



BIEG NA 5 KILOMETRÓW | XII BIEG SIEDLECKIEGO JACKA

B4SPORT

Wydarzenie: XII Bieg Siedleckiego Jacka
Organizator: Agencja Rozwoju Miasta Siedlce sp. z o.o.
Data: 2021-08-29
Miejsce: Siedlce
Dystans: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	OSIŃSKA Monika	376	BIEGACZE POMAGACZE/DZIKIE BORSUKI	K40	1	00:00:07	00:22:27.70	00:22:35.60		4:29	13.4 (100%)
2	JAREK Anna	323	RACEFIGHTER GOSIR DĘBE WIELKIE	K40	2	00:00:07	00:23:11.75	00:23:19.65	+00:00:44 (3.2%)	4:38	12.9 (96.3%)
3	JÓŹWIAK Barbara	229	YULO RUN TEAM SIEDLCE	K40	3	00:00:09	00:23:26.70	00:23:35.85	+00:00:59 (4.2%)	4:41	12.8 (95.5%)
4	ŻÓŁKOWSKA Agnieszka	354	ZBUCKI RUCH	K40	4	00:00:07	00:25:58.55	00:26:05.95	+00:03:30 (13.5%)	5:11	11.6 (86.6%)
5	SIEROCIŃSKA Monika	452	DZIKI GOŁOBORZY	K40	5	00:00:09	00:26:03.50	00:26:12.75	+00:03:35 (13.8%)	5:12	11.5 (85.8%)
6	JAREK Katarzyna	380		K40	6	00:00:10	00:26:38.65	00:26:48.75	+00:04:10 (15.7%)	5:19	11.3 (84.3%)
7	CHOMA Grażyna	418	PĘDZĄCE LENIWCE	K40	7	00:00:15	00:26:46.90	00:27:01.95	+00:04:19 (16.1%)	5:21	11.2 (83.6%)
8	RZAŻEWSKA Joanna	302	ZBUCKI RUCH	K40	8	00:00:07	00:26:50.15	00:26:57.85	+00:04:22 (16.3%)	5:22	11.2 (83.6%)
9	KRAKOWSKA Małgorzata	450	PĘDZĄCE LENIWCE	K40	9	00:00:14	00:26:50.95	00:27:05.85	+00:04:23 (16.3%)	5:22	11.2 (83.6%)
10	IGNACIUK Iwona	398		K40	10	00:00:09	00:27:02.45	00:27:11.95	+00:04:34 (16.9%)	5:24	11.1 (82.8%)
11	ŻABCZYŃSKA-KOMOR Anita	465		K40	11	00:00:09	00:27:25.90	00:27:35.55	+00:04:58 (18.1%)	5:29	10.9 (81.3%)
12	MADEJ Monika	377		K40	12	00:00:12	00:27:47.65	00:27:59.65	+00:05:19 (19.2%)	5:33	10.8 (80.6%)
13	ROZBICKA Iwona	386		K40	13	00:00:08	00:28:17.70	00:28:26.50	+00:05:50 (20.6%)	5:39	10.6 (79.1%)
14	BOSEK-WADAS Monika	472		K40	14	00:00:15	00:29:01.50	00:29:17.05	+00:06:33 (22.6%)	5:48	10.3 (76.9%)
15	KRZEWNIAK Lidia	221		K40	15	00:00:12	00:29:22.25	00:29:34.95	+00:06:54 (23.5%)	5:52	10.2 (76.1%)
16	MONTEWKA DE VALLE Jowita	261		K40	16	00:00:10	00:29:33.35	00:29:44.30	+00:07:05 (24.0%)	5:54	10.2 (76.1%)

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17	LEWANDOWSKA Joanna	470	BEMOWO BIEGA	K40	17	00:00:16	00:29:59.50	00:30:16.40	+00:07:31 (25.1%)	5:59	10 (74.6%)
18	KĘDZIERSKA Joanna	242		K40	18	00:00:10	00:30:07.60	00:30:18.45	+00:07:39 (25.4%)	6:01	10 (74.6%)
19	WOŹNICA Marta	457	GOLICE TEAM	K40	19	00:00:12	00:30:19.00	00:30:31.25	+00:07:51 (25.9%)	6:03	9.9 (73.9%)
20	DANIELAK Marzena	442	KLUB AKTYWNYCH PARKRUN SKÓRZECC	K40	20	00:00:11	00:30:23.25	00:30:34.85	+00:07:55 (26.1%)	6:04	9.9 (73.9%)
21	MRUCZYŃSKA-PIETRUCZANIS Katarzyna	212	AKTYWNI WĘGRÓW / DEVI HIMAL TEAM	K40	21	00:00:16	00:30:52.65	00:31:09.55	+00:08:24 (27.3%)	6:10	9.7 (72.4%)
22	BORKOWSKA Arletta	429	MORSY SIEDLCE	K40	22	00:00:13	00:31:57.80	00:32:11.40	+00:09:30 (29.7%)	6:23	9.4 (70.1%)
23	PRUSIŃSKA Agnieszka	251		K40	23	00:00:17	00:31:58.45	00:32:16.20	+00:09:30 (29.8%)	6:23	9.4 (70.1%)
24	JÓŹWIAK Magda	271		K40	24	00:00:15	00:32:07.95	00:32:23.75	+00:09:40 (30.1%)	6:25	9.3 (69.4%)
25	KISIELIŃSKA Anna	256		K40	25	00:00:16	00:32:10.95	00:32:27.75	+00:09:43 (30.2%)	6:26	9.3 (69.4%)
26	KOMAR Małgorzata	358		K40	26	00:00:15	00:32:22.75	00:32:38.10	+00:09:55 (30.6%)	6:28	9.3 (69.4%)
27	MEJKA Aneta	327	RACEFIGHTER GOSIR DĘBE WIELKIE	K40	27	00:00:13	00:32:23.85	00:32:37.40	+00:09:56 (30.7%)	6:28	9.3 (69.4%)
28	MARCINIUK Agata	507	KLUB AKTYWNYCH PARKRUN SKÓRZEC	K40	28	00:00:14	00:32:37.35	00:32:51.90	+00:10:09 (31.1%)	6:31	9.2 (68.7%)
29	MAGIERA Agata	463		K40	29	00:00:14	00:33:22.80	00:33:37.75	+00:10:55 (32.7%)	6:40	9 (67.2%)
30	WIŚNIEWSKA Agnieszka	215		K40	30	00:00:16	00:33:41.45	00:33:57.95	+00:11:13 (33.3%)	6:44	8.9 (66.4%)
31	DZIEWULSKA Marta	264		K40	31	00:00:16	00:35:27.60	00:35:43.95	+00:12:59 (36.7%)	7:05	8.5 (63.4%)
32	KUKLA Monika	274		K40	32	00:00:18	00:36:50.60	00:37:09.10	+00:14:22 (39.0%)	7:22	8.1 (60.4%)
33	WAWRZYNCZAK Anna	231		K40	33	00:00:16	00:38:25.75	00:38:42.20	+00:15:58 (41.6%)	7:41	7.8 (58.2%)
34	MYŚKIEWICZ Monika	437	MORSY SIEDLCE	K40	34	00:00:14	00:38:32.75	00:38:47.15	+00:16:05 (41.7%)	7:42	7.8 (58.2%)
35	JASZCZUK Małgorzata	438	MORSY SIEDLCE	K40	35	00:00:14	00:38:33.00	00:38:47.25	+00:16:05 (41.7%)	7:42	7.8 (58.2%)
36	SKORUPKA Anna	409	GRUPA BIEGACZY SKORZEC BIEGA	K40	36	00:00:19	00:39:22.60	00:39:41.95	+00:16:54 (43.0%)	7:52	7.6 (56.7%)
37	PIEKART Dorota	419	GRUPA BIEGACZY SKÓRZEC BIEGA	K40	37	00:00:18	00:39:22.95	00:39:41.45	+00:16:55 (43.0%)	7:52	7.6 (56.7%)
38	OLĘDZKA-KULIK Monika	410	GRUPA BIEGACZY SKÓRZEC BIEGA	K40	38	00:00:18	00:39:23.40	00:39:42.05	+00:16:55 (43.0%)	7:52	7.6 (56.7%)
39	KONDRACIUK Elwira	252		K40	39	00:00:16	00:41:27.65	00:41:44.45	+00:18:59 (45.8%)	8:17	7.2 (53.7%)

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40	SZYMAŃSKA Eliza	238		K40	40	00:00:16	00:43:20.45	00:43:37.25	+00:20:52 (48.2%)	8:40	6.9 (51.5%)

Znaleziono 40 wynik(ów)