

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Wolin	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	FILIPOWSKI Dariusz	179	FEHLAU RUN TEAM	M50-59	1		00:17:33.65		3:30	17.1 (100%)
2	BRYKCZYŃSKI Filip	165	RAZ SZCZECIN	M16-20	1		00:17:50.70	+00:00:17 (1.6%)	3:34	16.8 (98.2%)
3	ŁUKASZEWSKI Sebastian	214	STARGARDZKI KLUB LEKKOATLETYCZNY	M40-49	1		00:17:56.30	+00:00:22 (2.1%)	3:35	16.7 (97.7%)
4	HOŁUB Kamil	47	MLUKS TRZEBIATÓW	M40-49	2		00:18:31.80	+00:00:58 (5.2%)	3:42	16.2 (94.7%)
5	KOŁUCKI Arkadiusz	202	12BZ	M30-39	1		00:18:55.10	+00:01:21 (7.2%)	3:47	15.9 (93.0%)
6	GAŁWIACZEK Oliwier	182		M16-20	2	Tak	00:19:07.00	+00:01:33 (8.1%)	3:49	15.7 (91.8%)
7	WESOŁOWSKI Marcin	264		M30-39	2		00:19:57.55	+00:02:23 (12.0%)	3:59	15 (87.7%)
8	HARŁUKOWICZ Krzysztof	273		M40-49	3	Tak	00:20:08.00	+00:02:34 (12.8%)	4:01	14.9 (87.1%)
9	POKORSKI Daniel	239	RAZ SZCZECIN	M16-20	3		00:20:10.05	+00:02:36 (12.9%)	4:02	14.9 (87.1%)
10	DZHUHAN Andrii	177		M30-39	3		00:20:16.20	+00:02:42 (13.4%)	4:03	14.8 (86.5%)
11	ILCEWICZ Wojciech	192		M30-39	4		00:20:20.00	+00:02:46 (13.6%)	4:04	14.8 (86.5%)
12	SAJDŁOWSKI Dariusz	250		M40-49	4		00:20:44.80	+00:03:11 (15.4%)	4:08	14.5 (84.8%)
13	PASZKIEWICZ Grzegorz	234		M40-49	5		00:20:45.25	+00:03:11 (15.4%)	4:09	14.5 (84.8%)
14	WOŹNIAKOWSKI Kacper	269		M21-29	1		00:21:07.55	+00:03:33 (16.9%)	4:13	14.2 (83.0%)
15	KRYNICKA Magdalena	207		K21-29	1		00:21:17.70	+00:03:44 (17.5%)	4:15	14.1 (82.5%)
16	KOSOŃ Jarosław	203	MARATON DO PRACY	M60-69	1	Tak	00:21:33.55	+00:03:59 (18.5%)	4:18	13.9 (81.3%)
17	HETMAŃSKI Arkadiusz	190	LOVELASY	M40-49	6		00:21:50.05	+00:04:16 (19.6%)	4:22	13.7 (80.1%)
18	WOJCIECHOWSKI Krzysztof	267		M50-59	2		00:21:56.45	+00:04:22 (20.0%)	4:23	13.7 (80.1%)
19	MUSIAŁ Bartłomiej	229	UKS AKTYWNI WYSOKA KAMIEŃSKA	M30-39	5		00:21:58.50	+00:04:24 (20.1%)	4:23	13.7 (80.1%)
20	HAWRYŁAK Marcin	189	14 ZBOT/142 BLP	M50-59	3		00:22:06.20	+00:04:32 (20.6%)	4:25	13.6 (79.5%)
21	NAWROCKI Piotr	231	KB PIONIER SZCZECIN	M50-59	4		00:22:06.25	+00:04:32 (20.6%)	4:25	13.6 (79.5%)
22	BARAŃSKI Bogusław	9	MLUKS TRZEBIATÓW	M60-69	2		00:23:03.65	+00:05:30 (23.8%)	4:36	13 (76.0%)
23	DUSZKIEWICZ Dominika	176	BIEGACZE ŚWINOUJŚCIE	K30-39	1		00:23:05.35	+00:05:31 (23.9%)	4:37	13 (76.0%)
24	DRESZER Monika	175		K30-39	2		00:23:13.20	+00:05:39 (24.4%)	4:38	12.9 (75.4%)
25	MASŁYK Michał	225		M30-39	6		00:23:21.65	+00:05:48 (24.8%)	4:40	12.8 (74.9%)
26	PROBOLA Grzegorz	243	GRYFUS SZCZECIN	M40-49	7		00:23:24.40	+00:05:50 (25.0%)	4:40	12.8 (74.9%)
27	SMOLIŃSKI Robert	255		M30-39	7		00:23:28.45	+00:05:54 (25.2%)	4:41	12.8 (74.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Wolin	Czas netto	Różn	Tempo min/km	Tempo km/h
							5km			
28	MAZURSKI Paweł	227		M30-39	8		00:23:30.40	+00:05:56 (25.3%)	4:42	12.8 (74.9%)
29	ZACHARSKI Jerzy	270	FABRYKA NORDICA TRZCIANKA	M60-69	3		00:23:42.80	+00:06:09 (25.9%)	4:44	12.7 (74.3%)
30	GANCARCZYK Michał	183		M21-29	2		00:23:44.70	+00:06:11 (26.0%)	4:44	12.6 (73.7%)
31	KALETA Paweł	67		M30-39	9		00:24:06.25	+00:06:32 (27.1%)	4:49	12.4 (72.5%)
32	PIOTROWSKI Andrzej	237	PAUZA ŁADZIN	M30-39	10	Tak	00:24:12.25	+00:06:38 (27.4%)	4:50	12.4 (72.5%)
33	LEWAŃCZYK Łukasz	211		M40-49	8		00:24:19.80	+00:06:46 (27.8%)	4:51	12.3 (71.9%)
34	SUCHARSKA Ryszarda	258		K30-39	3		00:24:26.00	+00:06:52 (28.1%)	4:53	12.3 (71.9%)
35	KOSZLAK Adrian	204		M30-39	11		00:24:31.60	+00:06:57 (28.4%)	4:54	12.2 (71.3%)
36	GRYMUŁA Marek	187		M50-59	5		00:24:34.25	+00:07:00 (28.5%)	4:54	12.2 (71.3%)
37	MASŁYK Dariusz	224		M50-59	6		00:24:56.65	+00:07:23 (29.6%)	4:59	12 (70.2%)
38	KŁACZKIEWICZ Alicja	201	WY-BIEGANI SZCZECIN	K30-39	4		00:25:08.20	+00:07:34 (30.1%)	5:01	11.9 (69.6%)
39	GAJEWSKI Bartosz	181		M30-39	12		00:25:11.70	+00:07:38 (30.3%)	5:02	11.9 (69.6%)
40	CHOJNACKA Maria	168		K30-39	5		00:25:12.10	+00:07:38 (30.3%)	5:02	11.9 (69.6%)
41	CHADAŚ Maryna	167	BROWARY TEAM	K30-39	6		00:25:37.20	+00:08:03 (31.5%)	5:07	11.7 (68.4%)
42	RUDZEWICZ Mariusz	248		M30-39	13		00:25:48.10	+00:08:14 (31.9%)	5:09	11.6 (67.8%)
43	CZERWIŃSKI Dariusz	172	LOVELASY	M50-59	7		00:26:05.20	+00:08:31 (32.7%)	5:13	11.5 (67.3%)
44	BRACIK Justyna	164		K40-49	1		00:26:05.45	+00:08:31 (32.7%)	5:13	11.5 (67.3%)
45	MAZUREK Tomasz	226		M40-49	9		00:26:17.60	+00:08:43 (33.2%)	5:15	11.4 (66.7%)
46	TRYCZYK Agnieszka	133	RAZ SZCZECIN	K40-49	2		00:26:29.95	+00:08:56 (33.7%)	5:17	11.3 (66.1%)
47	SZYMCZAK Sandra	261		K30-39	7	Tak	00:26:58.00	+00:09:24 (34.9%)	5:23	11.1 (64.9%)
48	GRZEGORZ Grzegorz	188		M40-49	10		00:26:58.55	+00:09:24 (34.9%)	5:23	11.1 (64.9%)
49	WEISS Sebastian	272		M30-39	14		00:27:01.40	+00:09:27 (35.0%)	5:24	11.1 (64.9%)
50	GROCHOLSKA Agnieszka	186		K40-49	3	Tak	00:27:11.45	+00:09:37 (35.4%)	5:26	11 (64.3%)
51	KUPNIEWSKA Aleksandra	208	LOVELASY	K40-49	4		00:27:33.35	+00:09:59 (36.3%)	5:30	10.9 (63.7%)
52	DEMKOWICZ Ewelina	174		K30-39	8	Tak	00:27:38.50	+00:10:04 (36.5%)	5:31	10.9 (63.7%)
53	JĘDRAK Mirosław	197		M60-69	4		00:27:39.45	+00:10:05 (36.5%)	5:31	10.8 (63.2%)
54	POGORZELSKA Sylwia	238	WIECZORNE BIEGANIE W SZCZECINIE	K40-49	5		00:27:45.20	+00:10:11 (36.7%)	5:33	10.8 (63.2%)
55	JURCZYK Paulina	199		K30-39	9		00:27:46.00	+00:10:12 (36.8%)	5:33	10.8 (63.2%)
56	KĘSKA Katarzyna	200	LOVELASY	K50-59	1		00:27:51.35	+00:10:17 (37.0%)	5:34	10.8 (63.2%)
57	SMOLARCZYK Marcin	254		M40-49	11		00:28:03.75	+00:10:30 (37.4%)	5:36	10.7 (62.6%)
58	JAŚKIEWICZ Katarzyna	195	RAZ SZCZECIN	K40-49	6		00:28:04.90	+00:10:31 (37.5%)	5:36	10.7 (62.6%)
59	MIKULSKA GAWLE Karina	91	UNITY LINE	K40-49	7		00:28:13.50	+00:10:39 (37.8%)	5:38	10.6 (62.0%)
60	KOŚCIOW Mariusz	205	RAZ SZCZECIN	M60-69	5		00:28:28.05	+00:10:54 (38.3%)	5:41	10.5 (61.4%)
61	STACHOWICZ-HAWRYLAK Sylwia	256	ZACHPOMORSKIE CENTRUM ONKOLOGII	K50-59	2		00:28:50.45	+00:11:16 (39.1%)	5:46	10.4 (60.8%)
62	DZIEMIDOWICZ Adam	274		M50-59	8		00:28:51.60	+00:11:17 (39.2%)	5:46	10.4 (60.8%)
63	STERNA Ewelina	275		K40-49	8		00:28:53.45	+00:11:19 (39.2%)	5:46	10.4 (60.8%)
64	CIEŚLAK Małgorzata	170	RAZ SZCZECIN	K40-49	9		00:28:57.60	+00:11:23 (39.4%)	5:47	10.4 (60.8%)
65	SAJDŁOWSKA Aldona	249		K40-49	10		00:29:12.55	+00:11:38 (39.9%)	5:50	10.3 (60.2%)
66	STOCKER Ania	257	BIEGACZE ŚWINOUJŚCIE	K40-49	11		00:29:15.15	+00:11:41 (40.0%)	5:51	10.3 (60.2%)
67	ORLON Barbara	232	BIEG KORCZAKA	K50-59	3		00:29:15.50	+00:11:41 (40.0%)	5:51	10.3 (60.2%)
68	PIĄTEK Katarzyna	236	CIEPŁE KLUCHY	K30-39	10		00:29:18.90	+00:11:45 (40.1%)	5:51	10.2 (59.6%)
69	CIEŚLIK Józef	276		M60-69	6	Tak	00:29:22.85	+00:11:49 (40.2%)	5:52	10.2 (59.6%)
70	GONTARZ Katarzyna	184		K21-29	2		00:29:29.95	+00:11:56 (40.5%)	5:53	10.2 (59.6%)
71	TERAN Ana	263		K40-49	12		00:29:38.05	+00:12:04 (40.7%)	5:55	10.1 (59.1%)

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72	PAWELEC Paweł	235		M30-39	15		00:30:14.40	+00:12:40 (41.9%)	6:02	9.9 (57.9%)
73	HYŻOWIECKI Emil	191		M30-39	16	Tak	00:30:18.00	+00:12:44 (42.0%)	6:03	9.9 (57.9%)
74	JACYNA Mirosław	193	TRIGYM SZCZECIN	M50-59	9		00:30:27.60	+00:12:53 (42.3%)	6:05	9.9 (57.9%)
75	MAJZNER Urszula	218		K50-59	4		00:30:28.65	+00:12:55 (42.4%)	6:05	9.8 (57.3%)
76	MASŁOWSKA Barbara	223		K40-49	13		00:30:36.65	+00:13:03 (42.6%)	6:07	9.8 (57.3%)
77	NAWROCKA-JUREK Dorota	230		K30-39	11		00:31:18.10	+00:13:44 (43.9%)	6:15	9.6 (56.1%)
78	MAŁKOWSKA Edyta	222		K30-39	12		00:31:20.75	+00:13:47 (44.0%)	6:16	9.6 (56.1%)
79	MAJZNER Emir	219		M50-59	10		00:31:23.20	+00:13:49 (44.1%)	6:16	9.6 (56.1%)
80	DADAS Marta	173		K30-39	13	Tak	00:31:29.45	+00:13:55 (44.2%)	6:17	9.5 (55.6%)
81	KOŚCIEW Dorota	206	RAZ SZCZECIN	K60-69	1		00:31:33.40	+00:13:59 (44.4%)	6:18	9.5 (55.6%)
82	BŁACHNIO Dorota	162	RAZ SZCZECIN	K50-59	5		00:31:33.55	+00:13:59 (44.4%)	6:18	9.5 (55.6%)
83	MAJOS Małgorzata	216	RAZ SZCZECIN	K50-59	6		00:31:34.15	+00:14:00 (44.4%)	6:18	9.5 (55.6%)
84	GABERT Beata	180	RAZ SZCZECIN	K50-59	7		00:31:34.35	+00:14:00 (44.4%)	6:18	9.5 (55.6%)
85	PRAWDA Iwona	242		K40-49	14		00:31:38.40	+00:14:04 (44.5%)	6:19	9.5 (55.6%)
86	SURUDO Amelia	259	BIEGACZE ŚWINOUJŚCIE	K16-20	1		00:31:49.25	+00:14:15 (44.8%)	6:21	9.4 (55.0%)
87	SIKORSKA Honorata	252		K50-59	8		00:32:38.60	+00:15:04 (46.2%)	6:31	9.2 (53.8%)
88	PROBOLA Monika	244		K40-49	15		00:33:03.85	+00:15:30 (46.9%)	6:36	9.1 (53.2%)
89	JARCZEWSKA Renata	194		K50-59	9		00:33:42.75	+00:16:09 (47.9%)	6:44	8.9 (52.0%)
90	ZBIGNIEW Kurek	271	CEKIN	M70+	1		00:33:51.30	+00:16:17 (48.1%)	6:46	8.9 (52.0%)
91	KUREK Jadwiga	209	CEKIN	K60-69	2		00:33:52.30	+00:16:18 (48.2%)	6:46	8.9 (52.0%)
92	PRZYŁUSKA Mirosława	245	RAZ SZCZECIN	K70+	1		00:33:53.30	+00:16:19 (48.2%)	6:46	8.9 (52.0%)
93	SAMOLEJ Monika	251		K40-49	16		00:34:40.20	+00:17:06 (49.3%)	6:56	8.7 (50.9%)
94	LUBITZ André	213	BIEGACZE ŚWINOUJŚCIE	M50-59	11		00:34:43.00	+00:17:09 (49.4%)	6:56	8.6 (50.3%)
95	PUTRESZA Marcin	246		M40-49	12		00:34:52.55	+00:17:18 (49.6%)	6:58	8.6 (50.3%)
96	BZDAWKA Joanna	166		K40-49	17		00:35:56.05	+00:18:22 (51.1%)	7:11	8.3 (48.5%)
97	OTOCKA Agnieszka	233	BIEGACZE ŚWINOUJŚCIE	K40-49	18		00:35:57.50	+00:18:23 (51.2%)	7:11	8.3 (48.5%)
98	DZIUBA Bogdan	178	BIEGACZE ŚWINOUJŚCIE	M60-69	7		00:36:20.05	+00:18:46 (51.7%)	7:16	8.3 (48.5%)
99	WITCZAK-SPERKA Mariola	266	RAZ SZCZECIN	K60-69	3		00:36:29.20	+00:18:55 (51.9%)	7:17	8.2 (48.0%)
100	CZAJA Magdalena	171		K30-39	14	Tak	00:38:05.20	+00:20:31 (53.9%)	7:37	7.9 (46.2%)
101	SZULC Monika	260	RAZ SZCZECIN	K40-49	19		00:39:47.05	+00:22:13 (55.9%)	7:57	7.5 (43.9%)
102	BODNAR Zbigniew	163	EXTREME WOLF	M70+	2		00:40:24.65	+00:22:51 (56.5%)	8:04	7.4 (43.3%)
103	CHWIEJ Agata	169	BIEGACZE ŚWINOUJŚCIE	K40-49	20		00:41:08.60	+00:23:34 (57.3%)	8:13	7.3 (42.7%)
104	TARNOWSKA Alicja	262		K30-39	15	Tak	00:44:10.50	+00:26:36 (60.2%)	8:50	6.8 (39.8%)
105	ROLIŃSKA Olga	247		K21-29	3	Tak	00:44:12.65	+00:26:39 (60.3%)	8:50	6.8 (39.8%)
106	MIERZICKA Dorota	228		K60-69	4	Tak	00:55:55.05	+00:38:21 (68.6%)	11:11	5.4 (31.6%)

Znalezione 106 wynik(ów)