



BIEG NA 5 KILOMETRÓW | XII BIEG SIEDLECKIEGO JACKA

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: XII Bieg Siedleckiego Jacka
Organizator: Agencja Rozwoju Miasta Siedlce sp. z o.o.
Data: 2021-08-29
Miejsce: Siedlce
Dystans: 5 km

Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	MŁYNARZ Kamil	245		M30	1	00:00:06	00:16:23.90	00:16:30.15		3:16	18.3 (100%)
2	GOLEC Rafał	286	IWONEX DRUKARNIA/ KLUB AKTYWNYCH PARKRUN SKÓRZEC	M30	2	00:00:00	00:18:36.85	00:18:36.85	+00:02:12 (11.9%)	3:43	16.1 (88.0%)
3	KĘPKA Marcin	206		M30	3	00:00:06	00:19:11.20	00:19:18.05	+00:02:47 (14.5%)	3:50	15.6 (85.2%)
4	ZAWADA Paweł	413	BARTEKTRENUJE TEAM	M30	4	00:00:07	00:19:18.95	00:19:26.40	+00:02:55 (15.1%)	3:51	15.5 (84.7%)
5	DUDA Sebastian	476	YULO RUN TEAM SIEDLCE	M30	5	00:00:07	00:19:38.30	00:19:45.30	+00:03:14 (16.5%)	3:55	15.3 (83.6%)
6	WYSOCKI Rafał	233		M30	6	00:00:06	00:19:51.25	00:19:57.80	+00:03:27 (17.4%)	3:58	15.1 (82.5%)
7	KRZYMOWSKI Przemysław	316	PERN RUNNERS	M30	7	00:00:06	00:19:53.40	00:19:59.65	+00:03:29 (17.6%)	3:58	15.1 (82.5%)
8	BUŃKO Tobiasz	257	1 BRYGADA PANCERNA DAS	M30	8	00:00:06	00:20:00.10	00:20:06.90	+00:03:36 (18.0%)	4:00	15 (82.0%)
9	KORYCIŃSKI Andrzej	432		M30	9	00:00:07	00:20:03.90	00:20:11.35	+00:03:40 (18.3%)	4:00	15 (82.0%)
10	PLEJZNEROWSKI Marcin	305	AKADEMIA SPORTU OTWOCK	M30	10	00:02:01	00:20:15.35	00:22:17.30	+00:03:51 (19.0%)	4:03	14.8 (80.9%)
11	ZALEWSKI Karol	326	RACE FIGHTER GOSIR DĘBE WIELKIE	M30	11	00:00:08	00:20:53.55	00:21:01.90	+00:04:29 (21.5%)	4:10	14.4 (78.7%)
12	MIEZIANKO Marek	270		M30	12	00:00:11	00:21:08.95	00:21:20.70	+00:04:45 (22.5%)	4:13	14.2 (77.6%)
13	PYZA Krzysztof	347	VICTUS RĘBKÓW	M30	13	00:00:10	00:21:17.60	00:21:28.55	+00:04:53 (23.0%)	4:15	14.1 (77.0%)
14	ROKITA Paweł	313	RACEFIGHTER GOSIR DĘBE WIELKIE	M30	14	00:00:08	00:21:51.75	00:21:59.75	+00:05:27 (25.0%)	4:22	13.7 (74.9%)
15	DANIEL Kamil	201		M30	15	00:00:08	00:22:23.70	00:22:32.40	+00:05:59 (26.8%)	4:28	13.4 (73.2%)

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16	NEWEL Adam	239		M30	16	00:00:10	00:23:13.10	00:23:23.45	+00:06:49 (29.4%)	4:38	12.9 (70.5%)
17	CZERKA Tomasz	391		M30	17	00:00:14	00:23:26.55	00:23:40.95	+00:07:02 (30.0%)	4:41	12.8 (69.9%)
18	GÓRSKI Łukasz	454	KLUB AKTYWNYCH PARKRUN SKÓRZEC	M30	18	00:00:13	00:24:41.90	00:24:55.20	+00:08:18 (33.6%)	4:56	12.2 (66.7%)
19	MARKOWSKI Jarosław	445	SPOCENI NA MAXA	M30	19	00:00:09	00:25:05.55	00:25:14.95	+00:08:41 (34.6%)	5:01	12 (65.6%)
20	KUSAK Adam	481	KLUB AKTYWNYCH PARKRUN SKÓRZEC	M30	20	00:00:13	00:25:41.95	00:25:55.20	+00:09:18 (36.2%)	5:08	11.7 (63.9%)
21	PODSIADLIK Łukasz	382		M30	21	00:00:10	00:25:55.85	00:26:06.60	+00:09:31 (36.8%)	5:11	11.6 (63.4%)
22	MITURA Michał	461	FC HELMUTY	M30	22	00:00:11	00:26:27.20	00:26:38.40	+00:10:03 (38.0%)	5:17	11.3 (61.7%)
23	OLEKSIAK Przemysław	352	VICTUS RĘBKÓW	M30	23	00:00:15	00:26:45.60	00:27:00.75	+00:10:21 (38.7%)	5:21	11.2 (61.2%)
24	BORUTA Jarosław	217		M30	24	00:00:17	00:26:50.45	00:27:07.80	+00:10:26 (38.9%)	5:22	11.2 (61.2%)
25	REMISZEWSKI Paweł	222		M30	25	00:00:07	00:27:00.70	00:27:08.55	+00:10:36 (39.3%)	5:24	11.1 (60.7%)
26	STEFANIUK Tomasz	338		M30	26	00:00:07	00:27:04.75	00:27:12.50	+00:10:40 (39.4%)	5:24	11.1 (60.7%)
27	REJNIAK Leszek	281		M30	27	00:00:18	00:27:13.15	00:27:31.15	+00:10:49 (39.8%)	5:26	11 (60.1%)
28	KORZENIOWSKI Tomasz	441	YULO RUN TEAM SIEDLCE	M30	28	00:00:00	00:27:29.00	00:27:29.00	+00:11:05 (40.3%)	5:29	10.9 (59.6%)
29	WIERCIŃSKI Daniel	478		M30	29	00:00:14	00:27:48.05	00:28:02.50	+00:11:24 (41.0%)	5:33	10.8 (59.0%)
30	KACHNIARZ Tadeusz	405		M30	30	00:00:14	00:27:52.40	00:28:07.05	+00:11:28 (41.2%)	5:34	10.8 (59.0%)
31	GŁÓDŹ Jacek	236		M30	31	00:00:11	00:27:59.65	00:28:11.00	+00:11:35 (41.4%)	5:35	10.7 (58.5%)
32	PIĄTEK Pior	434		M30	32	00:00:12	00:28:28.95	00:28:41.25	+00:12:05 (42.4%)	5:41	10.5 (57.4%)
33	KRUK Mariusz	309		M30	33	00:00:12	00:28:55.15	00:29:07.30	+00:12:31 (43.3%)	5:47	10.4 (56.8%)
34	SUJKOWSKI Kamil	390		M30	34	00:00:06	00:29:08.05	00:29:14.75	+00:12:44 (43.7%)	5:49	10.3 (56.3%)
35	PIASECKI Łukasz	308		M30	35	00:00:12	00:29:50.45	00:30:02.90	+00:13:26 (45.0%)	5:58	10.1 (55.2%)
36	JÓŹWIAK Kamil	277		M30	36	00:00:17	00:30:16.75	00:30:33.85	+00:13:52 (45.8%)	6:03	9.9 (54.1%)
37	GIERSZEWSKI Mariusz	219		M30	37	00:00:13	00:30:47.35	00:31:01.20	+00:14:23 (46.7%)	6:09	9.7 (53.0%)
38	MOŹDŻONEK Krystian	317		M30	38	00:00:08	00:30:56.55	00:31:05.45	+00:14:32 (47.0%)	6:11	9.7 (53.0%)

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39	PAZIEWSKI Daniel	330		M30	39	00:00:12	00:31:01.60	00:31:14.25	+00:14:37 (47.1%)	6:12	9.7 (53.0%)
40	BIARDZKI Bartek	297		M30	40	00:00:13	00:31:03.40	00:31:16.75	+00:14:39 (47.2%)	6:12	9.7 (53.0%)
41	SZCZERBACIUK Paweł	295		M30	41	00:00:19	00:31:06.70	00:31:26.05	+00:14:42 (47.3%)	6:13	9.6 (52.5%)
42	RAGO Piotr	497		M30	42	00:00:17	00:31:12.80	00:31:30.10	+00:14:48 (47.5%)	6:14	9.6 (52.5%)
43	GRABARCZYK Przemysław	397		M30	43	00:00:16	00:31:50.30	00:32:06.45	+00:15:26 (48.5%)	6:22	9.4 (51.4%)
44	DĘBAŁA Dominik	365	KROPKA	M30	44	00:00:19	00:32:13.05	00:32:32.55	+00:15:49 (49.1%)	6:26	9.3 (50.8%)
45	CYMERMAN Adrian	248		M30	45	00:00:08					(0.0%)

Znaleziono 45 wynik(ów)