



BIEG SUPER TRAIL - 130 KM

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Dolnośląski Festiwal Biegów Górskich
Stowarzyszenie TKKF Kompas
2017-07-20
Lądek Zdrój
130 km

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A7 112km	Czas netto 130km	Czas brutto 130km	Różn	Tempo min/km	Tempo km/h
1	DZIADZIAK Łukasz	6045	GTO OŁAWA	Senior II M - 30	1	01:06:58	03:32:18	05:22:07	07:08:18	09:08:52	12:48:20	15:14:47.00	15:14:50.95		7:02	8.5
2	GRYCZKA Mateusz	6024	MARATON LESZNO	Senior II M - 30	2	01:01:48	03:27:28	05:26:47	07:25:59	09:46:16	13:36:06	15:57:31.95	15:57:42.00	+00:42:51	7:21	8.1
3	BARCZYK Mariusz	6014	VPI.NO	Masters M - 40	1	01:03:14	03:34:23	05:47:20	07:40:10	09:48:42	13:54:28	16:18:29.05	16:19:12.75	+01:04:21	7:31	8
4	ŚCIESZKA Wojciech	6025	13 ELT KRAKÓW-BALICE	Masters M - 40	2	01:08:27	03:54:48	06:07:53	08:10:15	10:22:41	14:10:54	16:27:00.85	16:27:17.65	+01:12:26	7:35	7.9
5	PODOLAK Ula	6091		Senior I K - 20	1	01:11:35	03:59:47	06:10:59	08:20:10	10:42:34	14:46:16	17:30:24.05	17:30:54.85	+02:16:03	8:04	7.4
6	ZŁOTKOWSKI Łukasz	6093	UKS JUNIOR NIETAŹKOWO	Senior II M - 30	3	01:06:26	03:51:33	06:12:25	08:20:31	10:42:58	14:46:39	17:30:48.80	17:30:55.45	+02:16:04	8:04	7.4
7	DYJAK Robert	6015		Senior II M - 30	4	01:07:23	03:54:32	06:07:46	08:36:05	11:10:46	15:42:27	18:18:48.90	18:18:58.35	+03:04:07	8:27	7.1
8	KONOPKO Artur	6071	BIEGOSTOK	Senior II M - 30	5	01:14:11	04:20:06	06:43:22	08:57:25	11:32:26	15:52:37	18:22:37.15	18:22:39.90	+03:07:48	8:28	7.1
9	WRONA Mariusz	6077		Masters M - 40	3	01:04:17	03:55:39	06:34:31	08:54:38	11:45:01	16:05:38	18:59:38.95	18:59:46.00	+03:44:55	8:45	6.8
10	ŻARECKI Łukasz	6009		Senior II M - 30	6	01:07:21	03:54:18	06:19:36	08:41:41	11:28:28	16:10:22	19:00:38.90	19:00:42.35	+03:45:51	8:46	6.8
11	RZYWUCKI Wojciech	6098		Masters M - 40	4	01:12:15	04:11:43	06:37:08	08:59:27	11:41:48	16:01:43	19:04:45.75	19:04:49.00	+03:49:58	8:48	6.8
12	LORENC Joanna	6047		Senior II K - 30	1	01:14:08	04:19:18	06:55:01	09:17:41	11:56:00	16:28:14	19:06:05.05	19:06:35.00	+03:51:44	8:48	6.8
13	ZAWORSKI Tomasz	6029		Senior I M - 20	1	01:12:17	04:16:31	06:42:42	09:06:31	11:55:17	16:16:13	19:15:41.10	19:15:48.00	+04:00:57	8:53	6.7
14	PRZYBYŁ Rafał	6039	PROTON	Senior I M - 20	2	01:09:48	04:12:27	07:07:00	09:44:07	12:32:44	17:02:00	19:29:49.15	19:29:56.40	+04:15:05	8:59	6.7
15	JANUS Radosław	6020		Senior I M - 20	3	01:21:36	04:35:32	07:12:34	09:29:51	12:09:46	16:48:32	19:34:46.55	19:35:08.95	+04:20:18	9:02	6.6
16	CZYŻ Łukasz	6021	SKLEP BIEGACZA RUNNING TEAM	Senior II M - 30	7	01:10:27	03:59:52	06:38:33	08:58:05	11:45:15	16:38:00	19:35:32.75	19:35:45.70	+04:20:54	9:02	6.6

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas						Czas netto 130km	Czas brutto 130km	Różn	Tempo min/km	Tempo km/h
						A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A7 112km					
17	KOLASA Filip	6003	I LO LESZNO/ MARATON LESZNO	Senior II M - 30	8	01:06:21	03:52:34	06:28:36	08:54:35	11:48:02	16:48:40	19:49:20.70	19:49:31.30	+04:34:40	9:08	6.6
18	NOWAK Paweł	6099	SUPER MARATON KALISZ	Weteran I M - 50	1	01:09:43	04:19:50	07:09:20	09:39:17	12:12:32	17:08:53	19:49:56.20	19:49:58.25	+04:35:07	9:09	6.6
19	ŁABUZ Sylwester	6054		Senior II M - 30	9	01:17:20	04:29:04	07:04:24	09:31:11	12:08:16	16:49:38	19:50:47.30	19:51:02.30	+04:36:11	9:09	6.6
20	KOZŁOWSKI Marek	6031		Masters M - 40	5	01:16:13	04:23:31	07:02:37	09:44:23	12:30:46	17:05:12	19:51:27.10	19:51:34.95	+04:36:44	9:09	6.5
21	CZERWIECKI Marcin	6052		Senior II M - 30	10	01:08:31	03:54:21	06:19:34	08:41:36	11:28:39	16:12:26	19:54:06.75	19:54:12.00	+04:39:21	9:11	6.5
22	PIOTROWSKI Paweł	6032	PROTON	Masters M - 40	6	01:09:48	04:12:31	07:07:03	09:44:11	12:32:48	17:02:07	19:59:50.65	19:59:58.20	+04:45:07	9:13	6.5
23	WITCZAK Jolanta	6087	TARNOWO PODGÓRNE - POZIOM BLIŻEJ	Weteran K - 50	1	01:23:43	05:12:38	07:59:09	10:18:36	12:57:01	17:25:08	20:26:34.65	20:27:03.00	+05:12:12	9:26	6.4
24	DZIEDZIC Wadim	6062	DYNAMO MUCHOBÓR	Senior II M - 30	11	01:16:39	04:25:07	07:10:10	10:04:53	13:07:13	17:44:44	20:30:53.65	20:31:20.95	+05:16:30	9:28	6.3
25	BORZYSTOWSKI Patryk	6083	WWW.WIDZIALNI.PL	Senior II M - 30	12	01:14:30	04:23:00	07:12:57	09:37:58	13:06:03	17:53:56	20:44:47.45	20:45:03.00	+05:30:12	9:34	6.3
26	WOJTCZAK Błażej	6073	-	Senior II M - 30	13	01:29:39	05:01:56	07:39:46	10:09:11	12:52:03	17:38:59	20:45:58.50	20:46:07.65	+05:31:16	9:35	6.3
27	CIURASZKIEWICZ Andrzej	6001		Masters M - 40	7	01:13:17	04:12:26	06:38:38	08:58:12	11:29:40	16:38:07	20:57:47.80	20:57:54.30	+05:43:03	9:40	6.2
28	ROCZKOWSKI Artur	6008	SBD ENERGETYK RYBNIK	Weteran I M - 50	2	01:09:45	04:11:57	06:52:57	09:31:19	12:27:18	17:13:17	21:01:57.75	21:02:16.00	+05:47:25	9:42	6.2
29	SALETRA Grzegorz	6038		Senior II M - 30	14	01:11:32	04:20:51	06:59:30	09:39:18	12:27:28	17:10:29	21:10:34.70	21:10:41.00	+05:55:50	9:46	6.1
30	SZEWCZYK Katarzyna	6076	ZAPOROWY MARATON TEAM	Senior I K - 20	2	01:23:39	04:41:37	07:24:20	09:59:19	12:55:42	17:59:04	21:25:28.30	21:25:51.25	+06:11:00	9:53	6.1
31	WÓR Sara	6094		Senior II K - 30	2	01:26:03	04:51:39	07:46:20	10:30:12	13:07:57	18:16:51	21:35:01.30	21:35:37.30	+06:20:46	9:57	6
32	PITAS Andrzej	6028	ZAPIERDALACZE	Masters M - 40	8	01:25:58	04:50:56	07:35:59	10:18:33	13:23:08	18:25:20	21:35:59.50	21:36:22.45	+06:21:31	9:58	6
33	FLAK Łukasz	6027	ZAPIERDALACZE	Senior II M - 30	15	01:26:00	04:58:28	07:36:01	10:18:34	13:23:09	18:25:21	21:36:01.15	21:36:22.75	+06:21:31	9:58	6
34	CEPIAK Kamil	6089		Senior I M - 20	4	01:21:26	03:59:48	06:33:31	09:06:44	12:01:40	17:38:59	21:38:18.90	21:38:59.15	+06:24:08	9:59	6
35	SANKOWSKI Paweł	6095	PLACKI TEAM	Senior II M - 30	16	01:19:45	04:39:58	07:53:13	10:50:00	13:50:20	18:49:51	21:45:51.00	21:45:59.75	+06:31:08	10:02	6
36	ZAGROBELNY Radosław	6050	MONKO COFFEE	Weteran I M - 50	3	01:15:10	04:41:21	07:45:35	10:35:21	13:39:57	18:49:37	21:46:04.05	21:46:17.50	+06:31:26	10:02	6
37	ZAKRZEWSKI Krzysztof	6063	3:33 TEAM	Masters M - 40	9	01:23:32	04:40:19	07:26:01	10:08:46	13:13:35	18:27:29	22:04:44.90	22:05:09.45	+06:50:18	10:11	5.9
38	RAJKOWSKI Przemysław	6013	FUDU&CO. SPORT TEAM	Masters M - 40	10	01:16:18	04:22:19	07:08:10	09:52:59	12:35:06	18:00:32	22:07:42.70	22:08:06.45	+06:53:15	10:12	5.9
39	SZPINEK Marcin	6057	TUTU TEAM	Senior II M - 30	17	01:15:18	04:23:17	07:07:15	09:39:19	12:21:56	17:41:00	22:18:22.20	22:18:29.55	+07:03:38	10:17	5.8
40	GŁOWACKI Jordan	6078	JW4115	Senior II M - 30	18	01:15:23	04:44:45	07:26:47	10:15:21	13:39:53	19:43:57	22:28:54.20	22:29:08.60	+07:14:17	10:22	5.8

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas						Czas netto 130km	Czas brutto 130km	Różn	Tempo min/km	Tempo km/h
						A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A7 112km					
41	CHOMIAK Katarzyna	6081	BIEGAJ W JEDLINIE	Masters K - 40	1	01:19:34	04:53:49	07:57:52	10:55:13	13:42:08	19:20:37	22:38:18.85	22:38:27.20	+07:23:36	10:26	5.7
42	ŻAK - ŁEBEK Ewa	6085		Masters K - 40	2	01:20:50	04:42:51	07:40:04	10:34:11	13:54:17	19:27:27	22:40:04.30	22:40:10.80	+07:25:19	10:27	5.7
43	ROZMUS Mateusz	6010	WS LEGNICA/DELEGATURA GŁOGÓW	Senior I M - 20	5	01:28:40	04:47:19	07:37:34	10:26:31	13:08:27	18:29:07	22:41:10.55	22:41:23.00	+07:26:32	10:28	5.7
44	PASTWA Marek	6034	OHZUZA.COM	Weteran I M - 50	4	01:28:48	04:56:58	07:42:09	10:24:59	13:33:58	19:29:01	22:51:40.55	22:51:49.95	+07:36:59	10:33	5.7
45	DANIELEWICZ Andrzej	6036	BIEGANIE JAK SEKS	Senior II M - 30	19	01:18:02	04:30:19	07:10:22	09:50:59	12:36:20	18:28:01	23:11:45.45	23:12:12.85	+07:57:21	10:42	5.6
46	ZWĘGLIŃSKI Andrzej	6058		Masters M - 40	11	01:21:08	04:44:08	07:47:28	10:49:33	14:13:10	19:57:04	23:30:42.60	23:31:17.45	+08:16:26	10:51	5.5
47	SZULC-ŁĄTKOWSKA Urszula	6080	KB MANIAC POZNAN	Senior II K - 30	3	01:34:04	05:19:16	08:19:47	11:10:38	14:19:49	19:52:56	23:36:10.80	23:36:31.55	+08:21:40	10:53	5.5
48	MIODUSZEWSKI Mariusz	6012		Masters M - 40	12	01:34:45	05:09:43	08:28:25	11:22:59	14:54:08	20:30:56	23:44:12.75	23:44:38.15	+08:29:47	10:57	5.5
49	TRYK Sebastian	6007	PRO-RUN WROCŁAW	Masters M - 40	13	01:26:59	04:51:51	07:58:42	10:37:11	13:42:42	19:01:22	23:44:51.35	23:45:19.80	+08:30:28	10:57	5.5
50	ROGOCZ Maciej	6067	ROGASIE Z DOLINY ROZTOKI	Masters M - 40	14	01:30:34	05:09:27	08:25:12	11:28:50	14:53:39	20:34:48	23:49:45.00	23:50:27.15	+08:35:36	10:59	5.5
51	BRZOZOWSKI Jarek	6092	AKTYWNI KAMIEŃSK	Senior II M - 30	20	01:20:44	04:41:34	07:36:29	10:38:54	13:44:54	20:10:34	24:03:57.85	24:04:02.40	+08:49:11	11:06	5.4
52	ORLOW Kuba	6086	SPORTRUN.PL	Senior II M - 30	21	01:18:01	04:32:20	07:13:20	10:23:03	14:08:59	20:17:28	24:07:53.75	24:08:06.20	+08:53:15	11:08	5.4
53	STAWSKI Dariusz	6061	KB ARTURÓWEK ŁÓDZ	Weteran II M - 60	1	01:31:16	05:24:51	08:35:40	11:35:16	15:01:11	20:32:16	24:09:18.40	24:09:29.30	+08:54:38	11:08	5.4
54	BARAN Jarosław	6079		Masters M - 40	15	01:34:20	05:32:06	08:43:52	11:44:10	15:14:47	20:49:28	24:21:34.20	24:22:06.80	+09:07:15	11:14	5.3
55	JÓZEFOWICZ Krzysztof	6011	SMARDZÓW PANY	Senior II M - 30	22	01:29:42	05:12:56	08:32:34	11:44:03	15:05:28	20:51:04	24:33:19.80	24:33:39.45	+09:18:48	11:20	5.3
56	MARCINIAK Paweł	6051	CROSS STRACEŃCÓW TEAM	Weteran I M - 50	5	01:22:26	05:06:22	08:07:49	11:17:41	14:38:08	20:53:53	24:56:10.85	24:56:19.60	+09:41:28	11:30	5.2
57	STĘPIEŃ Wojciech	6046	NIGHT RUNNERS GLIWICE	Masters M - 40	16	01:28:32	05:07:51	08:29:03	11:41:33	15:13:44	21:08:06	25:04:03.75	25:04:32.80	+09:49:41	11:34	5.2
58	RYCZYŃSKI Jacek	6005		Masters M - 40	17	01:29:02	05:26:26	08:36:40	11:41:43	15:13:55	21:08:22	25:06:40.50	25:06:57.55	+09:52:06	11:35	5.2
59	DEPTUŁA Hubert	6041	KSW KYOKUSHIN	Senior II M - 30	23	01:25:55	05:12:16	08:26:27	11:50:16	15:05:34	21:23:52	25:17:18.60	25:17:33.85	+10:02:42	11:40	5.1
60	SKRYNKOWSKI Michał	6035	KRYZYS	Senior II M - 30	24	01:14:15	05:08:45	08:03:58	11:23:21	14:53:54	21:54:30	25:19:06.85	25:19:13.15	+10:04:22	11:41	5.1
61	MACHUŁA Arkadiusz	6022	SPARTA ZIĘBICE	Masters M - 40	18	01:35:00	05:42:32	09:19:18	12:23:31	15:56:08	21:36:13	25:21:29.35	25:22:04.70	+10:07:13	11:42	5.1
62	GOSTKOWSKI Bartek	6042	Z WOLNEJ STOPY	Masters M - 40	19	01:22:04	04:59:49	08:07:41	11:22:06	15:15:11	21:38:30	25:22:11.65	25:22:22.90	+10:07:31	11:42	5.1
63	KMIECIAK Łukasz	6002		Senior II M - 30	25	01:27:11	05:12:29	08:37:55	12:17:43	15:34:03	21:53:34	25:36:06.20	25:36:16.85	+10:21:25	11:48	5.1
64	ŁUSZCZYŃSKI Łukasz	6066	KRYZYS	Senior II M - 30	26	01:14:15	05:08:51	08:04:06	11:23:27	14:55:26	22:06:34	26:13:00.25	26:13:06.35	+10:58:15	12:06	5

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas						Czas netto 130km	Czas brutto 130km	Różn	Tempo min/km	Tempo km/h
						A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A7 112km					
65	RICHTER Franciszek	6026	ZAPIERDALACZE	Weteran I M - 50	6	01:34:36	05:47:45	09:29:10	12:53:48	16:07:24	22:51:16	27:23:04.85	27:23:25.35	+12:08:34	12:38	4.7
	KONIECZNY Rafał	6075		Senior I M - 20		01:11:05 DNF	04:16:47 DNF	06:59:22 DNF	09:16:09 DNF	12:08:27 DNF	18:27:09 DNF	DNF	DNF	-	-	-
	KUKUŁA Maciej	6048		Senior I M - 20		01:15:00 DNF	04:13:49 DNF	06:59:24 DNF	09:39:10 DNF	12:33:08 DNF	18:48:00 DNF	DNF	DNF	-	-	-
	PRZYTULSKA Justyna	6053		Senior II K - 30		01:29:24 DNF	05:17:33 DNF	08:41:55 DNF	12:00:07 DNF	15:31:22 DNF	22:48:50 DNF	DNF	DNF	-	-	-
	PUZANOWSKI Jan	6059	GOPR WAŁBRZYSKO-KŁODZKA	Senior II M - 30		01:08:51 DNF	04:13:12 DNF	06:35:51 DNF	09:07:13 DNF	12:04:07 DNF	DNF	DNF	DNF	-	-	-
	KWIATKOWSKA Kinga	6017		Senior I K - 20		01:16:08 DNF	04:31:11 DNF	07:08:06 DNF	09:31:17 DNF	12:41:36 DNF	DNF	DNF	DNF	-	-	-
	GRĘZIAK Magdalena	6056	BIAŁOSTOCKA SEKTA BIEGACZY	Senior I K - 20		01:29:55 DNF	05:06:44 DNF	08:10:57 DNF	10:57:46 DNF	14:45:24 DNF	DNF	DNF	DNF	-	-	-
	BIELAWIEC Bartłomiej	6088	BIAŁOSTOCKA SEKTA BIEGACZY	Senior II M - 30		01:30:15 DNF	05:06:45 DNF	08:10:58 DNF	10:57:47 DNF	14:45:24 DNF	DNF	DNF	DNF	-	-	-
	WIJAS Mariusz	6060	KKB DYSTANS	Masters M - 40		01:37:15 DNF	05:28:01 DNF	09:08:30 DNF	12:30:01 DNF	16:13:48 DNF	DNF	DNF	DNF	-	-	-
	ŚWIERCZ Szymon	6064	HMG	Senior I M - 20		01:28:37 DNF	04:47:18 DNF	07:37:32 DNF	10:26:42 DNF	DNF	DNF	DNF	DNF	-	-	-
	POKOTYCKI Denis	6074	OTOMO STP / PROGRAMA.PL	Senior I M - 20		01:27:43 DNF	05:20:24 DNF	08:35:49 DNF	11:58:44 DNF	DNF	DNF	DNF	DNF	-	-	-
	ŻEBRAKOWSKA Katarzyna	6068	ULTRAMARATONPODKARPACKI.PL	Masters K - 40		01:38:17 DNF	05:40:46 DNF	09:01:10 DNF	12:04:27 DNF	DNF	DNF	DNF	DNF	-	-	-
	KWOLIK Daniel	6101		Senior II M - 30		01:26:05 DNF	05:10:11 DNF	08:37:53 DNF	12:20:36 DNF	DNF	DNF	DNF	DNF	-	-	-
	RACZYC Janusz	6006		Senior II M - 30		01:27:27 DNF	05:30:36 DNF	08:32:36 DNF	12:36:46 DNF	DNF	DNF	DNF	DNF	-	-	-
	PACZKOWSKI Piotr	6096		Masters M - 40		01:31:58 DNF	05:41:05 DNF	09:21:47 DNF	13:16:16 DNF	DNF	DNF	DNF	DNF	-	-	-
	PIASECKI Rafał	6097		Masters M - 40		01:49:50 DNF	06:39:09 DNF	10:56:02 DNF	14:24:49 DNF	DNF	DNF	DNF	DNF	-	-	-
	SZCZEŚNIEWSKI Miłosz	6082	SALCO GARMIN TEAM	Senior I M - 20		01:01:28 DNF	03:21:43 DNF	06:09:20 DNF	DNF	DNF	DNF	DNF	DNF	-	-	-
	SOBLIK Łukasz	6016		Senior II M - 30		01:11:03 DNF	04:16:46 DNF	06:59:23 DNF	DNF	DNF	DNF	DNF	DNF	-	-	-
	KOSZAREK Andrzej	6069	ZABIEGANIE ŚREPOLE	Masters M - 40		01:33:09 DNF	05:04:12 DNF	08:39:53 DNF	DNF	DNF	DNF	DNF	DNF	-	-	-
	KOSZAREK Maciej	6090	ZABIEGANI ŚLEPOLE	Weteran I M - 50		01:33:11 DNF	05:04:14 DNF	08:39:56 DNF	DNF	DNF	DNF	DNF	DNF	-	-	-
	PAZDERSKA-KIPIEL Agnieszka	6065	PORANNY PATROL/EVIL TEAM	Senior II K - 30		01:38:34 DNF	05:30:34 DNF	09:21:35 DNF	DNF	DNF	DNF	DNF	DNF	-	-	-
	AUGUSTOWSKA Izabela	6040	KB GEOTERMIA UNIEJÓW	Masters K - 40		01:36:34 DNF	05:41:03 DNF	09:33:09 DNF	DNF	DNF	DNF	DNF	DNF	-	-	-
	ZIEGLER Krzysztof	6100		Senior II M - 30		01:26:10 DNF	06:01:37 DNF	09:48:56 DNF	DNF	DNF	DNF	DNF	DNF	-	-	-
	TUCZYŃSKI Maciej	6055	RGIG/OLD SCHOOL TRAIL RUNNING	Senior II M - 30		01:06:58 DNF	03:52:08 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	-

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A7 112km	Czas netto 130km	Czas brutto 130km	Różn	Tempo min/km	Tempo km/h
	SZULC Krzysztof	6019	ALBATROSY	Masters M - 40		01:15:56 DNF	05:02:01 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	-
	WASIELEWSKA Natalia	6037		Senior II K - 30		01:27:27 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	-
	NOWAK Karol	6033	WOŁÓW BIEGA	Weteran II M - 60		01:46:32 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	-

Znaleziono 91 wynik(ów)