



BIEG NA 5 KILOMETRÓW | XII BIEG SIEDLECKIEGO JACKA

B4SPORT

Wydarzenie: XII Bieg Siedleckiego Jacka
Organizator: Agencja Rozwoju Miasta Siedlce sp. z o.o.
Data: 2021-08-29
Miejsce: Siedlce
Dystans: 5 km

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	ANDRZEJEWSKA Joanna	333	LUBELSKIBIEGACZ.PL TEAM	K50	1	00:00:08	00:20:59.45	00:21:07.85		4:11	14.3
2	KORZENIOWSKA Karolina	505	POWER TRAINING	K30	1	00:00:06	00:21:15.90	00:21:22.60	+00:00:16	4:15	14.1
3	WIERCIOCH Izabela	314	RACEFIGHTER GOSIR DĘBE WELKIE	K20	1	00:00:07	00:21:29.30	00:21:36.60	+00:00:29	4:17	14
4	OSIŃSKA Monika	376	BIEGACZE POMAGACZE/DZIKIE BORSUKI	K40	1	00:00:07	00:22:27.70	00:22:35.60	+00:01:28	4:29	13.4
5	JAREK Anna	323	RACEFIGHTER GOSIR DĘBE WELKIE	K40	2	00:00:07	00:23:11.75	00:23:19.65	+00:02:12	4:38	12.9
6	GÓRSKA Angelika	466		K30	2	00:00:08	00:23:15.80	00:23:23.95	+00:02:16	4:39	12.9
7	JÓŹWIAK Barbara	229	YULO RUN TEAM SIEDLCE	K40	3	00:00:09	00:23:26.70	00:23:35.85	+00:02:27	4:41	12.8
8	BIERNACKA Agnieszka	315	YULO RUN TEAM SIEDLCE	K30	3	00:00:09	00:24:48.60	00:24:58.45	+00:03:49	4:57	12.1
9	HERTMAN Marzena	232		K30	4	00:00:08	00:24:52.00	00:25:00.70	+00:03:52	4:58	12.1
10	STAŃSKA Joanna	396		K30	5	00:00:15	00:25:43.10	00:25:58.75	+00:04:43	5:08	11.7
11	ŻÓŁKOWSKA Agnieszka	354	ZBUCKI RUCH	K40	4	00:00:07	00:25:58.55	00:26:05.95	+00:04:59	5:11	11.6
12	SIEROCIŃSKA Monika	452	DZIKI GOŁOBORZY	K40	5	00:00:09	00:26:03.50	00:26:12.75	+00:05:04	5:12	11.5
13	RING Urszula	293		K30	6	00:00:14	00:26:27.40	00:26:41.55	+00:05:27	5:17	11.3
14	JAREK Katarzyna	380		K40	6	00:00:10	00:26:38.65	00:26:48.75	+00:05:39	5:19	11.3
15	NIEDZIÓŁKA Anna	402		K30	7	00:00:14	00:26:39.30	00:26:54.00	+00:05:39	5:19	11.3
16	OLEKSIAK Iwona	306	VICTUS RĘBKÓW	K30	8	00:00:15	00:26:45.25	00:27:00.70	+00:05:45	5:21	11.2
17	CHOMA Grażyna	418	PĘDZĄCE LENIWCE	K40	7	00:00:15	00:26:46.90	00:27:01.95	+00:05:47	5:21	11.2
18	RZAŻEWSKA Joanna	302	ZBUCKI RUCH	K40	8	00:00:07	00:26:50.15	00:26:57.85	+00:05:50	5:22	11.2
19	KRAKOWSKA Małgorzata	450	PĘDZĄCE LENIWCE	K40	9	00:00:14	00:26:50.95	00:27:05.85	+00:05:51	5:22	11.2
20	HYCKOWSKA Aleksandra	216		K30	9	00:00:07	00:27:01.25	00:27:08.75	+00:06:01	5:24	11.1
21	IGNACIUK Iwona	398		K40	10	00:00:09	00:27:02.45	00:27:11.95	+00:06:03	5:24	11.1
22	JASTRZĘBSKA Sylwia	362	WLKS SIEDLCE IGANIE NOWE	K20	2	00:00:08	00:27:03.40	00:27:11.90	+00:06:03	5:24	11.1
23	ROSA Kasia	332		K30	10	00:00:08	00:27:09.60	00:27:18.20	+00:06:10	5:25	11
24	KORZENIOWSKA Agnieszka	440		K30	11	00:00:00	00:27:25.00	00:27:25.00	+00:06:25	5:29	10.9
25	ŻABCZYŃSKA-KOMOR Anita	465		K40	11	00:00:09	00:27:25.90	00:27:35.55	+00:06:26	5:29	10.9
26	KRUPA Paulina	213		K20	3	00:00:10	00:27:32.25	00:27:42.85	+00:06:32	5:30	10.9
27	MADEJ Monika	377		K40	12	00:00:12	00:27:47.65	00:27:59.65	+00:06:48	5:33	10.8
28	MOŹDŻONEK Beata	318		K30	12	00:00:08	00:27:53.65	00:28:02.25	+00:06:54	5:34	10.8
29	CHACIŃSKA Anna	475		K30	13	00:00:13	00:28:00.90	00:28:14.70	+00:07:01	5:36	10.7

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
30	ROZBICKA Iwona	386		K40	13	00:00:08	00:28:17.70	00:28:26.50	+00:07:18	5:39	10.6
31	ZYŚK Natalia	247		K30	14	00:00:08	00:28:39.95	00:28:48.70	+00:07:40	5:43	10.5
32	ZAWIŚLAK Jolanta	262		K50	2	00:00:09	00:28:44.40	00:28:53.85	+00:07:44	5:44	10.4
33	ZAWADA Kamila	416		K20	4	00:00:13	00:28:45.05	00:28:58.90	+00:07:45	5:45	10.4
34	SOLNICA Alicja	282	KLUB AKTYWNYCH PARKRUN SKÓRZEC	K30	15	00:00:11	00:28:56.95	00:29:08.00	+00:07:57	5:47	10.4
35	BOSEK-WADAS Monika	472		K40	14	00:00:15	00:29:01.50	00:29:17.05	+00:08:02	5:48	10.3
36	GONDEK Justyna	436		K20	5	00:00:09	00:29:07.70	00:29:17.35	+00:08:08	5:49	10.3
37	SIWIK Henryka	374		K50	3	00:00:13	00:29:12.20	00:29:25.85	+00:08:12	5:50	10.3
38	KRZEWNIAK Lidia	221		K40	15	00:00:12	00:29:22.25	00:29:34.95	+00:08:22	5:52	10.2
39	KRZEWNIAK Ewa	254		K20	6	00:00:12	00:29:22.70	00:29:35.55	+00:08:23	5:52	10.2
40	SIDOR-WYSZOMIERSKA Magdalena	428		K30	16	00:00:15	00:29:31.35	00:29:46.55	+00:08:31	5:54	10.2
41	MONTEWKA DE VALLE Jowita	261		K40	16	00:00:10	00:29:33.35	00:29:44.30	+00:08:33	5:54	10.2
42	GŁUCHOWSKA Agnieszka	490		K30	17	00:00:09	00:29:35.10	00:29:44.25	+00:08:35	5:55	10.1
43	KORYCIŃSKA Mariola	431		K30	18	00:00:13	00:29:47.05	00:30:00.55	+00:08:47	5:57	10.1
44	MRÓZ Magdalena	204		K30	19	00:00:09	00:29:57.30	00:30:06.85	+00:08:57	5:59	10
44	RACZYŃSKA Natalia	430	MORSY SIEDLCE	K20	7	00:00:00	00:29:57.30	00:29:57.30	+00:08:57	5:59	10
46	LEWANDOWSKA Joanna	470	BEMOWO BIEGA	K40	17	00:00:16	00:29:59.50	00:30:16.40	+00:09:00	5:59	10
47	KĘDZIERSKA Joanna	242		K40	18	00:00:10	00:30:07.60	00:30:18.45	+00:09:08	6:01	10
48	JUREK Dorota	385	PRYWATNY	K30	20	00:00:12	00:30:12.70	00:30:25.55	+00:09:13	6:02	9.9
49	WOŹNICA Marta	457	GOLICE TEAM	K40	19	00:00:12	00:30:19.00	00:30:31.25	+00:09:19	6:03	9.9
50	DANIELAK Marzena	442	KLUB AKTYWNYCH PARKRUN SKÓRZEC	K40	20	00:00:11	00:30:23.25	00:30:34.85	+00:09:23	6:04	9.9
51	CISZEWSKA Magda	498		K30	21	00:00:18	00:30:28.15	00:30:46.60	+00:09:28	6:05	9.8
52	MRUCZYŃSKA-PIETRUCZANIS Katarzyna	212	AKTYWNI WĘGRÓW / DEVI HIMAL TEAM	K40	21	00:00:16	00:30:52.65	00:31:09.55	+00:09:53	6:10	9.7
53	TULEJ Bożena	276		K50	4	00:00:15	00:30:52.75	00:31:08.45	+00:09:53	6:10	9.7
54	SIKORSKA Wioleta	422		K30	22	00:00:16	00:30:52.95	00:31:08.95	+00:09:53	6:10	9.7
55	RAGO Monika	496		K30	23	00:00:17	00:31:12.45	00:31:30.15	+00:10:13	6:14	9.6
56	RACZYŃSKA Iza	499		K30	24	00:00:13	00:31:22.05	00:31:35.50	+00:10:22	6:16	9.6
57	KOSSAKOWSKA Dorota	403		K50	5	00:00:10	00:31:31.05	00:31:41.15	+00:10:31	6:18	9.5
58	KOSOWSKA Magdalena	399		K30	25	00:00:10	00:31:57.60	00:32:07.70	+00:10:58	6:23	9.4
59	BORKOWSKA Arletta	429	MORSY SIEDLCE	K40	22	00:00:13	00:31:57.80	00:32:11.40	+00:10:58	6:23	9.4
60	PRUSIŃSKA Agnieszka	251		K40	23	00:00:17	00:31:58.45	00:32:16.20	+00:10:59	6:23	9.4
61	JÓŹWIAK Magda	271		K40	24	00:00:15	00:32:07.95	00:32:23.75	+00:11:08	6:25	9.3
62	SZYSZ Alina	379		K30	26	00:00:12	00:32:10.60	00:32:23.00	+00:11:11	6:26	9.3
63	KISIELIŃSKA Anna	256		K40	25	00:00:16	00:32:10.95	00:32:27.75	+00:11:11	6:26	9.3
64	DĘBAŁA Ilona	366	KLUB KROPKA	K20	8	00:00:20	00:32:12.75	00:32:32.90	+00:11:13	6:26	9.3
65	SZEWCZAK Magdalena	298		K30	27	00:00:14	00:32:19.15	00:32:33.55	+00:11:19	6:27	9.3
66	KOMAR Małgorzata	358		K40	26	00:00:15	00:32:22.75	00:32:38.10	+00:11:23	6:28	9.3
67	MEJKA Aneta	327	RACEFIGHTER GOSIR DĘBE WIELKIE	K40	27	00:00:13	00:32:23.85	00:32:37.40	+00:11:24	6:28	9.3
68	MARCINIUK Agata	507	KLUB AKTYWNYCH PARKRUN SKÓRZEC	K40	28	00:00:14	00:32:37.35	00:32:51.90	+00:11:37	6:31	9.2
69	ORYSZCZAK Justyna	324		K30	28	00:00:13	00:32:41.90	00:32:54.90	+00:11:42	6:32	9.2
70	JASTRZĘBSKA Barbara	484		K30	29	00:00:12	00:32:45.70	00:32:57.70	+00:11:46	6:33	9.2
71	JAKUBAS Agnieszka	345		K30	30	00:00:13	00:32:54.20	00:33:07.25	+00:11:54	6:34	9.1
72	BOJANOWSKA Elwira	384		K30	31	00:00:12	00:32:59.10	00:33:11.95	+00:11:59	6:35	9.1
73	POCHOPIEŃ Paulina	301	IKS SIEDLCE	K20	9	00:00:13	00:33:06.60	00:33:20.55	+00:12:07	6:37	9.1

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
74	ADAMIEC Monika	426		K30	32	00:00:14	00:33:10.65	00:33:25.55	+00:12:11	6:38	9
75	DADUŃ Magdalena	462		K30	33	00:00:15	00:33:22.75	00:33:37.75	+00:12:23	6:40	9
76	MAGIERA Agata	463		K40	29	00:00:14	00:33:22.80	00:33:37.75	+00:12:23	6:40	9
77	POCHOPIEŃ Patrycja	342	IKS SIEDLCE	K20	10	00:00:14	00:33:29.15	00:33:43.35	+00:12:29	6:41	9
78	MARCINIAK Malwina	285		K20	11	00:00:16	00:33:40.55	00:33:56.70	+00:12:41	6:44	8.9
79	WIŚNIEWSKA Agnieszka	215		K40	30	00:00:16	00:33:41.45	00:33:57.95	+00:12:42	6:44	8.9
80	ZYCH Monika	421		K30	34	00:00:11	00:33:50.85	00:34:02.55	+00:12:51	6:46	8.9
81	BALAS Agnieszka	208		K30	35	00:00:20	00:33:55.75	00:34:16.35	+00:12:56	6:47	8.8
82	POCHOPIEŃ Ewa	328		K50	6	00:00:14	00:33:57.45	00:34:11.75	+00:12:58	6:47	8.8
83	MITURA Hanna	459		K50	7	00:00:11	00:34:11.20	00:34:22.55	+00:13:11	6:50	8.8
84	BORUTA Anna	367		K50	8	00:00:00	00:34:39.70	00:34:39.70	+00:13:40	6:55	8.7
85	TROJANEK Małgorzata	311	KLUB ZDROWEGO STYLU ŻYCIA	K50	9	00:00:18	00:35:05.55	00:35:24.35	+00:14:06	7:01	8.6
86	DZIEWULSKA Marta	264		K40	31	00:00:16	00:35:27.60	00:35:43.95	+00:14:28	7:05	8.5
87	JAGODZIŃSKA Edyta	266		K30	36	00:00:11	00:35:32.05	00:35:43.65	+00:14:32	7:06	8.4
88	SOSZYŃSKA Agnieszka	265		K30	37	00:00:00	00:35:44.10	00:35:44.10	+00:14:44	7:08	8.4
89	GRABOWSKA Paulina	482		K20	12	00:00:06	00:36:02.95	00:36:09.35	+00:15:03	7:12	8.3
90	WOSK Joanna	259	BO JAK NIE MY TO KTO?	K50	10	00:00:14	00:36:13.30	00:36:27.40	+00:15:13	7:14	8.3
91	SZELECH Gabriela	486		K20	13	00:00:06	00:36:44.70	00:36:51.50	+00:15:45	7:20	8.2
92	KUKLA Monika	274		K40	32	00:00:18	00:36:50.60	00:37:09.10	+00:15:51	7:22	8.1
93	KOMOSA Ewa	393		K30	38	00:00:10	00:37:41.25	00:37:51.80	+00:16:41	7:32	8
94	WAWRZYNCZAK Anna	231		K40	33	00:00:16	00:38:25.75	00:38:42.20	+00:17:26	7:41	7.8
95	MYŚKIEWICZ Monika	437	MORSY SIEDLCE	K40	34	00:00:14	00:38:32.75	00:38:47.15	+00:17:33	7:42	7.8
96	JASZCZUK Małgorzata	438	MORSY SIEDLCE	K40	35	00:00:14	00:38:33.00	00:38:47.25	+00:17:33	7:42	7.8
97	PACIOREK Wiktoria	412		K20	14	00:00:12	00:38:45.35	00:38:57.35	+00:17:45	7:45	7.7
98	SZYMAŃSKA Zuzanna	241		K20	15	00:00:17	00:39:04.55	00:39:21.95	+00:18:05	7:48	7.7
99	SKORUPKA Anna	409	GRUPA BIEGACZY SKORZEC BIEGA	K40	36	00:00:19	00:39:22.60	00:39:41.95	+00:18:23	7:52	7.6
100	PIEKART Dorota	419	GRUPA BIEGACZY SKÓRZEC BIEGA	K40	37	00:00:18	00:39:22.95	00:39:41.45	+00:18:23	7:52	7.6
101	OLĘDZKA-KULIK Monika	410	GRUPA BIEGACZY SKÓRZEC BIEGA	K40	38	00:00:18	00:39:23.40	00:39:42.05	+00:18:23	7:52	7.6
102	KONDRACIUK Elwira	252		K40	39	00:00:16	00:41:27.65	00:41:44.45	+00:20:28	8:17	7.2
103	SZYMAŃSKA Eliza	238		K40	40	00:00:16	00:43:20.45	00:43:37.25	+00:22:21	8:40	6.9

Znaleziono 103 wynik(ów)