

BIEG PRZEZ MOST 2021

Organizator: Urząd Dzielnicy Warszawa - Białołęka
Data: 2021-09-12
Miejsce: Warszawa
Dystans: 10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K Odcinek specjalny

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6.6km	9km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	**STELMACH Dominika**	**659**		K 30-39	1	00:22:43	00:32:33	**00:36:39.65**	+00:00:00 (-359,900.0%)	3:39	16.4 (100%)
2	**NAWRAT Monika**	**649**	KS PREFBET-SONAROL	K 30-39	2	00:25:21	00:35:54	**00:40:14.35**	+00:00:43 (-335,026.3%)	4:01	14.9 (90.9%)
3	**HASS Joanna**	**185**		K 40-49	1	00:26:24	00:37:32	**00:42:03.50**	+00:01:17 (-317,853.3%)	4:12	14.3 (87.2%)
4	**WESOŁOWSKA Katarzyna**	**548**	ORANGE POLSKA	K 40-49	2	00:27:14	00:38:45	**00:43:26.80**	+00:01:41 (-306,949.6%)	4:20	13.8 (84.1%)
5	**MALANOWSKA Elżbieta**	**309**		K 1-29	1	00:26:18	00:37:55	**00:42:48.90**	+00:01:48 (-304,023.3%)	4:16	14 (85.4%)
6	**SADOWSKA Marzena**	**445**		K 30-39	3	00:28:14	00:40:02	**00:44:51.00**	+00:01:58 (-299,832.2%)	4:29	13.4 (81.7%)
7	**JARZYŃSKA Kinga**	**682**		K 1-29	2	00:27:09	00:38:59	**00:43:47.00**	+00:01:59 (-299,028.8%)	4:22	13.7 (83.5%)
8	**WINKOWSKA-STRUZIK Magda**	**558**	DUKLANOWSKI TEAM	K 30-39	4	00:28:24	00:40:27	**00:45:15.00**	+00:02:13 (-293,442.7%)	4:31	13.3 (81.1%)
9	**PACIOREK Ewa**	**377**	GRUPA BIEGOWA UM W-WA	K 30-39	5	00:28:44	00:40:51	**00:45:44.95**	+00:02:17 (-291,887.6%)	4:34	13.1 (79.9%)
10	**SEKŚCIŃSKA Magda**	**449**	GRUPA BIEGOWA UM W-WA	K 30-39	6	00:28:58	00:41:06	**00:45:58.25**	+00:02:18 (-291,286.2%)	4:35	13.1 (79.9%)
11	**FETISOVA Ekaterina**	**622**		K 30-39	9	00:29:58	00:42:09	**00:47:32.15**	+00:02:22 (-289,872.7%)	4:45	12.6 (76.8%)
12	**JAKUBISIAK Renata**	**182**	BIEGAM NA TARCHOMINIE	K 40-49	4	00:28:52	00:41:09	**00:46:21.10**	+00:02:27 (-287,729.1%)	4:38	12.9 (78.7%)
13	**TRUSZKOWSKA Marta**	**527**	BESTIE OCR LEGIONOWO	K 30-39	8	00:29:30	00:41:49	**00:46:56.25**	+00:02:29 (-287,086.4%)	4:41	12.8 (78.0%)
14	**WALECKA Wiktoria**	**542**	BIEGAM NA TARCHOMINIE	K 30-39	7	00:29:20	00:41:40	**00:46:37.95**	+00:02:30 (-286,853.3%)	4:39	12.9 (78.7%)
15	**MODZELEWSKA Iga**	**35**		K 1-29	3	00:27:40	00:40:01	**00:44:38.15**	+00:02:31 (-286,214.5%)	4:27	13.4 (81.7%)
16	**ŻURANIEWSKA Agnieszka**	**612**	NUDNE PIĄTKI	K 40-49	3	00:28:51	00:41:12	**00:45:59.35**	+00:02:31 (-286,137.3%)	4:35	13 (79.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6.6km	9km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
17	**RATASZEWSKA Matylda**	**423**	NEW BALANCE RUN CLUB	K 1-29	4	00:29:44	00:42:17	**00:47:07.60**	+00:02:43 (-281,896.0%)	4:42	12.7 (77.4%)
18	**KRUPA Kamila**	**259**		K 1-29	5	00:29:56	00:42:39	**00:47:57.60**	+00:02:52 (-278,270.7%)	4:47	12.5 (76.2%)
19	**NEJFELD Hanna**	**345**	MARKOWI BIEGACZE	K 40-49	6	00:30:02	00:42:45	**00:47:55.95**	+00:02:54 (-277,742.2%)	4:47	12.5 (76.2%)
20	**MICHEWICZ Gosia**	**326**		K 30-39	18	00:33:09	00:45:59	**00:51:02.90**	+00:02:59 (-275,701.9%)	5:06	11.8 (72.0%)
21	**KOWALIKOWSKA Renata**	**246**	BIEGAM NA TARCHOMINIE	K 40-49	5	00:28:56	00:41:49	**00:47:03.20**	+00:03:03 (-274,382.0%)	4:42	12.8 (78.0%)
22	**KRUPA Agnieszka**	**258**		K 40-49	8	00:30:14	00:43:08	**00:48:24.80**	+00:03:04 (-274,169.1%)	4:50	12.4 (75.6%)
23	**AUGUSTYŃSKA-ŚMIETAŁO Iwona**	**21**	WŚCIEKŁY FINISZ	K 30-39	10	00:29:52	00:42:46	**00:47:47.40**	+00:03:04 (-274,098.2%)	4:46	12.6 (76.8%)
24	**CHWALISZ Michalina**	**89**	VEGE RUNNERS	K 1-29	6	00:32:41	00:45:36	**00:50:54.95**	+00:03:05 (-273,815.1%)	5:05	11.8 (72.0%)
25	**ŻEBROWSKA Anna**	**606**		K 30-39	15	00:30:46	00:43:44	**00:49:05.00**	+00:03:09 (-272,425.5%)	4:54	12.2 (74.4%)
26	**SIEWRUK Katarzyna**	**457**	WARSAW RUN CLUB	K 40-49	7	00:29:48	00:42:55	**00:48:23.55**	+00:03:17 (-269,585.5%)	4:50	12.4 (75.6%)
27	**CICHOŃSKA Elżbieta**	**90**		K 50-59	1	00:31:19	00:44:29	**00:49:53.65**	+00:03:20 (-268,544.1%)	4:59	12 (73.2%)
28	**MACHUL Ewa**	**306**		K 30-39	11	00:29:32	00:42:43	**00:48:03.35**	+00:03:21 (-268,204.5%)	4:48	12.5 (76.2%)
29	**JĘDRZEJCZYK-KOWALSKA Sylwia**	**196**	BIGTIRESRUNTEAM	K 40-49	10	00:30:47	00:43:59	**00:49:17.40**	+00:03:21 (-268,051.9%)	4:55	12.2 (74.4%)
30	**JAGIEŁŁO-FAJKOWSKA Agnieszka**	**181**	ADIDAS RUNNERS WARSAW	K 30-39	12	00:30:00	00:43:13	**00:48:17.90**	+00:03:23 (-267,612.1%)	4:49	12.4 (75.6%)
31	**SZCZEPKOWSKA Marta**	**493**		K 30-39	16	00:31:31	00:44:49	**00:50:17.95**	+00:03:28 (-265,900.6%)	5:01	11.9 (72.6%)
32	**TOMCZUK-KUZKA Katarzyna**	**524**		K 40-49	9	00:30:28	00:43:47	**00:49:08.40**	+00:03:28 (-265,684.1%)	4:54	12.2 (74.4%)
33	**DURKA Dorota**	**124**	BIEGUSTATORZY	K 40-49	11	00:31:14	00:44:43	**00:50:20.10**	+00:03:39 (-262,331.4%)	5:02	11.9 (72.6%)
34	**MOLAK Katarzyna**	**339**		K 1-29	7	00:33:12	00:46:41	**00:52:09.30**	+00:03:39 (-262,250.3%)	5:12	11.5 (70.1%)
35	**APANOWICZ Angelika**	**16**	EKOBIEGI	K 40-49	14	00:32:51	00:46:24	**00:52:14.25**	+00:03:43 (-261,087.8%)	5:13	11.5 (70.1%)
36	**RAWSKA Małgorzata**	**425**		K 40-49	13	00:32:49	00:46:22	**00:51:47.95**	+00:03:44 (-260,702.6%)	5:10	11.6 (70.7%)
37	**GÓRSKA Malgorzata**	**160**		K 30-39	21	00:32:53	00:46:27	**00:52:01.85**	+00:03:44 (-260,558.4%)	5:12	11.5 (70.1%)
38	**ŁATKOWSKA Monika**	**300**	GRUPA BIEGOWA CHTMO	K 40-49	12	00:32:15	00:45:53	**00:51:25.45**	+00:03:48 (-259,379.1%)	5:08	11.7 (71.3%)
39	**WAGNER Jolanta**	**539**		K 50-59	2	00:32:29	00:46:08	**00:51:46.75**	+00:03:49 (-258,904.0%)	5:10	11.6 (70.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6.6km	9km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
40	**CHOTOMSKA Dorota**	**83**		K 30-39	17	00:31:31	00:45:11	**00:50:46.00**	+00:03:50 (-258,714.5%)	5:04	11.8 (72.0%)
41	**MYŚLIŃSKA Anna**	**357**	BIAŁOŁĘKA JEST KOBIETĄ	K 40-49	18	00:33:23	00:47:08	**00:52:54.65**	+00:03:55 (-257,254.9%)	5:17	11.3 (68.9%)
42	**DRAJCZYK Maria**	**627**		K 30-39	19	00:32:29	00:46:14	**00:51:56.40**	+00:03:55 (-257,021.0%)	5:11	11.6 (70.7%)
43	**SUCHECKA Joanna**	**483**	KS POMORSKA	K 30-39	23	00:34:03	00:47:49	**00:53:18.45**	+00:03:56 (-256,849.8%)	5:19	11.3 (68.9%)
44	**NOWACKA Dominika**	**349**	KUŹNIA TRIATHLONU	K 30-39	13	00:28:43	00:42:30	**00:48:19.80**	+00:03:57 (-256,554.6%)	4:49	12.4 (75.6%)
45	**ROMAN Anna**	**646**		K 30-39	14	00:29:31	00:43:19	**00:48:53.50**	+00:03:58 (-256,136.2%)	4:53	12.3 (75.0%)
46	**WNĘK Joanna**	**227**		K 30-39	20	00:32:22	00:46:10	**00:52:00.25**	+00:03:58 (-256,058.9%)	5:12	11.5 (70.1%)
47	**WOŁYNEK Agnieszka**	**576**		K 40-49	16	00:32:50	00:46:47	**00:52:23.85**	+00:04:07 (-253,336.0%)	5:14	11.5 (70.1%)
48	**CIMOCHOWSKA Magdalena**	**96**	BIEGAM NA TARCHOMINIE	K 40-49	20	00:33:30	00:47:32	**00:53:31.90**	+00:04:12 (-251,876.5%)	5:21	11.2 (68.3%)
49	**BUCHALSKA Ewa**	**69**	EKOBIEGI	K 50-59	3	00:32:49	00:46:54	**00:52:41.30**	+00:04:16 (-250,818.8%)	5:16	11.4 (69.5%)
50	**TEJCHMA Natalia**	**515**		K 40-49	23	00:34:36	00:48:42	**00:54:44.25**	+00:04:16 (-250,700.1%)	5:28	11 (67.1%)
51	**JARMUŻEWSKA Teresa**	**191**	TIA	K 50-59	5	00:34:52	00:49:05	**00:54:34.85**	+00:04:23 (-248,700.6%)	5:27	11 (67.1%)
52	**RAKOWSKA Agnieszka**	**421**		K 30-39	22	00:33:02	00:47:15	**00:53:13.60**	+00:04:23 (-248,627.7%)	5:19	11.3 (68.9%)
53	**ZUBELEWICZ-JERUZALSKA Anna**	**604**		K 30-39	29	00:34:21	00:48:35	**00:54:30.75**	+00:04:24 (-248,482.0%)	5:27	11 (67.1%)
54	**FURMANIAK PAŃCZAK Joanna**	**138**	BIEGOWE WTORKI NA TARCHOMINIE	K 30-39	30	00:34:38	00:48:54	**00:54:48.35**	+00:04:26 (-247,770.6%)	5:28	10.9 (66.5%)
55	**ZARĘBA-TREMELET Katarzyna**	**590**		K 40-49	17	00:32:57	00:47:16	**00:52:51.90**	+00:04:29 (-246,976.9%)	5:17	11.4 (69.5%)
56	**BANASIK-URBANOWSKA Katarzyna**	**31**	GRUPA BIEGOWA UM W-WA	K 30-39	25	00:33:26	00:47:45	**00:53:37.70**	+00:04:30 (-246,761.3%)	5:21	11.2 (68.3%)
57	**SZLAGA Kinga**	**5**		K 30-39	26	00:34:30	00:48:53	**00:54:12.75**	+00:04:33 (-245,774.5%)	5:25	11.1 (67.7%)
58	**MATUSZEWSKA Jolanta**	**317**		K 40-49	19	00:32:59	00:47:23	**00:53:16.65**	+00:04:35 (-245,277.0%)	5:19	11.3 (68.9%)
59	**BRZOZOWSKA Magdalena**	**66**	BIEGUSTATORZY	K 30-39	24	00:33:03	00:47:31	**00:53:24.80**	+00:04:38 (-244,471.0%)	5:20	11.2 (68.3%)
60	**FLORCZUK Agnieszka**	**133**		K 50-59	7	00:36:38	00:51:08	**00:57:04.30**	+00:04:40 (-243,754.3%)	5:42	10.5 (64.0%)
61	**BLAIM Katarzyna**	**53**		K 40-49	15	00:32:11	00:46:43	**00:52:22.45**	+00:04:43 (-243,125.4%)	5:14	11.5 (70.1%)
62	**SZYMAŃSKA Alicja**	**686**		K 40-49	21	00:33:45	00:48:19	**00:54:18.35**	+00:04:44 (-242,846.9%)	5:25	11 (67.1%)

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63	**CIEŻ Marcelina**	**95**		K 1-29	8	00:35:58	00:50:39	**00:56:18.65**	+00:04:52 (-240,628.3%)	5:37	10.7 (65.2%)
64	**KARASIEWICZ Katarzyna**	**208**		K 50-59	4	00:32:32	00:47:15	**00:53:11.30**	+00:04:53 (-240,287.4%)	5:19	11.3 (68.9%)
65	**BERECZ Eva**	**41**		K 30-39	35	00:34:39	00:49:23	**00:55:59.25**	+00:04:54 (-239,947.5%)	5:35	10.7 (65.2%)
66	**POWROŃSKA Marta**	**384**		K 30-39	28	00:33:46	00:48:32	**00:54:28.90**	+00:04:56 (-239,378.6%)	5:26	11 (67.1%)
67	**CHOYNOWSKA Małgorzata**	**85**		K 50-59	8	00:37:13	00:52:01	**00:58:25.45**	+00:04:58 (-238,879.7%)	5:50	10.3 (62.8%)
68	**SZYMBORSKA Dota**	**503**	POŁAWIACZKI PEREŁ	K 40-49	28	00:35:19	00:50:08	**00:56:13.50**	+00:04:59 (-238,516.9%)	5:37	10.7 (65.2%)
69	**RING Urszula**	**427**		K 30-39	31	00:34:02	00:48:54	**00:54:50.05**	+00:05:02 (-237,901.3%)	5:29	10.9 (66.5%)
70	**PASTERNAK Justyna**	**383**	Z BIEGANIEM MI DO TWARZY	K 40-49	25	00:34:34	00:49:26	**00:55:28.50**	+00:05:03 (-237,674.7%)	5:32	10.8 (65.9%)
71	**HRYCIUK Katarzyna**	**180**	EKOBIEGI	K 40-49	29	00:35:52	00:50:45	**00:56:33.25**	+00:05:03 (-237,514.9%)	5:39	10.6 (64.6%)
72	**HIŻ Marta**	**179**		K 40-49	39	00:37:34	00:52:29	**00:58:45.20**	+00:05:05 (-237,143.0%)	5:52	10.2 (62.2%)
73	**MURAWSKA Magdalena**	**342**		K 30-39	37	00:35:41	00:50:37	**00:56:57.60**	+00:05:07 (-236,574.1%)	5:41	10.5 (64.0%)
74	**SAMOCIUK Karolina**	**447**		K 30-39	27	00:33:06	00:48:04	**00:54:24.60**	+00:05:08 (-236,323.6%)	5:26	11 (67.1%)
75	**ŚWIDERSKA Joanna**	**510**		K 30-39	36	00:35:37	00:50:37	**00:56:56.10**	+00:05:10 (-235,575.3%)	5:41	10.5 (64.0%)
76	**MYCIELSKA Ewa**	**651**		K 40-49	26	00:34:59	00:50:00	**00:55:53.85**	+00:05:11 (-235,457.5%)	5:35	10.7 (65.2%)
77	**FIRCHAŁ Monika**	**131**	ORT ŁOMIANKI	K 40-49	27	00:34:41	00:49:45	**00:56:02.70**	+00:05:14 (-234,727.6%)	5:36	10.7 (65.2%)
78	**CHODKOWSKA Anna**	**81**		K 30-39	33	00:34:31	00:49:36	**00:55:37.65**	+00:05:15 (-234,429.2%)	5:33	10.8 (65.9%)
79	**BOGUMIŁ Izabela**	**57**		K 40-49	30	00:35:41	00:50:46	**00:57:01.50**	+00:05:15 (-234,416.2%)	5:42	10.5 (64.0%)
80	**KROSZKIEWICZ Joanna**	**254**		K 30-39	34	00:34:34	00:49:41	**00:55:51.60**	+00:05:16 (-234,092.7%)	5:35	10.7 (65.2%)
81	**JANKOWSKA Wiola**	**188**		K 40-49	22	00:33:47	00:48:59	**00:54:42.75**	+00:05:22 (-232,705.3%)	5:28	11 (67.1%)
82	**MAZUR Jowita**	**321**	FUNKCJONUJ	K 40-49	38	00:37:02	00:52:17	**00:58:23.25**	+00:05:25 (-231,941.6%)	5:50	10.3 (62.8%)
83	**GONET Katarzyna**	**156**		K 40-49	34	00:36:41	00:51:59	**00:58:01.65**	+00:05:28 (-231,157.6%)	5:48	10.3 (62.8%)
84	**KRÓL Kamila**	**255**		K 1-29	10	00:36:37	00:51:57	**00:57:55.75**	+00:05:30 (-230,554.3%)	5:47	10.4 (63.4%)
85	**CZARTORYSKA Maja**	**108**		K 1-29	9	00:35:59	00:51:20	**00:57:17.00**	+00:05:31 (-230,341.4%)	5:43	10.5 (64.0%)

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86	**RADOMSKA-ZUBCZYŃSKA Maria**	**418**		K 30-39	32	00:33:53	00:49:16	**00:55:14.80**	+00:05:34 (-229,593.1%)	5:31	10.9 (66.5%)
87	**MAĆKOWIAK Weronika**	**307**		K 30-39	41	00:36:59	00:52:23	**00:58:15.00**	+00:05:34 (-229,531.0%)	5:49	10.3 (62.8%)
88	**JAROS Honorata**	**192**	.	K 50-59	6	00:34:08	00:49:34	**00:55:47.15**	+00:05:36 (-228,973.2%)	5:34	10.8 (65.9%)
89	**DYMARSKA Marzena**	**125**	BUSHIDO CENTRUM	K 40-49	36	00:36:32	00:51:59	**00:58:21.70**	+00:05:38 (-228,639.9%)	5:50	10.3 (62.8%)
90	**ARAŹNY Kamila**	**19**	TRUCHT TARCHOMIN TEAM	K 40-49	42	00:37:42	00:53:12	**00:59:45.40**	+00:05:40 (-228,086.5%)	5:58	10 (61.0%)
91	**CZARTORYSKA Anna**	**107**		K 40-49	33	00:36:05	00:51:35	**00:57:48.65**	+00:05:40 (-227,988.4%)	5:46	10.4 (63.4%)
92	**SZCZEŚNIAK Marta**	**496**		K 30-39	39	00:36:30	00:52:02	**00:57:44.35**	+00:05:42 (-227,682.3%)	5:46	10.4 (63.4%)
93	**DĄBROWSKA Anna**	**113**		K 40-49	37	00:36:29	00:52:01	**00:58:22.60**	+00:05:42 (-227,609.0%)	5:50	10.3 (62.8%)
94	**POLAKOWSKA Anna**	**399**		K 30-39	40	00:36:35	00:52:09	**00:58:14.75**	+00:05:44 (-227,206.5%)	5:49	10.3 (62.8%)
95	**KWAPISZ-CICHOWSKA Katarzyna**	**275**		K 40-49	46	00:38:09	00:53:43	**01:00:27.00**	+00:05:44 (-227,157.8%)	6:02	9.9 (60.4%)
96	**KIESIO Sylwia**	**219**	NESSI TEAM	K 30-39	48	00:37:39	00:53:17	**00:59:34.20**	+00:05:48 (-226,079.9%)	5:57	10.1 (61.6%)
97	**LEGAN Martyna**	**697**		K 1-29	11	00:36:47	00:52:27	**00:58:33.95**	+00:05:49 (-225,863.2%)	5:51	10.2 (62.2%)
98	**O'NEILL Agnieszka**	**366**	BIEGOWE WTORKI NA TARCHOMINIE	K 40-49	32	00:34:58	00:50:39	**00:57:24.70**	+00:05:51 (-225,359.0%)	5:44	10.5 (64.0%)
99	**MAJCHRZAK Anna**	**320**		K 30-39	50	00:38:03	00:53:48	**01:00:15.45**	+00:05:55 (-224,369.2%)	6:01	10 (61.0%)
100	**ORZEŁ Karolina**	**370**		K 30-39	44	00:36:50	00:52:36	**00:59:00.40**	+00:05:57 (-224,072.8%)	5:54	10.2 (62.2%)
101	**MAJEWSKA Hanna**	**308**	BIEGAM NA TARCHOMINIE	K 30-39	38	00:35:40	00:51:28	**00:57:34.20**	+00:05:58 (-223,730.0%)	5:45	10.4 (63.4%)
102	**MŁYŃCZYK Adriana**	**336**		K 40-49	31	00:35:14	00:51:04	**00:57:24.60**	+00:06:01 (-223,117.8%)	5:44	10.5 (64.0%)
103	**BAJERA Aneta**	**24**		K 30-39	43	00:36:31	00:52:25	**00:58:45.70**	+00:06:04 (-222,252.4%)	5:52	10.2 (62.2%)
104	**GŁÓWKA Małgorzata**	**148**		K 40-49	35	00:36:28	00:52:23	**00:58:19.95**	+00:06:05 (-222,124.3%)	5:49	10.3 (62.8%)
105	**LAZARSKA Ma&#xfffd;Gorzata**	**278**		K 40-49	43	00:37:04	00:53:03	**00:59:45.45**	+00:06:09 (-221,197.3%)	5:58	10 (61.0%)
106	**FLOREK Małgorzata**	**134**		K 30-39	45	00:36:50	00:52:50	**00:59:09.70**	+00:06:10 (-221,024.4%)	5:54	10.1 (61.6%)
107	**KLIMCZAK Justyna**	**224**	FLORIAN CHOJNICE	K 30-39	46	00:37:05	00:53:08	**00:59:23.75**	+00:06:13 (-220,289.5%)	5:56	10.1 (61.6%)
108	**TOBIASZ Dorota**	**519**	GRUPA BIEGOWA CHTMO	K 40-49	41	00:37:30	00:53:35	**00:59:42.50**	+00:06:15 (-219,821.2%)	5:58	10.1 (61.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6.6km	9km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
109	**GRABOWSKA Marta**	**161**		K 30-39	42	00:36:07	00:52:17	**00:58:34.85**	+00:06:20 (-218,631.1%)	5:51	10.2 (62.2%)
110	**KACZMAREK Katarzyna**	**204**		K 30-39	55	00:39:06	00:55:18	**01:01:36.20**	+00:06:22 (-218,169.9%)	6:09	9.7 (59.1%)
111	**WAWRYK Dorota**	**545**		K 40-49	40	00:36:29	00:52:42	**00:59:17.45**	+00:06:23 (-217,956.8%)	5:55	10.1 (61.6%)
112	**CZAPIEWSKA Małgorzata**	**103**	BRODNICA BIEGA	K 50-59	10	00:38:21	00:54:36	**01:01:07.95**	+00:06:25 (-217,587.7%)	6:06	9.8 (59.8%)
113	**SIKORSKA Agnieszka**	**626**		K 30-39	51	00:37:50	00:54:05	**01:00:43.25**	+00:06:25 (-217,465.0%)	6:04	9.9 (60.4%)
114	**BALCERZAK-JAŁTUSZEWSKA Katarzyna**	**28**	MARKOWI BIEGACZE	K 40-49	45	00:37:23	00:53:43	**01:00:11.30**	+00:06:30 (-216,554.2%)	6:01	10 (61.0%)
115	**GURMIŃSKA Katarzyna**	**175**		K 1-29	14	00:39:15	00:55:34	**01:02:22.00**	+00:06:30 (-216,554.2%)	6:14	9.6 (58.5%)
116	**MICHAŁOWSKA Anna**	**648**	BIEGAM NA TARCHOMINIE	K 40-49	44	00:37:13	00:53:33	**00:59:54.70**	+00:06:30 (-216,487.9%)	5:59	10 (61.0%)
117	**CZARNIAKOWSKA Aleksandra**	**106**		K 30-39	47	00:36:32	00:52:53	**00:59:25.45**	+00:06:31 (-216,223.0%)	5:56	10.1 (61.6%)
118	**OPOŃSKA Emilia**	**367**	BIEGAM NA TARCHOMINIE	K 30-39	49	00:36:44	00:53:08	**00:59:39.10**	+00:06:35 (-215,442.9%)	5:57	10.1 (61.6%)
119	**KUCHARCZYK Nikola**	**268**		K 1-29	12	00:37:13	00:53:43	**00:59:40.65**	+00:06:40 (-214,267.1%)	5:58	10.1 (61.6%)
120	**PODSADNI-KRYSIK Paulina**	**397**	EKOBIEGI	K 30-39	64	00:40:06	00:56:37	**01:04:05.05**	+00:06:41 (-214,072.4%)	6:24	9.4 (57.3%)
121	**ŁUCZAK Małgorzata**	**303**	RUNNERSI ZE SKARBKA	K 40-49	47	00:37:32	00:54:04	**01:00:37.50**	+00:06:42 (-213,727.1%)	6:03	9.9 (60.4%)
122	**WYSOCKA-LEŚNIKOWSKA Magdalena**	**580**		K 30-39	61	00:39:54	00:56:36	**01:03:43.95**	+00:06:51 (-211,815.9%)	6:22	9.4 (57.3%)
123	**AUGUSTYNIAK Aleksandra**	**20**		K 40-49	52	00:39:33	00:56:19	**01:03:09.15**	+00:06:56 (-210,794.5%)	6:18	9.5 (57.9%)
124	**LEWANDOWSKA Monika**	**284**		K 40-49	51	00:38:18	00:55:05	**01:01:48.20**	+00:06:58 (-210,532.8%)	6:10	9.7 (59.1%)
125	**GWIZDAŁA Wioletta**	**677**		K 30-39	54	00:38:18	00:55:07	**01:01:22.90**	+00:06:58 (-210,376.1%)	6:08	9.8 (59.8%)
126	**BUDEK Joanna**	**71**		K 40-49	59	00:40:18	00:57:09	**01:04:48.70**	+00:07:01 (-209,813.9%)	6:28	9.3 (56.7%)
127	**MATUSZEWSKA Julia**	**693**		K 40-49	48	00:36:32	00:53:24	**01:00:52.10**	+00:07:01 (-209,710.2%)	6:05	9.9 (60.4%)
128	**TRZCIŃSKA Iwona**	**530**		K 50-59	11	00:39:48	00:56:40	**01:03:24.50**	+00:07:02 (-209,658.3%)	6:20	9.5 (57.9%)
129	**ŁOZOWSKA Dorota**	**301**		K 40-49	53	00:39:52	00:56:45	**01:03:26.65**	+00:07:04 (-209,285.8%)	6:20	9.5 (57.9%)
130	**CISZEWSKA Anna**	**98**		K 40-49	50	00:37:49	00:54:49	**01:01:32.55**	+00:07:11 (-207,798.5%)	6:09	9.8 (59.8%)
131	**TERECH Ewelina**	**624**		K 40-49	54	00:39:31	00:56:33	**01:03:32.75**	+00:07:12 (-207,544.2%)	6:21	9.4 (57.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6.6km	9km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
132	**RATASZEWSKA Edyta**	**422**	NEW BALANCE RUN CLUB	K 50-59	12	00:40:49	00:57:52	**01:04:50.35**	+00:07:13 (-207,381.8%)	6:29	9.3 (56.7%)
133	**BAKALARSKA Mariola**	**25**	BW RUNNING TEAM	K 50-59	9	00:37:14	00:54:17	**01:00:52.85**	+00:07:13 (-207,270.3%)	6:05	9.9 (60.4%)
134	**KUJAWSKA Joanna**	**118**		K 40-49	49	00:37:23	00:54:28	**01:01:12.25**	+00:07:15 (-206,976.8%)	6:07	9.8 (59.8%)
135	**NASEWICZ-MAMLA Halina**	**343**		K 50-59	13	00:40:38	00:57:44	**01:04:54.50**	+00:07:16 (-206,785.1%)	6:29	9.2 (56.1%)
136	**CZERESNIOWSKA Anna**	**111**		K 30-39	57	00:38:22	00:55:29	**01:02:24.85**	+00:07:17 (-206,493.0%)	6:14	9.6 (58.5%)
137	**BRZÓZKA Magda**	**68**	TARCHO ZIOMY	K 30-39	58	00:39:09	00:56:26	**01:03:16.10**	+00:07:27 (-204,629.4%)	6:19	9.5 (57.9%)
138	**NOWAK Kasia**	**350**		K 30-39	59	00:39:09	00:56:26	**01:03:16.45**	+00:07:27 (-204,580.0%)	6:19	9.5 (57.9%)
139	**SHERSHUN Halyna**	**452**	MASTERS DOJO KARATE KYOKUSHIN	K 30-39	52	00:36:57	00:54:20	**01:01:19.10**	+00:07:33 (-203,353.5%)	6:07	9.8 (59.8%)
140	**WALCZUK Magda**	**541**	BRAK	K 30-39	53	00:37:13	00:54:36	**01:01:22.85**	+00:07:33 (-203,285.2%)	6:08	9.8 (59.8%)
141	**JANIK-ARMATA Aneta**	**186**		K 30-39	60	00:39:12	00:56:40	**01:03:33.65**	+00:07:38 (-202,440.8%)	6:21	9.4 (57.3%)
142	**POPARDOWSKA Magda**	**401**		K 1-29	17	00:40:32	00:58:00	**01:04:19.40**	+00:07:38 (-202,392.5%)	6:25	9.3 (56.7%)
143	**OCHENKOWSKA Monika**	**353**		K 30-39	65	00:39:48	00:57:19	**01:04:26.90**	+00:07:42 (-201,680.1%)	6:26	9.3 (56.7%)
144	**WOJTAŚ Beata**	**574**		K 40-49	55	00:39:15	00:56:48	**01:04:10.90**	+00:07:42 (-201,574.6%)	6:25	9.4 (57.3%)
145	**MIERCZYK Agnieszka**	**332**		K 40-49	57	00:39:33	00:57:07	**01:04:19.30**	+00:07:44 (-201,163.3%)	6:25	9.3 (56.7%)
146	**KORNACKA Agnieszka**	**239**		K 1-29	18	00:41:50	00:59:25	**01:07:15.50**	+00:07:45 (-201,125.2%)	6:43	8.9 (54.3%)
147	**DOMINIAK Edyta**	**688**		K 30-39	62	00:39:13	00:56:48	**01:03:53.20**	+00:07:45 (-201,067.9%)	6:23	9.4 (57.3%)
148	**BALINSKA Justyna**	**29**		K 30-39	68	00:40:50	00:58:25	**01:05:46.50**	+00:07:46 (-200,915.5%)	6:34	9.1 (55.5%)
149	**WINDER Agnieszka**	**557**		K 40-49	56	00:39:31	00:57:07	**01:04:18.80**	+00:07:46 (-200,858.4%)	6:25	9.3 (56.7%)
150	**RUCKA Aleksandra**	**435**		K 1-29	15	00:38:11	00:55:50	**01:02:24.35**	+00:07:49 (-200,336.4%)	6:14	9.6 (58.5%)
151	**NIEDZWIEDZKA Edyta**	**347**		K 30-39	66	00:40:01	00:57:41	**01:04:41.75**	+00:07:51 (-199,920.7%)	6:28	9.3 (56.7%)
152	**BESSARABA Jagoda**	**43**		K 1-29	13	00:37:24	00:55:09	**01:02:21.70**	+00:07:55 (-199,234.9%)	6:14	9.6 (58.5%)
153	**RYSZKA Magdalena**	**442**		K 1-29	16	00:39:39	00:57:24	**01:04:06.70**	+00:07:55 (-199,113.3%)	6:24	9.4 (57.3%)
154	**KUŚMIREK-KOWAL Joanna**	**274**		K 30-39	56	00:37:54	00:55:44	**01:02:23.20**	+00:08:00 (-198,284.5%)	6:14	9.6 (58.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6.6km	9km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
155	**WIŚNIEWSKA-DUDA Anna**	**562**		K 30-39	73	00:42:56	01:01:00	**01:08:36.00**	+00:08:14 (-195,613.2%)	6:51	8.7 (53.0%)
156	**OSIAL Anita**	**373**	PŁOŃSZCZANKI	K 30-39	69	00:42:12	01:00:17	**01:07:10.35**	+00:08:15 (-195,513.9%)	6:43	8.9 (54.3%)
157	**KNIAZIAK - BOBROWICZ Magdalena**	**631**	ORANGE POLSKA	K 40-49	58	00:39:01	00:57:10	**01:04:26.70**	+00:08:19 (-194,822.2%)	6:26	9.3 (56.7%)
158	**RUDNICKA Emilia**	**625**	ZABIEGANI PO USZY	K 30-39	67	00:39:00	00:57:26	**01:05:00.75**	+00:08:36 (-191,807.8%)	6:30	9.2 (56.1%)
159	**TERPIŁOWSKA Agnieszka**	**518**		K 30-39	63	00:38:31	00:57:06	**01:04:03.30**	+00:08:46 (-190,096.3%)	6:24	9.4 (57.3%)
160	**LACHERT STRYJKOWSKA Ewa**	**277**	ROZBIEGANY SULEJÓWEK	K 50-59	14	00:41:39	01:00:24	**01:07:48.75**	+00:08:56 (-188,398.3%)	6:46	8.8 (53.7%)
161	**ROGUSKA Magdalena**	**1**	BIAŁOŁĘKA JEST KOBIETĄ	K 40-49	65	00:42:01	01:00:49	**01:09:14.70**	+00:08:58 (-187,955.7%)	6:55	8.7 (53.0%)
162	**ZATYLNA Joanna**	**591**		K 30-39	74	00:41:31	01:00:19	**01:08:50.40**	+00:08:59 (-187,880.7%)	6:53	8.7 (53.0%)
163	**MICHNOWSKA Adriana**	**328**		K 40-49	64	00:42:16	01:01:06	**01:09:13.65**	+00:09:00 (-187,739.2%)	6:55	8.7 (53.0%)
164	**ŁĄCKA Ilona**	**10**	BIAŁOŁĘKA JEST KOBIETĄ	K 50-59	15	00:41:59	01:00:50	**01:09:15.30**	+00:09:01 (-187,506.8%)	6:55	8.7 (53.0%)
165	**STRZELEC Agnieszka**	**482**		K 40-49	60	00:41:17	01:00:15	**01:08:01.50**	+00:09:08 (-186,352.9%)	6:48	8.8 (53.7%)
166	**CIEPLAK Katarzyna**	**91**		K 40-49	62	00:41:59	01:01:07	**01:08:57.80**	+00:09:18 (-184,817.4%)	6:53	8.7 (53.0%)
167	**TRUSZKOWSKA Agnieszka**	**528**		K 30-39	71	00:41:12	01:00:32	**01:08:05.60**	+00:09:29 (-182,959.0%)	6:48	8.8 (53.7%)
168	**ORŁOWSKA Dorota**	**680**		K 30-39	75	00:42:03	01:01:24	**01:09:34.00**	+00:09:31 (-182,683.1%)	6:57	8.6 (52.4%)
168	**MAKOWSKA Izabella**	**681**		K 30-39	76	00:42:03	01:01:25	**01:09:34.00**	+00:09:31 (-182,620.1%)	6:57	8.6 (52.4%)
170	**LISOWSKA Alicja**	**291**	BIEGAM NA TARCHOMINIE	K 30-39	72	00:41:07	01:00:41	**01:08:35.05**	+00:09:45 (-180,574.3%)	6:51	8.7 (53.0%)
171	**TELAKOWSKA Anita**	**516**		K 40-49	63	00:41:13	01:00:50	**01:09:07.35**	+00:09:47 (-180,175.3%)	6:54	8.7 (53.0%)
172	**REMBERK Danuta**	**426**		K 60+	1	00:46:59	01:06:47	**01:15:36.45**	+00:09:58 (-178,513.7%)	7:33	7.9 (48.2%)
173	**JUNDZIŁŁ-BOGUSIEWICZ Paulina**	**200**		K 30-39	70	00:39:07	00:59:02	**01:07:29.95**	+00:10:06 (-177,408.1%)	6:44	8.9 (54.3%)
174	**ROSZKOWSKA-KAZAŁA Małgorzata**	**432**	BIEGOWE WTORKI NA TARCHOMINIE	K 40-49	71	00:44:41	01:04:48	**01:13:10.45**	+00:10:17 (-175,687.6%)	7:19	8.2 (50.0%)
175	**ZAKABŁUKOWSKA Angelika**	**583**		K 40-49	69	00:42:34	01:02:42	**01:10:49.65**	+00:10:18 (-175,571.2%)	7:04	8.5 (51.8%)
176	**OŁDAK Katarzyna**	**691**		K 40-49	66	00:41:03	01:01:28	**01:09:18.20**	+00:10:35 (-173,168.6%)	6:55	8.7 (53.0%)
177	**WÓJTOWICZ Agnieszka**	**579**		K 40-49	73	00:45:13	01:05:48	**01:14:23.70**	+00:10:45 (-171,681.8%)	7:26	8.1 (49.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6.6km	9km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
178	**- -**	**654**		K Odcinek specjalny	1	00:41:35	01:02:20	**01:11:14.65**	+00:10:55 (-170,302.3%)	7:07	8.4 (51.2%)
179	**KOPEĆ Maria**	**236**	NAPRZÓD MŁOCINY	K 1-29	19	00:42:43	01:03:29	**01:11:10.95**	+00:10:57 (-170,097.3%)	7:07	8.4 (51.2%)
180	**BIDZIŃSKA Alicja**	**46**		K 30-39	80	00:46:44	01:07:38	**01:16:06.55**	+00:11:04 (-169,120.1%)	7:36	7.9 (48.2%)
181	**WIŚNIEWSKA Estera**	**561**		K 1-29	20	00:47:16	01:08:13	**01:17:04.25**	+00:11:07 (-168,682.7%)	7:42	7.8 (47.6%)
182	**OLCZAK Urszula**	**359**	UMCS BIEGA	K 50-59	17	00:45:23	01:06:23	**01:15:30.15**	+00:11:09 (-168,428.0%)	7:33	7.9 (48.2%)
183	**LOTKO Justyna**	**295**		K 40-49	70	00:43:00	01:04:04	**01:12:10.35**	+00:11:15 (-167,695.0%)	7:13	8.3 (50.6%)
184	**OLSZEWSKA Katarzyna Bernadetta**	**362**		K 40-49	68	00:42:14	01:03:21	**01:10:02.80**	+00:11:17 (-167,370.6%)	7:00	8.6 (52.4%)
185	**ŚLIMKO Adriana**	**507**		K 40-49	75	00:48:45	01:10:03	**01:19:30.70**	+00:11:28 (-165,961.7%)	7:57	7.5 (45.7%)
186	**KORSZER Agnieszka**	**311**		K 50-59	18	00:45:19	01:06:40	**01:15:38.60**	+00:11:31 (-165,514.6%)	7:33	7.9 (48.2%)
187	**KRZANOWSKA Małgorzata**	**262**		K 50-59	16	00:42:33	01:03:56	**01:12:35.20**	+00:11:33 (-165,282.3%)	7:15	8.3 (50.6%)
188	**OSTASZEWSKA Katarzyna**	**374**		K 40-49	67	00:40:14	01:01:41	**01:10:00.55**	+00:11:37 (-164,806.7%)	7:00	8.6 (52.4%)
189	**PARZYCH Sylwia**	**633**		K 30-39	77	00:42:41	01:04:09	**01:12:48.70**	+00:11:38 (-164,678.7%)	7:16	8.2 (50.0%)
190	**KĘSICKA Katarzyna**	**217**		K 40-49	74	00:47:14	01:08:55	**01:17:09.30**	+00:11:51 (-163,019.4%)	7:42	7.8 (47.6%)
191	**OGOŃCZYK Donata**	**355**		K 30-39	79	00:45:55	01:07:44	**01:15:54.90**	+00:11:59 (-161,985.2%)	7:35	7.9 (48.2%)
192	**KOLASA Barbara**	**233**	KLUB J.SŁOWACKIEGO	K 60+	2	00:48:26	01:10:48	**01:20:22.35**	+00:12:32 (-158,023.7%)	8:02	7.5 (45.7%)
193	**KISIELEWICZ Bożena**	**221**	PSTROKATY PAREOMARATON	K 40-49	76	00:49:06	01:12:42	**01:21:46.45**	+00:13:46 (-149,813.1%)	8:10	7.3 (44.5%)
Przekroczony limit czasu: 01:30:00											
194	**CZESNAR Kasia**	**670**		K 50-59	20	01:00:17	01:25:40	**01:37:44.40**	+00:15:33 (-139,240.7%)	9:46	6.1 (37.2%)
195	**MAJKOWSKA Zofia**	**684**		K 1-29	21	00:58:06	01:23:40	**01:34:19.55**	+00:15:45 (-138,182.9%)	9:25	6.4 (39.0%)
196	**BRZĄKAŁA Renata**	**65**	SLOW JOGGING BIAŁOŁĘKA	K 50-59	19	01:00:22	01:27:12	**01:37:43.25**	+00:17:00 (-131,723.0%)	9:46	6.1 (37.2%)
197	**BOROWIAK Jolanta**	**61**	SLOW JOGGING POLSKA	K 60+	3	01:00:21	01:27:12	**01:37:43.55**	+00:17:01 (-131,616.6%)	9:46	6.1 (37.2%)
198	**WALASIK Agnieszka**	**540**		K 40-49	77	00:59:20	01:26:49	**01:37:38.30**	+00:17:39 (-128,593.1%)	9:45	6.1 (37.2%)

Znaleziono 198 wynik(ów)