

BIEG PRZEZ MOST 2021

Organizator: Urząd Dzielnicy Warszawa - Białołęka
Data: 2021-09-12
Miejsce: Warszawa
Dystans: 10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Mieszkanka Białołęki

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6.6km	9km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	**JARZYŃSKA Kinga**	**682**		K 1-29	2	00:27:09	00:38:59	**00:43:47.00**		4:22	13.7 (100%)
2	**SADOWSKA Marzena**	**445**		K 30-39	3	00:28:14	00:40:02	**00:44:51.00**	+00:01:04 (2.4%)	4:29	13.4 (97.8%)
3	**WINKOWSKA-STRUZIK Magda**	**558**	DUKLANOWSKI TEAM	K 30-39	4	00:28:24	00:40:27	**00:45:15.00**	+00:01:28 (3.2%)	4:31	13.3 (97.1%)
4	**ŻURANIEWSKA Agnieszka**	**612**	NUDNE PIĄTKI	K 40-49	3	00:28:51	00:41:12	**00:45:59.35**	+00:02:12 (4.8%)	4:35	13 (94.9%)
5	**JAKUBISIAK Renata**	**182**	BIEGAM NA TARCHOMINIE	K 40-49	4	00:28:52	00:41:09	**00:46:21.10**	+00:02:34 (5.5%)	4:38	12.9 (94.2%)
6	**WALECKA Wiktoria**	**542**	BIEGAM NA TARCHOMINIE	K 30-39	7	00:29:20	00:41:40	**00:46:37.95**	+00:02:50 (6.1%)	4:39	12.9 (94.2%)
7	**TRUSZKOWSKA Marta**	**527**	BESTIE OCR LEGIONOWO	K 30-39	8	00:29:30	00:41:49	**00:46:56.25**	+00:03:09 (6.7%)	4:41	12.8 (93.4%)
8	**KOWALIKOWSKA Renata**	**246**	BIEGAM NA TARCHOMINIE	K 40-49	5	00:28:56	00:41:49	**00:47:03.20**	+00:03:16 (6.9%)	4:42	12.8 (93.4%)
9	**AUGUSTYŃSKA-ŚMIETAŁO Iwona**	**21**	WŚCIEKŁY FINISZ	K 30-39	10	00:29:52	00:42:46	**00:47:47.40**	+00:04:00 (8.4%)	4:46	12.6 (92.0%)
10	**JAGIEŁŁO-FAJKOWSKA Agnieszka**	**181**	ADIDAS RUNNERS WARSAW	K 30-39	12	00:30:00	00:43:13	**00:48:17.90**	+00:04:30 (9.3%)	4:49	12.4 (90.5%)
11	**CICHOŃSKA Elżbieta**	**90**		K 50-59	1	00:31:19	00:44:29	**00:49:53.65**	+00:06:06 (12.2%)	4:59	12 (87.6%)
12	**CHWALISZ Michalina**	**89**	VEGE RUNNERS	K 1-29	6	00:32:41	00:45:36	**00:50:54.95**	+00:07:07 (14.0%)	5:05	11.8 (86.1%)
13	**RAWSKA Małgorzata**	**425**		K 40-49	13	00:32:49	00:46:22	**00:51:47.95**	+00:08:00 (15.5%)	5:10	11.6 (84.7%)
14	**GÓRSKA Malgorzata**	**160**		K 30-39	21	00:32:53	00:46:27	**00:52:01.85**	+00:08:14 (15.9%)	5:12	11.5 (83.9%)
15	**MOLAK Katarzyna**	**339**		K 1-29	7	00:33:12	00:46:41	**00:52:09.30**	+00:08:22 (16.1%)	5:12	11.5 (83.9%)
16	**APANOWICZ Angelika**	**16**	EKOBIEGI	K 40-49	14	00:32:51	00:46:24	**00:52:14.25**	+00:08:27 (16.2%)	5:13	11.5 (83.9%)
17	**WOŁYNEK Agnieszka**	**576**		K 40-49	16	00:32:50	00:46:47	**00:52:23.85**	+00:08:36 (16.4%)	5:14	11.5 (83.9%)
18	**BUCHALSKA Ewa**	**69**	EKOBIEGI	K 50-59	3	00:32:49	00:46:54	**00:52:41.30**	+00:08:54 (16.9%)	5:16	11.4 (83.2%)
19	**ZARĘBA-TREMELET Katarzyna**	**590**		K 40-49	17	00:32:57	00:47:16	**00:52:51.90**	+00:09:04 (17.2%)	5:17	11.4 (83.2%)
20	**MYŚLIŃSKA Anna**	**357**	BIAŁOŁĘKA JEST KOBIETĄ	K 40-49	18	00:33:23	00:47:08	**00:52:54.65**	+00:09:07 (17.3%)	5:17	11.3 (82.5%)
21	**MATUSZEWSKA Jolanta**	**317**		K 40-49	19	00:32:59	00:47:23	**00:53:16.65**	+00:09:29 (17.8%)	5:19	11.3 (82.5%)
22	**CIMOCHOWSKA Magdalena**	**96**	BIEGAM NA TARCHOMINIE	K 40-49	20	00:33:30	00:47:32	**00:53:31.90**	+00:09:44 (18.2%)	5:21	11.2 (81.8%)
23	**ZUBELEWICZ-JERUZALSKA Anna**	**604**		K 30-39	29	00:34:21	00:48:35	**00:54:30.75**	+00:10:43 (19.7%)	5:27	11 (80.3%)
24	**JARMUŻEWSKA Teresa**	**191**	TIA	K 50-59	5	00:34:52	00:49:05	**00:54:34.85**	+00:10:47 (19.8%)	5:27	11 (80.3%)
25	**JANKOWSKA Wiola**	**188**		K 40-49	22	00:33:47	00:48:59	**00:54:42.75**	+00:10:55 (20.0%)	5:28	11 (80.3%)
26	**TEJCHMA Natalia**	**515**		K 40-49	23	00:34:36	00:48:42	**00:54:44.25**	+00:10:57 (20.0%)	5:28	11 (80.3%)
27	**FURMANIAK PAŃCZAK Joanna**	**138**	BIEGOWE WTORKI NA TARCHOMINIE	K 30-39	30	00:34:38	00:48:54	**00:54:48.35**	+00:11:01 (20.1%)	5:28	10.9 (79.6%)
28	**RADOMSKA-ZUBCZYŃSKA Maria**	**418**		K 30-39	32	00:33:53	00:49:16	**00:55:14.80**	+00:11:27 (20.7%)	5:31	10.9 (79.6%)
29	**KOCIK Elżbieta**	**4**		K 40-49	24			**00:55:23.00**	+00:11:36 (20.9%)	5:32	10.8 (78.8%)
30	**JAROS Honorata**	**192**	.	K 50-59	6	00:34:08	00:49:34	**00:55:47.15**	+00:12:00 (21.5%)	5:34	10.8 (78.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6.6km	9km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
31	**KROSZKIEWICZ Joanna**	**254**		K 30-39	34	00:34:34	00:49:41	**00:55:51.60**	+00:12:04 (21.6%)	5:35	10.7 (78.1%)
32	**BERECZ Eva**	**41**		K 30-39	35	00:34:39	00:49:23	**00:55:59.25**	+00:12:12 (21.8%)	5:35	10.7 (78.1%)
33	**ŚWIDERSKA Joanna**	**510**		K 30-39	36	00:35:37	00:50:37	**00:56:56.10**	+00:13:09 (23.1%)	5:41	10.5 (76.6%)
34	**CZARTORYSKA Maja**	**108**		K 1-29	9	00:35:59	00:51:20	**00:57:17.00**	+00:13:30 (23.6%)	5:43	10.5 (76.6%)
35	**MŁYŃCZYK Adriana**	**336**		K 40-49	31	00:35:14	00:51:04	**00:57:24.60**	+00:13:37 (23.7%)	5:44	10.5 (76.6%)
36	**MAJEWSKA Hanna**	**308**	BIEGAM NA TARCHOMINIE	K 30-39	38	00:35:40	00:51:28	**00:57:34.20**	+00:13:47 (23.9%)	5:45	10.4 (75.9%)
37	**CZARTORYSKA Anna**	**107**		K 40-49	33	00:36:05	00:51:35	**00:57:48.65**	+00:14:01 (24.3%)	5:46	10.4 (75.9%)
38	**GONET Katarzyna**	**156**		K 40-49	34	00:36:41	00:51:59	**00:58:01.65**	+00:14:14 (24.5%)	5:48	10.3 (75.2%)
39	**MAZUR Jowita**	**321**	FUNKCJONUJ	K 40-49	38	00:37:02	00:52:17	**00:58:23.25**	+00:14:36 (25.0%)	5:50	10.3 (75.2%)
40	**ORZEŁ Karolina**	**370**		K 30-39	44	00:36:50	00:52:36	**00:59:00.40**	+00:15:13 (25.8%)	5:54	10.2 (74.5%)
41	**FLOREK Małgorzata**	**134**		K 30-39	45	00:36:50	00:52:50	**00:59:09.70**	+00:15:22 (26.0%)	5:54	10.1 (73.7%)
42	**KIESIO Sylwia**	**219**	NESSI TEAM	K 30-39	48	00:37:39	00:53:17	**00:59:34.20**	+00:15:47 (26.5%)	5:57	10.1 (73.7%)
43	**ARAŹNY Kamila**	**19**	TRUCHT TARCHOMIN TEAM	K 40-49	42	00:37:42	00:53:12	**00:59:45.40**	+00:15:58 (26.7%)	5:58	10 (73.0%)
44	**LAZARSKA Ma&#xFFFD;Gorzata**	**278**		K 40-49	43	00:37:04	00:53:03	**00:59:45.45**	+00:15:58 (26.7%)	5:58	10 (73.0%)
45	**MICHAŁOWSKA Anna**	**648**	BIEGAM NA TARCHOMINIE	K 40-49	44	00:37:13	00:53:33	**00:59:54.70**	+00:16:07 (26.9%)	5:59	10 (73.0%)
46	**MAJCHRZAK Anna**	**320**		K 30-39	50	00:38:03	00:53:48	**01:00:15.45**	+00:16:28 (27.3%)	6:01	10 (73.0%)
47	**ŁUCZAK Małgorzata**	**303**	RUNNERSI ZE SKARBKA	K 40-49	47	00:37:32	00:54:04	**01:00:37.50**	+00:16:50 (27.8%)	6:03	9.9 (72.3%)
48	**SIKORSKA Agnieszka**	**626**		K 30-39	51	00:37:50	00:54:05	**01:00:43.25**	+00:16:56 (27.9%)	6:04	9.9 (72.3%)
49	**KUJAWSKA Joanna**	**118**		K 40-49	49	00:37:23	00:54:28	**01:01:12.25**	+00:17:25 (28.5%)	6:07	9.8 (71.5%)
50	**SHERSHUN Halyna**	**452**	MASTERS DOJO KARATE KYOKUSHIN	K 30-39	52	00:36:57	00:54:20	**01:01:19.10**	+00:17:32 (28.6%)	6:07	9.8 (71.5%)
51	**WALCZUK Magda**	**541**	BRAK	K 30-39	53	00:37:13	00:54:36	**01:01:22.85**	+00:17:35 (28.7%)	6:08	9.8 (71.5%)
52	**GWIZDAŁA Wioletta**	**677**		K 30-39	54	00:38:18	00:55:07	**01:01:22.90**	+00:17:35 (28.7%)	6:08	9.8 (71.5%)
53	**CISZEWSKA Anna**	**98**		K 40-49	50	00:37:49	00:54:49	**01:01:32.55**	+00:17:45 (28.9%)	6:09	9.8 (71.5%)
54	**LEWANDOWSKA Monika**	**284**		K 40-49	51	00:38:18	00:55:05	**01:01:48.20**	+00:18:01 (29.2%)	6:10	9.7 (70.8%)
55	**BESSARABA Jagoda**	**43**		K 1-29	13	00:37:24	00:55:09	**01:02:21.70**	+00:18:34 (29.8%)	6:14	9.6 (70.1%)
56	**KUŚMIREK-KOWAL Joanna**	**274**		K 30-39	56	00:37:54	00:55:44	**01:02:23.20**	+00:18:36 (29.8%)	6:14	9.6 (70.1%)
57	**AUGUSTYNIAK Aleksandra**	**20**		K 40-49	52	00:39:33	00:56:19	**01:03:09.15**	+00:19:22 (30.7%)	6:18	9.5 (69.3%)
58	**BRZÓZKA Magda**	**68**	TARCHO ZIOMY	K 30-39	58	00:39:09	00:56:26	**01:03:16.10**	+00:19:29 (30.8%)	6:19	9.5 (69.3%)
59	**NOWAK Kasia**	**350**		K 30-39	59	00:39:09	00:56:26	**01:03:16.45**	+00:19:29 (30.8%)	6:19	9.5 (69.3%)
60	**ŁOZOWSKA Dorota**	**301**		K 40-49	53	00:39:52	00:56:45	**01:03:26.65**	+00:19:39 (31.0%)	6:20	9.5 (69.3%)
61	**TERECH Ewelina**	**624**		K 40-49	54	00:39:31	00:56:33	**01:03:32.75**	+00:19:45 (31.1%)	6:21	9.4 (68.6%)
62	**JANIK-ARMATA Aneta**	**186**		K 30-39	60	00:39:12	00:56:40	**01:03:33.65**	+00:19:46 (31.1%)	6:21	9.4 (68.6%)
63	**WYSOCKA-LEŚNIKOWSKA Magdalena**	**580**		K 30-39	61	00:39:54	00:56:36	**01:03:43.95**	+00:19:56 (31.3%)	6:22	9.4 (68.6%)
64	**DOMINIAK Edyta**	**688**		K 30-39	62	00:39:13	00:56:48	**01:03:53.20**	+00:20:06 (31.5%)	6:23	9.4 (68.6%)
65	**PODSADNI-KRYSIK Paulina**	**397**	EKOBIEGI	K 30-39	64	00:40:06	00:56:37	**01:04:05.05**	+00:20:18 (31.7%)	6:24	9.4 (68.6%)
66	**WOJTAŚ Beata**	**574**		K 40-49	55	00:39:15	00:56:48	**01:04:10.90**	+00:20:23 (31.8%)	6:25	9.4 (68.6%)
67	**MIERCZYK Agnieszka**	**332**		K 40-49	57	00:39:33	00:57:07	**01:04:19.30**	+00:20:32 (31.9%)	6:25	9.3 (67.9%)
68	**KNIAZIAK - BOBROWICZ Magdalena**	**631**	ORANGE POLSKA	K 40-49	58	00:39:01	00:57:10	**01:04:26.70**	+00:20:39 (32.1%)	6:26	9.3 (67.9%)
69	**BUDEK Joanna**	**71**		K 40-49	59	00:40:18	00:57:09	**01:04:48.70**	+00:21:01 (32.4%)	6:28	9.3 (67.9%)
70	**NASEWICZ-MAMLA Halina**	**343**		K 50-59	13	00:40:38	00:57:44	**01:04:54.50**	+00:21:07 (32.5%)	6:29	9.2 (67.2%)
71	**RUDNICKA Emilia**	**625**	ZABIEGANI PO USZY	K 30-39	67	00:39:00	00:57:26	**01:05:00.75**	+00:21:13 (32.7%)	6:30	9.2 (67.2%)
72	**BALINSKA Justyna**	**29**		K 30-39	68	00:40:50	00:58:25	**01:05:46.50**	+00:21:59 (33.4%)	6:34	9.1 (66.4%)
73	**JUNDZIŁŁ-BOGUSIEWICZ Paulina**	**200**		K 30-39	70	00:39:07	00:59:02	**01:07:29.95**	+00:23:42 (35.1%)	6:44	8.9 (65.0%)
74	**STRZELEC Agnieszka**	**482**		K 40-49	60	00:41:17	01:00:15	**01:08:01.50**	+00:24:14 (35.6%)	6:48	8.8 (64.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6.6km	9km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
75	**LISOWSKA Alicja**	**291**	BIEGAM NA TARCHOMINIE	K 30-39	72	00:41:07	01:00:41	**01:08:35.05**	+00:24:48 (36.2%)	6:51	8.7 (63.5%)
76	**WIŚNIEWSKA-DUDA Anna**	**562**		K 30-39	73	00:42:56	01:01:00	**01:08:36.00**	+00:24:49 (36.2%)	6:51	8.7 (63.5%)
76	**WÓJCIK Monika**	**653**	TRUCHTAM NA TARCHOMINIE	K 40-49	61			**01:08:36.00**	+00:24:49 (36.2%)	6:51	8.7 (63.5%)
78	**ZATYLNA Joanna**	**591**		K 30-39	74	00:41:31	01:00:19	**01:08:50.40**	+00:25:03 (36.4%)	6:53	8.7 (63.5%)
79	**CIEPLAK Katarzyna**	**91**		K 40-49	62	00:41:59	01:01:07	**01:08:57.80**	+00:25:10 (36.5%)	6:53	8.7 (63.5%)
80	**TELAKOWSKA Anita**	**516**		K 40-49	63	00:41:13	01:00:50	**01:09:07.35**	+00:25:20 (36.7%)	6:54	8.7 (63.5%)
81	**MICHNOWSKA Adriana**	**328**		K 40-49	64	00:42:16	01:01:06	**01:09:13.65**	+00:25:26 (36.8%)	6:55	8.7 (63.5%)
82	**ROGUSKA Magdalena**	**1**	BIAŁOŁĘKA JEST KOBIETĄ	K 40-49	65	00:42:01	01:00:49	**01:09:14.70**	+00:25:27 (36.8%)	6:55	8.7 (63.5%)
83	**ŁĄCKA Ilona**	**10**	BIAŁOŁĘKA JEST KOBIETĄ	K 50-59	15	00:41:59	01:00:50	**01:09:15.30**	+00:25:28 (36.8%)	6:55	8.7 (63.5%)
84	**OŁDAK Katarzyna**	**691**		K 40-49	66	00:41:03	01:01:28	**01:09:18.20**	+00:25:31 (36.8%)	6:55	8.7 (63.5%)
85	**ORŁOWSKA Dorota**	**680**		K 30-39	75	00:42:03	01:01:24	**01:09:34.00**	+00:25:47 (37.1%)	6:57	8.6 (62.8%)
85	**MAKOWSKA Izabella**	**681**		K 30-39	76	00:42:03	01:01:25	**01:09:34.00**	+00:25:47 (37.1%)	6:57	8.6 (62.8%)
87	**LOTKO Justyna**	**295**		K 40-49	70	00:43:00	01:04:04	**01:12:10.35**	+00:28:23 (39.3%)	7:13	8.3 (60.6%)
88	**PARZYCH Sylwia**	**633**		K 30-39	77	00:42:41	01:04:09	**01:12:48.70**	+00:29:01 (39.9%)	7:16	8.2 (59.9%)
89	**ROSZKOWSKA-KAZAŁA Małgorzata**	**432**	BIEGOWE WTORKI NA TARCHOMINIE	K 40-49	71	00:44:41	01:04:48	**01:13:10.45**	+00:29:23 (40.2%)	7:19	8.2 (59.9%)
90	**JORDAN Agnieszka**	**198**	BIEGANIE W WARSZAWIE	K 30-39	78			**01:13:22.00**	+00:29:35 (40.3%)	7:20	8.2 (59.9%)
91	**BIDZIŃSKA Alicja**	**46**		K 30-39	80	00:46:44	01:07:38	**01:16:06.55**	+00:32:19 (42.5%)	7:36	7.9 (57.7%)
92	**WIŚNIEWSKA Estera**	**561**		K 1-29	20	00:47:16	01:08:13	**01:17:04.25**	+00:33:17 (43.2%)	7:42	7.8 (56.9%)
93	**KĘSICKA Katarzyna**	**217**		K 40-49	74	00:47:14	01:08:55	**01:17:09.30**	+00:33:22 (43.3%)	7:42	7.8 (56.9%)
94	**ŚLIMKO Adriana**	**507**		K 40-49	75	00:48:45	01:10:03	**01:19:30.70**	+00:35:43 (44.9%)	7:57	7.5 (54.7%)
Przekroczony limit czasu: 01:30:00											
95	**MAJKOWSKA Zofia**	**684**		K 1-29	21	00:58:06	01:23:40	**01:34:19.55**	+00:50:32 (53.6%)	9:25	6.4 (46.7%)
96	**WALASIK Agnieszka**	**540**		K 40-49	77	00:59:20	01:26:49	**01:37:38.30**	+00:53:51 (55.2%)	9:45	6.1 (44.5%)
97	**BRZĄKAŁA Renata**	**65**	SLOW JOGGING BIAŁOŁĘKA	K 50-59	19	01:00:22	01:27:12	**01:37:43.25**	+00:53:56 (55.2%)	9:46	6.1 (44.5%)
98	**CZESNAR Kasia**	**670**		K 50-59	20	01:00:17	01:25:40	**01:37:44.40**	+00:53:57 (55.2%)	9:46	6.1 (44.5%)

Znaleziono 98 wynik(ów)