

46 OGÓLNOPOLSKIE BIEGI ULICZNE - 5000M - BIEG OTWARTY 1998 I STARSI / WSPÓLNY KOBIETY I MĘŻCZYŹNI

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: 46 Ogólnopolskie Biegi Uliczne
Organizator: MLKS Nadwiślanin Chełmno
Data: 2017-04-02
Miejsce: Chełmno
Dystans: 5 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 1.7km	Start_All 3.4km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	**KULPA Michał**	**37**	KS WDA ŚWIECIE	Mężczyźni	1	00:00:02	00:05:28	00:11:04	**00:16:24.80**	**00:16:27.40**		3:17	18.3 (100%)
2	**MOSKAL Paweł**	**2**	KURZĘTNIK BIEGA	Mężczyźni	2	00:00:02	00:05:22	00:10:58	**00:16:28.15**	**00:16:30.55**	+00:00:03 (0.3%)	3:17	18.2 (99.5%)
3	**DRĄG Tomasz**	**102**		M40	1	00:00:03	00:05:30	00:11:10	**00:16:38.25**	**00:16:41.60**	+00:00:13 (1.3%)	3:19	18 (98.4%)
4	**SADŁOS Radosław**	**82**	KWIDZYN BIEGA	Mężczyźni	3	00:00:02	00:05:31	00:11:11	**00:16:47.80**	**00:16:50.20**	+00:00:23 (2.3%)	3:21	17.9 (97.8%)
5	**WALENDZIAK Klaudiusz**	**105**	PACKMAN TEAM	M40	2	00:00:03	00:05:34	00:11:25	**00:17:20.25**	**00:17:23.75**	+00:00:55 (5.3%)	3:28	17.3 (94.5%)
6	**ZIÓŁKOWSKI Mariusz**	**60**	PACKMAN TEAM	Mężczyźni	4	00:00:03	00:05:32	00:11:28	**00:17:20.50**	**00:17:24.40**	+00:00:55 (5.4%)	3:28	17.3 (94.5%)
7	**DEPTUŁA Grzegorz**	**78**		Mężczyźni	5	00:00:03	00:05:31	00:11:29	**00:17:25.90**	**00:17:29.10**	+00:01:01 (5.8%)	3:29	17.2 (94.0%)
8	**ŻELISZCZAK Artur**	**158**	TORUŃ	Mężczyźni	6	00:00:02	00:05:42	00:11:46	**00:17:42.25**	**00:17:45.20**	+00:01:17 (7.3%)	3:32	16.9 (92.3%)
9	**KOTOWICZ Bartosz**	**76**	KWIDZYN BIEGA	Mężczyźni	7	00:00:02	00:05:29	00:11:32	**00:17:46.70**	**00:17:49.35**	+00:01:21 (7.7%)	3:33	16.9 (92.3%)
10	**GLUGLA Mariusz**	**89**		Mężczyźni	8	00:00:02	00:05:42	00:11:52	**00:17:57.95**	**00:18:00.30**	+00:01:33 (8.6%)	3:35	16.7 (91.3%)
11	**WIŚNIEWSKI Rafał**	**54**	IŁAWA BIEGA	Mężczyźni	9	00:00:03	00:05:50	00:12:05	**00:18:24.70**	**00:18:28.35**	+00:01:59 (10.9%)	3:41	16.3 (89.1%)
12	**BIAŁKOWSKI Krzysztof**	**14**	GMINA GARDEJA BIEGA	Mężczyźni	10	00:00:07	00:06:06	00:12:23	**00:18:31.75**	**00:18:39.10**	+00:02:06 (11.4%)	3:42	16.2 (88.5%)
13	**RETECKI Krzysztof**	**108**	BOGMAR/PRESTO OSTROMECKO	M40	3	00:00:02	00:05:51	00:12:07	**00:18:32.70**	**00:18:35.65**	+00:02:07 (11.5%)	3:42	16.2 (88.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 1.7km	Start_All 3.4km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
14	**GÓRA Sylwester**	**114**	ZABIEGANI NOCĄ	M40	4	00:00:03	00:06:10	00:12:27	**00:18:37.70**	**00:18:41.00**	+00:02:12 (11.9%)	3:43	16.1 (88.0%)
15	**PAWLUK Jarosław**	**126**	KWIDZYN BIEGA	M40	5	00:00:03	00:06:09	00:12:27	**00:18:38.80**	**00:18:42.30**	+00:02:14 (12.0%)	3:43	16.1 (88.0%)
16	**CUBER Wojciech**	**69**		Mężczyźni	11	00:00:03	00:06:10	00:12:27	**00:18:42.70**	**00:18:45.85**	+00:02:17 (12.3%)	3:44	16 (87.4%)
17	**BOJKE Mirosław**	**123**		M40	6	00:00:03	00:05:56	00:12:18	**00:18:59.70**	**00:19:03.35**	+00:02:34 (13.6%)	3:48	15.8 (86.3%)
18	**RACINOWSKI Adam**	**95**		M40	7	00:00:03	00:06:10	00:12:37	**00:19:04.80**	**00:19:08.30**	+00:02:40 (14.0%)	3:49	15.7 (85.8%)
19	**SIKUT Arkadiusz**	**162**	TORUŃ	M40	8	00:00:04	00:06:08	00:12:34	**00:19:06.20**	**00:19:10.60**	+00:02:41 (14.1%)	3:49	15.7 (85.8%)
20	**ROGOZIŃSKI Tomasz**	**86**		Mężczyźni	12	00:00:02	00:06:17	00:12:49	**00:19:22.65**	**00:19:25.60**	+00:02:57 (15.3%)	3:52	15.5 (84.7%)
21	**RANISZEWSKA Marzena**	**85**		Kobiety	1	00:00:03	00:06:19	00:12:52	**00:19:23.30**	**00:19:27.05**	+00:02:58 (15.3%)	3:52	15.5 (84.7%)
22	**PAŁASZEWSKI Paweł**	**28**		Mężczyźni	13	00:00:05	00:06:07	00:12:52	**00:19:28.15**	**00:19:33.40**	+00:03:03 (15.7%)	3:53	15.4 (84.2%)
23	**MISIASZEK Marek**	**64**		Mężczyźni	14	00:00:05	00:06:13	00:12:53	**00:19:28.70**	**00:19:34.60**	+00:03:03 (15.7%)	3:53	15.4 (84.2%)
24	**DYJACH Robert**	**34**		Mężczyźni	15	00:00:05	00:06:04	00:12:43	**00:19:28.75**	**00:19:34.40**	+00:03:03 (15.7%)	3:53	15.4 (84.2%)
25	**KŁOSOWSKI Marcin**	**103**		M40	9	00:00:03	00:06:18	00:12:52	**00:19:30.15**	**00:19:33.30**	+00:03:05 (15.8%)	3:54	15.4 (84.2%)
26	**ZIELIŃSKI Marcin**	**51**		Mężczyźni	16	00:00:09	00:06:24	00:12:52	**00:19:30.75**	**00:19:39.80**	+00:03:05 (15.9%)	3:54	15.4 (84.2%)
27	**SADECKI Karol**	**35**		Mężczyźni	17	00:00:04	00:06:18	00:13:02	**00:19:31.60**	**00:19:36.50**	+00:03:06 (15.9%)	3:54	15.4 (84.2%)
28	**JEŻEWSKI Łukasz**	**38**		Mężczyźni	18	00:00:04	00:06:18	00:13:02	**00:19:47.90**	**00:19:52.50**	+00:03:23 (17.1%)	3:57	15.2 (83.1%)
29	**JĘDRAL Janusz**	**111**	PACKMAN TEAM	M40	10	00:00:03	00:06:26	00:13:08	**00:19:54.05**	**00:19:57.80**	+00:03:29 (17.5%)	3:58	15.1 (82.5%)
30	**RECKI Maciej**	**5**	ZSCKP GRUBNO	Mężczyźni	19	00:00:04	00:06:16	00:12:52	**00:19:57.55**	**00:20:02.40**	+00:03:32 (17.8%)	3:59	15 (82.0%)
31	**KUŁAKOWSKI Krzysztof**	**48**	RUN PASJA	Mężczyźni	20	00:00:04	00:06:36	00:13:15	**00:20:00.55**	**00:20:05.10**	+00:03:35 (18.0%)	4:00	15 (82.0%)
32	**KOPIŃSKI Robert**	**110**	KWIDZYN BIEGA	M40	11	00:00:03	00:06:31	00:13:16	**00:20:01.50**	**00:20:05.40**	+00:03:36 (18.0%)	4:00	15 (82.0%)
33	**SZOSTEK Tomasz**	**99**	KWIDZYN BIEGA	M40	12	00:00:04	00:06:31	00:13:30	**00:20:36.15**	**00:20:40.35**	+00:04:11 (20.3%)	4:07	14.6 (79.8%)
34	**MARCHLEWSKI Kamil**	**66**		Mężczyźni	21	00:00:04	00:06:29	00:13:29	**00:20:36.25**	**00:20:40.80**	+00:04:11 (20.3%)	4:07	14.6 (79.8%)
35	**TOBOLSKI Marek**	**109**	FLORIAN OCHRONA PRZECIWPOŻAROWA	M40	13	00:00:04	00:06:23	00:13:33	**00:20:46.25**	**00:20:50.95**	+00:04:21 (21.0%)	4:09	14.4 (78.7%)
36	**KULPA Paulina**	**21**	PACKMAN TEAM	Kobiety	2	00:00:03	00:06:39	00:13:41	**00:20:48.35**	**00:20:51.85**	+00:04:23 (21.1%)	4:09	14.4 (78.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 1.7km	Start_All 3.4km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
37	**ZIÓŁKOWSKI Wojciech**	**90**	GOCH BYTÓW #ZABIEGANINOCĄ	M40	14	00:00:04	00:06:39	00:13:40	**00:20:49.05**	**00:20:53.20**	+00:04:24 (21.2%)	4:09	14.4 (78.7%)
38	**FAŁKOWSKI Jarosław**	**41**	GMINA GARDEJA BIEGA	Mężczyźni	22	00:00:08	00:07:09	00:14:14	**00:20:59.75**	**00:21:08.70**	+00:04:34 (21.8%)	4:12	14.3 (78.1%)
39	**POLEK Artur**	**4**	ZSCKP GRUBNO	Mężczyźni	23	00:00:05	00:07:12	00:14:13	**00:21:00.65**	**00:21:06.00**	+00:04:35 (21.9%)	4:12	14.3 (78.1%)
40	**SZARMACH Stanisław**	**149**		M60	1	00:00:05	00:06:55	00:14:03	**00:21:03.15**	**00:21:09.10**	+00:04:38 (22.0%)	4:12	14.2 (77.6%)
41	**GOŁOWSKI Andrzej**	**156**		M40	15	00:00:05	00:06:53	00:14:04	**00:21:04.15**	**00:21:09.20**	+00:04:39 (22.1%)	4:12	14.2 (77.6%)
42	**KOWALCZYK Łukasz**	**36**	GMINA GARDEJA BIEGA	Mężczyźni	24	00:00:08	00:06:53	00:14:06	**00:21:06.90**	**00:21:15.70**	+00:04:42 (22.3%)	4:13	14.2 (77.6%)
43	**WRÓBEL Piotr**	**16**	GMINA GARDEJA BIEGA	Mężczyźni	25	00:00:09	00:07:08	00:14:09	**00:21:09.85**	**00:21:18.95**	+00:04:45 (22.4%)	4:13	14.2 (77.6%)
44	**APANASIEWICZ Bartosz**	**84**	RUN PASJA	Mężczyźni	26	00:00:04	00:06:36	00:13:54	**00:21:13.30**	**00:21:18.00**	+00:04:48 (22.7%)	4:14	14.1 (77.0%)
45	**ŻUCHOWSKI Józef**	**128**		M40	16	00:00:04	00:06:53	00:14:10	**00:21:23.95**	**00:21:28.35**	+00:04:59 (23.3%)	4:16	14 (76.5%)
46	**GÓRA Agnieszka**	**92**	ZABIEGANI NOCĄ	K40	1	00:00:04	00:07:07	00:14:23	**00:21:41.40**	**00:21:45.80**	+00:05:16 (24.3%)	4:20	13.8 (75.4%)
47	**ZAWIASIŃSKI Bartłomiej**	**27**		Mężczyźni	27	00:00:11	00:07:11	00:14:24	**00:22:00.85**	**00:22:12.15**	+00:05:36 (25.4%)	4:24	13.6 (74.3%)
48	**WISZOWATY Marcin**	**50**		Mężczyźni	28	00:00:09	00:06:54	00:14:23	**00:22:01.05**	**00:22:10.80**	+00:05:36 (25.5%)	4:24	13.6 (74.3%)
49	**BIAŁOUS Krzysztof**	**144**		M50	1	00:00:07	00:07:15	00:14:41	**00:22:06.05**	**00:22:13.10**	+00:05:41 (25.7%)	4:25	13.6 (74.3%)
50	**KRZYŻANOWSKI Robert**	**159**		M40	17	00:00:06	00:06:55	00:14:25	**00:22:09.20**	**00:22:15.30**	+00:05:44 (25.9%)	4:25	13.5 (73.8%)
51	**REGULSKI Mariusz**	**88**		Mężczyźni	29	00:00:10	00:07:13	00:14:37	**00:22:12.95**	**00:22:23.35**	+00:05:48 (26.1%)	4:26	13.5 (73.8%)
52	**ROSIŃSKI Michał**	**49**	UKS TARPAN	Mężczyźni	30	00:00:09	00:07:26	00:15:09	**00:22:17.30**	**00:22:26.75**	+00:05:52 (26.4%)	4:27	13.5 (73.8%)
53	**CELEGRAT Andrzej**	**72**		Mężczyźni	31	00:00:06	00:07:11	00:14:36	**00:22:17.65**	**00:22:24.10**	+00:05:52 (26.4%)	4:27	13.5 (73.8%)
54	**BIELSKI Marek**	**3**	ZSCKP GRUBNO	Mężczyźni	32	00:00:05	00:07:23	00:15:02	**00:22:18.50**	**00:22:24.00**	+00:05:53 (26.4%)	4:27	13.4 (73.2%)
55	**JASINIEWSKI Sławomir**	**131**		M40	18	00:00:08	00:07:19	00:14:57	**00:22:25.35**	**00:22:34.15**	+00:06:00 (26.8%)	4:29	13.4 (73.2%)
56	**ZAMYŚLEWSKI Krzysztof**	**83**	KWIDZYN BIEGA	Mężczyźni	33	00:00:05	00:07:22	00:14:53	**00:22:26.35**	**00:22:32.20**	+00:06:01 (26.9%)	4:29	13.4 (73.2%)
57	**KRZEMIŃSKI Bartosz**	**70**	RUN PASJA	Mężczyźni	34	00:00:05	00:06:55	00:14:41	**00:22:32.75**	**00:22:38.40**	+00:06:07 (27.2%)	4:30	13.3 (72.7%)
58	**SIEROCKI Marcin**	**163**		Mężczyźni	35	00:00:06	00:07:00	00:14:38	**00:22:33.90**	**00:22:40.80**	+00:06:09 (27.3%)	4:30	13.3 (72.7%)
59	**PĘKAŁA Aleksandra**	**56**	RUN PASJA	Kobiety	3	00:00:05	00:07:30	00:15:10	**00:22:36.20**	**00:22:41.80**	+00:06:11 (27.4%)	4:31	13.3 (72.7%)

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60	**GOLON Marlena**	**106**	RUN PASJA	K40	2	00:00:06	00:07:25	00:15:02	**00:22:37.65**	**00:22:43.85**	+00:06:12 (27.5%)	4:31	13.3 (72.7%)
61	**JAKUBOWSKI Leszek**	**68**		Mężczyźni	36	00:00:10	00:07:08	00:14:56	**00:22:44.10**	**00:22:54.70**	+00:06:19 (27.8%)	4:32	13.2 (72.1%)
62	**BRZOZOWSKI Marcin**	**161**		Mężczyźni	37	00:00:07	00:07:35	00:15:14	**00:22:46.60**	**00:22:54.55**	+00:06:21 (27.9%)	4:33	13.2 (72.1%)
63	**WOŹNIAK Anna**	**77**	RUN PASJA	Kobiety	4	00:00:05	00:07:30	00:15:10	**00:22:52.35**	**00:22:57.85**	+00:06:27 (28.2%)	4:34	13.1 (71.6%)
64	**SZARMACH Kacper**	**29**	BIEGAJ Z WSL	Mężczyźni	38	00:00:09	00:07:38	00:15:28	**00:23:01.15**	**00:23:10.45**	+00:06:36 (28.7%)	4:36	13 (71.0%)
65	**BANASZAK Monika**	**63**	RUN PASJA	Kobiety	5	00:00:10	00:07:32	00:15:21	**00:23:03.40**	**00:23:14.30**	+00:06:38 (28.8%)	4:36	13 (71.0%)
66	**JAKUBOWSKI Paweł**	**55**	MARMEL	Mężczyźni	39	00:00:06	00:07:26	00:15:05	**00:23:06.60**	**00:23:13.25**	+00:06:41 (29.0%)	4:37	13 (71.0%)
67	**FALEŃCZYK Fabian**	**119**	RUN PASJA	M40	19	00:00:08	00:07:36	00:15:31	**00:23:12.15**	**00:23:20.80**	+00:06:47 (29.3%)	4:38	12.9 (70.5%)
68	**PODSIEDLIK Zbigniew**	**112**	RUN PASJA	M40	20	00:00:05	00:07:35	00:15:33	**00:23:27.15**	**00:23:32.15**	+00:07:02 (30.0%)	4:41	12.8 (69.9%)
69	**ARBSZAJTYS Piotr**	**59**	GMINA GARDEJA BIEGA	Mężczyźni	40	00:00:05	00:07:19	00:15:19	**00:23:29.75**	**00:23:34.90**	+00:07:04 (30.1%)	4:41	12.8 (69.9%)
70	**CHODUKIEWICZ Monika**	**63**		Kobiety	6	00:00:04	00:07:22	00:15:26	**00:23:35.40**	**00:23:39.45**	+00:07:10 (30.4%)	4:43	12.7 (69.4%)
71	**FUJARSKI Krzysztof**	**65**		Mężczyźni	41	00:00:11	00:07:42	00:15:49	**00:23:38.65**	**00:23:50.50**	+00:07:13 (30.6%)	4:43	12.7 (69.4%)
72	**SZYDŁOWSKI Zenon**	**45**		Mężczyźni	42	00:00:10	00:07:34	00:15:30	**00:23:39.05**	**00:23:49.65**	+00:07:14 (30.6%)	4:43	12.7 (69.4%)
73	**SAWICKI Michał**	**67**		Mężczyźni	43	00:00:07	00:07:40	00:15:36	**00:23:40.80**	**00:23:48.30**	+00:07:16 (30.7%)	4:44	12.7 (69.4%)
74	**WIŚNIEWSKI Jan**	**121**		M40	21	00:00:05	00:08:25	00:17:13	**00:23:50.05**	**00:23:55.50**	+00:07:25 (31.1%)	4:46	12.6 (68.9%)
75	**RAKOWSKI Wojtek**	**62**	RUN PASJA	Mężczyźni	44	00:00:03	00:07:37	00:15:54	**00:23:52.45**	**00:23:55.60**	+00:07:27 (31.3%)	4:46	12.6 (68.9%)
76	**JAKUBOWSKI Janusz**	**148**		M60	2	00:00:06	00:07:35	00:15:38	**00:23:55.45**	**00:24:02.20**	+00:07:30 (31.4%)	4:47	12.5 (68.3%)
77	**SZYMCZAK Sandra**	**20**	UKB SZUBIN	Kobiety	7	00:00:07	00:08:03	00:16:26	**00:24:14.80**	**00:24:21.95**	+00:07:50 (32.3%)	4:50	12.4 (67.8%)
78	**SCHAFER Karen**	**17**	SV SCHEDETAL VOLKMARSHAUSEN	Kobiety	8	00:00:06	00:07:40	00:15:56	**00:24:15.40**	**00:24:21.45**	+00:07:50 (32.3%)	4:51	12.4 (67.8%)
79	**BŁAŻEJEWSKI Dariusz**	**133**		M40	22	00:00:09	00:07:46	00:15:59	**00:24:16.95**	**00:24:26.70**	+00:07:52 (32.4%)	4:51	12.4 (67.8%)
80	**MAŁKOWSKA Joanna**	**42**		Kobiety	9	00:00:10	00:07:59	00:16:27	**00:24:26.10**	**00:24:36.60**	+00:08:01 (32.8%)	4:53	12.3 (67.2%)
81	**MAJEWSKI Tomasz**	**115**	ZESPÓŁ SZKÓŁ NR 2 IM. ADAMA MICKIEWICZA W CHEŁMNIE	M40	23	00:00:12	00:07:42	00:15:49	**00:24:29.85**	**00:24:42.10**	+00:08:05 (33.0%)	4:54	12.2 (66.7%)
82	**GOLON Leszek**	**160**		Mężczyźni	45	00:00:11	00:08:23	00:16:46	**00:24:41.45**	**00:24:53.05**	+00:08:16 (33.5%)	4:56	12.1 (66.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 1.7km	Start_All 3.4km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
83	**KALISZEWSKI Daniel**	**107**		M40	24	00:00:06	00:07:58	00:16:26	**00:24:48.40**	**00:24:55.05**	+00:08:23 (33.8%)	4:57	12.1 (66.1%)
84	**KALISZEWSKA Małgorzata**	**94**		K40	3	00:00:05	00:07:59	00:16:27	**00:24:49.40**	**00:24:55.35**	+00:08:24 (33.9%)	4:58	12.1 (66.1%)
85	**WALICKI Mateusz**	**1**	GMINA GARDEJA BIEGA	Mężczyźni	46	00:00:09	00:07:34	00:16:09	**00:25:07.95**	**00:25:17.05**	+00:08:43 (34.7%)	5:01	11.9 (65.0%)
86	**PODBORNY Piotr**	**120**		M40	25	00:00:09	00:08:00	00:16:23	**00:25:10.15**	**00:25:20.00**	+00:08:45 (34.8%)	5:02	11.9 (65.0%)
87	**SOTOWICZ Sławomir**	**117**		M40	26	00:00:08	00:08:12	00:16:59	**00:25:47.40**	**00:25:56.20**	+00:09:22 (36.4%)	5:09	11.6 (63.4%)
88	**ZYGMUNT Robert**	**113**	RUN PASJA	M40	27	00:00:08	00:08:06	00:16:59	**00:25:47.65**	**00:25:56.30**	+00:09:22 (36.4%)	5:09	11.6 (63.4%)
89	**DOŁHUN Adam**	**74**	RUN PASJA	Mężczyźni	47	00:00:08	00:08:06	00:16:59	**00:25:48.65**	**00:25:56.70**	+00:09:23 (36.4%)	5:09	11.6 (63.4%)
90	**JAMRÓZ Joanna**	**101**		K40	4	00:00:07	00:08:24	00:17:08	**00:25:50.45**	**00:25:58.00**	+00:09:25 (36.5%)	5:10	11.6 (63.4%)
91	**WIŚNIEWSKI Krzysztof**	**9**	ZSCKP GRUBNO	Mężczyźni	48	00:00:08	00:08:23	00:17:12	**00:26:06.30**	**00:26:14.55**	+00:09:41 (37.1%)	5:13	11.5 (62.8%)
92	**ŻMUDA Adrian**	**10**	ZSCKP GRUBNO	Mężczyźni	49	00:00:08	00:08:24	00:17:12	**00:26:06.55**	**00:26:14.60**	+00:09:41 (37.1%)	5:13	11.5 (62.8%)
93	**PAWLAK Sandra**	**18**	UKB SZUBIN	Kobiety	10	00:00:05	00:07:45	00:16:58	**00:26:10.10**	**00:26:15.65**	+00:09:45 (37.3%)	5:14	11.5 (62.8%)
94	**KISZKA Marcin**	**61**	RUN PASJA	Mężczyźni	50	00:00:06	00:08:13	00:17:23	**00:26:14.45**	**00:26:21.20**	+00:09:49 (37.5%)	5:15	11.4 (62.3%)
95	**KOCHAŃSKA Joanna**	**93**		K40	5	00:00:08	00:08:23	00:17:24	**00:26:38.20**	**00:26:46.25**	+00:10:13 (38.4%)	5:19	11.3 (61.7%)
96	**BARAŃSKI Dawid**	**6**	ZSCKP GRUBNO	Mężczyźni	51	00:00:07	00:08:25	00:17:14	**00:26:45.40**	**00:26:52.95**	+00:10:20 (38.7%)	5:21	11.2 (61.2%)
97	**SZACHTA Krzysztof**	**7**	ZSCKP GRUBNO	Mężczyźni	52	00:00:07	00:08:25	00:17:16	**00:26:46.70**	**00:26:54.20**	+00:10:21 (38.7%)	5:21	11.2 (61.2%)
98	**SZYMAŃSKI Jerzy**	**155**	DRWĘCA NOWE MIASTO	M70	1	00:00:09	00:08:44	00:17:58	**00:26:52.40**	**00:27:02.05**	+00:10:27 (38.9%)	5:22	11.2 (61.2%)
99	**ZDZIARSKI Adam**	**116**		M40	28	00:00:11	00:08:38	00:17:48	**00:26:54.70**	**00:27:05.95**	+00:10:29 (39.0%)	5:22	11.2 (61.2%)
100	**STEDEN Elke**	**129**	TG MUNDEN	K40	6	00:00:07	00:08:54	00:17:58	**00:26:57.15**	**00:27:04.50**	+00:10:32 (39.1%)	5:23	11.1 (60.7%)
101	**POLTER Kerstin**	**135**	SV SCHEDETAL VOLKMARSHAUSEN	K50	1	00:00:08	00:08:52	00:17:57	**00:26:58.45**	**00:27:06.45**	+00:10:33 (39.2%)	5:23	11.1 (60.7%)
102	**SCHAFER Ulrike**	**132**	TG MUNDEN	K40	7	00:00:07	00:08:41	00:17:48	**00:26:59.70**	**00:27:07.55**	+00:10:34 (39.2%)	5:24	11.1 (60.7%)
103	**BRAC Marian**	**147**		M60	3	00:00:06	00:08:52	00:18:08	**00:27:14.90**	**00:27:21.85**	+00:10:50 (39.8%)	5:27	11 (60.1%)
104	**HOŁDA Jerzy**	**150**		M60	4	00:00:09	00:08:24	00:17:27	**00:27:17.85**	**00:27:27.75**	+00:10:53 (39.9%)	5:27	11 (60.1%)
105	**MICHALAK Marianna**	**46**	HAS TEAM	Kobiety	11	00:00:10	00:08:43	00:18:03	**00:27:23.65**	**00:27:33.95**	+00:10:58 (40.1%)	5:28	11 (60.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 1.7km	Start_All 3.4km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
106	**KOZIŃSKA Agata**	**30**	RUN PASJA	Kobiety	12	00:00:06	00:08:27	00:18:04	**00:27:30.95**	**00:27:37.45**	+00:11:06 (40.3%)	5:30	10.9 (59.6%)
107	**ZIELECKA Beata**	**43**		Kobiety	13	00:00:04	00:08:37	00:18:00	**00:27:31.15**	**00:27:35.20**	+00:11:06 (40.4%)	5:30	10.9 (59.6%)
108	**PIEKARCZYK Sylwia**	**24**		Kobiety	14	00:00:10	00:08:45	00:18:09	**00:27:38.05**	**00:27:48.50**	+00:11:13 (40.6%)	5:31	10.9 (59.6%)
109	**TYBUSZEWSKI Janusz**	**145**	TS OPATRUNKI TORUŃ	M60	5	00:00:04	00:09:01	00:18:51	**00:27:57.45**	**00:28:02.00**	+00:11:32 (41.3%)	5:35	10.7 (58.5%)
110	**BRAC Grazyna**	**146**		K60	1	00:00:06	00:09:14	00:18:44	**00:27:59.70**	**00:28:06.30**	+00:11:34 (41.4%)	5:36	10.7 (58.5%)
111	**GESING Joanna**	**44**		Kobiety	15	00:00:10	00:08:45	00:18:17	**00:28:36.00**	**00:28:46.70**	+00:12:11 (42.6%)	5:43	10.5 (57.4%)
112	**GORTLER Martina**	**140**	SV SCHEDETAL VOLKMARSHAUSEN	K50	2	00:00:08	00:09:42	00:19:53	**00:30:14.70**	**00:30:22.95**	+00:13:49 (45.7%)	6:02	9.9 (54.1%)
113	**CZECHOWSKA Katarzana**	**19**	UKB SZUBIN	Kobiety	16	00:00:07	00:09:04	00:19:41	**00:30:26.45**	**00:30:33.70**	+00:14:01 (46.1%)	6:05	9.9 (54.1%)
114	**BAJOREK Piotr**	**143**		M50	2	00:00:09	00:09:05	00:19:40	**00:30:43.80**	**00:30:53.25**	+00:14:19 (46.6%)	6:08	9.8 (53.6%)
115	**FRANKFURTH Katrin**	**130**	SV SCHEDETAL VOLKMARSHAUSEN	K40	8	00:00:08	00:09:42	00:19:53	**00:30:55.55**	**00:31:03.95**	+00:14:30 (46.9%)	6:11	9.7 (53.0%)
116	**GILLE Karin**	**134**	TG MUNDEN	K50	3	00:00:07	00:09:23	00:19:54	**00:30:57.00**	**00:31:04.40**	+00:14:32 (47.0%)	6:11	9.7 (53.0%)
117	**TUREK Katarzyna**	**40**		Kobiety	17	00:00:11	00:10:13	00:20:45	**00:31:26.75**	**00:31:38.00**	+00:15:01 (47.8%)	6:17	9.5 (51.9%)
118	**MIKOŁAJCZYK Agnieszka**	**157**	CHEŁMNO	Kobiety	18	00:00:02	00:09:58	00:21:26	**00:31:57.00**	**00:31:59.70**	+00:15:32 (48.6%)	6:23	9.4 (51.4%)
119	**ROZMARYNOWICZ Anna**	**81**		Kobiety	19	00:00:06	00:09:50	00:20:32	**00:32:06.35**	**00:32:12.80**	+00:15:41 (48.9%)	6:25	9.3 (50.8%)
120	**LORYŃSKA Sandra**	**12**		Kobiety	20	00:00:11	00:10:11	00:21:27	**00:32:16.45**	**00:32:27.70**	+00:15:51 (49.1%)	6:27	9.3 (50.8%)
121	**KĘSKA Michał**	**154**		Mężczyźni	53	00:00:11	00:10:11	00:21:27	**00:32:17.25**	**00:32:28.55**	+00:15:52 (49.2%)	6:27	9.3 (50.8%)
122	**TRZEBIATOWSKA Agata**	**13**		Kobiety	21	00:00:09	00:10:01	00:21:20	**00:32:28.95**	**00:32:38.05**	+00:16:04 (49.5%)	6:29	9.2 (50.3%)
123	**KĘSKA Rafał**	**25**		Mężczyźni	54	00:00:09	00:10:01	00:21:20	**00:32:29.10**	**00:32:38.50**	+00:16:04 (49.5%)	6:29	9.2 (50.3%)
124	**WOJTACKA Roksana**	**122**		K40	9	00:00:11	00:10:13	00:22:46	**00:35:10.55**	**00:35:21.55**	+00:18:45 (53.3%)	7:02	8.5 (46.4%)
125	**MIKRUT Remigiusz**	**80**		Mężczyźni	55	00:00:12	00:10:13	00:22:46	**00:35:10.75**	**00:35:23.60**	+00:18:45 (53.3%)	7:02	8.5 (46.4%)
126	**CHEŁMIŃSKI Piotr**	**138**	MLKS NADWIŚLANIN	M50	3	00:00:12	00:10:13	00:22:45	**00:35:11.00**	**00:35:23.75**	+00:18:46 (53.3%)	7:02	8.5 (46.4%)
127	**WIŚNIEWSKA Klaudia**	**30**		K40	10	00:00:04	00:08:26				+00:02:57	4:57	12.1 (66.1%)
128	**RAKOCZY Magdalena**	**73**		Kobiety	22	00:00:12	00:10:57				+00:05:28	6:26	9.3 (50.8%)

Znaleziono 128 wynik(ów)