1 KM	+01:30:28	7:57	7.5 (45.7%)
1543	KRÓL Grzegorz	1307		M 40	449	00:00:00	21,1 KM	+01:30:29	7:57	7.5 (45.7%)
1544	BARAN Przemysław	382		M 40	450	00:00:00	21,1 KM	+01:30:41	7:57	7.5 (45.7%)
1545	MACIBORSKI Mirosław	160	WIECZORNE BIEGANIE W SZCZECINIE	M 50	129	00:00:00	21,1 KM	+01:30:41	7:57	7.5 (45.7%)
1546	KROK Krzysztof	1152	NIEZRZESZONY	M 50	130	00:00:00	21,1 KM	+01:30:55	7:58	7.5 (45.7%)
1547	KIELCZYK Katarzyna	9	WIECZORNE BIEGANIE W SZCZECINIE	K 40	166	00:00:00	21,1 KM	+01:31:26	7:59	7.5 (45.7%)
1548	KAJDAN Hanna	412	KOBIETY W BIEGU	K 50	29	00:00:00	21,1 KM	+01:31:52	8:01	7.5 (45.7%)
1549	SZNAJDER Agnieszka	1376	BIELAWSKA AKADEMIA BIEGANIA	K 40	167	00:00:00	21,1 KM	+01:32:05	8:01	7.5 (45.7%)
1550	KRAWCZYK Małgorzata	159	BIELAWSKA AKADEMIA BIEGANIA	K 30	160	00:00:00	21,1 KM	+01:32:05	8:01	7.5 (45.7%)
1551	HŁADKULIK Krzysztof	1844		M 60	23	00:00:00	21,1 KM	+01:32:21	8:02	7.5 (45.7%)
1552	KRUPA Aleksandra	843	KB MOSTKOWO	K 20	52	00:00:00	21,1 KM	+01:32:26	8:02	7.5 (45.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1553	SAWICKI Przemysław	1348		M 50	131	00:00:00	21,1 KM	+01:32:40	8:03	7.4 (45.1%)
1554	SZOSTAKOWSKI Jarosław	993	BIEGAMY Z OCHOTĄ	M 50	132	00:00:00	21,1 KM	+01:32:43	8:03	7.4 (45.1%)
1555	KÜCHLER Małgorzata	128	JARBUD	K 40	168	00:00:00	21,1 KM	+01:32:44	8:03	7.4 (45.1%)
1556	TWARDOWSKA Karolina	48		K 30	161	00:00:00	21,1 KM	+01:33:15	8:05	7.4 (45.1%)
1557	LUDYGA Krystian	1007		M 40	451	00:00:00	21,1 KM	+01:33:19	8:05	7.4 (45.1%)
1558	GROCHOWSKA Joanna	995	BIEGAMY Z OCHOTĄ	K 50	30	00:00:00	21,1 KM	+01:33:40	8:06	7.4 (45.1%)
1559	RATAJCZAK Aldona	349	TEAM LESZNO	K 40	169	00:00:00	21,1 KM	+01:33:57	8:07	7.4 (45.1%)
1560	DUBIAŁ Halina	784	BABCIE BIEGAJĄ	K 60	3	00:00:00	21,1 KM	+01:34:17	8:08	7.4 (45.1%)
1561	ZIĘBA Anna	1038		K 40	170	00:00:00	21,1 KM	+01:34:22	8:08	7.4 (45.1%)
1562	KRUPA Daniel	1024	STARGARD JA SIĘ NIE ŚCIIGAM.	M 40	452	00:00:00	21,1 KM	+01:34:38	8:09	7.4 (45.1%)
1563	SZUMLAS Marcin	1420	#SZUMITEAM	M 30	403	00:00:00	21,1 KM	+01:34:38	8:09	7.4 (45.1%)
1564	KOZAK Krystyna	787	LOB	K 50	31	00:00:00	21,1 KM	+01:34:40	8:09	7.4 (45.1%)
1565	KOZIOŁ Paweł	1037		M 30	404	00:00:00	21,1 KM	+01:34:41	8:09	7.4 (45.1%)
1566	SOJKA Marcin	1693	WKURW_TEAM	M 30	405	00:00:00	21,1 KM	+01:34:51	8:09	7.4 (45.1%)
1567	HELLER Zdzisław	1468	HERBMARATONOW.PL	M 60	24	00:00:00	21,1 KM	+01:34:54	8:09	7.4 (45.1%)
1568	TOMCZYK Ewelina	1305	WKURW_TEAM	K 20	53	00:00:00	21,1 KM	+01:34:54	8:09	7.4 (45.1%)
1569	KOMUDA Mariusz	1455	SARTORI SPORT KLUB	M 40	453	00:00:00	21,1 KM	+01:35:15	8:10	7.3 (44.5%)
1570	BALCERAK Aleksandra	351		K 30	162	00:00:00	21,1 KM	+01:35:40	8:11	7.3 (44.5%)
1571	SZYDEŁKO Mariola	1665	AKTYWNA KCYNIA	K 40	171	00:00:00	21,1 KM	+01:36:00	8:12	7.3 (44.5%)
1572	HULICZ Anna	1691		K 30	163	00:00:00	21,1 KM	+01:36:07	8:13	7.3 (44.5%)
1573	LEWANDOWSKI Janusz	1783	WIECZORNE BIEGANIE W SZCZECINIE	M 60	25	00:00:00	21,1 KM	+01:36:12	8:13	7.3 (44.5%)
1574	FIJAŁKOWSKA Karolina	909		K 30	164	00:00:00	21,1 KM	+01:36:48	8:15	7.3 (44.5%)
1575	KARPIŃSKA Magdalena	941	MAMY BIEGAMY/ LOCO SPORT	K 30	165	00:00:00	21,1 KM	+01:37:17	8:16	7.3 (44.5%)
1576	OSIŃSKA Monika	1145		K 30	166	00:00:00	21,1 KM	+01:37:18	8:16	7.2 (43.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1577	SZUMLAS Anna	1774	#SZUMITEAM	K 30	167	00:00:00	21,1 KM	+01:37:18	8:16	7.2 (43.9%)
1578	SALA-TLAŁKA Magdalena	1481	SALA TEAM	K 30	168	00:00:00	21,1 KM	+01:37:20	8:16	7.2 (43.9%)
1579	SZCZEPANIAK Klaudia	4		K 30	169	00:00:00	21,1 KM	+01:37:20	8:16	7.2 (43.9%)
1580	DRABKOWSKA Agnieszka	1599	CUDAKI ♥	K 40	172	00:00:00	21,1 KM	+01:37:34	8:17	7.2 (43.9%)
1581	RYCHEL Mariola	392	E-DZIEWIARKA.PL	K 50	32	00:00:00	21,1 KM	+01:37:34	8:17	7.2 (43.9%)
1582	HALEJCIO Małgorzata	343	MODLITWA BIEGANIA	K 40	173	00:00:00	21,1 KM	+01:37:55	8:18	7.2 (43.9%)
1583	STYRCZ Małgorzata	68	BIELAWSKA AKADEMIA BIEGANIA	K 50	33	00:00:00	21,1 KM	+01:38:12	8:19	7.2 (43.9%)
1584	TYS Małgorzata	1014	WATAHA-ŁĄCZY NAS BIEGANIE	K 50	34	00:00:00	21,1 KM	+01:38:14	8:19	7.2 (43.9%)
1585	ZIÓŁKOWSKA Marzena	538		K 30	170	00:00:00	21,1 KM	+01:38:19	8:19	7.2 (43.9%)
1586	BELKOWSKI Jakub	1797		M 30	406	00:00:00	21,1 KM	+01:38:29	8:19	7.2 (43.9%)
1587	KASPRZAK Tomasz	137		M 40	454	00:00:00	21,1 KM	+01:38:40	8:20	7.2 (43.9%)
1588	DZIAKIEWICZ Iwona	856	DZIKITEAM	K 50	35	00:00:00	21,1 KM	+01:39:06	8:21	7.2 (43.9%)
1589	POPIELA Sebastian	1440	OPTYK BARTKOWIAK TEAM	M 30	407	00:00:00	21,1 KM	+01:39:31	8:22	7.2 (43.9%)
1590	HORWAT Krystian	112	KLUB ZIMNEGO PIWA	M 30	408	00:00:00	21,1 KM	+01:39:49	8:23	7.1 (43.3%)
1591	SEIFERT Sylwia	161	SERIKON TEAM	K 40	174	00:00:00	21,1 KM	+01:39:52	8:23	7.1 (43.3%)
1592	BACHORSKA Monika	981		K 30	171	00:00:00	21,1 KM	+01:39:57	8:24	7.1 (43.3%)
1593	WESOŁOWSKA Dorota	982		K 30	172	00:00:00	21,1 KM	+01:39:57	8:24	7.1 (43.3%)
1594	FRĄTCZAK Ireneusz	141	GMINA GRĘBOCICE	M 40	455	00:00:00	21,1 KM	+01:40:08	8:24	7.1 (43.3%)
1595	KEMPA Jozef	1732		M 30	409	00:00:00	21,1 KM	+01:40:11	8:24	7.1 (43.3%)
1596	MACIUKANIS Izabela	114	KLUB	K 50	36	00:00:00	21,1 KM	+01:40:11	8:24	7.1 (43.3%)
1597	PILECKI Gustaw	1472	BRZOZA BIEGA	M 70+	3	00:00:00	21,1 KM	+01:40:16	8:25	7.1 (43.3%)
1598	WIĄCEK Jakub	1039		M 30	410	00:00:00	21,1 KM	+01:40:17	8:25	7.1 (43.3%)
1599	ZIELIŃSKI Wojciech	753		M 40	456	00:00:00	21,1 KM	+01:40:19	8:25	7.1 (43.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1600	ALBIGOWSKA POZYTYWNIEMAGDALENA	1120		K 30	173	00:00:00	21,1 KM	+01:40:40	8:26	7.1 (43.3%)
1601	SZYMANOWSKA Anna	761		K 40	175	00:00:00	21,1 KM	+01:40:40	8:26	7.1 (43.3%)
1602	CIUPA Wojciech	952	MULTIMEDIA RUNNERS PUŁAWY	M 40	457	00:00:00	21,1 KM	+01:40:49	8:26	7.1 (43.3%)
1603	ORLIKOWSKI Robert	1523	POŁCZYN BIEGA	M 30	411	00:00:00	21,1 KM	+01:40:57	8:26	7.1 (43.3%)
1604	BUCHTA Kinga	1453	BBKTS	K 20	54	00:00:00	21,1 KM	+01:41:03	8:27	7.1 (43.3%)
1605	TORNBY Kim	295		M 30	412	00:00:00	21,1 KM	+01:41:40	8:29	7.1 (43.3%)
1606	WNUK - KEMPA Karolina	1733		K 30	174	00:00:00	21,1 KM	+01:41:54	8:29	7.1 (43.3%)
1607	NOWICKA Michalina	675		K 20	55	00:00:00	21,1 KM	+01:42:06	8:30	7.1 (43.3%)
1608	MYŚLIWIEC Monika	931	POWOLI DO CELU	K 30	175	00:00:00	21,1 KM	+01:42:20	8:30	7 (42.7%)
1609	POGODA-BLAZIAK Katarzyna	1836		K 30	176	00:00:00	21,1 KM	+01:42:23	8:31	7 (42.7%)
1610	JESSA Andrzej	1244	BIEGACZE JÓZEFA NOJI	M 40	458	00:00:00	21,1 KM	+01:42:24	8:31	7 (42.7%)
1611	SIDOR Jerzy	1609		M 60	26	00:00:00	21,1 KM	+01:43:23	8:47	6.8 (41.5%)
1612	ANIELSKI Michał	1192		M 30	413	00:00:00	21,1 KM	+01:43:29	8:34	7 (42.7%)
1613	BIGOS Grzegorz	467	GRAMMI	M 40	459	00:00:00	21,1 KM	+01:43:59	8:35	7 (42.7%)
1614	SEŃ Agata	85		K 30	177	00:00:00	21,1 KM	+01:44:02	8:35	7 (42.7%)
1615	SWIDEREK Sylwia	1201		K 40	176	00:00:00	21,1 KM	+01:45:23	8:39	6.9 (42.1%)
1616	PIREK Natalia	87		K 30	178	00:00:00	21,1 KM	+01:45:51	8:40	6.9 (42.1%)
1617	PRYBIŃSKA-MARCINIAK Anna	1635	AKTYWNA KCYNIA	K 30	179	00:00:00	21,1 KM	+01:45:53	8:40	6.9 (42.1%)
1618	KANIEWSKA Alicja	1602	AKTYWNA KCYNIA	K 30	180	00:00:00	21,1 KM	+01:47:00	8:44	6.9 (42.1%)
1619	WOJDAK Żaneta	899		K 30	181	00:00:00	21,1 KM	+01:47:27	8:45	6.9 (42.1%)
1620	CIUPA-SINGAMSHETTY Anna	1180	MULTIMEDIA RUNNERS PUŁAWY	K 30	182	00:00:00	21,1 KM	+01:47:49	8:46	6.8 (41.5%)
1621	WOLFF Michał	747	AKTYWNA KCYNIA	M 30	414	00:00:00	21,1 KM	+01:48:01	8:47	6.8 (41.5%)
1622	ANDREJCZUK Wiatek	1856		M 50	133	00:00:00	21,1 KM	+01:48:33	8:48	6.8 (41.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1623	KWIATKOWSKA Emilia	55		K 30	183	00:00:00	21,1 KM	+01:48:47	8:49	6.8 (41.5%)
1624	JABŁOŃSKA Wiktoria	642	ŚWIDNICKA GRUPA BIEGOWA	K 20	56	00:00:00	21,1 KM	+01:49:03	8:50	6.8 (41.5%)
1625	LOREK Marcelina	1045		K 20	57	00:00:00	21,1 KM	+01:50:09	8:53	6.8 (41.5%)
1626	KULCZAKIEWICZ Karol	1536		M 30	415	00:00:00	21,1 KM	+01:50:42	8:54	6.7 (40.9%)
1627	BANDEL Adam	1478		M 30	416	00:00:00	21,1 KM	+01:50:48	8:54	6.7 (40.9%)
1628	DANILEWICZ Wojciech	1005	WIECZORNE BIEGANIE W SZCZECINIE	M 50	134	00:00:00	21,1 KM	+01:51:21	8:56	6.7 (40.9%)
1629	MAJCHEREK Paulina	53		K 30	184	00:00:00	21,1 KM	+01:51:40	8:57	6.7 (40.9%)
1630	ŁOZICKI Krzysztof	1434	NOTODZIDA	M 30	417	00:00:00	21,1 KM	+01:52:08	8:59	6.7 (40.9%)
1631	STEFANICKI Marek	77		M 60	27	00:00:00	21,1 KM	+01:52:21	8:59	6.7 (40.9%)
1632	KOŁODZIEJ Elżbieta	1730		K 40	177	00:00:00	21,1 KM	+01:52:28	8:59	6.7 (40.9%)
1633	KORPALSKI Jacek	971	AR WARSAW	M 50	135	00:00:00	21,1 KM	+01:52:35	9:00	6.7 (40.9%)
1634	STASZEWSKI Konrad	1579	PROFESSIONAL-FIGHTER WIKING TEAM	M 30	418	00:00:00	21,1 KM	+01:52:58	9:01	6.7 (40.9%)
1635	NIESPOREK Ewa	26		K 60	4	00:00:00	21,1 KM	+01:53:24	9:02	6.6 (40.2%)
1636	TRUCHAN Marta	1788		K 40	178	00:00:00	21,1 KM	+01:53:27	9:03	6.6 (40.2%)
1637	BOROWY Anna	1385	HURAGAN LIGOTA	K 40	179	00:00:00	21,1 KM	+01:53:53	9:03	6.6 (40.2%)
1638	BARTNIK Paweł	406	RAZ	M 60	28	00:00:00	21,1 KM	+01:53:56	9:03	6.6 (40.2%)
1639	KOŁODZIEJ Joanna	1731		K 20	58	00:00:00	21,1 KM	+01:54:09	9:04	6.6 (40.2%)
1640	JAKUBEK Hanna	1703	SKAWINA BIEGA	K 50	37	00:00:00	21,1 KM	+01:54:39	9:05	6.6 (40.2%)
1641	NOWAK Patryk	1421		M 30	419	00:00:00	21,1 KM	+01:55:31	9:08	6.6 (40.2%)
1642	APTOWICZ Damian	418		M 20	136	00:00:00	21,1 KM	+01:55:50	9:09	6.6 (40.2%)
1643	DRECHSLER-NOWAK Magdalena	1422		K 20	59	00:00:00	21,1 KM	+01:55:58	9:10	6.5 (39.6%)
1644	FRANCZAK Anna	463	NW CZŁAPSKI TEAM	K 50	38	00:00:00	21,1 KM	+01:56:35	9:11	6.5 (39.6%)
1645	NIEMIEC Jakub	634		M 30	420	00:00:00	21,1 KM	+01:57:24	9:13	6.5 (39.6%)
1646	URBANSKA-KRAWCZYK Izabela	1249		K 60	5	00:00:00	21,1 KM	+01:58:43	9:17	6.5 (39.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1647	KOWALEWSKI Dariusz	953	DZIADZIA-RUN	M 50	136	00:00:00	21,1 KM	+02:01:35	9:25	6.4 (39.0%)
1648	SEREDYŃSKA Magdalena	839	PARKRUN GORZÓW WIELKOPOLSKI	K 30	185	00:00:00	21,1 KM	+02:01:52	9:26	6.4 (39.0%)
1649	SEREDYŃSKI Grzegorz	840	PARKRUN GORZÓW WIELKOPOLSKI	M 30	421	00:00:00	21,1 KM	+02:02:14	9:27	6.3 (38.4%)
1650	KRZYMIŃSKA Maria Jolanta	782	BABCIE BIEGAJĄ	K 60	6	00:00:00	21,1 KM	+02:02:34	9:28	6.3 (38.4%)
1651	ANDRZEJEWSKA Sylwia	708	ŚLIMKA BIEGA	K 30	186	00:00:00	21,1 KM	+02:02:40	9:28	6.3 (38.4%)
1652	BAZYLEWICZ Paweł	819	TROCHE SIĘ BIEGA	M 50	137	00:00:00	21,1 KM	+02:07:00	9:41	6.2 (37.8%)
1653	FARSCHTSCHIYAN Jens	19	BGFT	M 40	460	00:00:00	21,1 KM	+02:07:07	9:41	6.2 (37.8%)
1654	BAĆ Wiesław	1860		M 40	461	00:00:00	21,1 KM	+02:08:47	9:46	6.1 (37.2%)
1655	KUBIAK- WOLNA Małgorzata	862	GWIEZDNI WOLNI	K 40	180	00:00:00	21,1 KM	+02:10:37	9:51	6.1 (37.2%)
1656	BARDZIK Marzena	1062	PIEKIELNIE ZGRANI	K 40	181	00:00:00	21,1 KM	+02:14:59	10:03	6 (36.6%)
1657	DYRDA Justyna	312		K 40	182	00:00:00	21,1 KM	+02:15:43	10:07	5.9 (36.0%)
1658	KASPERCZAK Emilia	1243	PIEKIELNIE ZGRANI	K 40	183	00:00:00	21,1 KM	+02:15:47	10:06	5.9 (36.0%)
1659	KLIMKOWSKA Monika	40	SPORTY CZARNIECKI - CHEŁM BIEGA	K 40	184	00:00:00	21,1 KM	+02:17:49	10:27	5.7 (34.8%)
1660	CEMPLA Bartek	1709	QUEST PRO	M 40	462	00:00:00	21,1 KM	+02:19:09	10:15	5.8 (35.4%)
1661	CHUPTYŚ Adrian	424	RUNDORFINA	M 30	422	00:00:00	21,1 KM	+02:19:42	10:17	5.8 (35.4%)
1662	KOWALCZYK Klaudia	92	TEAM ZABIEGANEDNI	K 30	187	00:00:00	21,1 KM	+02:20:06	10:18	5.8 (35.4%)
1663	LUBAŚ Bartłomiej	28	ONS - ODCHUDZANIE NA SPORTOWO	M 40	463	00:00:00	21,1 KM	+02:20:09	10:18	5.8 (35.4%)
1664	ANTOLIK Iwona	200	MIRAZ RACE TEAM	K 50	39	00:00:00	21,1 KM	+02:21:44	10:22	5.8 (35.4%)
1665	BERKOWSKA Marzena	824	POSITIVE NORDIC WALKING TEAM	K 40	185	00:00:00	21,1 KM	+02:22:39	10:25	5.8 (35.4%)
1666	KOWALCZYK Anna	820	DOGOŃ GRODZISK MAZOWIECKI	K 40	186	00:00:00	21,1 KM	+02:22:54	10:26	5.7 (34.8%)
1667	PACEK Cezary	1290		M 30	423	00:00:00	21,1 KM	+02:28:19	10:41	5.6 (34.1%)
1668	MROCZKOWSKI Jan	147		M 20	137	00:00:00	21,1 KM	+02:37:13	11:10	5.4 (32.9%)
1669	WARNIEŁŁO Rafał	1216		M 40	464	00:00:00	21,1 KM	+02:40:55	11:17	5.3 (32.3%)
1670	CZERNIAK Violetta	1815		K 40	187	00:00:00	21,1 KM	+02:43:20	11:24	5.3 (32.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1671	STOLARCZYK Daniel	1726	ZABIEGANY SKARYSZEW	M 40	465	00:00:00	21,1 KM	+02:43:50	11:25	5.2 (31.7%)
1672	SAJ Jakub	1718		M 20	138	00:00:00	21,1 KM	+02:46:28	11:33	5.2 (31.7%)
1673	MOSZKA Wioletta	1705		K 40	188	00:00:00	21,1 KM	+02:46:48	11:34	5.2 (31.7%)
1674	STACHOWSKI Andrzej	310	MONIAGYM	M 50	138	00:00:00	21,1 KM	+02:48:33	11:39	5.1 (31.1%)
1675	MAHLOW Jens	1580	OSC BREMERHAVEN	M 50	139	00:00:00	21,1 KM	+02:50:51	11:45	5.1 (31.1%)
1676	ROMAN Ewelina	227	MONIA GYM	K 30	188	00:00:00	21,1 KM	+03:02:53	12:19	4.9 (29.9%)
1677	WOLNIK Jolka	719	ENERGY BIEGAJA RAZEM PO 0.7	K 40	189	00:00:00	21,1 KM	+03:08:31	12:35	4.8 (29.3%)
1678	MUSIK Urszula	1849		K 30	189	00:00:00	21,1 KM	+03:10:40	12:42	4.7 (28.7%)
1679	ZYGMUNT Patryk	1004		M 30	424	00:00:00	21,1 KM	+03:15:13	12:55	4.6 (28.0%)
1680	KITALA Radosław	301	WILK TRENUJE FAMILY (WTF)	M 30	425	00:00:00	21,1 KM	+03:19:20	13:06	4.6 (28.0%)
1681	LER Maria	1436		K 40	190	00:00:00	21,1 KM	+03:23:24	13:18	4.5 (27.4%)
1682	ZABEL Juliane	1475	BGFT	K 30	190	00:00:00	21,1 KM	+03:33:52	13:48	4.3 (26.2%)
1683	LER Andrzej	1435		M 50	140	00:00:00	21,1 KM	+03:47:34	14:27	4.2 (25.6%)
1684	STRZELECKA Agnieszka	1099		K 30	191	00:00:00	21,1 KM	+04:26:40	16:18	3.7 (22.6%)
1685	SZYMANOWICZ Marcin	1097		M 30	426	00:00:00	21,1 KM	+04:31:22	16:31	3.6 (22.0%)
1686	ŁOWCZAK Jacek	664	TEAM ZABIEGANEDNI	M 30	427	00:00:00	21,1 KM	+05:04:01	18:04	3.3 (20.1%)
1687	MATUSZAK Mateusz	1501		M 20	139	00:00:00	21,1 KM	+10:42:40	34:07	1.8 (11.0%)
1688	MISIAK Wiesław	1178	BEFIT24TEAM	M 50	141	00:00:00	21,1 KM	+16:13:13	50:07	1.2 (7.3%)
1689	PLENZLER Joanna	195		K 30	192	00:00:00	21,1 KM	+263:20:4	752:30	0.1 (0.6%)
1690	WIDEROWSKI Mariusz	966		M 40	466	00:00:00	20,4 KM	+00:59:14	6:41	9 (54.9%)
1691	BIELECKI Tadeusz	750	UKS SIÓDEMKA RUMIA	M 40	467	00:00:00	20,2 KM	+00:49:46	6:18	9.5 (57.9%)
1692	WIEDRO Katarzyna	1835		K 30	193	00:00:00	19,4 KM	+00:55:44	6:51	8.7 (53.0%)
1693	KRAWCZAK Krzysztof	975	TT SZCZECIN	M 40	468	00:00:00	19,4 KM	+00:35:56	5:51	10.3 (62.8%)
1694	PISKORSKI Bartek	1809		M 20	140	00:00:00	18,9 KM	+00:26:40	5:29	10.9 (66.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1695	WARZAŁA Tomasz	1713	OLUSIARUN	M 40	469	00:00:00	15,4 KM	+00:11:33	5:46	10.4 (63.4%)
1696	PIETRUSZKA Paweł	682	MKL SZCZECIN	M 20	141	00:00:00	12,0 KM	+	5:11	11.5 (70.1%)
1697	SKRODZKA Aśka	350	VEGE RUNNERS	K 40	191	00:00:00	11,2 KM	+	6:35	9.1 (55.5%)

Znaleziono 1697 wynik(ów)