# BIEG TROJAK TRAIL - 10 KM

**Wydarzenie:** Dolnośląski Festiwal Biegów Górskich
**Organizator:** Fundacja MARATONY GÓRSKIE
**Data:** 2018-07-22
**Miejsce:** Lądek-Zdrój
**Dystans:** 10 km

## Klasyfikacja: Weteran I M - 50

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | C1 4km | C1 6km | Czas netto 10km | Czas brutto 10km | Różn | Tempo min/km | Tempo km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | **HACZYK Jarosław** | **369** | BIEG POLSKA | Weteran I M - 50 | 1 | 00:21:10 | 00:32:39 | **00:53:18.25** | **00:53:22.90** | | 5:19 | 11.3 (100%) |
| 2 | **KUŹMA Przemysław** | **141** | NIEZRZESZONY | Weteran I M - 50 | 2 | 00:25:53 | 00:40:12 | **01:05:51.20** | **01:05:55.55** | +00:12:32 (19.0%) | 6:35 | 9.1 (80.5%) |
| 3 | **CHORZĘPA Adam** | **286** | | Weteran I M - 50 | 3 | 00:26:51 | 00:41:36 | **01:08:38.80** | **01:08:42.15** | +00:15:19 (22.3%) | 6:51 | 8.7 (77.0%) |
| 4 | **PASTUSZAK Mirosław** | **352** | RUN ŁDZ | Weteran I M - 50 | 4 | 00:28:15 | 00:43:18 | **01:09:09.55** | **01:09:19.95** | +00:15:57 (23.0%) | 6:54 | 8.7 (77.0%) |
| 5 | **DŁUGOSZ Marek** | **292** | KB GEOTERMIA UNIEJÓW | Weteran I M - 50 | 5 | 00:28:23 | 00:44:27 | **01:12:05.25** | **01:12:11.70** | +00:18:48 (26.1%) | 7:12 | 8.3 (73.5%) |
| 6 | **NEUMANN Jacek** | **211** | CENTRUM ŁĄKOWA1 | Weteran I M - 50 | 6 | 00:28:58 | 00:44:56 | **01:12:55.75** | **01:13:09.60** | +00:19:46 (27.0%) | 7:17 | 8.2 (72.6%) |
| 7 | **WARSZCZYŃSKI Rafał** | **108** | LUB WYBIERZ Z LISTY | Weteran I M - 50 | 7 | 00:28:58 | 00:45:42 | **01:17:32.25** | **01:17:49.75** | +00:24:26 (31.4%) | 7:45 | 7.7 (68.1%) |
| 8 | **SZCZEPANIAK Adam** | **73** | TĘPE DZIDY | Weteran I M - 50 | 8 | 00:30:10 | 00:47:18 | **01:18:21.65** | **01:18:43.70** | +00:25:20 (32.2%) | 7:50 | 7.7 (68.1%) |
| 9 | **RAPCZUK Tomasz** | **242** | | Weteran I M - 50 | 9 | 00:28:56 | 00:46:27 | **01:19:13.45** | **01:19:20.60** | +00:25:57 (32.7%) | 7:55 | 7.6 (67.3%) |
| 10 | **BALICKI Jacek** | **56** | BIEGACZ NOWOSOLNA | Weteran I M - 50 | 10 | 00:32:35 | 00:50:04 | **01:20:02.00** | **01:20:06.10** | +00:26:43 (33.4%) | 8:00 | 7.5 (66.4%) |
| 11 | **MAJCHRZAK Dariusz** | **401** | KM UMK TORUŃ | Weteran I M - 50 | 11 | 00:29:41 | 00:46:30 | **01:20:40.90** | **01:21:14.65** | +00:27:51 (34.3%) | 8:04 | 7.4 (65.5%) |
| 12 | **IMIŃSKI Cezary** | **122** | | Weteran I M - 50 | 12 | 00:33:50 | 00:53:08 | **01:25:47.90** | **01:26:08.60** | +00:32:45 (38.0%) | 8:34 | 7 (61.9%) |
| 13 | **WIADEREK Sławomir** | **162** | PĘDZĄCE ŻÓŁWIE | Weteran I M - 50 | 13 | 00:35:48 | 00:57:03 | **01:33:50.50** | **01:34:25.40** | +00:41:02 (43.5%) | 9:23 | 6.4 (56.6%) |
| 14 | **ŚCIOCH Andrzej** | **255** | NIE WIERZĘ, ŻE TO ROBIĘ | Weteran I M - 50 | 14 | 00:47:06 | 01:16:24 | **02:07:50.15** | **02:07:54.45** | +01:14:31 (58.3%) | 12:47 | 4.7 (41.6%) |
| 15 | **MADERA Bogdan** | **134** | | Weteran I M - 50 | 15 | 00:57:59 | 01:29:59 | **02:31:37.55** | **02:32:19.50** | +01:38:56 (65.0%) | 15:09 | 4 (35.4%) |

Znaleziono 15 wynik(ów)