



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Bieg Szlak Trafi  
Fundacja Ruszaj Na Szlak  
2022-08-06  
Kazimierz Dolny  
40 km

## BIEG SZLAK TRAFI | 40KM

B4SPORT  
INTELEKTUALNE ZAWODY SPORTOWE

**B4SPORT**  
INTELEKTUALNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

| Msc | Zawodnik            | Numer | Klub                            | Kategoria | Mkat | Drużyna 1                       | Skarpa<br>9km | Lipowa<br>25km | Bochothnica<br>35km | Czas<br>netto<br>40km | Czas<br>brutto<br>40km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|---------------------|-------|---------------------------------|-----------|------|---------------------------------|---------------|----------------|---------------------|-----------------------|------------------------|----------------------|-----------------|----------------|
| 1   | JĘDRYCH Artur       | 382   | BIEGAJĄCY ŚWIDNIK               | Mężczyźni | 1    | Biegający Świdnik               | 00:46:06      | 02:03:48       | 02:58:40            | 03:41:08.20           | 03:41:09.60            |                      | 5:31            | 10.9<br>(100%) |
| 2   | WILKOS Mateusz      | 372   |                                 | Mężczyźni | 2    | Niemce Team                     | 00:46:09      | 02:03:53       | 03:05:55            | 04:01:50.35           | 04:01:52.05            | +00:20:42<br>(8.6%)  | 6:02            | 9.9<br>(90.8%) |
| 3   | MADEJSKI Sławomir   | 334   | SPELEOKLUB ŚWIĘTOKRZYSKI KIELCE | Mężczyźni | 3    | Speleoklub Świętokrzyski Kielce | 00:50:10      | 02:09:14       | 03:23:07            | 04:14:31.75           | 04:14:34.50            | +00:33:24<br>(13.1%) | 6:21            | 9.4<br>(86.2%) |
| 4   | SIATKA Krzesimir    | 353   | LUBELSKIBIEGACZ.PL TEAM         | Mężczyźni | 4    | lubelskibiegacz.pl team         | 00:50:45      | 02:08:16       | 03:21:09            | 04:18:55.10           | 04:18:57.55            | +00:37:47<br>(14.6%) | 6:28            | 9.3<br>(85.3%) |
| 5   | MATENKA Kamil       | 336   | PACMAN RUNNING TEAM             | Mężczyźni | 5    | Pacman Running Team             | 00:51:05      | 02:09:16       | 03:23:10            | 04:29:06.70           | 04:29:10.90            | +00:48:01<br>(17.8%) | 6:43            | 8.9<br>(81.7%) |
| 6   | BIERNAT Robert      | 303   | KLUB BIEGACZY JYSK              | Mężczyźni | 6    |                                 | 00:52:59      | 02:12:17       | 03:28:11            | 04:31:58.00           | 04:31:58.00            | +00:50:48<br>(18.7%) | 6:47            | 8.8<br>(80.7%) |
| 7   | PIETRYKOWSKI Konrad | 343   | LUBELSKIBIEGACZ.PL TEAM         | Mężczyźni | 7    |                                 | 00:53:10      | 02:17:49       | 03:37:09            | 04:38:29.25           | 04:38:32.10            | +00:57:22<br>(20.6%) | 6:57            | 8.6<br>(78.9%) |
| 8   | KORULCZYK Łukasz    | 327   |                                 | Mężczyźni | 8    |                                 | 00:55:05      | 02:20:05       | 03:40:04            | 04:41:32.55           | 04:41:35.85            | +01:00:26<br>(21.5%) | 7:02            | 8.5<br>(78.0%) |
| 9   | KAMIŃSKI Piotr      | 321   |                                 | Mężczyźni | 9    |                                 | 00:55:03      | 02:17:31       | 03:38:58            | 04:44:03.50           | 04:44:12.85            | +01:03:03<br>(22.2%) | 7:06            | 8.4<br>(77.1%) |
| 10  | PSUJA Anna          | 348   | BIEGAJĄCY ŚWIDNIK               | Kobiety   | 1    | Biegający Świdnik               | 00:55:35      | 02:20:42       | 03:43:59            | 04:45:24.90           | 04:45:28.35            | +01:04:18<br>(22.5%) | 7:08            | 8.4<br>(77.1%) |
| 11  | CYTACKI Dawid       | 309   | SAINT-GOBAIN SQUAD              | Mężczyźni | 10   |                                 | 00:51:46      | 02:14:56       | 03:37:11            | 04:45:58.00           | 04:46:01.15            | +01:04:51<br>(22.7%) | 7:08            | 8.4<br>(77.1%) |
| 12  | BUJAK Paweł         | 304   | BUJAK TEAM                      | Mężczyźni | 11   |                                 | 00:47:08      | 02:04:35       | 03:33:57            | 04:48:04.85           | 04:48:07.30            | +01:06:57<br>(23.2%) | 7:12            | 8.3<br>(76.1%) |
| 13  | WEREMKO Grzegorz    | 368   | MULTIMEDIA RUNNERS PUŁAWY       | Mężczyźni | 12   | Multimedia Runners Puławy       | 00:49:15      | 02:15:55       | 03:45:30            | 04:49:18.40           | 04:49:19.55            | +01:08:09<br>(23.6%) | 7:13            | 8.3<br>(76.1%) |
| 14  | DOROTA Zbyszek      | 311   | RUN RUN OLESZYCE                | Mężczyźni | 13   |                                 | 00:55:45      | 02:24:33       | 03:43:16            | 04:49:34.60           | 04:49:38.75            | +01:08:29<br>(23.6%) | 7:14            | 8.3<br>(76.1%) |

| Msc | Zawodnik               | Numer | Klub                                            | Kategoria | Mkat | Drużyna 1                 | Skarpa<br>9km | Lipowa<br>25km | Bochotnica<br>35km | Czas<br>netto<br>40km | Czas<br>brutto<br>40km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|------------------------|-------|-------------------------------------------------|-----------|------|---------------------------|---------------|----------------|--------------------|-----------------------|------------------------|----------------------|-----------------|----------------|
| 15  | PIETRZYK Dariusz       | 344   | BIEGAJĄCY ŚWIDNIK                               | Mężczyźni | 14   | Biegający Świdnik         |               | 02:27:29       | 03:49:34           | 04:51:47.75           | 04:51:52.75            | +01:10:43<br>(24.2%) | 7:17            | 8.2<br>(75.2%) |
| 16  | SIEJKO Łukasz          | 354   | 4S                                              | Mężczyźni | 15   |                           | 00:50:04      | 02:17:57       | 03:45:57           | 04:52:40.15           | 04:52:43.00            | +01:11:33<br>(24.4%) | 7:19            | 8.2<br>(75.2%) |
| 17  | STYCZEŃ Grzegorz       | 358   | BIEGOWA KUŹNIA                                  | Mężczyźni | 16   |                           | 00:55:38      | 02:21:48       | 03:49:30           | 04:54:45.70           | 04:54:50.90            | +01:13:41<br>(25.0%) | 7:22            | 8.1<br>(74.3%) |
| 18  | CHAMERSKI Robert       | 306   |                                                 | Mężczyźni | 17   |                           | 00:59:13      | 02:30:02       | 03:58:51           | 04:58:51.75           | 04:58:57.80            | +01:17:48<br>(26.0%) | 7:28            | 8<br>(73.4%)   |
| 19  | CIEŚLAK Krzysztof      | 308   | WKZ KOZIENICE BBL                               | Mężczyźni | 18   | WKZ KOZIENICE BBL         | 00:56:05      | 02:21:58       | 03:54:20           | 04:59:17.10           | 04:59:19.15            | +01:18:09<br>(26.1%) | 7:28            | 8<br>(73.4%)   |
| 20  | JAWORSKA Lilianna      | 320   | AVANGARDA                                       | Kobiety   | 2    | Avangarda                 | 00:57:05      | 02:27:18       | 03:58:56           | 05:00:53.75           | 05:00:57.85            | +01:19:48<br>(26.5%) | 7:31            | 8<br>(73.4%)   |
| 21  | MATUSZEWSKI Arkadiusz  | 337   |                                                 | Mężczyźni | 19   |                           | 00:54:53      | 02:24:37       | 03:53:33           | 05:01:05.70           | 05:01:09.30            | +01:19:59<br>(26.6%) | 7:31            | 8<br>(73.4%)   |
| 22  | WILKOS Kamil           | 371   |                                                 | Mężczyźni | 20   | Niemce Team               | 00:57:27      | 02:24:07       | 03:51:06           | 05:02:28.65           | 05:02:31.20            | +01:21:21<br>(26.9%) | 7:33            | 7.9<br>(72.5%) |
| 23  | SUCHANEK Agnieszka     | 360   | ITMBW KRAKÓW                                    | Kobiety   | 3    |                           | 00:54:46      | 02:24:29       | 03:56:48           | 05:05:18.35           | 05:05:24.40            | +01:24:14<br>(27.6%) | 7:37            | 7.9<br>(72.5%) |
| 24  | DZIRBA Tomasz          | 314   |                                                 | Mężczyźni | 21   |                           | 00:56:19      | 02:26:17       | 03:56:25           | 05:06:55.45           | 05:07:01.50            | +01:25:51<br>(28.0%) | 7:40            | 7.8<br>(71.6%) |
| 25  | SUCHANEK Dominik       | 359   | ITMBW KRAKÓW                                    | Mężczyźni | 22   |                           | 00:52:37      | 02:24:42       | 04:03:57           | 05:07:01.20           | 05:07:07.90            | +01:25:58<br>(28.0%) | 7:40            | 7.8<br>(71.6%) |
| 26  | WNUCZEK Łukasz         | 373   | BIEGAJĄCY ŚWIDNIK                               | Mężczyźni | 23   |                           | 00:56:09      | 02:27:29       | 04:03:46           | 05:09:55.35           | 05:09:58.30            | +01:28:48<br>(28.7%) | 7:44            | 7.7<br>(70.6%) |
| 27  | RAMOTOWSKI Marcin      | 349   |                                                 | Mężczyźni | 24   |                           | 00:57:42      | 02:30:12       | 03:59:35           | 05:10:58.15           | 05:11:02.60            | +01:29:53<br>(28.9%) | 7:46            | 7.7<br>(70.6%) |
| 28  | KAMIŃSKI Marcin        | 322   |                                                 | Mężczyźni | 25   |                           | 00:54:42      | 02:21:02       | 03:51:59           | 05:12:16.60           | 05:12:21.75            | +01:31:12<br>(29.2%) | 7:48            | 7.7<br>(70.6%) |
| 29  | SZABATOWSKI Bartłomiej | 362   | BIEGAJĄCY ŚWIDNIK                               | Mężczyźni | 26   | Biegający Świdnik         | 00:58:11      | 02:27:24       | 04:03:49           | 05:13:57.95           | 05:14:02.10            | +01:32:52<br>(29.6%) | 7:50            | 7.6<br>(69.7%) |
| 30  | ROZENBERG Sławomir     | 350   | LKS ZANTYR SZTUM                                | Mężczyźni | 27   |                           | 01:02:11      | 02:35:31       | 04:06:04           | 05:15:01.70           | 05:15:06.75            | +01:33:57<br>(29.8%) | 7:52            | 7.6<br>(69.7%) |
| 31  | SZALAST Paweł          | 363   |                                                 | Mężczyźni | 28   |                           | 01:02:17      | 02:32:35       | 04:03:46           | 05:17:09.40           | 05:17:24.00            | +01:36:14<br>(30.3%) | 7:55            | 7.6<br>(69.7%) |
| 32  | ZIELONY Ireneusz       | 381   |                                                 | Mężczyźni | 29   |                           | 01:00:03      | 02:33:19       | 04:05:48           | 05:22:13.80           | 05:22:20.95            | +01:41:11<br>(31.4%) | 8:03            | 7.4<br>(67.9%) |
| 33  | WIERZBIŃSKI Karol      | 370   | SZCZYT ZA SZCZYTEM/ULTRADZICZKI I ULTRALISICZKI | Mężczyźni | 30   | Szczyt za Szczytem        | 00:57:48      | 02:33:47       | 04:09:10           | 05:22:28.05           | 05:22:33.65            | +01:41:24<br>(31.4%) | 8:03            | 7.4<br>(67.9%) |
| 34  | SMYKA Michał           | 366   |                                                 | Mężczyźni | 31   |                           | 01:00:31      | 02:40:53       | 04:15:54           | 05:25:12.30           | 05:25:21.65            | +01:44:12<br>(32.0%) | 8:07            | 7.4<br>(67.9%) |
| 35  | WIELGOSZ-MATUŁA Maria  | 369   |                                                 | Kobiety   | 4    |                           | 01:02:13      | 02:38:07       | 04:13:05           | 05:26:37.80           | 05:26:44.75            | +01:45:35<br>(32.3%) | 8:09            | 7.3<br>(67.0%) |
| 36  | KRZOSEK Michał         | 330   |                                                 | Mężczyźni | 32   |                           | 00:54:52      | 02:31:00       | 04:09:11           | 05:26:45.80           | 05:26:54.75            | +01:45:45<br>(32.3%) | 8:10            | 7.3<br>(67.0%) |
| 37  | KOSZAROWSKI Jarosław   | 384   | STRASZYN ULTRA TEAM / STRASZYN BIEGA            | Mężczyźni | 33   |                           | 01:00:32      | 02:39:24       | 04:19:56           | 05:28:47.85           | 05:28:50.00            | +01:47:40<br>(32.7%) | 8:13            | 7.3<br>(67.0%) |
| 38  | KAPICA Dominik         | 323   |                                                 | Mężczyźni | 34   |                           | 00:58:27      | 02:32:36       | 04:15:13           | 05:30:19.00           | 05:30:27.80            | +01:49:18<br>(33.1%) | 8:15            | 7.3<br>(67.0%) |
| 39  | PIŁAT Jakub            | 345   | MULTIMEDIA RUNNERS PUŁAWY                       | Mężczyźni | 35   | Multimedia Runners Puławy | 00:55:14      | 02:31:24       | 04:12:25           | 05:31:29.20           | 05:31:30.55            | +01:50:20<br>(33.3%) | 8:17            | 7.2<br>(66.1%) |

| Msc | Zawodnik                  | Numer | Klub                       | Kategoria | Mkat | Drużyna 1                  | Skarpa<br>9km | Lipowa<br>25km | Bochothnica<br>35km | Czas<br>netto<br>40km | Czas<br>brutto<br>40km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|---------------------------|-------|----------------------------|-----------|------|----------------------------|---------------|----------------|---------------------|-----------------------|------------------------|----------------------|-----------------|----------------|
| 40  | CICHORZ Jacek             | 307   | BIEGAJĄCY ŚWIDNIK          | Mężczyźni | 36   | Biegający Świdnik          | 00:49:55      | 02:20:29       | 04:10:26            | 05:33:08.85           | 05:33:10.20            | +01:52:00<br>(33.6%) | 8:19            | 7.2<br>(66.1%) |
| 41  | GROMEK Edyta              | 316   | SZYBCIEJ NIE DAM RADY      | Kobiety   | 5    |                            | 01:04:30      | 02:45:31       | 04:22:21            | 05:34:18.20           | 05:34:22.65            | +01:53:13<br>(33.9%) | 8:21            | 7.2<br>(66.1%) |
| 42  | NIEMCZYK Damian           | 340   | DREAM RUN                  | Mężczyźni | 37   |                            |               | 02:36:12       | 04:17:01            | 05:37:43.85           | 05:37:46.30            | +01:56:36<br>(34.5%) | 8:26            | 7.1<br>(65.1%) |
| 43  | KRÓL Przemysław           | 329   | LUBELSKI BANK SPÓŁDZIELCZY | Mężczyźni | 38   | Lubelski Bank Spółdzielczy |               | 02:43:10       | 04:24:15            | 05:40:47.70           | 05:41:00.95            | +01:59:51<br>(35.1%) | 8:31            | 7<br>(64.2%)   |
| 44  | BIAŁA Marta               | 302   | ULTRASY!                   | Kobiety   | 6    |                            | 01:01:30      | 02:41:37       | 04:20:14            | 05:43:10.05           | 05:43:18.10            | +02:02:08<br>(35.6%) | 8:34            | 7<br>(64.2%)   |
| 45  | PRZYBYŁOWICZ Ramona       | 347   |                            | Kobiety   | 7    |                            | 01:01:59      | 02:48:49       | 04:30:36            | 05:45:44.55           | 05:45:50.60            | +02:04:41<br>(36.1%) | 8:38            | 6.9<br>(63.3%) |
| 46  | PRZYBYŁOWICZ Marek        | 346   |                            | Mężczyźni | 39   |                            |               | 02:48:46       | 04:30:34            | 05:45:45.15           | 05:45:51.10            | +02:04:41<br>(36.1%) | 8:38            | 6.9<br>(63.3%) |
| 47  | MACHNICKI Rafał           | 333   |                            | Mężczyźni | 40   |                            | 00:57:10      | 02:29:56       | 04:15:07            | 05:46:14.30           | 05:46:21.75            | +02:05:12<br>(36.1%) | 8:39            | 6.9<br>(63.3%) |
| 48  | KROK Jacek                | 328   | ULTRASY!                   | Mężczyźni | 41   |                            | 01:01:34      | 02:41:59       | 04:33:49            | 05:55:56.50           | 05:56:04.45            | +02:14:54<br>(37.9%) | 8:53            | 6.7<br>(61.5%) |
| 49  | TALMA Paweł               | 364   | ULTRASY!                   | Mężczyźni | 42   |                            | 01:04:29      | 02:52:49       | 04:33:41            | 05:55:56.30           | 05:56:04.50            | +02:14:54<br>(37.9%) | 8:53            | 6.7<br>(61.5%) |
| 50  | KUCHARZYK Grzegorz        | 331   |                            | Mężczyźni | 43   |                            | 01:11:14      | 03:00:14       | 04:44:17            | 06:02:04.10           | 06:02:20.80            | +02:21:11<br>(39.0%) | 9:03            | 6.6<br>(60.6%) |
| 51  | STUDENCKA Karolina        | 357   | ITMBW KRAKÓW               | Kobiety   | 8    |                            | 01:08:47      | 03:03:32       | 04:47:25            | 06:06:46.65           | 06:06:54.00            | +02:25:44<br>(39.7%) | 9:10            | 6.5<br>(59.6%) |
| 52  | BANAŚ Mateusz             | 300   | ITMBW KRAKÓW               | Mężczyźni | 44   |                            | 01:08:43      | 03:03:25       | 04:47:26            | 06:06:47.00           | 06:06:55.55            | +02:25:45<br>(39.7%) | 9:10            | 6.5<br>(59.6%) |
| 53  | PARANDYK Krystian         | 341   | MCBIEGACZE                 | Mężczyźni | 45   |                            | 01:11:17      | 03:03:49       | 04:51:34            | 06:11:47.85           | 06:11:50.50            | +02:30:40<br>(40.5%) | 9:17            | 6.5<br>(59.6%) |
| 54  | SIKORA Grzegorz           | 355   | MCBIEGACZE                 | Mężczyźni | 46   |                            | 01:10:04      | 03:03:34       | 04:51:40            | 06:11:48.60           | 06:11:50.65            | +02:30:41<br>(40.5%) | 9:17            | 6.5<br>(59.6%) |
| 55  | PAWLAK Grzegorz           | 342   | DZIDA4X4                   | Mężczyźni | 47   |                            | 01:11:17      | 02:59:19       | 04:45:15            | 06:14:05.05           | 06:14:10.05            | +02:33:00<br>(40.9%) | 9:21            | 6.4<br>(58.7%) |
| 56  | NAMIOTA Maciej            | 339   |                            | Mężczyźni | 48   |                            | 01:09:30      | 03:03:49       | 04:48:36            | 06:14:31.15           | 06:14:39.80            | +02:33:30<br>(41.0%) | 9:21            | 6.4<br>(58.7%) |
| 57  | BECZEK Łukasz             | 301   | SII RUNNING TEAM           | Mężczyźni | 49   |                            | 01:01:24      | 02:50:34       | 04:46:19            | 06:17:19.80           | 06:17:29.85            | +02:36:20<br>(41.4%) | 9:25            | 6.4<br>(58.7%) |
| 58  | GAWLIK Sylwia             | 315   |                            | Kobiety   | 9    |                            | 01:12:56      | 03:08:31       | 05:03:12            | 06:27:03.10           | 06:27:13.10            | +02:46:03<br>(42.9%) | 9:40            | 6.2<br>(56.9%) |
| 59  | KOBUS-KOZAKIEWICZ Izabela | 383   |                            | Kobiety   | 10   |                            |               | 03:07:19       | 05:03:03            | 06:31:53.80           | 06:32:08.25            | +02:50:58<br>(43.6%) | 9:47            | 6.1<br>(56.0%) |
| 60  | WARSZYCKI Paweł           | 365   |                            | Mężczyźni | 50   |                            |               | 03:07:08       | 05:03:12            | 06:31:53.55           | 06:32:08.35            | +02:50:58<br>(43.6%) | 9:47            | 6.1<br>(56.0%) |
| 61  | WOJCIECHOWSKI Paweł       | 375   |                            | Mężczyźni | 51   |                            | 00:59:37      | 03:06:39       | 05:10:32            | 06:43:38.45           | 06:43:42.65            | +03:02:33<br>(45.2%) | 10:05           | 5.9<br>(54.1%) |
| 62  | KOCIOŁEK Krzysztof        | 325   | LUBRYKANT MAFIA            | Mężczyźni | 52   |                            | 01:18:14      | 03:28:45       | 05:28:20            | 06:45:04.35           | 06:45:19.25            | +03:04:09<br>(45.4%) | 10:07           | 5.9<br>(54.1%) |
| 63  | JANKOWSKA Barbara         | 319   |                            | Kobiety   | 11   |                            | 01:20:52      | 03:23:28       | 05:24:19            | 06:46:57.35           | 06:47:06.65            | +03:05:57<br>(45.7%) | 10:10           | 5.9<br>(54.1%) |

| Msc | Zawodnik            | Numer | Klub                      | Kategoria | Mkat | Drużyna 1                 | Skarpa<br>9km   | Lipowa<br>25km  | Bochothnica<br>35km | Czas<br>netto<br>40km | Czas<br>brutto<br>40km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|---------------------|-------|---------------------------|-----------|------|---------------------------|-----------------|-----------------|---------------------|-----------------------|------------------------|----------------------|-----------------|----------------|
| 64  | DACHNO Marek        | 310   | KONIE WOJCIECHÓW          | Mężczyźni | 53   |                           | 01:04:09        | 02:50:50        | 05:00:05            | 06:47:46.20           | 06:47:50.15            | +03:06:40<br>(45.8%) | 10:11           | 5.9<br>(54.1%) |
| 65  | MAJEWSKI Jarek      | 335   |                           | Mężczyźni | 54   |                           | 01:04:01        | 02:50:52        | 05:00:01            | 06:47:46.50           | 06:47:50.45            | +03:06:40<br>(45.8%) | 10:11           | 5.9<br>(54.1%) |
| 66  | DRABIK Marcin       | 312   | BIEGIEM RADOM!            | Mężczyźni | 55   | Biegiem Radom!            | 01:11:19        | 03:05:08        | 05:03:25            | 06:48:27.45           | 06:48:33.35            | +03:07:23<br>(45.9%) | 10:12           | 5.9<br>(54.1%) |
| 67  | ZIELIŃSKI Michał    | 380   | DZIKIE ŻYCIE RUN TEAM     | Mężczyźni | 56   |                           | 01:10:30        | 03:09:04        | 05:14:26            | 06:50:08.55           | 06:50:16.20            | +03:09:06<br>(46.1%) | 10:15           | 5.9<br>(54.1%) |
| 68  | WĄDOŁOWSKA Anna     | 367   |                           | Kobiety   | 12   |                           | 01:11:31        | 03:13:15        | 05:18:01            | 06:50:40.70           | 06:50:52.10            | +03:09:42<br>(46.2%) | 10:16           | 5.8<br>(53.2%) |
| 69  | KUPTTEL Robert      | 385   |                           | Mężczyźni | 57   |                           | 01:11:51        | 03:10:14        | 05:18:11            | 06:50:46.90           | 06:50:52.70            | +03:09:43<br>(46.2%) | 10:16           | 5.8<br>(53.2%) |
| 70  | WNUKOWSKI Sebastian | 374   |                           | Mężczyźni | 58   |                           | 01:11:39        | 03:12:37        | 05:18:08            | 06:50:41.50           | 06:50:52.75            | +03:09:43<br>(46.2%) | 10:16           | 5.8<br>(53.2%) |
| 71  | IWAN Bartłomiej     | 317   |                           | Mężczyźni | 59   |                           | 01:09:58        | 03:06:04        | 05:10:27            | 06:50:44.90           | 06:50:57.20            | +03:09:47<br>(46.2%) | 10:16           | 5.8<br>(53.2%) |
| 72  | SYKUT Grzegorz      | 361   | MULTIMEDIA RUNNE          | Mężczyźni | 60   | Multimedia Runners Puławy | 01:14:07        | 03:14:54        | 05:17:57            | 06:52:01.85           | 06:52:12.35            | +03:11:02<br>(46.3%) | 10:18           | 5.8<br>(53.2%) |
| 73  | ZDUNEK Małgorzata   | 379   |                           | Kobiety   | 13   |                           | 01:17:39        | 03:39:04        | 05:49:02            | 07:20:41.85           | 07:20:54.25            | +03:39:44<br>(49.8%) | 11:01           | 5.4<br>(49.5%) |
| 74  | WÓJTOWICZ Paweł     | 378   |                           | Mężczyźni | 61   |                           | 01:18:29        | 03:39:09        | 06:01:59            | 07:32:48.20           | 07:32:59.60            | +03:51:50<br>(51.2%) | 11:19           | 5.3<br>(48.6%) |
| 75  | JAŁOWIEC Arkadiusz  | 318   |                           | Mężczyźni | 62   |                           | 01:21:33        | 03:43:36        | 05:48:33            | 07:38:15.75           | 07:38:29.00            | +03:57:19<br>(51.8%) | 11:27           | 5.2<br>(47.7%) |
| 76  | RURKA Grzegorz      | 351   | SAMBIEGAM                 | Mężczyźni | 63   |                           | 01:24:27        | 03:42:48        | 06:16:32            | 08:22:29.25           | 08:22:37.00            | +04:41:27<br>(56.0%) | 12:33           | 4.8<br>(44.0%) |
| 77  | RUTKOWSKA Milena    | 352   | MULTIMEDIA RUNNERS PUŁAWY | Kobiety   | 14   | Multimedia Runners Puławy | 01:36:02        | 04:07:41        |                     | 08:31:33.35           | 08:31:52.00            | +04:50:42<br>(56.8%) | 12:47           | 4.7<br>(43.1%) |
| 78  | KŁOPOT Stanisława   | 324   | MULTIMEDIA RUNNERS PUŁAWY | Kobiety   | 15   | Multimedia Runners Puławy | 01:36:07        | 04:07:40        |                     | 08:31:37.50           | 08:31:55.00            | +04:50:45<br>(56.8%) | 12:47           | 4.7<br>(43.1%) |
|     | NAKONIECZNY Jacek   | 338   | SII RUNNING TEAM          | Mężczyźni |      |                           | 01:21:27<br>DNF | 03:48:03<br>DNF | 06:18:04<br>DNF     | DNF                   | DNF                    |                      | -               | -<br>(0.0%)    |
|     | DUDA Natalia        | 313   |                           | Kobiety   |      | Niemce Team               | 00:57:37<br>DNF | 02:41:22<br>DNF | DNF                 | DNF                   | DNF                    |                      | -               | -<br>(0.0%)    |
|     | BUJAK Kamil         | 305   | BUJAK TEAM                | Mężczyźni |      |                           | 00:54:47<br>DNF | DNF             | DNF                 | DNF                   | DNF                    |                      | -               | -<br>(0.0%)    |
|     | STASIKOWSKI Mateusz | 356   | #RÓBSWOJE                 | Mężczyźni |      |                           | DNF             | DNF             | DNF                 | DNF                   | DNF                    |                      | -               | -<br>(0.0%)    |

Znaleziono 82 wynik(ów)