

BIEG TROJAK TRAIL - 10 KM

B4SPORT

Wydarzenie: Dolnośląski Festiwal Biegów Górskich
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2018-07-22
Miejsce: Łądek-Zdrój
Dystans: 10 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Senior I M - 20

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	C1 4km	C1 6km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	PRZEDWOJEWSKI Bartłomiej	284	SALOMON SUUNTO TEAM	Senior I M - 20	1	00:17:16	00:26:26	00:42:40.40	00:42:42.15		4:16	14.1 (100%)
2	ŁĄTKA Piotr	232		Senior I M - 20	2	00:19:11	00:29:48	00:48:26.65	00:48:28.00	+00:05:45 (11.9%)	4:50	12.4 (87.9%)
3	KRAWCZYK Artur	382	ZAŁOGA GÓRSKA	Senior I M - 20	3	00:20:33	00:32:27	00:53:30.40	00:53:32.35	+00:10:50 (20.2%)	5:21	11.2 (79.4%)
4	SŁOCIAK Rafał	34	RAJSPOORT ACTIVE	Senior I M - 20	4	00:20:56	00:33:17	00:53:37.65	00:53:41.10	+00:10:58 (20.5%)	5:21	11.2 (79.4%)
5	DOMAŃSKI Patryk	33	#TEAMBIEGIWLKP	Senior I M - 20	5	00:22:21	00:34:22	00:54:49.65	00:54:51.55	+00:12:09 (22.2%)	5:29	10.9 (77.3%)
6	NETOLICKÝ Kamil	220	SRTG VYŠKOV	Senior I M - 20	6	00:22:23	00:34:28	00:55:38.10	00:55:52.05	+00:13:09 (23.6%)	5:33	10.8 (76.6%)
7	NOWICKI Mateusz	37		Senior I M - 20	7	00:22:34	00:35:07	00:55:49.90	00:55:55.10	+00:13:12 (23.6%)	5:35	10.7 (75.9%)
8	BOROŃ Dariusz	371	ASICS FRONT RUNNER	Senior I M - 20	8	00:21:12	00:33:28	00:56:05.25	00:56:06.80	+00:13:24 (23.9%)	5:36	10.7 (75.9%)
9	CIEPŁY Maciej	52	NIGHT RUNNERS WROCŁAW	Senior I M - 20	9	00:21:48	00:34:13	00:56:11.15	00:56:14.05	+00:13:31 (24.1%)	5:37	10.7 (75.9%)
10	LASEK Jakub	219	CHICS&SPORT TEAM	Senior I M - 20	10	00:22:41	00:35:25	00:57:01.95	00:57:04.30	+00:14:22 (25.2%)	5:42	10.5 (74.5%)
11	PIETROSZEK Rafał	381	BRUBECK TEAM	Senior I M - 20	11	00:21:56	00:34:40	00:57:10.60	00:57:14.70	+00:14:32 (25.4%)	5:43	10.5 (74.5%)
12	MAJCHRZAK Maciej	49		Senior I M - 20	12	00:24:04	00:36:06	00:57:37.75	00:57:45.10	+00:15:02 (26.1%)	5:45	10.4 (73.8%)
13	JANUSZEWSKI Piotr	218	EUROCLEAR RUNNING TEAM	Senior I M - 20	13	00:22:32	00:35:29	00:58:19.15	00:58:20.45	+00:15:38 (26.8%)	5:49	10.3 (73.0%)
14	SOBCZAK Filip	135		Senior I M - 20	14	00:23:00	00:36:35	00:59:30.80	00:59:37.50	+00:16:55 (28.4%)	5:57	10.1 (71.6%)
15	KACZMARCZYK Przemysław	152	MATNER RUNNING TEAM/WATAHA	Senior I M - 20	15	00:22:58	00:36:18	01:00:35.70	01:00:38.20	+00:17:56 (29.6%)	6:03	9.9 (70.2%)
16	MIKOŁAJCZYK Piotr	139	KALENJI BY DECATHLON	Senior I M - 20	16	00:24:17	00:38:05	01:00:47.80	01:00:55.50	+00:18:13 (29.9%)	6:04	9.9 (70.2%)
17	PERENC Michał	120	HUSARIA RACE TEAM	Senior I M - 20	17	00:24:40	00:38:12	01:01:42.25	01:01:51.45	+00:19:09 (31.0%)	6:10	9.7 (68.8%)
18	BOREJSZO Karol	250		Senior I M - 20	18	00:24:53	00:38:29	01:01:48.45	01:02:04.70	+00:19:22 (31.2%)	6:10	9.7 (68.8%)
19	KURIATA Paweł	306		Senior I M - 20	19	00:24:30	00:38:44	01:03:17.90	01:03:40.35	+00:20:58 (32.9%)	6:19	9.5 (67.4%)
20	KOZANECKI Przemysław	130	CONSTRAVIA	Senior I M - 20	20	00:25:31	00:39:50	01:03:31.40	01:03:41.40	+00:20:59 (33.0%)	6:21	9.4 (66.7%)
21	BANKIEWICZ Szymon	341		Senior I M - 20	21	00:25:11	00:39:29	01:03:43.15	01:04:18.35	+00:21:36 (33.6%)	6:22	9.4 (66.7%)
22	KACZMARCZYK Mateusz	360	KURORT ŁĄDEK-ZDRÓJ	Senior I M - 20	22	00:25:04	00:39:10	01:04:36.85	01:04:49.75	+00:22:07 (34.1%)	6:27	9.3 (66.0%)
23	SZARSKI Jacek	264		Senior I M - 20	23	00:23:13	00:37:49	01:04:57.25	01:05:03.05	+00:22:20 (34.4%)	6:29	9.2 (65.2%)
24	GAZDA Michał	128	CONSTRAVIA	Senior I M - 20	24	00:25:38	00:40:24	01:05:08.15	01:05:19.45	+00:22:37 (34.6%)	6:30	9.2 (65.2%)
25	WITEK Jakub	175	SPRINT	Senior I M - 20	25	00:25:58	00:40:57	01:06:56.60	01:07:05.45	+00:24:23 (36.4%)	6:41	9 (63.8%)
26	CYKLOWSKI Wojciech	379	KM PSP OPOLE	Senior I M - 20	26	00:27:28	00:42:29	01:08:11.30	01:08:19.95	+00:25:37 (37.5%)	6:49	8.8 (62.4%)
27	JÓŹWIECKI Kacper	364	MUAY RUNNING TEAM	Senior I M - 20	27	00:28:54	00:44:27	01:10:21.60	01:10:36.65	+00:27:54 (39.5%)	7:02	8.5 (60.3%)
28	KULESZA Paweł	70		Senior I M - 20	28	00:28:33	00:45:38	01:12:15.00	01:12:37.55	+00:29:55 (41.2%)	7:13	8.3 (58.9%)
29	GACEK Mariusz	72		Senior I M - 20	29	00:30:35	00:47:12	01:13:45.30	01:14:08.60	+00:31:26 (42.4%)	7:22	8.1 (57.4%)

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30	FRYSIAK Patryk	283		Senior I M - 20	30	00:30:20	00:46:45	01:14:23.45	01:14:49.45	+00:32:07 (42.9%)	7:26	8.1 (57.4%)
31	URBANEK Artur	277		Senior I M - 20	31	00:29:16	00:45:49	01:16:31.50	01:16:52.00	+00:34:09 (44.4%)	7:39	7.8 (55.3%)
32	NIEDZIELA Wojciech	207		Senior I M - 20	32	00:31:05	00:48:46	01:19:00.25	01:19:27.25	+00:36:45 (46.3%)	7:54	7.6 (53.9%)
33	HETEL Michał	301	WKS ŚLĄSK WROCŁAW	Senior I M - 20	33	00:30:25	00:48:24	01:20:24.10	01:20:52.65	+00:38:10 (47.2%)	8:02	7.5 (53.2%)
34	WITOS Rafał	226	NAZWA DRUŻYNY	Senior I M - 20	34	00:32:48	00:50:54	01:21:05.15	01:21:13.20	+00:38:31 (47.4%)	8:06	7.4 (52.5%)
35	ZBOROWSKI Norbert	340	GRUNWALD TEAM POZNAŃ	Senior I M - 20	35	00:33:24	00:51:56	01:27:49.15	01:28:14.35	+00:45:32 (51.6%)	8:46	6.8 (48.2%)
36	KOPACZYŃSKI Michał	191		Senior I M - 20	36	00:33:10	00:52:14	01:28:09.00	01:28:24.15	+00:45:42 (51.7%)	8:48	6.8 (48.2%)
37	WALA Patryk	262	ZAŁOGA GÓRSKA	Senior I M - 20	37	00:33:12	00:53:18	01:29:48.60	01:30:03.05	+00:47:20 (52.6%)	8:58	6.7 (47.5%)
38	DZICZKOWSKI Maciej	408	ABY DO METY	Senior I M - 20	38	00:48:37	01:18:15	02:02:45.75	02:03:10.60	+01:20:28 (65.3%)	12:16	4.9 (34.8%)

Znaleziono 38 wynik(ów)